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A look at meditation - something that has been around for thousands of years. Page 42

Up County Center closing on May 31

Taving been saved once from of Emmitsburg. Having by the Frederick County Commissioners when a major funding source ended, the commissioners weren't willing to step in again when the same thing happened to the Up County Family Partnership in Emmitsburg.

They voted unanimously in April to close the Up County Center rather than use \$254,000 additional tax dollars to fund a center that has been deemed underutilized. The center's last day of operation will be May 31.

The Maryland Department of Education cut its funding for the center for the fiscal year that starts July 1. The \$254,000 cut was more than half of the Up County Center's \$506,140 a year operating budget. The money cut came to the center through the Maryland Family Network, a non-profit organization that runs 23 family partnership centers in Maryland. It is the center's largest funding source currently. Currently, Frederick County pays \$210,331 a year to the support the center and the remainder comes from a United Way grant and the Town

The Up County Center provides parenting programs and educational programs for people who want to earn their GED. It also offers day care for children while their parents are using the center's facilities and programs.

Emmitsburg Commissioner Glenn Blanchard said, "It is services that are needed. It's not something you can cross a line through and say, 'Okay, it's done."

Emmitsburg Mayor James Hoover called the closing "a sour pill to swallow" in his newsletter, but that he could see why the county commissioners saw the need to do so.

"It was reported that the center is currently serving eighteen families; the State requires that the family support center actively serve a minimum of 32 families. Year to date the center is operating at 40 percent below the State's minimum requirements," Hoover wrote. A family is considered actively served when they use the Up County Center at least five times a month. Emmitsburg Commission President Chris called it an unre-



April showers may bring May flowers, but May brings its own pleasure in the shape of the 2nd annual His Place Car Show. (See page 44 for more information)

alistic threshold for the center to meet given the population density of the area.

Staiger also said he was disappointed that the town hadn't been included in the discussions between the county and Family Partnership to see if a way to keep the center open could have been found. He doesn't feel that the county commissioners tried too hard to keep the center open. "I'm not sure how committed the commissioners were. I believe that [the funding cut] gave them cover to remove their funding without any pain."

Frederick County saved the Up County Center from closure in January 2009 when it took over the funding that Catholic Charities had been providing. At that time, the center's employees became county employees and the county made some improvements to the center's assets.

With the decision to close made, the Up County Center has stopped taking new clients and the county will offer the six full-time and four parttime employees severance packages and unused leave that totals \$30,000.

Current clients can still continue using the center's services, but they will have to travel to Frederick to do so.

Adams County candidates to face off at Fairfield firehall on May 4

 Γ^{ind} out what the ten candidates for Adams County Commissioner think about the subjects that are important to you at a commissioners' candidate forum on Wednesday, May 4 at 7 p.m. The candidates will face the public at the Fairfield Fire Hall in Fairfield.

Though all the candidates haven't RSVPed yet, Carroll Valley Mayor Ron Harris, who will be one of the moderators, said, "We know most of them will be there and we are hoping all nine will be."

Running in the Democratic Party Primary are: current County Commissioner Lisa Moreno Woodward of Mount Joy Township, Marty Qually of Cumberland Township, Carlotta Chucki Strevig of Union Township, and Paul Kellett of Freedom Township.

Running in the Republican Party Primary are: current County Commissioner George Weikert of Cumberland Township, Keith Stanley of Mount Joy, Randy Phiel of Cumberland Township, David Reindollar of Cumberland Township, Da-

vid Lawrence of Littlestown, and Jim Martin of Biglerville.

The first part of the forum will include candidates responding to preselected questions from the moderators. "We e-mailed all of the candidates the questions so they won't be caught off guard," said Fairfield Mayor Robert Stanley, who will be one of the moderators.

The first question the candidates will address regards the reassessment of properties last year in Adams County. This reassessment, the first in 20 years, angered many residents because of significantly high assessments than were expected and a confusing appeals process. This issue spurred some candidates to enter the commissioner's race.

The second part of the forum will consist of audience questions. As the audience assembles, they will have the opportunity to write a question of their own. The questions will be grouped by topic and then posed to the candidates, who will respond immediately.

This is an opportunity for residents to find out more about their political candidates. Last year over 100 people were in attendance. This year we are hoping for a even larger audience. Residents can also discover more about three candidates-Lisa Moreno, George Weikert, and Marty Qually-on pages 8 and 9 from their position articles.

The primary election is May 17. Voters will select two candidates from each party to move onto the general election on Nov. 8. With only two members from each party moving forward, neither party can win all three open seats. This is because state law is designed to ensure a minority party represen-



May 4 at 7 pm

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NEWS

Around the Borough

Councilman Daniel Patton gave his fellow council members and town staff a quick lesson in family preparedness training during the borough's April 12 meeting.

He pointed out that since September 11, 2001, there have been 461 declared natural disasters in the United States and nine of them have been in Pennsylvania. Also, there have been 17,028 acts or thwarted acts of terrorism across the world during the same time period.

"If you don't think it could happen here, think again," Pat-

He pointed out that U.S. 15 is a chemical transport route, Site R is nearby as are Camp David and Fort Detrick. All of them could be sites for a terrorist act that could affect the re-

He urged families to put together a "what if" plan and practice it. A "what if" plan is essentially when a family sits down and tries to figure out how they should react in various scenarios.

Another thing he recommended was for families to have emergency supplies stored to-

gether in a safe area and also a 72-hour emergency kit should the family before forced to evac-

emergencies like you prepare for a vacation," Patton said.

Rising fuel prices could soon have an effect on the Carroll Valley Borough budget. Prices are considerably higher than the price that was budgeted for this year, which could lead to much higher levels of spending on fuel later in the year. The borough fared all right during the first quarter of this year, but if gasoline hits the \$5 or \$6 a galdict, the budget will be in trou-

Borough Manager Dave Ha- Board of Health's future zlett also provided the coun- up in the air cil with figures showing that is costing borough residents about \$42,000 a year to maintain Lake May. He is preparing numbers for the other two lakes—Lake Kay and Lake Carroll—and expects them to be around the same number.

"Quite frankly, I was surprised at how high it was," said Councilman Bill Reinke.

Hamiltonban Township has sent the borough a letter expressing a desire to re-examine the share that the municipalities supported by the Fairfield "You need to prepare for Fire Department and Ambulance Company pay for workers' compensation for the emer-Financial considerations

gency services workers. The percentage that each municipality pays is based on the percentagex of population that each of the six municipalities represents. Currently, Carroll Valley

pays 20 percent, but the figure

is based on data from 1991. "We've grown tremendously since then," said Hazlett.

Councilman Frank Buhrman added, "They're not renegotilon mark as some experts pre- ating because they think their

The Carroll Valley Borough Council is considering disbanding or restructuring its Board of Health. The committee has not had a quorum since 2009 and there has been no doctor sitting on the committee. The major duty of the board, inspection of restaurants and food facilities, is not done by the Pennsylvania DeEmmitsburg NEWS-JOURKAL

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partment of Agriculture.

While disbanding the board could be complicated, the Borough Council is also consider-

ing merging the Board of the Health with the public safety committee and combining their

Fairfield Notes

Members of the Fairfield Borough Council expressed some surprise at the flooding conditions that the town experienced on April 16 when the area got more than six inches of rain in a short period

"It's the first time I've ever seen the stream under Spring Street come over the top," said Mayor Robert Stanley.

The overflowing streams filled the sewer system to capacity so water trying to run off the streets had nowhere to go.

Several inches of water flooded the streets of Fairfield and then it began running into people's

Stanley and Carroll Valley Mayor Ron Harris met at the Fairfield Fire Hall that evening and activated the FREMA emergency plan, which allowed them to coordinate cleanup and rescue efforts in the area from the temporary command center in the fire hall.

Councilor Carroll Smith said

that the council should learn ventory of all the stop signs and The other municipalities are satfrom the flooding and remember it when it came time to plan by 2012. for future development.

Borough now in charge of maintaining street signs

The Fairfield Borough Council was informed during its monthly meeting on April 26 that the town is now in charge of maintaining stop signs and speed limit signs on the town's streets to the state's reflectivity standards. This is a function that had been performed by PennDot, but "We know FREMA works," has now been passed off to lowill also need to complete an in- palities that the company serves. the end of the year.

speed limit signs in the borough

Council concerned over workers' comp negotiations

The Fairfield Borough Council was notified that Hamiltonban Township was pulling out of a cost-sharing agreement to pay the workers' compensation premiums for the Fairfield Fire and Ambulance personnel. According to the discussion among the councilors, Hamiltonban wants the apportionment of the premiums to be by the number of cal municipalities. The borough calls in each of the six munici-

isfied with using census population data to determine what percentage each municipality should pay. Councilor Carroll Smith

wanted to know if the withdrawal meant that the fire and ambulance companies no longer had to answer calls in Hamiltonban. He was assured that the notification was simply Hamiltonban following the process for reopening negotiations and in any event, the municipality had paid its portion of the workers' compensation premium through

Around the Town to wait until a source of funds, other than the town's, could be fense, thereafter. No splash park this year

The Emmitsburg town com-■ missioners decided against approving a plan to fund a splash park to replace the baby pool at the Emmitsburg town pool. The baby pool needed costly repairs so it was decided to close it and construct a new splash park in-

Company in Rockville won the contract to build the park for \$58,906, though that amount was going to increase to \$62,146. The would have included the splash park features—water jets and a large mushroom centerpiece--, a water connection and containment system.

The original plan had been to use Program Open Space money for the project, but state budget cuts have also cut that idea for this year at least. Plan B was to use funds from surpluses in tax equity funds from Frederick County and real estate tax revenue along with some money from the town's rainy day fund to pay for the project.

As the commissioners discussed the proposal during their April 4 meeting, concerns about whether the park would be done on time and if the money could be better spent elsewhere for now were raised. In the end, they decided that it would be better

found to pay for the park. The town pool is still sched-

uled to open on June 15.

Water ban penalties approved

The Emmitsburg town commissioners approved the penalty schedule for the year-round outdoor water use ban the council approved in March.

Residents on the town's water system are not allowed to use water from the system to water lawns, shrubs, flowers and gardens from 9 a.m. to 6 p.m. The ban was passed in the hopes of avoiding the seasonal restrictions that the town tends to make in

With the approved penalty schedule, first-time violators will be given a warning. Violators receive a \$25 fine for a second of-

to wait until a source of funds, fense and a \$50 fine for each of-

Town still has a water deficit October 1 to March 31. The av- deficit.

erage rainfall for that time period is 21.2 inches and Emmitsburg had only 16.7 inches. However Despite getting 6.7 inches of rain Town Manager Dave Haller notin March, Emmitsburg is still in ed that with all of April's rainfall, a water deficit for rainfall from the town should be closing that



No casino in Gettysburg

Por a second time the Pennsylva-nia Gaming Control Board has denied Gettysburg businessman David LeVan a Category 3 gaming license to operate a slots casino within a mile of the Gettysburg National Military Park.

Mason-Dixon Resort and Casino, which would have been located at the Eisenhower Hotel and Conference Center was competing against Penn Harris Gaming in Hampden Township, Woodlands Fayette in Wharton Township and the Buskill Group in Middle Smithfield Township for the license. The Gaming Control Board awarded the license to Woodlands Fayette, which operates the Nemacolin Woodlands Resort on April 14 before a crowd of 200 people at the State Museum in Harrisburg.

The Gaming Control Board's vote and con on each of the projects."

was 6-1 with Commissioner Ken Trujillo voting against the motion. However, since all four legislative appointees and at least one of the three gubernatorial appointees approved the motion in favor of the award to Nemacolin, the decision met the guidelines of the qualified majority vote provision required to approve a il War Trust President Jim Lighthiz-

"This was a challenging decision, but when all was said and done the Board felt the Nemacolin project best fit the intent of the Gaming Act and was best overall for Pennsylvania," said Chairman Gregory Fajt. "This decision was the result of a tremendous amount of work by our staff and many citizens of the Commonwealth who took the time to provide the Board with their views both pro

Both the Cumberland Township board of supervisors and the Adams County Commissioners voted last year to support the project because they said it would provide \$1 million in yearly revenue to the jurisdictions. Preservation organizations had

campaigned against the project. Civer said in a statement, "By stating that the hallowed ground of America's most blood-soaked battlefield is no place for this type of adults-only enterprise, they have reiterated the Commonwealth of Pennsylvania's commitment to its priceless history and upheld its obligation to protect such sites from wanton and unnecessary degradation."

Nemacolin Woodlands Resort offers 335 rooms, suites, cabins or luxury homes, 31,000 square feet of meeting and banquet facilities, and numerous guest amenities includtique car museum, a shooting academy, wildlife habitats, mountain bike trails, an equestrian center, a spa and fitness center, and five swimming pools. In addition, Nemacolin has 14 retail stores in a 55,000 square foot shopping arcade.

Isle of Capri Casinos will manage the Lady Luck Casino for the resort. Officials from the proposed casino resort said during its public hearings that the casino is expected to generate \$37 million in annualized tax revenue from slot machines in its first year of operation. In addition to the slot machines and table games, the casino plans to include two restau-

According to the Gaming Control Board, the Pennsylvania Race Horse Development and Gaming Act presently permits the board to award two

Category 3 licenses to well-established resort hotels in order to creing golf, cross country skiing, an an- ate an additional patron amenity. A Category 3 license permits a casino to have a maximum of 600 slot machines in operation. A \$5 million license fee must be paid to the Commonwealth for that license. In addition, the casino can petition the board to operate up to 50 table games at the casino. That can only happen after the board has held public hearings on the request and paid an additional \$7.5 million fee for the approved table games certification.

> With the Woodland's award, the Gaming Control Board has now awarded 13 licenses. One license to the Foxwoods Casino was revoked in December. Ten casinos are in operation, six Category 1 licensed facilities at horse race tracks and four Category 2 stand-alone casinos, all of which can operate up to 5,000 slot ma-

Mount solar farm agreement signed

Mount St. Mary's University has now signed its agreement to host a solar energy farm on cam- Mount press release, "The amount dents will be on the forefront of repus that will provide sustainable energy to both the university and the

University President Thomas Powell signed the agreement with Constellation Energy. Under the terms of the agreement, the Mount will lease 100 acres of the campus east of U.S. 15 to Constellation energy, which will create a solar photovoltaic power farm that will gen-

erate 22 million kilowatt hours of gy, and it continues the 'greening of a new student dorm heated and live in a beautiful area, and this is clean electricity. According to a the Mount, "Powell said. "Our stuof clean electricity generated com- sponsible land use and creation of renon-renewable sources or 15,800 metric tons of carbon dioxide, the equivalent of the emissions of more but also from the reduction of depen-

"This unique partnership with Constellation Energy strengthens Mount St. Mary's University's com-

newable energy resources. The county and the state will benefit not only from our generation of clean energy dence on more traditional use of coal, natural gas and fossil fuels."

The solar farm is the latest in a series of efforts to create an ecomitment to our stewardship of the friendly campus. Other efforts inland and the creation of clean ener- clude campus-wide recycling and

cooled with geothermal energy. An observation deck and research

area will be built for Mount stu-

dents and the community to watch

construction and operations at the

farm. This will allow solar technology to be incorporated into Mount's academic curriculum "The solar farm project proves that the Mount is concerned about

energy conservation, and perhaps this will encourage more natural resource conservation across the area. Constellation Energy is also endowing \$50,000 in scholarships for

Guests and representatives from

the county fire and rescue compa-

Emmitsburg town government

were on hand for the ribbon-cut-

nies, National Fire Academy and

an enormous opportunity to show

our neighboring communities that

we are very active and involved in

environmental science majors. Groundbreaking for the Mount the natural resources around us," St. Mary's/Constellation Energy says Katie Folberth, president of the project will be June 2011 with com-Mount's environmental club. "We pletion by December 2012.

Fire museum now open

Ahuge 2 1/2-ton bell cast in remembrance of the firefighters and policemen who died on 9/11

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"It's something we have probably been talking about for over 30 years former Emmitsburg Ambulance and has been in the planning stages tolled the hour in Emmitsburg on for 10 years," said Clarence "Chip" April 2 as the Frederick County Fire Jewell, fire historian and director and Rescue Museum opened for the of Frederick County's Emergency hold antique fire engines that were Communications Center

ick County restored to pristine condition. The former social hall area has firefighting artifacts, paperwork,

Company building on South Seton The old ambulance bays now used by fire companies in Freder-

more. The form social hall also show-

Dozens of people filed into the

play in the museum. badges, equipment, uniforms, and

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cases an 1835 Rumsey hand pumper used to fight the courthouse fire in Frederick in 1861.

"We trying to get it back in working shape so that we can recreate the Frederick courthouse fire that it helped put out in 1861," said Gary Fredericks, chief of the Baltimore seum. City Fire Department.

Jewell said there is something from every company in the county on dis-

"It think this has turned out very good," Jewell said of the museum. "It's due to a lot of hard work from a

Weddings,

Reunions, Picnics

Sporting Events

Large 20' x 30' tents

ting ceremony. Afterwards, everyone was invited in to tour the mu-"It's important to preserve these as-

pects of our history," Fredericks said. A portion of the social hall will

also be used in the future to house the National Fire Heritage Center, which will have an archive of America's fire service in the same way the Army Heritage Center in Carlisle, PA, maintains materials relating to the army. Some major vate collections have already committed to donating their memorabilia to the proposed center.

"This is our beginning," said Fredericks. "This is our stepping stone to having our national archive.'

The Frederick County Fire and Rescue Museum is open on Saturdays from 10 a.m. to 2 p.m.

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HISTORY

April storms cause flooding and closures

They say that April showers a countywide alert with fire sirens bring May flowers so this sounding at all of the fire stations month should be gorgeous considering all of the rain and rain damage from April

The storms that swept through the area last month are gone, much to the relief of residents. During the rains, they dealt with flooded roads and basements. Even after the rain stopped falling, they still had to deal with closed roads and the damage caused by flooded basements.

In addition to the heavy rains seen throughout the region, the National Weather Service reported that Frederick County had three tornado touchdowns on the western end of the county. While Adams County did not have a tornado touchdown, a tornado watch on Saturday evening caused flooded, according to the Emmits-

in the county. The purpose was to alert residents that they needed to turn on their radios and televisions for emergency information.

The National Weather Service reported that the areas had 4.16 inches of rain on April 16, which caused rivers and creeks to flood, which also led to mud and debris being spread across roads and bridges. At least 20 roads were closed in Frederick County on Saturday, April 16, with many of them staying closed until Monday. Nine of those roads were in the Emmitsburg and Thurmont area.

At one point, of the four major routes into Emmitsburg, three were closed because they were

In Adams County, reports said that Route 15 was closed at Marsh Creek in both directions.

Frederick County had five water rescues during the day. Adams County had a 28 water rescues including one in Latimore Township where the Maryland State Police helicopter in Frederick County was called in to assist a motorist who was stranded by the flooded Latimore Creek and was trapped in a tree.

In another incident along Fairfield Road, a group of Boy Scouts who were camping had to be rescued by boat when they were trapped in the The Emmitsburg-area road clo-second floor of a building. Fairfield Fire and EMS performed another boat rescue in Carroll Valley with the assistance of departments and personnel from Emmitsburg, East Berlin, Lake Meade and Woodsboro.



Tom's Creek flooding at Tom's Creek Bridge

News Briefs

Gettysburg Festival coming in June

The annual 10-day Gettysburg Festival begins on June 10 and offers more than 75 events celebrating American arts, culture and cuisine. Highlights for 2011 include Straight No Chaser, a musical group reinventing the style of a capella; Bob Newhart, performing beloved comedy sketches with new material; and The Presidents of Mount Rushmore, a performance by the top four presidential impersonators. More than half of the Festival's 75 events are free and open to the public.

Tickets are now available online at www.gettysburgfestival.org or by calling the Festival office at 717-

Fallen firefighters badge retired

The badge of William E. Chase, vice president of the Fairfield Fire Company, was retired during a memorial service April 13 at the fire hall. Chase died at his home on April 8. He had served as vice president of the fire company since 2007 and received the President's Award in 208.

22 million trained

The Emergency Management Institute is the largest and oldest training institution for the Federal Emergency Management Agency and it recently trained its 22 millionth student. The institute is on the campus of the National Emergency Training Center in Emmitsburg where it incorporates all functions of emergency management (preparedness, protection, response, recovery or mitigation) into its comprehensive cur-

and bodes well for how effectively our nation can respond in times of disaster," says Vilma Milmoe, Acting Superintendent of EMI. "The training we conduct at the Emergency Management Institute, whether classroom-based or online, prepares our students by teaching them to work better together. Our national training database has more than five million individual active training accounts

comprised of students from all

"This milestone is significant

ners in voluntary agencies and the private sector. This demonstrates how EMI is helping to increase our nation's ability to prevent, protect against, respond to, recover from, and mitigate the effects of incidents, regardless of cause, size, location, or complexity."

Mount St. Mary's University recently completed its Generations Campaign for the Third Century, raising nearly \$61.4 million. The campaign started in 2002 with a goal of \$60 million and many experts at the Lourdes. time thought that would be unat-

President Thomas Powell, who started his tenure in 2003, thought a proposed \$30 million goal was too

"Primarily because of the love and dedication that people have for Mount St. Mary's," he said. "I think even though we're going through one of the toughest economic times since the Depression, I think people understand the historic nature of the

The money raised through the campaign will fund scholarships,

Residence Hall renovation, Waldron and Straw stadiums, Our Lady of the Meadows softball field, Founder's Plaza, Veterans' Walkway, Delaplaine Fine Arts Center and the Chapel of Immaculate Conception renovations.

> All of the projects are finished except for the Chapel of Immaculate Conception, which is expected to be completed in the summer.

For Powell, the only disappointment from the campaign is that the university didn't raise enough money for a visitor center at the Nation-

"We're still about a million dollars shy for that, but that will hopefully take on a program all of its own,"

Seton Shrine hosting

masterworks concert May 22

On Sunday afternoon, May 22, at 4 P.M., the 60 singers of the acclaimed Frederick Chorale and Dr. Elizabeth Krouse, organist for the Basilica of St. Elizabeth Ann Seton Shrine, will present a special concert featuring the works of J.S. Bach and Antonio Vivaldi. This concert is FREE and open to the public. A goodwill offering will be requested, to assist with

gan is currently undergoing. The music in this concert repre-

sents the highest art of the Baroque Period (1600-1750), in all of its energy and joyful exuberance.

For further information about this concert call 301-447-6066.

Incarnation United Church of Christ hosts concert to benefit Kenya Mission Trip

The Incarnation United Church of Christ at 124 West Main Street in Emmitsburg will host a Spring Concert, "Singing Worship," on Sunday, al Shrine Grotto of Our Lady of May 15 at 3 p.m. at the church. All churches of the Emmitsburg community will be participating in this afternoon of special music. Also, different choirs will be performing including a children's choir and a teenage choir, a handbell choir, solos, an ensemble, an original composition for the occasion, a praise band, and, best of all-- there will be a combined choir directed by Cheryl Carney from Elias Lutheran Church. Refreshments will be served following the service. All donations will be used for the Council of Churches Kenya Mission trip in July 2011.

> For more information, contact Pastor Jon Greenstone at jsgreenstone@veri-

levels of government including to facilities, including the Terrace the extensive repairs the Shrine's or- zon.net or 301-447-6239. tribal entities as well as our part-Happy Mother's Day! 🦇 💆 Yellow Tail & CK TUESDAY SPECIAL! Solomons WINE or LIQUOR Mondavi 🔊 Island Wine/ Wines On Purchases of \$40 Or More Paul's Pit Stop Corona & Woodbridge & Corona Light Barefoot Wine WINE & LIQUOR Loose Bottles \$2599 150 South Seton Avenue, P.O. Box 919, Emmitsburg, MD 21727 301-447-6262 Open 7 Days A Week! Conveniently Located! Store Hours: Monday-Thursday 9 am-10 pm, Friday & Saturday 9 am-11 pm, Sunday 12-8 pm

One hundred years ago this month

May 5

Evolution of baseball

Since 1845 baseball has been generally accepted as the national sport, and has improved steadily and grown in popularity until it has eclipsed all other outdoor pastimes. Here are just a few important facts relative to the improvement of the game as played in

Underhanded pitching was enforced until the early 80s because the catchers worked without gloves and could not hold swiftly thrown overhand-balls without serious injury to their hands. In the very early days, balls were made of closely wound yarn. Later, small pieces of skin were sewed over this for cover, and still later, a small block of wood was placed in the center neys in town. Mr. Manahan's barn of the ball to make it harder and less liable to be batted out of shape.

The first bounce was considered out up to the late 50s, when the game by the wind, which was particularthen most popular from one end of ly strong out the pike. The thunder-New York City to the other gained its storm brought a 30° drop in temperfirst real healthy start, and rules were atures. made that compelled the players to show more skill in both catching and batting. Its popularity spread rapidly, and with the assistance of the papers, which began promoting it more, it became a nationwide sport not long after the close of the Civil War. It would take pages to tell all the other interesting things about the game's early history, and old-timers no doubt remember that in 1857 there were 49 clubs represented at the national Association of Baseball Players.

A War Claim for Emmitsburg

Emmitsburg ought to have a war claim. In fact no town without a war claim can be called progressive. All places near us are coming forward with the reasons why their people should be reimbursed for something or other that happened during the "recent unpleasantness."

It is up to Emmitsburg to "go while the going is good." A merely cursory review of this town's claim reveals the fact that the small sum of \$973,432.23 will square matters up to date - not figuring back interest cost.

Here is the basis for our claim to fight; 17 citizens suffer loss of appetite; 324 loss of sleep; 19 maiden ladies loss of eyesight try to pick husbands from among the retreating confederates; the Burgess of the town broke his right keep tab on the number of drinks imbibed by Union Officers while resting within the Corporation; nine road supervisors lost their voices asking which way the troops were coming; one man had his wooden leg chopped up to make a campfire; three poker games with a \$64.38 jackpot were broken up.

These with minor claims such as those of stolen horses, destroyed crops, cattle killed, property appropriated and other items included in schedule is yet to be examined, largely run the amount beyond that asked for. But Emmitsburg cares nothing for trifles

or less matters for a little. As her claim is just a merely nominal one, however, the people here would not hesitate to request that it be given precedence over all other business in the House when it is presented. In the meantime, while the Bill is being prepared, we advise all citizens of the community who were incommoded by the "struggle" to hand in their accounts in order that they many be included.

Damage done by Monday's storm

The storm on Monday uprooted many trees in the Grove in front of Mount St. Mary's College, took half the roof of Mr. George Miller's barn near town, blew down a silo on Mr. Annan's farm, and wreck several chimwas struck by lighting but suffered little damage. The ornamental top of Mother Seton's well was destroyed

Wivell barn destroyed last night

Mr. Frank Wivell's barn and outbuildings burned down last evening at around 6:30. Mr. Wivell lives on the old Warner farm which he purchased May 12 a short time ago, and quite recently had made extensive repairs on the buildings destroyed yesterday.

A horse driven by Messrs. Walter and Harry Baker ran off Monday morning near Mount St. Mary's College. Aside from losing their lunch, no damage was done. The gentlemen were driving to St. Joseph's, where they are working on the new larger building now under construction. Last Saturday Mr. John Murray's automobile struck a wagon loaded with stones on the pike near the college. The machine was badly

Mr. Harry Stokes is having a cement walk laid on his property. Mr. Richard Zacharias has repapered his ice cream parlors, and the new Ashbaugh builddate: 62 settings of Minorca eggs ad- ing is now under roof. Not everyone and stable painted. Painters have been May 26 dled and 513 quarts of Guernsey is working on improvements, howevcream soured by the cannonading er; calcimining artist had been busy on at Gettysburg on the first day of the backyard fences hereabouts during the

License tangle straightened out

The objections to granting a license to Lawrence Mondorff, proprietor of the arm and a \$10 bill endeavoring to Hotel Slagle, presented by certain citizens through the Anti-Saloon League, was overruled by the court and the li-

Mr. Mondorff succeeds his stepfa-

ther, the late Mr. James Slagle, and enjoys a splendid reputation here where he has lived for a number of years. Intimately associated with the former proprietor in the business of this wellknown establishment, Mr. Mondorff will have little trouble maintaining the hotel up to the standard set by Mr. Slagle, who built up the business. The objections raised against the granting of his license were technical and in no

tation of the young man in question.

Condition of the fountain

basin for nearly a year.

The tablets recording the movement of the troops of the Union in the Civil War have not been replaced since they were broken several months ago. All these things, including the condition of the grass and rusty appearance of the ironwork, are witness of the indifference of the Burgess and commissioners in connection with this, the most prominent spot in the town. A little attention, a small amount of money and a bit of care will transform what is now an eyesore into a thing of beauty, and every stranger entering Emmitsburg would become impressed with the pride the citizens of

Mr. Charles Landers has had his house

Can anyone tell why the fountain in the public square, the most conspicuous point in town, is allowed to remain in its present condition? It would seem that something is radically wrong with the pipes leading to it, which should drain the water from it. The result is the stagnant water that has been in the

With so much good material at hand the wonder is that Emmitsburg no longer has a baseball club. It is remarked on every side that in former seasons, with the exception of a few years, Matthews was injured slightly in a the people here supported an amarunaway accident. He was driving teur nine that more than held its own a pair of horses in his ice wagon and with any team with which it crossed bats. The sentiment prevails that Emmitsburg should once more come to over the concrete crossing at the west the front with a winning team. There is no town for miles around that patronizes the games more regularly and more generously. Under the circumstances, those who can play and who injured, but the occupants were more in playing to ride and gives such enjoyment would be manifesting a spirit worse than indifference should they fail to come forward and organize for

nan and the house of the Miss Annan. Harry Stokes dead

Even 100 years ago, spring rains caused Tom's Creek to routinely flood streets around the area, as shown in this photo taken by the old covered bridge, headed South on Old Frederick Road (South Seton Ave).

his store and ice cream parlor repainted. A tin roof has also been put on the stable at the foot of the property. The improvements at Mr. Toppers barbershop are now completed. The paintthis place manifest in the appearance ers are now at work. Mr. Ashbaugh is having a cement pavement laid and Mr. Harner is having a new fence put around his lot on Frederick Street.

May 19

Runaway team and injured driver

On Wednesday morning Mr. John near Zacharias' store lost control of the horses. When the animals were side of the Square the tongue struck the ground and Mr. Matthews was thrown against the top of the wagon and his scalp was cut, but he continued to hold the lines in an effort to drive the frightened horses around the fountain. In making the turn, the wagon collided with a tree. Freed from the wagon the horses ran until they were caught near Mr. Hopp's

Mr. Zacharias has had the interior of Mr. Harry Stokes, familiarly known as Squire Stokes, died at his home Saturday morning after a long illness. Services were held at his home on Monday afternoon. The interment was made in Mountain View Cemetery. Mr. Stokes was born in Mechanicstown in 1825. For a time he worked in the wool mill, but left to come to Emmitsburg in 1846 where he began the saddlery business, which in 1889 he turned over In 1867 he was appointed magis-

trate and served in a judicial capacity continuously. His prominence in the community of his adoption is early evident. Elected school commissioner in 1854 he served for many years. For several terms he was a town commissioner and two times his fellow citizens elected him Burgess, the last time

It was he who offered the resolution to pike Main Street in 1861. Before the contract was given out, the fire of 1863 swept over part of the town and the work was delayed. He was one of the original members of the Cemetery Co. and was proud of his membership in the Reformed Church, where as a member of the church's consistory his influence and advice were felt and highly prized.

For learn more about the history of the Emmitsburg area, visit the Historical Society section of Emmitsburg.net.

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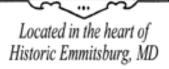
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GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

From the Desk of County Commissioner Kirby Delauter

dictionary is "The moral or group's behavior". As many of you know I have an issue that was resolved but is now ongoing with the Frederick County Ethics Commission. This started when I was elected Frederick County Commissioner December 2nd, 2010. I immediately addressed the Ethics Commission and asked for an opinion as to whether or funded by the private owner. This not I could bid / perform County is where it gets interesting. Capital Improvement projects, since my company has a long history of doing so in the past. Capital Improvement Projects are projects that are "taxpayer" funded. These are sealed bids that go directly to the purchasing department and are opened and read aloud in an open setting. The ethical question I posed was fund these projects. They also "Was I able to continue bidding on these types of taxpayer funded with anything privately funded

me, along with many County Department Heads and we hearing. discussed if my request could During the second hearing, my County.

projects?"

enter into a separate contract with portion of the work. This then is considered a "County Contract" opinion. but is not taxpayer funded; it is

The Ethics Commission in their first ruling, gave an advisory opinion that my company could not do County CIP (Capital Improvement Projects) and we could not bid any private developer or privately owned work tax dollars were being used to added that I could not be involved that involved County inspections. The Commission interviewed I immediately appealed that decision and was granted a second

of partiality may exist. We strongly Commission went well beyond funded portion of their advisory my company could not enter into

of people they have now excluded if the work was funded entirely from running for public office in by private property owners, Frederick County, the list includes anyone that is inspected by the The fact that this decision was County, which is virtually all of us reached with no notice to myself in one form or another. Basically home, you can not run for County as well, even though no County office, according to the broad heard the evidence presented by which we have complained. our Attorney, they reversed course and rescinded the privately funded Constitutins of both the United portion of their first ruling and States and the State of Maryland

The definition of Ethics as be honored. There were several Attorney addressed both issues of Now, it only gets better from interests of a citizen, that person defined in the Webster's variations discussed as well as bidding and or performing CIP here. In mid March, I received must be provided prior notice of private contracts that do not taxpayer funded work and the an email that stated the Ethics the hearing and the opportunity to involve taxpayer funds. The private developer funded work. Commission met again, for a participate. This is a fundamental County system is set up so that if a We agreed that CIP taxpayer third time. This meeting took tenet of the Bill of Rights. These private person, or Developer hires funded work would not be bid place in a closed session, without constitutional rights are not a contractor to do County sewer or upon by my company if for no notice to myself or my Attorney. forfeited by one merely because water work, the Contractor must other reason, just the appearance In this third meeting, the Ethics he or she has won an election. The the County for the sewer / water refuted the private developer my inquiry and ruled further that duties of fairness and due process contracts for any construction they do to anyone who comes As my Attorney laid out the list work in Frederick County, even under their purview, whether with no public money involved.

per the definition that is given of or my Attorney, and was based Ethics from Webster's dictionary if you own a business, or have any on evidence apparently presented at the beginning of this article, inspections whatsoever in your to the Ethics Commission that The moral principles that govern neither I, or my Attorney were a person's or group's behavior", made aware of and did not have maybe the Frederick County opinion they provided in my case. the opportunity to refute, which is Ethics Commission should Once the Ethics Commission the violation of due process about incorporate that into their mission so in the future other people will Per my Attorney, "the have the opportunity to defend their rights without having a rogue allowed my company to perform require that before a governmental behind closed doors and without privately funded work within the agency can hold a hearing which due process that is guaranteed by concerns the personal or property our Bill of Rights.

Ethics Commission owes the same

to Commissioner Delauter as those people agree politically with opponents of Commissioner In closing all I can say is that

> adopted either Code Home Rule can have more local control. The way it works now is that our commissioners are restricted in their ability to enact local

House of Delegates and the Senter is just ONE of MANY that do: examine all the possible forms ate. IF those bodies pass our legislation then it goes to the governor to be signed into law. It's not a plore and discuss them and be a charter that describes the best and asking strangers, "Excuse me, good way to run our county.

erick County?" they are volunteers more local control, but charter This petition is for the creation of tonomy.

wards changing our form of gov- er between parts of government over-paid county executive tellernment to one that will give us and between government and citi- ing us how to run things." Well, more local control: a charter gov- zens.

> board to write our charter. Many citizens feel that something this Charter Board. According to the Maryland constitution, there will

open to the best one for the Fred- form for our local needs. Code Home Rule allows some erick County community..

Charter Government: Yes? No? . . . Maybe?

GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

wanted to sign my petition for To get a charter government, we an elected charter writing board. that's the same as if I'd asked him look like? The current Board of County if he wanted some ice cream and

Clearly, there's a misunderimportant should be done by an standing: ice cream comes in a lot elected rather than an appointed of different flavors. So does char-

Charter government is definite-

where it goes before the Maryland ment's power. That form of charter writing board is supposed to could be formed. There are many, of charter government, listen to many options. We need to ex- citizen comments, and then write

Many of us feel that the ap-For example, while I was out pointed board is heavily weighted defeat it read, "Charter governgovernment provides the most au- petitioning, I asked a man if he towards the one flavor: the strong ment: yes. This charter: NO!" county executive form of charter government. The candidates who have to write a charter, which, like He responded, "I don't like char- are on the petition are more open run by a strong executive is pre-Frederick County is moving to- our constitution, distributes pow- ter government. I don't want some to the kind of government de-

I think that the charter should Commissioners has appointed a he said, "No, I don't like chocolate describe an open government where decisions are discussed and voted on in public meetings. There should be a council that represents all areas of our county. The executive and the council should work together without or charter government so that they be a special election if 2,000 reg- ly not the same as "...some over- one dominating the other. There istered voters petition for such an paid county executive telling us should be strong ethics provisions how to run things." Actually, there to guard against abuse of pow-There is concern among Fred- doesn't even have to be an elected er. Finally, there should be proerick County citizens that the apexecutive at all. There could be a visions that prevent influence of If you would like to sign the petition legislation. Every year they make pointed Charter Board favors a county council that appoints the special interests. It should also be you can get a copy by emailing: up a wish list of local needs that strong executive -- one person executive. At this point, nothing is short, i.e., it should not be pages FredCoCharterPetition@gmail.com. our delegation takes to Annapolis would wield most of the govern- set in stone. That's what the char- and pages of detailed instruction.

It should not try to micro-manage

Another concern is that the charter could be defeated again. Yes, it was twenty years ago that a charter was presented to the voters and rejected. A slogan that helped

If a straight chocolate mint charter describing a government sented to the voters there will be many who will fight against it. If So, what should a good charter it's defeated, we'll be set back at least another four years -- maybe another twenty years-- in our attempts to get some more local control through charter govern-

> So, if you see a petitioner, please sign their form, give 'em a pat on the back, maybe buy an ice cream cone for them (any flavor). Just remember: if nothing else, they've got you thinking about the charter government process now.

From the Desk of Town Council President Chris Staiger

Once again, April saw a busy month with many changes for our community - some bad has served families and children and some good. We also were from the Walkersville / Lewisforced to cope with Mother Na- town areas up through Emmitsture and the flooding throughout town on Saturday, April 16. At one point, all roads into town were water covered – many to an impassable degree.

County government has continued its retreat from the North County area by de-funding the structure for the building rental

successful Up County Fami- as well as an annual contribution like the current county board ly Partnership. This program of \$12,000. burg for almost thirty years. The previous county board took over funding from Catholic Charities, who discontinued their participation approximately three years ago. The Town has also participated through a reduced fee

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town's contribution to the probudget, is 12x greater than the county contribution as a percentage of their budget. However, the removal of funding by a Baltimore based non-profit set decision to end county funding also. Even if the county had decentage of their budget) would

With little fanfare, the town has also (finally) passed an Adequate Public Facilities Ordinance based of the Frederick County document adopted by the previous county board. While this ordinance does recognize the hard transportation realities of the local area, it draws the line at overcrowding our local schools. Un-

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proposal, the town will not allow O'Donnell deserves recogni-It should be noted that the a financial contribution (never to tion for his work to secure grant be seen again in Emmitsburg) to- funding for a Multi User Trail gram, as a percentage of our ward future county school con- in the vicinity of Rainbow Lake. struction in order to promote The trail is primarily designed development that drives local at- for mountain biking but may tendance over 100% of CUR- also be used for hiking – this will RENT capacity.

The Town Council has also trail system the Mayor has develthe stage for the current board's begun to assess permit fees and oped for Community Park. Tim other charges in an effort to determine if some may be re-for- obtain independent grant fundcided to make up the difference, matted, reduced, or eliminated. their new contribution (as a per- While many fees are less than costs while also establishing a those of communities of similar network of volunteers to conduct still have been less than Emmits- size, I would still question why oversight and maintenance. The burg's current contribution. In- we charge based on estimates of town council has approved these stead, this worthwhile program staff time required to review, pro- efforts with the understanding joins the list of reduced services cess, and approve when we have that no construction can be unprovided by county government already budgeted to hire a person dertaken prior to public review - from local Community Agen- specifically to fulfill those types and approval of a design concept. cy School Services, to the local li- of activities! When you come Lastly, the Town Council is senfunding, why should you as a resident or business owner have to pay an (additional?) fee? I can understand a pass though charge related to advertising costs or legal fees related to a specific review - or other such costs not already budgeted for. The town council will continue to discuss these possibilities next month..

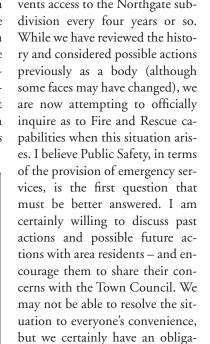
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complement the paved, walking is working hard to organize and ing to cover all construction

brary, to the local Senior Center, into the town office to utilize sitive to community concern over to the local Head Start Program. a service your taxes are already the flooding that periodically preof the provision of emergency services, is the first question that must be better answered. I am certainly willing to discuss past actions and possible future actions with area residents - and encourage them to share their conbut we certainly have an obligation to make sure everyone is as

vents access to the Northgate subdivision every four years or so. While we have reviewed the history and considered possible actions previously as a body (although some faces may have changed), we are now attempting to officially inquire as to Fire and Rescue capabilities when this situation arises. I believe Public Safety, in terms cerns with the Town Council. We may not be able to resolve the situation to everyone's convenience,



Commissioner Blaine Young on Charter Government

the executive functions of the county government, much like a President, a Governor and/or a Mayor or Burgess, or do you want five people er it is school construction, roads, in charge? That's the question. It's water and sewer, waste to energy, that simple. That is the major ques- and/or other major capital projects. get over when you decide if you are regarding whether or not the county for or against Charter Government. government is operating effectively is and that one person in charge is be the County Executive. called a County Executive.

Tf you've seen a number of peo-

Lple walking around in the coun-

ty recently, clutching clipboards

are you registered to vote in Fred-

collecting signatures on a petition.

Here's a little background: in

Frederick County we elect coun-

ty commissioners. That's the kind

of government that all Maryland

counties used to have. Since the

end of WWII most counties have

an elected charter writing board.

legislative powers and responsibilities are shared equally among the five in agreement on the direction for county commissioners. With Char-the county, But that has not alecutive or you can have a County ter Government the legislative powways been the case and at times Executive appointed by the elected ers would be assumed by a county the County Commission has op- County Council. This is just one excouncil much like a congress, a state erated like a five-headed monster ample of the different type of charlegislature, or a town council. All with no clear direction. At election ters that can be written. of our 12 municipalities in Freder- time, when casting your vote for government already lead by a May- that are important to you and fig- election to choose members for or or Burgess performing the executive function and Town Councils, Town Commissions or a Board of Aldermen performing the legislative function. It has been about 20 years since the last time we had the debate about Charter Government and the voters had the opportunity to cast their votes on whether or not they wanted to change to Charter Government for Frederick County's future. Now for the record, the voters have said, "No," four different times when the question was been placed on the ballot; twice for Charter Government (1970 and 1991) and twice for Code Home Rule (1968 and 2002).

So, what has changed in the twenty years since the last time the voters said, "No," to Charter Government on the ballot? In my opinion, Frederick County is at a cross-

Do we need one person in roads and we need one person in for only one candidate) and that is eral questions. First, do you have tion. You can just wait until the charge or not when it comes to charge with a defined vision for the great for the ego but means nothing a major problem with the major. Presidential Election in 2012 and future whether I/we like the vision or not. We need to know what our majority on the Board. plan is for our infrastructure whethtion and the first hurdle you have to Also the buck stops with one person ter, contact them to let them know natures are gathered, and a spe- 2011 at 7:00 p.m. on the third That is what Charter Government and efficiently. That person would reach them by e-mail at charter-

Right now we are lucky that Right now all the executive and we have a clear majority of Comway you want on those issues. Then you pick a majority of candidates and try to pick and vote for a good

While the Frederick County Charter Board works through the process of deciding what to include and exclude in the proposed charboard@FrederickCountyMD.gov and/or visit the county website to

I would also like to say a few ick County have the charter form of commissioner, you pick the issues words about holding a special ure out which candidates stand the the Charter Board. Yes, it is their right under the State Constitution if they can get 2,000 valid signatures on the petition. But be-Board of Commissioners. There are fore you sign the petition to hold those people who single shot (vote a special election, ask yourself sev-

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the people on the petition satisfy those differences? Are you for or money to waste. against charter government? Bewhether or not you want a strong cial election is held, it will cost floor of Winchester Hall or you executive or a weak one. You can Frederick County citizens at least can watch it on Frederick Counlearn more about what type of char- ly during these tough economic choosing the appropriate meeting missioners on the Board who are ters can be adopted. For instance times. If you are against charter under Other Boards and Comyou can have an elected County Ex- government, don't sign the peti- missions.

to the candidate who sits without a tity of the current Charter Board? vote against charter government What are those differences and do for FREE. Let the debate begin, free of charge. We don't have

The next meeting of the Charcause if the required 2,000 sig-ter Board is Tuesday, May 10, \$250,000 to hold that special ty's Cable Channel 19. You can election. A quarter of a million view all meetings by visiting dollars is a lot of money, especial- http://frederick.granicus.com and





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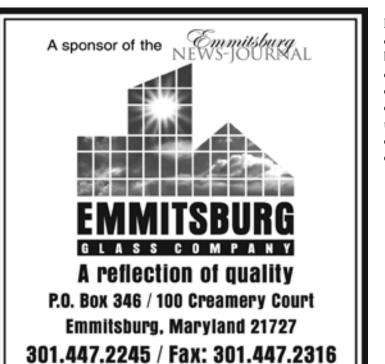
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GOVERNMENT—NORTH OF THE MASON-DIXON LINE

From the Desk of County Commissioner George Weikert

best to help support and grow

■ sylvania County Commissioner is very broad and complex. Pa House Representatives and Senators write the law and County Commissioners are vices required to support the laws which the Legislature cre-

Some of those services include space and staff for the Commonto serve Court bench warrants, supervise and transport inmates, Public Defenders to represent those who cannot afford council and District Attorneys who prosecute those who commit crimes. Domestic Relations caseworkers who help families through divorce and domestic violence, provide financial and techni-Children and Youth staff who care for abused, neglected and troubled children. Probation Services help adult and juvenile offenders through their troubled times and aide them in returning to their homes, jobs and communities. Counties must provide a prison to house those awaiting hearings and trials and a longer term home for those convicted of crimes of a local short term nature. The 911 Emergency Management System 24/7 by County Government so as to assure the safety and welfare of all county residents and

gency responders through out ams County and we must do our

jurisdiction. They must record and archive all deeds, crimiand right to carry gun permits.

servation District, which I'm shelves with food. All we need proud to say Adams Count to do is support them by buying ty does. Conservation Districts cal support to the agricultural community, make sure our soils are not eroded, our streams stay communities over the next three high quality and our drinking years. The Gettysburg Nation-

County Commissioners need ical Site has and always will be a to support the economic devel- historic traveler destination. We 7841 and you will receive inforopment of their jurisdiction. We need to provide updated lodgall need to secure a good paying job so that we can raise a family, own a home and enjoy our lives have an unforgettable visit and as we wish. The Adams County Economic Development Corporation is supported by your commissioners and works hard to re- Seminary, Gettysburg College, tain and develop new businesses Harrisburg Area Communithroughout our county.

to direct and protect all emer- the two major industries in Ad-Counties also must establish

those businesses. We can do this and maintain an accurate val- by bringing new businesses that ue for all land parcels in their support those efforts. Agriculture has become high tech, we need equipment sales and supnal and civil court records, is-port to help our farmers upgrade sue marriage licenses, passports and maintain their machinery. We all should buy local, resi-Counties are also required to dents and businesses alike to provide planning support for assure our farms stay produclocal municipalities and also a tive and our farmers can earn a mapping system where all land good living. Our local agriculparcels and subdivisions can eas- ture community is capable of producing all the fruits, vegeta-Counties may support a Conbles, meats and grains to fill our

> The 150th Anniversary of the American Civil War will bring millions of extra visitors to our al Park and Eisenhower Historing, restaurants, shopping and infrastructure so our visitors return to see us on a regular ba-

our food from local vendors.

The Lutheran Theological ty College Gettysburg Campus, Tourism and Agriculture are Well Span Gettysburg Hospital

and The Gettysburg Area School District provide highly recognized education, healthcare and traffic, keep our water clean and employment for many county

Today's successful businesses are pulling back from brick and mortar projects and promoting their employees to work from home. Many County residents are connected to their employers via high speed broadband connectivity. Many employees report to their jobs one or two days a week and complete the remainder of their work from home via their computer. Many residents lessly to preserve, protect and can't access high speed data connections from their homes and ty. I have helped reduce the size still rely on dialup connections which are not adequate for home

We need to promote the deployment of high speed broadband services throughout Adams County. If you can't get high speed data in your neighborhood simply call 1-888-436mation on how to get broadband service for you and your neighto borrow funds to pay the bills.

Open space, agricultural land and green space preservation are essential to continue the beautiful, rural and refreshing lifestyle which we all cherish and adore. We need to direct our residential development toward designated your Adams County Commisgrowth areas where public wa- sioner.

will allow us to control noise and preserve open rural vistas and beautiful country sides. Open space and farmland require less roads, schools and public services than residential development. Farmland and open space easements are one time costs while residential development will forever place increasing tax burdens So why reelect George Weik-

ert as your Adams County Commissioner? I have worked tirepromote our beautiful counof county government and balance the county budget with no county tax increase in the past two years, all during the worst economic slow down since the Great Depression. The county ended 2010 with a \$1.4 million capital reserve and a \$3.6 million cash balance, which enabled county operations to continue into this spring without the need

I LOVE ADAMS COUN-TY. I have the background, experience, knowledge and energy to help lead Adams County into the future, and with your supto serve you in a second term as

From the Desk of Carroll Valley Mayor Ron Harris

The month of May is filled mary election will be held on plained on the Ready America System home page will be dis- Fairfield Fire & EMS hall from with many events such as Tuesday, May 17th. In Car- website, "Knowing what to do the Kentucky Derby, the Preak- roll Valley, there are two poll- during an emergency is an imanapolis 500 to name a few. Mother's Day falls on Sunday, the Liberty Mountain Resort when seconds count." Thank istration and you are on your zens Association (CVCA) will May 8th and on the last Monday & Conference Center complex you Dan for explaining why we way to receiving alerts and be holding their Yard Sale on of May, May 30th; we commemate and the other at the Carroll need to plan for the unexpected emergency notifications. orate all the soldiers who died Valley Borough Office. Be sure ed. For further information, go Did you know that the Ad- to 11:00 am at the Ski Libwhile in military service. This to visit the appropriate poll- to www.ready.gov. holiday was formerly known ing place to vote. It is based on One important aspect of Emergency Services has been May 15th the Fairfield Fire as Decoration Day and was where you live in the Borough. knowing what to do during an compiling a list of all persons & EMS will be holding their first enacted to honor Union The polls will be open from emergency is communication located in Adams County who Open House from 1:00 to 4:00 and Confederate soldiers. Af- 7:00 am to 8:00 pm. Hope to that is "keeping informed". need special assistance when an pm. If you play golf and want changed to Memorial Day and the honor was extended to all ness month.

As you may already know, skin cancer is one of the most common forms of cancer surpassing lung and prostate cancer. The weather is warming up and the dark days of April are being replaced with the sunny days of May. There is a need to be careful when out in the sun. One of the major causes of skin cancer is long periods of expo- ing was recorded by Commu- sages to your cell phone, sign the Adams County Department 10th), and Recreation & Parks sure to sun. The month of May nity Media and can be viewed up for AlertPA. AlertPA pro- of Emergency Services at (717) (Wednesday - May 25th). If for our local government means on the Carroll Valley website. vides you with real-time up- 334-8603 and ask them to send you have any questions, please primary elections. We have rac- To launch the recording, go to dates about the emergency. This you one. Emergency Services contact me by email at mayes going on for borough council seats, commissioners, school Videos on the menu bar at the To sign-up for AlertPA, go to stamped returned envelop. boards, tax collector and mag- top of the home page and select alert.pa.gov and the Common- On May 4th, a Commission- driving on the road. We need

At the last Council meeting,

I was asked if I was prepared WGET (1310 AM Gettysburg) Americans who died in *all* wars. for an emergency. I, as well May is also Skin Cancer Aware- as most of the council mem- burg). If you are watching tele- tem, so when the Emergency the question asked by Counthe Weather channel or pay athlelp, the system will automatcil member Dan Patton. Dan tention to the Emergency Alert ically identify your disability was briefing the council mem- System message that interrupts and the type of assistance needbers and audience on how to be the broadcast to notify you of ed. Please know that the use is being play on the par 71 prepared and make your fami- an emergency. If the emergency of this information does con- championship Carroll Valley ly safer when a disaster strikes. warrants it, coverage is broad-The three basic steps are: (1) casted on channels 8, 21, and lation. If you are interested in be holding the following meet-Make a Family Plan, (2) Build 43. If you would like to get signing up, you can pick up the ings in May: Planning Commisan Emergency Kit and (3) Be emergency information sent to Special Assistance Needs form sion (Monday - May 2nd), Bor-Informed. The entire brief- you via email and/or text mes- from the Borough office or call ough Council (Tuesday - May www.carrollvalley.org, click on is what I use and recommend it. will send you the form with a or@carrollvalley.org or by cell

ams County Department of erty parking lot. On Sunday, In our regional area, you can Emergency arises such as fire, to help us raise money for our tune into two radio stations: floods, tornados and evacuations. This information is addor WGTY (107.7 FM Gettys- ed to the E-911 Telephone Sysbers, responded with a "No" to vision, you may want to turn to Services receives your call for form to the Privacy Act regu-

isterial district justice. The Pri- the April 2011 meeting. As ex- wealth of Pennsylvania Alert ers' Forum will be held at the to slow down.

played. Click New User on the 7:00 to 9:00 pm. All the candileft side of the home page and dates running for commissioning places. One located at the portant part of being prepared the AlertPA Registration page er will be there to answer ques-Children's Learning Center in and may make all the difference is displayed. Complete the regtions. The Carroll Valley Citi-May 7th (Saturday) from 8:00

Celebration, please consider playing in the 5th Annual July 4th Fund Raiser Golf Tournament being held by CVCA on June 9th. Pick up a registration form at the Borough office. This year the tournament Golf Course. The Borough will at (301) 606-2021. Be careful

GOVERNMENT—NORTH OF THE MASON-DIXON LINE

From the Desk of County Commissioner Lisa Moreno

But, when you have a deep care and concern about a county that you grew up in, all things come together. I want to have that opportunity again to make a differ- cult year not only for the Board ence in my county, and be a part in preparing Adams County for

At this time I would like to anmissioner. I have over 17 years of direct county government experia current Commissioner of this the process began, and the values working that same way too. wonderful county. I am a graduate of Gettysburg High School and Harrisburg Area Community College with an Associates Degree in Legal Assistant Studies. I had the honor in 2010 to receive involved in a lawsuit for a difthe Distinguished Alumni Award from Harrisburg Area Commu- Hopefully we can settle the re- some time the county has sought the Fall of 2010 from the County Commissioners Association of

Deciding to run for an elect-Pennsylvania Academy for Exceled position is no easy task. lence in County Government by missioners have worked quite well for the 2011 budget year the county taking a number of core and electogether, tackling issues that need has a \$2.8 million fund balance and tive courses.

last year was an extremely diffiof Commissioners, but for all who were involved in the reassessment process. Let me remind everyone, the reassessment process had to be nounce my candidacy for a sec- undertaken. The County settled a lawsuit, agreeing to proceed with since the last reassessment was ence, with four of those years as completed. Time tables were set, may be others should think about were certified last year.

right to appeal their taxes every year to the board of commissioners. Currently the County is still ferent issue of the Reassessment. nity College. I also graduated in maining issue and move on to out a tax revenue anticipation note. Adams County? The county is in

lence in County Government by missioners have worked quite well for the 2011 budget year the county to be addressed as a unified board, a \$1.4 million capital reserve bud-I have to be honest with you functioning with the Chairman get carryover to support operations running the meetings. And yes, we until the tax revenue is received. Let are not always going to agree and believe me, we don't, but there is plishment. a lot of comprise and a great deal of respect for one another. Sometimes in government comprise is the only way to get projects accomplished. Work together for a reassessment, marking 20 years the good of the community. That is what I have decided to do, and

the county rises to the top. For quite county manager.

My topics of discussion during

the 2007 election cycle was properly managing resources, employing a county administrator, allocating support to green space program, tackling water issues, creating housing opportunities were just a few topics of my discussion, and I can proudly say, by work-So you ask what has been going ing together, all of these topics Property owners still have the on county government. Well I can were accomplished. For example, assure you that we have addressed the Board created the Water Remany issues, and are preparing the source Advisory committee and county for the future. With the fu- the Housing committee along pick up the pieces, county governture in mind, the financial state of with the hiring of a well-qualified

This borrowing of funds would the process of replacing the 911 ra- as I seek a second term as an Adams Well, I have to be honest with hold the county over until real es- dio system due to the equipment be- County Commissioner.

dertaking. We will be purchasing the St. Francis Xavier School for the future expansion of government offices. The county was awarded a grant from PHMC for an itinerant archivist to assist the county with the organization/processes of county records. The board takes part in many different projects on a daily basis.

The next board of commissioners will be challenged immensely, as we have been challenged this last 3 ½ years. There is one thing that I know holds true, county government is not going to get any easier, government will be even more challenging as time passes. Drastic funding cuts are occurring at the federal level, from the state level leading eventually to the county. Who is left to ment? We need to plan appropriately for the future of Adams County, So what do I see for the future of and have the right people in county

From the Desk of Commissioner Candidate Marty Qually

four candidates vying for one of families in Adams County. the three County Commissioner seats. The truth is that I didn't almost win, I came in last place. A lot of people after that shellacking would pack up their tent start caring about my community when I decided to run for office in 2007 and I didn't stop when never lost my will to serve, I never lost my ability to listen, and I

isn't just about living here for all Auditors. These positions are not tle or no voice to state our case. of your life, some of us are new glamorous or headline news, but The first job of any elected offior have retuned. For me much they are important. I do not be-cial is to listen to the public and of my love of community came lieve that I was appointed to any in that job our County Commisfrom my large family and local of these points for my expertise sioners have failed. Our Comupbringing, as much as it comes in the area, but for my ability to from a desire to see a better fu- work well with others and to get cials and I know they care about ture for our children. While the job done. most of my brothers and sisters have moved out of Adams County, all seven of us graduated from many challenges and have tried Catholic High School. After rethe Commissioners. In many tiring from the United States cases these concerns have gone has been through some dramat-Army, my father became a Business professor at Mount Saint Mary's University. It was a great caring for the citizens, just that professional opportunity for him, they have emphasized the "ofbut in truth his children reaped fice" in public office, more than the best benefit, as now we could the "public". In transforming the pleted, we have seen an inordiafford a college education. In the position of County Commissionend five of us attended and grad- er into a bureaucratic 9 to 5 manuated from Mount Saint Mary's agement job, the citizens of Ad-University. My wife, Tanya, and ams County have become an af-now we are faced with tight bud-I live in Cumberland Township, terthought. Accessibility to the gets and no help in sight. I am where we raise our eight year old Commissioners has become lim- not going to lie to you, we need son Lucien. Helping to improve ited and the best way to be heard to change the way we do business

won, or at lest that was how I and that concern to make our cess 21st Century, the consultant us into this mess is not going to liked to say it. I won the Demo- community better is still with cratic Primary in 2007 along with me. I loved growing up here and more credibility that citizens or ers need to begin getting out of Lisa Moreno and became one of I want to help keep more of our County staff. During the process the Courthouse and listen to cit-

tried my best to serve our citizens ty, County staff and citizen comin whatever capacity possible. I have served on the Adams County Housing Committee, working tant. Most recently the Commiswith non-profits to help create and preserve affordable housing. In 2008 I was appointed by Governor Rendell with the consent of State Senator Richard Alloway to serve as a member of the Pennsylvania State Board of Crane Operators. And lastly in 2010 I was against it." In all of these cases never stopped caring about my appointed by the Adams County Court of Common Pleas to be- we as citizens stood on the issues, State or Federal government to May 17th. Caring about our community come one of three Adams County but instead that we were given lit-

Recently, the people of Adams County have been faced with Saint Francis Xavier and Delone to make their concerns heard by do better when we work together. unheard. I do not believe that our Commissioners have stopped

of selling Green Acres, our Coun-Over the past four years I have ty operated adult living faciliments were given back seat to input from a paid financial consulsioners voted to support swapping preserved land, paid for by the citizens of Adams County, without asking for their comments. This last one just sounds for the land swap before we were lenging times. missioners remain dedicated offi-Adams County, but this style of leadership must go. Maybe its just part of coming from a large family, but I truly believe that we

Adams County government ic changes over the past few years. For the first time in our County's history a County Manager has been hired, a long overdue Reassessment has painfully been comnate amount growth in housing without the tax relief that comes with economic development, and our community for my son was is to become a paid consultant in order to survive in these try-

Pour years ago I ran for Coun- one of the reasons why I ran for hired by the Commissioners. ing times. More of the same 9 keep our taxes down, in fact it ty Commissioner and almost County Commissioner in 2007 During the Reassessment pro- to 5 micromanagement that got seems the more they "help", the hired by the County, was given get us out. County Commissionizens, community leaders, and municipal officials in determining the direction of our County. With the addition of a County Manager to complement our already knowledgeable and competent County employees, this transition is possible. It is only by becoming more involved in the County outside of the Courthouse that our Commissioners like the John Kerry gaff, "We were will find solutions in these chal-

It is time to accept that there

alize that wastefully hiring consultants to tell you what you want to hear is a disservice to County staff and local experts. We can do more with less, we can keep our government a manageable size, and we can keep our taxes and debt down, but only with new elected leadership willing to listen to the citizens. We need elected officials with the courage to represent all of Adams County.

I am ready to serve Adams County. I am ready to listen to your concerns. And together we will move our County forward. my primary concern is not where will be no life line from the I would appreciate your vote on



Marty Qually

for Adams County Commissioner The people of Adams County have spoken. They want County Commissioners who are strong enough to put

the people first, will listen to their concerns, and have the courage to work with others and get the job done Your Input and Support Strengthen County Government. As Your County Commissioner I Will Listen to Your Concerns and Ideas. Together We Can Do What is Best

for Adams County

A County Commissioner for the People..

■ Is accessible to the public

■ Works for the People not just as a 9 to 5 bureaucrat ■ Respects Community leaders by listening to them

A Representative of the People Serves...

■ The "Will of the people" not the "Will of the paid consultants" ■ To become a link between the public and the government

■ By empowering county staff to do the people's business

A Team Player for Adams County...

■ Acts with the consensus of the Adams County Team

■ Protects our rural heritage while planning for our future ■ Works with Business Community and brings more Revenue to

* * VOTE QUALLY * May 17th * 7am - 8pm * *

Marty Qually for Adams County Commissioner

Friends of Marty Qually ★ PO Box 3163 ★ Gettysburg, PA 17325 Marty@MartyQually.com ★ 717-339-6514 ★ www.MartyQually.com Paid for by Friends of Marty Qually

COMMENTARY

Words from Winterbilt

Shannon Bohrer

ately there has been a lot of news Labout public employee unions and the need for reform of these than the average private-sector unions because of the deficits in mu- worker." Former Governor Mitt nicipal, local, state and federal governments. The PEA party (People for Ethical America) must have been asleep because we thought the deficits were directly caused by a financial meltdown, the one where our government bailed out the banks. It was our opinion that the recession was responsible for the deficits, we were not aware that it was the public employees that were taking us broke. It is just amazing what you can learn when you watch television!

"It used to be that public employees were underpaid and over-benefited. Now they are over-benefited and overpaid compared to their private-sector counterparts."

Governor Tim Pawlenty of Minnesota

The argument is that if we allow the public employee unions to exist, they will eventually take us broke. These unions have direct access to the elected officials that pass laws. The direct access results in higher salaries, benefits and pensions. It has been reported that they are higher than private industry. This is why the public employees make so much money. This is amazing that we are just now coming to address this issue.

"Average government workers are now making \$30,000 a year more Romney of Massachusetts

Our local state and federal governments cannot continue in this direction. If public employees have access to our elected officials, who else could have access? What would happen if big business, oil companies and financial industries had access to our elected officials? Wait a minute, they do have access, but does their access relate to bloated salaries? The government does not regulate salaries of private industry, so access to government by private industry does what?

In the oil companies (and this was surprise to me), their access gives them subsidies - can you believe it? The subsidies are in the form of nine different tax breaks, written just for oil and gas companies. The oil company subsidies amount to 45 billion (that's right - 45 billion) over the last 10 years. During that same time period, the last decade, the big five oil companies made about 1 trillion (that's right) 1 trillion in profit. The argument in congress is that the oil companies need the subsidies and is weak. In fact energy production in to the realization and we really need years. What's really amazing is that ing part is that Hedge fund manag-

one oil company has made industry record profits for the last two years. After we tackle the public union

the oil companies (about 10 minutes on Google) I did some research on the financial industry, specifically Hedge Funds. I did know what a Hedge fund was, but I had heard on the radio that Hedge fund managers only pay 15 percent on their income tax because it is *capital gains*. You may recall that Warren Buffet (the investor and one of the richest persons in America) testified that he had a lower tax rate than his secretary, because his income came from capital gains. It turns out that if you invest your own money in something and earn, say, a million dollars, you only have to pay 15 percent in taxes. I don't know why. but I would say it has something to do with the financial industry having access to our elected officials - just a

In 2010, the top 25 Hedge fund managers made 25 billion in income (not millions, but billions) and one manager made over 4 billion and they all paid 15 percent in taxes? I did find this a little confusing. without them oil production would You see capital gains tax of 15 perslow down.... I think the argument cent is for capital gains and capital gains is money you make from inall areas has been up for the last two vesting your money. The confus-

ers are investing other peoples money and yet they only pay the 15 percent? My intuition tells me that the Hedge problems maybe we should look at Fund managers also have access to the access the oil industry has, just our elected officials. If the PEA parmaybe. If we don't - how far will they ty can find this out in 15 or 20 minutes on the internet, who else has ac-After doing extensive research on cess to our public officials and what is this costing us?

> I do wonder what the oil and financial industry have done with all that money. The oil industry is always running advertisements on television about how safe drilling is and how many jobs the industry provides. Forty five billion dollars should provide a lot of jobs, and there might be enough left over to pay for the television advertising. I do not ever remember seeing an advertisement for Hedge funds. The extra money they make by only paying 15 percent in taxes probably goes to bonuses. After all, without paying bonuses you can not keep the best and brightest.... Of course you can always donate to your favorite political campaign....

Having done some additional rea little more than slightly confused I found a briefing paper on "Debunking the Myth of the Overcompensated Public Employee," by Jeffrey Keefe. The research was done by the Economic Policy Institute in Washington, D.C. According to the paper, government workers are actually paid less than private workers, by about \$6,000. Not only are they paid less, the government worker is bet-

ter educated, 54 percent having a college degree. If we do not stop the influence that public employee unions have on our elected officials, the public employees will soon make as much as their counter parts in private industry. Of course if their counterparts in private industry also continue to have influence with our elected officials, they can stay ahead of the public employees - with subsidies and tax breaks, I think?

In general, the art of government consists of taking as much money as possible from one part of the citizens to give to the other. Vol-

As the official spokesperson for the PEA party, I must admit that both members are a little confused. We agree that too much influence with elected officials can have negative consequences. Then again it is written, "Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and search on the issues, because of being to petition the Government for a redress of grievances."

> To read past editions of Words from Winterbilt, visit the Author's section of Emmitsburg.net

To The PEA party's official position is that access to elected officials is not the problem. It seems that everyone who has access to the elected officials' benefits – except those of us who do not have access – we think.

ger. We must get involved. 'Don't think there's anything you can do? Were you paying attention last

The primary election for 2011 is being held in PA on Tuesday, May 17th. Our patriotic duty is not to pay ever-increasing taxes, which will insure our once great country plunges over the cliff. Our single patriotic duty is to cast a vote...and not a vote for the status quo. We must start paying attention and take our representative duty seriously. A journey of a thousand miles begins with a Article IV Section 4, of the ing their "fair share" and in or- faith and credit" of the United single step. Your vote does matinternational joke... if it isn't al- We must replace these career pol-Why have we reached this close time to represent not the citizens bankers, the unions and the corporate lobbyists who insure their re-election. We need to get back to our constitutional roots now more than ever. This movement needs to start with the local and

> elections in the history of our country than the local elections of 2011 and the national election next year. The very survival of our republic as we have known it hangs in the balance. If you don't

Pure Onsense **Chinese Aggression?**

Scott Zuke

Having just recently over-taken Japan to become the world's second largest economy, China has taken the reigns from the Soviet Union as the first nation in the post-Cold War era with the potential to rise to superpower status, and many Americans who see international relations as a zero-sum game view China's ascendency as a threat to US power and prosperity, particularly with the amount of our debt they hold and their increasing pressure on world oil supplies.

While US policy has been to welcome the emergence of prosperous and peaceful China, the relationship has frequently been strained over issues including the status of Taiwan, China's undervaluing of its currency in order to maintain competitive economic advantage, and its human rights record. Add to that their friendly relations with the likes of Iran, Burma, and North Korea, and their provocative military exercises, including destroying an orbiting satellite (the debris from which nearly crossed the path of the International Space Station recently), and it's a wonder that we still manage to maintain such

The question at the heart of determining appropriate policy toward China is whether they are acting irrational and aggressively, or rational and defensively. I argue the latter to be the case.

Consider some of their apparently aggressive actions in recent vears. China has been accelerating the modernization of its nuclear and conventional arms technologies in order to be able to project its power further beyond its borders, raising concern among US allies Taiwan, Japan and South Korea, among others in the region. While not openly accusing it of aggressive intentions, American diplomats seek from China what they call "strategic reassurance." of State James Steinberg, "China must reassure the rest of the world that its development and growing global role will not come at the ex-

others." To understand the typical Chinese response to statements like this, it's important to understand China's history. Weighing heavily on the country's cultural recollection is memory of its "century of humiliation," a period from the mid-19th century through WWII during which close relations in so many other China was carved up and exploited by foreign imperial forces

Sovereignty against foreign influence and territorial security are thus deeply ingrained in China's political decision-making process. The US fanned China's fear of external coercion in the 1950s by using "nuclear blackmail" to restrict its involvement in the Korean War. In this light, China's relatively small nuclear program, developed soon thereafter, can be seen as a rational and defensive reseen in one recent report's closing sponse to coercive foreign policies statement: "We hereby advise the that threatened its sovereignty.

And so, when US diplomats today call for China to "reassure" the rest of the world that they have benign intentions with their growing military capability, it's no surprise that their response is along the lines of, "If you don't have to, why should we?"

it comes to criticism of its human rights record. The US regular-In the words of Deputy Secretary ly submits to the UN critical reports of the nation's human rights abuses, from imprisoning and executing political dissidents to widespread severe poverty. While I pense of security and well-being of don't mean to downplay the importance of securing these human rights, when considering China's history and defensive posture, this approach is clearly flawed. The Chinese government is understandably paranoid about internal social unrest and sees human rights rebukes as either external or internal attempts to delegitimize the government and spark a revo-

Its response has been to release

cation of this hypothesis is that hawks say, or your 'America will is developing that is probably go-

The state of affairs in this enormous country with the biggest population in the world has never edent for a country that is dominated by a modified communist ideology that has also embraced capitalist values. Not when this country was, until the early 20th

And how that has changed. There are many strands in this those strands are weaving is paintwants in seas around it. It is taking an increasingly proactive role in world affairs, but in contrast it cannot do without its markets, for its power is based on manufacturis a symbiosis, but only so long as So here's the other end of the United States demonstrates it der visit the Authors section of Em-

from western Europe and Japan. its own counter-report on the hucoercive policy toward China is man rights record of the United States, pointing out all of our own flaws, from economic and racial inequality to high crime, high rate of incarceration, all the way down to such things as the average age in

The comparisons are fairly weak and unjustified, but that's not really the point. The point can be U.S. government to take concrete actions to improve its own human rights conditions, check and rectify its acts in the human rights field, and stop the hegemonistic deeds of using human rights issues to interfere in other countries' in-

internet pornography.

With a vast and regionally iso-China is similarly defiant when lated empire, the Chinese central government has felt forced to exert stricter control over its populace and to prioritize certain development goals (namely economic growth) over others (political freedom and social well-being). It fears that the restrictions and alternative priorities being promoted by the West (which, after all, also once followed different value priorities) unfairly restrict its development potential. In this light, China's defiance toward foreign chastisement can be seen as defensive and reasonable

I believe the same understanding can be applied to other areas of tension and suspicion between the US and China. The impli-

unwise and will be ineffective, as China has consistently managed to outmaneuver these strategies. Instead, if China is asserting itself as a coequal power on the global stage and effectively which children are first exposed to resorting to disobedience when that status is challenged, then I believe the best way to bring about a better state of affairs would be to treat it as such by "cutting it some slack" on such things as human rights and military expansion, and to actively grant it greater influence in global economics. As Bergsten et al. suggest in China's Rise: Challenges and Opportunities, we should consider establishing with them a "G-2" economic relationship and recognize, "the

COMMENTARY

ternational economic order.' Since China has successfully worked around US coercive or isolationist policy to become a strong and influential force on the global stage, its time to work with them, as two equal adults working in partnership, rather than as a parent scolding and setting boundaries for a rebellious teenager. Granting them greater respect and stewardship over global affairs would hopefully lead them to voluntarily move in policy directions that coercive policies have failed to bring about.

new role of China as a legitimate

architect and steward of the in-

To read past editions of Pure Onsense visit the Authors section of Emmitsburg.net.

Down Under Friends and relationships

Lindsy Coker

A man, sir, should keep his friendships in constant repair James Boswell, 'The life of Samuel Johnson' July, 1762

The United States of America **I** is the most powerful nation

This has been the case for some it. The ways in which this came ing that our leaders appealed to about are well documented and their home base, Britain, for help. very interesting, but this month That was refused. Not only that, I want to talk more about the fu- England demanded we send more ture, because it is the future we troops to Europe and Burma to have to look to – as I wrote many help stem the tide of advances by years ago, 'the present is us althe axis powers. ways trying to catch up to what is ahead.'

Australia was part of the British Empire, that conglomerate that made the tiny island nation supreme for a few hundred years. Like colonials everywhere, we had little choice except to go along with their sometime benevolent rule, but unlike many other countries that made up that empire, we has vanished as the mist. were unable to rebel, work toward ending their rule, or extract ourselves from it.

We didn't want to, anyway, not just because they were the mother country, but more importantly because they were our protectors, marketplace, source of legal and fiscal light, and our culture. But all that changed in 1942. That was the year that Singapore fell into Japanese hands and those would be conquerors started their great drive south and east. Australia

Disaster. We had over 100,000 troops already in action, and in one of the great turning points in our history, we defied Churchill's 'request' and brought many of them closer to home. The motherland link had been broken, and while we continue to revere the queen (well, a minority of us do), the idea of England as protector

In one of the first displays of its might, the United States had already taken on the role of defend-

ers and liberators of the western pacific, including Australia, with our forces playing major and crucial roles in the success that ensued. This formed the basis of our new relationship with your country, which kept growing even when the war was over. Although there was enormous anger over the way Britain dumped us, there was equal joy at this new and dy- occurred before. There is no precnamic friendship

As friends we can grumble about your culture, food, crazy monetary plight, and shake our heads in disbelief at your self-serving foreign policies, but all that century, an inward looking elite/ fifty years, and many countries was suddenly facing conflict on its fades away when we again realize peasantry one that had little inbetter off, even alive, because of and the prospect was so frighten- this is not a true friendship, for west. we command all of 3% of world trade – nearly all of it being the export of minerals – and have transformation, but the cloth such a small defense budget that should we be threatened with at- ing this picture: China is not gotack once more we would again ing to be content with being the throw up our hands in horror and underdog in world affairs for appeal to our friend and ally, you long. At present it has no match guys. In return we sign free trade for the vastly superior technoloagreements, watch your sitcoms gy and strategy that America has, (argghh), pretend to help willing- but already it defies the U.S. navy ly where we can in the wars you to stop them going wherever it get involved with, and buy more of your armaments than our financial situation can afford, but much less than we need.

Now here is today's question: Would you heed our call to fend ing, just as your was. In this there off an enemy?

telescope: No matter what your can and will remain rich enough

always be the best, strongest nation on earth' brigade, a situation ing to put those ideas to the test once and for all.

That situation is China.

to remain in front.

So what will you do if, as seems likely, China continues to flex its

If push comes to shove, will you parade your might and say 'Stop!' or will you take a diplomatic

For, you see, it matters greatly to us which course you take. We depend on trade as well as everyone else. A war between you and them would quite literally bring all that trade to a grinding halt, without any certain victory but with the certainty of enormous losses. Would it be possible that the United States of America and China could agree to share the pa-

That's not so daft, but please, if it does occur, make sure we're part of your hegemony.

No one really wants to be part of the Chinese way of life – except the Chinese, and they are unable to dissent.

Difficult times lie ahead. It is going to take a real statesman to make equitable and realistic decisions, one that is not bound by the sniping of party politics, and one that has vision for the whole

We're holding our breath down under, and asking these questions

To read past editions of Down Un-

View from the Track

Kip Hamilton

T et me begin this month with Lesome sad news. On Friday. April 8th, Fairfield Fire & EMS suddenly and unexpectedly lost our friend and Vice President, Bill Chase, who, just the previous night had been doing what he loved...working the grill in the kitchen at our Thursday night Bingo. Bill was a rock of strength said once. around the station, a friend to all

Also, please plan on stopping by day, May 15 from 1-4 for our EMS Open House in recognition of National EMS Week. There will be some great demonstrations! The kids will love it... even have ever been found incompati- ported by those who are? Where the adult ones!

question was raised whether ours was a single, democratic country. We talked about how the founders had established that each of our states was a separate, sovereign state united for a common purpose. But, what about that democracy thing? Remember back when you were a kid and having playground disputes settled with a loud chorus of "Majority Rules!" That's a democracy in action... So is a lynch mob.

Even though a great many politicians, teachers, journalists and citizens nowadays believe that our Founders created a Democracy; that is absolutely not true. The Founders knew full well the differences between a Republic and a Democracy and they repeatedly and emphatically said that they had founded a Republic...."if we could keep it", as Ben Franklin

state in this union a Republican uitable" that the people who are form of government". Madison working and paying taxes must ready. warned us of the dangers of de- pay more. What??? How much mocracies with these words, "De- is enough for these guys? What mocracies have ever been specta- about the half of the country who cles of turbulence and contention; are not working and being supble with personal security_or the If you recall last month the rights of property; and have in

Democracies always self-defunctions of government and the your family made \$100K a year, Folks, we cannot do this any lon- pid TV and GO VOTE!

socialist programs, the democracy will collapse, always to be followed by a Dictatorship. 47% of the households in our country pay no federal income taxes. What do you think will happen when that number reaches 52% or 55%?

Currently, only 43% of adults in our country are working and paying taxes, yet we are told that we are not doing enough. They say that "The Rich" are not payonstitution "guarantees to every der for the system to be more "eq-

is the equity in that? We are told to do our "patriotic general been as short in their lives duty" and go along with the highas they have been violent in their er taxes. Like someone said, Socialism works fine until you run out of other peoples' money. In struct when the non-productive 2007, just 4 years ago, our nationmajority realizes that it can vote al debt was \$167 Billion for the itself handouts from the produc- entire year. The amount of debt tive minority by electing the can- our career politicians incurred didate promising the most benthis past February was over \$260 efits from the public treasury. Billion in one month! They are know the one... and that's as far do anything else, make sure you When there are no longer enough now spending EIGHT times the as it goes. Then we go back to are properly registered, and on producers to fund the legitimate amount of money they receive. If doing whatever we were doing. Tuesday the 17th turn off the stu-

that's like putting \$800K on your VISA. We borrow around \$4 Billion each day. How are we ever going to pay this back?

Standards & Poor, the national credit rating agency just lowered their evaluation of the US Government's official ability to maintain our AAA rating to "Negative." Unless Congress and the White House stop the fiscal shenanigans and get serious about cutting both the deficit (the yearto-year shortfall, now over \$1 trillion) and the national debt (above \$14 trillion and soaring), the "full States is in danger of becoming an ter. You can make a difference

to the edge of collapse?

Apathy. That's why. Each one of us is to blame because we have allowed this nonsense to continue. We keep re-electing politicians to office who have been proven to be abject failures in directing this country. Why? Every day we hear of totally outrageous bills proposed, votes taken, money wasted, statements made by our career politicians and what do we do? We just shrug and shake our heads...maybe give that little "what the heck" laugh...you November?

iticians who have grown over who live in their districts, but the state elections.

There are no more important

FROM THE PASTOR'S DESK

Those who go to the mountain come back changed sible. Faith can never be contained in a box or a tent. It is only when we

Rev. Katie Penick Incarnation UCC. Pastor

I lift up my eyes to the hills from where will my help come? ² My help comes from the Lord, who made heaven and earth. Psalm 121:1-2

T've always liked being near the Imountains, maybe because I was raised in the Midwest, where the land is flat. You have to drive a long way before you bump into a mountain range. But now, when I sit out on my deck, I can look at our mountains, offering shelter and security. When I go to visit my aunt and uncle in Northern California, he lives up in the Sierra Nevada mountains. Now – those are mountains, towering as high as the eye can see! As we drive higher and higher, the air changes... It really does feel like you are closer to God.

So it doesn't surprise me that mountains are so important to the narrative of our faith. When God is ready to give the people the Law, Moses climbs high up the mountain. He stays there for 40 days, close to God... literally in the presence of God. And when he climbs back

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him the stone tablets that contain the and bread for thousands! Wonders laws to live by... all that the people needed to know in faith.

Jesus went to the mountain top too. "He took Peter and James and John and led them up a high mountain, by themselves." (Matthew 17:1). The Please wait

Image not available The disciples were weary as they started their trip up the mountain with Jesus. They were exhausted by the non-stop demands of the crowds. Just a short time ago, they had been simple fisherman, content with their simple lives. But, then they met Jesus and everything changed dramatically. Now they were people catchers! Jesus had taught them remarkable things and the disciples behold the glory of God. And then, suddenly Jesus is not and now they were given power and authority to go out into the needy alone, surrounded by the radiance, he crowds that followed Jesus everyis accompanied by two men: Mowhere: To go out into the crowds and ses and Elijah (Matt. 17:2-3). Moses and Elijah are two of Israel's greatheal... to cure... to proclaim. Now, est heroes. Moses represents the Law no matter where they go, the crowds follow them, just like they follow Jeand Elijah the prophets. Both Moses sus.... pressing closer and closer, lookand Elijah were called to lead God's ing for a miracle. Finally, Jesus prompeople in a new direction. Jesus shares ises them some time alone, but even this prophetic call with them. In Moses, Elijah, and Jesus, the disciples then the crowds press on, following them. The disciples beg Jesus to send catch a glimpse of life in the reign of them away. Enough is enough! But God to come. What could be more down to the people, he carries with we know what happens next – fish

Most of us do not have Mountaintop experiences like this. We do not come face to face with God. We do not get the opportunity to see long dead heroes of the faith. But we have

faith, none the less. But, can you imagine what it would be like to be up there, with Peter and his friends? Peter grasps helplessly to hold on to this awe-inspiring moment: "Let us build three tents, one for Moses, Elijah, and Jesus, and stay here" (Matt. 17:4).

Peter wants to hold on to this modoesn't understand that this is impos-

and miracles everywhere, more than anyone could take in. The disciples

Finally, Jesus takes his three clos-

Leaving the mountaintop must est friends up to a quiet mountainhave been so difficult. Leaving that top to pray. Up high, away from the beautiful, peace-filled, place where crowds, peace and quiet. It seems God's glory shone... leaving to face like, once on the mountaintop, Jethe sweaty pushing crowds, always sus is doing all the praying. Exhaustdemanding a miracle.... leaving that ed, the disciples can barely keep their moment of glory behind, knowing eyes open. But before sleep overtakes that Jesus had told them of his own them, something remarkable hapsuffering and death. Knowing the pens. In a time when miracles and risks that each of them faced as they healings seem to be daily occurrences, continued to do God's work. even this seems to be beyond any ex-But they also were changed by pectations. The disciples are startled awake by a sudden flash of radiance

that mountaintop experience. They received a better understanding of God's plan: "This is my beloved son with whom I am well pleased," (Matt. 17:5). God calls out, "Listen to him!" All the healings and cures and miracles were pieces of one beautiful puzzle. A puzzle when completed shows us the reign of God.

accept it's presence as part of who we

are, so we can move forward and live

the lives that God calls us to. After

hearing God proclaim: "This is my

son with whom I am pleased. Listen

to Him!" the disciples must leave the

mountaintop and move on.

faith takes hold and grows.

Martin Luther King Jr. in his famous speech told us all about his mountaintop experience:

We've got some difficult days ahead. But it really doesn't matter with me now, because I've been to

And I don't mind.

Like anybody, I would like to live a long life. Longevity has its place. But I'm not concerned about that now. I just want to do God's will. And He's allowed me to go up to the mountain. And I've looked over. And I've seen the Promised Land. I may not get there with you. But I want you to know tonight, that we, as a people, will get enced with each other. to the promised land!

And so I'm happy, tonight. I'm not to the mountain top. Climb as high worried about anything. I'm not fearing any man! Mine eyes have seen the glory of the coming of the Lord!! (I have a dream speech, Aug. 28, 1963). Martin went to the mountainton

WEY MAY AL

and God opened his eyes. The light in his heart shone out into the darkness, just as Paul said, because he had

Faith is what happens when God opens our eyes and we begin to see as God sees. And you remember how the Bible describes what God sees, don't you? No more children dying young, every person filling out his or her days. Every person enjoying the fruit of the vine, the shade of the fig tree. The lion and the lamb lying down together. Swords into plowshares, spears into pruning hooks. No more mourning or crying or pain any more. A table spread with And with this vision of God's reign, enough food for everyone; hunger forever banished. Perhaps if enough of us have enough faith that these things are possible...that the world God sees is reality, then perhaps this world will be the one that everyone sees. That's the power of faith. That is our mountain top experience!

> Martin Luther King told us that he had been to the mountain. Moses had been to the mountain. Jesus had been to the mountain. Those who go to the mountain come back changed and empowered. They come back ready to work for God's vision: to make that vision a reality. That is God's call to each of us, no matter how close to the summit we get. Mountain top experiences are carried in the heart and are sustained when we share what we have experi-

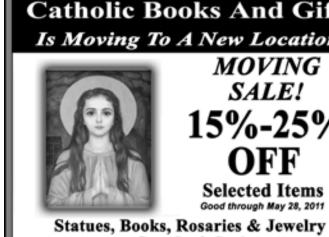
So, my prayer for each of you today is that you will go out and climb as you can go and when you arrive to the very top: rejoice and hear God's voice call out: "This is my child with whom I am pleased. Listen to Him!"

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Blood's attempt on the Crown Jewels



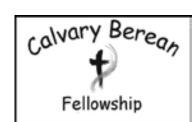
1 the most extraordinary attempts at robbery recorded in the annals of crime. The designer was an Irishman, named Thomas Blood, whose father had gained property, as an iron-master, in the reign of Charles I.

When the English civil war broke out, the son espoused the cause of the parliament, entered the army and rose to the rank of colonel. At the Restoration we find him reduced to poverty, confiscated by the Crown.

In 1770, Colonel Blood formed the extraordinary design of stealing the Crown of England . The regalia were at this time in the care of an aged but most trustworthy keeper, named Talbot Edwards, and Blood's first aim was to make his acquaintance.

Accordingly, one day in April, he went to the Tower, in disguise of a Parson, with a woman whom he represented as his wife, for the purpose of and a pair of pocket pistols. Two of his visiting the regalia. After they had seen them, the lady pretended to be taken ill, upon which they were conducted into the keeper's lodgings, where Mr. Edwards gave her a cordial and treated her otherwise with kindness. They parted with professions of thankfulness, and a few days afterwards the man, and bound and gagged him, pretended Parson returned with half- threatening to take his life if he made grant of land in Ireland, by which he a-dozen pairs of gloves, as a present to the smallest noise. Mrs. Edwards in acknowledgment of

An intimacy thus gradually arose



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The year 1671, witnessed one of between Blood and the Edwardses, who appear to have formed a sincere esteem for him; and at length he proposed a match between their daughter and a supposed nephew of his. It was accordingly agreed, at Blood's suggestion, that he should bring his nephew to be introduced to the young lady at seven o'clock in the morning on the 9th of May, and he farther asked leave to bring with him two friends, who, he said, wished to see the regalia, and his money and property having been it would be a convenience to them to be admitted at that early hour, as they were going to leave town in the fore-

Accordingly, at the appointed time, the old man had got up to receive his guest, and the daughter had put herself into her best dress to entertain her gallant, when, behold! Parson Blood, with three more, came to the jewel house, all armed with rapier blades in their canes, and every one a dagger companions entered in with him and a third stayed at the door, for a watch.

At Blood's wish, they first went to see the regalia, that his friends might be at liberty to return; but as soon as the door was shut upon them, as was the usual practice, they seized the old

Edwards persisted in attempting the 24th of August, 1680. to make all the noise he could, upon which they knocked him down by a blow on the head with a wooden mallet, and, as he still remained obstinate, they beat him on the head with the mallet until he became insensible; but recovering a little, and hearing them

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say they believed him to be dead, he thought it most prudent to remain Victoria.

The three men now went deliberately to work; Blood placing the crown for concealment under his cloak, while one of his companions, named Parrot, put the orb in his breeches, and the other proceeding to file the sceptre in two, for the convenience of putting it

The three ruffians would probably thus have succeeding in executing their design, but for the opportune arrival of a son of Mr. Edwards, accompanied by his brother-in-law, a At the back are a sapphire of smaller Captain Beckman, who, having ex-size and 6 other sapphires (three on changed a word with the man who each side), between which are 8 emerwatched at the door, proceeded up- alds stairs to the apartments occupied by the Edwardses. Blood and his companions thus interrupted, immediately decamped with the crown and orb, leaving the sceptre, which they had not time to file. Old Edwards, as soon as they had

the wharf, where horses were ready for

them, when they were overtaken by

Captain Beckman.

for it was for a crown!'

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left the room, began to shout out, 'Treason! Murder!' with all his might; and his daughter, rushing out into the court, gave the alarm and cried out that the crown was stolen. The robbers reached the drawbridge without hindrance, but there the warder attempted to stop them, on which Blood discharged a pistol at him. As he fell down, though unhurt, they succeeded in clearing the other gates, reached

This ruby was worn in the helmet of Henry the Fifth at the battle of Agincourt, A.D. 1415. It is pierced quite

by command of Her Majesty Queen

It consists of diamonds, pearls, rubies, sapphires and emeralds, set in silver and gold; it has a crimson velvet cap, with ermine border, and is lined with white silk. Its gross weight is 39 oz. 5 dwts. Trov.

The lower part of the band, above the ermine border, consists of a row of 129 pearls, and the upper part of the band is a row of 112 pearls, between which, in front of the crown, is a large sapphire (partly drilled), purchased for the crown by King George the Fourth.

Above and below the seven sapphires are 14 diamonds, and around the eight emeralds 128 diamonds. Between the emeralds and sapphires are sixteen trefoil ornaments, containing 160 diamonds. Above the band are 8 sapphires, surmounted by 8 diamonds, between which are eight festoons, consisting of 148 diamonds.

In the front of the crown, and in the centre of a diamond Maltese cross, is the famous ruby said to have been given to Edward Prince of Wales, son of Edward the Third, called the Black Prince, by Don Pedro, King of Castile, after the battle of Najera near Vittoria,

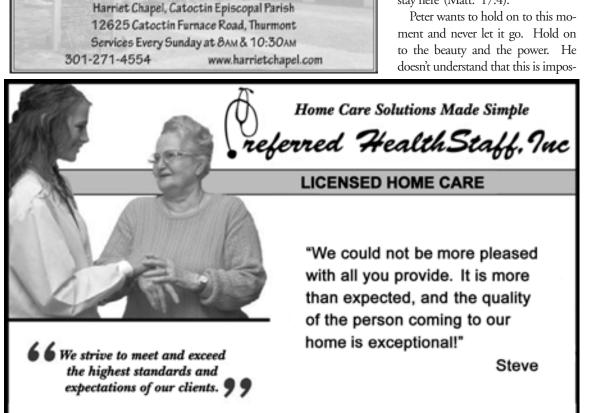
through, after the Eastern custom, the upper part of the piercing being filled up by a small ruby. Around this ruby to form the cross, are 75 brilliant diamonds. Three other Maltese crosses forming the two sides and back of the crown, have emerald centres and contain, respectively, 132, 124 and 130 brilliant diamonds.

Between the four Maltese crosses are four ornaments in the form of the French fleur-de-lis, with 4 rubies in the centre and surrounded by rose diamonds, containing, respectively, 85 86, 86 and 87 rose diamonds.

From the Maltese crosses issue four imperial arches, composed of oak leaves and acorns; the leaves containing 728 rose, table and brilliant diamonds; 32 pearls forming the acorns, set in cups containing 54 rose diamonds and 1 table diamond. The total number of diamonds in the arches and acorns is 108 brilliant, 116 table and 559 rose diamonds.

From the upper part of the arches are suspended 4 large pendant pearshaped pearls, with rose diamond caps, containing 12 rose diamonds and stems containing 24 very small rose diamonds. Above the arch stands the mound containing in the lower hemisphere 304 brilliants and in the upper 244 brilliants; the zone and arc being composed of 33 rose diamonds. The cross on the summit has a rosecut sapphire in the centre, surrounded by 4 large brilliants and 108 smaller





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THE (retired) ECOLOGIST

Old memories, new hopes, and the search for wisdom

The days of our years are three-score years and ten; and if by reason of strength they be fourscore years, yet is their strength labour and sorrow; for it is soon cut off, and we fly away. So teach us to number our days, that we may apply our hearts to wisdom. Psalm

Tn other parts of the world there Lare earthquakes, floods and revolutions, but in Emmitsburg spring has come gently, at least so far. It is my favorite season. As I write this, April is half gone and the trees in our front yard are at the peak of bloom. The most beautiful of them is the "Ickie Tree," the weeping cherry my aunt gave us 22 years ago when we built our house. It always blooms in the Easter season; it is pink instead of white, but otherwise it is the personification of the poem A. E. Houseman wrote in 1896:

Loveliest of trees, the cherry

Is hung with bloom along the

Wearing white for Eastertide.

And stands about the

Now, of my threescore years

Twenty will not come again, And take from seventy springs

It only leaves me fifty more.

And since to look at things in

Fifty springs are little room, About the woodlands I will go To see the cherry hung with

identified as "A Shropshire Lad," and he must have been wise beyond his years to recognize species will continue. In an even our grandfather, about to go for how fast the next 50 years of his more improbable example, a a ride in a horse-drawn buggy. life would pass. I am looking at week or so ago the white-throated She values the old photos, but cherry trees from the other end of life's spectrum, closer to the fourscore mark, but wisdom still eludes me. The trouble is that wisdom is so hard to define that you never can be sure whether

you have it or not. Examples of what passes for wisdom are easy to find. Some are based on old adages; Cy the Cynic, who lives in Frank Stewart's Bridge Column, once said, "Don't put all your eggs in one basket; they'll keep better in the refrigerator." Some verge on silliness; today's crossword puzzle produced the statement that "Knowledge is knowing a tomato is a fruit; wisdom is not putting it in a fruit salad." I used to think wisdom involves making choices and decisions, but now as



I proceed into old age I am not so colors, and soon they will fly sure. I have been told my choices away, migrating several hundred of a wife and a career were wise, and indeed they did turn out well; but the former was done in a state of complete bewilderment and the latter was entirely the result of the chance of being in the right place when opportunities occurred. Rather than wisdom, my life may simply illustrate the old adage that even a blind pig sometimes finds

Wisdom is a paradox. Mourning doves are among the stupidest watched three males flying into is really necessary... or, perhaps, each other and bouncing off tree branches as they pursued effort to define it? a female who wanted nothing to do with them. Eventually one of them will overcome her indifference, and they will build The 20-year-old in the poem is a rickety nest and raise their of them, in the sepia tones that young; thus, without conscious pre-dated true black and white planning or even awareness, their film, shows her at age two with sparrows that have entertained does not dwell in the past; we me all winter responded to the lengthening of spring days by Perhaps some wisdom is there. molting into their breeding

miles north to raise their families.

Some of them have made the trip before and will remember landmarks along the way, but they have neither choice nor awareness of when or whether they will leave; nor is there knowledge that if they survive they will come back next fall. All of these things happen because of hormone secretions and genetic patterns pre-wired in their brains, and yet it works. It's enough to of birds, and this morning I make a person wonder if wisdom did we miss something in our

Earlier this week I received a packet of old family photographs from my cousin, now 89, who still lives in West Virginia. One communicate regularly by e-mail.

While cleaning up the yard last

1 MHC



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fall I noticed that our grapevine appeared to have succumbed to the summer's heat and drought. I felt a sentimental attachment to it; it had belonged to my wife's parents, and was already old when she was born. They transplanted it twice when moving from place to place in the 1960s, and we brought it to Emmitsburg when her mother died in 1984. All that remained was a single leafless branch, a quarter of an inch thick and four feet long.

My wife, less governed by sentiment, told me to throw it away and forget about it; but when I pulled it up one root seemed alive. I remembered a movie in which a California vineyard burned up and the owner, an old Italian immigrant, recreated the family's fortune from the remains of one surviving may allow me to see the cherry sprout, so I transplanted it to a tree bloom a few more times. more favorable spot and forgot However many more springs there about it until yesterday, when I may be, I will look forward to came upon it while raking up the winter's debris. Most of the four- fall, when there may be grapes to foot vine was dry and brittle, but just at ground level was a be that, if wisdom comes along, I bud, green and starting to swell. On one level, it symbolized determination; on another, hope; and on a third, perhaps the two combine into a form of wisdom.



This May I will watch the blooming of cherry trees and the passage of spring for the 78th time. The psalmist offers another two years, but in fact I know no more than the sparrows about when I will fly away. Wisdom, even for those who have it, doesn't go that far. But I heard that the oldest man in the world just died at the age of 114, so determination and hope them; I will even look forward to enjoy. And the greatest hope will will recognize it when I see it.

To read past editions of The Retired Ecologist visit the Author's section



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IN THE COUNTRY

A bird of a different color

Cunningham Falls State Parks

Have you ever dreamed of what you would do if you were granted three wishes? Would vou wish for super powers, a secure nest, health or unending happiness? I'm not sure how I would commit all my wishes but I know one for sure. And that one, I have a sense, would answer many of the dreams just mentioned. I wish I was a bird, a kestrel to be specific. Kestrels are not only gifted with flight, but posses "super powers", are colorful, courageous, and beneficial to the world at large in spite of their small stature. Kestrels are the rare mixture of grace, power, and pure spunk.

The American kestrel, sometimes known as the Sparrow Hawk, is the smallest falcon in North America. It belongs to the genus Falco, which separates it's lineage from that of hawks despite the similarities in appearance. A few key physical adaptations separate falcons from their brethren and make them finely tuned hunting machines. The term falcon comes from the Latin word, falx, meaning sickle. The sickle shape is echoed throughout the formation of the falcon's talons, beak, and wings. Falcons have long, slender toes with piercing talons. The beak has a thin, sharp tip and is notched. The notch acts like a tooth and is used to pluck the feathers of the favored food source - other birds. The wings are more aerodynamic and slender than that of hawks and allow falcons to reach incredibly fast speeds. In fact, the Peregrine falcon is the fastest animal on Earth as it dives at speeds of 200 mph in pursuit of fleeing prey.

All of these adaptations are apparent in the American kestrel housed at the Aviary in Cunningham Falls State Park. This kestrel, a male, will most likely announce your presence to the rest of the Aviary's residents with the characteristic cry, killy, killy, killy! The call is punctuated with a quick

We know that he is a he because of his coloring. Kestrels are one of the only birds of prey that display sexual dimorphism. This means that there is a visible difference in the coloration and/ or markings between the sexes. Male kestrels have bluish-gray wings and a solid cinnamon tail, while females sport black barring on the wings and tail and are more cinnamon colored

tail bob make the American kestrel easy to identify in the wild.

Rt. 15 perched on power lines that are incorporated into agricultural lands. Edge habitats such as wooded areas next to farms and orchards make perfect habitats for wild kestrels. The birds hunt insects, small birds and rodents in fields and nest in the cavities of dead trees in the surrounding of black, blue, and rusty brown be a successful competent of an A partial amputation of the wing head bob and flip of the tail as he partnered with the telling head and integrated pest management plan was performed by a veterinarian.

and are a beautiful alternative to pesticide use. Strategically placed Kestrels are often seen along man-made nest boxes are often utilized by kestrel pairs and can encourage their presence in a

org/index.php?pr=Kestrel Nestboxes Unfortunately, our captive kestrel didn't get to spend much time in the wild. As a fledgling, he flew into a barbed wire fence and woods. These tiny raptors can severely damaged one of his wings.

farmer's field. Nest box plans can

be found at http://hawkmountain.

Kestrels have a unique ability to hover in mid-air as they search for food. This is accomplished by flying at equal speed with the opposing wind current. Studies have shown that kestrels are not just looking for prey items but can also see ultraviolet radiation. Talk about super powers! This ability is put to a practical use as they are able to visualize urine trails left by moles marking their underground tunnels. Because of his injury, the kestrel can not fly well enough to hover and successfully hunt.

It is an unfortunate trend that less and less kestrels are being found in the wild. Although, they are still considered a "common bird species, scientists and wild life rehabilitators across the country have noted a sharp decrease in wild populations. The exact cause has yet to be determined but two likely culprits are loss of habitat and toxicity related to the ingestion of pesticide laden insects. Kestrels and many other bird species need dead trees for shelter and/or for food. Public lands don't just offer hiking trails, camping, and swimming for people but also precious habitat for wildlife. Dead and downed trees are an important component of that habitat. What can you do?

- · Report kestrel sights to the University of Minnesota Raptor Center at: http:// kestrelwatch.ahc.umn.edu/ kestrel_home.cfm.
- Learn more about sustainable agriculture and ways that you can support it and/ or practice
- Leave dead trees to the birds. Make sure that the tree is not a safety hazard then sit back a watch the tree become a "log

As I finish this article I am reminded of the many mornings I have gone to open the Aviary in rain, snow and sunshine. Before the gate was even opened, the kestrel would let his and my presence be known. To have that occurrence as a daily routine is a dream come

To read other articles by Jen Miller, visit the Authors section of Emmitsburg.net



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THE VILLAGE IDIOT

I can't dance and it's too wet to plow

Jack Deatherage, Jr.

Tve heard that expression many Ltimes over the years and never understood it until this April. I can't dance and it certainly is too wet to plow! So I sit here, surrounded by 90 pounds of seed potatoes, wondering when they'll begin to rot. Or if my tomato and pepper starts are going to be overly leggy before planting

The pea season's mostly gone by, though I may take a shot at a fall planting, to feed the deer and rabbits. I'm feeling some regret for the wildlife around the acre/someday garden. I'm sure they will consume more of our efforts than we will However, I will harvest something from that ground, be it tomatoes and beans or venison. I'm not much for killing things, especially mammals but I'm going to take what is offered. (Besides, it's ridiculous being a bow hunter safety instructor/archery coach who's never taken a deer!)

While we await the call, "Come help me hook the plow to the tractor." I'm left with little to do but cogitate about all that can go wrong. I've been raiding the public libraries with the hope I'll catch a clue from some book on gardening! So far, Gene Logsdon has had the most practical advice for dealing with wildlife in the gotin Mountain



of it. I can't say that's cheered me up as the rain pelts down and the "high water" sign goes up on our street. (Even if the acre had been plowed, we'd not be able to work it because

When I'm not reading about farming (gardening an acre is not farming, but working that much ground requires some farming tools so I'm sort of farming.) I think about why anyone would bother farming

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children even less so. Air and water pollution come into playwith the shortening of my family's life spans. All my grandparents and most of their siblings grew up on, lived on and raised their children on farms, far from city pollutions. My parents' generation grew up with the automobile and airplane. models My generation couldn't live without aerosol cans of spray everything and air cooling systems in houses, cars and work places. I suspect the pollutants

have gone seriously wrong. My

grandparents' generation had

last on this rock I also see a change in our food. The stock market can rise or fall with little impact on me, politics don't require

in the first place. It's so much easier my input as politicians usually ignore to just buy groceries. me, but what I eat affects me as soon All this cogitatin' has led me as I bite into it! The soils our foods are to conclude, at what should be a grown in, the chemicals we use on comfortable age of 56; I've enough the soil and plants, and the genetic years behind me to see some things manipulations of plants have all

members living into their 90s. Not a While some manipulations of few such long-lived, but an average! vegetable genetics have produced In my parent's generation, the aunts varieties that concentrate certain and uncles aren't faring as well, their vitamins or minerals, it is obvious that our modern factory farming methods have seriously reduced the nutritional value of the foods we consume. The drive to produce more at less cost had to be balanced by something. Quality is the easiest factor to dump from the equation.

changed what we eat in comparison to

what my grandparents grew and ate!

Growing plants for food quickly depletes a soil of nutritional value. Farmers use to move on to virgin soils when their cultivated land of the last several generations will be was exhausted. Manuring became with the human race as long as we a natural and practical means of rebuilding soils once virgin land became scarce. Allowing a soil to lay fallow for a few seasons also restored

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on modern factory farms, nutrients have to be returned to the soil by some reliable, convenient method. Since the advent of petrochemical fertilizers most farmers have given up the older, more natural methods of fertilizing. They've reduced, or stopped altogether, the spreading of aged feces and vegetative matter on the soil. (I'm referring to factory farms mono-cropping thousands of acres each year. It is impractical for such operations to haul manure to their fields.) With most of America's cropland depleted, or being depleted, of nutritional value and heavily supported with manmade chemicals, the top of the food chain has been separated from the rest of us animals. (The top of the food chain is not human. It's microscopic.)

Soil, flush with diverse microscopic life capable of growing healthy plants that are nutritionally complete in their natural form is becoming rare in this country! Our demand for more and more food, at cheap prices, led to our poisoning the country's most productive soils after we depleted them of their natural essences. The use of unnatural fertilizers, herbicides, fungicides and pesticides may have made some small sense 60 years ago had they been applied sparingly or only from absolute necessity.

If the top of the food chain has been disrupted, everything below it has to be in chaos. We went for quick, cheap and convenient over natural, balanced and mindful of those who follow us. (By the bye, Just as it usually is in most factory "convenient" is among the most evil words in our dictionaries.) Today, manmade chemicals are still allowing the production of unimaginable quantities of low quality food, but the payment Nature commands is So, what can I do to change

all that I think has gone wrong? Actually, not much. I believe we are doing just what we're supposed to be doing. Do I understand that? No. But I don't understand much of anything, though I struggle to grasp the thinking of others studying all this "grand design" and our place in it. "Saving the planet" can't be done. The planet will save itself if it needs saving. Saving myself might be something I can achieve, if I ever figure out whether or not I'm worth

So it's back to school boy. Only this time the classroom is an acre of long, as the past ones did remains to

'A great bunch': Boy Scout Troop 76

rustworthy, loyal, helpful, friend-**■** ly, courteous, kind, obedient, cheerful, thrifty, brave, clean, and reverent: these are the qualities that twenty-six Fairfield boys pledged to embody on April 19th at their bi-monthly Boy Scout meeting.

These boys range in age from ten to eighteen and are, as one dad described them, "a great bunch." When I asked one of the younger boys and newest members of Troop 76, David Randall, what kinds of activities the troop does, he enthusiastically responded, "all kinds!" After speaking with many members of the troop, I would have to agree. The range of activities that this troop participates in is impressive, to say the least.

Gail Wolcott, secretary for the troop, attested to the volume of activities and involvement in the community of this group. She said, "this troop is much busier and more involved than some of the other troops in different areas my son has participated in."

So what do these boys do? For one, they are very involved in the community. They are all trained in first aid, an asset to any community. But this troop has also done everything from organize blood drives, to gather toiletries for the local homeless shelter, to collect food for the Fairfield food bank. One memorable activity involved work for the Eisenhower farm. In exchange for a free guided tour of Eisenhower's home and farm in Gettysburg, Troop 76 white-washed the fences that surround the property. All members of the troop participated in these activities equally, but specific members of the troop, those attempting to become Eagle Scouts, are responsible for organizing community outreach activities to fulfill project requirements.

Matthew Benjamin, the senior patrol leader, spoke of helping on Eagle Scout projects as some of his most memorable experiences in scouts. Each troop member attempting to rise to the rank of Eagle Scout must complete a series of vigorous requirements, one of which is a community service project. Benjamin has helped other potential Eagle Scouts in their to enhance the group as a whole, but projects. For example, he assisted in the restoration of the storage shed on Fairfield baseball field.

Benjamin has found these experiences particularly rewarding because each time he sees his work, he is reminded that he helped another scout achieve an important accomplishment as well as contributed in an important way to the community. Benjamin's own Eagle Scout project will be the creation of a "fit trail." This will include inserting various plaques around a mile-long trail which will offer directions for various aerobic activities. His goal is to help improve the physical level of the community.

Another rewarding aspect of scouts that Benjamin spoke of was its emphasis on character building, especially leadership. Benjamin says that is one of the areas in which he has grown as a result of scouts. He has learned to



Fairfield Boy Scout Troop 76

"look out for guys above and below" of America, it is no surprise that citijust by being in scouts. He has also had zenship is also an important part of the to opportunity to participate in leadership training which has given him

great confidence. In the troop he is the

senior patrol leader, and as such, prac-

tically runs the scouting meetings. He

the boys to stop talking and "put their

[boy scout] signs up." When an adult

leader stood to lead to boys outside for

an activity, Benjamin instructed the

Leadership is something that the

adult leaders emphasize in Troop 76.

The adults undergo special training

which helps them to allow the boys

to lead their own troop. Adults are of

course present, but they let the boys

lead themselves. The adults are there

for guidance, for safety, and for trans-

portation, but the boys lead many of

This is not to say that there is a lack

of adult involvement in Troop 76. In

fact, nine adults are heavily involved

with this scouting troop, which is a

huge asset to the boys, according to

Scoutmaster Jay Stroup. These adult

volunteers hold jobs which cover a di-

verse range of professions. Some par-

ents are involved with the military,

while others are nurses, scientists at

Fort Detrick, or deal with energy re-

sources. Yet another leads the Fire De-

partment. These adults with various

skills and backgrounds certainly help

also give the boys many different role

models. The adult leaders are a "great

resource for these boys in determining

These parents are clearly busy, with

demanding jobs as well as home lives,

so why do they give their time to sup-

port scouts? Many volunteer because

they have sons in scouts and want to

help the worthwhile program suc-

ceed. Gail Wolcott, secretary of the

troop, says she's involved because she

just tries to do what she can, when she

can, and she believes that's why the

other adult volunteers are there also.

Stroup also spoke of his role in helping

shape these future leaders of America;

these boys will "replace us in our jobs,

and they need training and life skills.

They also need to know the value of

charity, community service, and lead-

ership." With this focus on the future

what they want to do with their lives,'

the activities in the troop.

authoritatively called several times for

The boys learn important skills like how to fold the American flag, but they are also doing some reading about our country. Troop 76 is currently reading 5000 Year Leap which deals with the Constitution and the principles of freedom laid out in the document by our founding fathers. The boys "have really taken to the book," boys: "be attentive, be respectful, pay Stroup says.

They will be commemorating local history by participating in the sesquicentennial commemorations in Fairfield. They will be performing a special have fallen. In the past they have honored heroes of this country by placing luminaries at Antietam Battlefield and remembering those who died in the

Battle of Gettysburg. Boy Scouts is not entirely about doing service, learning, building character, and reading, though. They also have fun and release energy. The boys began their April 18th meeting with a game of ultimate Frisbee, and they incorporate physical activity on a regular basis. The troop has spent a great deal of time hiking, walking a total of 37 miles just this year! Other outdoor activities have included: canoeing, swimming, rock climbing, and Flag Ceremony to honor those who camping. Many of these scouts cited itol.com).

they enjoy the brotherhood of scouting and create close bonds with their fellow scouts. They also learn wilderness skills, like how to start a fire without matches, put up a tent, pack a backpack, and other important outdoor skills. While in the woods, they naturally develop a concern for the environment, as well.

IN THE COUNTRY

Conservation, or care for the environment is "a theme that resonates through all of scouting," says Stroup. Scouts are taught very young the importance of taking care of the community and nature. They learn that "scouts are the keepers of the earth."

Between the community service, excellent leaders, character development, citizenship, and physical activity, Troop 76 is an asset to these boys personally as well as to the community at large. Benjamin summed it up best when he said, "there are good and bad scouts, but we still learn more than the average person. You know a scout is willing to go above and beyond what is expected." It seems that this troop is composed of some of the best people of the area, both scouts and leaders, all of whom are devoted to their organization and their community.

Boys ages 11 to 17 or who are 10 years old and have completed the 5th grade and interested in joining Troop 76 should contact Scoutmaster Iav Stroup or Assistant Scoutmaster Matt Hull at 717-642-6593 (hull@vikacap-

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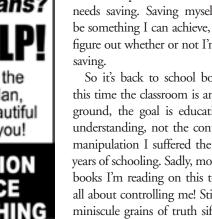
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ground, the goal is education and understanding, not the control and manipulation I suffered the first 12 years of schooling. Sadly, most of the books I'm reading on this topic are all about controlling me! Still, some miniscule grains of truth sift out of them. Whether I'm smart enough to spot them, comprehend them and pass them along so my family's future generations might live as well, and as

We come from the soil. If we don't understand what soil is we understand nothing else.

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Growing container vegetables

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The interest in growing plants I in containers has been growing due to the increased awareness of growing our own food. Knowing where our food came from and how it was grown has become a conscious effort for many individuals in the past five years and the interest is growing all the time.

However, with limited space, it becomes difficult for an individual to grow their own food, making container gardening a huge inter-

Trial plantings in 2008 and 2009 took place at the Penn State Southeast Research and Extension Center near Lancaster, PA and the Franklin County Horticulture Education Center in Chambersburg, PA. Many fruiting vegetables were trialed in containers. Following are the recommendations for growing container vegetables as a result of those trials.

1. Start with large enough containers. Containers no smaller than 14" should be used for vegetables. The larger the better. The large soil mass helps to anchor the pots in the wind, provides enough volume for the large root systems of fruiting vegetables, and with so much fruit and foliage, the larger volume will help to hold enough water to get through sunny days when the plants are large. Be sure your pots have plenty of drainage holes in the bottom

and are nearly as tall as they are wide. Shallow, wide azaleas pots do not make good vegetable pots.

Look for mixes that are labeled for larger pots as they usually contain coarser bulking materials such as composted bark or coir (at least 25%). Unlike peat moss, coir, the waste product of coconut processing, degrades very little during a single growing season. One of the real challenges in keeping plants in pots for a long time is the biological decomposition, thus compaction of organic materials like peat moss. Some peat moss is good, but mixes made primarily of peat moss are much better used for producing young plants for replanting than for large containers. Water retaining crystals may be helpful as they will help to hold water that can be available on hot summer days when plants go through water quickly. You should be able to find potting media mixes designed for large containers in

any good garden center. 3. Vegetables will not grow without nutrients (fertilizer). One of the big advantages of using soilless media is how well they drain excess water which greatly reduces the opportunity for soilborne diseases to get started as well as encourages excellent gas exchanges in the root zone. However this same

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attribute also reduces the abilnutrients. Most mixes come with enough fertilizer blended in to get through about 2. Use great potting media (soil) two weeks. Based on our exand the right potting media. perience with other large pots, we applied a pelleted, time release, fertilizer when we planted the pots. We used the rate

> An important note on time release fertilizers: the time that they last is based on temperature (usually 70F). The warmer it is, the faster they release nutrients. A 4-5 month pelleted fertilizer may only last 2 months if the temperatures

based on the pot size.

Look for soluable liquid fertilizers that are designed for fruiting vegetables such as tomato fertilizers. If you prefer using organic fertilizers, try using a combination of fish emulsion, kelp meal extract, greensand, and bone meal. Kelp extracts and meal are very advantageous as they are good sources of ported.

- 4. Start with pot-friendly varieties. Look for varieties that are labeled for containers or described as compact. In general, the seed companies' descriptions are accurate.
- 5. Watering and irrigation. At home, hand watering plants as needed rapidly becomes a daily task as the plants bulk up. Water until it runs out the bottom of the pots. As the plants fill the pots and start making fruit, they sometimes required twice daily waespecially high with tomatoes. It is not usually recommended to place trays under pots outside, but it may be necessary under tomatoes if you can only water once a day in July and August.

Tomatoes are probably the #1 conity of the media to hold onto tainer vegetable that interests gardeners. There are some excellent varieties that are easy to find in seed catalogs and garden centers to get you started in producing great flavored tomatoes.

on the package, which is

Bush Early Girl: Excellent variety. It has real tomato taste, good size for slicing and good yields. While relatively compact, the plants really need to be supported as the fruit load gets heavy enough to break

a saladette-sized fruit. Excellent yields for a compact plant. Window Box Roma: Large quan-

tities of past-type tomatoes. Bushsteak: while it took a long time to get any ripe fruit from Bushsteak, the fruit were large and meaty with a fully balanced tomato flavor. This variety may benefit from the use of row covers ear-

ly in the season to promote faster

growth. This variety must be sup-

Super Bush Hybrid: the earliest yielding of the slicing container tomatoes in the trial. Good flavor and good yields in a medium sized slicer. Must be supported.

Tumbler: Very small plants with minimal flavor. You can plant as many as three plants in a 14" post. No support required.

Container tomatoes benefit from upright support. Since container varieties tend to be shorter, conical wire trellises with two rings have been sufficient. Be sure to install these in the container shortly after planting or you are likely to damtering. This need for water is age the pants by installing them once they are really needed. Some of the smaller cherry type tomatoes are so small that no support

> While insects are seldom a big problem with tomatoes, diseases

requires attention or it will defoliate the plants just as the fruit is really coming on. This disease is very easy to diagnose. It starts as scattered speckles or lesions on the lowest leaves. The speckles then become larger and more numerous and spread upward, eventually leaving dead leaves behind. Without those leaves, the plant cannot produce sugars and the other compounds that go into creating flavorful fruit. Eventually this disease will kill the plants. For the first flower buds, apply either Chlorthalonil (Daconil and Fun-Patio Princess: Good flavor in gonil in garden centers) or copper solutions weekly. If the weather is dry, you can reduce fungicide application to every two weeks.

> Harvest your tomatoes as they ripen completely. This timely harvest allows the plant to move resources to other fruit. Never leave rotten or overripe fruit on the plants as they will degrade other fruit. For the best flavored fruit, leave them on the vine until fully colored. At the first sign of frost, harvest any fruit that looks even somewhat ripe, then toss the plant, or cover the plant with row covers during cool periods. The row cover will increase the heat and protect the plants from frost until it

Specific Plant Needs: Cucurbits Cucurbits (cucumbers, zucchini and squash) are probably not the first choice for many gardeners when it comes to growing container vegetables. However, the convenience of having one cucumber or zucchini ripe nearly all the time and easy to harvest at your kitchen door makes growing your own container cucurbits worth consid-

Unlike more standard garden varieties, you may have to hunt around for a greenhouse that grows these varieties or start the plants yourself. Look for varieties that are

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lising system to grow the vines on lots of leaves with very few flowso they don't take over your deck or ers. They will start bearing fruit patio or set them on an overturned pot to raise the containers a bit.

Variety comments and recom-men-

Spacemaster Cucumber: Short hardy vines with slender dark green fruit.

Salad Bush cucumber: this All-American winner produces fullsized, garden-type cucumbers tolerant of Powdery mildew.

Sugar Crunch: this is a very sweet cucumber. Very high yielding and in the flowers. Through feeding, somewhat compact.

Cucumber Bush Champion: fullsized cucumbers on a compact, bushy plants. Very high yielding.

Picklebush: very compact plants that produce large quantities of pickling-typed cucumbers.

Zebra Zuke Zucchini: Summer squash hybrid as versatile as any zucchini. Best when very voung, about 7-8"long. High yielding and compact.

Golden Scallopini Bush: saucer shaped, golden colored fruit with scalloped edges. Very tender and ideal for stir fries not pollinate the flowers. when picked young.

Sweet Zuke Zucchini. This has a nutty flavor and tasty both cooked and fresh. Heavy yields. Relatively compact plants with fast ripening fruit.

When growing cucurbits, be very To read other gardening articles viscareful using high nitrogen fertiliz- it the Gardening section of emmitsers, as they respond by producing burg.net.

after about 45 days, depending on the variety, and will get worn out quickly. To keep fruit coming, be prepared with new planters started 4-6 weeks after you started your first pots. This second planting should keep going right up till the end of the season.

Cucumber beetles will beat a path to nearly any cucurbit by mid-Iune. Look for spotted or striped slender beetles then start on compact plants. Somewhat a management program. For just a few, try squishing them in our fingers. They are not always easy to catch and like to hang around these beetles will transfer a bacterial disease that will kill you plants. Since bees are required to pollinate cucurbit flowers, you must be very careful in your timing and choices of cucumber beetle control. None of the current conventional or organic pesticides are bee-friendly. Carboryl is very effective, non-organic choice. Liquid formulations are somewhat less damaging for

> Using row covers by completely enclosing the plant, will control the beetles; however they must be removed at flowering or bees can-

> Other vegetable plants that respond well to containers are eggplant and peppers. Follow the general planting instructions above and you can have a great garden on your patio or deck!

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pursuit, I began to ponder this task we call weeding. In a sense, the word "task" seems inadequate when describing what is, in effect, a war into which we gardeners find ourselves accidently drafted. You may win the battle in a particular part of the garden - but don't congratulate yourself too quickly. Turn around and the enemy is crawling up on your left flank,

senses keyed to the sound of juvenile footsteps on the

staircase, or you will spy me kneeling in the flower

beds, pulling out wild violets and chickweed by the

fistful, blissfully unaware of juvenile footsteps on the

staircase. This morning, while occupied in the latter

Marianne Willburn

armed with thorns, or tap roots or seed heads that violently explode as you touch them, scattering seed shrapnel fourteen feet into freshly hoed soil. I am not going to insult your intelligence by insisting, as most DIY writers do when writing about a particularly unpleasant task, that it is therapeutic.

If ironing, emptying dishwashers, sanding drywall, weeding, or any one of a number of mind-numbing tasks were indeed therapeutic, the therapists would all be out of business, and I would have been paid by someone desperately needing psychoanalysis to do the finish work on my bedroom walls last week. All that said, weeding can be a satisfying activity, and a gratifying one at that – as long as we understand that there is no quick victory in sight. As a student of history and a particular observer of

the ways in which wars are waged and won over the course of human events, I realize that the first step in any war must be to demonize the enemy. Weeds are no exception. It's no good thinking about their desires and wishes as just another plant in God's great creation. Sure, they want to propagate themselves just as your phlox wants to do. Is it their fault their flowers aren't as showy and pleasing as the Iris they currently envelope? Can they be held accountable for growth habits that take advantage of the tiniest bit of moisture, the smallest ray of sunlight? After all, a weed is just a plant growing in the wrong place. It's a living manifestation of the synergy between sunlight, soil and water. Can't we all just get along?

Nope. Get those soppy, schmaltzy sentiments out of your minds completely. It's war out there gardeners, and I need all hands on deck here. Weeds are the enemy. They are nasty, manipulative competitors for the nutrition, sunlight and water that your darling baby plants need to survive. See those wild violets out there in the trenches? Yes, the ones with the sweet

purple flowers in the early spring and the heart shaped foliage in great mounds of deepest green. They're working you gardener. They're trying to take advantage of your eco-heart and plant-hugging sensibilities. While your trowel hesitates in sympathy, they are

War on Weeds sending out networks of underground rhizomes and great waves of seeds by the metric ton. If they could get In the early hours of the morning at this time of into your house they would. They're laughing at you Lyear, you can find me in one of two places. Either gardener. Take care of it. I am sitting at the writing desk in my living room,

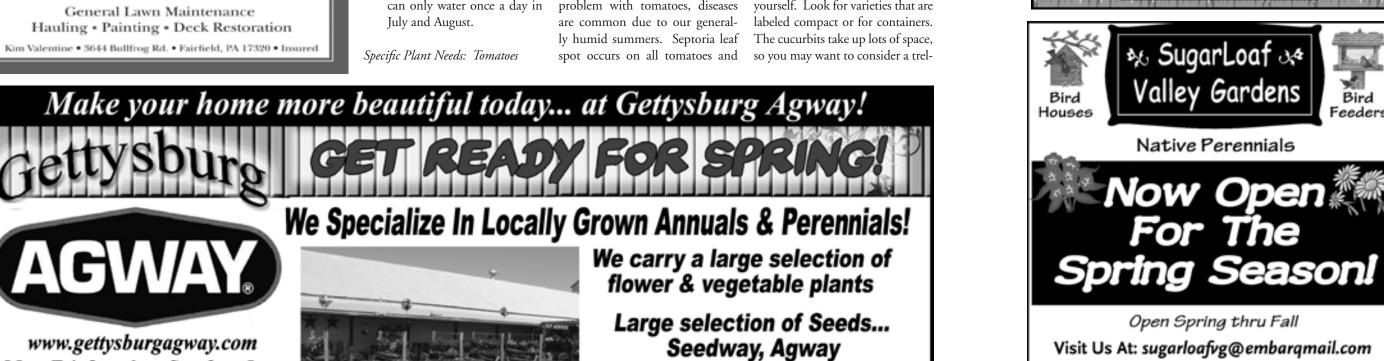
But don't go out there without full body armor and a plan of attack. Any weeding foray (aside from the most casual plucking in a spare minute) should involve several pieces of equipment: a good sharp trowel or hoe, a pair of gloves, a small basket or tote, and, depending on the strength of your knees – pads or a mat. In this part of the world, a gnat-hat is also mandatory as far as I am concerned, but it does double-duty as a sunhat. There's nothing those weeds like better than seeing you faint dead away over a particularly brutal dandelion, and I for one won't give them the satisfaction.

Let's say, for the most part you are overrun by weeds n your vegetable and flower beds and you don't know where to begin. The very thought of it is sending you back into the house for a restorative beverage. Don't panic gardener. The plan is to break the whole into parts. First, if you have one, mow the lawn. It is impossible to visualize victory when you have to put on hip waders to reach the battlefield. Good.

Now come to terms with the fact that you probably won't finish today – set small goals and stick to them. However, one of those goals must be to make a dent in your emergency weeding and remove all the flowering weeds before seed heads develop and scatter their progeny to the far reaches of your kingdom, leaving you in tears next season. When you've temporarily won this battle then you can approach beds individually.

Weeds are a bit like the heads of the Hydra - if you merely chop off the crown, you will often end up with two – or one with a stronger root system. Some weeds, like clover, are tender seedlings and can be scraped off the topsoil very efficiently, but don't try this with poke weed, or dandelion or plantain (or horror upon horror – Ailanthus). These warriors sport tap-roots that must be dug up.

Finally, do your research and know your enemy. Understand the growth-habits of each of the mercenaries that visit your garden every year. Some weeds are far easier to pull if you let them grow a bit - others, like Bermuda Grass, will accept that as an invitation to annihilate your flower beds. There are weeds that you can eat (like chickweed and purslane) and weeds that can kill you (like jimson). Before you head once more unto the breach dear friends, read, read, read - arming yourself with knowledge as well as that sharp trowel I talked about earlier. After all, chemical warfare is strictly against The Geneva







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"A Dog's Life"

Jennifer Vanderau

Days pass and nights go by and nothing ever changes for him. He's started to realize it's actually possible to get used to something the longer it's experienced. You just adapt. Because you have to.

He has fleas. Has had them for years. Living outside, tied to a dog ply of water. box like he is, it's not unusual. He remembers early on when he was first tied out - after he'd had too many accidents in the house - the fleas used to drive him almost out of his mind. Crawling all over his skin. Making

In that first year, he had scratched out huge clumps of his hair just trying to get some relief and his skin would be bare in patches. He doesn't know if the lack of hair helped or made it worse.

Now it's like the fleas have almost become a part of him - who he is, if you will. He's not sure he'd recognize himself without them. They lesson somewhat in the winter months, but he thinks there are generations of fleas living on him. And he feels like a part of history or something.

It's strange the thoughts that come to him on random afternoons. He supposes in a way, he's luck-

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ier than most. His fur has grown back from the fleas and it keeps him warm in the winter months and his box is situated under a huge tree, so he's shaded in the summer. His chain never gets tangled - he's got a good five-foot stretch of dirt worn down around his house from pacing. He gets food every day and a fresh sup-

The family talks about having him for protection, he's heard them from time to time, but he's haunted by the question how can he protect anything when he's tied to the box in the

Every now and then, he's seen dogs and cats running around trying to scavenge for food - they're thin, obviously malnourished - clearly starving, bones poking almost out of the skin. They have a look in their eyes that speaks of desperation, a frenzy, a need beyond what they can even comprehend. And he thinks, at least he's not hungry.

He supposes he should count his blessing where he can find them.

But some nights, especially those cold, winter evenings, he sees the warm light on inside the house where he used to live. He sees the family at the table. Watches them laugh and

> a place in the world where somehe hurt. That he was lonely. That he

that don't exist for dogs like him. Still, it's a nice idea as he watches an army of ants work their way across with grass for the first time in literally

play and share. It would have to be almost like heaven to get to experience that - even for just one night.

He thinks maybe if he could know what it was like—just for a little while—he thinks the memory of it alone would be able to keep him warm for years to come.

Sometimes he gets sick. The cold gets to him or a stray animal probably passes something off to him on their way through. The winter of 2003 was a bad one. He remembers how tough it was to force himself to crawl out of his house for food. No one seemed bothered by his lethargy. They filled his bowl and left. As per

Now, he's gotten to the point where he's old. There's gray in his matted fur and his joints ache just about every day. He can't pace around his doghouse nearly as quickly as he once could and a few days ago, he realized his bark sounds weak even to his own ears. Although he suspects he may be losing his hearing. He doesn't pick up on sounds the way he once could.

The kids visit him from time to time when they're outside in the summer. They pat his head or say something to him, but those moments are quite rare and he finds himself wondering what his life may have been like if he hadn't ended up where he did.

It's probably his old age and nearing senility, but some days he can't help but speculate if there might be one would care -- about him. That really just wanted a hug and a warm fire and someone to ease his aches

the insanity of the thought. Life has certainly taught him that places like

howl. He's a gorgeous boy who's bounced around from place to place -- he's been back and forth, in and out of the shelter a number of times. He really needs someone to take a chance on him and give him his forever home. Are you the right person for Blue? his wooden dog box one afternoon. Oddly enough, at about the time this weird, somewhat out-of-place wishful thinking surfaces, something strange happens. It's early one morning when he gets the energy up to lies his age, he bounds across the bark at a deliveryman in front of the house. Whether from wear or luck,

at the end of his chain, he hears a snap and senses a give in the line that he's never felt before. It takes him a full ten minutes to realize he's actually no longer teth-He shakes his head at himself, at ered to his doghouse - the chain had broken and he's free. His first steps

he'll never know, but as he's pulling

beyond the circle of dirt are tentative. He's not sure whether to believe. When his paws actually connect

a decade, the most exhilarating sensation courses through him. He honestly didn't even know he could have such a reaction anymore.

With a spring in his step that beyard, bypassing the house, not even considering stopping. He has a moment where he thinks this is it. He's been given a second chance. He'll get to know what is beyond his little tract of land where he's existed for so

His feet fly under him in that initial adrenaline spike and race for freedom as he rounds the front of the house, just making it to the road, but he can't hear the truck coming.

Blue is a 5-year-old blue tick coonhound who definitely has the hound

A few years ago, shelter staff picked up a mixed breed dog who had been hit by a car. The impact had killed him. He had obviously lived outside all of his life -- there vere signs on his fur and skin of a hard existence. No one came for him. No one called. No one cared. This story is for him, that lost anonymous soul, whose name we never knew. If just one person reads these words and it makes a difference in one dog's life, then it will be worth beyond measure.

Jennifer Vanderau is the Director of

Communications for the Cumberland Valley Animal Shelter in Chambersburg, Pa, and can be reached at cvasoc@innernet.net. The shelter accepts both monetary and pet supply donations. For more information, call the shelter at (717) 263-5791 or visit the website www.cvas-pets.org. CVAS also operates thrift stores in Chambersburg and Shippensburg, Pa. Help support the animals at the shelter by donating to or shopping at the stores.



One of the uncertainties of being on call is whether or not you will even get a call. The majority of nights I get to sleep without being awakened with an emergency. That being said, when on call, I don't usually make plans to do anything other than ride my horse and I don't even take him outside of the neighborhood. Inevitably, if I make plans to do anything, I will have calls all evening and night. Therefore, it is easier to not make plans.

Recently, my mom wanted to come up and visit me. As her work schedule involves a lot of evening shifts, the only evening that worked with her schedule to come visit but warned her that a call with me. Luckily I had

A horse was colicking. The owners had gone on vacation gone. Now that they had brought them home, one had gotten sick with a tick-borne infection and the other was colicking. My colleague had been out earlier that day and treated both horses but the colicking horse was not I had caught a cold earlier in

the week and while I felt fine, I was constantly having to blow my nose. As I usually go on calls by myself (or with a student), I was used to being able to take both hands off the wheel and drive with my elbows in order to blow my nose without being reprimanded by a passenger. However, my mother was alarmed by this behavior as I swerved in and out of my lane while blowing my nose. I tried telling her to relax and that at least I wasn't speeding (I had gotten a written warning earlier in the week for speeding and so am still paying close attention to speed limits). She continued to critique my driving habits, and gasp whenever I took my hands off the steering wheel all the way to the farm.

Even though the family regularly uses our clinic for vet care, I had not met them prior to my evening on call. As I drove down their long, narrow, unpaved road, I was not sure of what I would find. Their farm was tidy and well laid out. In the front pasture, I could see a large, shiny, mare, and "Colby" an attractive, older, palomino. Both were clearly well loved and

well cared for.

Colby was older, and therefore

The next day the owner called again and requested that I come recheck Colby. Colby's owner said that he was acting better and seemed to be seeing some improvement. My physical exam was not encouraging. His heart rate was double what it should be. Colby's gums had started to turn a little purple, and when I passed a tube into his stomach I first horse. As Colby was acting

It's our job to help them have a

My patient, the palomino, was depressed and in pain. Despite his pain, he had a kind and pleasant expression. He allowed me to examine him fully without any fuss. Examination per rectum revealed distended bowel, which could mean a simple impaction/ sluggish intestine. It could also mean that a lipoma/fatty tumor was obstructing the bowel and only major abdominal surgery at a surgical hospital could offer any chance of recovery.

at higher risk for complications and death from the surgery. Also, major abdominal surgery often costs between \$8,000 and \$15,000. Many owners are unable to afford colic surgery. was when I was on call. I told her Colby's owners said he was not a that she was of course welcome surgical candidate and to do what we could for him on the farm. I she might end up going out on gave Colby some painkillers and put a tube down to his stomach prepared her. No sooner had we to give him DSS, a laxative. I finished dinner when the pager left the owners with additional painkillers and gave them instructions on what to monitor for. While I was suspicious of a and had taken their horses to stay strangulating lipoma, the only with a neighbor while they were way to fix that is through surgery, so Colby was being treated for an After draining the reflux fluid off impaction colic.



better, the owner was reluctant to have me euthanize him immediately. I left the owners with multiple injections of pain killers and told them they could give them to Colby as needed but when he got too painful, they would have to call me back to euthanize him. The next day l got a call from the wife. Colby had died peacefully at home.

Sometimes, it is hard to be a farm vet. As vets, we see a lot of sadness. While I was sad to see Colby suffer with something I could not fix, his owners and I were able to control much of his pain. We were able to help him have a peaceful end. Unfortunately, owning animals means having to deal with their loss. We get a lot of pleasure out of our animals during their lives. It is our job to help them have a peaceful end. I am happy to know responsible people like Colby's owners, who gave him a good, happy, life, and a good

Dr. Brokaw practices her love for animals at the Walkersville Veterinary Clinic.



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I told the owner that Colby

was dying and that he should call

his wife home from work to be

with him. I could see the tears

welling in Colby's owner's eyes as

I told him the bad news. Colby

had been a member of the family

for many years and was his wife's

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EMMITSBURG AND FAIRFIELD...

Rounding the bases with families &

players having been involved in the start-up of the league. I was extremely

Spring has arrived and along with it, rain- and lots of it! However, despite the weather delaying or cancelling a few games, Little League in both Fairfield and Emmitsburg has begun! Teams of all levels and ages have had their swings at the plates and are off to a great start for the long season

Hopefully you have been able to catch the last two articles on the Little Leagues, if not be sure to check them out on emmitsburg.net. If you haven't been on board, two months ago we took a look into the lives of our dedicated coaches, and last month we checked out the local sponsors who donate their skills and money to keep the league running. There is just one small part missing in our run around the bases, and is probably the most direct line of support: the parents and players themselves!

Parents play a vital role in their children's lives, but also within the league. I was able to talk with some of the parents and grandparents who have players in the league. Each group I spoke with was so energetic and positive about what the league had to offer for their children, themselves, and the community as a whole. They, like most, appreciate the time and effort that the coaches and sponsors put into the league, and realize without them the league would not be alive

the way it is today. One couple who has much compassion for the league was able to give me some good insight from a grandparent's perspective. Both Art and Dot Damuth have lived in Emmitsburg forever and have incorporated Little League into al-Art is a generational Little Leaguer, tience and dedication from her be-

fortunate to be able to speak with Mrs. Damuth about her and her husband's passion for the league.

She began by telling me about Art's history. "Art coached in almost all the leagues and has been involved in baseball forever!" Dot, Art's wife exclaimed. She continued to tell me what the league was like back in the day. "Years ago we used to have a food stand over at the park, the parents managed it and helped serve the food to everyone who came to the game. It's been great to see the wonderful community of baseball in Emmitsburg continue. I am happy to see these younger children playing baseball and being a part of the

Currently, he and his wife Dot

enjoy watching their ten-year-old grandson Jake, participate in the league for the first time. "It's a joy to just see the games, and Jake is so excited!" I thought I should mention they never miss a practice either! Dot and Art's truly appreciate those who impact the league. "My favorite part is going to see the coaches, the managers and umpires taking care for the kids. The way they give instruction and tell them what to do is amazing. It touches my heart to see the patience and all they have for these kids.'

Mrs. Damuth can appreciate the

patience exercised on the field, as she has previously been involved in the local schools for many years. "It takes special people to do these kinds of things, and these people are amazing. I know some of them because they were my students back when I was working in the school." If those coaching the leagues now were lucky enough to they learned the importance of paparticular work together every day



Doug Wivell, his son, Jacob, and his father and longtime Emmitsburg baseball fan, Art Damuth

cause she was quite patient with me asking her all these questions!

Dot also realized just how important it is for everyone involved to remain positive and upbeat with the players. She expressed that coaching is not an easy job, and couldn't stop telling me how impressed they were with how patient and positively the coaches dealt with the players. "I always say 'good job', after every game no matter if they win or lose. The coaches and managers say the positive things, and that's important. What matters is that they work work together in the process."

Working together on the field for players is always crucial in order for success. However it is nice

observing the league "I know a lot of the parents, coaches, and all, and the thing I love about it is that everyone is a family; it is not a couple of people here and a couple of people there- it's a family thing and everyone is together for the kids." I believe her perspective hits the

message out of the park! Not only are families and coaches important to the Damuths, the sponsors are also included in the line-up. "I think the sponsors are wonderful for being so involved in to support the league.'

Of course, on opening day Dot and Art were in attendance ready for their favorite time of the year to see that working together goes to begin. Dot had tears in her eyes further than just those in uniform. as they announced the managers have Dot as a teacher, then I'm sure Parents, coaches, and sponsors in and coaches of the teams. "They deserve a lot of credit, and it just warmed my heart!" Like many, the damentals of the game. I also think

Dot can tell you for herself from Damuths hope to see the league continue the way it has in the past because it is something the community really needs for children to-

The Damuths passion for the league is evident. However, they are not alone in their dedication and appreciation for the league. Tara Wivell is a dedicated mother of four active children. Noah, Alex, and Emma are three of the four members of the Wivell family currently playing in the league today. The fourth is not yet old enough to the community. It is touching to play, but something tells me when hard and play hard, and that they see the community come together the time comes for the youngest to play they will have to write one more team schedule down on the

> While Mrs. Wivell excels as dividing and conquering her schedule, she enjoys many aspects the league has to offer. "The thing a good league teaches them the fun

...BASEBALL & SOFTBALL LITTLE LEAGUES



Carly Trout and her "Angel" Softball wiz Kathryn

that sports in general teach life lessons, specifically sportsmanship, competition and fair play."

Competition is an important aspect for many of the players. Mrs. Wivell explained that although winning and losing isn't everything, it is often nice to have a good win. "My kids care about winning and losing in a good way- it pushes them to do their best because they want to win, and they love the game, which is why they want to do their best." A competitor herself, Mrs. Wivell's favorite part of having her children participate in the league include just watching the game and watching her own children play! "I love that when you go to the games you know virtually everyone. My sons have cousins on the teams and so do many of the other players. It truly is a community and family thing.

Not only is baseball in Emmitsburg and Fairfield a community activity, it is a generational as well. Mrs. Wivell shared a great story demonstrating this. She explained

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mitsburg and played on the exact same fields her sons are playing on now. When Noah was nine years old he hit his first out of the park homerun on the major league field. The first thing Noah said to Mr. or high five; instead Noah promptly informed his dad that he beat his

father's homerun record. You see, when Mr. Wivell hit his first homerun he was ten years old, an entire year older than Noah, who wasn't afraid to boast about it! "Noah was excited about hitting his first homerun, but he was most excited about beating his dad!" Mrs. Wivell commented, "It was a cool thing to know Noah played on the same field as his dad played on. There are a lot of other families ing. I often find my husband talking to other parents at the games just pretty exciting."

ra Lovte has two children, Jayson and Jazmyne who are active

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"The kids are taught a lot and the coaches take the time to go over the sports, which help them advance to the next level." Like the other parents, she too appreciates what the game of baseball and softball teach-Wivell wasn't an excited comment es her children, especially commitment and working together.

> "My favorite part is being at the games. With Jazmyne, I am in the dugout interacting with the kids, and with Jayson, I like being on the sidelines cheering for the boys." Mrs. Loyte also enjoys having getting to know the parents and families. "It is a wonderful thing to get to know the parents and people who are in the community outside of school functions. It's nice to do something different." Mrs. Loyte is actively involved as

who have generations of kids play- a parent and would like to see other parents do the same. She explained that tee-ball needs more parents to saying, 'oh you were a dodger!', it's be coaches in order to have more teams created. Right now, there Another proud parent, Lau- are only four teams so the kids are playing the same teams again and again. She thinks it would be nice in the league. She really enjoys the to see more interest from parents that her husband grew up in Em- instruction her children recieve. who would be willing to help ex- merick explains how happy he is up the road!

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pand the league.

She also sees the importance the league offers to the community. "Emmitsburg baseball helps everyone, if people cannot afford to join the league, they will work with the parents and let the child participate. No child is turned away." That is an amazing aspect about the league that I know everyone involved would like to emphasize. Mrs Loyte also points out that Little League provides opportunities for children to interact in positive ways, and also does the same for the adults involved.

parent who has a young athlete in the league. Having had an older son participate when he was younger and a son now playing for the Red Sox, Mrs. Reaver has a good perspective on what the league has to offer. "I think the league teaches them respect for other people, that is a big thing on the team right now, and it is expected to roll over into how you want to be treated in life."

"It's a nice community, and I know a lot of people who are involved, they really care about the kids." Mr. Reaver grew up in the area and has previously coached, which allows for the Reavers to know a lot of members in the local baseball community. "My favorite part is seeing my son play and watch the kids enjoy the game. Going to the games brings back a lot of memories for my husband,

It is nice, all of it. The leagues in both Emmitsburg and Fairfield provide so much for the community, and it is all because of the generosity found in our neighbor's hearts. Kathleen Trout is an example of just how nice the league is. As a member of the 8U Angels softball team, Kathleen enjoys playing with all her friends. Everyone on her team gets a chance to bat and pitch, which helps them the league.

Kathleen's grandfather, Tim Hu-

watching his granddaughter play in the league. He said he was thrilled to be watching his granddaughter, especially since he is a big fan of the sport. Kathleen's grandmother echoed her husband's thrill at watching the girls play. "It is nice to see them being active as opposed to sitting in the house playing video games!"

The proud grandparents continued to watch Kathleen play as the Angels enthusiastically chanted away as the opposition took swings at the plate.

It should be clear that the time I spent talking with the parents Sue Reaver is yet another proud and grandparents was a valuable part to understanding the importance of the leagues in our area. I was able to see just how much time and energy they dedicate to the league as well! It's not easy getting everyone dressed, fed, loaded into the car, and to practice and games on time, especially if you've got more than one child participating in the league! So players, if you're old enough to read this and understand- thank your parents! They do a lot for you, it's not easy cheering on the sideline every game and giving you some extra dollars for an ice cream after the game!

> It is amazing to see how the coaches, sponsors, parents, players, fans, and everyone in between dedicate so much of themselves to the league. It has been a wonderful experience to be able to take a look into something so special in the towns of Emmitsburg and Fairfield. I encourage you to take some time and head down to the fields to show your support and find out for yourself how wonderful Little League is right here in our own

Stop by the next game to see some of the youngsters compete and learn lessons on the field which they will carry with them throughout their whole lives. Who knows, you may even see some of the playfind their niche as they grow up in ers continue through the league and be a Division I Mountaineer for their hometown college right









History of Harney

Part 3

J. W. Beck

Mills & Millers

We now leave this spot and follow the stream along the Mason Dixon line to its mouth. We look to the right of us and see Rock Creek, whose waters were tinged with human gore during the hard fought battle of Gettysburg, July 1st, 2nd and 3rd, 1863. The waters come flowing gently down past the many fertile farms which are located along its banks.

Just as this stream leaves the Keystone State and flows into Maryland, Rock Creek and Marsh Creek unite and form the Monocacy. How this stream got its name is unknown; tradition has it that an Indian met a white man at Red Rock, our present position, and as they approached each other the, Indian said to the white man, "Memocacy down," meaning that he would not climb down over this cliff of rocks. After that the stream was called Monocacy. We passed on downstream for several hundred yards and we see an old mill which was built by a man by

At the time, Sheets owned a tract of about 700 acres of land surrounding this place. We are told that inexperienced hands were employed when the stonewall for this mill was first built, and it fell down three times for them. Five masons worked on the down to their work and discovered that the wall had again fallen down. Three of them went back to the house which was some distance from the mill for their breakfast. The others gathered up their tools and carried them across the creek on the hill. Mrs. Sheets of

the name of Sheets in 1828.

they could come, that it would get too dry if they left it. About this time the two gentlemen arrived, and the three left. After the two finished their breakfast they started back but none of them ever started to work. All of them 'skipped out' across the creek and left as rapidly as possible, without ever presenting their bill. and Mr. Sheets had to get another set of masons to finish the job.

Mr. Sheets carried on the milling business for a number of years, sometimes by employing a miller, and other times by renting the property. Afterwards he sold out to Daniel Sell, who rented the property for a number of years, and finally, it was by Peter Sell, who also rented the property until a short time before his death, when he sold it to its present owner, William Myers. In 1893, Myers began to think he was getting behind the times and had a full set of rolls put in. Today it is considered one of the finest mills in the county. During the present summer of 1895, Mr. er has in use at the present day. He Myers built a new house on the property, which without a doubt, is a very handsome and comfort-

The fording at this point was very dangerous and after a number of horses, and a man by the name of Glosser had been carried down the stream and drowned, the commissioners of Carroll and iob, and one morning they went Frederick Counties met and decided to build a bridge across the stream. In 1879, a large and handsome wrought iron bridge was erected with one long span of 200 feet across the main stream, and two short spans of 100 feet each, thus making the entire bridge 400 feet in length. During the summer course asked where the other two of 1890, a terrific cyclone passed fire, and burnt entirely down. The

were and was told that they had a through this region doing much little job of pointing to do before damage to property, besides blowing this bridge down, but it was again rebuilt in the spring and summer of 1891.

We leave this spot into downstream nearly a quarter-mile further, where at the close of the last century, a little mill was built on the eastern side of the stream. We are unable to say who built this mill, but an old miller by the name of Shellhous is the first we had any account of. We are unable to say how long he owned the property, but the next owner was Abraham Null. After some years the property went into the hands of his son Samuel, who built another mill. This mill was intended to hull clover seed, and we are told, did its work to perfection. Later on, probably in 1844, Mr. Null built a large foundry and employed quite a number of hands in During this time the clover mill

was torn out, and the building used for a blacksmith shop. In the foundry, Mr. Null made stoves, one of which Mrs. Lovina Shrivalso cast a great many plowshares, and did nearly all kinds of work belonging to the business. During this time, William Crapster built a store at this place. The store was at one time flooded, and much of the goods badly damaged. Sometime during this period, the mill was blown down but rebuilt soon after, made much larger, and quite an extensive business. The only trouble connected with this mill was in keeping the dam across the stream to supply the proper water power. The dam has been torn out quite frequently thus causing great expense to the different owners.

In 1893, while the mill was owned by Joseph Sterner, it caught

property was then sold to Andrew Stonesifer, who built a fine roller mill, and also put in a new dam. Today this mill stand has a good trade and is quite a convenience to the farmers in that part of the

We now come back to the Lutheran Church Tower to take a look over the surrounding community. From this point, the first thing we say is that many hundreds of acres that were in woods at the beginning of our work have long since been converted into beautiful farms with their broad acres heavily covered with a rich and abundant harvest. As we look to the south we see in the distance the church spires of notice the village of Longville, and upon coming still nearer, we behold the stream of Alloways hurrying rapidly towards the Monocacy. We behold upon its banks the site of an old mill that Charles Hess, grandfather of Mr. Daniel Hess, came from Germany to this country sometime during the Revolutionary war, bought a few acres of timberland on the banks of the stream, and built a flaxseed oil mill and lived in the mill, and they are all of a very superior quality.

Later on, he built a house and then put a set of choppers in his mill. Afterwards, a machine for grinding plaster was added and a sawmill was also built. We are not certain, however, that Charles Hess built all of these additions to his old mill. Some of them had been made after the property went into the hands of his son John, who milled for a number of years when the property was sold to Abraham Hess, who afterwards tore the mill down and devoted his time entirely to tilling the soil.

When we look to the east, we see in the distance the steeples of Littlestown, and as we come nearer we behold many beautiful farms along the way. As we take a glance to the north, we behold Gettysburg with this historic battlefield. Its famous Round Top, its Evergreen Cemetery, and its beaualong the way, and our entire sur- of Hagerstown, Md. rounding presents a scene of peace and prosperity.

And now, before leaving this in the hands of some future writer, we desire to take one last look over the town, and we finally have 50 comfortable houses, 177 inhabitants, three stores, two cigar factories, three blacksmith shops, one coach repair shop, one boot shoe and harness maker shop, one churches.

Progress in Building

seemed to be in prosperous condition. John Black built a new house on the Emmitsburg Road. E. D. Hess built on the lot situated between the Taneytown and Bridgeport roads, Donald Hess bought a tate was left to his daughter Miss.

tlestown Road, and Jacob Kreglo built on the Littlestown Road near the square, thus making for new homes in a short time.

In 1860, George Fream built a full set of new buildings on a track of land purchased from his father's farm, and James Angel built on Littlestown Street. It 1861 James Mcllhenny built a new Brick house on Gettysburg Street, but soon after sold to Polly Bowers.

About this time, David Bollinger bought Jacob Kreglo's property near the square, and commenced store keeping just across the street in the storehouse formally built by William Hiteshew. Here he carried on business until almost the close of the war, when Taneytown. Coming nearer we he built a new storehouse or his own property, where he carried on business for some time, then sold his property to John Davis, who kept a saloon.

In 1864, E. D. Hess sold his property to J. Worthington Jones, and brought the James Angel and property on Littlestown Street. After moving there he built an addition to the house, and also a small shop, and started the cabinet-making business. Mr. Jones also erected a small building on his property and commenced store-keeping.

About this time, Philip Shriner sold his property on Gettysburg Street to Dr. Baer, and bought the Daniel Hess property on Littlestown Street where he moved in the spring of 1865, when the property was left to his wife for as long as she lived. After Daniel Hess sold out to

Shriner, he bought another tract of land on Littlestown Street, and improved it with a full set of new buildings. While living there, he and his son, John G. Hess, started the blacksmith business. Soon after, he built a new dwelling house on the corner of Littlestown Street and the road leading to Walnut Grove schoolhouse, adjoining his blacksmith shop, which he sold to the present owner, John J. Hess, who continued the business. After this, John G. Hess became fatiful monuments. As we approach mous as a coach builder, as toour present position from that day general manager of the fasection we see beautiful farms all mous Hess Manufacturing Co.,

Daniel Hess also moved away, and rented his property for several years and finally sold it to its present owner, D. T. Shoemaker, who greatly improved the place. It is now considered one of the most beautiful and convenient homes in the community. In 1866 J. Worthington Jones

quit store-keeping, and renttrack of land, and built on the Lit- Eudora V. Jones. In 1866, Unit-

ed Brethren Church was built, a Hyser, both of which are located on the road running from this place to Walnut Grove schoolhouse. In 1880, J. V. Eckenrode built a house on Emmitsburg Street. This house was rented until he quit business, at which er was a small confectioner and time he moved into it himself. also postmaster for a number of In 1881, William Shriner built on Littlestown Street. In 1882, two new homes were built, one Street by Daniel Hess.

In 1883, James H. Reaver built a fine frame house; here he carried on the boot, shoe and har-

eral years. Prior to this, Reaver had built a small frame house adjoining his new house on Gettysburg Street and S. S. Shoemaker's store property. He finally sold his property to Shoemaker, store. Later it was traded to John who lived in the house for several years. In 1884, T. J. Hess built on Littlestown Street and started a coach repair shop. In 1885, Iames H. Reaver sold his proprode bought a lot at the corner on Gettysburg Street by Henry erty and town to Abraham Hes-M. Null, and one on Littlestown son at about the same time he bought a tract of land at the edge

> ness making business for sev- built on Littlestown Street, and **Monuments Are Our Only Business!** GILLAND MEMORIAL WORKS Serving All Your Cemetery Needs Call: 717-794-2981 Fax: 717-794-5689 Cell: 717-773-8119 Ken Gilland CEO. Miriam Gilland, Roger Gilla E-mail: gillandmem@innernet.net VISA P.O. Box 400 - 14902 Buchanan Trail East,



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ent owner. Miss Perry Eyler and Miss Sally Snider opened up a millenary store in the building. Mrs. Peter Sell also built an addition to her property on Gettysburg Street, thus making a great improvement. E. H. Shoemaker, during this time, also built a large and handsome house on the same

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The year 1887 is prominently noted for being the most prosperous of any single year in the history of the town. D. D. Hesson bought the old saloon and a small lot connected to it, and built a large and commodious hotels Dr. John C. Bush built a beautiful house on Littlestown Street, which is considered the most perfectly built house in the town: everything was arranged to suit his own convenience. Unfortunately, he was not permitted to enjoy it for long. After his death in 1893, the property was sold to W. A. Snider, its present owner. Andrew Degroff built on a lot ajoin ing the United Brethren Church Charles A. Cornell bought and built on Gettysburg Street; Cornell sold his property to Samuel C. Shoemaker, who built an addition to the house, and it is today a lovely residence. S. S. Shoemaker built to the

side and over the top of the store, thus making quite a large building. All these buildings were large and added very much to the appearance of the town.



1915-era photo of Harney taken at the old school house looks West toward the square.

Candidate For of town, and put up a full set of **Magisterial District Judge** In 1886, George W. Shriner

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Charles H. Hess built a house

and carpenter shop on Gettys-

burg Street. This property was af-

terwards sold to C. F. Reindoller,

who fitted the shop up for a drug

V. Eyler who sold it to its pres-



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ed a room to Dr. E. B. Simpbarbershop, two hotels and two son, who bought out Dr. Bears large practice. Mr. Jones afterwards went into the butchering business, which he continued for In 1857 and 1858 the town a number of years. He was also at one time appointed Squire, but finding it to be a very provoking business, he resigned his commission, and lived a retired life. With his death in 1894, his es-

ing until the people of the community began thinking the town could make a place of considerable importance. In 1875, Henry Kemper bought a lot and built on Gettysburg Street. In 1876, William H. Lightner bought his father's property, tore down all the old buildings and built a brick house and a good barn, thus making it a desirable home. Mr. Lightner lived here until his death in 1893.

en later on.

In 1868 Daniel Shoemak-

er bought a lot from Polly Bow-

ers and built a two-story frame

dwelling house. Mr. Shoemak-

In 1869 or 1870, W. F. Ecken-

of Gettysburg and Emmitsburg

streets, and built a large-frame

house suitable for a store and

dwelling. This house made quite

an improvement to the town.

Here Mr. Eckenrode kept shop

for a few years and then sold the

store to his father, Mr. John Eck-

enrode. The father went into

business with his vounger son,

J. V. Eckenrode, and afterwards

bought the property and contin-

ued merchandising until a few

years ago, when he sold out and

read to E. S. Eyler, who after-

wards went out of business, and

the store property was read to the

For several years following the

building of the Eckenrode, the

growth of the town seemed to

come to a standstill. Business,

however, kept gradually increas-

present occupant, D. J. Hesson.

In 1878, three new houses were built; one by Rufus Bishop on the road leading from this place to Bridgeport, one by Josaha Hawn, and another by Henry

Maybe Ian Fleming or another

fiction writer might consider us-

ing such a ploy in a fictional nov-

COLD WAR WARRIORS

COLD WAR WARRIORS

Whiskey on the Rocks

Captain Edmond D. Pope, USN

Tt was a typical dark, dreary fall day with continuous light rain and drizzle the entire drive from Stockholm to Karlskrona, some six hours of driving south from the Swedish capital and our first trip outside the confines of Sweden's largest city since our posting to the U.S. Embassy several months earlier.

Captain Dave Moss, the Naval Attaché, and I (the Assistant Naval Attaché and a Commander) and our families, had become close friends during the several months of language training and cultural studies in Washington D.C. before arriving in Sweden and assuming our posts.

This relationship could and did make a significant difference in our adjustments to surroundings in which we felt isolated even if not posted to assignments like many of our classmates who had been sent to Soviet, East European, Middle East or other hostile countries. Indeed, eighteen months after our arrival in Sweden, one of our classmates, US Army LTCOL Charles Ray, was assassinated on the streets of Paris by a Popular Front for the Liberation of Palestine terrorist.

I vividly recall Dave and I joking with the third person making that trip, our Swedish Navy escort officer, during the drive in late October 1981 about the impact this depressing weather must have on the well-known Scandinavian suicide rate in the winter months. Years later, I often wondered if Dave and Joan Moss and their family had chosen to move to the Seattle, Washington area after the Sweden assignment to ance, briefly apologizing to us naval base!!" maintain the normalcy of dreary and then engaging Lennart in a weather in their lives.

We had chosen the trip to Karlskrona as our first in-depth look at the Swedish Navy at the invitation of Commodore Lennart Forsman, commander of the

had been the Swedish Naval Attaché in Washington D.C. during our preparatory months and we had become friends with him

Keeping with diplomatic regulations, we had requested and been approved for the visit by the Swedish government weeks before the planned travel. The depressing weather never let up as we arrived in Karlskrona and checked into our hotel for a good night's rest before the next day's visit. In our wildest imaginations, neither Dave nor I could have guessed at just how tumultuous and memorable a day that

We were anxious and up early

the next morning, downing several cups of strong Swedish coffee before the short walk to the Naval Base entrance. They were prepared for our arrival as expected and ushered us directly to Commodore Forsman's office. That is when we noticed the seeming confusion and hint of chaos among the normally calm and well-prepared Swedes. Lennart and part of his staff greeted us and offered more coffee. After a his tour short while, disrupted by Lennart being distracted and having to leave the office for a few moments, he then returned and proceeded to present an overview of his assets, strategic and tactical operations and area of oper-

During the first hour of this presentation, Lennart was interrupted on several instances for "private" discussions, which we found out of character. At this point in the morning, Lennart's second-in-command, Karl Anlook on Lennart's face immediately indicated a serious prob-



In 1991, the Soviet Whiskey-class Submarine S-363 accidentally hit an underwater rock about 1 mile from the main Swedish naval base at Karlskrona. The boat was stuck on the rock for nearly 10 days. The Soviet Navy sent a rescue task force comprised of heavily armed destroyers and high sea tugs, an action that led to a standoff between Soviet and Swedish warships.

attention. Lennart then invited us on a tour of certain base facilities but clearly appeared distract-

again appeared and engaged Lennart in a short whispered conversation. At this point, Lennart invited us into a small office space for a "discussion". Our interest in the distraction causing Lennart to be so off-balance then became a serious concern about what it was we were to be told. Lennart immediately proceeded to tell us that his staff had "...just confirmed the presence of a stranded Soviet WHIS-KEY-class submarine in a restrictderson suddenly made an appear- ed area near the confines of the

The ceiling falling on our short, hushed conversation. The heads could not have had a greater impact. Was he joking? After all, we had become good friends lem to us so we remained passive with him. After letting the imthinking it must be a sensitive pact of this statement settle in. personnel problem or operation- Lennart went on to inform us Karlskrona Naval Base. Lennart ally urgent issue that required his of the little additional detail he vation only half an hour ago. We Navy escort officer that, since we

whispered to Dave "I know what this means and you are welcome ed and unable to concentrate on to use my phone if you want to call your embassy". He told us Finally, Karl Anderson once that they had a report during the night of strange noises, primarily loud, straining diesel engine noisuntil first light of day.

> He had indeed been told of the first report indicating that a submarine was stranded on a rocky outcropping in the restricted area early in our meeting that morning but had been skeptical of such a seemingly ridiculous possibility and had dispatched his executive officer to investigate and report back to him. Even with this incredulous revelation, we all remained somewhat in doubt wondering if the submarine might not be a Swedish boat or had otherwise been misidentified.

In short order, we were allowed a brief discussion with Karl Anderson and the detail he had obtained from his personal obserart and contact the American Embassy in Stockholm to report this explosive bit of news. Similar to Dave and my first impressions, the Defense Attaché asked if we had enjoyed a bit too much Swedish aquavit the night before. We gave him our assurances of the high confidence we now had in this burgeoning incident.

Our day's planned schedule then changed like yesterday's Soviet Naval operations and sysburned coffee being thrown out a window. Confusion and excitement were the tone of the entire base, town and indeed the country almost immediately.

During our second call to ar weapons when on operation-Stockholm, the Defense Attaché al patrols. informed us that the press was already reporting the incident and that the Swedish capital city was al grounding (27 October 1981), quickly being transformed into the international press quickly and

knew at that moment and then a worldwide center of attention. The US Charge D'Affairs (the new US ambassador had not yet arrived in Stockholm) was already in touch with Washington DC and had instructed the Defense Attaché to order Dave and l out of Karlskrona as soon as poses, but were unable to investigate sible and to "keep our heads below the gunnels"

Somehow, the Department

of Defense learned of this order and in short order; this dictate to us was reversed. For the remainder of that day, we were relegated from one department head to another to maintain some continuity with our planned purpose but the day was also interspersed with frequent updates from Commodore Forsman, Karl Anderson and many others on what they understood the situation to be. We had to carefully weigh the information that was coming to us so as to avoid further confusion in the fast moving chain of events. We were also informed later in the day by our Swedish were then allowed to use a phone had been approved for a full two that had been offered by Lenn- day visit and departure after that, we should maintain that schedule and not plan on departing Karlskrona for two more days; this suited us just fine.

> He would, he informed us, seek authority for us to then return to Stockholm when departing Karlskrona, rather than sticking to our originally scheduled visit to Navy facilities in nearby Malmo. Having a background in tems, I mentioned to the escort officer that night that they might want to take some measurements of the submarine as they were believed to sometimes carry nucle-

Within the first two hours of that morning following the actu-

a kind word for Dave or I; this of course gave us great delight as group which would never allow Yuri a moment's respite on those few occasions we would encounter him after that event.

land cross-country ski march above

the Arctic Circle. After arriving at

our beginning point of this ski trip,

attaches had never been on cross-

volunteered his services to demon-

bled to watch, Yuri climbed a near-

Yuri stomped down the hill and im-

mediately started a loud argument/

While Yuri was thus occupied,

I walked out to where his accident

complaint with Swedish officers.

Licensed

We sat in our hotel rooms that evening watching world press reports describe what was known as well as what was conjecture. Lisfore any of us attaches saw Yuri. tening to one "expert" after anmany of the attaches would quesother from around the world detion the other Soviet attachscribe what was going on seemed unworldly to Dave and I. All that es about Yuri's absence. Invariday and the next, we had freably, we would get the response quent contact with various Swed-"Yuri in Moscow; mother died." ish Navy officials as well as with We were certain after several exthe Embassy in Stockholm and changes of this nature that Yuri's worked diligently trying to sort mother was at least part feline. fact from fantasy. The adrenaline Yuri's first return to normal funclevels were high and we were fairtions of the attaché group occurred ly exhausted by the third mornduring a Swedish organized trip to the Gulf of Bothnia and an overing as we prepared to depart and

unanimously dubbed the event

the name stuck to the great chagrin

of Moscow. Keeping within its'

routine doctrine of the times, the

Soviet Union initially denied the

report but that became impossi-

ble for them when the first photo-

graphs began to appear in the press

later that day.

Outside the direct excitement of the actual grounding of the submarine itself, a humorous event did transpire during that trip that Dave and I will never forget. During the third and final evening we spent in our hotel there, we walked into the bar to find the recently arrived Soviet Naval Attaché, Captain 1st Yuri Prosvirnin sitting with a senior civilian official from the Soviet Embassy. We had seen Yuri the previous evening with his Ambassador on Swedish television; they had little to say other than to demand that they be allowed to travel to Karlskrona immediately but were being inhibited by Swedish authorities.

return to Stockholm.

As events transpired, Yuri was given permission and the second day of our visit, he arrived in Karlskrona. When he turned and spotted Dave and I that evening in the bar, it appeared to us that he might choke on his olive. Yuri was a combination of Soviet/communist dogma and Scandinavian physique: thin, athleticlooking, blond hair and features, arrogant, cold, always ready to exhibit his prowess whether asked to or not, but most obvious to us, always the first to complain when he perceived that his position or person was not given it's due respect. He wasted no time in raising a loud cry about the two American naval officers presence. To further compound matters, Yuri had worn his uniform and in the confusion of seeing us and his haste to exit the bar, he had placed his hat somewhere and it had been stolen. He immediately blamed Dave for this.

Later on in private, numerous Swedish officers gave us insight into their dealing's with Yuri and the great delight they took in rebuffing his protestations; even to the point of providing him with copies of our original request for the visit and it's approval. They would take further delight by citing very strict rules of diplomatic protocol to Yuri that prohibited them from accelerating his

own travel to the scene. Over the phy. The assembled attaches raised duration of our two plus years in a chorus of cheers and laughs. This, Sweden together, Yuri never had of course, further outraged Yuri and he demanded of the Swedish hosts for weeks afterwards that the well as the entire foreign attaché ski tip be returned to him. Again in private, most of the Swedish of-Following the ten-day ordeal of the submarine's "visit" to Sweden, it was a full six months be-

During this period of absence, and brings a smile to my lips. police, Dave Moss expressed the

authority in today's Russia. To this day, the truth of what resulted in the grounding of that WHISKEY-class submarine is it was discovered that most of the not definitively known. The Soviets, now Russians, continue to country skis before so naturally Yuri claim that it was a simple navigation error in the poor weathstrate the technique to the entire as- er conditions of that dark day over the Baltic. Unfortunately for With the group of approximately them, I have seen three separate twenty foreign military attaches and locations identified by them as to

six or eight Swedish hosts assemwhere they thought they were. Additionally, before departing by slope, put on his Swedish issued Sweden, I was shown a copy of the wooden skis and preceded down the submarine's navigation logbook, hill. Unfortunately for Yuri, he was which clearly revealed erasures and directly in front of the assembled changes on the night of the groundgroup when he hit a rock hidden in ing. Additionally, I was aware that the previous nights powder, which secret Swedish torpedo testing had sent him tumbling, and broke his been underway off the coastline of ski tip. Indignant and furious at be-Karlskrona during the time of the ing made a fool of by the events, WHISKEY's grounding.

One book published in Swedish does go so far as to suggest, after discovering that Dave and I were present in Karlskrona during the first days of the event, had taken place, dug down into the that we were responsible for ussnow, retrieved the broken ski tip ing a secret American device to and held it high into the air as a tro-spoof the navigation system and

Insured

Swedish territory. el but it is inconceivable in the real world, certainly back then. The fact is that, based on the preficers who had been on that trip cise location where the submahave recounted the great delight in watching Yuri rage on about the inhave known where they were or dignity he suffered. They of course professed lack of authority in forcto have been incredibly lucky to navigate the shallow channel to ing me to return it and, to this day, arrive at the grounding site. that ski tip hangs on my office wall

The subsequent determination and announcement by Swed-Nineteen years later, as I sat in a ish officials that the submarine Russian prison charged with espionage by Vlaidmir Putin's secret was carrying nuclear-armed torpedoes fanned the emotions and outrage of the Swedes and propossibility that my ordeal might duced a plethora of denials by the be concocted by Yuri to even the Soviets at the time. It has been score with me for taking his ski subsequently confirmed by a fortip. That certainly was not the mer Soviet Navy officer that the case, regardless of how one may accusation was factual. have perceived Yuri's anger. I seriously doubt that Yuri has much

Probably the one most significant thing that did transpire from the 1981 Whiskey-on-the-Rocks event was the radical change in Swedish public opinion regarding the then two super powers. Up to that date and after the Soviet invasion of Afghanistan, only 8 percent of the Swedish populace felt the Soviet Union was a direct threat to their peace, while afterwards Swedish public opinion changed to 34 percent seeing Moscow as a direct threat and a

thus "lure" the submarine into

Captain Edmond Pope was the Assistant U.S. Naval Attaché in Sweden from 1981 to 1984. He retired from the Navy in 1994 after twenty-five years of service. Upon retiring, he accepted a job at Penn State University.

He had been closely engaged in rine ran aground, they had to former Soviet science and technology cooperation for the last three years of his active duty. During his 27th trip to Russia in 2000, he was arrested and charged with espionage by the newly elected Vladimir Putin government.

> After being held in Moscow's infamous Lefortovo Prison for close to a year, he was convicted and given a twenty year hard labor sentence in Siberia in an event that can be characterized as nothing but a "kangaroo court". His "conviction" and sentencing was delayed until the outcome of the US 2000 election was finally announced. Within one week, he was "pardoned" and allowed to return home. He has since authored the book TORPEDOED.

Captain Pope is a close friend of Commander John Murphy a regular contributor to the Cold War Warriors column. He assisted Edmond Pope during his early travel to the USSR and Russia as a Russian language interpreter and translator. For read Cold War articles by John Murphy visit the Aufull 71 percent saw Moscow as an thors section of Emmitsburg.net.





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CIVIL WAR HISTORY

Diary of Joseph E. Wible, 1861–1862

Emmitsburg Historical Society Civil War Historian

Cunday, Dec 15 – This has been Sanother beautiful day. William McIlhenny took the morning report in to Headquarters this morning Perkins Battery of Artillery. This and Hillery got a pass and went to Church. I went to town on official

Monday, Dec 16 – This has been to us a fast day not a day of prayer for the men have employed the day for not sending our rations which we should have received on Saturday but did not get until late today and even then received no sugar or bread make one want to swear.

Tuesday, Dec 17 – The day has been uncommonly warm. This afternoon about one o'clock we went on an expedition to Middletown with Captain Wilkins and Colonel Knipe as our leaders to shut up whiskey shops of this place. After giving them due warning and getting a good dinner at the expense of the officers we started for Headquarters again, where we arrived about half

past five o'clock. Wednesday, Dec 18 - This morning we were awakened from our slumbers long before daylight to carry dispatches to the different Regiments to prepare them for a however, we got supper for ourselves forced march to Williamsport and and horses after which we started for to cook our rations for several days this place, or rather, for Williamsport ahead. In a very short time we heard the roll of the drums at the different encampments of our Brigade and soon after the woods were lighted up to the present place for forage for as if by magic for cooking their three day rations. After all things were ready we were anxiously waiting for orders to move when a messenger arrived with a dispatch counter-manding

Williamsport. They are about one hundred of the Home Brigade and afternoon we were relieved by a squad of the Michigan Cavalry and are once cold and ill-humored.

Thursday, Dec 19 - Yesterday

evening just as I had quit writing in my diary and was preparing to complaining to our Quartermaster go to bed, the Company was called together and marching orders given to us about that time. Activity was considerable in our camp. Coles and our Company were both ordered to nor candles. It was almost enough to leave for Williamsport. We received orders to march about 8 o'clock (this morning) and at nine we were leaving town. We started off at the gallop and kept it up for about 4 miles. When we came to a halt until we should receive further orders. We halted opposite the Maryland First and reported to their Colonel Kenly. We were not long detained here however for soon we heard the drum beat, the First Maryland was moving and we started our journey for Williamsport. We arrived in Boonsboro about half past one o'clock in the morning where twenty of us halted (myself among the number) until Colonel Kenly arrived; in the meantime,

where we arrived about half past five

o'clock. We remained there about

an hour when the Colonel sent us

our horses. We had scarcely left

Williamsport when daylight broke

upon us and the cannon at Dams

Nos 4 and 5 began to send their iron

hail across the river to Dixie's Land.

the enemy at once fell to the ground. the fire was kept up all day, there was They were really indignant when we a number of the Rebels killed and brought the orders around for them wounded and a mill which was laid to unpack. The Fifth Connecticut in ashes. There was a squad of men of our Brigade left vesterday for sent over and set fire to the building bringing out a few blankets and other articles as trophies of their victory. There was some men detailed from our Company as orderlies to Colonel Kenly at Headquarters. I was one of business about ten o'clock and spent more back at Camp at Frederick City, the number. Friday, Dec 20 - Got up and

washed this morning and then took a message by way of Downstown, to St. James College, to Colonel Murphy of the 29th Pennsylvania; and then returned again to Williamsport where I spent the remainder of the day until the evening returned to Camp.

Saturday, Dec 21 - Took my horse to town to get him shod and from there went to the camp of a Massachussetts' Regiment, about half a mile where several batteries of artillery were encamped; among which was Best's Battery (formerly Perkin's) which battery George Meals, Gettysburg is now soldiering. This is a Battery of regular artillery. It commenced raining tonight and freezing as it fell. And the weather tonight is altogether very unpleasant.

Sunday, Dec 22 – This morning the woods looked like Christmas trees hung with diamonds. It was a beautiful sight and a dazzling scene - the trees all covered with ice and the ground a sea of glass. This has been the first Sunday that I ever spent in the woods, to the best of my recollection. It has been a day for me.

Monday, Dec 23 – Today a great mill adjoining our camp.

Tuesday, Dec 24 – There was ten to Dam No.5. The balance of our week. Company moved to the mill out of our old mudhole on the bank of the Conococheague. This evening there was no preching anywhere else the former orders and the hopes of There was but little damage done at about nine o'clock we were ordered Virginney" but the order was soon the sun shining brightly all day.

> Wednesday, Dec 25 - Today of arms today. The weather still very has been a very pleasant day. Was in town this morning; and, this afternoon was at home anxiously on guard today. The weather still section of Emmitsburg.net

looking for our Christmas presents which we expected the evening before, but which didn't arrive until this evening about six o'clock. Our men were wild with joy when they beheld the box and knew that the present was a reality. It exceeded all our expectations. There was cakes, pies, roast chickens and roast turkey in abundance and numerous other nice little things to cheer our hearts. There was many a heart filled with bountiful gift. I wish the ladies who

had much change this week; We part of our company moved to an old have been standing guard around our camp and doing a little picket duty at Dams No's 4 and 5. We have had or our men detailed today to go very good weather pretty much all

> Williamsport to Church today and as in town, I went to Catholic Church. Monday, Dec 30 – Had an inspection

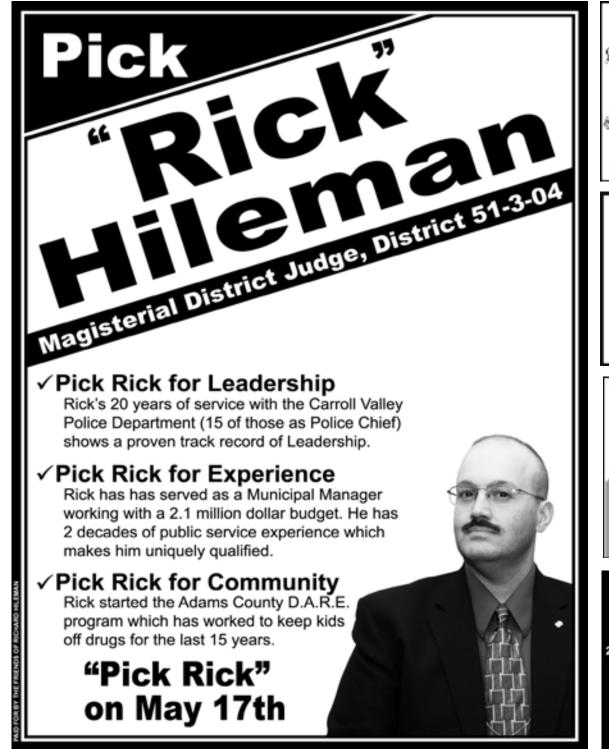
mild and pleasant.

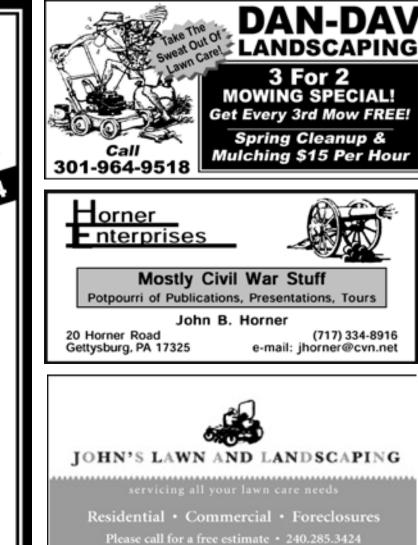
load of our old things from Frederick today which we had left behind. Wrote a letter to Miss Yeager, a friend Wednesday, January 1st, 1862 –

Today commenced the year 1862. Another year has passed away into eternity. A new ripple on the sea of time is ebbing away and we go through our regular routine of duties as careless and unconcerned gratitude to the kind donors of the as though we had nothing at stake - as though we were placed here sent the above mentioned articles for no higher purposes than the could have been here to enjoy the beasts around. How solemn it is to good themselves in common with reflect on this - how little can we think of having done the past year Saturday, Dec 28 – We have not and oh! how much of evil might we have when, by observing the Golden Rule, we might have made a heart rejoice and caused a smile to light up the countenance of some distressed soul. What thoughtless creatures we are. How little wisdom have we acquired in the year that passed away, when we might have "laid rich stores of knowledge by" which would not only have the soldiers of having a brush with Dam No.4, but at Dam No.5 where to pack up for marching to "Old This has been a beautiful warm day – benefited ourselves but have been a mite toward the enlightenment of the world at large.

> To learn more about local Civil War Tuesday, Dec 31 - Have been history, visit the Historical Society











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STAGES OF LIFE

STAGES OF LIFE

Mom's Time Out

Mary Angle

Mom, mother, mommy, mum, no matter how you say it she is still the one and only MOM! Mother's day is almost upon us and I find myself thinking of all of the mom's I know and how different each one is. When I think about my friends I rarely think, "Oh, this mom this", or "that mom that". I just think of them as my friends, or relatives, or both. Right now, however, it is a little different. I am thinking about what great mom's they are and that each one of them has something that makes her unique and wonderful as a mom. So this month I am going to tell you about these wonderful ladies and what I admire about each of

First will be my best friend

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to have biological children and went through many medical procedures to no avail. During this time she also taught preschool, did daycare, got her degree in social services, and became a foster parent. After all those years of trying she adopted one of her foster kids (and a vear later another). She fostered two children that had been abused repeatedly and then adopted them. And although it was a bumpy road, she stuck it out with all the love, patience, and discipline that a biological mom would have. She was truly amazing, she was their My next friend is a straight

shooter. If you want someone to be honest with you, she is the one to go to. The other day she was telling me a story about how her daughter's friends think she is for years. She tried for years mean because she is a strict par-

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she is strict and straight forward. Her daughters excel in school and each play two instruments and never go a day without knowing ly. When it comes to this mom their mom is going to kiss them at least 5 times a day. Sometimes half her gumption. her kids get upset because they don't want to study or practice stantly having kids over for these their instrument, but she never amazing sleepovers. My daughbacks down. And when I stop by and they ask me to listen to the song they have learned, they absolutely beam because they do it that she might tell me she is not "A" at the top of a paper they are fast" for dinner, games, the playso very proud. When it comes to ground in the backyard. Next problems at school she is right in there telling the teachers how it by their own personal spa, and fiis. She does not take any excuses nally bedtime in the guest room from them or her girls, nor does she back down in any way. Some of my other friends (myself in- es to keep her house looking like cluded) tend to let things slide a something out of a magazine. little too much. I would love to So just to recap, she is the "fun"

One of my renewed friendships can't fathom being either one. is with a mom who recently went

ent. The funny thing is, this is cause she wanted more time with what I admire about her. That her family. She has jetted off to another country to show orphans the love of a mom and changed careers for the love of her fami-I wish I had half her courage and

Still another friend is conter and hers are best friends and let me just say that there are times when I am afraid to pick her up so well. Or when they see their going with me. There is "breakthere is a bubble bath followed with a movie to fall asleep to. On top of all of that she managhave a little bit of her spunk to mom and the neat and organized get me going when the going gets one too. I can't even begin to tell you what I admire here because I

The next mom I want to tell on her second missions trip to you about we girls like to rethe Dominican Republic. This is fer to as "the Martha Stewart" a mom who had a fast paced busi- of our group. She is the one ness career and gave it up to start whose house is decorated beauher own business. Not because tifully and by her own creative she didn't like her job, but be- hand. But it doesn't stop there,

you should see the costumes she comes up with for Halloween. No matter what her kids want to be she is up for the challenge. Whether it be WALL*E, Padme', or a last minute dragon, it is going to look like it came from an expensive costume store. You can only imagine how school projects and plain old craft time goes... wow! Besides admiring how creative she is I also admire how soft spoken she is. She manages to keep her household running like a well oiled machine and all the while keeping her cool. This is something I admire but have little aspirations of obtaining,

The last mom I want to talk about is one who managed to raise two kids with very little money and a husband that often worked nights or far distances away. She took in a family member who didn't care for her (but grew to love her) because they needed a place to stay, made sure that no matter how little money there was that her children never went without or even realized that there was no money. This mom drops everything to drive four hours to baby sit for her daughter and son-in-law when their sitter falls through at the last minute (or hours). She works side jobs just to be able to spoil her grandchildren. And although she too is not perfect, in my eyes she sure comes close. Thanks Mom, I love you!!

So no mom is perfect, because every mom is human, but these ladies certainly have a lot of attributes to admire.

To read past editions of Mom's

Preschool Curriculum Activities





American Youth Soccer Organization

Fairfield Girls' Soccer

Becky Bequette

Well, if April showers bring May flowers, we're all in for a wonderful treat this month! Region 709 suffered some major damage during the April 16th rainstorm. Ranch Fields in Carroll Valley flooded and left our younger players' fields strewn with rocks, gravel and debris. Six soccer goals were swept away by swift moving water and destroyed. Board members are now brainstorming how to get the fields back in playing condition

and replace the goals. With that in mind, our fundraiser in May has become even more important due to the unexpected capital expenditure the region is facing. American Youth Soccer Organization's (AYSO) annual Vera Bradley Bingo Fundraiser will be on Thursday. May 12, 2011 at Fairfield High School. AYSO is looking for volunteers for this event to help set up, hand out bingo cards and help with the food table. Please contact Darren Hebenton at 717-642-5762 or mrdsh@hot- and Referees" tab.

mail.com to donate your time or a

AYSO's Kick Off Picnic also had to be moved due to the constant April rains. The new date is April 30th, with a rain date of May 7th. AYSO is providing fried chicken. We hope to see all of you out there.

In this month's volunteer write up, I'd like to discuss the backbone of AYSO soccer: our coaches. Coaches and Assistant Coaches are the front line in player interaction. Coaches are responsible for teaching soccer skills and sportsmanship through positive coaching. Soccer knowledge is not required, AYSO is ready and willing to train interested persons.

The weekly time commitment for a coach or assistant coach consists of one or two practices per week and a game on Saturday. My own daughter, now in U12, fondly recalls the time her U6 coaches put into teaching her how to play defense. To this day, she enjoys emailing them to let them know how her season turned out. To find out more about coaching, please visit WWW.AYSO.ORG and check under the "Coaches Simply Maya



Maya Hand

ne year ago, when I was nine, I wrote a piece of poetry about me and my mother. I found it stuffed in my drawer with a few of my books. I tugged it out and decided to include it in this year's May edition as a gift for

Just Me and My Mother

We sit, and swing, and sway

We hear as a soft melody, the time that we share. We sit and look and watch the

We see a bright one, maybe

We hug and squeeze and whisper soft words, that lift each oth-

er's hearts, Make them soar like the birds. We watch a cat, who chases a moth, who flies away,

TWICE IS

Thinking he is so tough. He flits and flutters and flies through thin air, knowing some-

Just something's behind him... it's there.

Every once in a while, we will look back at each other,

We hold hands, giving kisses, just me and my Mother.

When I look back on this poem from a year ago, I am a bit shy and a bit self-conscientious, because the poem seems young and a bit simple. No matter what I now think of these words from a nine-year old me, I find that there is a truth present then that I still find and think about today and every day, and that is how special and loving my mom is. My mom really goes out of her way to spend time with me to help me to pursue my dreams and help me through my struggles and worries. She takes time out of hers to walk me

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through problem solving steps with whatever is on my mind and answer all of my questions. She makes tiny things like driving to the grocery store and looking through our Tuesday folders special. Whenever I am sad or stressed and she laughs or smiles, it makes my Since modern is one of my favor-

ite styles of dance, she took me to see

the Alvin Ailey dance troop perform in Washington D.C. She also took me to listen to live Jazz at a restaurant in Ellicott City, knowing that I have always wanted to experience jazz rhythms in person, with the beat of drums from a stage and horns filling the air. As I wrote in an earlier article, she took me to see Maya Angelou speak for my birthday this past year. We have made so many memories together (many of them are "funny at the time" kinds of things) and sayings like "M&M time," for mommy and Maya time. We have had laughs together, talks together and many squeezes. There are times when we just look at each other for a while and I feel happy. I feel that I can tell her everything and she always makes everything seem like it will be okay. It's absolutely amazing how every day of my life, bad or good, hard or simple, my mom has, is, and will AL WAYS be there for me. Whenever come home from a hard day at school every now and then, I can bury my head in her arms and cry and she will make everything fine again. There is nothing that can possibly explain how much I love my mother except maybe feeling the same way about yours, though 1 don't think that could exist...

Many times I take my mom for

granted, but later think and wonder at how much she does for me. She pays for me to go to school, pays for the food I eat, makes me breakfast, lunch and dinner, buys me clothes, paints my room, takes me out places, checks my homework, pays for my summer camps, cleans the whole house (including my room at times), and I could just go on and on. It is hard to think about how hard it would be to have three kids roaring through the house, throwing their stuff everywhere that you just cleaned, you still haven't made their lunches, you have twenty-five clients who want their websites next week, everyone is about to miss the bus, you still need to help one study spelling, one study social studies and the other needs something for show-and-tell, you still need to pay all of the bills, a twentysixth client is coming today to have a conference about how they want a new logo because their other one "had too much detail," you haven't cleaned the house yet, you were up until 2:15 last night organizing the playhouse, and your are just about to pass out. But somehow, mom makes it – she

just does. She helps us study, makes our lunches, gets Nathaniel's showand-tell, gets us to the bus on time, cleans the house, gets her client work done, makes her twenty-sixth client happy, pays the bills, goes through the day exhausted... she just does... and she doesn't ever let on how tired she must be. When we get home from school, the first thing she does is smiles at us, gives us a big, bright smile. She squeezes us tightly, and that's that. That is what makes her so amazing. She is amazing. I couldn't have a better mother.



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A TEEN'S VIEW

Judging



↑ t the end of the school day, Astudents tend to get antsythey're talking about what they're going to go that night, and what homework they have.

worse. People are done with going I want to know. to school, waiting anxiously for the bell to signal they are going to be off for two days.

They are usually talking about planned events, be it a two day trip, a party, or just working. They are talking when they are leaving on your own, and they may be and where they are going to go. Friends quickly make fast plans not directed. for sleepovers or going to the

Finally, students are at their worst on the last day of school. Right before summer vacation, the tension is nearly tangible. After a year of early wake-up calls, homework, schoolwork, 'demonic' teachers and the monotonous routine of going from class to class in the same pattern everyday students are done with school. They are ready for the best time of year we lovingly refer to as unbreakable fixtures, it becomes summer vacation.

After a twelve-week vacation, the first thing I usually hear from my friends is 'oh my gosh, you've herself. changed so much', followed by commentary about whether or not I've managed to tan versus whether I've burned, my newest seem like a person doesn't have hair color and style, and the pictures of trips I've taken that are about a few people, only to be on facebook.

I usually follow this conversation with how much better someone looks after not seeing them for a few months, then a fast

description of physical changes. Summer vacation is also a time for significant mental changes.

Early this year, going into sophomore year, I noticed that everyone I knew from freshman year had just calmed down. Most do that, there's small kids right of us, I think, had matured enough to see that some of the things that were so important last year just didn't matter anymore.

As well as witnessing them you're looking at. in other people, I think it's amazing to actually have seen the differences in myself. I think in between freshman and sophomore year I became a lot less spastic and definitely a lot less high strung. I believe that I will continue to watch myself mature into a much calmer, collected person.

see yourself changing through the years, through the influence of your friends and family and experiences? Do you see the differences in yourself from last year and now

Because I think the best way to judge a person is not by first impressions and not by actions, but rather by comparing who they used to be to who they are now.

If a person has gone through many experiences, good and bad, and has come out stronger and better than before, that is a person

If people admit there's a lot about their character to change and they need to change because they're not the people they want At 2:16 on a Friday, it's even to be, those are the kind of people

> But how does someone get to be the person he or she is today?

Maybe it is because *life* is about learning and forming your own set of morals and own trains of thought. You develop these influenced by other people but

I believe a person usually has his or her own thoughts and ideals which (s)he will not allow to be bent because of anything anyone says- these are lessons that a person has learned on his or her own, not through any type of interference or lectures, not through teachers

Following these personal ideals is what makes a person what (s) he is today, and as (s)he develops his or her ideals into solid and his or her creed or set of morals that he or she will follow, not to please anyone else but him or

Sometimes, it is difficult to find what rules a person will follow without bending them. It may any at times. I have thought that surprised later when it turns out they have a loose set of rules to follow and will try to impose them

For example, some people I comparison of schedules before know used to play a game on the bus and I'll just leave the details at However, above is a fairly basic that. I rolled my eyes but couldn't interfere, as I had tried to before and it sure didn't work.

> Imagine my surprise when heard the group's supposed leader, someone I had considered a selfimportant jerk, shout, "No don't

First impressions (and second, and third, and fourth) don't give a really good story of the person

The above story actually added a rule to my own personal list: You can judge someone based on a first impression, but don't set it in stone. Not yet.

To read other articles by Kat Dart visit the Authors section of Emmitsburg.net

High school grad



D efore I sat down to write **D** this article today, my mom asked me what I would miss the most about high school. Would it be the uniforms? My teachers? Pizza days? After pausing for a few seconds, I said that I didn't really know. It's not that I'm apathetic about leaving my high school years behind; it's just that I haven't taken the time to reflect on the past four years of my life. I figure now might be a good time to do just

My high school years haven't been what one would expect. I didn't go to public school, private school, or even Catholic school. I've actually been homeschooled since kindergarten. Gasp! Moreover, from 8th grade until now I've been attending a hybrid school called Christiana Homeschool Academy (CHA for short). That's the unexpected part. However, it's basically the same set-up as any school except it's only two days a week, so I'm still considered 'homeschooled' by the state. We have uniforms, teachers, crazy-hair days, prom, honor roll, etc. Contrary to popular belief, I am quite a normal high schooler. But I digress.

So what am I going to miss about being a homeschooled high schooler? Sleeping in late every morning? Doesn't happen. Staying in my pajamas all day? No thanks. Being bugged by my little brother? That's a possibility. However, all jokes

As the date of my graduation

has been quickly approaching,

I've been taking on more re-

sponsibilities as a young adult and for my future education. As a freshman and sophomore all that really mattered was finishing assignments while finding ways to manage my time for junior, I needed to start thinking about college and jobs. Finally senior year was full of classes that were required to be completed, school events had to be organized, and college applications and interviews needing checked off my list of 'toto worry about so many things at once. Every year, more has been expected of me at school and at home. While I see that as a beneficial part of growing up, it's also an unwelcome part of letting go of my childhood carefree days. However, it must happen at some point, and I am prepared to be more indepen-

dent and responsible I will also dearly miss my ways to college. After spending four years with my close friends, I think it will take a while to get used to not seeing them every week. We've shared so many great times with each other at parties, school outings, football games, sleepovers, dances, and just plain old school days. My senior classmates and I (all five of us) have watched the past seniors graduate and start college life (we've learned a few tips from them, too). I thought this since most of my friends had alcept for my classmates; I mean, who wants to hang out with the freshmen and sophomores? On the contrary, senior year has To read other articles by Olivia vears! Besides the fact that *Emmitsburg.net*.

our teachers treat us more like adults, we also get to lead many of the school events. Also, there's prom, senior pranks, goofing off in study hall, graduation, and all of the other perks that come with being a senior. Plus, we're able to drive ourselves to friends' houses, increasing our chances of seeing each other outside of schools But all of the fun times spent with friends and the new adventures that come along with sefamily and friends. Then as a nior year still remind me of the fact that high school is almost

Without a doubt, I wouldn't trade my high school years for anything else. All of the things I've learned, all of the friends I've made, and all of the good times we've had, made me into do before I graduate.' As I grew the person I am today. Four from a little teenager to a young years ago, I wouldn't have exadult, my list of responsibilities pected to grow and mature in grew with me. In some ways such a short time; it's crazy to I am going to miss not having see the difference a few years, and a few more responsibilities, can make. But I can't imagine having spent these past four years of my life any other way. Everything - school, friends, family, happy days, rough spots - they've all lead me here to my graduation from high school.

Sure, I'm pleased with my grades, and yes, I'm ecstatic that I'll be going to the college I want to. But right now, friends as we all go our separate especially this last year, those aren't the things that have been most important to me. I only get to experience high school once, and the greatest thing I could have done was to build solid friendships and improve my character. And I'm so happy to say that I've done just that throughout high school. Even though I will make new friends and keep growing into an independent young person, I am going to truly miss everything about being a homeschooled year I would be quite miserable high schooler over these four years. But I will always have my ready graduated from CHA, ex- memories and treasure the positive impression it has made on me for the rest of my life.

been the best of my high school Sielaff visit the Authors section of

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FOUR YEARS AT THE MOUNT

Freshman Year

Points of Time

Carolyn Shields

Twas standing around a bon-I fire beneath a sky penetratmy laughter with nineteen other Mounties as Alec began yet another rendition of "Jesus, Remember Me," and forced us all to sing along. We had been ready to start the Stations of the Cross four renditions ago. "Ok," Matt, a senior whose future will be beautiful, said before Alec could begin another round. "We will begin." Followed by a couple of I lost a breath of my life. I still

smelled so strongly of cat that my nose kept running, but I was enthralled by the woman on the couch next to me who was in Education class, listening to juniors charge. I listened to her history, of her taking thirty homeless children into her house. Across from us, the schizophrenic resident recounted her years of living I didn't know it was a capstone

I was falling asleep in my chair at 2 a.m. as little peons and orcs ran across my computer screen while words such as "As you wish" and "We will destroy them, m'lord" emanated from it. The sounds were thinly overshadowed by Justin Bieber music ed with stars, trying to suppress in the background. Playing Warcraft had become a weekly tradition, but all I could think about was earlier that night when all of us went square dancing, clapping our hands, dosey-doing, and shouting, "Yee-haw!"

I was on top of Torture Hill in the heart of New York state where two beloved saints were brutally beaten by the Iroquois and where wear my bracelet to remember I was in a homeless shelter that that fall pilgrimage, even though all of the icons have fallen off

I sat in my Globalization and and seniors discuss the role of the individual in Nlongkak, a region in Yaounde, Cameroon and hitting my head on the desk because

the dark, declaring, "Thou who will see age creep around the corliveth by the sword must perish ners of your parents' eyes, and you by the sword," and then a couple will face your future faster than you of guys tackled him. Then those Wednesday 10 p.m. Masses with Clint strumming the guitar and Judd playing the keys in the back of the cozy chapel, rain pitter-pattering on the roof. Even now, sitting in the library distracted by friends tapping the glass wall behind me until I turn and acknowledge them. My phone goes off with texts from people who were nonexistent to me one year ago, and I'm neglecting my Shakespearean re- cret of time travel, it's more like-

this year that are frozen in time, unable to be returned to, and lost to the past....Only the laughter

Freshmen year is over. God blesses us with time, but it's

up to us how to spend it. Don't forget; don't lose those memories of complete bliss and happiness and laughter...I've had so many this year. Do not waste your time counting the minutes that pass by but feel al. What a great way of living! In your pulse. There's life beneath your skin hysterically begging to be lived. Life is a story, so cherish each chapthe purest of all joys," St. Therese quired this year. course when I signed up. There ter. You will fall in and out of love, wrote. Of course, easier said than

and you will fall in and out of love done. I worked on this article for night, when Fr. Brian entered from again a few chapters later on. You

wanted to. And of course you'll live life with some regrets tucked into your past. Times of remorse will be thorns in the beautiful garden made of your history. But these regrets will be eclipsed by shadows of gold that are memories you will one day share with Mary in heaven...when life is now your past. And according to scientists, if we discover the sely we'll be able to head to the fu-All beautiful moments from ture than the past (trust me, I already checked...). So don't live life dwelling on things the past has claimed and cannot change.

There will also be moments of suffering, when you stay up until 2a.m pounding out that paper due yesterday, but St. Therese wrote that "With joy I kiss each heavy cross and smile with every tear that flows." Joy is to be found even in moments of trisuffering there's happiness to be found! "To suffer and to love is

and you would think my liberal arts education has taught me how to save documents on the computer, but no. So as I retype it all I'm trying really hard to be joyful through this suffering.

Besides, no one has suffered as much as that man on the cross. who bore the weight of the world on his shoulders. While doing it, he saw the future and how His church would crumble at times, how His children would turn away, how His kingdom on earth would come under attack...The one thing I want to get across is this: that man shouldn't have been on the cross. That should have been us up there. But He came so that we might live. So to end in the words of Blessed Pier Giorgio Frassati, "To live without faith without a patrimony to defend, without a steady struggle for truth, that is not living, but merely exist-

So start living it up for Christ! was trying to avoid this cliché, but live each day as if it were your last. I can t believe my freshman year is already in the past, but I thank God every day for blessing me with all of the beautiful memories I ve ac-

And my life is just beginning.

Sophomore Year Down to the wire

Samantha Strub

Tt's here again. It seems like strong in your classes. Lonly yesterday that we were moving in to begin our sophomore year at the Mount, and balanced. You have all these rehere we are getting ready to sponsibilities like jobs and activleave. It always amazes me to see ities on top of school work, and how fast time flies. One min- you still try to have a social life. ute you're moving in and going to your classes and meeting your how I can balance everything professors for the first time and that I have going on while still now in the spring of your soph- doing the best I can in my classomore year you are declaring es. I shock everyone when I say

your major and registering for the fall, all while trying to finish

That always seems to be the hardest part, keeping your life

Sometimes people wonder

when I'm stressed with a million things to do, I'm always so much happier and fulfilled when I have lots going on. If I only focus on schoolwork, I do not perform to the best of my abilities. I need to have a distraction, so to speak, something sports re- things that you have to do, it's lated or some other activity so that I can get my mind off all my stress and anxiety and realize

Things can be overwhelming when you lay everything out that you have to do. If you try to do everything at once without any and papers are at the end of the kind of break it becomes impossible to think rationally about it. the year the most stressful. You

that I thrive on being busy. Even You need to take some time to relax and de-stress, even when you have a million things to do because if you don't you will be overwhelmed and won't be able to focus on anything. If you can step back away from your to-do list and then come back to the always so much easier to perform to the best of your ability.

> Now though it's crunch time papers and presentations. We have to read whole books and prepare tests for every class. All of the most weighted projects semester. That makes the end of

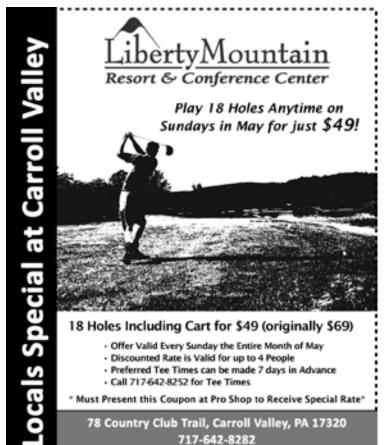
always have a million things to do all at the same time. Usually, that means a lot of late nights or all nighters in order to get everything done, which means the moment you get home for summer break you sleep in and relatives think you're lazy, but in reality you are just catching up on sleep from working so hard.

Somehow every single one of

your professors decides to place

what the most important things for college students. There are all of their main projects at the end of the semester. Even if the largest project or paper is in the middle of the semester, they still place some kind of paper or presentation at the end of the year. They probably do this so we don't slack off at the end or to help those struggling to improve their grades. The only problem with that is that sometimes that last paper that is supposed to improve your grade actually brings it down. Professors never seem to understand that we usually have five classes; they all think their

> class is the only one we take. When you sit back and look at everything you have to do, it becomes overwhelming because of the short amount of time. We sit and worry about how we are going to get everything done, but we really have to just take a step back, breathe, and then hit the books again. That's how we have to look at the last couple weeks of school. You have to just take a deep breath and dive right in in order to finish the semester off strong. Just remember you have all summer to recuperate. That should be enough of an incentive to prevent your becoming too overwhelmed and somehow allow you to breathe and get everything done.





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Junior Year

Bucket list

Julia Mulqueen

Tt feels like just the other day I was racing around the neighborhood on my bicycle, but it still had training wheels on it. Sometimes I feel like I myself still have training wheels on. Every year that I move up in school, I am told that the next year my teachers and professors will no longer baby me. I am assured that it will be my most difficult year yet. Certainly, my senior year of college will be my most difficult year, but perhaps not simply because of schoolwork. I will have one more full year of peace and security before I will have to leave the comfort of both my home and the Mount behind. Soon I will be out of school and living completely on my own. What terrors await me! I will have to pay my own bills, going to classes, I will go to work. a iob as a soldier in the Army when I graduate from college. With my graduation, I will be commissioned as a second lieutenant in the Army. I will be sent to Officer Basic Course and then I will be launched into my career in the military.

This launch into the real working world will be bittersweet, however. My parents, although they will still be just a phone call away, will no longer be just a drive away. I will really and truly have to grow up. As I ponder this fact, I realize that the summer I am now entering will be the last one that I will spend while in school. That means that this summer needs to be spent well. Perhaps I should make a bucket list of sorts with several must-dos over the summer.

more hands-on training. The next thing on my buck-

ery cadet must attend before he or she graduates college and is commissioned. The course tests way to determine the rankings of at LDAC directly affects the path ward to the opportunity, as well

et list, which is also ROTC related, is Cadet Troop Leadership Training or CTLT. This is a program in which cadets are sent to a unit to shadow a platoon leader. It helps selected cadets experience some time in an active duty Army unit so that they can learn how things work. I myself was The first two involve ROTC, of awarded the opportunity to attend CTLT in Germany. When The first thing on my buck- I found out, I was absolutely et list is Leadership Develop- overjoyed. I cannot wait for the ment and Assessment Course or chance to put my German ma-

Washington, which consists of wholesome German cuisine. The especially because I already read the third summer in a row.

The third, but perhaps most im-I said, I am slowly realizing that it of my career. I am looking for- in the upcoming years. I might I spend as much time with them this summer as I can.

> company I am most looking forward to is my oldest brother. He has been away from home for the past few years serving in the military. In fact, we have not been able since his college days years ago. It will be so nice to finally have the chance to spend some quality time with him. Hopefully the two of us will not bicker like we used to!

The final thing on my summer bucket list is most definitely LDAC. This is a training and as- jor to some practical use and re- reading. It may sound like a odd Fortunately, I know that I will have sessment course in Fort Lewis, ward my palate with some good, thing for me to look forward to,

tactical exercises, land navigation, experience will be rewarding I am so much during the school year. and physically exhausting obsta- sure, and I look forward to the The reading in which I will encle courses. It is a course that ev- opportunity to visit Europe for gage during the summer, however, will be mostly impractical. Will I read a few cheesy romance portant, thing on my bucket list is novels? Most certainly. Reading cadets mentally and is used as a spending time with my family. As is such a calming activity for me though, and I miss the opporeach cadet. Thus, how well I do will be much more difficult to see tunity to read whatever fiction my family as often as I would like I wish during the school year. Thus, summer will be a nice time soon be thousands of miles away for me to soak up some vitamin as the chance to experience some from them, so it is imperative that D and flip through the pages of the works of my favorite authors.

> So it seems my bucket list is The person in my family whose complete. The only thing I would add to it if I could would be a little more time to live as a college student. Everyone has always told me that their years in college were the best of their lives. I thought is was mostly nostalgia were all right. I cannot think of any other way that I would have wanted to spend these last three years of my life. So while I am as a soldier, I know that my last year at the Mount will be some-

thing that I will always cherish. courses I'm interested in again? Probably never. That's one of the things I will miss most about being at the Mount, the opportunity to take a va-

riety of classes and constantly explore

by, I'm amazed that in a few weeks I'll be receiving my diploma and leaving the Mount as a college graduate.

ever have to opportunity to take these Time really does fly.

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Fast forward

for my English classes. In one partic-

ular English class, I was assigned ap-

proximately 100 pages of reading for

each class. I thought this was a cra-

zv amount. After all, I had four other

classes that required reading and writ-

ing assignments! I never thought that

such a large amount of reading could

be applied to real life. But then I en-

tered the workforce. I have read hun-

dreds of pages of material during the

last month since I am a part of the

revision team for our office's SOPs.

Recently, I finished reading and re-

vising 85 pages of SOPs about pro-

cessing statewide petitions. And the

work isn't over yet! Detailed proce-

dures must be written and revised for

the Voter Registration Department,

the Absentee Department, and the

Election Worker Department. There

are also SOPs that will be drafted for

Chelsea Baranoski MSM Class of 2010

((T ife moves pretty fast. If you Ladon't stop and look around once in awhile, you could miss it." It has been almost one year since my graduation from Mount St. Mary's University, and I have learned that Ferris Bueller's saying is definitely true. I feel like my life in the "real world" is moving in fast forward. Sometimes I wish that life had a rewind button so that I could go back to the peacefulness of Mary's Mountain and enjoy the little moments that I may have taken for granted: reading and analyzing literature, watching movies with my roommates, and strolling through the Mount's green campus. In some ways, my life in the "real

world" is not much different than my

looks like a tornado blew through, I

Sometimes, working at the Board

of Elections reminds me of sitting in

my English classes at the Mount. Part

of my job is to write minutes for staff

meetings. This means typing an end-

less supply of notes almost every day.

The countless entries remind me of

the notebooks filled with black and

blue ink I have from my English class-

es. No matter which English classes I

took, I always ended each one with a

cramped hand and a notebook filled

The large amount of reading I do

at work also reminds me of the pag-

es and pages of reading I was assigned

of calm.

with writing.

life at the Mount. One year ago, I was processing provisional ballots. The Mount definitely prepared me for the doing homework in a small apartment bedroom cluttered with paperbacks, textbooks, spiral notebooks, pens, and computer paper. Whenever I looked Working at the Anne Arundel up from my laptop, I smiled at the County Board of Elections makes cheery photographs of my friends that me feel like I traded places with one coated the walls. Today, my work atof my Mount English professors. All mosphere is not much different. The of a sudden, I am the person who recounter space of my cubicle at the vises the work of others. I have revised emails, letters, and procedures. Anne Arundel County Board of Elections is barely recognizable because I wield my red pen like it is a magic it has so many documents strewn all wand that dispels grammatical errors over it. It looks like a tornado swept and formatting issues. Sometimes I feel like the "bad guy" because I mark through and blew a million sheets of stark white computer paper and postup documents with so much red ink that one can barely tell that the page it notes all over. At least my red, black, was white. It looks like ketchup was and blue pens are organized in two Mount St. Mary's mugs. As was the splattered all over and no one was gencase at the Mount, the more stressed out I feel, the messier my work envihad a discussion with one of my coronment becomes. Immediately after workers over comma usage. Indeed, I the Gubernatorial Elections, I found have felt like quite the English profestime to file my work and wipe down sor these last few months. my cubicle with Clorox wipes. Now, my cubicle has become the victim of I was busy at the Mount; between countless minutes, Standard Operating Procedures (SOPs) and email print outs. Even though my cubicle

Busy. Busy. I always thought class, work study in the library, working on the Mount's literary magazine, Lighted Corners, and participating in numerous clubs and organizations, I had little free time. I thought that can still click my ruby red heels and go back to the Mount in an instant. My some of the busyness would end with cubicle is decorated with a Valentine's my final papers and exams. Little did Day card from a roommate, a post- I know that the "real world" brings card of Mount St. Mary's, and pic- a new level of busyness. I currenttures of my roommates and me from ly have over forty sets of minutes I that became family. I moved back the Mount's Christmas dance and need to write as well as all those SOPs home to Pasadena, and my room-I need to revise. Overtime is a pretries that now hang in my cubicle serve ty regular occurrence. And that's just as my rewind buttons. Whenever I my job at the Anne Arundel Counam the least bit nervous about an upty Board of Elections. Add to that a coming project or deadline, I look at few weekend shifts at Aéropostale and my Mount memories and feel a sense one article a month for the "Emmits-

morning routine: coffee. Last year, I never drank coffee. I believe the only coffee drinks I had ever consumed were a couple of frappuccinos durhours of reading, writing, and revising ing my freshman year and one flavored coffee drink from the dining hall. Ever since our office purchased a Keurig coffee maker, I have become accustomed to drinking a cup or two in the morning. I always thought that coffee was too strong; in fact, the only thing I ever liked about coffee was its rich aroma. Now, every morning, I venture to the office break room, turn on the Keurig, watch the steamy hot brown liquid drip into the Styrofoam cup, pour in two small blue packets of Equal, a spoonful of powdered creamer (or if I'm lucky, vanilla Coffee-Mate), and stir it up. The hot coffee keeps my tired eyes alert when I erous enough to clean it up. I even am reading documents at 8 A.M. and attending staff meetings. It also keeps me from freezing, since my corner of the office always feels like Antarctica. Drinking coffee also makes me feel older and more mature. Whenever I think of coffee, I think of intelligent people who carry briefcases and wear five-button suits. Coffee has transformed me from student to working

> When I was a student at the Mount, I left my family on the Pasadena peninsula to study on Emmitsburg's mountainside. graduation, I left behind the friends towns as well. Living at home is quite an adjustment from living in a college apartment with two roommates. Now, whenever I want to talk to my roommates, I need to schedule a time

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wrong; I am not complaining. I am grateful for the opportunity to work and I like to be kept busy. However, sometimes the stress is a little overwhelming, especially since I am hard pressed to find a permanent job with benefits and to save money for "life" (a car and an apartment in Annapolis). Finances add to the stress. Even though I live at home with my family, I still need to write out checks every month for my student loans. I still need to budget money for the years ahead. I find myself thinking about my future a lot more now than I did while at the Mount. What will I be doing this time next year? Where will to do was walk into the adjoining I be living? Who are the people that I will meet? Will I be financially sta-

burg News Journal." Don't get me

bedroom or walk into the common room if I wanted to have a nice long ble? All of these questions remain ungirl chat. I miss sharing the events of the day with my roommates, dancing with them, and eating meals togeth-The busyness of the "real world" er. I am thankful that even though has led to one drastic change in my my roommates and I are separated by many miles, (one of my roommates lives on Long Island, while the other lives in Howard County) we are still very close. My roommates definitely became my sisters during my senior year. They comforted me during a break-up, encouraged me when I applied for my job, and congratulated me when I won the Mount's Creative Writing Award. Even though living at home has turned me into quite the "grownup," I am still a Mountie at heart. Thankfully, Pasadena is only an hour

suburbs and bask in the serene countryside. Every time I return, whether it is for Homecoming or to bring my sister back to school, I feel at ease. My mother and my roommate's mother have said the same thing, There is an aura of peace at the Mount. Maybe it is because Elizabeth Ann Seton walked the grounds maybe it is because Mary is watching over the mountain, or maybe it is because there are so many thoughtful personalities on campus. Whatever the case may be, the Mount has provided me with a wonderful escape from reality. When I am on campus, the rewind button is always within reach. I can close my eyes, breathe in the mountain air, and be instantly transported back to my days there. My life may have changed in the past year, but the Mount will always be in







freshman year I took a painting class Senior Year "Graduation? But it feels like I just got here!"

Katelyn Phelan

When I reflect on certain periods of my life, I nearly always jump to the conclusion that the time seems to have flown by. But when I slow my reflection down, I realize that day by day, the time passed slowly. Then I get confused, which is it? Slow or fast? Well, it's both, I suppose.

It almost seems as if these past four years at the Mount have moved by like a blur, in the blink of an eye. But then I remember all the nights I stayed up until 3 a.m. finishing my reading, the weekends I spent writing four or five papers, the exams I studied for, and the classes I went to, and I remember how at times, dent in my writing. Because of the ing certain required courses, myself at the days and weeks seemed to drag oral presentations I've given, I'm conby. I remember my countdowns to fident in my speaking skills. Because ed all 60 credits, I have found nearthe completion of certain classes or of research I've done, I'm confident in ly all of them to have been beneficial until break. When you're in it, you never think it goes quickly. Only afterwards do you realize how fast it's

When I think back to four years ago—my when I was preparing for my high school graduation and entrance into college—I have many of the same emotions as I have today. I'm excited for the future, but also apprehensive. I'm a little unsure, but confident that I'll figure it out. I'm ready to leave, and yet hesitant to do so.

Though I feel similar, in some ways, to my younger self, I am also quite different. I've changed and grown a lot in my time at the Mount, though I didn't realize it at the time. As Calvin says to Hobbes, "Know what's weird?

Day by day, nothing seems to change, but pretty soon...everything's different." And it's true. I didn't notice myself changing, but here I am, at the end of my college career, noticing that ev-

One of the most important ways I've changed over the past four years is in confidence. I'm more confident in myself, both in what I've done and what I know I can do. This confidence springs largely from the tasks I accomplished at the Mount or experiences I had here. I've had challenging courses, but have learned new courses. The Mount has a "core" set material and skills in order to suc- of classes; students must take about

Because of the hundreds of pages I've written for classes, I'm confimy ability to find the answers. And, perhaps most importantly, because of my interactions with professors, contact with my peers, and my time spent abroad in Italy, I'm confident in

I'm also confident with the decision I made four years ago to attend the Mount. I haven't spent a single day here where I wished I attended a different university. One of the reasons I was drawn to the Mount in the first place was its small size. I've never been one to like huge places with little personal contact, so for that reason alone, the Mount was perfect.

I have certainly not been disappointed in that regard. I actually owe one of my majors—Fine Arts to the college's small size. Fall of my

because I loved art and needed to fill a space in my schedule. Because of my work in that class, my professor encouraged me to major in art. Without her support, I never would have pursued that major on my own. This individual support and encouragement would likely not have happened if I was at a large university.

My art professor is one teacher I've grown close to in my time at the Mount, but I've also had the opportunity to work closely with many professors at the Mount, an opportunity I probably wouldn't have gotten at a big school. I've done several independent studies, and through them have worked closely with professors and developed close relationships with them.

Mount's extensive list of required 60 credits of specific courses over

Many students have balked at takin some way. Even courses that I hated have given me a foundation in the subject and helped develop important skills, like writing. The core has encouraged me to try new subjects and to get a little taste of many cours-

My favorite core course was the non-west requirement. This requirement can be filled through a number of different departments. One could take "World Religions" through the theology department, "Stories of Islam" or "Latin American fiction" through the English department, or any number of political science or business options. I liked my nonwest course so much that I decided to take another one. I think it's important for everyone to be exposed to

different cultures and ways of life, and the non-west course helps to do that.

I also chose to expose myself to culture through study abroad in Italy, and that was one of my most influential experiences in college. It was unbelievable to see the art that I had studied in a Mount St. Mary's classroom, hanging on the walls of a world-famous gallery, or to walk to same streets that Dante Alighieri knew when he wrote his Divine Com-

first, but am so glad I chose to go. Another decision I'm happy I made was to study hard and take as many courses as I could. There were semesters I took 21 credits, 2 classes over the average course-load. I took more than required because I wanted to get the most out of my time in I have also benefited from the college. I asked myself, when will I

new topics and learn new things. I'll also miss my friends. Of course I'll still keep up with them and see them, but we'll never live together again or go on spur of the moment Sheetz trips at 2 in the morning. The Mount has allowed me to get a great edy. I was hesitant to go on this trip at education, make wonderful friends, and continue to grow into the person I'd like to be. I'm ready to leave the Mount, but hesitant to leave. At this moment, it seems like I started my freshman year just yesterday. Despite the times when the days seem to drag

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IN MY OWN WORDS

Take note

Jackie Quillen MSM Class of 2010

Tt is almost a year after graduat-Ling from college and I can honestly say that life has pleasantly surprised me. I never thought I would be where I am today, which is high above the clouds on an airplane returning from a work trip. Most surprising life events since

graduating from college: 1) I got married and only spent

two months planning the wedding (Job well done to all those involved in the planning)

2) I landed an internship with a law firm just three months after graduation and pursued a full-time position from that internship in another

3) After eight months, I left my position at the law firm for another job offer with a smaller marketing agency.

I remember having a conversation about marriage with my Aunt Terry when I was no more than 10 years old. Aunt Terry said she married my Uncle Paul when she was 23 and I thought that was a perfect age to be married. As I grew older I thought this age seemed too early to be married, especially if I wanted to continue education or focus on my career for a while.

Some may feel that marriage gets in the way of focusing on things like further education, career goals or even travelling. It is more common now to wait longer to marry and start a family. It feels great to have taken the spontaneous route of getting married at 22 years old. I still have many goals I wish to accomplish that I feel even more motivated to do so because I have Sean's support. It feels like we can conquer the world together.

Though it all feels right, it is still strange to think that I am married and now have a husband. (That sounds so old!) I guess what I'm trying to say is that I always feel like a little kid still. The strangeness is the same kind I felt during other somewhat "big" events in my life – like getting my driver's license, going off to college, graduating from college, working my first real job. It all feels like one big field trip! Of course the reality of working everyday settled in and quickly replaced that exciting field trip with an exhausted routine.

I can safely say I am not exhausted by routine in my new job because of all the travelling I am doing. The travelling is only for the first couple months which will be thankful for. My very first task was to fly to South Dakota for a conference about detention issues in Indian Country. The conference was more of a lis-

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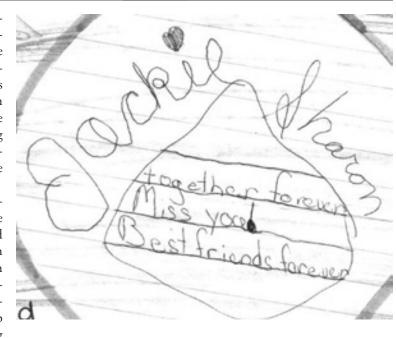
tening session between representatives from the U.S. Justice Department, representatives from Native American tribes, a U.S. district attorney and other representatives of the justice/detention system in Indian Country. Listening to the natives was the most eye-opening experience. One native in particular, Bernie, really impressed me with his outlook on life. Bernie is a social worker in a de-

tention facility for juveniles. He makes less than \$20 a day and has not received a salary raise in five years. He did not mention this in order to complain or receive sympathy. Bernie was pretty much telling the others to stop complaining about not having enough money and simply do it for your passion. I believe his exact words were, "I don't want to hear this whining crap." He discussed his passion for helping children to get on the right path in life and carry out the lessons their elders taught.

Bernie's words hit home to me as he talked so passionately about his daily struggles, especially when he said what an honor it was to be a part of the discussion because he is just a social worker. Just a social worker. Some may see it as "just a social worker," but I find his work incredibly admirable. I immediately thought back to my roommate's inspirational speech at graduation when she told us to go and quietly change the world. Follow our passions and quietly change the world. Bernie is quietly changing the world by helping children who have strayed from the right path with finding their way back. These children then grow up to be more influential leaders within their tribe,

The conference was a mix between people like Bernie, who wanted to make a difference in his own tribe and help others make a difference in their tribes, and people who used the confer- tually deals a lot with law and the ence to simply complain about the government to the members of the Justice Department. It seemed like the people who were actually hopeful, like Bernie, were the people seeing somewhat of a success in their tribes because they are putting their all into every day's work. Other people kept complaining about the lack of funding, which is an obvious issue that cannot be fixed

after one conference. The Justice Department did not organize a conference just to hear how much money each person needs, but to create an open environment to discuss hardships tribes experience and methods that may be helpful to implement in dealing with detention. When people started getting pessimistic rather than actually utilizing this opportunity for open discussion with the government, Bernie turned the discussion around to get people back on track. His optimistic attitude did not sugarcoat the still horrible conditions being discussed,



but simply got everyone thinking the right way - what can we

Of course Bernie's inspirational talk led me to contemplate my own life and how I am quietly changing the world. At first I thought how am I, the notetaker at this conference, possibly changing the world? But I am in fact doing a small deed that may make a small difference in the world, especially for Native Americans. I paid close attention to what everyone said during the conference, taking down the most important points, while another note-taker transcribed the entire conference, verbatim. The representatives from the Justice Department are taking our notes to form a bill to present to Congress. Hopefully Congress will pass the bill and provide more support to Indian Country to minimize the amount of crime and increase the availability of resources for detention and treatment facilities.

Though I left one marketing department for a position in another marketing agency, I still thought my new job would be a completely different realm from that of the law firm. At the conference, I realized my new job ac-

legal system, especially working with the Justice Department. In my last job I worked on improving my writing skills through my daily tasks of writing article blurbs and press releases. Every day got so busy that I could never actually spend quality time focusing on just one thing to improve. I ended up writing blurbs and press releases quickly just to get them off my plate, rather than spending the time to write them in a more creative way.

With my new job I will have the opportunity to improve my writing skills further by writing about things that strike some sort of passion in me. I never would have expected to feel passionate about Indian Country, but I acquired that passion just by being around others who are passionate about their own lives and careers.

One of Bernie's main themes

was about working together different tribes working together, Indian Country and the federal government working together, etc. If we all work together, quietly in our own world, we can help change the world. We just have to be patient and keep going, even when there are bumps along the way. Our passion should help guide us through



P.S. you'll always be my best friend

Thad to ask my mom how and when Jackie and I met. You're probably thinking that I'm a terrible friend for this memory lapse, but I like to consider it a testament to the fact that I can't remember my life when I didn't know Jackie. As far as I'm concerned, she's been my best friend since before I can recall.

Come to think of it, I don't know many people who can vividly remember their kindergarten years, which is exactly when, as my mother informed me, Jackie and I met. I can picture our classroom perfectly in all its toy-strewn splendor, but the exact moments in my mind are tangled and simplified, like a dream I know I had but can't quite wrap my head around. I vaguely remember bonding in our kindergarten classroom, "cooking" together in the play kitchen or bickering over the best Barbie doll. We were both five years old and we both loved dolls, so naturally we became friends instantly.

Jackie hosted our first play date, and seeing as she had a pool, I was ginning of many years of memomore than ecstatic to go to her ries between Jackie and I. When house. I'm sure things began as they my family still lived in Delaware,

normally do when you're five years both of our families would take giggling eventually overcome by a mutual interest in whatever activity you're both engaged in – but believe me when I tell you that it ended much, much differently.

As Jackie's mother Joanne recalls, we were swimming in the back yard and my mother had just arrived to pick me up. Imagine their surprise when they returned to the backyard, only to find us splashing in the pool, sans bathing suits. When I asked Joanne about the story, she told me, "I just left the yard for a few seconds to bring your mom to the back of the house. When we looked out the window, all that we saw were two little white bottoms bobbing in the water like dolphins. I couldn't believe it! I was so embarrassed since I didn't know your mother very well, and immediately thought Well, this will be the last play date with Sharon. The two of you were laughing so

are. The Skinny Dipping Episode (as I like to call it) was only the be-

old and making new friends - shy our dogs (my golden retriever Sandy and Jackie's yellow lab Amber) to the park, where they would chase after kites. Whenever I would ask Sandy Do you want to go see Amber? her ears would perk up and her tail would wag frantically as she circled excitedly around my legs. Sandy and Amber are both gone now, but Jackie and I still like to think of their camaraderie as the doggie ver-

sion of our friendship. My time in Delaware was shortlived. When I was nine years old, my parents broke the news that our family was going to move out west to Montana. Montana? Where the heck was Montana, anyway? I had hardly even heard of the state at that point in my young life - imagine comprehending that distance at nine years old. Alas, the date was set, and on June 27, 1997, we packed up our U-Haul and headed out

Fortunately, as future English majors, Jackie and I were ready to Eighteen years later, and here we write, and write we did. A good chunk of our friendship was maintained through letters, and we were darn good pen pals. Some of our memories I revisited through the diary that I've kept since I was six years old (writing has clearly been in my blood my whole life), and some are from the many letters Jackie wrote me while I was in Montana. I kept every single one of those letters, from as far back as 1997.

> It's funny to look back on our pen pal years and have physical reminders of the strength of our friendship. As I paged through the early entries in my diary that recounted the happenings surrounding my family's move out west, I found the goodbye card that Jackie had given me before I left. Dated June 24, 1997, the simple piece of folded white computer paper is covered in tiny yin yang stamps, and a trail of hot pink stamped paw prints runs across the middle. Winnie the Pooh block letter stamps spell out "BYE" directly underneath the carefully written vords *To Sharon, Love, Jackie*.

The hot pink paw prints continue on the inside of the card, where they surround the words, I'll miss you when you leave. I hope you have a good time. I'll always think of you. I hope you won't forget me. P.S. You'll alway's [sic] be my best friend.

When you're that young, you just say things – at nine years old, we weren't thinking about the future the way that we do now. Jackie and I always just assumed and I guess knew in a sense that we would always be friends. We had been each other's best friend for four years, so what was forever to us?

Our correspondence lasted for the two years that my family and I were in Montana, and the following years when we moved back to the East coast. We wrote to each other about just about everything, from



IN MY OWN WORDS

Sharon's departure for the West Coast.

family (February 4, 1999 - Do you feel really left out in your family being the middle child? I do! And I hate it. I feel like I'm an ant.) to food (April 4, 1998 – Did you have a good Easter dinner? We had ham with really what you had for dinner in your next letter!). Yes, we had the mother of all long-distance friendships, but it never fazed us. Our focus was solely concentrated on the next time we would be able to see each other.

We were even featured in the 'Friends" section of the January/ February 1999 issue of American Girl Magazine. Dubbed "The Buddy System," this particular "Friends" section featured six different girls from ages 9 to 12. Each girl's interests and hobbies were listed next to her photo, and the goal was to pick out which two girls were best friends. Jackie enjoyed fishing and collecting Beanie Babies, and she was a piano player and dog lover. I also happened to enjoy fishing and collecting Beanie Babies, and I too was a piano player and dog lover. Tough guess.

I could fill pages with the letters that we wrote back and forth, but one particular letter that Jackie wrote to me back in March of 2000 stood out to me. We had moved back East at this point, and my family was getting ready to move to Pennsylvania that summer. We were both going through that awkward pre-teen stage that everyone hates, but we found comfort in knowing that we could talk to each other. She my bestest friend forever, and I really mean that. I hope we always stay together forever!

We really did stay friends together forever. Once I moved to Pennsylvania in the summer of 2000, our friendship picked up right where it had left off; a one hour drive seemed like nothing compared to the 2,500 miles that had separated us only months before. We talked all the time, visited each other often, and became friends with each other's friends from high school. Senior year came before we knew it, however, and pretty soon we were preparing to head off to college: Jackie to Mount St. Mary's in Emmitsburg, and I to the College of the Holy Cross in Worcester, Massa-

Once again, our friendship was

stretched over countless miles of highways. Thanks to Facebook and e-mail, we didn't need to write paper letters anymore, but we still kept in touch frequently. The distance prevented us from seeing each othgood some kind of potatoes. Tell me er, sometimes for a year at a time, but we still remained close; true to our nine-year-old word, we were still always best friends.

> Again, graduation came and went, but this time we were dumped headfirst into the real world. I hadn't seen Jackie in almost 2 years, and our busy schedules had prevented us from speaking to each other for quite some time. Neither Jackie nor I had jobs right out of college, so as we both spent our days searching for employment, we gradually reconnected over cover letters, resumes and interviewing tips.

> And then she got me this gig at the Emmitsburg News-Journal. Now, don't think this is a clever plug for the newspaper (though it really does flow quite nicely), but I truly do credit my opportunity to write for the Journal with the revival of my and Jackie's friendship. As we worked together writing and editing articles, we contacted each other regularly again; since the newspaper was a shared component in our busy schedules, it was much easier for us to keep in touch even though once again, she was in Delaware and I was in Massachusetts.

I saw Jackie for the first time in two years only a few weekends ago, at her wedding. When she picked wrote, I miss you so much! I can't find me up at the train station the day a friend in Delaware that's like me or before the ceremony, it was as if we had never been apart. She hasn't changed a bit since we were five years old, and that's what I love most about her; she's the same Jackie today as she was when we were breaking the rules in her pool all those years ago. It's comforting to know that a good friend will always be the same every time the two of you get together, whether it's been a week, a month, or ten years. I feel truly blessed to have a friend who is exactly who she always has been, and I know that her husband Sean is a lucky man to have her by his side for the rest of their lives. I am so happy for the two of you, and I wish you everything that is beautiful in life – you deserve it!

> Oh, and Jackie – P.S. you'll always be my best friend.



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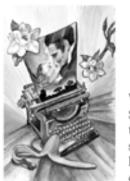


Hank Williams: Lost Highway The Journey of an American Musical Legend

By Randal Myler and Mark Harelik

May 28 - June 12, 2011

Follow the rise and fall of the original country music outlaw, from his humble roots singing gospel music on the Louisiana Hayride, to the great stage of the Grand Ole Opry. This unforgettable musical tribute features over twenty Williams classics including, Hey, Good Lookin', Move It on Over, Jambalaya, and Your Cheatin' Heart.



Moonlight and Magnolias

Frankly my dear, this is comedy! By Ron Hutchinson

June 14 - 26, 2011

When famed Hollywood producer, David O. Selznick, realized three weeks into shooting the epic, Gone With the Wind, that the screenplay just wasn't working, what did he do? Find out in this hilarious, true life comedy about the most famous film that was almost never made.

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THE ARTS

Seniors give a final bow

MSM Class of 2013

The time is fast approaching, the I time that many of us students dread. It is the time when teachers assign last minute projects, essays, and group work to fit in as much work as possible before classes end and finals week begins. But for the seniors here at the Mount, the main thing on their minds (besides Senior Formal, graduation, entering the job market, and of course, the "real world" that lies ahead) is their senior projects. These projects are a way for them to celebrate their time here at the Mount and showcase their talents to the entire community. We are able to recognize the hard work that they have put in over the last four years. As the end of the school year approaches, we will get to enjoy more and more of these senior I had the pleasure of attending

Gigi Gibilisco's senior recital, entitled "An Evening of Broadway." The thing that made this performance truly unique was the fact that he made it into, as Gigi described, a "family affair." He was able to fulfill his dream of performing with not only his brother Jaime, but also his father Lou, who is the head of the Performing Arts at Notre Dame High School in Lawrenceville, NJ. Accompanied by his father on the piano, Gigi and his brother Jaime performed a variety of Broadway songs that left the entire audience in awe. The performance ended Lou, Gigi, and Jaime Gibilisco. This was Gigi's favorite moment of the performance, and he indicated that

an overwhelming standing ovation, and the first question that was asked during the question and

Camp Abracadabra: All About Magic - Ages 8-12

Decorate Yourself: Jewelry Making - Ages 8-12

Art-a-Palooza! Fine Arts Exploratorium

Now You're Cooking Camp At The Links

Dirty Hands Pottery Camp - Ages 8-13

Cooking Around The World - Ages 8-10

Clay Jungle - Ages 7-11 July 18-22, 1-4 pm - \$10 Materials Fee

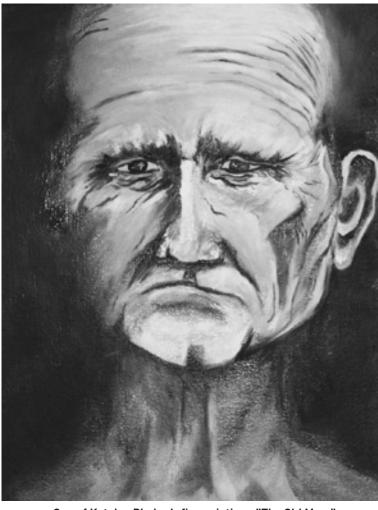
Time In The Rainbow - Ages 4-5

Includes: Food During Camp Each Day, Food Taken Home And Racipe Booklet.

July 25-29, 9 am-11 am - \$83 Members, \$90 Nonmembers \$20 Materials Fee.

Explore The Rainforest With Art - Ages 7-11

Exploring The Elements Of Art - Ages 9-12



One of Katelyn Phelan's five paintings."The Old Man."

Gigi's song choices for the performance were diverse and challenging, allowing him to practice his acting skills along with his singing. In addition to making sure his voice stayed healthy throughout the performance, he had to play with an incredible trio consisting of the role of each character from the song selections, which came from twelve different Broadway musicals. "Each song had to do with human it was something that he will never relationships in one way or another. The message of human relationship The response to the recital was is a universal principle that can speak to every person," he explained.

The experience was a learning lesson not only for those of us who answer session came from a student had the pleasure of attending this

May 25 - June 15, 5:30-8:00 pm

Portraits & Landscape: Lighting & Composition

SHORT TERM SEMINARS

So You Think You Can't Cook - June 13, 3-7 pm

[48 Members; \$53 Nonmembers; \$20 Materials Fee

Silver Metal Clay Filligree Earrings -

Bring Home The Bakin' At Pomona's

\$119 Members; \$131 Nonmembers.

lune 2-23, 6:00-8:00 pm

Engaging Creative Energy Through Writing & Art

Intro To Digital Photography

June 7-28, 6:30-8:30 pm

July 7-28, 5:00-8:00 pm

June 18 - 12-4 pm

48 Members; \$53 Nonme

Make It/Take It Clay Jewelry July 13 & 20, 5:30-8:30 pm

Outdoor Sketching August 2-23, 5:30-7:30 pm

wondering what was in the water performance, but also for Gigi. much works actually goes into performances like these. "Other than learning the songs and connecting see the possibilities of each of the with the text and message, the logistics of putting on a concert/

focused her project on creating speak." work that showcases form and the beauty of material. She enjoys to create art in hopes of showing painting, and I'm sure that she is a that she can allow the viewer to it in galleries and developing a name to be on the lookout for in the interpret each piece in his or her strong portfolio to use toward her

admission into a graduate program to obtain a Masters degree in Fine Our verv own News-Iournal

Senior writer Katelyn Phelan is own way. Her artwork is a way another senior about to complete for herself as the artist to express her time here at the Mount. Her her ideas while still allowing the senior project is called "Breaking the viewer to participate in the work Cycle." Her project focuses on the central tenants Buddhism, especially interactively. Each person could take away something entirely the emphasis on the inevitable suffering in life and the solution of Mackenzie's approach to art strays detachment. Katelyn explained, "I from the traditional approach, but was drawn to Buddhism because of its contrast with the American way in doing so it provides a unique perspective for the viewer. "My of life, so that's certainly part of my message--that we tend to focus on While most artists become inspired material wealth, but happiness and by an idea and then decide on what contentment really comes from a medium to use; it is the material simpler way of life and detachment itself that inspires me. The materials

In Katelyn's artist statement, she explains that she created a series of oil paintings that show "our choice in life, as Buddhism proposes. Three of the four small paintings show types of suffering in life—age, disease, and death." In explaining the pieces in her project, she said, "I have arranged and depicted these aspects of Buddhism so as to show As a result of working on each the thematic differences. The small piece of her project, Mackenzie paintings of suffering are in dull, earthy colors. Suffering is not the path the enlightenment, rather, the Buddha and mandala are. By following the Buddha and ridding oneself of attachments, one achieves freedom from samsara or the cycle of life and suffering. Buddhism is the way to break the cycle."

Katelyn explained that endurance was one of the major things that she learned as a result of working on her senior project. Typically she can finish a work of art and then move on to something completely different, but with this project she had to base her entire body of works new message each time they are on a single theme. Deciding what to do for her project was a very important and difficult decision to make. "Picking the subject of my something that was on my mind for months before I started," said Katelyn, but she is mostly excited that she gets to display what she described as "the culmination of not only this extensive project but also of four years of artwork at the Mount."

Katelyn has been very successful so far and will surely be successful on continuing to make art for herself and for people she knows. She is considering pursuing mural

So with the end of the school year comes all of the stress, work, finals, and of course the yearning for summer vacation, but be sure to take the time to appreciate all of the hard work that these seniors, and all of the other seniors at the Mount, contributed to their projects. The past four years studying at the Mount have shaped them as students and as artists, and they have compiled their best works to show to their audiences. Their talent is inspirational to us all, and I'm sure they will be very successful as they pursue their dreams in the art world after graduation.

oil on canvas, 12 by 10 inches.

the Mount's MAT program for a Master's in Music Education, but he hopes to make his living performing before he pursues a displayed. career in education. Plans to find a union job at Disney World are in the cards for Gigi, and eventually he would like to audition on Broadway in New York City. As the vocal and acting coach at the Performing Arts Summer Session at his high school, he is gaining experience while also making himself more marketable for jobs after he graduates. I'm sure we will see great things from Gigi in the

one uses this kind of medium." original context and make people materials she used. A particularly recital is what many people take for fact that the ways that her pieces are granted," Gigi explained. Gigi is pursuing a degree in space constraints. She is able to adapt

"This show has helped me to fully develop my artistic vision and what I want as an artist to accomplish in work was challenging, and it was the future," said Mackenzie. When asked about her project, she said, "Honestly, my favorite part of my process was finding the materials. My Saturday mornings were spent scavenging local junkyards or salvage warehouses looking for materials that inspired me. My greatest challenge was to not overthink. There would In the visual arts realm of the be times when I would get stuck if after graduation, when she plans

different from the pieces.

work is about process and materials.

I select dictate how they will be

manipulated and what will be

created," said Mackenzie. She used

found objects, industrial materials

and other things that have been

cast away, such as metal screening

from vents, discarded plastic

sheeting used to cover lumber,

hardwood floor installation, and

described that for her artwork, "there

really isn't a finish. I can always

continue to create and experiment.

There are endless possibilities when

Through her project she was able

to take these materials out of their

interesting aspect of her show is the

displayed may be changed based on

her installations to the surroundings,

which can therefore convey a whole

scrap galvanized tin.

Mackenzie plans on continuing

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IMAGINATION

ultion for summer camp is \$125 for Adams County Arts Council members-\$135 for non-members. Materials fees are payable to camp instructors the first day of camp. Unless othe noted: Tuition for Adult Classes and Short Term Seminars is \$95 for Adams County Arts Council membe 8 Carlisle St., Gettysburg unless otherwise noted. Register by phone at 717-334-5006.

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MOUNT SPORTS

Mount womens' softball

extremely excited about the impact

that Nagro has already made on the

program. "I believe she has made a

huge difference to our team's atti-

tude and my own. She is our coach,

but truly cares about each of us as

individuals as well, which is some-

thing the team has been lacking."

Nagro's coaching philosophy, along

with practicing hard and being a

leader for her team, is that she wants

the girls to get more out of their

four years playing here than just

wins and losses. "I want it to be an

entire experience," she says. "I don't

every day, stay for two hours, then

softball practice, workouts, travel...

I want to make an impact on their

can say that they did." It is safe to

Mount as the softball team's new

say that Nagro's presence here at the

MSM Class of 2013

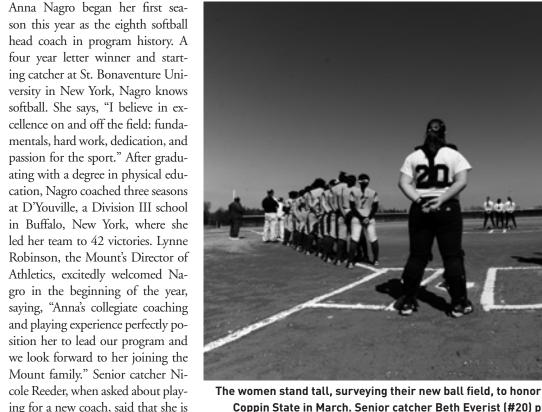
ood morning, afternoon, eve-Ining (take your pick) Emmitsburg! Enjoying this beautiful, blissful month of May? May. That small, three-letter word holds more meaning than you might realize. I know for a fact that there will be approximately 2,000 students walking with a lighter step around May 14th, when exams are finished, dorm rooms are vacated, and sun-roofs are opened wide on the drive home for summer vacation. I'm getting a little bit ahead of myself, though. In the next two weeks, research papers will be handed in (you know, the ones we've supposedly been "working on all semester long"), group projects will be presented, exam study guides will be made, and all-nighters will be pulled. Not only does the end of the school year entail a heavy school work load, but the Mount's sports teams are still working hard, preparing for their championship seasons.

Last month, we covered the ins and outs of the men's baseball team here at the Mount. Going along with the same theme, May's sports section is highlighting the Mountaineer's softball team. In the 2010 spring season, the women went 25-25 overall and 7-12



Beth Everist steps up to the plate and blasts another home run, one of 17 career homers for the senior from Lansdale, PA. Everist is just one home run away from tying the Mount's all-time career record, set in 2006th and a vote Goode, play. Although they were picked to finish 8th in this year's NEC preseason coaches' poll, the team has made some changes— including a new coach and revamped playing field that have proven to be valuable in their ability to come from behind and surprise rival teams. In a preseason interview, sophomore Alexa Tuck said that "compared to the 2010 season, this season is expected to be better in every way possible. We have an extremely talented team. All we have to do is tweak a few little things and we will become the ultimate underdog story."

Nagro Steps up as New Softball Skipper



The women stand tall, surveying their new ball field, to honor our nation before their match-up against Coppin State in March. Senior catcher Beth Everist (#20) prepares for yet another intense game.

Straw. In an interview at the dedication ceremony, junior Liz Christiansen was overjoyed and exceed-"Thank you so much, this is such a big deal for us, we now have a field just like the baseball team's and we So Long Seniors really appreciate [the Straw's] donation." Irv, who graduated from Mount St. Mary's in 1952, donated money for the new fields because softball and baseball were his loves here at the Mount, and he wanted to give back to the place that gave want the kids to come to practice him so much when he was here as a student. The new stadium and field leave. I want it to be more than just have certainly been put to good use, as the Mount women hosted 21 games this season, including Northlives, I want them to enjoy being east Conference match-ups against in college. Being a Division I ath- St. Francis, Bryant, Monmouth, lete is not something that everyone Fairleigh Dickinson, and Central

Season Highlights As of April 20th, the women were

head coach is both refreshing and 14-22 overall and 4-8 in Northeast Conference play. However, with 12 Our Lady of the Meadows Field more games to play, including 8 Not only does the team have a fresh conference games, the softball team face on the coaching staff with Nais gunning for a fantastic conclugro, but the entire program has a sion to their 2011 season. Earlier in new image due to the renovation of the spring, they traveled to Jacksonday September 25th, crowds gathspring break March 11-13th, where ered on the east side of campus for they clinched an exciting victory the dedication of Our Lady of the over Alabama State and fought hard Meadows Field. The dedication of against Kansas, losing 2-3. Other the newly revamped venue includnon-conference victories in March ed a welcome address and speechincluded wins against George Maes by President Thomas Powell, Dison, UMBC, Iona, North Carolina rector of Athletics Lynne Robinson, Central, and UMES. In their first and head coach Anna Nagro, folconference match-up on April 2nd, lowed by a blessing of the field and the women traveled to Hamden, players by Rev. Thomas Lane. After CT where they went 1-1 against President Powell threw out the first Quinnipiac. Later, they crushed St. pitch, the women went on to hand Francis in both ends of a double Hagerstown Community College header at home on April 17th. At the end of April, the Mount women are back-to-back losses. The renovation of the field, which included a brand keeping themselves busy, playing new back stop and grass outfield, against Northeast Conference teams all new dirt on the infield, bleach-Robert Morris, Monmouth, Fairers behind home plate and along leigh Dickinson, and Central Conthe first base line, and a state-ofnecticut State. Be sure to make your the art press box, was made possiway out to support the girls in their ble by the generosity of Irv and Ella last two home games of the season

on May 1st at the Our Lady of the niors' leadership, saying "The se-Meadows Field. If you didn't get a chance to watch the softball team in ingly grateful for the new venue: action this season, be on the lookout for their fall 2011 schedule.

Graduating and moving on is always a hard thing to do, but the strides made by the softball team this past year make it that much more bittersweet for the team's seniors to pick up and move out. Five players will pitchers Beth Everist and Amanda Hanson, catcher Nicole Reeder, shortstop Jenna Zimmermann, and outfielder Courtney Zingle. "The seniors have been really great," says Nagro. "They've shown me around the school and told me the things I need to know. They've brought a lot of leadership to the team, which is huge and they are all leaders in their own way, which has been really important to us, too." Fellow player Alexa Tuck commented on the se- Emmitsburg!

niors this year have done an amazing job at stepping up and taking the place of those before them— it is extremely inspiring." The contributions made by these women over the past four years are monumental, and they will be greatly missed by the coaching staff and their peers

Well folks, thanks for stopping by this month's Sports Scene! As you have hopefully gathered by now, I be graduating this May, including am a fanatic of all sports. I grew up playing soccer, lacrosse, basketball, and, only when the boys on the play ground allowed it, flag football and dodge ball. However, my heart and my loyalties lie with my first love, the purest of activities, the Taj Mahal of all sports. Yep, you guessed it... running. Now that we got the boring sports out of the way (I jest, of course), be on the lookout for next month's Track and Field article. Until then, make it a great month,



Who's on deck?

B as a season has started and this means that summer is just around the corner. In spite of the rainy weather we have been experiencing this April, I want to take the opportunity in this month's column to discuss a seasonal topic - Decks and Screened Porches. Now is a great time to begin planning your project in order to have it complete in time for summer barbeques. The following is a guide that can help you and your contractor maximize your return on investment with years of enjoyment by focusing on current trends in design and material, as well as tried and true construction elements.

In simple terms, a deck is a wooden structure, usually attached to the house, used to extend the living space of your home into the outdoors. In reality, a deck can be a integral part of your family's daily lifestyle and, therefore, should be designed and constructed with that lifestyle in mind. We begin by highlighting a few design elements you should consider when having your contractor draw up plans for the new outdoor area.

Access - How will you get to your deck? Most homes, especially newer ones, have a 2nd exit door on the side or the rear. Typically, this door will provide direct or indirect access to your new Deck. One Deck that I built had a side door. So, we constructed a 4' wide walk-way that butted up to an existing concrete stoop and wrapped the side of the house to the new Deck. These Owner's preferred this arrangement so that the new Deck would be on the North side of the House - providing cooler summer evenings. However, you don't have to limit yourself by existing door locations. On another job, we took a window out and replaced it with a single swing door and light (required by code).

Site Conditions - Your contractor will be excavating for footings and attaching the deck to the House, so consider the following in the design stage: Location of electric service, phone lines, gas lines, water/well lines, sewer/septic lines, etc. Make sure your Contractor has contacted Miss Utility (410-712-0056) before digging begins. They will mark most of the utility lines for you and this gives the green light for the contractor to start. Above ground, pay attention to dryer vents, heat pumps, furnace exhausts, electric meters, gas regulators, sump pump discharges, etc.

Lot Conditions - Which direction does your house face? Be conscious of prevailing winds and the setting sun. You might want to turn a portion of the deck into a screened Porch or strategically place a Gazebo to help shade or protect the rest. Know where your building restriction lines (BRL) are in relation to your house. Refer to your house location survey for this information. If you are tight on space, confirm with the prevailing jurisdiction that you can cantilever the deck over the BRL for added Deck space.

Building Codes and Homeowner's Associations (HOA's)- General-

ly, local building codes provide minimum and maximum requirements for different materials and life safety issues. For example, current code states that if you have more than 1 step (7.75" max. measured from the top of the threshold) out of the house, then the first step must be a minimum 3' x 3' landing. Most of the building codes

obviously impact final design. **HOA's** - Check with your HOA to see if they specify minimum or maximum sizes, materials, or location. You will also want to know what documents are needed to submit to the HOA for approval and how long the review process takes. Do this prior to any permit applications in case some modifications are required.

By taking the time to review all of the above items at the beginning of the project, you and your contractor will be able to come close to the mark on the initial designs and fewer modifications should be needed. This will save you both time and money.

After you have the design and size in mind, then it's time to consider what building materials are best for your project. It is extremely important at this point in the project to keep your budget in mind and make sure you have communicated this to your contractor. There are almost limitless possibilities in terms of styles and quality of products. Your contractor will be able to narrow down the overwhelming selection options by knowing your budget and your style preferences.

Structural Materials -

• The frame of your deck will most likely be built using pressure treated lumber. Pressure treated lumber is made by placing pine (usually southern yellow pine) into a horizontal cylinder. A preservative is then forced into the wood under pressure. The "treated lumber" resists rot and decay and can extend the life of the wood by up to 20 times.

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beams. These come in different thicknesses and depths and can be engi-

neered to cover long spans. The advantage to these treated laminated beams is that some of the posts and footings can be eliminated. This can prove helpful if you have an obstruction in the way (gas line) or if you want a "cleaner" view out your basement below the deck. Not having to put a support post in the center of your walk-out basement door will improve the final design.

Finish Materials

- Deck surfaces classified as wood include treated lumber, Cedar, Douglas Fir, and Ipe to name a few. Ipe is probably the least well known of this group. It is a South American hardwood that grows very slowly and thus is extremely hard, dense, and heavy. Although it is tough to work with because it requires pre-drilling and can dull blades very rapidly, Ipe provides a finished product that is beautiful and unique.
- "Maintenance Free" decking materials come in a wide range of styles and construction. Generally speaking, there are composites and PVC deck boards. The composites (a mixture of wood and polyethylene) behave more like wood. As compared to PVC, they tend to be a little less expen-

(no shiny finish). The downside is that they tend to fade a little more.

• PVC decking, as compared to composites, will generally have a nicer raised "wood grain", resist fading better, and last longer. These are the three reasons why it has become the decking of choice for many builders and homeowners. Brand Names - Here are some of

the major manufacturers of the decking and railing products you and your Kohl Building Products - Fredericks contractor will most likely consider: Jeff Smith Azek, Evergrain, Fiberon, Guardeck, Hampstead, MD: Wendy Kugel Timbertech, and Trex. In addition, you might look at Endurance or Superior for manufacturers of railing and

Railing Materials - Most decking manufacturers will also make matching railing. A popular trend is to select a railing color that complements the decking surface, thereby creating a two-tone look. Another trend is to use clear glass panels between the rail support posts for a truly open look. These have become very popular, which in turn, has increased the availability

your deck. They create a dry area under the deck for a patio or another deck. They have a drainage and gutter system that directs the water away down and away from the house. Two

of the most common on the market

today are Drysnap and Dryspace.

If you already have your design in hand and are just looking for material, here's a peek at my list of preferred suppliers I use for all of my projects:

Leisure Specialties - Savage and

410-796-4439 N.Z. Cramers - Woodsboros

Bine Ochs

T.W. Perry - Various Locations:

In conclusion, the sky, and your budget, is the limit when planning your deck and screened porch projects. A knowledgeable contractor can be the key to enhancing the functionality and style of your design, navigating the vast array of available products, avoiding costly mistakes, and keeping

As always, if you would like to learn more please visit our website at www. wivellhomes.com or email me directly

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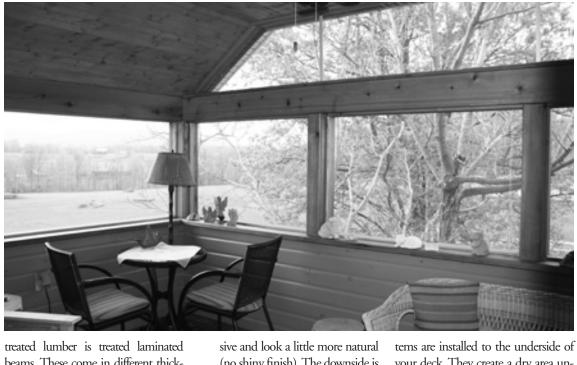
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Meditation

Renee Lehman

What is Meditation? Meditation has been around for

thousands of years. It is a way to realign the mind with the physical body to create harmony within an individual (remember the dualistic way of looking at the mind and body that was discussed in the March article on You are Your Beliefs). Most meditative practices have come to the West from Eastern spiritual or religious traditions. Today, many people use meditation to decrease stress on the mind and body, and for general health and well-being.

Forms of Meditation

Basically, there are 2 categories of meditation. One category is classified as concentrative and the other is non-concentrative. Concentrative forms have the meditator focus attention on a single stimulus (for example, a sound, their breath, thought, or word) for a specific time. Non-concentrative forms have the meditator paying attention (or observing), in a nonjudgmental way to his/her thoughts (for example, observing a fear that comes up and not reacting to it, instead, just watching it). Keep in mind that all forms of meditation have the common objective of calming the activity of lungs. Pause for a few seconds and the mind (monkey mind) so that your focus can be turned inward. hale. As your mind wanders, re-

This will then bring stillness, and you will experience peace and contentment that lies within you. See the table below for examples of these two forms of meditation.

Concentrative Forms: Transcendental Meditation (TM), Breath Watching, Walking Medi-

Non-concentrative Transcendental Meditation

(TM) was brought to the United States from India in the mid-1960s by Maharishi Mahesh Yogi. It is relatively simple and involves the continuous chanting of a mantra (a word or sound) while sitting in a comfortable position. You can either repeat it aloud or in your head. The purpose of repeating the mantra is to prevent your mind from wandering. If other thoughts do enter your mind, be passive, and don't fight them. Let them come in and out of your mind and return to your mantra.

Breathing Meditation is about watching and being aware of your breath during meditating. Start by staying in a comfortable position and close your eyes and pay attention to your breathing. Take long, slow breaths through your nose to work your diaphragm and allow oxygen to the bottom of your then exhale slower than your in-

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focus on the air going in and out of your nose and throughout your

Walking Meditation involves meditating while walking or even during a run. As your mind starts to wander, concentrate on the movement of body parts and your breathing. Pay attention to the feeling of your feet as it touches

Mindfulness Meditation originates from the Buddhist tradition. It is about focusing on what is happening around you and being aware of your thoughts and feelings during the process of meditating. There should be no judging of your thoughts. Rather, your thoughts should be observed intentionally and nonjudgmentally, moment by moment. You can start by watching your breath, then move your attention to the thoughts in your mind and even the sounds and sights surrounding

How does Meditation Work? Practicing meditation has been

shown to make changes in the body. Some types of meditation might work by affecting the au-₩ Alloway

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In one area of research, scientists are using sophisticated tools to determine whether meditation is associated with significant changes in brain function. A number of researchers believe that these changes account for many of meditation's effects (for example, Hölzel BK, et al. Mindfulness practice leads to increases in regional brain gray matter density. Psychiatry Research: Neuroimaging. 2011;191(1):36– It is also possible that practic-

nervous system (nccam.nih.gov/

tonomic (involuntary) nervous

system (ANS). The ANS regu-

lates many organs and muscles,

controlling functions such as

heartbeat, sweating, breathing,

and digestion. It has two major

parts: the sympathetic nervous

system helps mobilize the body

ing rate to slow down.

health/meditation).

proving the mind's ability to pay just focus on your breath. What attention. Since attention is in- have you got to lose? Oh, yeah, volved in performing everyday tasks and regulating mood, meditation might lead to other benefits (for example, Lutz A, Slagter HA, Dunne J, et al. Attention regulation and monitoring in meditation. Trends in Cognitive Sciences. 2008:12(4);163–169.).

Chronic Disease

disease, stroke, cancer, diabetes, and arthritis - are among the most common, costly, and preventable of all health problems in the U.S. They are prolonged and are rarely cured completely. In 2005 the Centers for Disease Control and Prevention (CDC) announced that 133 million Americans - almost 1 out of every 2 adults - had at least one chronic illness. About one-fourth of people with chronic conditions have one or more daily activity limitations. Seven out of ten deaths among Americans each year are from chronic diseases. Heart disease, cancer and stroke account for more than 50% of all deaths each year. Four modifiable health risk behaviors—lack of physical activity, poor nutrition, tobacco use, and excessive alcohol consumption—are responsible for much of the illness, suffering, and early death related to chronic diseases (www.cdc.gov/ chronicdisease).

Research on Meditation and Well-being

for action. When a person is under stress, it produces the "fight-Evidence has been increasing that people with chronic diseasor-flight response": the heart rate es can gain benefit from using and breathing rate go up and blood vessels narrow (restricting meditation. Currently, the National Center for Complementathe flow of blood). While the ry and Alternative Medicine (NCparasympathetic nervous system causes the heart rate and breath-CAM) of the National Institutes of Health (NIH) is investigating the effects of meditation on post-It is thought that some types of meditation might work by retraumatic stress disorder, on pain regulation, high blood pressure, ducing activity in the sympathetstress reduction for urban youth, ic nervous system and increasing activity in the parasympathetic and depression (clinicaltrials.gov).

The 2007 National Health Interview Survey revealed that some 20 million U.S. adults use meditation for health purposes (nccam. nih.gov). Overall, meditation has been reported to reduce health care costs, strengthen the immune system, lower blood pressure (in people with high blood pressure), reverse cardiovascular disease, and reduce the affect of stress on the mind and body (anxiety, depression, and improve coping skills for cancer, HIV/Aids, and chronic

So when will you try meditation? Start right now. Put down meditation may work by im- the paper for a few minutes and that's right - just your well-being!

> Renee Lehman is a licensed acupuncturist and physical therapist with over 20 years of health care experience. Her office is located at 249B York Street in Gettysburg, PA. She can be reached at 717-752-5728.

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Chronic diseases - such as heart

Expert answers to your health and wellness questions

finding time and a safe place to walk is

sometimes hard to do, but very worth

it in the end. Make an appointment

with a friend, family member or co-

worker and that may help you keep

your commitment a little easier.

That person will encourage you on

the days you really don't feel like

walking and may not have walked

and you can return the favor on the

days they may have skipped. I know

from personal experience that having

that person say, come on you'll feel

there. Even though you did not want

Walking is one of the best that likes to walk alone and listen to exercises we can do. I know music, a book on tape, go over the

better, is all it takes to get you out such as weight loss, diabetes, heart

to, you do feel better when you are and depression. One you may not

finished. Maybe you are a person have known is helping relieve the

Fitness matters

events of your day or organize what

you need to do when you get home.

Sometimes walking alone relieves the

stress of the day and puts you in a

better frame of mind for family time.

Whatever you decide is right for you,

the main thing is to get out there

and walk. You will be able to find

the time if you commit to it and you

will receive numerous benefits from

taking care of yourself. I'm sure you

know many of the health benefits

from exercise but I will mention a few

disease, cholesterol, lung strength

Answer: The trainer was right! We

Question: I have a very simple question. In your opinion, what's the one ty thermogenesis. Quite a mouth-BEST diet?

Answer: That's an interesting question and one that's harder to answer than you might realize. Put it this way—I think the optimal "diet" is one that accomplishes these three

- 1. It gets you to your desired weight, assuming you have one;
- 2. It promotes health and helps to stave off chronic disease; and
- 3. It is sustainable for the long-term.

So if you want me to be specific, the optimal diet would provide plenty of water, 35-40 grams of fiber per day, and include ample amounts of whole grains, proteins, and poly- and monounsaturated fats. It would also include 8-10 servings of fruits and vegetables a day, a couple servings of fresh fish each week, a few servings of dairy, and would generally include more vegetarian options than the standard western diet. Added sugars, sodium, and saturated and trans fats would all be limited, though it's important that the diet is realis tic and doable, so treats are certainly wouldn't be outlawed. I know you're looking for one diet to follow, but in all my years working in health and wellness, just about every diet is missing something, or places too much emphasis on this and not enough on that-you get the idea. Your best bet would be to track your food for just a few weeks, and gradually try to incorporate some of the recommendations above. I also recommend reading "The Way to Eat: A Six-Step Path to Lifelong Weight Control" by Dr.

Question: I heard a personal trainer speak recently at a conference, and he said it's important to just move more when it comes to weight loss. The funny thing is I don't think he was talking about exercise per se.

movement patterns, which could ultimately affect your waistline and

simply don't move enough anymore, and what he was likely referring to Question: When I'm motivated, my workouts and diet are rock solid. But was NEAT, or non-exercise activithat's my problem—motivation. Any ful, huh? NEAT is essentially the energy we expend when we're not eating, sleeping, or exercising. Unfortu-Answer: Absolutely! Even those of us nately, with desk jobs, TV watching, in the health and wellness field strugand web surfing now the norm, the gle with motivation from time to calories we burn doing general daitime. We are certainly not immune. ly tasks has diminished greatly. Some That said, there are several things researchers actually believe that the

Walking for health and fun

around but is still able to walk at a

quick pace. Walking around things

also works your mind. You have to

in your path. This will keep you alert

and thinking all the time. Another

of my clients prefers to walk outside

and she hardly misses a day. Walking

outside is always a plus for me too,

but if the weather is not nice for

or two when you get home, and dis-

connect from cyber-world for a bit.

These small changes will alter your

your overall health.

you can do to keep yourself motivatmovement (pardon the pun) from a manual labor-based workforce to ed. First of all, set small goals. It's important to know the big picture, but a desk-centric one has been the biggest factor in the obesity epidemic. the journey to get there can be daunting, so break it up into smaller, more They point to the fact that our colachievable chunks. Scheduling your lective calorie intake hasn't increased activities helps a lot as well. If you much at all in recent decades, despite the prevalence of French fries, potatreat exercise like an important meeting or like brushing your teeth, it's to chips, soda, and frothy, high-calomore likely to become a habit. Partrie Starbucks drinks. This particular nering up is also an excellent idea. issue is debated in the scientific com-It would be difficult to find a betmunity, but the fact remains. We are ter motivator than a friend of fammore sedentary than we've ever been before (we have low levels of NEAT) ily member keeping you accountable to your workouts, your diet, and and we should do something about it. Break up your workday with miniyour newfound lifestyle. And frankly,

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... enough said!

symptoms of a cold. Exercise can outside exercise find a way to keep started again or for the first time. We help with congestion and possibly reduce the numbers of days you have finding an exercise program on TV the cold. Many, many more health that gives you a challenge and that problems can be helped with exercise. you enjoy is another way of keeping Another challenge is to find a place with an exercise program. There to walk in the inclement weather. are many DVDs and programs out One of my clients walks in his work there. I'm sure you will be able to shop. He has many obstacles to walk

find one to your liking. I mentioned earlier how walking is beneficial in the fight against many diseases and conditions both inside watch out for anything that may be and outside of your body. Inside and outside can refer to where you get the benefits as well as where you walk or exercise. I know I have written other articles about walking but we can never hear it enough. We need reminders sometimes just to get us

odd, but if you have some skin in the

game, the game dramatically chang-

es. Buy a gym membership, join an

cash for a heart rate monitor. Making

up the routine inside. Using tapes or tend to put things like exercise in the back of our minds for a later time. We know we want to start but somehow we don't get around to it. The more we hear or read about an important subject like exercise, hopefully this will be the push we need to get out there and take the first step. All you need to do is take that first step and you will see how good you feel. Start a walking routine and stick with it for a few weeks and you will look forward to walking every day.

> If you have any questions, give me call at 717-334-6009 and I will help you get started. Remember, KEEI

in the you-know-what. Last, but not dividends in the long run. least, pay for it! This may sound a bit

About the author: Inga Olsen is the Certified Conditioning Specialist and Weight Management Specialist at Anyonline health website, purchase a time Fitness in Thurmont. To submit a credible book, or throw down some question for future articles, please contact the author at thurmontmd@anyan investment in your health will pay timefitness.com.

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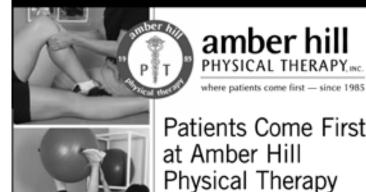
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COMPUTER Q&A

ASTRONOMY

The night sky of May

Professor Wayne Wooten

Cor May 2011, the Moon will **P** be New on May 3rd. On the first, the waning crescent moon lies just above a fine grouping of four planets in the dawn. Mars stis atop Jupiter, with fainter Mercury just west of them, and bright Venus still farther west. Worth setting the alarm clock to see, about 6-6:15 AM CDT locally. The first quarter moon rises about noon on May 10th. The waxing gibbous moon passes about six degrees south of Saturn in the SE evening sky on May 14. The rose moon, the Full Moon for May, will be on May 17th. The last quarter moon is on May 24, and at month's end, the waning crescent moon again passes the dawn planets, above Jupiter on May 29, then above the alignment of Mercury, Venus, and Mars on May 30th and 31st.

While the naked eye, dark adapted by several minutes away from any bright lights, is a wonderful instrument to stare up at the Galaxy arching overhead, binoculars are better for spotting specific deep sky objects all along the plane of the Galaxy. For a detailed map of northern hemisphere skies, about April 30th visit www.skymaps.com website and download the map for May 2011; it will have a more extensive calendar, and list of best objects for the naked eyes, binoculars, and scopes on the back of the map. Also available as the next month begins is wonderful video exploring the May sky, available from the Hubble Space Telescope website at: http://hubblesite.org/explore_astronomy/tonights_sky/.

Almanac

Mid-Atlantic Regional Weath-

North with showers in the south-

and cooler (4,5,6,7,8,9) turn-

Rain and stormy (13,14,15,16)

with more clouds and warm tem-

peratures (17,18). More show-

ers and Storms, some severe

(19,20,21,21). Warmer weather

follows with severe Storms from

the South (22,23,24,25). Yet more

showers and a bit cooler (26,27)

turning warmer with more Storms

Full Moon: May's Full Moon

in 2011 occurs on the 17th at

Not surprisingly, May was to be-

come known as Flower Moon be-

from the South.

6:09AM EST.

during the month.

ing cloudy and warm (10,11,12). land.



Just South of the Big Dipper is the famed "Whirlpool Galaxy", M-51, and a smaller galaxy colliding with it.

Saturn is the brightest object in the southeast as darkness falls; it lies just above the bright star Spica in Virgo now. Its rings are now opened up to eleven degrees, much more visible than when they were edge-on during last year's Saturnian Equinox. You may also see some belts and zones on the planet's disk. The largest moon, Titan, will be seen in any small telescope, but others will need larger scopes to spot. As the planet is now only half are bright as when the bright rings are tilted more open, up to six moons may be spotted, in a straight line with the rings, with an eight inch telescope.

As noted earlier, the other four naked eye planets all lie just west of the Sun in the dawn sky. Several nice groupings of these wanderers occur in May. Mercury passes 1.4 degrees north of brighter Venus in May 8th, and Venus overtakes

Jupiter and passes .5 degrees south of it on May 11th, the two brightest planets about a moon diameter apart in the dawn, a nice photo op, since Mercury lies two degrees south of Jupiter at the same time. Then on the 18th, Mercury again passes 1.4 degrees south of Venus, then two degrees south of Mars on the 21st. Venus passes a degree below Mars on the 23rd, and the moon joins the four planets in the dawn by month's end. To bad all of this dancing isn't happening in the evening skies, but still some neat groupings for early risers.

The winter constellations will soon be swallowed up in the Sun's glare, but Orion is still visible, with its famed Orion Nebula, M-42, seen below the three stars marking his famed belt. Dominating the southwest is the Dog Star, Sirius, brightest star of the night

sky. When Sirius vanishes into the Sun's glare in two months, this sets the period as "Dog Days".

The brightest star in the NW is Capella, distinctively vellow in color. It is a giant star, almost exactly the same temperature as our Sun, but about 100X more luminous. Just south of it are the stellar twins, the Gemini, with Castor closer to Capella, and Pollux closer to the Little Dog Star, Procyon.

Overhead, the Big Dipper rides high. Good scouts know to take its leading pointers north to Polaris, the famed Pole Star. For us, it sits 30 degrees (our latitude) high in the north, while the rotating earth beneath makes all the other celestial bodies spin around it from east to west. If you drop south from the bowl of the Big Dipper, Leo over a thousand galaxies about 50

Note the Egyptian Sphinx is

the sky. Saturn lies just SE of the triangle of stars that mark Leo's tail this year. If you instead turn to the handle of the Big Dipper, just south of the end star you can find the famed "Whirlpool Galaxy", M-51, with large binoculars. The spiral arms are resolved with telescopes 8" and larger on dark, clear moonless nights. It has a smaller galaxy colliding with it, creating the tidal distortion as noted in our photo Taking the arc in the Dipper's

based on the shape of this Lion in

handle, we "arc" SE to bright orange Arcturus, the brightest star of spring. Cooler than our yellow Sun, and much poorer in heavy elements, some believe its strange motion reveals it to be an invading star from another smaller galaxy, now colliding with the Milky Way in Sagittarius in the summer sky. Moving almost perpendicular to the plane of our Milky Way, Arcturus was the first star in the sky where its proper motion across the historic sky was noted, by Edmund Halley. Just east of Arcturus is Corona Borealis, the "northern crown", a shapley Coronet that Miss America would gladly don, and one of few constellations that look like their name. The bright star in the crown's cen-

ter is Gemma, the Gem Star. Spike south to Spica, the hot blue star in Virgo, then curve to Corvus the Crow, a four sided grouping. As noted earlier, Saturn is the only planet now in the evening sky, and is located to the upper right of Spica, and more yellow in color and slightly brighter than Spica as well. Our large scopes will show members of the Virgo Supercluster, a swarm of million light years away from us,

Q: How can I determine if my in ternet connection is blocked?

Jester Computer, Fairfield, Pa.

ing to a secure network?

Q: How can I tell if I am connect-

A: When you are connected to a

network, secure networks will have

a shield next to the signal strength.

In Windows XP it will be notated

directly under the network name if

the network is secure. In most cas-

es a network is secure if it requires

a password to connect. If your con-

nection is not secure and you have

access to your router, read your

router manual to find out how to

setup security. Keep in mind that

even if you are connected to a se-

cure network there is always a pos-

sibility that you could be hacked.

This is another reason why antivi-

Q: How can I determine if I am

A: Depending on your operating

system, next to the clock in your

taskbar there will be an icon. You

may have an icon with two com-

puters which when hovered over it

will display your connection sta-

tus and speed or you may have to

click on an arrow which will dis-

play wireless signal bars which

when hovered over, will say "inter-

net access" if you are connected. If

"network access only" is displayed,

that means your network adapter

is working properly but your inter-

net is not on, is not working, or is

blocked.

rus software is necessary.

connected to the internet?

A: In order to test your internet connection you will have to open the "run" command. To locate this in Windows XP click on start and "run" should be located on the right side of your menu. Windows Vista or 7 users can type "run" in the search box in the start menu. Alternatively, Windows users can also hold down the Windows key (located between the left ctrl and alt keys on most keyboards) and ess the R key. This will also produce the run command box. In this box you will want to type "CMD" and press enter on your keyboard.

Once the command prompt window is open you see the file path on your screen. There will be a blinking cursor and you will type "ping www.google.com" and press enter on your keyboard. Your box will say pinging www.google. com with (#) Bytes of data. If your internet is working properly you should see reply from with a lot of data following it. If you are getting all packets of data but you can't go online or access your email, your internet connection may be blocked. If you see timed out and all packets of data are lost resulting in 100% loss then your connection is not working and your

internet most likely is not being A: Your next option would be to reblocked. If you are receiving litconnection problem. See below for other options to troubleshooting your connection.

Q: What does it mean if my internet connection is blocked?

A: If your internet connection

is working but your browsers or email can't access the email you may have software blocking the connection. Sometimes that happens because you have malicious software or viruses on your computer that are preventing it from connecting. If your computer is router. also running slow or acting strange you may want to seriously consider having your computer cleaned up (see end of article) and have any harmful software removed. Some antivirus programs can actually block internet connections because they think they are unsafe connections; this can be the case even for good connections. You may also want to find out more information on that or visit your local computer repair shop for further assistance. Internet connection problems can happen for a variety of reasons, continue reading for other possible solutions to your connection problems.

Q: What other ways can I troubleshoot my connection?

DE.

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To reset your adapter, you will set the adapter, modem, and routhave to access the control panel. In er if applicable. You may want to try your modem and router if you ton, it should be located on the right have one. You may not be able to perform this step if you don't have have a settings menu instead which access to the devices. Your modem is from your DSL or Cable internet provider. If you have DSL it will be attached to a phone line, if you have cable the modem will be connected with a coaxial cable. If you have a router there will be a second box that is connected to the modem which will most likely have lights and antennas. Unplug

Wireless security & troubleshooting guide

Note: Only unplug the power cable do not unplug any other cables that are attached. Then plug in the modem which is the box with the phone line or coaxial cable attached. There will be different lights on your modem or router, you should wait about 2 minutes before going to the next step if you have both. If you have a modem, you may want to check your connection now, if it is not working move on to resetting your adapter. If you have a router, you will plug that in after the 2 minutes. The router (usually has lights and antennas) you will want to wait about 2 minute to allow it to start up. If your connection is not working properly try resetting your adapter.

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Windows XP click on the start buthand side. If it is not visible you may should have the control panel inside. If you can't find the control panel you may not have access to it because of policies set by the administrator, you will have to contact the administrator for permission to use the application. If you are using Windows Vista or 7 you can click start and search for control panel in the search box and click on control panel. Inside the both devices if you have them or control panel if you are an XP user just the modem if there is not a you will click either Network and Connections or both.

In Windows Vista or 7 you will choose the Network and Sharing Center. In this window, if you see a red X over the network you can try clicking that red X to attempt to repair the connection. If that does not work, click the Change Adapter Settings on the left side of the window and then follow the XP instructions. XP users will click on the adapter they are using (your local area connection is your wired connection and if you have multiple wireless connections

OAVE&JANE'S

choose one without the words virtual mini port underneath) You may have additional connection types depending on what you are using and if you are using a different connection type you will have to select one of those. You should then right click on the connection you believe you are using and choose repair. This should open a dialog box which will attempt to diagnose and fix your connection.

Q: What if none of these sugges-

A: There are many possible reasons why your connection is not Internet Connections or Network working properly. You may have an outage from your provider or your lines may have a problem. If you contact the company and they have confirmed that their service is working properly you may want to contact a professional to diagnose your connection problems. For friendly professional computer repair vou can contact lester's Computer Services sat (717) 642-6611 they are located at 5135 Fairfield Road (RT 116), Carroll Valley Pa. They are open Monday-Friday 9am to 5pm. Saturday by

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Special Notes: The first obser-May 10, 1908 during church services in Grafton, West Virginia and Philadelphia, Pennsylvania. er Watch: Cloudy skies in the In May, 1830, the first passenger railroad service in the United ern part of the region (1,2,3). Fair States began with service between

Baltimore and Elliot's Mill, Mary-

Holidays: Celebrate Cinco de Mayo on Thursday, May 5th and Mother's Day on Sunday, May 8th. Plans something special for her to show just how much you appreciate her role in making you who you are today. Honor our brave and dedicated soldiers on Armed Forces Day, Thursday, May 20th and Memorial Day, Monday, May 30th. Remember that without their many sacrifices today and in the past, we would surely be living in a much differ-

cause of the multitude of blooms The Garden: Plant balled and that appear in May (after all of burlapped shrubs any time the those April showers!) Some Naground can be worked. To mintive Americans referred to it as imize weed growth and to help Milk Moon because the producretain moisture after watering tion of milk typically increases or rain, apply mulch around the shrub at lease to 2 to 3 inches

deep making sure that the mulch ter they finish blooming. Prune melons but hold off transplanting

just above Saturn.





LIBRARY NOTES

Work among the stacks

recent study shows that peo-A recent study snows that property and ple who read emails, surf the net, and text while working can be more focused and more productive than those who do not. This dovetails nicely from a 2010 study suggesting that napping on the job can also increase one's productivity. And this follows a 2009 UK study which encourages people to take a "mental health day", a day when one does not come to work at all, but chooses a favorite activity, such as shopping, going to the movies, or visiting a spa, in order to refresh an rejuvenate one's emotional well-being, and thus be more productive on the job.

The Onion, the satirical news organization, once ran the headline, "Study Shows Working at Work Improves Productivity." The story parodied the studies I just mentioned, stating, "Perhaps even more shocking, the study reveals that not working significantly decreases worker productivity, sometimes even resulting in no work getting done at all."

I mention these studies and articles as a preface to the fact that the column you are reading was composed on a Fri-

day while I IM'd with my son, ing work hours. My very first job replied to emails with my brother and sister, watched a marathon of House, posted on a writer's message board, and doubled my score in Bejeweled Blitz. Surprisingly, I woke up Saturday morning with my article still un-

My husband, who has worked in supervisory positions most of his life, is fond of reminding his employees to have a 'sense of urgency', a drive to get the job done, a need to accomplish the task. This is not necessarily a motivation to work hard, as much as an incentive to work well, to be efficient and thorough, to get the job done in a timely manner, and to be mindful of the next person down the line who will be effect- and wondered to myself, "Why ed by your competence, or lack I am the only one carrying two

While random studies on procrastinating to be more productive make headlines and cause news anchors to giggle and joke over their own lack of industry, the concept may not be so far-

I will admit that when I began this article, my intention was to point out the farce of allowing people to play and nap dur-

Fairfield

Fire &

EMS

OPEN HOUSE & EMS WEEK

Sun, May 15-1 to 4 pm

Spend an old fashioned

Sunday afternoon at the firehouse!

Meet the people who respond when needed!

FIRE TRUCK & AMBULANCE

RIDFS! CERTIFIC

Ambulances Fire Trucks

Lifenet Helicopter tysburg Hospital Medic 28

Police Departments

American Red Cross

checked my facebook, read and was in fast food. The manager, understanding that he was dealing with young people who had never worked before, believed that his chief duty was to instill in us a work ethic. Be on time, don't clock watch, give excellent customer service, and, above all, NEVER stand idle. There is always something that needs to be wiped or swept or filled or organized. If you feel the need to lean on the counter, clock out and take a break. As long as you are clocked in, your time belongs to

> This was a philosophy I carried from job to job. And when I would straighten up to wipe the grindstone dust from my nose, I took notice of my coworkers tote bags of work home with me? Why am I the only one at my desk on Saturdays and holidays? And, despite my extra effort, why I am still driving this

Because I loved it when the boss would say things like "My goodness, Caroline, you

certainly are dedicated." "We could use more workers

like you around here!" And, my personal favorite from those fast food days: "We're giving you a twenty-five cent per hour raise. That's the biggest raise we are allowed to give."

Greg Keller, a renowned expert on human capital management and effective workforce strategies, and president and founder of Kopler Strategies, believes that the sense of urgency in an office environment has been replaced with a sense of responsibility. The advent of computers tion or fear. Perhaps the trick is to proofread for typos and incomand telecommunications in the find the job, the manager, and the plete.

workplace has changed the world of work. The 9 to 5 mold has been broken and replaced with a more flexible, dynamic standard.

"The IT explosion," says Keller, "sort of hatched from a concept that no one cared WHEN or HOW work got done, as long as it was completed accurately and on time. Employees were encouraged to enjoy the office and thus, they would theoretically also enjoy their work."

Employees began to allow their workers to come in late, relax on the job, take a break with a video beat up car and wearing these game or a nap in the lounge, and stay late if they needed to finish

experience. Couple this with the fact that virtually NO new company coming online since 1995 has offered its employees the long term security of a pension, the least they could do was let 'em enjoy the less than 5 years (on average) they stayed in one place!!"

So the more relaxed, fun, casual workplace is a tradeoff for the loss of permanence and security. This brings with it a relatively new term, "management style." Managers can be fatherly, or dictatorial, they can promote independent thinking or teamwork, they can establish an atmosphere of delega-

workplace environment that suits you best. Sounds easy enough in

If you are spring cleaning, taking this new season for a fresh look at your life, and deciding it has to go beyond emptying a few drawers or closets, stop by the Emmitsburg Library. You might peruse our collection of books on finding a career, writing a resume, breaking into government job, and matching your style with the perfect profession.

Or check out our website at fcpl.org to find links to websites that will help you in your search. Careerbuilder, for example, gives you access to classi-Keller says, "It bred more of a fied ads from newspapers all over total immersion in the workplace the country, and emurse.com allows you to build an online resume and send its link to potential employers. You will also find links to test prep sites and small business resources. And because the Emmitsburg Branch manager has an easy-going, approachable management style, you will feel comfortable asking any questions of the library staff.

It is now Sunday evening, and my column is two days past its deadline. But I feel really good about myself and my level of productivity. However, it occurs to me that if I had finished it sooner, I might have had time to





Bingo at the Rocky Ridge Volunteer Fire Company's Activity building. Voted the Best Bingo in The Tri-County area!.

Saturday

Adams County farmers Market - Conveniently located in Downtown Gettysburg and at The Outlet Shoppes of Gettysburg. For ore information visit www.acfarmersmarkets.org/index.html

May 1 & 15

Saint Anthony Shrine Yard Sale and Flea Market located at corner of US 15 and St. Anthony Road, Emmitsburg. For more information, please call (240) 529-2737.

May 6

Adams County Arts Council's Imagination Station Art Show and Reception - Teachers and Students Exhibit their work. For more information call 717-334-5006 or vsiit www.adamsarts.org

May 6 & 7

Adams County Master Gardeners' Plant Sale. For more information call the Penn State Cooperative Extension Office at 717-334-627. Adams County Agricultural & Natural Resources Center, 670 Old Harrisburg Road, Gettysburg.

56th Annual Apple Blossom Festival - Highlights of this year's festival include: live entertainment, free orchard bus tours, wine tasting and sales, hun- and open to the public.

www.ShopJubileeFoods.com

Jubilee515@comcast.net

dreds of arts and craft demonstrations. South Mountain Fairgrounds, 615 May 12 Narrows Road, Route 234, Biglerville. For more information call 717-

May 8

Knights of Columbus, St. Joseph May 13 Taneytown Council 11631 Country Style Breakfast Buffet. St. Joseph's Catholic Church Taneytown. Celebrating the vocation of Motherhood, all mothers will receive a Marigold flower in their honor. Every child will be given a flower to give to his/her mother in her honor.

Strawberry Hill Nature Preserve's Mother's Day Wildflower Walk. Treat Mom to a guided hike through the Preserve, led by local horticulture enthusiast Joe Breighner. You will enjoy the beauty of nature more deeply as you locate and learn about the local wildflowers. For more information visit www.straberyhill.org.

Music Gettysburg! Presnets the Gettysburg Chamber Orchestra with Thomas Pandolfi, Pianist. Lutheran Theological Seminary Chapel, Gettysburg. For more information call 717-338-3000 x2197 or visit www. musicgettysburg.org

South Mountain Audubon Society presnets "Wings, Sand & Song: Presque Isle's Habitat." The Society meets at the Adams County Agricultural and Natural Resources Building located at 670 Old Harrisburg Road in Gettysburg. The meeting is free

Fairfield AYSO, Region 709 Vera Bradley Bingo - Fairfield High School Cafeteria, Fairfield,. Food and baked goods available

Red's Tavern's Lunch and Dinner to benefit the Emmitsburg Osteopathic Primary Care Center. 10% of the kitchen tab will be donated.

The Majestic Theater presents Roy Clark - A Living Legend of Country Music! Majestic Theater, Gettysburg. For more infroamtion visiti www.gettysburgmajestic.org Elias Lutheran Church's Spaghetti

Dinner -- 4:30 - 7:30 p.m. \$7.50/ person or your generous donation. Carry outs available. 301-447-6239

Elias Lutheran Church's Gospel Cof fee House featuring Emmitsburg's own, Children's Praise

Annual Emmitsburg Lions Club Chicken Barbeque and Yard Sale. Delicious chicken barbecue, cooked the way only the Emmitsburg Lions Club can do it! And this year, we're giving you a chance to buy or sell with a Yard Sale.

2nd Annual His Place Car Show on Saturday, May 14 to benefit Mother Seton School and Emmitsburg Osteopathic Primary Care Center. For more info call Bill Kuhn at 800-529-5835 or stop by His Place, Inc. at 20 Creamery Way, Emmitsburg, Rain date: Sunday, May 15.

All-You-Can Eat Community Country Breakfast will be held at Our Lady of Mount Carmel Parish Center. For directions or more information call the parish office at (301) 447-2367.

The Incarnation UCC, will host a Spring Concert, "Singing WorshipP," at 3:00 p.m.. All churches of the Emmitsburg community will be participating in this afternoon of special music. You will be entertained by various choirs, including a children's choir and a teenage choir, a handbell choir, solos, an ensemble, an original composition for the occasion, a praise band, and, best of all-- there will be a combined choir directed by Cheryl Carney from Elias Lutheran Church.

59

Fine Arts Night – Come and enjoy Mother Seton School's Young Artists and Musicians. The MSS Band and Chorus will perform and awards and certificates will be awarded. Artwork will be displayed throughout the school. An enjoyable event showing support for the Young Arts. For

www.mothersetonschool.org.

UPCOMING EVENTS

The Lion Potter 7th Annual Spring Cleaning Sale - Our annual spring cleaning sale features the previous

Frederick Chorale and Dr. Elizabeth Krouse, organist for the Basilica of St. Elizabeth Ann Seton Shrine, will present a special concert featuring the works of J.S. Bach and Antonio Vivaldi. This concert is free and open to

more info: 301-447-3161 or visit

years' pottery inventory for half the

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337-0451 www.thelionpotter.com

May 23 - 28

Emmitsburg Carnival. Sponsored by Mother Seton School. An annual tradition in Emmitsburg.

144th Gettysburg Memorial Day Parade and Ceremonies.



20 Reg. Games - \$50 • 2 Special Games - \$200 Each \$500 Jackpot • \$1000 Jackpot King Tuts • Holder Jars • Door Prizes

For Tickets BONNY at 301-271-3370 or & Info Call: LINDA at 301-271-9170



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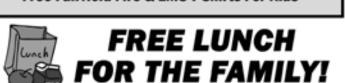
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Fairfield Regional Emergency Management Agency St. Mary's Parish Nurses **Blood Pressure Screenings** Fire & Rescue Demonstrations

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www.msmary.edu/summer There's something for everyone!

Courses are open to visiting students and high school students! 45 courses available in convenient morning, afternoon, evening, and online sessions will help you catch up or get ahead!

SESSION I: MAY 31-JULY 1 TSESSION II: JULY 5-AUGUST 5 REGISTRATION IS OPEN NOW!



AMC 201: American Experience I

ASL 101: Beg. American Sign Language I *

BIOL 208: Nutrition

BUS 301: Business Law I

BUS 313: Principles of Marketing

BUS 360: Corporate Finance

CVSO 201: West in the Mod World: Ideas, Tech & Trends**

ECON 101: Foundations of Economics: Macroeconomics *

ENGL 370/ENNW 370: Latin American Fiction

FAAR 309: Graphic Design I

FAMU 200: The Story of American Musical Theater

GNSCI 101: Concepts in Physical Science

PHIL 211: From Cosmos to Citizen (5/31-6/23)**

PHIL 301: Moral Philosophy

PSCI 390: 7 Constitutional Questions: Current Controversies

PSYCH 100: Foundations of Psychology *

PSYCH 385/PSYNW 350: Cross Cult. Human Dev. (6/1-6/24)

SPAN 101: Beginning Spanish I (6/1-6/14)*

SPAN 102: Beginning Spanish II (6/15-6/30) *

SPED 433: Assessment in Special Education (5/23-6/2)

SPED 434: Special Ed Curriculum Design & Adaptation (5/9-19)

THEOL 200A: Foundations of Theology

THEOL 2008: Foundations of Theology THEOL 200H: Foundations of Theology (Honors Section)



Bradley Hall, Room 113 301.447.8329 | Fax.301.447.5865 summer@msmary.edu



IT'S TIME FOR SPRING SPORTS, CHECK OUT ALL THE SCHEDULES ONLINE AT

WWW.MOUNTATHLETICS.COM

Session II - July 5-August 5, 2011:

AMC 202 A: American Experience II

AMC 202 H: American Experience II (Honors Section)

ASL 102: Beg. American Sign Language II *

BUS 302: Business Law II

BUS 307: Business Management & Organization

BUS 340: Management Science

CJUST 365: Drugs and Crime

COMM 230: Public Speaking

CVMU 201: West in the Modern World: Music**

ECON 102: Foundations of Economics: Microeconomics *

FAAR 310: Graphic Design II

GNSCI 102: Concepts in Biological Science

MATH 101: Elementary College Algebra * PHIL 212: From Self to Society **

PHIL 301: Moral Philosophy

SOC 100: Foundations of Sociology *

THEOL 202: The Gospels

THEOL 205: Sacraments

THEOL 371*/THNW 371: World Religions

Session III - May 31-August 5, 2011:

BUS/IFSY 311: Information Systems PSYCH 207: Adult Development

* Courses available to qualifying high school students

** Courses available for Honors credit

Crime Scene Investigation Camp

June 27-July 1, 2011 (Mon.-Fri.), 1-4 p.m Cost: \$179. (Current MSM Employee, Alumni or Senior:

CSI Camp is an exciting, hands-on opportunity for adults and teens ages 15+ to learn about the criminal justice system in general and crime scene analysis in particular. During this week, participants will be introduced to the field of Forensic Science. Various disciplines will be discussed in terms of what information they can yield, how evidence is collected, how forensics fits into criminal investigations, and the role of forensics in the courtroom. The week will be a combination of discussion and practical exercises, and will include the participants conducting a practical crime scene investigation.

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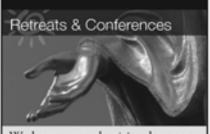
These non-credit courses include everything from Cajun cooking to dog and CSI training. msmary.edu/lifelonglearning



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There are summer camps for children of all ages and interests, half or whole day formats. Plus an Institute just for teachers. msmary.edu/summer_camps



We have several spiritual retreats and conferences specifically for teens, men, women and alumni. msmary.edu/summer_retreats