

# Emmitsburg NEWS-JOURNAL

EXULTING THE IMPORTANCE OF IDEAS AND INFORMATION —EDWARD R. MURROW

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## 62nd Annual Community Show a grand success

During the weekend of September 7, 8, and 9, people from all over the county gathered at Catocin High School to witness and participate in the 62nd Annual Emmitsburg & Thurmont Community Show. Established by Rodman Myers in 1957, the show is free to the public which means everyone has the chance to attend. This long-kept tradition never fails to attract a large crowd, with something for people of all ages to enjoy.

While some visitors come to support family or friends that have entries in the show, others have made it a tradition to come and admire the work of the community. Jess Smith, an attendee of the show, explained that she enjoyed seeing all of the different features that had been organized for the weekend.

As a newcomer to Thurmont she mentioned that being able to experience the event and all of the people involved in it has opened her eyes to everything the community has to offer. She also expressed her admiration for how “kid friendly” the event is. Barbara Roderick, another resident, has been attending the show for the past five years. As both a vol-

unteer and a relative of several participants, the Community Show has become an important part of her life which she eagerly awaits every year. “It’s a great community project,” Roderick commented, “and a big part of Emmitsburg too.” Though this year’s show only just came to an end, she and numerous others are already anxious for next year’s event.

One of the most notable attributes of the Community Show is how many Catocin students and alumni participate. Justin Dewees, a sophomore at Catocin High School, is one of the many who submitted entries this year. As a second year participant, Justin was excited to enter Razzle, his dairy cow. Last year, with the same cow, he received a fourth place ribbon in showing and fitting. This year, his cow won first place in winter stealing and second in showing and fitting.

Another youth, Kelsey Troxell, has been competing for three consecutive years. Last year, her heifer received a third place ribbon, and her two steers won second and fifth. Showing her animals is what she enjoys most about the Community Show. Jimmy Kempisty, a mem-



**Catocin High Sophomore Samantha Bentz is every farmer’s dream grand-daughter. She has as much fun with her animals as they have with her. Expect to see her winning national shows one day! Samantha won first place in our hearts!**

ber of Catocin’s graduating class of 2018, also participated in the show. His entries included his own small collection of photos, and a selection of eggs from his chickens, which won first place.

Another popular attraction at the show is Mayor John Kinnaird’s collection of historic photos. His love for both history and the community have been the inspiration behind his collection for the past fifteen years. “This is a true community fair,” Kinnaird stated. “This is a tradition that goes back generations, and I’m proud to say that Thurmont and

Emmitsburg continue that tradition.” Each year, Kinnaird’s gallery is admired by those who appreciate the town’s past.

As the 2018 Community Show concluded, content families head home after a weekend of recreational fun. Though it is a ways away, it is never too early to start planning for next year’s show, which will take place next September 6, 7, and 8. You surely will not regret becoming involved, as there is a special state of mind the Community Show leaves with you that you will not find anywhere else.

## Local fire companies to hold their open houses

Local fire departments will be holding open houses throughout the month of October as part of National Fire Prevention week, which takes place October 7-13.

The Fairfield Fire Department and EMS Open House will be held on October 14 from 1 p.m. – 4 p.m.. The premiere event will be the dedication of the Fire Department’s new Fire Engine at 1 p.m. The new engine replaced the 1996 rescue engine, which was used by the department for twenty-two years. This Pierce Puc model engine has the capacity to hold 1,000 gallons of water, is equipped with a complement of rescue tools, medical equipment, supply lines, portable winch and LED lighting. With careful planning and lots of hard work, the nearly \$710,000 engine is already completely paid for. County and municipality officials have been invited to the dedication, along with any members of the public who wish to attend.

Other activities taking place during the open house include a coloring contest for kids, fire truck rides, fire prevention info, a mock up “fire drill” of a burning house and food will also be available. Fire Department apparatus

will be on display and members of the local Police Departments as well as Fountaindale Fire Department personnel will also be in attendance.

Open houses not only give members of the public a chance to meet members of their local Fire Department, they also give people the chance to learn more about volunteering. The decline of volunteers is a real problem locally, but is not exclusive to Fairfield and Fountaindale. It is one faced by all small fire companies across Adams County and the nation.

Fairfield Fire & EMS currently covers Fairfield Borough, Carroll Valley Borough, Hamiltonban Township, Liberty Township and Highland Township, encompassing a total of 50 square miles. If volunteer numbers don’t increase, Jacobs suspects many Adams County fire departments will have to increase the number of paid staff. This will result in the local fire tax being increased significantly. Volunteers are needed in every area of the fire department. Volunteer opportunities include Firefighters, EMS personnel, computer/website, fundraising efforts, including bingo, and many more. Donations, fundrais-



**The dedication of the brand new Rescue Engine 2 will be the highlight of the Fairfield Fire and EMS Open House.**

ing efforts and volunteers keep the department running, but more volunteers are always needed to make this possible. Anyone who may be interested in learning more about volunteering can stop by the Fairfield Fire Department Open House on October 14 to learn more, or stop by one of the Department’s weekly bingos held every Thursday evening.

Another local fire department, Emmitsburg’s Vigilant Hose

Company (VHC) will be holding their open house on October 11 from 6:30 a.m. – 8:30 p.m. at the Fire Station located at 25 West Main Street. Additionally, VHC personnel along with representatives from Emergency Medical Services, Frederick County 911 Emergency Communications Center, Frederick County Deputy Sheriffs, Catocin Mountain National Park and special guest, Smokey Bear will be there.

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# EMMITSBURG NEWS

## Former VHC Chief White passes

Thomas Walter White, aged 76, of Thurmont, passed away on August 3. Born December 31, 1941 in Emmitsburg. He was the devoted husband of Peggy (Willhide) White, to whom he was married for almost 53 years.

White was also a lifelong member of the Vigilant Hose Company (VHC) and served throughout the years in a variety of positions, including: treasurer, secretary, director, second assistant chief, first assistant chief, chief, and member of the board of directors. He was inducted to the VHC Hall of Fame in 1998 for his distinguished and extraordinary service to the company and the community. He was predeceased by a brother, Sterling "Hub" White, who also served as VHC's Chief in the 1950's.

On August 8, First Responders of Emmitsburg's VHC, as well as area cit-

izens and civic leaders from across the region gathered to say farewell to past VHC fire chief Tom White. During Viewings the previous day the large attendance was testament to an individual who had placed great importance on community service during his entire lifetime.

Having previously held all leadership ranks over the years; Tom became VHC chief in 1984—the department's 100th Anniversary Year. Chief White was carried to his final resting place aboard VHC's Engine which he had helped design and purchase during his years as chief of department. The Funeral Procession passed along West Main Street and VHC's stationhouse where members rendered their final salute while positioned in front of emergency vehicles draped in memorial black bunting.

The procession continued on



South Seton Avenue pausing briefly at the Frederick County Fire/Rescue Museum owing to chief White's past service as president of the Frederick County Volunteer Fire/Rescue Association. The antique rigs there were also outfitted with black bunting including VHC's Old Engine 63. At the cemetery in Thurmont, VHC's Tower 6 proudly flying a large American flag stood in honor of a life well served.

## Town sewer lines to be re-lined

The town of Emmitsburg is looking to re-line its sewer pipes all throughout town over the next several years, beginning with the lines on E. Main Street. Emmitsburg's Board of Commissioners discussed the current state of the town's sewer lines during the September 4 town meeting. Town Manager Cathy Willets and Dan Fissel, Superintendent for the Water/Sewer Department, asked the Board to consider budgeting funds over the next five to ten years to re-line sections of the road, starting with the worst section this year.

As explained by Fissel, the sewer lines all along Main Street have numerous cracks, holes and joint separations, causing Inflow and Infiltration (I&I), which is costing the town thousands of dollars. I&I by definition is when groundwater enters the

sanitary sewer system through cracked pipes, holes etc. Excessive I&I can cause pumps to run for prolonged periods, manholes to spill wastewater into the roads and backups within the wastewater system. Fissel reported that I&I in town has been well above average since the beginning of the year.

In regards to the expense to the town; I&I costs two dollars per 1,000 gallons of wild water. In February alone the Waste Water Treatment Plant was over capacity thirteen times, costing the town an estimated \$29,514 just to treat the I&I that month. The Waste Water Treatment Plant is bringing in approximately 351 million gallons per day in excess of I&I over the yearly average. Additionally, this year 47,000 gallons of sanitary sewer overflow has been recorded. All sanitary overflows must

be reported to the Maryland Department of the Environment, who will fine a town when a sanitary overflow occurs. Emmitsburg has already been fined several times this year due to sanitary overflows.

The town hopes to remedy the worst portion in town this year, by re-lining a section that extends from the square to the Dollar Store on E. Main Street and then down Creamery Road. This portion is estimated to take about a week to complete. The lines will be done in sections and no road closures or flaggers are anticipated.

Three estimates were received for the completion of the first phase of re-lining. Mr. Rehab Inc. was the lowest bidder for the scope of work including the replacement of 1,500 feet of eight inch pipe and 550 feet



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## Emmitsburg news-briefs . . .

### Town looks to replace pumping station

Emmitsburg town staff is looking to solicit federal funds in order to construct a new pump station. The current pump station was built in 1964 and was last rehabbed in 1985, marking its current lifespan at 54 years; which unfortunately has really begun to show. In January of this year, pump #2 was not operational due to an inoperable valve, and in April the pumps stopped, causing sanitary overflow.

The impacts of a failure in the pumping station are numerous and include overflow into creeks and

streams and severe sewer backups; all costly to the town. Additionally, The Maryland Department of the Environment issues fines from \$1,000-\$32,500 per day for failure to upkeep equipment within the pump station.

The town has already been fined \$4,000 in 2010 and 2011, \$5,600 in 2012 and will more than likely be fined this year for the most recent overflows.

The estimated cost of replacing/constructing a new pump station is between \$2.5-\$3 million. Town Manager Cathy Willets informed the Board that Emmitsburg could

potentially receive more grant funding through USDA due to the seriousness of this project. The Board unanimously approved town staff to move forward with solicitation for grant funding.

### Patriot's Pen essay contest

Each year the VFW Post 6658 Auxiliary sponsors a contest titled "The Patriot's Pen," which is open to students in grades 6 through 8. Students are required to do a typed essay of 300-400 words based on the theme "Why I Honor the American Flag". Monetary prizes are given the winners on local, state and national levels.

Judging is based on knowledge of theme, theme development and clarity of ideas.

If interested please contact

Annette Wivell at 301-447-3475 for an entry form. Entry deadline to VFW Post 6658, Emmitsburg, MD is October 31.



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# FAIRFIELD/CARROLL VALLEY NEWS

## Carroll Valley proposes fireworks ordinance

In response to the new law governing the purchase of fireworks in the state, Carroll Valley Borough is looking to regulate fireworks within the Borough.

Last October, Pennsylvania enacted a new law governing the purchase of fireworks in the state. Until last year, the only fireworks Pennsylvanians could legally purchase inside the state were those of the novelty-kind such as sparklers, ground-based fireworks and trick noisemakers. Meanwhile, out-of-state residents could purchase larger fireworks such as Roman candles, firecrackers and bottle rockets in Pennsylvania. This rule changed last year with the enactment of a state law

that legalized the use and sale of the "aerial types" of fireworks to state residents while imposing a twelve percent tax on those purchases as well as the state's sales tax. Additionally, according to the law, Pennsylvanians must be 18 years or older in order to purchase these fireworks, they can only be set off on private property, and they must be at least 150 feet from occupied structures.

In August, a fireworks ordinance was brought to the Council for discussion. The ordinance, at the time, would have permitted residents to use fireworks on limited days, including the day before, the day of and

the day after the ten National Holidays, totaling 30 permitted calendar days per year. During those permitted days fireworks would have been prohibited from 1 a.m. - 8 a.m., a resident must have had the property owner's permission, the person must have been 18 year or older and may not have been under the influence of drugs or alcohol. If any of the above were violated, the Borough was proposing a \$100 fine.

The Council, while looking to keep the rules and regulations in place during the holidays, discussed that 30 days of permissible fireworks, holidays aside, was too many. Members dis-

cussed changing the number of days to only include New Years Eve, New Years Day and Independence Day, for a total of only three days of allowable fireworks in the Borough. Council also took the number of residents in the Borough who travel outside the area for work daily, or have children in school and need to be up early in the morning into consideration when making this decision. Having fireworks set off late at night for 30 days throughout the year would have been disruptive for many residents.

Council re-visited the ordinance during their September meeting, this time discussing the fine associated

with violators of the ordinance. Council determined that a \$100 fine for the first offense was too steep, instead settling for a type of graduated scale. They proposed a \$25 fine for the first offense and a \$100 fine for any subsequent offenses thereafter. The ordinance has not yet been passed.

In other Carroll Valley news, Council appointed a new Council member during their September meeting. Beth Cool joins the Council with eight years of experience on the Borough's Finance Committee. She will be replacing Council member Tyler Pyles, who resigned in August. Also at this time, Council reorganized, appointing Sarah Skoczen as President and David Lillard as the Council's new Vice President.

## Liberty Township considers tree-cutting ordinance

During the September 4 Board of Supervisors meeting Supervisors discussed a new ordinance regulating tree cutting in the township, which would place the expense of removing trees in the township right-of-way in the pockets of the property owner.

Township Solicitor John Lisko explained that in the existing code, it is stated that within the township right-of-way refuse and brush could be removed by the township, at their expense. Trees and shrubs can only be removed if they are considered hazardous to the road. However, if a tree is in excess of six inches and it falls within the township right-of-way, the township has to send a letter of notification to the property owner that the tree will be cut down, at the township's expense.

The ordinance presented would place the burden/expense on the property owner to remove the tree if considered hazardous to the road. This, as explained by Lisko, would require a 30-day notification be given to the property owner.

This ordinance poses some concerns; just last year, the township paid to remove a tree considered hazardous to the road, within the township right of way, and on a resident's property. At the time, Supervisor Mickey Barlow had recommended the Board disallow the township to pay for the removal of the tree. He noted that it wouldn't be fair for the township to pay for the removal of one resident's tree but not another resident's tree in the future. "If you pay for a tree you set yourselves up for a precedent in the future to pay for

other people's trees," stated Barlow. He proposed a similar tree ordinance at the time, but it was denied by the remaining two Supervisors.

Now the township is proposing to enact an ordinance that would place the financial responsibility of removing hazardous trees completely on the property owner. Some residents find this proposal unfair and wonder why Supervisors wouldn't have signed this ordinance through last year. This poses an "unfair" scenario for any property owners in the future.

In other Liberty Township news, the Board of Supervisors voted to purchase a new vehicle for the Police Department. As noted by Police Chief Brand Briggs, the Police Department is downsizing from three vehicles to two vehicles. The new

vehicle will replace the unmarked blue Yukon and the marked Sedan. Four bids were received. The lowest bid for a 2018 Ford Police Interceptor, by Tri Star Ford, came in at \$18,946. This price included discounts and the trade-in value for both vehicles as well as the delivery of the new vehicle and the removal of the two older vehicles. Additional costs include aftermarket emergency equipment, for \$6,463; aftermarket vehicle graphics on the exterior of the vehicle and reflective markings, for \$485; additional costs for \$668; and an additional 7.5% for other miscellaneous, unforeseen costs, bringing the total cost of the new vehicle to \$28,554. There is \$37,000 already in reserve for this purchase, as explained by Supervisors. The motion passed unanimously.

In further news regarding the LeeESta Shaffer investigation, as it currently stands, more documentation was requested from the township. As noted by special counsel Zachary Mills the Bond companies are also asking the township to begin sending hard copies of all documentation in lieu of the emailed copies that they have been receiving thus far. When discussed by the Supervisors it was determined that the Bond companies should pay for the expense of printing copies and mailing them, if they desire hard copies. It would become incredibly costly to mail hard copies of all the documentation requested. Lisko advised the Board to treat this request in a similar fashion to a "Right to Know Request," charge the cost of shipping plus an additional \$0.25 per copy.

## Grant received for wastewater treatment plant upgrade

On September 18, The Carroll Valley Sewer and Water Authority was awarded a \$425,000 PA Small Water and Sewer Program grant to support necessary upgrades at the Carroll Valley Wastewater Treatment Plant within the Borough. The grant will help offset costs associated with the replacement of decades-old facility equipment. The existing equipment has exceeded its useful life and will be replaced with new, efficient, and cost-effective components.

Carroll Valley's wastewater treatment facility, which was constructed in the late 1970s to treat wastewater from the former Charnita Ski and Golf Resort, became a public system when the resort closed. According to the CFA, an evaluation of the system last year revealed the need for several critical improvements to clarifiers, UV disinfection equipment, upgrades to the mechanical screening unit and the existing tank, and aeration equipment in the sludge holding facility. Total project cost for the upgrades is \$500,000.

"The Authority did their research and formed a strategy to address a critical community need and I'm happy that we could contribute to the project to make it become a reality," stated Senator Richard Alloway.

Kenneth Lundberg, Authority Chairman stated, "On behalf of the Authority, we would like to thank Senator Alloway and Representative Moul for their support of this critical infrastructure project. The safe and efficient handling of sewage disposal activities is paramount to preserving the health, safety and welfare of the residents served by the Authority."

The PA Small Water and Sewer Program is used to fund the con-

struction, improvement, expansion or rehabilitation or repair of a water supply or sanitary sewer system and is extremely competitive. There were over 600 applications submitted with a total request of \$183 million and only \$50 million available in the program. This funding will provide crucial health and ecological benefits to the residents of Carroll Valley Borough and their neighbors.

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# THURMONT NEWS

## Timeless Trends hosts Gateway for the Cure fundraiser

Residents and businesses throughout the community of Thurmont have rallied this year to help raise money for the Gateway to the Cure campaign, held throughout the entire month of October. The campaign was initiated to help spread awareness about breast cancer and to support the Patty Hurwitz Fund at Frederick Memorial Hospital.

Timeless Trends Boutique, located at 21 E. Main Street, Thurmont, jumped on board this year to organize an event to help raise funds for this great cause. Virginia LaRoche, owner of Timeless Trends Boutique organized a Gateway to the Cure Evening Benefit, which will take place on October 19 from 5 p.m. – 8 p.m.. LaRoche stated, "This event

will be like no other event we have hosted at Timeless Trends Boutique!" Come with a friend and enjoy an evening of pampering, while partaking in delicious food catered by Thurmont's very own Shamrock. Catoctin Breeze Vineyard will also be there with their award winning wine, and guests will be able to participate in wine-tasting. Sit back and relax

at a reflexology session, enjoy mini manicures and hand massages; sample skin care, beauty products and essential oils.

Free samples will be available as well as door prizes and other Timeless Trends Boutique's specials. All tickets are \$25 and can be purchased at Timeless Trends Boutique or the Shamrock. The proceeds from the ticket sales will

go to the Gateway for The Cure Fundraiser. All tickets must be purchased by October 16.

For more information, call LaRoche at 240-288-8226, visit [timelesstrends-boutique.com](http://timelesstrends-boutique.com), email [timelesstrends-boutique@gmail.com](mailto:timelesstrends-boutique@gmail.com), or visit them on Facebook. Please help us raise funds for this Great cause! We hope to see you there!

## Thurmont news-briefs. . .

### Thurmont hosts Halloween in the Park event

Goblins and witches and ghouls oh my! Get the kids ready for a thrilling good time at Thurmont's Annual Halloween In The Park on Saturday, October 27 at 6 p.m. Halloween In The Park has provided spooky fun for two decades and is evidence that kids, parents, and grandparents still love some ghostly fun!

Commissioner Wayne Hooper and his wife Jill along with their dedicated volunteers, deliver a family-friendly, fun-filled evening every year that has kept families coming back spanning a couple

of generations. The Haunted Hay Ride is still as popular as ever, and each year the Halloween In The Park team adds new events to the occasion to keep it fresh and a staple community event. This year, in addition to the Haunted Hay Ride, you will experience the Little Shop of Horrors, ghouls, witches, magic, and many more spooktacular happenings along the way! For children twelve and under, there is a large children's area where they can Ring a Monster, play the Eyeball Toss, try their luck at the Apple Dip, and play the Candy Corn Ball Toss. There will be crafts available that include making mini pump-

kins, Halloween book marks, and masks. Oh, and don't forget the Halloween Egg Hunt. The children's twelve and under game area is held from 6-8:30 p.m.

Halloween in the Park is held in Thurmont Community Park, and admission is \$3 plus a canned food donation to support the Thurmont Food Bank. Parking is available at Criswell Chevrolet. Rain date is Saturday, November 3.

### Trolley Trail may see extension

An extension to Thurmont's Trolley Trail may be in the works, according to Mayor John Kinnaird. At the end of August, town staff reached out to a local property in regards to purchasing a small portion of land that runs along the outer edge of the Waste Water Treatment Plant. The hope would be that the town could extend the Trolley Trail past Moser Road to continue down to Catoctin Furnace. The overarching goal would be to provide

### Thurmont installs new Gateway Signs



Thurmont recently installed two new gateway signs welcoming visitors and residents to town. The new signs replaced older Main Street Maryland signs located on Tippin Drive and West Main Street. Thurmont staff is currently working on securing grant funding to install two more gateway signs in the future. The Main Street Maryland signs will be repurposed and installed at other locations throughout town. "These new signs are amazing and provide a beautiful welcome to folks coming into Thurmont," said Mayor John Kinnaird.



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a connected loop from Catoctin Furnace, along Cunningham Falls back to Main Street, bringing cyclists back to town after their bike ride.

In order to fund this purchase and the construction of an extension, the town would look to apply for grant monies through various outlets including Project Open Space.

Additionally, Bryant Despeaux, president of the H&F Trolley Trail Association, is working on plans to extend the Trolley Trail from the other end out to Eyer Park.

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## 100 YEARS AGO THIS MONTH

## October 1918

## October 3

**The Spanish Flu**

The epidemic now prevalent is known as the Spanish flu. It is spreading over the country very fast. The flu has hit Thurmont and Emmitsburg and perhaps 150 people in and about the two towns are suffering from the disease at this time. The superintendent of the Union Manufacturing Company in Thurmont stated that only twelve of his 45 employees reported for work Monday morning. Attendance in the schools has reduced almost one half; the children suffering from severe colds.

Francis Dotterer, age 28, of Catoctin Furnace died on Tuesday of the Spanish flu. He was ill for three days. He is survived by a wife and one child. Mrs. Fleet Gall of Thurmont, age 20, also died. She had been ill for a week with the Spanish influenza. Besides her parents she leaves her husband and infant, three weeks old.

**Died In France**

Word was received that Pvt. Jesse Pryor died August 7 somewhere in France. Some weeks ago word was received from France that Private Pryor was ill with typhoid fever, but nothing further was heard until the message left Sunday. Mr. Pryor is the first of 100 or more boys in France from the Mechanicstown district to die.

## October 10

**Martin Luther Hahn Killed In France**

Martin Luther Hahn of near Emmitsburg has been killed on the battlefields of France. Word was received by Hahn's grandmother, Mrs. Ovelman. The telegram stated that Private Hahn had been killed in action on September 17. Private Hahn, before being drafted into the service about a year ago, worked on the farm of his grandmother. He left for France several months ago. He had been in the thick of the fighting at Verdun at the time of his death.

**Private Arthur Bentzel Dies At Camp Mead**

Arthur Bentzel, of Emmitsburg, died at Camp Mead, Monday night, fol-

lowing a few days of pneumonia, which darted from an attack of the influenza. The first word of his illness was received at his home on Sunday, and his mother at once left for the camp to be at his bedside.

**Victims Of Spanish Flu Rising Rapidly**

During the past two weeks the Spanish flu has claimed many victims in the surrounding communities. Thomas Gingell, aged 25 years and residing near Emmitsburg, died at home Friday night of pneumonia. Besides his wife he is survived by two children. Harry Eyley, of Emmitsburg, died in his home on Friday night also of pneumonia. Besides his wife, he is survived by one child. Sophia Fleagle, whose twin sister died of pneumonia last week, died of the same disease at the home of her grandfather on Sunday. She was aged 15 years. George Izer died at Iron Springs last Saturday. He was 19 years old.

The effect on the public schoolchildren is becoming alarming, but 47 pupils out of the five schools in Thurmont reported last Thursday morning. Of the high school faculty only two teachers were present. The rest were ill.

Pastors of all the local churches have concluded to abandon all church services on Sunday hoping this would keep in check the spread of the disease in check. Doctors in the area were reporting that they were averaging from 35 to 40 calls per day. On Monday morning, only 3/40 or more employees at the host or restructuring came to work.

**Officials Consider Closing Schools To Prevent Spread Of Flu**

After an informal conference on Saturday afternoon, county health and school officials decided that unless churches, Sunday schools and all public amusement places were likewise shut up tight, it would be useless at the present time to close schools in an effort to check the Spanish influenza epidemic. If the schools were closed, it was stated that the children would still mingle while playing and contract the disease just the same. The influenza is confined principally to the northern section of the county and it would be unfair to communities not

affected by the malady to deprive their children of school privileges.

As the worst affected territories are in the northern section of the county, there has been discussion relative to stringent quarantine being established throughout the county in an effort to check the spread of the influenza, which now affects nearly a third of the county's population.

## October 17

**First Cousins Killed In Action**

Two Frederick County Yanks, residents of Emmitsburg, and first cousins, made the supreme sacrifice in France last month, according to telegrams just received by the families. Their names are Private Frank Elder, son of Mr. and Mrs. James Elder and Private Charles Gelwicks, son of Mr. and Mrs. Cornelius Gelwicks.

Private Elder met his death on October 11, according to the official notification of the War Department. Private Elder was the first Emmitsburg boy to enlist, joining Company A during one of the recruiting drives about the time that America entered the war. He is the third Emmitsburg boy to give his life.

**Spanish Flu Death Rate Diminishing**

Reports would indicate that the number of new cases of Spanish flu and the number of deaths resulting from it are diminishing, indicating that perhaps the worst is behind us. Whole families have been affected and many times neighbors have not been altogether willing to enter their homes and do any nursing. Local undertakers have reported that they have recommended that those who have died be buried without formal funerals so as to minimize the spread of the flu amongst mourners.

## October 24

**Spanish Flu Claims Three More Victims**

Wilson Scott, of Fairfield, died on Sunday from influenza; he was 64 years old. His father was the late Dr. Oliver Scott and he leaves his mother and four sisters. Theodore Burdner, of Emmitsburg, died Wednesday of pneumonia. He was 65 years old and lived in Emmitsburg nearly all his life. For many years he was a fireman on the Emmitsburg

Railroad. He is survived by three children. Thomas Gingell, age 25, died at his home near Emmitsburg. He is survived by his wife, Mary Weller, and two children.

**Smokes For The Wounded**

Wounded American soldiers in hospitals in France are receiving their smokes from the Red Cross. The smooth taste of tobacco helps the boys forget their pain and all of their troubles go up in smoke. Tobacco is the greatest essential for the comfort of our soldiers both on the line and behind. Within letters received from boys over there it appears that the Yanks cannot smoke the detestable stuff that the French smoke and American tobacco is received with open arms.

## October 31

**Bigamy Charge Against Women**

Charged with being married without having obtained a divorce from her previous husband, Mrs. Frances Lillian Ridgers, about 38 years old of Emmitsburg, was arrested Tuesday afternoon by the Frederick County Sheriff and was held in her own recognizance for further hearing before the justice of the peace.

Husband number one is said to be Leanne F. Rogers of Hagerstown. Mrs. Rogers and Charles Ordway were married in Frederick on July 20 at the Methodist Episcopal Church. After a short honeymoon Mr. Ordway became a soldier in Uncle Sam's Army and is now in France. Recently it became known that she had not been divorced from her first husband and a warrant was issued for her arrest. She stated that she had separated from her first husband because he refused to support her.



Cousins Francis Elder (top) and Charles Elder (bottom) were the third and fourth Emmitsburg boys killed in action in France during WWI.



The defendant said she received a letter from her first husband stating that he had obtained a divorce and that she was free to do as she pleased and he would do as he pleased. She has said she's supposed from the letter, which she has in her possession, that her first husband had secured a legal separation and then she married again. She claims that her first husband did nothing towards the support of herself, or their children, and left her to shift for herself.

To read past editions of 100 Year Ago this Month, visit the History section of Emmitsburg.net.

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**14708 Motters Station Rd., Rocky Ridge**  
Easy living on a level 1.2 ac. lot. Covered front porch, large deck in the back with lots of parking & 3 car detached garage. Add'l covered carport, whole house generator, 2 car attached garage w/propane heater. Nice size eat in kitchen. Master bedroom with full bath.  
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## FROM THE DESK...

# County Council President Bud Otis

Veterans have held a very special place in my heart from when I worked on Capitol Hill during a time that we sent off our precious sons and daughters, brothers and sisters, mothers and fathers to fight overseas. Since then the commitment and patriotism of those who risk their lives to keep us safe has been quite personal to me. As a result, I seek opportunities to support, in any way possible, our honorable Veterans.

We recently passed Bill # 18-11 creating a Veterans Advisory Council (VAC). Its mission is to connect our local Veterans to the various services and programs that offer various levels of support. I have heard from a number of Veterans, especially Vietnam Veterans, who have noted that they wished there was some connectivity on a local level

to help them when they returned from combat. This legislation was co-sponsored by Council Vice President M.C. Keegan-Ayer, Council Member Tony Chmelik and myself. We worked together to craft the VAC to work collaboratively with established military Veteran oriented service organizations to develop and promote new and existing programs and services for Veterans and their families within Frederick County. It is designed to work together with other county commissions, boards, councils and county staff related to Veterans' interest. It envisions the creation of a "one-stop-shop" to be able to assist our Veterans at the local level.

The County Executive received quite a number of letters of interest in being part of the VAC. There are also legislatively des-

ignated positions to encompass a broad spectrum of support. The names of the selected individuals will be brought to the County Council for confirmation in the next few weeks.

I am very excited about this new VAC and fully support this effort as a source of support for our Veterans and hope the VAC kicks off as soon as possible.

On another front, we held a Gold Star Family Tribute here at Winchester Hall on Tuesday, September 25, 2018 to honor the family of U.S. Army PFC James Moore Jr. who was killed in combat in Vietnam on April 2, 1966. We were delighted to receive support from the USA Vietnam War Commemoration's Director MG James Jackson, County Executive Jan Gardner, Frederick City Mayor O'Connor and Aldermen, representatives from the Mary-

land Congressional Delegation, Fort Detrick's Commander MG Barbara R. Holcomb, MD Veterans Commission Chairperson Fred Shinbur and Mount St. Mary's President Dr. Tim Trainor, among others. Angela Spenser graced us with her beautiful rendition of the National Anthem and the Fort Detrick Color Guard presented the flags.

It is so important for our nation to recognize the profound sacrifice of those who lost their beloveds in the line of duty. We were honored to be able to present PFC Moore's mother, Katharine Moore and his sister, Alma Palm with special pins, proclamations, certificates and a posthumous Purple Heart. This event was humbling and yet very rewarding to be able, after 52 years, to express our tremendous appreciation to them. It is never too late to say Thank You.

This past April we held a Viet-

nam Veteran Pinning Ceremony in coordination with Congressman Jamie Raskin's office and the American Legion Post 11 in Frederick. Along with Congressman Raskin, we were joined by MG James Jackson and County Executive Garner in pinning 107 Vietnam Veterans. That was another remarkable and profoundly wonderful support for our Veterans.

Please contact my office if you would like more information about the Vietnam War Era Pins and/or Gold Star Family Tributes. It would truly be a privilege to conduct more of these recognition ceremonies to honor our valiant Heroes. My executive assistant, Diana Modelski, is very happy to assist. Her number is 301-600-1101 or by email: [DModelski@frederick-countymd.gov](mailto:DModelski@frederick-countymd.gov).

Bud Otis is also running for County Council At-large as an independent

# Town Commissioner Glenn Blanchard

The long hot summer is over and fall has begun. I am personally looking forward to the falling temperatures and the fall foliage. The September town meeting addressed a number of issues. First on the agenda was the approval of the election judges for the September 25<sup>th</sup> election of two commissioners. The judges work a long day and I am grateful for their service.

The board also considered a recommendation of the Town planning commission to rezone lots 10, 11, 15 and the western half of lot 12, as shown on the revised plan of Emmit Gardens, from low density residential (R1) to neighborhood commercial (B1). After a presentation from the planning department, the board moved to request a public hearing.

Another important item that was taken up during this meeting concerned a project for sewer relining on East Main Street. The town manager explained that the town has a significant issue with inflow and infiltration (I&I). She recommends that the board pursue future funding to prevent (I&I). Daniel Fissel, Sewer and Water superintendent, explained excess I&I creates unnecessary hardship on the wastewater treatment system.

Mr. Fissel explained that the relining project is completed between two main holes by flushing the line and using air pressure or steam to slide relining material into the pipe. The material is then expanded and let to cure for 2-3 hours. Service lines will be cut out of the liner and video footage will be taken for the town's record. The board supports Mr. Fissel on this project. Another related item concerned solicitation of federal funding to help build a new pumping station on Creamery Road. The current station is 54 years old, and in much need

of upgrading. The board agreed with town staff on the need to replace the pumping station and voted to approve the federal funding request.

The upcoming October meeting has a full agenda! First will be the swearing in of the elected commissioners. This will be followed by the mayor's recommendation for reorganization of the board of

commissioners. The board will also take into consideration the rezoning of lots 10,11, 15 and the western half of lot 12, as shown on the revised plan of Emmit gardens, from low density residential (R1) to neighborhood commercial (B1). This item will take place in a public hearing. Interested citizens may attend the meeting and sign up for public comments.

## GOVERNMENT—SOUTH OF THE BORDER

### County Executive Jan Gardner

Six weeks! By the time you are reading this there will be just 6 weeks (or less) until the November election. Some people call this time period “silly season” due to all the rhetoric and flurry of debate.

Elections do matter. At the end of the day, people are collectively hiring who they want to work for them at the local and state level. Last week, I thought about what would have been if the 2014 county election had turned out differently.

We would not have a new teacher pay scale and our starting teacher salary would still be dead last in the state of Maryland.

We would not have saved Citizens and Montevue, keeping our promise to our seniors.

We would not likely have a AAA bond rating from all three rating agencies because the prior administration raided reserves during their last year in office. I have replaced

and added to our reserves putting our fiscal house in order.

We would not likely have added 87 new firefighters, 41 through a federal SAFER grant.

We would not have the Walkersville branch library, the Middletown Fire Station, or have broken ground on the Othello Regional Park near Brunswick or Phase II of the Utica District Park.

And, we accomplished all of this with absolutely no increase in taxes.

Growth is the hot topic of the day and certainly the landscape would be very different.

We would likely see houses at the Monrovia Town Center. Instead, the zoning has been vacated in large part because the county is now on the side of the citizens.

We would likely have continued to see massive rezoning for more and more housing. Instead, my administration has approved no new develop-

ment with the exception of a senior housing project in Urbana. All the other housing you see being built was approved by the prior administration and secured by legally binding developer contracts. I ended the use of developer rights and responsibility agreements because they have mostly been bad deals for county taxpayers.

We would not have increased our investment in agricultural preservation by 25% preserving over 10,000 acres of farmland in just 4 years. Permanent preservation of our farmland is the ultimate way to halt development from our rural areas and maintain our rural way of life.

We would not have ended the “school buy-out” option that allowed

developers to continue to build houses even when schools are overcrowded. And, we likely would not have built two elementary schools at the same time.

We would not have Livable Frederick as the path forward putting citizens in charge of shaping our future instead of special interests.

I am proud to have successfully stood up our new form of charter government and to have delivered open, honest government. We can all be proud that Frederick County now has the strongest ethics laws in the state of Maryland.

Together, we have accomplished much and delivered good government. I am proud to fight for good schools, responsible growth, and our high quality of life. I am working hard for more jobs, not more houses. This is the best way to manage the

budget and protect taxpayers.

Job one has been protecting taxpayers. I have ended privatization that cost taxpayers more and renegotiated some of the bad deals of the past saving taxpayers almost \$70 million. Never again will the county give away future tax revenue to residential developers. This will not happen on my watch.

As your County Executive, my job is all about making life better for the people who call Frederick County home.

“Silly season” will likely be filled with more rhetoric than reality. I trust that residents can sort out the fact from the fiction.

If you have questions or want information on any subject, you are welcome to contact me at [jgardner@frederickcountymd.gov](mailto:jgardner@frederickcountymd.gov) or at 301-600-3190.

### County Notes

#### Gardner Announces \$70 Million in taxpayer savings

Changes made during the past four years have saved taxpayers close to \$70 million, according to Frederick County Executive Jan Gardner. The savings come primarily from three key initiatives: ending privatization that cost taxpayers more, achieving the trifecta of AAA bond ratings that brought better interest rates and saved taxpayers millions, and renegotiating agreements to give taxpayers a better deal. Renegotiating the Oakdale-Lake Liganore agreement for an interchange on Interstate 70 at Meadow Road saves county taxpayers \$48 million.

“Protecting taxpayers and saving money is job #1,” said Executive Gardner. “These savings make life better for people by providing for needed schools, public safety, roads, libraries and parks, while we continue to hold the line on taxes.”

When Executive Gardner entered office, many customary county services, such as tree trimming and mowing along roadways, were contracted out to private businesses. Ending privatization saved more than \$2.2 million. For example, an in-house renovation crew can remodel county space for about \$45 per square foot less than a contractor can do the work.

Due to the county’s AAA rating from all three bond rating agencies, taxpayers have saved \$13 million, primarily from refinancing county debt to lower interest rates.

The biggest savings to the county have been through renegotiated agreements. Retaining Citizens and Montevue saved taxpayers \$7.5 million because these new state-of-the-art facilities were going to be sold for less than the county owed on the mortgage. As Executive Gardner promised

taxpayers, the operation of these facilities has proven to be self-sustaining. Most importantly, the county is once again taking care of seniors.

A full list of the savings can be found at [www.FrederickCountyMD.gov/Executive](http://www.FrederickCountyMD.gov/Executive).

#### Septic pump-out rebate to continue

Frederick County’s Office of Sustainability and Environmental Resources launched the FY18 Septic Rebate program on April 5, and it has proven to be very successful with over 150 approved applicants within three months after the launch. The program’s early success would not have been possible without county outreach efforts along with the support of the permitted septic haulers and the farm bureau, all working together to promote the program.

The FY19 Septic Pump-Out Rebate Program will again target homeowners with a septic system by offering the \$75 rebate every five years. Rebates will be available for homeowners who have their septic systems pumped-out, beginning in 2018. The offer will continue until funds are no longer available.

A properly maintained septic system benefits property owners in several ways and will be less likely to break down and require costly repairs. Maintaining a septic system protects the home investment. When selling a home, the septic system must be in good working order. Maintaining a septic system also protects the groundwater and the drinking water supply.

Learn more about the Pump-Out Rebate Program or download an application at [www.FrederickCountyMD.gov/septicrebate](http://www.FrederickCountyMD.gov/septicrebate) or contact Linda Williamson at 301-600-1741 or [lwilliamson1@frederickcountymd.gov](mailto:lwilliamson1@frederickcountymd.gov).

County Council candidate forum sponsored by the Thurmont Lions Club for At-large and District 5 candidates. The forum will be held Wednesday, October 3 starting at 7 p.m. at the Thurmont Middle School.

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## FROM THE DESK OF CANDIDATE...

### Bud Otis, County Council At-large (I)

#### On being the Independent voice for Frederick County

Times change. I have been a staunch supporter of the Republican Party for over 50 years. My heroes remain Abraham Lincoln and Ronald Reagan. They both provide me with inspiration to do the right thing amidst some of the chaos and turmoil I have faced over almost four years as President of the Frederick County Council.

After much contemplation and heartache, it became clear that the best path forward for me was to become Independent and not be beholden to any political party. I did so in 2016.

As I continued my dedication to the best interests of those living in Frederick County, my voting record has proven to be moderate. I have been able to negotiate compromises by working on "both sides of the aisle" on a number of issues.

I voted FOR the Frederick County Budget all four years as the swing vote. As of September 4, 2018, the Council has voted 1188 times. Of that, 620 were unanimous votes (52.2%) [7-0 442 votes, 6-1 (absent or abstain) 178 votes], the rest were predominately split between those in the Republican and Democratic parties, my vote normally became the deciding factor.

I am humbly proud of my work on the Council and hope to be able to continue this direction over the coming four years.

It is my contention that once elected the letter next to your name should be irrelevant. We are here to protect the citizens of this great county and assist in the process of maintaining staff, equipment and facilities for all first responders, public schools, infrastructure and more. I do not see these

services as being political. They are the very nature of taking care of our county and providing the best services possible in a fiscally conservative manner.

Being on the Council, our work to develop legislation to solve problems come from our concerns, the citizens, or county staff. We have provided the budgetary funding which increased the starting salaries for teachers, no longer on the bottom rung of the state of Maryland; supported hiring of many emergency personnel; funded county grants for our precious non-profits (saving the county money in the long run as we don't have to provide these services directly), provided tax relief to our elderly and retired military residents, helped bring in a large company with incentives to do business here, launched a Veterans Advisory Council, paved the way for tiny homes, aka

accessory dwelling units so that housing your parents or young adults is more affordable and eliminated the impact fees normally associated with these kinds of dwellings; strengthened the Ethics Law; created an independent process for nomination of those on the Ethics Commission; and other valuable and corrective updates to our county policies.

Reviewing and voting on the county budget is one of our main responsibilities as delineated in the County Charter. In the four years of working on the budget, it passed each year in a 4 to 3 vote, mine casting the swing vote to support it. I see the budget as conservative and being able to provide the services our citizens have voiced they want and need. It is an honor to serve the residents of Frederick County and I truly stand behind each vote I have cast.

As an independent, I have the freedom not to be beholden to either political party. It is a distinct opportunity to review all the facts, weigh the pros and cons and then vote in a manner supporting all the citizens.

When constituents come to my office, call or email, I have no idea whether they voted or what party they are affiliated with and it does not matter. As an at-large member, I was elected to serve all the residents of this county and it has been my privilege to do so.

I continue to stand by my roots – growing up on a farm, and casting votes, which I believe, share your values as well.

Thank you and I ask for your vote in the upcoming election.

My door is always open to you. If you have a question or concern, my email is [BOtis@frederickcountymd.gov](mailto:BOtis@frederickcountymd.gov) and my office number is 301-600-1101. I'm honored to be contacted regardless of the issue! I will always do my best to assist.

### Shannon Bohrer, County Council District 5 (D)

My goal is to effect positive change in the Frederick County Government. I believe in respecting the citizens with honesty, integrity and civility. I am running with the intent to serve the residents of our county and if elected, I will be working for the citizens.

My primary focus is on managing responsible growth. Growth is inevitable, while we all like Frederick County the way it is, it will continue to grow and growth – affects everything. The "livable Frederick Plan" is an outline and starting point for how the county should view and manage the future. Growth affects education, public safety and our infrastructure.

Primary education needs are deter-

mined by populations and ours is growing. If – we are not meeting the current demands for classrooms and teachers, how many more students can the system absorb? Just four years ago the starting salary for teachers in Frederick County was last in the state. Our County Executive has changed that, but we are still below the state average.

Roads and infrastructure are already behind the curve in Frederick County. Congestion is problematic and there are a lot of issues that are directly related to our past growth. Planning to correct the current problems without considering the future growth will not resolve the congestion; it will only result in a short term fix.

Police, Fire and Ambulance services are foundation emergency services of any government. Public safety requirements will need to expand with growth. While many these services have grown in the last several years, in some areas they have barely keep up with demand. Their projected needs have to be considered with any growth.

The public has a right to expect Frederick County to provide adequate roads, good schools with quality education and emergency services county wide. These services are basic that we all should expect. My position is that we are headed in the right direction and the "Livable Frederick Plan" is the starting road map. The "Livable Frederick

Plan" has been criticized and I am sure there will be changes as we go forward. However, without a plan our growth is unknown in both size and direction.

If we focus on managing responsible growth we would be using the county resources effectively and efficiently. The efficiency would benefit the county residents and ensue an accounting for the use of public funds. That would be responsible governance.

*"Plans are nothing; planning is everything"*

–Dwight D. Eisenhower

*About me, my wife, Susanne, and I reside on a small farm in outside of*

*Emmitsburg. We are both retired and enjoy our farm, our neighbors our horses and our dog. We very much like where we live and believe that we are fortunate to live in Frederick County Maryland. My family has been here for generations.*

*My former background includes 42 years in Law Enforcement, 27 years as a Maryland State Trooper. I am a small farmer and small business owner in Frederick County. Bachelor's degree in Criminal Justice and a Master's in Business Administration.*

*Associations include: Maryland State Police Alumni, the Frederick County Farm Bureau, the American Civil Liberties Union, National Rifle Association and the Southern poverty Law Center. Please visit my website [shannonbohrer.com](http://shannonbohrer.com).*

### Susan Reeder Jessee, County Council At-large (D)

The 2018 mid-term election is here and who to vote for is the question! Well...let me highlight a few reasons why one of your votes should be cast for Susan Reeder Jessee for Frederick County Council At-Large.

I have always been someone who gets involved when there is a need and these days there are too many politicians out there who don't, and run for office as a stepping stone to the next office. I can assure you that is not me.

I have a passion to serve the citizens of Frederick County locally and had great mentors of what public service is supposed to be about, from my parents Bruce and Odette Reeder.

I am passionate about making sure all of our children in Frederick County have the best education possible. I along with my children, my husband, my brothers and my parents, are all graduates of the Frederick County Public Schools. I was a basketball and swim

coach, scout volunteer, lacrosse/soccer volunteer, and MHS Band Booster President while my children were in school. FCPS is part of who I am and if elected I will make our schools continue to provide the best education for any child in Frederick County.

I am just as passionate about making sure our seniors have the things they need to live out the rest of their lives here. I was honored to take care of my parents during the end of their

lives and want to make sure we properly address the needs of our seniors, the fastest growing population in the county. I got involved in Friends of Meals on Wheels when I heard there was a waiting list of seniors that needed food due to lack of funding, so I helped raise funds to assist the county Meals on Wheels program. If elected I will continue to work hard for the needs for every senior in Frederick County.

I am passionate about making sure

that our first responders that serve and protect us 24/7, are also protected while they are doing their job. To learn more, I got involved and have served on the Fire and Rescue Advisory board for the past 3 years. I have learned a great deal about what is required and if elected would make sure these needs are met.

I am passionate about Frederick County and have lived here my entire life and a lot of changed. Managing growth properly takes planning, collaboration, and communication. As a current project manager this is what I do every day at work and if elected I will sit around the table with ALL parties involved to come up with the best possible plans moving forward to address future growth that is good for families and the business community.

I am passionate about our agriculture community and grew up on a farm in Frederick County which I now partially own, and I strongly believe that landowners have the right to do with what they want to do with their property, while paying attention to good environmental practices. If elected I will support and protect landowner rights.

These are a few reasons why I feel I have earned a position on the county council and hopefully earned your vote and if elected I will make sure I continue my passion for issues that affect the citizens of Frederick County.

**Elect Susan Reeder Jessee**

- ✓ Experience in Creating Jobs
- ✓ Committed to Excellence in Education
- ✓ Manage Growth that is Good for Families and Businesses
- ✓ Dedicated to Our Environment & Agriculture Community
- ✓ Devoted to Serving Our Most Vulnerable Citizens

**Susan Reeder JESSEE**  
COUNTY COUNCIL AT LARGE

*"Together we can work to balance current needs while planning for future needs!"*

[www.SusanReederJessee.com](http://www.SusanReederJessee.com)  
By Authority of Lawrence Jessee, Treasurer

## GOVERNMENT—SOUTH OF THE BORDER

### Karl Bickel, Frederick County Sheriff (D)

Empathy and outrage are critical to fighting the current opioid crisis that is devastating our county. It is seldom rational thought that stirs people to the point where they take action to solve a big problem; instead, it's generally emotion that gets us moving, and we must move if we want to stop the current epidemic that is sweeping across our community.

I was a patrol officer and detective in Washington, DC in the 1970's as heroin ravaged that city taking countless lives and contributing to record levels of crime. I saw the devastating effect it can have on a community in the absence of empathy for the addict coupled with outrage over

crime that ignored the underlying causes of addiction related criminality. I also saw the positive effects of efforts to treat the addicted and how it eventually led to a reduction in crime.

I don't care how someone became opioid dependent, caught up in addiction and the current epidemic: no one wants to be hooked on opioids. Whether it was the over prescribing by or the inattention of a physician trying to help someone deal with chronic or acute pain, an attempt to escape the pain of one's life experiences or circumstances or foolish youthful experimentation, no one wants to be an opioid addict.

Those of us who haven't been touched by the scourge of addic-

tion must show empathy for those fighting to escape the grip of opioids, those fighting for their lives. We need to realize that the horror of addiction could be visited upon any family at any time. We need to remove the stigma of addiction and stop blaming the victim. We need to work together collaboratively to get the addicted on a path to recovery, and find the resources to make treatment and long-term follow-up accessible and affordable right here in Frederick County.

We also need to be outraged, outraged over the fact that the opioid epidemic is the most serious public safety/public health problem to ever be visited on our community and it is not receiving

the attention it is due. Local politicians who say, "It needs to run its course," are part of the problem and not part of the solution. It has been running its course for over a decade and has taken hundreds of lives in our community alone. The first six months of this year brought us 30 confirmed and 9 suspected opioid overdose deaths. At this pace 2018 will break the record as the epidemic continues to "run its course."

The current sheriff continues to rely only on methods employed in the failed war on drugs with little imagination or innovation directed at the problem. We don't want to abandon effective enforcement efforts, but we do want to modify them where nec-

essary and incorporate them into a broader plan to fight the opioid epidemic. However, currently there is no plan.

We need a comprehensive plan to address the opioid epidemic in our community that weaves together effective enforcement and treatment with housing, mental health resources, jobs, education and transportation. From the courts to the hospital to public health and family services, we need everyone at the table. Most of all, we need competent leadership from county law enforcement that is open and accountable. We need more empathy and outrage. We need change more now than ever!

*Karl Bickel can be reached at Karl@BIckel4Sheriff.com.*

### Nathaniel Wood-Wilson, Judge of Orphans' Court (R)

In 2017, I was honored to be appointed as one of three Frederick County Judges of the Orphans' Court by Governor Larry Hogan and was designated as Chief in March of this year. The Orphans' Court is Maryland's probate court. In other-words a court that handles the estates of the deceased or by definition, a court for the bereaved.

One of the many things I have learned from life and especially from the bench is that grief has no mercy. One of my mentors Kirby Maybush once asked in his self-defense class, "What is the worst thing that could happen to you?" Most would reply,

you may die; but, his response would always be, the loss of a loved one. This put into perspective that most of life's problems are not going to be the worst possible scenario. However, death and the ensuing grief remains. We have very little control over death, but the power to make everlasting decisions, now, that will affect our loved ones indefinitely. This means making our final wishes known and putting them to paper appropriately, thereby limiting the need for someone else's interpretation and court intervention.

I currently reside in Jefferson with my wife and daughter. My family has strong ties to Fred-

erick County Maryland going back to the mid 1700s. My 5th great-grandfather, Peter Mantz was also a Judge of the Orphans' Court for Frederick County, amongst his many other accomplishments. He was also brother-in-law to Barbara Fritchie.

After receiving a bachelor's degree in management from Hood College in 2005, I have served as a supervisor for judicial security in local government for the past 11 years. I have been a member of New Market District Volunteer Fire Company for 16 years and formerly served as secretary and vice president. I also own two small businesses

and assist with operations at my family's farm, New Market Plains Vineyards. I have formerly served as secretary and public relations subcommittee chair for the Frederick County Republican Central Committee and I am a member of the Hood College Alumni Executive Board.

My first introduction to the Orphans' Court was when my family's farm was involved in an eight-year probate process a few years back; this left a deep impact on me. The future of our "bicentennial" farm was at stake and this left the question of whether it would be sustainable for future generations of our family. The

process was also detrimental to agricultural operations. The serious impacts on families and loved ones after death are not lost on me and this understanding only adds to my desire to continue serving in this capacity.

I humbly ask to be one of your three candidates for Judge of the Orphans' Court. I have the experience and understand the stress involved in making life changing decisions. I am ready to continue to lend an empathetic ear, exact fairness, and execute the necessary decisions by applying the laws of our great State of Maryland.

"What's in your will?"

### John Daniels, Judge of Orphans' Court (D)

Having the candidates affiliation on the ballot is a good first cut for voters who may not have had the opportunity to get to know all the candidates. Legislators at the federal, state, county,

and municipal levels all inject their personal bias in the legislation they introduce and/or support. I would not expect otherwise, and I am not suggesting this is a bad thing. When these candidates run

for office, they are identified on the ballot with their party affiliation next to their names.

Judges are different! They do not make the law; rather, they interpret the law. Their decisions must not reflect personal or political bias. Most judges on the gen-

eral election ballot do not have party affiliation by their names for this very reason.

The decisions they make affect individual peoples' lives and their livelihoods, and as such should not be perceived as partisan.

The notable exceptions are the

candidates running for orphans' court judge. They alone are identified by party. Because all judges, including the orphans' court judges, are bound by the restrictions set forth in the Maryland Code, perhaps it is time to drop the party affiliation designation for Judge of the Orphans' Court on the general election ballot.

## FROM THE DESK OF CANDIDATE...

### Jessica Douglass, State Senate (D)

Have you met ALEC? That is an acronym for the American Legislative Exchange Council. ALEC is a "voluntary membership organization" for "job creators and state legislators" (alec.org). In other words, it is a private club whose members are politicians and corporations. ALEC "provides a forum for experts to discuss business and economic issues." The experts at ALEC are corporate lobbyists, and they get to propose laws to their political counterparts. Through ALEC, corporations have an enormous role in our law-making. Almost one-quarter of American state legislators are members of ALEC. One of them is very close to home.

Dear Frederick County, your sitting State Senator, your representative in Annapolis, who is supposed to stand up and speak up for us so that the state government can benefit us, is a member of ALEC. He is a part of this private club that gives corporations an outsized voice in crafting our state laws. He is sys-

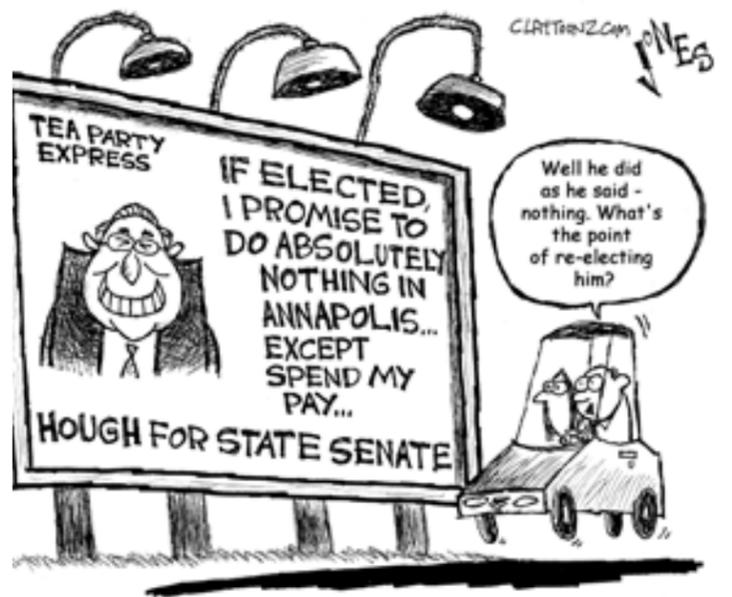
tematically valuing the profits of corporate donors over the people of Frederick County.

As the Maryland assembly considers reforms to the state's bail system, our legislator benefits more than most. He received \$19,000 from the bail bond industry over the last six years. As the Senate Judicial Proceeding Committee considers bills addressing bail reform, our representative is being paid to ensure that our state laws benefit the American Bail Coalition, instead of looking out for the people of Frederick County.

Nearly every ALEC bill benefits one of its corporate members. Why are prescription drug prices so high? Perhaps it has something to do with the fact that lobbyists from Bayer, GlaxoSmithKline, PhRMA, and Pfizer are all members. So many of us have a hard time affording the prescriptions we need. Marylanders are increasingly concerned about the cost of prescription drugs and the majority of us support legis-

lation that would ensure affordable access to prescription drugs. I promise to stand up against prescription drug price increases. I want to go to Annapolis to stand up for Marylanders who struggle every day to afford the drugs they need to survive and stay healthy. While I will be fighting to require drug corporations to justify pricing decisions, ALEC will be drafting laws to benefit Pfizer. While I will be working to create a Maryland Prescription Drug Cost Review Commission, ALEC will be crafting legislation to make more money for GlaxoSmithKline from the people of Maryland. While I will be joining the call to prevent prescription drug plans from restricting access to generic options for Marylanders, ALEC will be listening to PhRMA and helping them to profit from our pain.

Don't let ALEC influence Maryland State Laws. This private corporate/political club is not looking out for you; they are looking out for



corporate profit. Vote in November for someone who understands the struggles most of us face. I'm a public-school teacher. My family is proudly and solidly middle class. We are the people who struggle with bills after Christmas, and who can't afford vacations because we are saving for college. I am not receiving any corporate contributions. I am concerned only with

improving the lives of Marylanders. I want to help people through legislation that will limit corporate interests in our political system. I want to put people first when corporations want to profit by making us struggle, whether that be at the pharmacy, the toll booths, or the classroom. Vote people over profits this November. Vote Jessica Douglass for State Senate.

### Lois Jarman, District 4 Delegate (D)

My name is Lois Jarman and I am currently a candidate for one of three state delegate seats to represent district four. I am a graduate of Westminster High School and I grew up in Carroll County. For the past thirty-one years, I have lived in Frederick County where I retired from teaching with Frederick County Public Schools in June of 2016. I spent more than ten years as a parent volunteer with FCPS as well, serving as PTO secretary and pres-

ident for Brunswick Schools, as a member of the Athletic Boosters for both Brunswick and Governor Thomas Johnson High Schools, and as a classroom volunteer.

In addition, I served as a leader in both the Boy Scouts and Girl Scouts, and was a member of the board of directors for the Fredericktowne Players. The Weinberg Center has always held a special place in my heart. I currently serve with the Frederick Memorial Hospital Auxiliary, The Women's Giving Circle,

and the Smoketown Rotary Club. Frederick County is my home.

One of my opponents in the district four race is currently serving as an appointed state delegate. He has never won an election. His recent rating in the Maryland Public Service Research Group's report, a nonpartisan group that monitors the voting records of Maryland's state legislator, showed that he voted for bills regarding public interests just 20% of the time. We need representation of

public interest ALL of the time.

During his appointed tenure in the state legislature, Mr. Ciliberti has not had any piece of legislation pass. That's not the kind of representation we need. He also voted against a bill that would have allowed representation by teachers and parents on the state Board of Education. Keeping two major groups of stakeholders off of this important board is a complete disservice to our schools.

I would like to see our public schools regain their place as the number one schools in the coun-

try. In the past three years, Maryland schools have dropped from number one to number six. We need to regain our place and I would like to go to Annapolis to work to improve our schools. I also would like to go to Annapolis to represent the people of district four-not special interests. We can do better, and I will work diligently to help us do so. I ask for your support when you go to the polls this election. Voting is a right that we all have that was hard fought. Please be sure to vote. It is our civic duty.

### Phil Dacey, County Council At-large (R)

I am writing for the last time before the election. Please do not forget to vote on Tuesday, November 6. This election is just

too important not to vote; Governor Hogan and I need your vote to be successful.

It has been an honor to be the

Republican nominee for County Council At-Large. I have had the pleasure of traveling across this great county from corner to corner.

Frederick County is the largest county by geography and proba-

bly the most diverse in the state. I have had the privilege to meet so many residents from across the county and talk with them about real issues that are important to them and their families.

I have heard the desire for fresh faces, fresh approaches, and fresh ideas on the County Council. I continually hear people that want the County Council to work for them -- to have them deliver world class services, lower taxes, and use our tax dollars more efficiently.

As this campaign season winds down, I ask voters to consider who do you trust to work with Governor Hogan to provide much needed solutions on transportation, on schools, and on relief from excessive fees and taxes?

Who can you trust to share the values of Frederick County? I was born and raised here in Frederick County. My daughters go to public school here and my wife has a small business here in Frederick County. I am invested in making sure Frederick County remains a desirable community.

I ask for your vote so that I can watch over the tax dollars being spent, find ways to reduce taxes and fees, and provide transportation solutions that improve the quality of our lives. Please vote Phil Dacey for County Council at-large and Governor Hogan for Governor on November 6.

**VOTE FOR**  
**Jessica Douglass**  
 for STATE SENATE  
 NOVEMBER 6TH, 2018



A mother, a teacher,  
 and your advocate  
 in Annapolis

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**Jarman**  
 Stepping Forward  
 For District Four  
Authority of Friends of Lois Jarman, Melanie Galloway, Treasurer

**KAREN**  
**YOHO**  
 for BOARD OF EDUCATION

*Doing the best for our children first!*

Website: [KarenYoho.com](http://KarenYoho.com) FB: [KarenYoho4BOE](#)  
 P.O. Box 231, Monrovia, MD 21770  
By the Authority of Citizens for Karen Yoho, Joseph Yoho, Treasurer



# GOVERNMENT—SOUTH OF THE BORDER

## Sandy Dalton, Clerk of the Circuit Court

Clerk of the Circuit Court, what's that you ask? If you have ever needed a marriage or business license, to record a deed, mortgage or plat, take the oath to become a Notary or as an elected official, been involved with a criminal, civil, family, child support or juvenile case, performed genealogy research or served jury duty, then you have used the services of your Clerk's office!

The Clerk is the keeper of the official court record, is responsible for deputy clerks who serve as courtroom clerks to the Circuit Court Judges and Magistrates. The Clerk is responsible for properly filing, recording, issuing and collecting fees for various court related documents. Each document we handle is treated with the respect as it represents an important event in someone's life. In October

2017, we implemented a paperless or "less-paper" system known as Maryland Electronic Courts for filing civil and criminal actions. In July our Land Records department began e-recording mortgage releases and assignments. The e-recording of deeds and mortgages will begin soon.

As promised, the jury system was computerized and the term of service was reduced from one month to one week/one trial. Now summoned jurors can qualify themselves and/or receive a one-time postponement on-line. Soon jurors will be able to opt-in to receive text messages concerning their jury service! It was my privilege to work on the filming of our updated Jury Orientation Video.

Our office undergoes both a State and Legislative Audit every three years. There are processes

in place for all of our record keeping, both cash and non-cash items. When collecting and distributing 17 million in revenue to city, county and state agencies, perfection must be obtained. We are very proud to have received several "no-findings" Legislative Audits.

When not in Frederick, you may find me in Annapolis serving on a committee or attending the Legislative Session. As Clerk, it is important to be an advocate for, and a decision maker of programs, processes and laws that will affect your Clerk's office. My many years of experience in the Clerk's office, courtroom, jury office, realtor and settlement closer have afforded me extensive experience as to the needs of the court and your Clerk's office. My knowledge, forward-thinking and problem solv-

ing skills are a few of the assets that have served me well in court management.

It's an honor to continue to serve as the Chair of the Maryland Jury Commissioners and Clerks for over 15 years. Other committees or leadership positions I've held include: member of the Court Automation Committee, Justice Matters editorial board, Computer Access Committee, Criminal Justice Access Committee, Court Executive Committee, Court Reporters Committee, former President of the Circuit Court Clerks Association, Chair of the Conference of Circuit Court Clerks, member of the Access to Justice Commission, Judicial Council. I am a proud graduate of the Institute for Court Management Certified Court Manager program, the Michigan State University Court Manage-

ment program and the Leadership Frederick County Class of 2002.

In the almost 20 years that you have entrusted me with the position of your Clerk, it has been my passion to work diligently to review our practices and update them as needed to make this office more efficient, more customer service driven, and an environment that appreciates every employee's contribution to the citizens we serve. My commitment to you and this office grows stronger each day. It is my privilege to serve you 24/7. I am here to serve you.

My goal is to make your Clerk's office welcome and helpful to you, the employees that make the same commitment, and to our justice partners. Continuous improvement of access and services is an on-going commitment to you. Please continue to trust me to represent your interests in the justice process.

## Megan LeRoux, Clerk of Court

In my first article, I explained to you why the clerk's office matters and the many ways that citizen's lives are affected. In the second one I introduced myself to you including my knowledge and experience with the Judiciary. In this article, I will tell you what compelled me to run for the Clerk of Court. And in

my final article I will explain to you why you should not re-elect the incumbent.

This is the first time that I have ever run for public office. The reasons for me throwing my hat into this race include my integrity, my passionate about the delivery of justice, and my accountability to the citizens of

Frederick County.

When asked why I am running for the Clerk of the Court, my initial answer is always integrity. I believe that character is who you are when no one is looking. The public can rest assured that their tax payer dollars will fund a humble servant that will show up to work, and

work as hard as they do. I have a rock solid work ethic and I have earned that reputation throughout the legal community. Just ask a local attorney.

I am passionate about the judicial process. I am committed to shorten the wait time for the public and the improving the processes. I loved going to work at the Circuit Court everyday. I love our county and it's citizens. I have the experience and education to

return confidence to the office.

Thirdly, is my belief in accountability. If there is a problem at the Clerk's office, than it is my problem. If a citizen is unhappy with their process, then I am unhappy. I will make the clerk's office great again, because I care. Justice delayed is justice denied.

Look for my last article as to why you should not vote for the long-term incumbent.

## Sharon Keller, Register of Wills

As your Register of Wills, it has been my honor to serve all Frederick County families. I would like to share my feelings and reflections on my tenure as your Register. I hope to impart to you the critical nature of this office and ask for your support in this year's election. The job of Register is a multi-faceted position and one that I view as having diverse distinct responsibilities.

First, management of a state agency and the daily operations of the office, including the usual HR requirements of any manager. Monthly fiscal reporting to the Comptroller of Maryland. Accountability to other agencies within the Department of Bud-

get and Management. An active role in the Maryland Register of Wills Association. Modernization of the office, new technology and automation have been an important part of my past term. As we have made many upgrades in the office we have not sacrificed any part of our human touch; always mindful of the delicate nature of our work. And in making changes, always asking, "is this good for families and practitioners?"

Second, providing families with an office that is professional, efficient and compassionate when losing a loved one. I have diligently worked to build an office that can provide answers

and assistance when you need it most. Excellent public service has always been my number one priority. From the first person you interact with when you contact our office, and throughout the entire administration process, your family should feel confident that we are here to assist you in a knowledgeable and respectful way. Your Register should never be just a figurehead that relies on staff to make the hard decisions. A qualified Register sets the tone, makes the tough calls and sets policy that determines the quality of service for families. By building strong relationships with attorneys and business leaders, a Register is more equipped

to point families in the right direction. While we are not permitted to give legal advice, you can trust we know the law and how to competently assist you.

Third, having a passion for service. Experience has taught me that, although death touches us all, each of us are affected in ways that are unexpectedly different. Having personally experienced the deaths of close family members, I understand how each of us grieve in our own way and search for ways to cope with the loss. Compassion is critical when working with loved ones of a decedent. However, compassion alone, without experience and knowledge, does not provide value to the citizens of Frederick County. Folks need answers, they want direction. The last

thing they need is a complicated legal process without the help and guidance necessary to navigate the probate process. During times of legal uncertainty, a Register must have the ability to blend compassion and integrity with the necessary experience to guide families through the administration process.

Service should not stop at an elected officials door and nor should it be only on election years. Reaching into the community and embracing a spirit of charity has been a very important part of my life and tenure. In closing, I am proud of my service and accomplishments as a public servant and your Register.

I stand firm on the belief that "Experience Counts - People Matter."

### I'm asking you to please Re-Elect Me, "Sandra D"



**Someone you can Trust  
Who has the Experience  
And a Vision for your Court**

**Find me on Facebook:  
Sandra K. Dalton  
Clerk of the Circuit Court**

**Always Here To Serve You!**  
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### FIND THE WORDS

Circle the 8 words listed below. Letters may be used more than once and in any direction.

E	J	D	I	O	G	C	Z	T	M
T	I	A	W	Q	P	P	N	D	A
O	A	S	Z	V	H	A	A	D	R
V	M	H	J	S	D	L	O	C	R
P	L	A	I	N	T	I	F	F	I
G	P	L	E	O	S	C	M	Y	A
G	O	F	N	O	V	D	R	M	G
T	E	K	C	O	D	U	E	L	E
D	O	D	S	O	J	F	O	E	P
R	R	W	W	L	R	D	L	A	D

**VOTE**  
**DALTON**  
**DEEDS**  
**DEFENDANT**  
**DOCKET**  
**PLAINTIFF**  
**JURY**  
**MARRIAGE**

AUTHORITY: JOANN M. HEVEY, CPA, PFS, TREASURER

# FROM THE DESK OF BOARD OF EDUCATION 'CANDIDATE'

## Karen Yoho

The other thing that I've frequently heard is that running for office gets so nasty. I'm glad to say, at least to this point, that hasn't been my experience. Perhaps with the office being Board of Education with multiple seats, we get to stay a bit above the fray. We're mostly trying to educate people that Board of Education is on the ballot, way down ballot, and there are four seats. Please consider me for one of them.

I did experience my very first discouraging day of canvassing recently. Few voters were home, and those that were very grim and negative in their response. But, as I said, that has not been the bulk

of my experience. I know being part of a slate has helped make this more fun. We're always communicating and bouncing ideas off of each other. And it helps to know that so many of my colleagues, the educators of FCPS, are with me. That support is invaluable.

When you first begin a campaign, you are advised to come up with three platform ideas and stick with them as sort of your branding. My initial issues were teacher salary, expanding the Career & Technology Center, and making schools safe and welcoming for all of our students. Those haven't changed. But through talking with teachers, other candidates, friends, neighbors, voters, etc. my issues are evolving.

One area that I now want to take a deep dive into is special education. For the most part, I've felt that the schools I was at and the staff at those schools were working hard to provide services for students with special needs. What I've come to realize is that the personnel at a particular school are very determinant in the caliber of the provided services. This shouldn't be. Parents shouldn't have to come out of IEP meetings bruised and bloodied from having to fight for everything they feel their child needs. I've thought back many years ago to my experience as a parent in the special ed process and remembered what I had to do to get my child speech

services when they were amply warranted and verified through school system testing. It shouldn't be the school system against the family. We're all supposed to be there for the student's welfare and well-being. I want to see what can be done to change the climate and process.

I like to say that I want to be the voice of the classroom, for both students and staff, on the Board of Ed. I believe more than ever that we need someone to fill that role. But I've also come to realize that even with my 25-years of teaching experience, my distinct experiences do not represent everyone's day-to-day experiences. So more than ever, I know I will need to tap into the myr-

riad number of teachers I know personally and those I've yet to meet, as well as support staff and administrators, to understand each one's individual circumstances and concerns.

By the time you're reading this, the election will be just over a month away, and early voting will begin in a few short weeks. I'm working hard to earn every vote. Please check out my Facebook page KarenYoho4BoE for more information. If I haven't managed to knock on your door yet and you'd like to meet, let me know. I can be reached at Karen@KarenYoho.com. Thank you for taking the time to read my columns and for the Emmitsburg News-Journal for publishing them.

## April Miller

In a 2016 Washington Post article, State Sen. Paul Pinsky, Chairman of the Senate Education subcommittee, was quoted commenting on Gov. Hogan's executive order on the post-Labor Day school start. "It's not just about the calendar," Pinsky said. "It's someone without education experience going to interfere in education policy for what appear to be political reasons. That's the bigger concern... Who's to say the next [executive order] won't be about what can be taught in school?"

Who is in charge of what can be taught in our schools? The Maryland State Board of Education generally provides supervision and educational policy for all Maryland schools. And they have put failing strategies in

place, most notably in the forms of 1) a far-from-user-friendly process for supporting Special Education, 2) fluctuating graduation requirements and 3) weak and ineffective student discipline policies. They needed instruction from the US Department of Education before they would recognize that dyslexia actually exists. They made the decisions that instituted Common Core standards and PARCC testing in Maryland. Next year will be our last for PARCC testing, however the new test, the Maryland Comprehensive Assessment Program, will still be computer-based. I advocate for a curriculum standards review and a return to reliable paper and pencil assessments as an alternative, using the adaptive computer models just for classroom testing, as opposed to high-stakes graduation requirements.

I have a philosophy of common-sense solutions, and a collaborative respect for representing the citizens of our beloved community. I was first elected in 2010 to bring change to a School Board that had lost touch with the very community they were elected to serve. During each of my terms, I have made community input a very high priority, and I work hard to maintain all parents as partners in education. Gov. Hogan was elected in 2014 to reverse the course in Maryland, which at the time was losing jobs and residents. He has made job creation his priority and has given us all more opportunities for prosperity.

I view education with a parent's perspective, not a politician's perspective. I know that all students find success in life in a variety of different ways, therefore I both a priority on the

Apprenticeship Maryland Program which focuses on paid work-based learning, mentorship from industry professionals, certifications and occupational opportunities for all interested students, which will strengthen our community by ensuring that both skilled jobs and higher education are always options for our youth. Similarly, I have supported the expansion and promotion of the FCPS Career and Technology Center, as well as our new Career Pathways Partnership model with FCC.

I also believe that college education should be affordable and attainable, and provide a return on the investment that families make. FCPS is a leader in the state for FCC and school-based dual-enrollment opportunities, with over 1,000 students participating this fall. FCPS and FCC are

partnering once again to provide an opportunity for our students to earn an Associate's degree by the time they graduate from high school.

FCPS is constantly updating school security and training to stay current. I have recently instituted a new visitor management system in all schools in order to ensure consistency and promote student safety. I hope to utilize school safety grant funds to increase our School Resource Officer program, to expand security and better support our students.

I have worked to provide countless opportunities for community engagement in all Board decisions, to make the budget process easier to understand and to prioritize spending in our classrooms. I respectfully request your consideration at the polls on November 6th.

# WE'VE DONE OUR HOMEWORK!

A vote for these candidates is a vote for strong public schools.





## BOARD OF EDUCATION

Vote for ALL 4

### Jay Mason

### Camden Raynor

### Karen Yoho

### Brad Young



COUNTY COUNCIL DISTRICT 5  
**Shannon Bohrer**



COUNTY EXECUTIVE  
**Jan Gardner**



COUNTY COUNCIL AT LARGE - VOTE FOR 2  
**Kai Hagen**



**Susan Reeder**  
Jessee



**Bud Otis**



SHERIFF  
**Karl Bickel**

GENERAL ASSEMBLY

SENATE DISTRICT 4  
Jessica Douglas

DELEGATE DISTRICT 4  
Ysela Bravo  
Lois Jarman

## VOTE! EARLY VOTING October 25-November 1

## GENERAL ELECTION DAY November 6



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**GENERAL TIRE**



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## FROM THE DESK...

## Carroll Valley Mayor Ron Harris

Good News! On September 18, the Carroll Valley Sewer and Water Authority was notified that they will receive an award of a \$425,000 PA Small Water and Sewer Program grant to support necessary upgrades at the Carroll Valley Wastewater Treatment Facility. The grant will help offset costs associated with the replacement of decades-old facility equipment. Special thanks go to Senator Alloway and Representative Moul for their support of this critical infrastructure project.

Congratulations go to Thomas Stratton for receiving the highest rank attainable in the Boy Scout program – Eagle. Congratulations also goes out to Beth Cool who was appointed by the Borough Council on September 11th to replace Councilor Robert Pyles. Councilor Pyles moved out of the borough. Councilor Cool's term of office will end December 2019. On September 15th, had the honor to join in the state of matrimony Ms. Julie Kimple and Corwin Dillon.

It is October. The leaves will start to change into brilliant colors – a last “hoorah” before they fall. The farmers in the area will finish harvesting their crops. The birds will migrate

south. We honor Columbus' arrival in America on Oct 12, 1492 and celebrate this event on Monday, October 8th. And then, on October 31st children and adults will dress up in “strange looking” costumes to celebrate Halloween and go around the community proclaiming, “Trick or Treat”. The last E-Waste Event for 2018 will be held on Saturday, October 13th from 8 a.m. to 12 p.m. at the Highland Township Building, 3641 Fairfield Road. This event is for current Park's Garbage Service customers in the boroughs of Carroll Valley and Fairfield and the townships of Freedom Hamiltonban, Highland and Liberty. Proof of residency required.

“All You Can Eat Wing Feed” will be held on October 20th at 6 p.m. at the Fairfield Fire & EMS Social Hall. Ticket prices are \$20 per person (ages 13 and up) and \$10 per person for children, ages 6-12. There is no charge for children 5 and under. Limited number of tickets sold, please call or text 717-729-1998.

The Broadway Hit play “Moon Over Buffalo” will be performed by the Blue Ridge Theatre Guild players over the second weekend of October. This madcap comedy focuses

on George and Charlotte Hay, fading stars of the 1950s. Hilarity ensues after they receive word that they might just have one last shot at stardom: Frank Capra is coming to town to see their matinee(s), and if he likes what he sees, he might cast them in his next movie. Friday (Oct 12th) ticket price is \$25 for Dinner and Show. Doors open at 6 pm, dinner at 6:30 pm and show starts at 7 pm. Need to call 717.752.0063 for Friday Dinner Show reservations. Tickets can also be purchase at the door or online by visiting [www.blueridge-theatreguild.org](http://www.blueridge-theatreguild.org). Saturday show is at 7 p.m. and ticket price is \$20. Sunday show starts at 2 pm and the ticket is \$20.

Please keep in mind that this is a fundraiser for the Fairfield Fire & EMS Company. Half of the ticket price goes to the Fire Company. I had the privilege of directing a highly talented cast. If you want to laugh and enjoy yourself – come! The Fairfield Fire & EMS Open House is scheduled for Sunday, October 14th from 1 to 4 p.m., Movie in the Park will be held on October 19th. The movie is Time Burton's Nightmare Before Christmas. Since it is October, Trunk or Treat event is planned

and will start at 5:45 p.m. along with a Halloween Costume Contest at 6:30 p.m. and end with the start of the movie at 7 p.m.. Hope you all will be able to join us. On October 27th you are invited to “Come Explore Your Park” from 10 a.m. to 1 p.m., learn about Invasives. Interact with a “Hands On” stormwater display and meet the members of the Carroll Valley Tree Board.

Medicines that languish in home cabinets are highly susceptible to misuse and abuse. Rates of prescription drug abuse in the United States are at alarming rates, as are the number of accidental poisonings and overdoses due to these drugs. Studies show that many abused prescription drugs are obtained from family and friends, including from the home medicine cabinet. Flushing them down the toilet or throwing them away is a health hazard. In response, the “16th Medicine Take Back”, a collaborative program between local law enforcement, adults, agencies and businesses, the Adams County Environmental Services, and Collaborating For Youth, will be held on October 27th from 10 to 2 p.m. in front of the Carroll Valley Community & Education Complex. Community members are encouraged to participate in the disposal of any expired, unused, and/or unwanted prescription medications

(liquids, pills, powders) during the disposal hours. The disposal allows community members to dispose of their medicines properly, reducing both the availability to youth and the contamination of water sources. Pet medications will be accepted. No needles. For more information about the “Medicine Take Back”, including opportunities to volunteer, contact Eileen Grenell, at [acsaprevention@cfygettysburg.com](mailto:acsaprevention@cfygettysburg.com) or call/text 717-357-4439.

Borough meetings to be held in October are: Planning Commission (Oct 1st), Finance Committee (Oct 8th), Council Borough (Oct 9th), Finance Committee and Council Borough Workshop (Oct 16th), Finance Committee and Council Borough Workshop (Oct 23rd), and Parks/Recreation (Oct 24th). Support our Fairfield Fire & EMS Department by playing bingo. Bingo is played the first Friday of every month and every Thursday at the Fire Hall with the doors opening at 5:30 pm. The Bingo Hotline number is (717) 642-8105. Please reduce your driving speed when you are in the Valley. Remember, Halloween night (Oct 31st) there will be young people walking the trails – be careful. If you have any questions call me at 301-606-2021 or email at [mayor-ronharris@comcast.net](mailto:mayor-ronharris@comcast.net).

## Marty Qually, Candidate for State Representative (D)

How are politicians and diapers the same? Answer: they both have to be changed frequently. It's an old joke, but still true today. My name is Marty Qually and I am running for PA State Representative for the 91st Legislative District because it is time to change business as usual in Harrisburg. The current incumbent, Dan

Moul, has become a part of the Harrisburg establishment and it is time for a new representative. The essence of a representative is to literally represent the people of the district. Over the past few years it has become obvious that the six term incumbent takes his marching orders from lobbyists and party leaders, not district residents. He

has become part of the gridlock keeping meaningful reform from moving forward in Harrisburg. As a two term County Commissioner I have a proven track record of working with others, even those with whom I disagree. It takes bi-partisanship to get things done. It only takes one person to begin to reform Harrisburg.

Twelve years ago, then candidate Dan Moul made two promises to voters. First, he would take no money from special interest Political Action Committees (PACs). Second, he anticipated staying in the position for only 10-12 years - “as long as I'm getting something done”. He broke his first promise immediately - his first reported donation was from the PAC of another candidate. Fast forward to today: since his last election, seventy-five percent of his donations have come from PACs. This is public information which, with some searching, can be found at [www.dos.pa.gov/campaignfinance](http://www.dos.pa.gov/campaignfinance). Most of these funds have come from party leadership or special interests dedicated to housing development. This is not how government should work. The job of a representative is to work for us, not to work for party bosses and lobbyists. It is naive to believe that all PAC is a sign of corruption, but for someone to promise zero and now accept seventy-five percent is inexcusable. If elected, I will take my marching orders from you - the residents and local officials of the 91st district.

Dan Moul promised to serve for only 10-12 years, and yet he is running for his 7th term. At a public debate in 2016 he claimed that it takes more than 10 years to get anything done in Harrisburg. That argument is wrong on two levels. First, other representatives have been able to pass significant legislation in less than ten years, whereas

Mr. Moul has only passed eight bills in eleven years. I would argue that this is more a function of his desire to fight, instead of compromise, and less a function of seniority. The gridlock in Harrisburg, some of which he is proud to create, makes it very difficult to get any bills passed. Sending the same legislator to Harrisburg and expecting a different result is not a reasonable solution. We need a representative willing to work with others and willing to accept reasonable term limits.

The real issue in Harrisburg this year is reform. Education funding, reducing property taxes, water quality, ending the opioid crisis, and creating jobs are all important issues to discuss, but we will get nowhere until we have meaningful campaign, election, and legislative pay reform in Harrisburg. Here are three simple reform measures which I will support to take power away from the Harrisburg establishment and make our government work more efficiently. First, I would introduce legislation to limit terms to a maximum of 12 years. Second, no budget no pay. I am tired of representatives being paid during these prolonged budget impasses. It's that simple. Elected officials will think twice about political impasses, if their paycheck is on the line. And lastly, reduce the size of the legislature. Recently, during an interview on “Face the State” the incumbent flip-flopped on the important issue of reducing the size of the state house of representatives from 203 to 175 members. (Face the State 9/12/2018) Last year he voted for a bill to shrink the legislature, this year he is bending to lobbyists and stated that he no longer supports this common sense reform measure. We need to reform Harrisburg and change the rules of the game. There are just too many elected

officials, making too much money, and getting nothing done.

I will leave you with this last flip-flop from the incumbent. After years of fighting for pension reform Dan Moul voted for the bill which creates a cheaper pension for new employees and gives existing employees the ability to opt into the new pension. When asked if he would take the cheaper pension, Dan Moul states that “he would consider doing so if he were near the beginning of his career, instead of just a few years from retirement”. (Gettysburg Times 6/10/17) Once his benefits were on the line, he opted for the plan that costs taxpayers more money. He started in office fighting Harrisburg. Now, he has simply become a creature of Harrisburg.

If elected on November 6th, I will work with other representatives in Harrisburg to change a broken system and will focus my efforts on constituent services and local legislative priorities. As a County Commissioner I make myself available to the public seven days a week. That will not change if elected as a State Representative. As a County Commissioner I have worked with fellow Commissioners Jim Martin and Randy Phiel to improve our local economy, fight substance abuse, keep property taxes low, and provide transparent government. That will not change if elected as a state representative. If you believe that we need change in Harrisburg, then please support my campaign and vote for me on November 6th. There is only one month to go, so if you have any questions about where I stand on important issues facing our district or how to help my efforts call me or email me. I can be reached at 717-339-6514 or [martyqually@gmail.com](mailto:martyqually@gmail.com). Let's work to change Harrisburg for the better.

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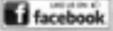


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## GOVERNMENT—NORTH OF THE BORDER

# County Commissioner Jim Martin

The term “Economic Development” comes before our communities in varying discussions. Those discussions range from workforce development to rezoning to tax incentives.

One effective way a county can directly impact greater economic development is for the County Government to be sound financially. A county government that is sound financially helps set the economic compass toward a positive business environment. Being weak financially is not helpful in attracting future business ventures and development.

Our office of our County Controller recently completed for the first time a Comprehensive Annual Financial Report. Within this report the public will find various measures of Adams County’s financials. One of those measures was the ratio of unassigned fund balances to general fund revenues. This ratio was 48%, well above the minimum governmental standard of 15%. So, in brief, the County’s way forward has very solid numbers. For further review of this financial report, go to the Adams County web site, adamscounty.us.

Adams County and its commissioners maintain a goal of always moving forward for the wellbeing and betterment of our residents. I picture moving forward as the rising tide scenario, as the tide rises so do all boats. In like manner, as the county’s economy strengthens, so do the economic opportunities for our residents. Also when greater economic activity occurs, our tax base begins to expand through development which generates additional county tax revenues. The ideal sweet spot is for development to outpace the county’s need to raise tax millage rates to cover rising costs. However, it

should be pointed out that recent years’ tax revenues have increased, but very modestly due to a slowly expanding tax base.

So, as a commissioner I realize the importance and luxury of having healthy economic development. Although we have not had booming economic development, fortunately our local economy has been expanding, albeit at a slower rate of growth than the U. S. economy. To aid in keeping the county moving forward economically, the board of commissioners has taken steps and will continue to take steps to incentivize additional economic development. Unfortunately this takes time and patience. We must also build consensus among municipalities to put strategies in motion. This usually requires an investment of years before positive results occur or movement takes place. A case in point was the county’s use of reserve funds as a loan to the Adams County Economic Development Corporation to improve unmarketable lots at the commerce park that had remained unsold for years.

Following the necessary excavation work to improve the lots along with ample marketing time, two of the lots have sold. The proceeds of these sales have been applied to the repayment of the county’s loan. Additionally the sold lots are now on the real estate property tax roll that will produce additional tax revenues. We anticipate that future development of the lots will improve their value and beyond that there will be newly generated business.

Another story that has developed over several years relates to the Hotel Tax Ordinance that the present board of commissioners passed shortly after taking

office. This ordinance raised the short-term room occupancy tax (Hotel Tax) from 3% to 5%. This requires, for example, a motel operator to collect 5% of the daily room rate billing and submit the collections monthly to the county. This new ordinance provided our county Tourist Promotion Agency (TPA), Destination Gettysburg with additional funding to expand services and marketing of area tourist attractions. Our motivation for passage of the ordinance was to enhance tourism marketing, helping to keep the county’s tourist industry a leading industry.

The ordinance came at a critical time when the Gettysburg National Military Park visitation was on a declining trend. The new and additional Hotel Taxes that went to Destination Gettysburg allowed them to cover rising costs, to launch a new interactive web site and to develop a repurposed marketing program. That has paid dividends for the county’s tourist industry. Even though the National Park visitation has steadily declined, overall Adams County visitation has made incremental increases. Also the foot traffic in the Gettysburg shop and restaurant districts has increased not only in numbers, but in the length of the tourist season. During this same time period Agritourism activity has also increased.

There is more of the story to tell as it relates to economic development and Destination Gettysburg. Over the most recent years their membership has strengthened along with marketing activity. As a result additional employees have been added to their staff. The staff has grown to 14 full-time and 6 part-time employees. Destination Gettys-

burg now needs a larger facility with additional parking to handle its expanding activity.

To accommodate those needs, Destination Gettysburg has purchased a vacant commercial building that once served as the WGET radio station operations. After this vacated building is renovated and modernized it will be the new home to Destination Gettysburg.

The renovation will improve the value of a once vacated building and provide work for skilled trades. Also, construction materials must be purchased. Together this represent a contribution to our economy, tax base, and an overall expansion of services to tourism. In addition, I was recently told by the President of Destination Gettysburg, that their new location will have a conference room available for use for meetings by local organizations. What is even better, there will be plenty of free parking.

The building that Destination Gettysburg will be leaving behind has already been sold to a local businessman. I under-

stand that the new owner will be making improvements to the building. Again this means more improved real estate, wages paid to skilled workers and more materials purchased.

We congratulate Destination Gettysburg on their advancement and contribution to the health of the county’s tourism industry. Also I would like to thank State Representative Dan Moul for his effort to help draft and pass the new legislation that enabled the commissioners to craft and pass a new local Hotel Tax ordinance.

As a quick reminder, Election Day is November 6, 2018. The upcoming election is a very important one for Pennsylvania residents. October 9th is the last day to register for the November 6th election. If you are uncertain where you will be on Election Day, or you have difficulty getting to the polls, you may be able to vote by absentee ballot. To do so you will need to complete an application for an absentee ballot. That application must be received by the County Office of Elections by November 2.

Best Regards, Commissioner Jim Martin

## State Senator Rich Alloway II

There is bipartisan agreement in the state Capitol that school safety should be one of our highest priorities in the weeks and months ahead. I am extremely thankful that my colleagues in the Senate and the House of Representatives are taking this issue seriously and working to safeguard our schools – including heeding my call to provide additional safety resources for school districts.

A new grant program created by lawmakers in June will help schools throughout the state improve school safety and make their classrooms a safer environment for learning.

The new School Safety and Security Grant Program will provide \$52.5 million to school districts, intermediate units, area vocational-technical schools, private residential rehab institutions and charter schools for a wide variety of safety projects.

Grants will be available to hire school security officers, purchase security equipment, complete security assessments, hire and train school counselors

and psychologists, and implement programs to help reduce risks to students. The program provides the flexibility for schools to choose the programs and services that best meet their unique security needs.

School entities must submit applications for the program no later than October 12, 2018. Guidelines and applications for the new program are available online at the Pennsylvania Commission on Crime and Delinquency’s website ([www.pccd.pa.gov](http://www.pccd.pa.gov)) under the School Safety and Security heading.

Although this grant program is expected to have a positive impact on student safety, making these new resources available to schools is only one piece of the puzzle.

Lawmakers have already approved a number of bills aimed at protecting our schools. Measures signed into law earlier this year will allow school boards to discuss safety plans in private executive sessions to prevent would-be assailants from circum-

venting security procedures; create an anonymous school threat reporting system; mandate regular school safety assessments; and require schools to provide employees with school safety and security training.

In addition, there are other bills circulating in the legislature that could boost school safety efforts, such as Senate Bill 1136, which would expand options for rural schools to contract for police coverage, and Senate Bill 1213, which would provide more access to mental health professionals in schools.

Throughout the summer, the Senate Majority Policy Committee has been holding a series of hearings to gather input from school administrators, school board members, staff and law enforcement to examine existing plans and explore new ideas to better protect students.

This important feedback will allow lawmakers to continue our work on school safety and give students the safe and nurturing learning environment that they deserve.

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## THE PASTOR'S DESK

# In the eye of the storm

**Pastor Chris Suerdieck**  
**United Methodist Church**

Several days before Hurricane Florence hit the coast and inland communities of North Carolina, thousands of people stockpiled water and other necessities while others boarded up the windows of their homes and businesses before evacuating to safety in another area. Now as I write, reports are coming in about massive destruction of property, widespread power outages, and sadly, loss of lives. Yet the full impact of the storm is still to come. In our own area we anticipate rain at the least and flooding at the worst. Given the overly-wet spring and summer we have had, we already know too much about the disasters too much water can cause. But like our neigh-

bors to the south, we will attempt to deal with whatever befalls us.

My hope, of course, is that by the time this article goes to print, Hurricane Florence will be yesterday's news and recovery well underway. In fact, I am looking forward to reports of where and when the best Fall colors can be seen, as well as looking out the back window of my house to see our annual spectacular autumn show 'on the mountain'. In other words, I can hardly wait for some good news.

However, one of the more difficult aspects of life is that while one or more actual hurricanes will take place in any given year, there are a myriad of other hurricanes that disrupt however many days we are given to walk this earth. If we consider that a hurricane also serves as a symbol of anything that upends our

sense of well-being, then we must admit there are few and far-between moments of that peace that passes all understanding. Each of us has personal concerns and many of us are caught up in seemingly endless environmental, economic, social and political issues. It really is enough to make our heads—and spirits—spin as if we are amid hurricane-force winds. Indeed, more than one person has told me that they have stopped reading, listening, or looking at the news. I can't blame them. I suspect any number of us have had our "stop the world I want to get off" moments.

But before any of us succumbs to thinking we have little or no way of overcoming the barrage of disconcerting events, we need to recall two things: God has not abandoned us to our limited abilities to manage everything that comes our way during our lives, and secondly, God has the power to change our perspective or interpretation of anything which upsets, frightens or threatens us. When we realize that we have the One who always stays by us under any circumstance, we truly can face tomorrow regardless of what tomorrow brings. In Christ Jesus through the power of the Holy Spirit we are brought to awareness of this wondrous resource we are given. Yet, even when we might not be able to completely trust God or believe God is anywhere around, that



doesn't stop God from working to right the wrong or heal the hurt. As important, if not more so, is how God is able to take the worst of human experiences and initiate new wisdom, effective compassion, stronger community, and even build bridges of understanding with those we deem different from ourselves. Hurricanes come, and hurricanes go. They scare us, and they scar us. Whether they are the meteorological variety or another kind of disruption in our lives, the effects are often long-ranging and long-lasting. But because we have a God who insists on being in relationship with us, the grace of God always prevails.

In a few short weeks we will enter again into season that will eventually herald the birth of the Christ-child. But beyond the carols and the

colors that we so love, we are bid to recall what it cost God to come to us as we are, made of flesh and blood and filled with vulnerability. Many hurricanes would surround that precious Child as he grew to adulthood. How else though could we even begin to look to him for our salvation if he had not experienced what we experience? God's brilliant plan for the redemption of humanity began before we came into existence. That plan is still in place. It was made manifest to us in Christ Jesus, and because we can rely on the One who designed it, no storm of life, will ever separate us from the love and intention of God.

*Pastor Chris Suerdieck is a retired elder and clergy member of The United Methodist Church.*



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## THE BOOK OF DAYS

# The discovery of America

October 12

On 12th October 1492, Columbus, with his followers, landed on Guanahani or San Salvador, one of the Bahama Isles, and planted there a cross in token of gratitude to the Divine mercy, which, after guiding him safely through a perilous voyage, had at last, in the discovery of a western world, crowned with success the darling aspiration of his life. Land had already been descried on the previous evening, but it was not 'til the ensuing morning that the intrepid admiral beheld the flat and densely-wooded shores gleaming beneath the rays of an autumn sun, and by actually setting his foot on them, realized the fulfillment of his hopes.

It is now well known that although Columbus was unquestionably the first to proclaim to the world at large the existence of a new and vast region in the direction of the setting sun, he cannot be said to have been the first European discoverer of America. The ancient Scandinavians or Norsemen, so renowned for their maritime enterprise, had, at the commencement of the 11th century, not only set-

led colonies in Greenland, but explored the whole east coast of America as far south as lat. 41° 30' N, and there, near New Bedford, in the state of Massachusetts, they planted a colony. An intercourse by way of Greenland and Iceland subsisted between this settlement and Norway dating back down to the fourteenth century.

There is also satisfactory evidence for believing that in the twelfth century the celebrated Welsh prince Madoc, having sailed from his native country with a small fleet, landed and founded a colony on the coast of Virginia. But to Columbus still belongs the merit of having philosophically reasoned out the existence of a New World, and by practically ascertaining the truth of his propositions, of inaugurating that connection between the Eastern and Western Hemispheres, which has affected so remarkably a revolution in the world's history.

It is a little curious, indeed, that the belief which Columbus entertained, at first, as to the land discovered by him being part of India or China, was adhered to by him to the last, and he died with the idea that Cuba formed a portion of the mainland of India. This notion so pertinaciously clung to, both by

the great Genoese and Europe in general, was dispelled by Balboa's expedition, in 1513, across the Isthmus of Darien, and discovery of the Pacific Ocean; whilst a few years later, the real position of these countries with respect to America was demonstrated by the expedition of Fernando Magalhaens, whose untimely death, in the Philippine Islands, deprived him of the honour of being the first circumnavigator of the globe.

Much obloquy has been thrown on Amerigo Vespucci, the Florentine navigator, for depriving Columbus of the honour of giving his name to the New World. How the denomination of America arose from Vespucci's Christian name, has never been satisfactorily explained, but it appears to be sufficiently ascertained that he himself is in nowise responsible for the circumstance. Vespucci, who was a man of considerable attainments, wrote an account of his American voyages, which was translated into German, and obtained an immense popularity with that nation. It has been conjectured that the name of America was first applied in Germany to the New World, and from thence was adopted by the other countries of Europe.

To read other selections from Robert Chambers' *Book of Days* visit [www.thebookofdays.com](http://www.thebookofdays.com).



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## COMMENTARY

# Words From Winterbilt

## Patriotism, divisions plus McCain

Shannon Bohrer

Football season has returned along with the President's comments about patriotism. The president, along with many others believes that if one does not stand for our National Anthem, they are not a patriot. They believe that not standing shows disrespect for the flag, the nation and our military service members. Others believe that if a football player kneels during the National Anthem they are exercising their right under the first amendment to protest. They also believe that kneeling shows respect and reverence for the flag, the county and our military. The intent of kneeling is not to denigrate the country, but to protest and draw attention to what they see as inequities in our criminal justice system. The fact is that both sides are entitled to their beliefs in this great country and we not have to agree. However, just because we don't agree does not mean we need to be disagreeable.

Disagreeing over what is or reflects patriotism and respect for our country is understandable because for most people these are strongly held beliefs. The definition of patriotism seems very straightforward, "Love of and devotion to one's own country," (From Webster's). Using this defi-

nition standing for the flag is seen as patriotic. Also, exercising one's first amendment rights to protest is patriotic. So, how do we, or should we, determine if one is more patriotic than the other? How does one measure patriotism, or love of country - are they measurable? If two people have opposing views of an identical event and both consider themselves patriotic, can we accept both positions? Our love of our country has united us in the past, like how we felt after 9/11. With the current rancor in politics could patriotism be used to create or expose our differences, or perceived differences? One might say that has already occurred.

Associated with this issue of love of country is the display of our flag along with patriotic themes that are involved in other venues beyond our holidays. On traditional patriotic holidays like, Flag Day, Memorial Day, July 4th and Veterans Day we would see military marching units, color guards and the display of our flag. Now these patriotic themes are common practices in many commercial sports. The expansion of patriotic themes and flag display in some ways appears to be the commercialization of patriotism. If one attaches a theme of patriotism to a sporting event, does that enhance or diminish our perceptions of

what it means to be patriot? Does it enhance or diminish our perception of the sport?

The reality is that professional sports like football, baseball and car racing really have nothing to do with patriotism. However, by attaching patriotic themes to the event it makes us feel like it is part of the sport. Mixing commercial enterprises and patriotic themes could be part of this issue. If one is patriotic by displaying a large flag, then car dealers would be the most patriotic people in America. Displaying a flag does not automatically make one a patriot, any more than sitting in a church pew on Sunday morning makes one a Christian.

Our divisions on this topic arose over the idea that kneeling, while the national anthem is played, is disrespecting the flag, country and is disrespectful to our military. Was the issue fostered to create a difference? There is a belief that some individuals want to divide our nation over this and other topics- and that it is done on purpose. While the belief is real to many - the idea that it is unpatriotic to kneel while the National Anthem is playing is also real to many.

Why would individuals and groups want to divide us? The president has been accused of dividing the country with words and remarks that many say reflect racism. After the protest in Charlottesville, he said there were "good

people on both sides." He has also been accused of being biased when he complains about immigrants from "s---t hole countries." When the president complains about individuals kneeling during the National Anthem is he being biased? Those that agree with him don't see it as a bias, but as a patriotic and love of county issue.

While the president has been accused of having biases that divide the country, from his perspective the Justice Department and the Federal Bureau of Investigation have a bias against him. He said that Former FBI Special Agent Peter Strzok held a bias against him. Agent Strzok had sent text messages that were critical of then candidate Trump, while he was conducting the Russian investigation.

During a congressional hearing Agent Strzok testified that he did write and send the emails that were critical of candidate Trump. One message said "We'll stop Trump." Agent Strzok testified that he wrote the text message after candidate Trump denigrated a gold star family. One could interpret Agent Strzok's actions as patriotic-defending a gold star family. Others have concluded that his words displayed a bias toward candidate Trump. So, was it a bias or was it a defense of patriotism?

From my perspective, related to these issues of patriotism were candidate Trump's disparaging words of Senator McCain. There are many that believe that the disrespect displayed by then candidate Trump was unpatriotic. How does

one disparage a military veteran who was a prisoner of war for over five years? How does one disparage and individual who served his government for over 60 years and was his party's candidate for president? That seems like something that we should all agree on - that McCain loved this country, which is the definition of patriotism.

*"We weaken our greatness when we confuse our patriotism with tribal rivalries that have sown resentment and hatred and violence in all the corners of the globe,"*  
*"We weaken it when we hide behind walls, rather than tear them down, when we doubt the power of our ideals, rather than trust them to the great force for change they have always been."*

- John McCain

If someone denigrates a gold star family and disparages a war hero, it would seem incompatible and inconsistent for that same individual to call out others as unpatriotic for exercising their first amendment rights. The first amendment gives us the freedom of speech, the freedom to assemble peaceably and the freedom to redress our grievances. Our founding fathers included these freedoms in the first amendment - to protest and question our government.

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# Common Cents

## Boom and bust

Ralph Murphy

The Dow Jones Industrial Average set a record high of 26,616.71 this past January. It reflected business optimism linked to predictable politics according to market pundits, but did not actually impact asset value or member profits. Stock exchanges draw in less than 1% of a nation's wealth.

The New York Stock Exchange is the nation's oldest bourse. It was established in 1792 as a means for investment control. It initially set commission rates for commodity trading of that era amounting to cartel or owner collusion in those markets. By the 20th century it amounted to pegged gambling. It led to almost panicked swings in other markets. Banking legislation is routinely linked to the exchanges, but it has to be decoupled because the bourses aren't involved in corporate strategy development that generate earnings.

There are various types of stocks such as common shares that are listed on index markets or conventional stock exchanges. Corporate ownership is implied, but that doesn't seem to reflect the corporate board's strategies. Private stock

as internal control of voting rights or profit control are the veiled inference of the common stock, but are completely different. Common shares seem to have been easily managed or controlled by the various traders and dealers through the late 1990s when mutual funds or combinations of common stock in one portfolio became ascendant.

These bundles of stock or bond companies provided component stock values that allowed for easier management of an investor's return. These values were set by the dealers and enforced by price arbitrage or maintenance of a specific price level through cooperative control. Erratic stock values precluded likely business investment planning that was better financed by bonds, retained profits, or bank loans.

By 2008 a system evolved for almost absolute control of all indexes as Exchange Traded Funds or ETFs. It incorporated most all mutual funds, which had contained most of the common stock, and were traded in blocks by dealers in groups of tens of thousands of the listed securities. While implying vast business control- these funds were really just using the underlying businesses as a reference point. They did not involve themselves in

business management or its profit's use and dispersal.

ETFs now control most of the NYSE activity as well as their European bourses in the various exchanges tied to Euronext. While also a controlling interest in Nasdaq, ETFs play an important role in market alignment. It separately lists commodity prices for actual markets that are controlled by tied interests that do reflect corporate payments that are linked to conventional retailers. It emerged in Chicago but is now closer to New York where it has introduced new technology stocks as computer or phone related. It then got a misnomer of a technical market group, but its market concerns are mostly basic production inputs.

Nasdaq listings imply a cartel-like control over grains, various metals, and fossil fuels that are often considered illegal by collusion standards with government in a supporting role. Nasdaq is also represented in Europe by the corporate name Nasdaq OMX and trades on secondary exchanges that it owns that are tied mostly to energy interests. NYSE and Nasdaq are brokered by the International Exchange that is also New York listed. They seem to control the European assets, but the investment levels are relatively low.

Japan controls the Far East trade through the Tokyo Stock Exchange and New York controlling interests aren't as clear there.

Right now, the primary issue is the depth of actual corporate impact on the whole economy as the volume of the money linked to all ETFs is just over \$200 billion. That is less than a third the commodity value of one price-listed Nasdaq commodity such as petrol. Watch the price indexes- not the stock index-if the health of a given industry is a concern. They're rarely displayed as are commodities that are routinely needed for various types of production. Earnings reports linked to the sale of goods and services are used for income analysis. If there is collusion- they seldom admit to such dealings because it is not optimal for a strong producer to join in such coercion. Larger retailers may be forced to price fix in that manner but without an external force to bond them as a governing authority they would surely prefer to compete alone in a well regulated market.

Of key concern when casually monitoring economic activity is that the economy in established regions is relatively predictable as to supply and demand pressures. Wild swings as shown in stock exchange reports are more typical of gambling rather than consumer interests. If there is a sudden issue

it's most likely linked to stored or massed wealth theft or movements and that to banking- not an individual business or sector.

Banking has been increasingly decentralized in recent years because the major New York banks have proved erratic and out of touch with their investors. They have proved too big to manage. Money is transferred not generally simply lost, so even an index drop should be viewed as another's gain. Legal parameters for business activity should encourage optimal competition with resources moving to areas of optimal supply or demand. That does presume non interference by an external broker and a government that tries to manage corporate strategy and not its market actions. These are difficult to surmount.

Stock indexes manage and reflect less than one percent of the world's actual monetary activity. They are arbitrary standards that are almost entirely controlled by brokers and have virtually nothing to do with any other aspect of production. If the market drops- it's just a controlled, internal process within that group. If it's referred to otherwise there should be further investigation as to the source of the concern. It may not be justified.

*To read past editions of Common Cents, visit the Authors section of Emmitsburg.net.*

# The American Mind

## “The American Dream” or “No Hope”

William Hillman

In less than forty days America will go to the polls and make a critical decision. Do we believe the American dream still alive and achievable, or is the American dream over?

This midterm election really is a referendum on the Trump agenda to make Americans first, to continue on the road of renegotiating trade policies that are putting American workers' interests before those of multinational corporations, and to continue the process of removing government regulations that hinder and stifle business growth in job opportunities.

Recently I was speaking to a friend who is a local Democratic leader. The nearby TV was tuned to CNN which was interviewing New York congressional candidate, socialist, Alexandria Ocasio-Cortez. My friend stopped in mid-sentence, pointed at the TV and said, “I don't know what that is, but that is not my party.” He went on, “I'm a Democrat because I was taught by my father that the Democrat party is the party of the working class, it protects the rights of workers. That woman on the TV is probably wearing a dress that cost more than most people make in a month. And she wants American workers to compete for jobs with foreign working in sweatshops for less than a dollar an hour. How do they expect me to vote for that or ask my people to

vote for that?”

On September 25th, Elizabeth Warren hosted a fundraiser for another socialist progressive, Madeline Dean. Dean is a candidate running in Pennsylvania's fourth Congressional District. Elizabeth Warren talks about living wage and workers' rights while standing next to and giving money to Madeline Dean, a woman who has been exposed by the Philadelphia Inquirer for owning sweatshops in China. It is clear these people do not care about the American middle class. But I guess it's okay because she says the right things. And that's the new normal: as long as you say the right things you can do anything you want.

It seems that the democratic platform this year has one plank: ‘Hate Trump.’ They can't run on the economy. Their narrative is a dystopia where unemployment remains high, growth is low, and the future of the American middle-class is as wards of the State, like they've attempted to do with the Black and Hispanic urban population.

The Democrats are aided by the Republican House and Senate that have been ineffective. They've failed to pass legislation on major issues including, healthcare, border security, trade, and national budget. The Republican legislature has abdicated its power. In many cases the Republican leadership in the House and Senate has accepted the doom and gloom vision

of the future. (More on the failings of the Republican party next month, but that may take a book.)

Maybe the two slogans for this election should be, ‘The American Dream’ vs. ‘No Hope’.

Remember former President Obama's message to middle America? “Those jobs are never coming back!” He is back and telling everyone that the jobs and growth you are experiencing are not real or that he is responsible.

During the presidential campaign, Trump promised growth of 3.5% per year, and sometimes even 4%. The political class and their experts, pundits, and academics, laughed and accused the President of being “off his rocker” or “delusional”.

Former President Obama told us, “We will stay stuck in a new normal where unemployment rates stay high.”

Greg Ip of the Wall Street Journal also wrote, “Trump's 3% growth target looks out of reach.”

Mark Sanford, of the Washington Post explained, “Trump can't Twitter-shame his way to economic growth.”

Jason Furman, formerly the Chief Economist for the Obama White House said, “it would require everything to go right ... in ways that are either historically unparalleled or toward the upper end of the historical range.”

# Down Under

## The growth of apprehension

Submitted by Lindsay!  
Melbourne, Australia

*The growth of apprehension  
Fear is the Foundation of Most Governments*  
—John Adams, 1776

I don't know if you saw the story about a fourteen year old girl in Sweden who went on strike from school to protest about the governments failure to adequately provide for her future. Forest fires were destroying many areas, and although Sweden is at the forefront of reducing and controlling greenhouse gas emissions, she says they have not done enough, and her generation's future is under threat. She sat in the sun reading her textbooks and determined to make her point; when the media got on to it the girl and the point became a two day wonder.

You might say ‘so what?’, but there is an underlying motive for her protest: She is angry, she is afraid. She is one of billions of people who have become afraid over the past twenty years or so and whose ability to plan rationally, to remain eager for tomorrow has declined. Back in the 50's I remember the fear when nuclear war seemed imminent, the anxiety of my parents, the look of dismay on the faces of politicians, and the impotence with which we viewed the future. It was the first time the whole

world had seen the possibility of annihilation, and the legacy of this became an embedded angst in the minds of all who had been old enough to endure it.

Of course it soon became of no consequence when sense prevailed and Armageddon went back to the Bible, but it has formed the background to the older generation's present concerns. These grew alarmingly with 9/11, but became impossible disbeliefs just ten years ago when the global financial crisis began. Regulations had been relaxed because assurances had been given by the big players that they would self regulate with probity. The government, being part of the financial establishment, agreed. Dividends above all were the rule then, just as they are now.

We, trusting citizens all, were rewarded with the meltdown of the banking system, the market plunging and jobs disappearing like steam in the desert. Screams from the unlucky 80% fell on panicking ears, and the only fix known was quickly introduced.

Money. It was always the answer even when it was the source of the problem, and at this point American inventiveness was at its peak. No one was ready to admit culpability, and no one could allow the big banks to fail — that would be the end of the system — so they had to be bailed out. How to give this a veil of worthiness? Some genius, for that is the only word, came un with ‘Quantitative

Easing.’ Hey presto, the presses rolled and streams of monopoly money went into the electronic vaults.

The American dream was alive again. Interest rates went to a whisper above zero, all the neon said BORROW, cheap Chinese goods flooded the market, China brought up American debt, everyone went on holiday as the foundations rusted away. With no means of measuring the actual value of the dough, the gold standard having long gone, it was business as usual. A dollar was still a dollar, wasn't it?

Except that it wasn't. Wealth was now being transferred to the richest without the public noticing or being told by the new circular electronic news, cartel was an insufficient word, and the public continued to be outraged as they continued to bear the depredations of the crash, the outcomes of which actually got worse, not better.

The time was ripe for a saviour, and one duly appeared. Not one with loaves and fishes or healing garments, but one sticking his finger up in disdain at the old guard, who's speech was so non U that people thought they understood it. His approach to government was bizarre, meaning he had to be messianic, able to create. He did — tweets, rants and a slogan.

That did its work, and has kept on giving. The Making America great again mantra has now put China in his gun sights. Tariffs, those wonderfully disguised taxes, have been used to bring the enormous trade imbalance between you and them into better shape. China has retaliated, and now the new pro-

In June of 2017 we heard, “The Congressional Budget Office forecasts an annual average growth of about 1.9% well into the next decade.”

In case you missed the headline, current US real gross domestic product increased to 4.2 percent.

According to the Census Bureau, “We can confirm that real median household income was higher in 2017 than in any prior year for which we have data.” The median income for U.S. Hispanic households hit a record high of \$50,486 in 2017, which was released last week.

Under former President Obama, from 2009 to 2015, the incomes of Black Americans fell by more than \$900 per family, adjusted for inflation. Under President Trump, the unemployment rate for blacks fell to 5.9 percent in May, hitting the lowest level since the government started to record that data in 1972. Since Trump has taken office, Black employment has grown by an average of nearly 40,000 jobs each month. Black employment has increased by 708,000 jobs since last year.

Whether you like Trump or not, the evidence is pretty clear, he is bringing jobs back. His plan of renegotiating trade deals and lowering regulations is working.

Americans are more optimistic and have more hope for the future today than they did 2 years ago. Just look at the consumer confidence levels. The latest report showed a greater number of Americans anticipate purchasing big-ticket items including homes, cars, and major appliances within six months, which bodes well for the outlook for consumer spending. The

report also said more Americans were optimistic about pay gains.

Not too far from where I live, there is a steel rolling plant that employs a little over 1,000 people. From the mid 90's until 2016 the plant had struggled, laying off workers and cutting operations. In early 2016, it was announced that the plant would shut down for good by 2017. But then something happened after Trump was elected. Trump made it known that he would renegotiate trade deals in favor of American manufacturing and the American worker.

In the beginning of 2017, the plant announced it was delaying its closure. By the middle of the year it was hiring back laid-off workers. Since, it has added extra shifts and I hear rumors that it's looking at expanding.

Employment and optimism for the future have a great impact on the soul and well-being of this Nation. I've said it before in this column, people need to be productive and they need to have hope that their dreams are possible. Socialism can't provide that. Totalitarian government, as proposed by the progressives and socialists, has no room for dreams and self-determination. The only thing the progressivism and socialism offer is care, control, and containment. Under that vision, your current state in life will never change. Nor will it change for your children or your grandchildren. And if history is any prediction, it will get worse. “No Hope” is not just a slogan, it is what they are offering.

*To read past editions of The American Mind, visit the Authors section of Emmitsburg.net.*

positional from the King to put 10% onto a few billion more things will alter the balance in unknown ways. The immediate effect will be to increase the price of a very large range of goods, then to reduce exports to China as they increase their tariffs in retaliation and in the long run to make America get its goods elsewhere. The long term results are likely to be a climate change on their own, which is definitely not great.

So there are four new forces at work: Climate change, with its increasingly uncontrollable and unpredictable effects on weather, the oceans and sea levels. Wealth, commerce and banking in the hands of a few mega-rich people and the subversion of democracy. The failure of capitalism in America to respond to the needs of a majority of its citizens and to provide for their continued welfare, health and education that is breeding deep resentment against the government coupled with the international fights and flights of fancy. And finally the retreat of America as the sheriff of the world coupled with the growth of the China/Russia alliance that is changing the balance of power. This is perhaps Mr. Trump's major contribution to world collapse.

Of these the most difficult to deal with, the one with the greatest, long term effect is climate change. Not one place on earth is free from its ravages, and these have grown almost exponentially in the past 50 years. Although the effects of greenhouse gasses in the atmosphere have been known for almost two hundred years, their impact was not really noticed until 1934 when

the first warnings were given. These became more strident as time went on, until today many countries have begun switching to renewables. Atomics became bad news and coal reemerged, but all the efforts to rein in greenhouse gas production are simply too little too late and the devastating effects of climate change are unstoppable. The Carolinas are proof, if more is needed, though you only have to read the news from around the world.

The concentration of wealth in just a few hands is a special problem for the United States, but the effects are worldwide. Cartels across borders have tied up commerce to the extent that poverty is ubiquitous in many places, and this breeds rebellion and terrorism. Trade relations are in this basket.

The collaboration between China and Russia is realigning the dependence of developing countries so strategic posts are readily available and will be ready for use in any future conflict. It is conceivable that within a few years 50% the world will be in their orbit and power. While Europe is now the bloc most resistant to this, there is growing panic and anger as shown by the swing to the right.

The fear that all this is generating is still subliminal in many places, but is growing. With it is a festering anger that, when combined with the results of climate change, will spill over in unpredictable ways. The future is uncertain and more terrible than in all of mankind's history.

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## THE (retired) ECOLOGIST

## Autumn, curiosity &amp; hope for the future

Bill Meredith

*"I think, at a child's birth, if a mother could ask a fairy godmother to endow it with the most useful gift, that gift would be curiosity."*

—Eleanor Roosevelt

One day in the spring of 1997, Bo Cadle came to my office and asked if I would be interested in writing a column for the Emmitsburg Dispatch, which he and Jean had recently started. The idea sounded intriguing, but, being gainfully employed just then, I had no free time, so I declined. Bo was tactfully understanding, but the seed of the idea had been planted; and after I retired he became more persistent. So, partly to avoid boredom, I began writing. The essays came out irregularly at first, but before long they became a regular feature, and they continued as the paper evolved into its present form and title. This month's article is a minor anniversary of sorts, the 220th in the series.

The older you get, the more the calendar becomes cluttered with such things. There are regular holidays, birthdays, anniversaries, and seasonal events that happen every year. Sometimes such routine events have the potential to achieve historical uniqueness; for instance, is it possible that next year's World Series could feature the Baltimore Orioles and the Washington Nationals? But more often, the only differ-

ence between this year's event and last year's is that you're a year older. Age makes a big difference. Having a birthday when you're 85 is not the same as it was when you were five. When I was five, my thoughts were directed to the future; I couldn't wait to be six because then I could go to school, and I expected that I would start first grade the next day. I had no doubt that some day I would be a fireman or truck driver, or have my own farm, or be President. Now, at 85, the only difference I expect to see is that my golf shots will be another five or ten yards shorter, and my daydreams are usually about the past instead of the future. I seem to be coming to a stage in life when reaching a calendar event just means I've survived another unit of time.

One of those annual milestones, Fall, is here again; it slipped in quietly on Sept. 22, when no one was looking. Usually I'm not glad to see it; it's not my favorite season. The trees are pretty for a while, but on the whole, it is a season when things are leaving, disappearing or dying. The arrival of fall used to put me in a nostalgic or even sad frame of mind; but this year those emotions are being replaced by curiosity. I hope this is a good sign. Dorothy Parker once said, "The cure for boredom is curiosity. There is no cure for curiosity." I find a good deal of comfort in this. I hope she's right; boredom is a fearsome malady, especially among retirees.

For example, each fall there comes a day when I fill the hummingbird feeder for the last time. Yesterday my wife remarked that she hadn't seen a hummingbird for several days, and I should put the feeder away; but I filled it one more time, and within minutes a hummingbird appeared. It was a young one, as usual for this time of year; the adults went south some weeks ago, and if you see an adult now you can be sure that it started in Canada or New England and is on its way south too. The young ones will wander off soon, driven southward by inherited instinct rather than foreknowledge or parental instruction. Some of them will get lost or die, but a surprising fraction of them will find their way to the coast of Louisiana. They will fatten up there for a few days, and one day when the wind is favorable they will take off across the Caribbean toward Yucatan, 200 miles nonstop over open water. Again, a surprising fraction of them will make it. So has it always been; as Max Ehrmann wrote in the *Desiderata*, no doubt the universe is unfolding as it should. The odds that they will be back next spring are at least as good as the chance that I will still be here. So instead of being depressed by their leaving, this year I found my mind was engaged in wondering how that migratory instinct works, and what kind of metabolic magic enables them to fly so far on such



Curiosity is much more important than many people realize. It allows us to ask questions, learn and engage with others and the natural world around us.

a tiny food reserve. I know more about those questions now than I did when I started studying biology, but there's still a lot to learn.

Curiosity, thank goodness, is not limited to biologists. Last summer a friend who was working in his barn stepped on a cricket, and out of it popped a mass of long, slender black worms. Many people would not have stopped to look at them, but he did. He had never seen anything like them, so he put them in a jar and brought them to me. I recognized them as horsehair worms; they are commonly studied in zoology courses. They squirm around and tangle themselves into configurations like the Gordian Knot of Greek mythology, and because of this, zoologists gave them the name, Gordius. (Historically inclined readers will recall that no one could untie that knot; according to legend, Alexander the Great solved the problem by cutting it with his sword.) I was pleased to see that my friend had the curiosity to notice the worms and wonder what they were, and I was doubly impressed yesterday when he showed me another smashed cricket. This one had a different worm in it, white in color and much thicker than the earlier ones, and not inclined to coil into a knot. I had never seen one like it, but I was able to find a picture of it on the internet. It seems to have no common name; its friends in the zoological profession call it *Spinichordodes tellini*. Although it lives as a parasite in the body of the cricket, it must lay its eggs in water. When it is ready to lay the eggs, it is able somehow to stimulate the cricket to seek out a pond or stream and jump in; the cricket will die, but the eggs are released into the water to start the next genera-

tion of worms. There are plenty of questions there to be curious about.

I think curiosity is much more important than many people realize. While Mrs. Roosevelt's remark about the gift from a fairy godmother is a colorful metaphor, I believe all children have curiosity, admittedly in varying amounts. But somewhere between infancy and the early school years, something seems to stifle it in many children, and without it, education becomes a boring process of force-feeding. Children who retain their curiosity want to learn, and usually do well in school at all levels; but without curiosity, learning must be coerced, discipline problems arise, dropout rates soar and test scores plummet, as is happening in many of our high schools.

I was lucky; from earliest memory, my idea of play was following my father or grandmother around as they worked, and asking questions. I had only two teachers in my first eight grades, but both of them were really good. I now have two neighbors, aged two and four, who are starting out the same way; several times each week they come to show me things they have found and ask questions about them. Perhaps Mrs. Roosevelt's fairy godmother smiled upon them; but it's more likely that their parents are spending time with them and having the patience read to them and cope with the torrents of questions they ask. Good parenting and good teaching are not easy, but in the long run they are the only hope for our faltering educational system.

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## IN THE COUNTRY

# Benefits of the Endangered Species Act

Tim Iverson, Naturalist

The Endangered Species Act may very well be endangered itself. Originally passed with sweeping bipartisan support and signed by a republican president, today it finds itself at odds and under attack from the White House, Department of Interior, Congress, and monied interests. For 45 years the Endangered Species Act was the bulwark between the progress of development and the native species of plants and animals eeking out an existence among an ever increasing humanity.

Since its passage in 1973 it has been credited for the rehabilitation of iconic animal species such as the Bald Eagle, American Alligator, West Indian Manatee, Green Sea Turtle, Grizzly Bear, Gray Wolf, and more. Among the general public the Endangered Species Act polls with an 83% approval rate nationwide. The law isn't without its detractors though. Those opposing the law contest that the regulations prevent landowners and major industries from making full use of their land. Compliance with the law can be costly and can even entirely prevent some activities from taking place at all.

Beginning in June 2018, the Trump administration began introducing alterations and amendments to the existing legislative and regulatory framework. The proposed amendments are still under consideration, but are largely part of a broad package being introduced that favor business and loosen regulatory authority. With midterms looming legislative changes need to occur quick, otherwise a partisan shift might occur and significant change could be stymied.

The Department of the Interior has introduced a flurry of regulatory changes which aim to reduce the scope of the law. One amendment to the act states that the Fish and Wildlife Service and NOAA (the agencies responsible for maintaining the Endangered Species List) could consider economic impact in regards to

adding species to the list of protected animals. The current framework explicitly states, "without reference to possible economic or other impacts of such determination," listings must be based solely on the best possible science and data available. The proposed change would strike that clause.

The phrase "foreseeable future" is being redefined by another proposal. "Any species which is likely to become endangered within the foreseeable future," is the current legal classification for threatened species (a level just below endangered). This passage allows for a protection status similar to endangered species. The new rule change outlines, "The Services will describe the foreseeable future on a case-by-case basis... The Services will avoid speculating as to what is hypothetically possible." Protections will not necessarily be granted, and a more precise definition of what the foreseeable future means long term impacts of a changing climate may not be taken into account when assessing a species protection considerations.

This last change is a bit of a double edged sword for environmentalists. Even proponents of the act recognize the need for changes, and this one could mean more effective government management and recovery techniques could be applied or absolutely no action could be taken.

Forty-five years after the Endangered Species Act became law it has been a success overall. Several notable species have made full recoveries and many more have been prevented from outright extinctions. While the full recoveries of species, like the Bald Eagle, can be attributed to provisions outlined in the Endangered Species Act those successes were likely low-hanging fruit. In other words, simple fixes for simple problems. Banning DDT and over hunting helped the populations of birds, like eagles, and reptiles, like the American Alligator, rebound to the point that they are once again common place in their home ranges. Other



The Endangered Species Act has been credited for saving iconic animal such as the Bald Eagle, Grizzly Bear and the Gray Wolf. However, those successes are now being challenged and are at risk for being reversed.

animals provided protections like the Western Spotted Owl, which has been a rallying point for environmentalists and land rights activities alike for decades, face a much tougher knot to untangle.

The Endangered Species Act has been most successful at protecting land. Protecting land that species on the brink of extinction use is an obvious necessity. However, precise protections and more intricate solutions are required for some species. The Western Spotted Owl has spent decades on the Endangered Species List with little progress to show for it. The owl is a victim of human progress. We've gone too far and disrupted its habitat to the point it can no longer find suitable food, housing, or conditions. To compound the problem, the Barred Owl has expanded its range across the continent to the detriment of the Western Spotted Owl, again as a result of human encroachment and land use changes. The

Barred Owl is bigger, more aggressive, and out competes the Western Spotted Owl for valuable space and food within their overlapping habitats. Simple land preservation isn't going to solve this problem. More individualized intensive management is required for species like this and others.

Threats to the Endangered Species Act are coming from outside the administration, as well. The House of Representatives has already passed an amendment, attached to the National Defense Authorization Act spending bill (the Pentagon's budget), but has still yet to be adopted by the Senate. The amendments outline that the Greater Sage Grouse, the Lesser Prairie Chicken, and the American Burying Beetle can not be placed onto the Endangered Species List for at least 10 years. All three of these animals currently live in habitat envied by ranching or oil interests.

In a representative democracy your

voice is heard primarily through the ballot box, but there are other meaningful ways to voice opinions. As of this writing the National Defense Authorization Act is still pending, by reaching out to your senator the proposed amendments can be altered or removed. The regulatory changes being put forth by the Department of Interior are subject to a 60-90 day review and public comment period. By going to Regulations.gov and searching for Endangered Species Act you'll find up to 30 proposed amendments and counting that are pending and require public input. A legitimate debate can be had about the efficacy and enforcement of the Endangered Species Act, but the greater good should be measured by data not dollars.

*The read past articles by Tim Iverson visit the Authors section of Emmitsburg.net.*

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# REAL SCIENCE

## Renewable Energy Coal and California

Michael Rosenthal

The issue of energy sources in America continues onward with new developments on a daily basis. Previous articles of Real Science have discussed various aspect of the issue, including our local sources. Let's start by looking at our energy sources as supplied to us by Potomac Edison. The data below is for the period January 1 through December 31, 2017.

The total of renewable energy is only 4.96%! Included in this number is captured methane gas (0.33%), hydroelectric (1.13%), solar (0.18%), solid waste (0.47%), wind (2.63%), and wood and other biomass (0.22%). The largest source of our energy is nuclear at 35.93%, followed by coal at 32.22% and gas at 26.71%. Finishing out to 100% is Non-Renewable Fuel Cells at 0.03%, and oil at 0.16%.

Not surprisingly, air emissions produce a good deal of carbon dioxide, the combustion product of carbon (remember, I'm a chemist!) at 948.43 pounds emitted per megawatt-hour of electricity produced. Carbon Dioxide is a major contributor to climate change. Only small amounts of sulfur dioxide (0.79 pounds per megawatt-hour) and nitrogen oxides (0.66% pounds per megawatt-hour) are produced here. Sulfur dioxide and nitrogen oxides form acid rain, and

nitrogen oxides also react to form ground level ozone, a component of smog.

As I've previously expressed and discussed, the best sources of energy for the environment are nuclear power, wind, hydroelectric, and solar.

Our current national government has been trying hard to rebuild and stabilize the coal industry. Burning coal is very bad for the environment, and coal mining is very dangerous to miners' health. The current federal proposal would empower individual states to establish emission standards for coal-fired plants rather than speeding their retirement. This plan would cause 12 times as much increase in released carbon dioxide into the air. The previous administration had a plan to drastically cut the use of coal, and they had a plan in place that would thus reduce emissions by much larger numbers, looking to eventually phase out the use of coal in producing electricity in America entirely.

I certainly sympathize with the plight of coal miners, both from health impact and from declining job opportunity. However, we now have much better and safer ways to produce electricity, and I strongly believe we should be phasing out the use of coal to produce power. I feel it would be much better to find new creative ways to bolster the economy and find jobs in the states where coal mining once prospered.

The way laws are written in the United States offer individual states a great deal of flexibility in developing policy. Just as West Virginia wishes to keep coal mining alive, California is developing an individualistic energy policy that differs greatly from most of the other states.

The State Legislature in California has approved a bill mandating that by 2045, all of the state's electricity will come from renewable resources such as wind, solar, and hydropower. The original California bill called for 50% renewable by 2030. California's broader effort is to cut emissions from all sources by 40 percent from 1990 to 2030.

A Global Climate Action Summit of some 4,000 climate advocates, foreign dignitaries, investors, and state and local officials, has been held in San Francisco from September 12-14, co-hosted by California governor Jerry Brown and former New York City mayor Michael Bloomberg, with Al Gore and John Kerry participating. The focus was on speeches and seminars on the roles that technology, municipalities, states, and businesses can play to combat climate change through new and tougher state and local regulations, particularly to combat methane leaks. The message from the conference was for states and communities to take action to combat climate change. America's emissions account for about one-fifth of the world's total carbon emissions, second only to carbon pollution from



There are those who deny that climate change exists, but virtually all scientists agree that we are in a very serious situation that will only get worse without action.

China. Details of the conference can be accessed on the website: [www.globalclimateactionsummit.org](http://www.globalclimateactionsummit.org).

The international commitment of reducing carbon emissions was the Paris Accord, a world wide agreement struck in Paris in December 2015. President Trump announced his decision to withdraw the United States from that agreement on June 1, 2017. Within days of that announcement, more than 1200 governors, mayors, and business persons committed to honoring the terms of the Paris Accord. They asserted that the results of the Paris Accord offered the best opportunity for American citizens, industry, and workers, and the San Francisco Summit offered further development of this direction.

Though California leads in this

effort, it is not the only state taking this stance. Massachusetts is also making a plan of its own. But California is special! It has a long record of leading the country on environmental protection with a bipartisan participation. In 2006 Governor Arnold Schwarzenegger signed a landmark bill designed to reduce carbon dioxide emission from various sources, while the federal government was taking no action on the issue.

The California law was broad-based, affecting businesses and consumers by requiring cleaner cars, energy-efficient buildings, and alternative fuels. Four years later, in 2010, Governor Schwarzenegger beat back a coalition of business leaders who tried to neuter that law via a ballot initiative.

The current administration announced a rollback in August of a part of the fuel efficiency standards for automobiles, stripping California of its historic right, conferred by federal clean air laws, to set its own clean air quality standards. These standards, which have been adopted by 13 other states besides California, promised consumers an increase in cleaner air through more efficient cars. If you've ever driven in Los Angeles, you know how many cars there are there spewing gasoline combustion fumes.

California has been having staggering climate change impact. Its wildfires have set a new record for their intensity, scope, and destruction. It is expected more wildfires are to come, and rising oceans are also a serious threat to the California shoreline. These and other events all can be reliably related to climate change through carbon dioxide emission.

There are those who deny that climate change exists. But virtually all scientists agree that we are in a very serious situation that will only get worse without action. Governor Brown recently stated, "In California, facts and science still matter." "These findings are profoundly serious and will continue to guide us as we confront the apocalyptic threat of irreversible climate change."

To read past articles by Michael Rosenthal visit, the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

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# Bobble-heading through life

Jack Deatherage

Billions of bits of fluff drift past and around me as I stare wide-eyed (when I'm not drifting off into a nap) at life, the universe and everything. Occasionally some particular bit of fluff catches my wandering attention and I pursue it until I've learned from it what I'm capable of before another floating bit catches my attention and I traipse off after the new. That I'm able to keep any subject in mind year after year probably says something about the importance, to me, of building the perfect bread and growing tasty food to eat with it. Such are the convoluted workings of the mind I have that I'm able to snatch at any random bit of fluff and bend it to either bread building, or growing vegetables.

Of late, Shaolin Monks have passed before me and caused a swerve in direction. From October 1972 to April 1975 I was glued to the idiot box (broadcast television in the days before the handheld 'Borg devices-iPhone/iPad) to catch each episode of the series- *Kung Fu* starring David Carradine. Unlike most of my drinking buddies I was more interested in the philosophical side of the show than the physical/warrior side. Not that I didn't play along at the drunken games of pretend Kung Fu fighting, but I was never good at them and usually hurt myself worse than whoever I was trying to throw, kick, or punch to the ground. Meditating on how to avoid getting pummeled made more sense to me, as did figuring out how to talk someone over the age of twenty-one into buying alcohol for us until I was old enough to legally drink myself into oblivion. I vaguely recall meditating while approaching a drunken stupor and deciding the whole process was better left to sober moments-which eventually arrived sometime in the 1990s. By which time I'd bobbed along after hundreds of bits of other fluff and had forgotten Kung Fu.

As I've aged, and grown some prob-

lems that can accompany growing old (mostly through my willful stupidity), my thoughts have turned to how I might correct those problems, if it isn't too late. And, as is always the case, the universe presents me with a solution. Not that the universe is trying to help me. I think it's more likely setting me up for a few weeks, months or years of comic relief. (Yes, the universe enjoys a good belly laugh as much as I do- especially when I'm the butt of the joke.)

Enter the Dragon in the form of a YouTube video documentary on the Shaolin monastery in China. I knew from the 1970s TV show that the Shaolin monks were vegans, but I always assumed they held that diet because of their philosophy rather than practical reasons. But the documentary explained their physical reasons for the vegan diet and bang a gong! I'm off to the state's public library system ransacking lists of books that might hint at the diet, exercises and philosophy of the Shaolin monks.

Of course I also head down to the tattoo shop and tell the pillar of this community what I'm fluttering off after this week. Naturally, Tattoo Don knows more on the subject of diets than I do.

"I'm not a fan of brown rice, but- if you can eat it, add it to your diet. It's loaded with natural forms of vitamins and minerals. It's really good for you."

So I'm not a fan of rice in general and particularly don't like the brown. But I do like the grass seed called "wild rice" so I cook the brown with the wild and discover I like them together- in a mushroom bouillon- with butter, which ain't vegan, but neither am I. And diced bell pepper. And with pulses. And sea weed. And... Well, there seems no end to what I can add to rice. (I can hear Diane, the Oklahoma Homesteader. "Oh, so now you decide to eat rice and beans after all the years I've been trying to convince you to give them a try?" To which I can only reply, "Yes dear.")

The Mad One weighs in (via Skype)

from nearly half the world away. "This diet is all fine and well, but you do know American supermarket food has no nutritional value. You will have to start growing your own and you do not have a garden."

"Details details. Look," I tell her. (I feel a sharp pain in my lip. I'm not suggesting she stabbed another pin into the gray bearded doll she carries everywhere. I just find the timing odd.) "I have to start somewhere and adding veggies to my diet, even the sad stuff I have available, is better than the junk foods, pastas and store bought breads I've been eating."

We get into the why of my looking into the Shaolin monks and their diet. Simple enough. "I'm stiff, aching, overweight by nearly one hundred pounds, tired and forgetful. The monks' diet was created over centuries for practical, as well as philosophical reasons. In my case, that boils down to dropping hurtful weight and gaining energy by eating less harmful foods while adding more nutritious items- even if the veggies ain't up to the Mad One's, or even my standards." (OUCH! She must have slashed the doll's face with a cleaver!)

As diet changes body and mind, creating further changes, I'll begin the exercise routines, those few I can manage in my current condition- The Stalking Crane (standing on one foot for a second without falling over), Crouching Tiger (while clutching the phone in case I have to dial 911 for



Apprentice Shaolin Monk Jack practices the old age ritual of retrieving Fritos from an unopened bag using only chopsticks.

assistance in getting upright again) and the Water Buffalo Belly Flop (collapsing on the bed after an exhausting 10 second workout) followed (eventually) by the Porcine Wallow Roll (getting off the bed).

If I survive the diet and exercise, I may eventually turn my focus to meditation. I might have to as I've found I seldom nap now that starch from breads, pastas and processed junk aren't inducing several comas a day. Hell, I barely sleep at night. (Probably because of the caffeine I'll eventually have to eliminate from my diet.) Since bread building naturally lends itself to long minutes, hours, even days of not doing anything while dough ferments I could work meditation into the bread build!

Meditative Muffins, Resting Rolls, Patient Pizza, Contemplative Crois-

sants, Benign Bialys, Wisdom Waffles. Yep I could get into meditation. Why I could even start my own monastery! It wouldn't be Shaolin of course, more like The Way of the Idiot. Novices would tend gardens and build breads while contemplating their place in the universe!

GODS! We could change the world if I-Ooooo. What is that peeking out from under the pile of stuff on my desk? Is that a dried up bit of rope sausage? I wonder what seasonings were used to flavor that? Hey, I should see if my KitchenAid mixer still works and maybe learn to use the sausage stuffer attachment? Gang way! I'm on a mission!

To read past articles by Jack Deatherage visit, the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

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# PETS

## Animals: the natural mood lifters

**Jennifer Vanderau**  
Cumberland Valley  
Animal Shelter

It's possible I may have found a totally natural drug to lift moods.

A few Saturdays ago, I attended the Puppy Paddle at the new Chambersburg aquatic center. In the pouring rain. Yeah. Bummer, right? The crazy thing is, this outing was absolutely amazing.

Let me try and set the scene for you.

First of all, have we had a soggy summer or what? Between the rain and the blinding humidity, I've been pretty sapped these last few months. Ugh.

So when the day of the Puppy Paddle dawned gloomy and wet, I sighed to myself and thought, "Man, one of my favorite events wrecked by rain."

Little did I know...

I assumed (and if you've ever seen an old episode of the Odd Couple, you'll know the dangers there) that the weather would keep people away and the event would be a bust. Surprisingly enough, there were, I'm betting throughout the course of the day, probably more than 50 dogs there.

Now, naturally, had the weather cooperated, it would have been packed, but given the relatively steady rain, I'd say the turnout was pretty impressive.

The other really neat aspect was the people. They all said, "The dogs don't mind the rain and this event really is for them."

One lady said she had promised her dog they would go and she didn't want to disappoint him.

Animal-lovers. There's really nothing like them.

So the humans stood with umbrellas and raincoats and the dogs – as

predicted – acted like nothing was amiss. They frolicked and pranced in the water (both in the pool and coming out of the clouds) and generally had an amazing time.

I parked myself under a canopy near the front and settled in to watch. As I let myself go, something really awesome happened. I started treating the scene before me kind of like a television show and the longer I watched, the more relaxed I became.

First, there was a group of dogs – mostly black labs, but there may have been a poodle in there – that almost created a little gang, ala West Side Story. The four of them would race and rip (even in the grass outside the pool) and there were two in the group that I'm convinced became best friends.

It could have been a children's book, "The Best Friend I Made at the Pool This Summer." Seriously, they would actually look for each other and follow one another around everywhere. (I've seen the same kind of thing in our dog park behind the shelter – it's really a joy to watch.)

The new aquatic center has a shallow pool for wading and to watch the dogs literally leap like deer through the waves was hilarious.

We also had contests – Longest Leap, Quickest Retrieval, a swimsuit competition and a doggy paddle across the width of the pool.

Because of the weather, the swimsuit competition didn't really happen, but I've seen some doggie bathing suits in the past that were way too cute.

The truly memorable moment came during the doggy paddle across the pool. Essentially what happens is someone stands on the one end of the

pool with the pup and another person is on the other side of the pool calling the canine. Whichever dog makes it to the other side fastest gets the prize.

Four dogs competed in this, one of which looked like a golden/lab mix. So as soon as "go" was called, the humans on the other side started waving their hands and hollering for the pups. Two dogs jumped, one completely refused and our aforementioned golden/lab found another way across. There is a kind of bridge (that I think has a filter for the pool) in between the section for swimming and the one for diving. The golden/lab noticed the humans using this bridge and you could almost see him thinking, "Yeah, I'm not jumping in there," and across the bridge he went.

He was incredibly excited to walk up to his dad on the other side.

I actually laughed out loud.

There's a saying I found a few years ago on Facebook: "Life isn't about waiting for the storm to pass – it's about learning to dance in the rain." That could have been the motto for this year's Puppy Paddle.

Isn't it funny that my initial reaction to the day was to be bummed out because it was raining and one of my favorite events would be "ruined." By the end of the day, my attitude had completely changed. It makes you wonder if maybe our preconceived notions can actually alter our experiences.

Instead of assuming the rain would make everything terrible, what if I took life as it was – not good, not bad. What is it that makes us predisposed to think the sun is good and the rain is bad? Considering what all the rain does for us, labeling it bad or in this case ruinous doesn't seem exactly accurate, does it?

If a rainy Puppy Paddle can turn into something quite extraordinary, what else in life could be different just by accepting everything as it is? It's an interesting thought.

All I know is I found a surefire way to boost any gloomy spirit – just find yourself a happy, frolicking group of dogs and settle in for the show. You will be witnessing pure, unadulterated joy and if you can tune into that energy, I swear it rubs off.

Animals: the natural mood lifter. Experience them today.

Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter in Chambersburg, Pa., and can be reached at [cvascomm@cvas-pets.org](mailto:cvascomm@cvas-pets.org). The shelter accepts both monetary and pet supply donations. For more

information, call the shelter at 717-263-5791 or visit the website [www.cvas-pets.org](http://www.cvas-pets.org). CVAS also operates a thrift store in Chambersburg. Help support the animals at the shelter by donating to or shopping at the store.



Chocolate Murray is a 9-year-old brown tabby boy who came into the shelter as a stray, but we found out he had been adopted from us when he was a kitten - nine years ago. We have not been able to find his owners, so now he's again looking for a home. He's the dearest soul and would make someone a great companion.



Cooper was surrendered to the shelter because his owners could no longer care for him. He is a 4-year-old husky/Shepherd mix who is a sweet guy and loves attention! Cooper can be reactive to items in his face (like a muzzle) and this will have to be understood during vet visits once he's adopted. He's had some prior training, like sit and shake and speak. Due to his issues, age restrictions for children may apply, so please discuss this with shelter staff.



Angel came from the beaches of Mexico where she was rescued as a stray. She became too much for her owners and found her way to CVAS. She's a 2-year-old mixed breed who can be a little timid when she first meets people. Once she gets used to you she is a lovable, playful girl! She does like to jump up on people, so this behavior will need some training. Angel has never been with children but has been with other dogs and cats. Because of this, Angel must meet all family members and we recommend a home with children older than 8. Angel is in our isolation area because of her shyness. She will need an approved adoption application to be seen.

For more information about Chocolate Murray, Cooper or Angel contact the Cumberland Valley Animal Shelter at 717-263-5791 or visit their website at [www.cvas-pets.org](http://www.cvas-pets.org).

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Before humans die, they write their last Will & Testament, give their home & all they have, to those they leave behind. If, with my paws, I could do the same, this is what I'd ask...

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- My happy home.
- My bowl & cozy bed, soft pillows and all my toys.
- The lap, which I loved so much.
- The hand that stroked my fur & the sweet voice which spoke my name.

I'd Will to the sad, scared shelter dog, the place I had in my human's loving heart, of which there seemed no bounds.

So, when I die, please do not say, "I will never have a pet again, for the loss and pain is more than I can stand."

Instead, go find an unloved dog, one whose life has held no joy or hope and give MY place to HIM.

This is the only thing I can give...  
The love I left behind.

-- Author Unknown




# Thrush

Kimberly Brokaw DVM  
Walkersville Vet Clinic

The extra rain this summer has posed many challenges for pet and livestock owners. In addition to struggling to get crops off the field and finding enough dry days in a row for the hay to dry between cutting and baling, they are also having to battle the mud. Most owners make a good attempt to minimize the time their horses spend in the mud, but weather like our recent wet weather has made that difficult.

The mud can contribute to lots of skin and hoof diseases of cattle and horses. Both cows and horses get dermatitis from their skin staying too wet and hoof issues from standing in the mud. While the skin diseases of cows and horses are called by different names, they can stem from the same environmental conditions.

With all the rain, the majority of my lame horse calls have either been from abscesses or thrush. Both tend to occur with increasing frequency when the weather is wet and the horses stand in the mud. Uncomplicated hoof abscesses are generally all treated the same way. The hoof is soaked and wrapped in poultice or drawing ointment until it either pops on its own or is opened by a farrier or veterinarian. After it is open, the hole is kept clean and ointment applied. Occasionally the horse may be put on antibiotics if the abscess is not resolving as hoped. In some cases, the farrier may make a special shoe, such as a "hospital plate" shoe, that keeps the abscess site clean and protected. Rarely, a deep abscess can involve the coffin bone of a horse's hoof, requiring veterinary hospital care by a veterinary surgeon. Most abscesses



Daily cleaning of your horses' feet allows the detection of early signs of thrush so treatment can begin before it affects your horses' performance.

resolve uneventfully, after causing days of worry for the horse owner.

Thrush, on the other hand, has a variety of treatments. A trip to the feed store or a google search will yield dozens of different commercial products. In addition to the commercial preparations, there are also a variety of home remedies ranging from bleach preparations to various sugar and iodine mixes. I have personally tried almost all of the products on either my own horses or clients' horses.

It seems like the criteria to be a thrush treatment are that it has to have a weird odor and it must stain your hands. While there are a few exceptions to that rule, the majority of products leave you, your clothes, your horse, and your barn aisle stained either purple, green, or orange/red depending on what you used. My personal favorite for thrush treatment is Thrush Buster®. It's been effective when I have used it and while it does stain everything purple, at least it doesn't have as strong of an odor as some of the other treatments. The bottle is also user friendly so I probably only end up with purple spots on my hands about a quarter of the time. My farrier, however, likes Kopertox®. Kopertox works well but I dislike it. It is very messy. Even after you have washed it off and no longer see green

anywhere on you, the smell still lingers. One of the great qualities about Kopertox is it is oily so it penetrates and sticks well to the hoof. It also sticks well to your hands. Not even scrubbing with soap and water can get it off your hands. I've found that vegetable oil is the best way to remove it, followed by washing the vegetable oil off with soap and water. The vegetable oil removes the green color from skin, but you will likely still smell like it for the rest of the day.

When my horse was having difficulty with maintaining healthy hooves, the farrier said I needed to use Kopertox. Typically I don't have problems with thrush as I treat before I see thrush and start if the hooves look too wet. However the one horse had been in shoes with pads, so when the shoes were pulled at his monthly shoeing appointment, we discovered a little thrush in the frog and center sulcus and white line disease. While the farrier was okay with me using Thrush Buster on the other

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October 4th, 1:30 p.m., at Mother Seton School, 100 Creamery Rd, Emmitsburg. In honor of St. Francis and his love for animals, we invite you to bring your furry, feathery, scaly, and stuffed friends to be blessed. The ceremony will begin with a brief opening prayer followed by the blessing. All creatures great and small welcome! Visit [www.mothersetonschool.org](http://www.mothersetonschool.org) for more information.

horse, he said this one needed Kopertox despite me asking him if there was ANYTHING else I could use. I started to argue with him but decided that farriers were more stubborn than vets and figured it was easier to just do as he requested. He suggested that if I put it in a spray bottle, I could spritz it on his hooves with minimal mess. He was wrong. My hands were green, the barn aisle was green, at one point I swear even the dog had green spots on her. I started with regular gloves but found I was still getting it on my arms and switched to wearing shoulder length rectal sleeves to put it on. While I wasn't seeing any green on me, I could still smell it on my

hands for hours after treating the horse. I am currently using one of those sponge top envelope wetting bottles filled with Kopertox. That seems to be the least messy application method.

If you ever bump into a horse owner and notice speckles of green or purple on their hands and arms or that they have a strange metallic smell about them, they are not trend setting with a new style of body art and perfume. They have a horse with thrush and are just as messy as I am when trying to apply the treatments to the hooves.

To read other articles by Dr. Brokaw, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).



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— MARTY QUALLY

**VOTE QUALLY ★ NOV. 6**

# THE MASTER GARDENER

## Fall clean-up practices in the garden

**Teresa Gallion, Frederick County Master Gardener Program**

**Phil Peters, Penn State Master Gardener of Adams County**

Once again we come to that time of year when we have to say good-bye to the beauties of this year's garden and get ready to re-create again next year. Fall cleanup is best done in three stages: evaluate the year's successes & failures, physically clean up the garden plots, and plan for next year. Notice that two-thirds of our work is more cerebral than physical and results from close observa-

tion of what we see in the garden. Only one third of the work is physical - raking leaves, removing dead plants, mulching, etc.

The kind of garden you are growing will determine how much "cleaning" you need to do at the end of the season. How concerned you and your neighbors are about yard neatness may also be a factor. If you grow annuals, tropical plants, vegetables, wildflowers, have a wooded area or a plain lawn, your style will set your work schedule.

Step One: The first step should be a relaxing, but critical, walk through your property, carefully observing the various plants and how they

performed this summer. Keep an eye out for those plants that performed best.

It is particularly important to evaluate the various annuals that were used for extended seasonal color. Some probably performed beautifully; others, less so, or, disappointingly. Making careful notes of the successes and failures will help us in step three where we will decide what to plant next year. Your garden notes may be mental ones or written. I carry a clipboard around with me, making quick maps of the plantings in a given garden and then referencing it with notes on the performance of each plant, or just notes about unusual situations.

This is also the time to take a good close look at your perennials, trees and shrubs. How did they fare? Did they grow evenly? Are they stressed? Look for signs of insect damage or disease in the leaves and branches. Make sure there are no sunken areas (cankers) or bleeding scars and broken branches. Remove any plants or parts of plants that show damage. Dispose of the affected material separately. Do not put it in with your compost or allow it to remain in the garden.

Step Two: cleanup and maintenance. This is the physical part and the one that taxes our muscle power. First, we need to remove all the dead annuals and fallen flower heads, dead branches, garden debris and dead leaves. Prune plants that need it in the fall.

If you see signs of insect pests, i.e., bagworms, remove them now. For bagworms, don't just pull the bag off the branch. Take a sharp



Leaving stems for the winter months provides overwintering sites for beneficial insects and food for birds.

knife or razor blade and cut through the silken strands that are wrapped around the branch. Left on they will strangle the branch as it grows. Tear open or remove fall webworm nests. Don't kill the spiders; they are on your side.

One subject we learn about as master gardeners is integrated pest management (IPM). This term describes a decision making approach to gardening that is gaining popularity as more people learn about it. Depending on the type of garden you have, doing a big fall clean up may not be as necessary as you once thought.

If it's possible, leave some perennials standing. It's fun to watch finches on coneflowers (Echinacea sp.) picking out the seeds. Sunflowers, liatris and other flowers that go

to seed will provide food for wildlife. Watching birds can give you hours of enjoyment in the winter garden. Leaving flowers and stalks through the winter will also provide homes for overwintering insects.

Gardeners familiar with IPM will welcome insects as pollinators and as food for birds and each other. An environmentally friendly garden will always have lots of bugs in it. By leaving seed heads and some winter protection for birds and insects in your garden, you'll have lots of wildlife to enjoy this fall and winter. Milkweed pods provide seeds for food and flycatchers, vireos, wrens, some warblers, sparrows, orioles and finches will use the floss for nesting. You'll have more beneficial insects in the spring, too.

When you simply must cut down perennial stalks, chop them into six-inch lengths (or so) and pile them in the garden as mulch with fall leaves. Stick piles give cover for wildlife, including overwintering butterflies like the Mourning cloak. The leaves and plant material you leave on the ground will mulch the garden and can be turned in to the soil in spring, adding important organic material.

Vegetable gardens will need to be cleared of old growth, to assure the best conditions for next year's crop. Prune back plants and shrubs with seed heads that start too many unwanted new plants. Tropicals take a lot of care in this non-tropical area. I used to spend my October digging up, drying out and preparing to store cannas, glads, and dahlias. Plants that naturally grow here will not take up your time, effort, and basement with the coddling that non-natives require. Do a little research and trade those labor-intensive tropicals for plants that grow in our climate naturally.

You won't be checking hardiness zone maps or bringing in pots and bulbs to sit out the harsh winter because native plants evolved to live right here. Look for plants native to your backyard and they'll flourish in the natural soil, temperature range and water available. They will repay you with less garden work and more garden enjoyment.

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# THE MASTER GARDENER

## Small Town Gardener

### Plant Hoarding: When too much is not enough

Marianne Willburn

A little shifting of the pot ghetto yesterday revealed one too many plants happily rooted in the soil beyond their pots.

It is good soil certainly, and I do not blame them, but the discovery is an inconvenient one. I have been quite content to believe that a healthy three foot dawn redwood was satisfied with one gallon of cheap potting soil for the last six months. To find it was quietly looking elsewhere is a slap on this gardener's wrist. Holes will need to be dug today to placate drying roots, but where?

Yes. The raison d'être of the pot ghetto. As answer to the eternal question, "Where indeed?"

After the un-earthing, I stood there for a while surveying this collection of pots, flats, five-gallon buckets and old dishpans filled with bog plants for which there is no bog, and considered the folly of it all – past and present.

Just two weeks ago I went to a plant swap with the firm resolve to bring home no more than one plant for every one I brought – seven in all. Or better yet, to sit on my hands and watch other weak-minded gardeners make fools of themselves.

However (and there is sadly always a however), there were many leftover plants scratching like orphans at the window and I was encouraged by my wicked host to take more. I did, and the number will not be revealed in this particular column – but I'll share with you the shaming.

As the swap was conducted at a private home with a narrow circular driveway, we lined up our cars at the end of the day to grab the plants over which we'd just wrestled. I knew the driver behind me – a Master Gardener whose garden I have visited and enjoyed, and a woman who had just shown an outrageous amount of self-control in the face of excellent plants going begging.

I helped her with her few treasures and then proceeded to block her in for about ten minutes as I ran back and forth throwing [yet more] pots into the back of my dusty Subaru.

Just when she thought she could finally release the handbrake and go, I would head back to my stash and return with another flat of something wonderful, or a cast-off fountain, or a garden cart of all things. On the ninth trip, all the while cringing to the very soles of my muddy boots,



I realized there were other amused witnesses watching me with empty arms and wise eyes.

I mumbled something about having a lot of space to fill, wrenched my back in my haste to make the whole embarrassing spectacle come to an end, and drove home wondering what evil demon had invaded my body and once again smothered all pretense at resolve.

We know we want these plants. We know we won't find them again a) at this price or b) in this season. We know we'll only be visiting [insert city name/famous garden/rare nursery] once this year. We also know (all too well) that we haven't a staff – a kindly old gardener with a canvas apron who takes the pots from the car, tips his hat and says "Where do you want them ma'am?"

We weigh these things one against each other, make strong promises to ourselves and our spouses, and thirty shameful minutes later we've got Daphnes and amorphophallus getting cozy in the back seat.

Perhaps it's because there are moments when it all works – when the 36 quarts of dwarf mondo grass you bought for a dollar each suddenly become the answer to 'what to do with the walkway under the pergola.' But for every story of successful plant hoarding, there is an equal and opposite story of guilt, of death by neglect, of unsightly clutter...of picking up that dawn redwood after six months and feeling the soil under your feet give slightly.

If you suffer from the same weakness, the only answer I can give you is one I occasionally utilize to rein in both my plant hoarding and my life-long Doritos craving: a total lack of access.

When one is not physically faced with one's addictions (Lowe's death racks, Big Bloomers Nursery in North Carolina, rare plant swaps and Cool Ranch flavor Doritos), one cannot partake. One cannot miserably fail. This means never entering a big box store from any door other than the front entrance, always

taking one's husband to North Carolina with one, and never hitting the snack aisle in the grocery store. Believe me, it works – it kept both my fingers and my driveway clean last year.

But one must turn one's back on so much. So so much.

I have of course fallen off the wagon in both cases, but yesterday the rooted redwood told me that it's time to address the plant hoarding. Damn I'll miss those winter sales.

These moments of clarity – however fleeting – can cut down on the clutter in our lives if we give them the attention they deserve. And we are all the better for it. Guilt weighs just as heavy on the shoulders as Doritos weigh on the hips.

*Marianne is a Master Gardener and the author of Big Dreams, Small Garden. You can read more at [www.smalltowngardener.com](http://www.smalltowngardener.com) or follow The Small To*

Your spouse or neighbors may ask why you've left some of your garden standing through the winter. It can take some getting used to, if you normally clear everything out of your garden in the fall. Take small steps at first. And while you're saving time by not cleaning out your garden, fall is the time to clean, sharpen and oil your tools. They will be ready to make your spring work easier.

Let's not overlook your lawn. This is the time to dethatch it and fill in the spots where the grass didn't make it. A good quality seed, bred for the wear it will get, is well worth the expense.

Once the ground freezes it is time to put down a new covering of mulch. It not only makes the garden look nicer, but it will help maintain an even moisture and temperature level in the soil. Two or three inches are all you need. Remember to make a donut around the crowns of perennials and trunks of shrubs and trees. If the mulch comes all the way up around the plant, moisture will accumulate around the bark

and soften it. In addition, disease, insects and small mammals like mice and voles will be able to get into the trunk and harm the plant.

Step Three: With the physical part of our fall cleanup, we can move on to the final step. Relying on the observations we have made as we walked around the property and cleaned up the gardens, we can now set up a strategy for next year's garden. Write down what worked and what didn't for each section of the garden. Make notes about what you want to improve. Look at each garden area and imagine what shapes, colors and textures you want in that area. Jot these ideas down on a rough garden sketch of the plot.

Now we can make the best use of all those garden catalogs that will flood our mailboxes. Rather than just buying on impulse we will be able to funnel our resources into just the right plants. And next year's garden will be even more spectacular than this year's!

*To read other gardening articles, visit the Gardening section of [Emmitsburg.net](http://Emmitsburg.net).*

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District 5 Council Candidate Shannon Bohrer  
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Slow Residential Growth  
Protect Taxpayers  
Create Local Jobs  
Seniors First

DEMOCRATIC CANDIDATE  
**SHANNON  
BOHRER**  
COUNCIL DISTRICT 5

  
**JAN  
GARDNER**  
FOR County Executive



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**JAN GARDNER, FREDERICK COUNTY EXECUTIVE**

Jan Gardner for Frederick County; Sharla Worley, Treasurer | Citizens for Shannon Bohrer; Rose Marie Woodsmall, Treasurer

## National Apple Harvest Festival celebrates 54th year

The National Apple Harvest Festival is celebrating its 54th old-fashioned family event in October over the weekends of the 6 & 7 and the 13 & 14, at The South Mountain Fairgrounds, Biglerville, in the heart of Apple Country USA. The event is held all four days from 8 a.m. to 6 p.m. rain or shine. October, proclaimed National Apple Month, is when the Upper Adams County community celebrates apple season with an apple festival.

The festival's roots date back to October 14, 1961, when The Adams County Fruit Growers Association held an Apple Harvest Holiday to celebrate the apple harvest. After the fruit growers decided not to run the holiday again, The Upper Adams Jaycees—a new chapter in need of a fundraiser—organized and sponsored the very first Apple Harvest Festival on Sunday, October 10, 1965. Admission was free. The Jaycees earned a profit of \$297 that first year and voted to try it again.

In 1967, the event grew from one day to three days. Saturday's admission was \$.25 and Sunday's was \$.50. The first Apple Harvest Ball was held in 1968 at the Holiday-Inn Gettysburg. In 1969, the first Miss Apple Queen USA Contest was selected at the ball held in conjunction with the festival. The tours of the processing and fruit packing plants, that were proven crowd pleasers, were discontinued in 1970 because the plants could no longer handle the crowds.

The festival's 10th Anniversary was held in 1974 and had become so popular that all the cars could no longer be parked on the South Mountain Fairgrounds. And, with the profits from the festival, the Jaycees voted to build a community park. Then in 1975, it became a two-weekend event held the first two full weekends in October. The name was changed to the National Apple Harvest Festival in 1977 in honor of the National Apple Queen Contest it sponsored from 1969 to 1986.

The Upper Adams Community area benefits most by the community park that was begun by the Jaycees in 1975 funded from profits of the festival. The 92-acre Oakside Community Park, located outside of Biglerville on Route 394, is open to the public April 1 to November 1 each year. The park features an amphitheater, six baseball/softball fields, five rental pavilions, a catch-and-release fishing pond, a soccer complex, a dog park, a three-mile walking trail, and a covered bridge. In 1989, the Jaycees built an office complex at the entrance to the park that houses offices for Oakside Community Park, The National Apple Harvest Festival, and The Upper Adams Jaycees.

The Upper Adams Jaycees use profits from the festival for all types of community, member and individual projects. A fifteen-member board of directors of current Jaycees and Exhausted Jaycees (no longer can be

a member of the organization when they turn 40) guide the festival each year. The board meets every month and is responsible for improvements to the festival.

Of course, what would an apple festival be without apple-delicious products? Apple bread, an apple butter boil, a cold cider press, cider slushies, hot cider, apple desserts, daiquiris (nonalcoholic), fritters, jellies, pizza, sausage, sauce, candies, apple syrups and pancakes, sliced caramel apples, apple ice cream, and fresh Adams County apples can be found here, there, and everywhere as one strolls the grounds. Besides Apples, there are various other delicious foods available. As you step onto the fairgrounds, smell chicken barbecuing, the pit beef and pulled pork, sweet potato and regular French fries, homemade soups and sandwiches, homemade scrapple, and "fair" food.

With admission, entertainment is included on six stages—Apple Auditorium, Appleseed, Bluegrass Hollow, Cider Barrel, Cortland Circle, and Rockin' Apple—with music of all genres included—Bluegrass, Country, Rock and Roll, and Celtic. In the Exhibition Area view the Native American Dancers and listen and learn at Van Wagner's Tall Timber "Lumber Heritage" Program.



The 54th Annual Apple Harvest Festival is a time-honored tradition for many families who enjoy the festival every year. This year, the festival will take place the weekends of October 6 & 7 and 13 & 14. Bring your friends and family for a fun-filled day!

Take a hayride, stop at Kid Country—storytelling, apple pie eating contests, and a petting zoo. Enjoy the Orchard Tours, craft demonstration area, and shop at over 200 arts and crafts vendors. Don't miss the operating steam engine and shingle mill, listen to the hit 'n miss engines, and enjoy the antique autos! Check out the National Apple Harvest Festival Gallery with displays of old-fashioned apple production equipment and past festival memorabilia. The Pennsylvania Apple Queen Contest will be held

Sunday, October 14, at 11:30 a.m. with the Coronation at 2:30 p.m. in the Apple Auditorium.

For more information including the full four-day schedule, food vendors, and to buy tickets online, visit [www.appleharvest.com](http://www.appleharvest.com) or call 717-677-9413. General admission is \$10, \$9 for Senior Citizens 60 and older, \$9 for Military and Veterans with proper ID, and free for children under 12. Parking and shuttle services are included. Please keep all pets at home as they are not allowed on festival grounds.

### FAIRFIELD FIRE & EMS OPEN HOUSE

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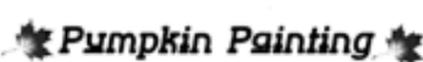


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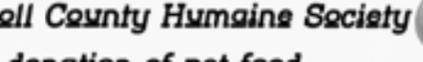
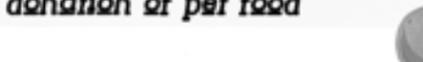


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## WWI NEWS REPORTS FROM THE FRONT

## Germany stands alone



On September 30, facing an onslaught from Allied forces from Greece, Bulgaria accepted an armistice with the Allies, becoming the first of the Central Powers to surrender.

## October 3

## Bulgarian Surrenders To Allies

On Monday, Bulgaria surrendered and has agreed to evacuate all territory she now occupies in Greece and Serbia, to demobilize her Army immediately and surrender all means of transport to the Allies. Bulgaria also cedes control of navigation on the Danube and free passage of Allied troops through Bulgaria for the development of military opera-

tions. All Bulgarian arms and ammunition are to be stored under control of the Allies.

The Bulgarian Army is believed to have the backing of the people and the sentiment of the country is for peace; a peace to be obtained only by separation from the Central Powers. Indeed, the thought of the Bulgarians is believed to have gone further than merely leaving the alliance with Germany and Austria-Hungary, but in actuality joining the Allies.

## Allies Continue Their Push On Western Front

In the last ten days the Western battlefield has seen great changes as the Allies have forced their way through the Hindenburg line. The Germans now are retreating towards the line they held in 1917.

Given fairly good weather, some big changes on the western front may be seen before winter. Under the attacks of the British and French troops, 50 miles of the Hindenburg defense system has been overrun. In the north, the valuable network of railroads in Flanders is rapidly becoming useless, and in the south the French are pressing vigorously west and north of the Rheims.

American regiments fighting in the Hindenburg line have seen some of the hardest fighting of the war. They fought day and night in groups and single-handed, in and out of shell holes. They showed gallantry, self sacrifice and devotion to duty unsurpassed by other troops.

From the instant they leapt from their trenches they ran into snipers and machine guns. German infantrymen, spurred on by their officers, stood up before them, offering hand-to-hand combat. One Brooklyn Regiment took and re-took a knoll three times. The battle swung back and forth with men so close to each other that rifle butts were just as effective as anything else.

On the first assault the Americans rushed forward and suddenly met masses of machine guns, which were camouflaged and held their fire until the Americans were close upon them. The Americans went right on and were on top of the guns before they began firing.

An American Captain was isolated in a shell hole with twelve men while a machine gun nearby poured hot fire into the party. Finally, the captain was wounded and ordered his sergeant to take the men away and save themselves if they could. The sergeant started to carry out the order, but after the men had crawled a few feet on all

fours the sergeant asked them: "I think it is bad to go away and leave the captain. Do you fellows want to go back and stay with him?"

All answered in the affirmative and crept back and rejoined the captain. They fought like wild men and killed with their rifles many of the Germans who tried to reach them. When the party was relieved later the only man not wounded was the sergeant.

The parties of Americans had similar experiences in other shell craters. In many places the Germans found they could not harm them with rifle fire and threw grenades into the shell craters, but the Americans replied in kind and soon cooled the fury of the enemy.

## Germany Facing A Crisis In Affairs

Newspapers now freely discuss grim tidings from the western front, secret from the German people for the past two months, and a wave of what closely resembles hysteria is reported to be sweeping over the country.

It is but a question of time, and probably a very short time, that after the exit from the scene of battle off Bulgaria, when Turkey must follow suit and when Austria-Hungary and Germany will be confronted by an Allied front on the Danube.

It is likely that the Germans will soon encounter an uprising in Romania in sympathy with the Allies, and possible defection of the Ukraine looking also towards extending aid to the Allies. The outrages of the Brest-Litovsk Treaty, by which their liberties were bartered away, is more painfully evident every day to the inhabitants of the Ukraine, it is declared. Once they perceive the possibility of aid from the Allies it is thought that they will seize the opportunity to throw off the German fetters.

From Verdun to the North Sea the Germans are facing the front of steel and fire put out by the Allies, which is steadily forcing them back eastward. For the present, at least, the moving front appears irresistible. It has crushed through the celebrated Hindenburg

line of defenses in many places, so that it cannot be said there is any longer a Hindenburg line except in sections.

The retrograde movement of the Germans is recognized as being far from voluntary, although the reports would seem to seek to give it this impression. They are going back because they are being pushed back. They are leaving behind them such supplies they cannot destroy and large numbers of great pieces of artillery, too cumbersome to move rapidly.

## Kaiser Playing His Last Card

It is supposed that Germany is about to make a new peace proposal disguised under the most attractive Democratic program. With a new name on the roster of the rulers of Germany, the Kaiser could point to them as a realization of his recently announced policy of popular rule, but, it is noted, however, nothing is said, and the recent announcement of the relinquishment of power by the military party or making members of the Cabinet answerable for their conduct of affairs.

In diplomatic circles the belief still continues to prevail that Turkey will capitulate and leave the Central Powers. If that happens, it will be entirely in order to look for a weakening of Austria-Hungary's alliance with Germany. Bulgaria's defection has caused profound depression in Germany that sloshing off another ally would be classified by the Germans as a disaster of first importance.

## October 10

## Advance On Western Front Continues

News from all battlefronts during the past week has continued to be excellent. Since last Saturday three distinct attacks have pushed the lines of the Allies forward to a considerably wider depth.

The Hindenburg line no longer bars the path of the Allies. Its definitive rupture was achieved on the first day of the fighting in the new development towards the north of the great battle now raging on the western front. Two Anglo-Saxon forces won the honor of storming the last remnants of the extraordinary maze of defenses, in some places twelve miles in depth, between Cambrai and St. Quentin. Apart from this achievement, the result of the fighting was notable in that the enemy's losses must have run into tens of thousands.

The Allies are now in open country on the Cambrai-St. Quentin front and are threatening Bohain, an important junction of roads and railways. Once the masters of Bohain, the Allies, should they push towards Guise, would have a clear path before them to the German frontier.

In the Argonne, the Americans have taken positions that threaten the enemy's most important artery of communication and are only eighteen miles away from the railway line, which, once captured, would cut off the German facilities for supplying their troops in the southern sector of the front. West of the Argonne forest, the French, together with the second American division, have driven forward and now threaten the German railway communications in that area.

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## OCTOBER 1918

In the Champagne region, Americans advance on a 25-mile front. The American progress serves also as leverage on the right of the champagne offensive, resulting in advances further west, resulting in the further withdrawal of the German lines.

In Flanders, the Allies have pushed forward over the Hindenburg line and the evacuation by the Germans off the Belgian coast region is continuing. The telephone lines between the frontier and the coast were being taken down. The stores of materials at Knokke, near the coast, five miles from the Dutch border, have been set on fire, and many factories have been mined in preparation for further quick destruction. More than 75 square miles of Belgian territory had been recaptured from the Germans by the operations in the past week.

As part of the occupation, troops would have to choose between capture and flight when the evacuation occurs, instructions have been given to them to escape to Holland in civilian clothes, with the object of avoiding imprisonment and subsequently returning to Germany.

Vigorously pressing the advantage gained by the breaking of the Germans between Cambrai and St. Quentin, the Allies have widened the great wedge in this area to such an extent that the entire German front from Rheims northward seems to be collapsing. The disintegration of this line is being hastened by the vigorous strokes delivered by the French along the Aisne, while further east the German left flank in the active battle area is being hammered hard by other French forces and the American Army in the champagne, Oregon, and Verdun regions.

One million Germans are in full retreat between Cambrai and St. Quentin, with the Allies hot at their heels. At some points the advance of the Allies has exceeded fifteen miles in the past two days. This forward movement of the Allies is regarded as the first that in the great general retreat of the Germans, which now seems inevitable, for it is doubtful whether Gen. Ludendorff has such fortified positions on the upper Oise and Sambre canal to permit him effectively to resist the victory of the last two days on the Allied side.

The four great battles that have been in progress since September 20, from Flanders to the Meuse, were increased to six by the entry into action of General Debeney's men around St. Quentin and General Bertelot's forces northwest of Rheims, and all continue with great intensity.

The endurance the Allies have shown in sustaining with undiminished furor the severe struggle over so extended a front against such formal works surprised the enemy. There are many indications that the Germans expected that exhaustion would have obliged the Allies to stop at the Hindenburg line. The Germans knew where they were to be attacked, but they appear not to have rightly gauged the reserve forces the Allies were to throw into this fray.

Meanwhile, in the Balkans, the Serbians are in contact with the Austrians near Veranye. In Albania, the Austrians are retiring, followed by the Italians in close pursuit.

### Surrender Probable If Allies Stand Firm

A powerful movement apparently is underway in Germany for a general armistice and peace. The new German Chancellor is reported to be in the process of proposing a general suspension of hostilities, and the appointment of ambassadors to meet at a neutral place for the discussion of an armistice.

If the Allies and the United States stand absolutely firm for their program of justice and permanent peace, it is believed here that Germany will soon follow in the footsteps of Bulgaria and surrender unconditionally. There is practically no doubt that she will take this course rather than see the Allied Armies draw near her frontiers. Her sins and crimes are so colossal that she has a deadly fear of vengeance, and anyone who has been with the Armies of the West knows that this fear is far from groundless.

Meanwhile, it is reported that the United States government would not accept any peace proposals from the present governments of Germany and Austria. Germany and Austria may announce until doomsday that they are in accordance with President Wilson's fourteen terms, but it is not words, but action that must guarantee such an acceptance.

## October 17

### Germany Nearer Brink Of Disaster

Field Marshall von Hindenburg has resigned as Chief of the German General staff after a heated interview with the Emperor, in which the Field Marshall declared that a retreat on a large scale was impossible to avoid. Gen. Ludendorff now is reaping the results of the cardinal error he made in thinking that the Allied offensive was bound to be spaced at wide intervals, like his own. The continuity of the attacks has literally dumbfounded the Germans and it is plain that there is vacillation at the grand German headquarters.

For instance, the evacuation of the Belgian coast appears to have been ordered and then countermanded, which justifies the inference that Gen. Ludendorff is no longer guided by purely military considerations, either

from fear of the demoralization effect a large-scale retreat would have in the interior, or the idea that the more territory that remains in his hands the stronger Germany's position will be in its conversations with Washington.

There is evidence that the Germans are preparing to make a strong stand on the Valenciennes line, which now has been reached, at least east of the river Solie, by the Anglo-American forces.

The Germans have to do quick work in the preparations of the Valenciennes line, as it had not been finished for them by the time they were forced to move back to it. This line, which it appears that the Germans intended to hold seems in a general way, according to the best evidence, to run on high ground, east of the river Esciallon. It is obvious that this is only a temporary line. It is known that the military officers that were formally on the Hindenburg line were moved to this line and guns had been seen moving there.

The resistance of the enemy in the whole area has stiffened appreciably this morning; the Germans put down a thin but determined barrage over the entire region. German resistance and artillery fire increased today all along the front. Nevertheless, the advance of the Allied troops continued here as well as to the south.

Notwithstanding the Germans having adopted a defensive line, the attacks by the British and Americans are continuing. It appears that, at the best, this line can only be used by the enemy as a temporary stopping place.

American and British troops captured what was probably the largest enemy ammunition dump ever taken. The shells, piled high, covered a large area. This capture will greatly reduce the quantity of ammunition available to the Germans on this section of the front. Prisoners captured said that they had been ordered to hold on to the last and kill as many Britons and Americans as possible.

It is expected the German resistance will continue and will grow more determined until the first phase of the withdrawal in the Doual sector is completed.

British, Belgian and French forces attacked at dawn on Monday morning on a wide front in Flanders. By



When the war began in 1914, Germany seemed invincible, four years later, with the whole world lined up against it; its days as an Empire were numbered.

the fury with which the attack was launched it is evident that the fighting Armies are not paying the slightest attention to the peace talks. They smashed forward with all those characterized in recent operations. In response, the retreating Germans are blowing up the locks and bridges on canals in Holland.

With the exception of the area north of Douai, there appears to have been a slowing down of the Allied advance during the past couple of days. At no point have the British and Americans swept ahead as they did on Thursday and Friday of last week. This may indicate that the Germans have reached what is known as the Hunding line. This position, while much less formidable, so far as known, then the Hindenburg system is still strong enough to retard the pursuit of the Allies and perhaps hold them up for some time.

### Rumors Ripe About Kaiser Abdication

"The war is coming to an end and in such a matter as no man in Germany desires, said the *Berlin Times* on Monday. "Let us say it candidly," the newspaper continues, "all these terrible four years the aim of our efforts and sacrifice were to prevent such an end." Many papers are indicating that Germany's unconditional surrender is coming.

Some observers believe the Germans will make any sacrifice rather than go through another winter of war with the

Allied Armies at or within their borders, and that the next move in Berlin may come more quickly than is generally expected. The German Army high command believes that the continuation of the war in the present circumstances will bring no good results.

Some German newspapers take it for granted that Emperor William will abdicate. The *Express* says that for some time he has been sending his valuables to Holland. Some editorials expressed the view that the disappearance of the Emperor is immaterial.

Semiofficial information has reached England indicating a desperate political position in Germany. This is even more serious than the military situation and is responsible for the coming debacle. A great civil war is beginning. The Socialists of Germany, fearing that anarchy is about to set in, and desiring to save the country from Russia's experience with the Bolsheviks, have prepared a scheme of government to take the reins if and when the Kaiser abdicates, in order that it may exercise any immediate steadying influence.

## October 24

### Austria Grants Autonomy

The Austrian Emperor has put in motion steps for the organization of Austria on a federal basis. In

continued on page 32

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# WWI NEWS REPORTS FROM THE FRONT



With its Western front rapidly crumbling, Germany's repented offer to negotiate a truce was rebuffed by the Allies who knew a military victory was within sight.

continued from page 31

a statement the Emperor said; "since I have ascended the throne, I have tried to make it my duty to ensure to all my people the peace so ardently desired and to point the way to a prosperous development of intellectual and economic prosperity."

"The parable struggles in the world war so far have made the work of peace impossible. The heavy sacrifices of the war should assure to ask an honorable peace, on the threshold of which, by the help of God, we are today."

"We must, therefore, undertake without delay the reorganization of our country on a natural, and, therefore, solid basis, such a question demands the desire of the Austrian people for harmonization and regionalization."

"I am dedicated to accomplishing this work with the free collaboration of my people. Austria must come in conformity with the will of its people, a Confederate state in which each nationality should form on the territory which it occupies its own local economy."

## Allies Reached Dutch Frontier

Allied forces have captured the whole

of the Belgian coast. Many German columns, numerous guns, and automobiles are reported traveling eastward towards the Holland frontier.

Unofficial reports state that the Belgian coast has been cleared completely of the enemy and that 6,000 German troops have been caught between the advancing Allies, the Dutch border and the North Sea. This force apparently was unable to make good his escape southeastward in the direction of Antwerp, owing to the rapidity of the Allied advance. The allied troops in Flanders have regained 800 square miles of territory in the past four days.

Allied forces are pressing rapidly after the retiring enemy. Zeebrugge, the second and last of the submarine bases on the Belgian coast, was reportedly occupied by the British forces on Monday.

The German retirement in Belgium and northern France is going according to plan and the general movement of the enemy has settled down to a sort of panoramic procession. Whenever fighting takes place the result is Allied pressure on the retreating enemy, who is getting out as fast as he can, while the Allies continue to exact their toll from the

Germans in their hurried flight.

Refugees arriving in Holland from Belgium report that a number of ships carrying German officers and war material were shot to pieces by Belgian troops. The German troops, according to the refugees, are retreating towards Ghent and Antwerp. The evacuation of Brussels by the Germans has already begun.

Allied troops on the front of more than 120 miles from the North Sea to the Oise River are pressing closely after the retiring Germans. The enemy is being given no rest and may have difficulty in holding his supposedly prepared lines when they are reached.

On the north the British, French and Belgians are approaching Ghent, in the center the British are marching on Tournai, while the British, French and Americans north of Oise are threatening the important railway lines south of Valenciennes. In the Argonne, the Americans have improved their positions.

## Hungary Declared As Independent State

Emperor Charles issued a manifesto to the Hungarian people announcing the independence of Hungary. Hungary, the manifesto said, is to have economic independence and will maintain her own Army and her own diplomatic corps.

Meanwhile, it is reported that Hungary intends to ask Allied governments for terms for an armistice. Austria-Hungary is already reconciled to the idea of unconditional capitulation, says a Vienna newspaper; because Vienna is threatened with famine, penny authorities are powerless and laws are no longer enforced.

The German-Austrian deputies in the Austrian *reichsrath* have formed an assembly for the purposes of conducting the affairs of the Germanic people in Austria, issuing a declaration announcing the creation of the German state of Austria.

The German state of Austria will

seek access to the Adriatic Sea, in agreement with other nations. Pending the establishment of a constitution, according to this program, the people may be represented by deputies and constituted as a provisional national assembly. This body will represent the Germans in Austria in negotiations for peace, and will exercise legislative powers.

For some time, the German people in Austria, distrusting the wavering policy of the Austrian-Hungarian Empire and fearing its dissolution or its withdrawal from Germany, were desirous of ensuring their own close unity with the German Empire. The German population in Austria forms the center of Austrian society and is the largest of the many ethnic elements in the kingdom.

Meanwhile, a great demonstration in favor of an independent Hungary occurred in Bucharest on Friday. Thousands of people assembled outside the parliament building and demonstrated in favor of peace. There is no official information here to confirm any of the various interesting rumors coming out of Europe's neutral countries regarding development in Austria-Hungary. Austrian newspapers were publishing announcements that Austria was demobilizing its Army and that Emperor Charles was leaving the country as a first step in abdication.

The conclusion of a separate peace between the Allies and the different nationalities in the Austrian-Hungarian empire is now only a question of time. The Austrian War Minister, speaking at the Army Council, declared that the acceptance of Pres. Wilson's 14 points has proved Austria's readiness to reconstruct the monarchy in a spirit of conciliation and true democracy. He urgently appealed to the delegates to assist the Army administration and the demobilization of the Army.

## Disintegration Of German Autocracy

President Wilson is convinced that the disintegration of the German autocratic government has in fact set in and will proceed with rapid stages to a finale, which will hasten the capitulation of the Central Powers under

the continued pressure of the military forces of the Allies.

The president has counted heavily upon the crumbling of the military rule in Germany as the prerequisite of victory for the Allies and appeasement which will measure up to the demands of the nations opposed to the Central Powers.

The broad fact appears to be, it is said, that the German leaders admit defeat. Heretofore they have breathed consistently a spirit of defiance, to all the powers of earth, and have encouraged their people to stand fast until victory should be achieved. It would now appear to be their conclusion that victory has been arrested from them, and they are beating about for an avenue of escape like a rat in a quarter.

Every move which President Wilson has made up to this time, says the Germans, first giving evidence of a weakening spirit, have been directed to hasten what has been foreseen as the inevitable. Up until now, it has not been possible for the Kaiser to rally the empire about the military party with a cry that all efforts at peace have failed and that the nation must rally upon the sword and die in a last-ditch effort, defending the Fatherland, under his guidance and its continued control of the autocrats.

## October 31

### Hurry Armistice, Central Powers Cried

"Hurry up with this armistice," is the cry of Turkey, Austria-Hungary and Germany, according to all the latest notes now in hand. The text of the American note has been cabled and today came an outline of Turkey's reported appeal for an independent peace.

The two northern nations are prolific and promises of reform along the lines were laid down by Pres. Wilson. Turkey's promises were not set forth in detail; Turkey wants peace, however, and wants it regardless of whatever obligations are laid upon her Allies.

Austrian-Hungarians' profession of willingness to adopt changes which strike at the very keystone of the dual empire's construction, and

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# HISTORY / OBITUARIES



By Oct. 31, with Austria and Turkey officially out of the war, Germany faced its worst fears – defeat.

Germany's malicious shedding of leopard spots almost overnight and frantic assurance of coming democratization, all bear witness to this seemingly imperative demand of the two neighboring belligerents for an immediate cessation of hostilities.

In military circles this is construed to be incited by Germany's necessity of an armistice in order to enable her to move her Armies, guns and munitions back from the territory where they are now threatened by the Allied advance to positions of better security behind last lines of defense.

It is thought that the Germans are willing to promise anything to achieve this objective, and this

accounts for the compliance with what they are regarding Austria-Hungary's defections from the alliance. The one big object of the German high command is believed now to be to save their Armies from further harm and plant them on German territory, where they can be resuscitated and reinforced for subsequent engagements.

The supreme Allied War Council, now meeting in Versailles, is well aware of these considerations, and there is no fear among military men here that any of the peace offensives of the Germans will prevail to enable them to accomplish the desired objective. So the German, Austrian

and Turkish government proposals of peace are received in official circles here with equanimity.

Though the Austrian note goes further than any of the German peace proposals and it asked the president to begin immediate negotiations for peace and armistice without waiting further exchange with Germany, many officials all actively show no signs of the expected break in the alliance of the Central Powers.

### Allies Issue Armistice Terms; Turkey Surrenders

In response to Germany and Austria's request for an armistice, the Allies have issued the following terms:

- Internationalization of the Bosphorus and the Dardanelles.
- The surrender of Austrian warships.
- The right to use Austria-Hungary and their lines.
- The evacuation of Alsace Lorraine and territories that were wrongly occupied in the East and the West.
- The surrender of arms, common munitions and submarines.
- The occupation of fortresses and bridges along the Rhine, Luxembourg and Essen.
- The occupation of Kiel and Hamburg.
- The removal of mines from territorial warders.
- The delivery, as a preliminary compensation for damages, of a part of the enemy's merchant earnings.
- The cessation of manufacturing of war purposes.

Turkey immediately accepted the Allies' terms and an armistice between the Allies in Turkey was signed, officially ending Turkey's participation in the war.

### Germans Discuss Abdication

German newspapers are discussing openly whether the abdication of Kaiser William is necessary to obtain peace for Germany. Public anxiety over the solvency of the empire apparently is becoming acute in Germany.

It is asserted that the arbitrary power of the Kaiser has been

destroyed beyond the possibility of repair. It is also maintained that the changes in the constitution will deal with the suppression of the Emperor's absolute right to declare war, though in the government proposal it is said that the Kaiser can declare war single-handedly in case Germany is attacked.

Now the people of Germany are asking what the Kaiser's position will be after the war when reform has passed over the country. It is said that the Emperor is deeply worried over the prospect of becoming, as he says, a mere figurehead. Nobody in Germany

cares what the Kaiser thinks about.

It is not supposed that the Hertzollern dynasty can remain in power long after the royal powers have been curtailed. There is even much discussion as to the next sovereign. One thing is sure - the Kaiser is no longer master of Germany. Parliament, which remains united, will sooner or later place before him the choice; accept the new order of things, or go.

*To read past editions of News Reports From the Front visit the Historical Society section of Emmitsburg.net.*

## Kenneth Warner Keilholtz, Sr.



Kenneth Warner Keilholtz, Sr., 85, of Walkersville, died peacefully surrounded by family on Saturday, September 8, at Kline Hospice House in Mount Airy.

Born on March 26, 1933 in Gettysburg, he was the son of the late Maurice and Beulah (Long) Keilholtz of Emmitsburg. He was the husband of the late Beverly Joan (Miller) Keilholtz with whom he shared 50 wonderful years.

Ken was a veteran of the U.S. Navy serving his country for 20 years, retiring as a Chief Electrician's Mate. After retiring from the Navy he worked at Eastalco and as a facilities maintenance manager for the Frederick Cancer Research Center.

Ken was a member of St. John's Lutheran Church in Creagerstown. He was active for a number of years with Frederick County 4-H.

Surviving are sons, Kenneth Warner Keilholtz, Jr. and

wife Cathy of Yardley, PA, and Keith William Keilholtz of El Mirage, AZ.; daughter, Kay Lynn Schaller and husband Steven of Emmitsburg; 7 grandchildren; 1 great-grandson and 2 more on the way.

Ken was preceded in death by brothers John W. Greta, Clifford O'Dale and Sterling Dillar Keilholtz; daughter Kathy Lou Williamson and son Gregory Alan Keilholtz.

Ken is fondly remembered by special friend Wilma Fogle of Thurmont, and family friend Ronald Williamson of Fairfax, VA. He is also remembered by Sister-in-laws Zoe Aler of Towson, Deanna Lewis of Little River, SC and Mildred Keilholtz of Polk City, FL; and Brother-in-law David Zentz and wife Gloria of Frederick.

A graveside service with military honors were held on September 22 in Creagerstown Cemetery, 8619 Blacks Mill Rd., Thurmont, with the Rev. Virgil Cain officiating.

Arrangements have been entrusted to the Myers-Durbo-raw Funeral Home in Emmitsburg.

In lieu of flowers, memorial contributions may be made to the Kline Hospice House, 7000 Kimmel Road, Mt. Airy, MD 21771. Expressions of sympathy may be made to the family at [www.myersdurborawfh.com](http://www.myersdurborawfh.com).

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## MOM'S TIME OUT

# Students who are involved – succeed!

Mary Angel

When my first child (a boy) started high school I was extremely nervous. I was nervous about them making friends, the drama, the class load, drugs, and so much more. When my second (also a boy) started high school I was still nervous, but nowhere close to the first time. I figured I would be good by the third. I was wrong! The third you see was a girl, so you have to add in a heaping cup of hormones to the recipe. By now I had, however, discovered a hidden gem, a little secret if you will. My secret weapon to starting high school off right was to get the children involved ahead of time. More specifically my children all joined marching band.

I had been told by many parents, teachers, and administrators that students who were involved in things (we will keep it generic for the sake of this article) had a much better high school experience. The truth is I only have one really athletic child and two book worms/theaters and an extreme introvert. When I heard "get your kids involved" I wasn't sure what that was going to look like. Luckily my first son's freshman year they needed some actors to play spies in the marching band show. Well, not only does my son love to act but he also loves a good spy thriller. That was the start of a beautiful thing. He made connections and built friendships that lasted throughout his four years of high school and beyond. The next year they didn't need an actor so he picked his trombone up and went to the head of the band and said, "I would like to give it a try." One of the awesome things about our marching band is that

everyone is welcome, regardless of experience or skill. Someone will help you, whether it is the marching band leader, one of the instructors, or another student.

When my second son was in eighth grade he decided he would start high school off with marching band as well. We found out, through my older son, that the percussion section had what was called "Spring Training". Once a week starting in January or February, the percussion instructor would invite any child who wanted to try out a percussion instrument to join them for practice. He didn't care what your experience level was as long as you had an interest. So, my son started marching band in the pit, which are the instruments that don't march but are positioned at the front of the field.

The next year he decided he wanted to play a drum, a very large bass drum to be exact. Although it was a true test of his strength and stamina he loved it. He so loved playing the drum that he asked to try the tenor drum set. For those of you who don't know what that is, as I didn't, it is the set that hangs on the front of you and has 4 or 5 individual drums hooked together. I thought he loved the bass drum, boy was I wrong. The tenor drum became an obsession, a really loud obsession in my basement and sometimes marching around the yard. He also made many connections and friendship that have lasted all through high school. Both of my boys have had extremely positive experiences with marching band.

Then it was time for my first daughter to enter high school and we were both nervous and excited at the same time. In

December of her eighth grade year she came to me and asked when "Spring Training" would start. She couldn't decide what she wanted to do, but she was sure she wanted to join marching band because she had seen the positive outcome it had for the boys. Spring Training rolled around in February and she started out by beating a drum and playing a xylophone. By May she had been placed on a bass drum and asked to march in the parade. She was absolutely beaming, until she marched with the drum on and then there was definitely some whining about the weight of it. By the end of September she was in full swing with marching band and high school. She started her year off with a comfort that a lot of kids don't have at that stage of their high school experience. I, for one, attribute it to marching band and the friendships she made. There is nothing that can relax the anxiety of a freshman more than a bunch of upperclassmen simply saying high to them in the halls between classes. Because of her marching band connections my daughter was able to have that relaxation. Don't get me wrong, there are so many more things to be anxious about in high school and when you add in hormones it is a cocktail I don't ever desire to repeat, BUT this small welcoming, comforting step helped make her transition to high school a positive one.

### Emmitsburg High School Alumni Banquet

The Emmitsburg High School 94th annual Alumni Banquet will be held on Saturday, October 20th. All graduates of Emmitsburg High School and all who attended the school at some time are invited. They are asked to seek out classmates and encourage them to attend. Graduation is not a requirement. Teachers of the Emmitsburg School are also invited.

The event will be held at the Emmitsburg Ambulance Center, 17701 Creamery Road in Emmitsburg. Social Hour will begin at 4 p.m., followed by dinner at 5:30 p.m.. The cost for the dinner is \$25. Honored class photos will be taken after the meeting. Anyone that has not received an invitation and would like to attend may call Sam Valentine at 301-447-2507 or e-mail csamv46@gmail.com.

Even my little introvert is considering marching band. She says she will do it because she doesn't feel as many people will be watching her as watch the kids who are marching. She loves to hear her older siblings tell stories about the fun they have, even the stories about all of the hard work grab her interest. Marching band is a total package. Your kids are learning (whether it be music, marching, or how to work as a team), they are required to push through grueling weeks of band camp (actually overheard several coaches say that the marching band works harder than their

teams), and as I have said over and over they are building friendships through it all. I don't know if every school works like this, but I can't say enough about the amazing affect marching band has had on my kids and my family. I just want to close by saying thank you to all of the Francis Scott Key Band instructors who give so much of their time and effort to making this an amazing program for these kids!

*To read past editions of Mom's Time Out, visit the Authors section of Emmitsburg.net.*



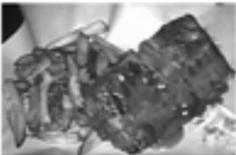
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# Pumpkins and spice

Carol Cogliano  
Hollabaugh Bros., Inc.

Has it hit you yet? Fall has arrived, hand along with it, everything pumpkin-flavored! Our society has become quite obsessed with “pumpkin spice” flavored products. From your favorite coffee/latte, to breath mints and hand soap...you can't avoid it! However, if you're like me, you still enjoy the pumpkin classics: pumpkin pies, roasted pumpkin seeds, and pumpkin rolls. The pumpkin craze is a craze for a reason – we love pumpkin, and it gets us into the fall season, welcoming cooler temperatures and savory comfort foods that help us feel cozy and warm.

Pumpkins are a member of the Cucurbitaceae (cucurbit – hard “k” sound) family, which also includes squash, gourds, cucumber, zucchini, and all kinds of melons - watermelons, cantaloupes and honeydews. (Fun fact: You can't plant pumpkins too close to other members of the cucurbit family, or you will have edible lobes and melons that taste like a pumpkin!) Additionally, it is best to rotate pumpkins from year to year, as opposed to always keeping them in the same ground.

Although pumpkins are grown throughout the northeastern United States, production tends to be concentrated near population centers. Pumpkins are sold primarily for ornamental purposes, especially during the Halloween season. Depending on the variety grown, pumpkins are available from late August through October. There are many varieties of pumpkins, just like apples or peaches – and all of them have slightly different qualities. When it comes to preparing pumpkin recipes, people associate sugar or neck pumpkins with the only pumpkin you can use to make a pumpkin pie, but in reality, there are many varieties of pumpkins/squash that cook off good “meat” and make delicious pumpkin pies and other pumpkin baked goods.

Preparing a pumpkin for cooking/baking is relatively easy: Remove the stem and scrape out the inside, discarding the seeds. Cut the pumpkin in half, and place the pieces cut side down onto a foil-lined baking sheet. Rub the skin with canola oil and bake at 375 for about one hour, until fork tender. Allow it to cool, before scooping out the softened pumpkin, and puree with a blender before use.

My grandmother's Pumpkin Ice Cream Pie was one of my favorite desserts as a child. That being said...I can't remember the last time I made it! I'm going to correct that situation immediately, and I invite you to join me in whipping up a treat for your family that is smooth, creamy and cool – perfect to enjoy during these late summer days.

## Pumpkin Ice Cream Pie

Recipe courtesy of:  
Bernice Henderson

### Ingredients and Instructions:

#### Graham Cracker Crust:

1 ¼ cups graham cracker crumbs  
(approximately 15 squares of crackers)  
3 Tbl. sugar  
1/3 cup butter or margarine

Combine crumbs and sugar. Stir in melted butter and blend. Pack firmly in 9” round pie pan. Bake at 350 for 8 minutes. Cool. Pie pan may be buttered.

#### Filling:

1 cup cooked or canned pumpkin  
½ cup brown sugar  
½ tsp. salt  
½ tsp. cinnamon  
½ tsp. ginger  
¼ tsp. nutmeg  
1 quart vanilla ice cream (softened)  
Mix together ingredients. Pour into a chilled graham cracker crust and freeze until firm.

If you are an “online foodie” like I am, searching Facebook and Pinterest for recipes, I'm certain that you have seen a link to the following recipe recently. Everyone who's falling victim to the pumpkin spice craze has been ooh-ing and aah-ing over it for weeks now. These cupcakes are wonderful little bites of pumpkin pie, that you can add a dollop of whipped cream to, for a preview of the slices of pumpkin pie that await you this holiday season.

## Impossible Pumpkin Pie Cupcakes

### Ingredients:

1 cup all-purpose flour  
15 oz pumpkin puree  
¾ cup sugar  
2 large eggs  
1 teaspoon vanilla  
¾ cup evaporated milk  
2 teaspoons pumpkin pie spice  
¼ teaspoon salt  
¼ teaspoon baking powder

¼ teaspoon baking soda  
Whipped cream

### Instructions:

Line a 12-cup muffin tin with paper or silicone liners.

Preheat oven to 350 degrees.

In a bowl, whisk together flour, baking powder, baking soda, salt and pumpkin pie spice.

In a large bowl, whisk together pumpkin puree, sugar, eggs, vanilla and evaporated milk until well combined.

Add in dry ingredients and whisk until no streaks of flour remain and batter is smooth.

Fill each muffin cup with approximately 1 cup of batter.

Bake for 20 minutes and let cool for 20 minutes.

Remove cupcakes from pan and chill in the fridge for 30 minutes.

Top with whipped cream and sprinkle with more pumpkin pie spice or cinnamon on top and before serving.

My husband's Aunt Dianne is famous for her scrumptious pumpkin rolls. Each Thanksgiving, she gifts family members with them (yum!), and up until this past year, I was far too intimidated to try making one myself. Not anymore! Follow this recipe to the letter for a successful - not to mention completely sinful - Pumpkin Roll of your own. Once you master it, you too can make it a homemade gift to friends and family!

## Pumpkin Roll with Cream Cheese Filling

### Ingredients:

¼ cup 10x sugar



Ice cream pumpkin pie

¾ cup flour  
½ tsp. baking powder  
½ tsp. baking soda  
1 tsp. cinnamon  
¼ tsp. cloves  
¼ tsp. salt  
3 eggs  
1 tsp. vanilla  
1 cup sugar  
2/3 cup pumpkin puree  
For the cream cheese filling:  
1 8oz package cream cheese  
1 cup 10x sugar  
6 Tbl. butter  
1 tsp. vanilla

### Instructions:

Preheat oven to 375F. Spray a 15x10 jelly roll pan with cooking spray, line with parchment, and then spray parchment with cooking spray.

Whisk together flour, baking powder, baking soda, cinnamon, cloves and salt in medium bowl until combined. In a large bowl using an electric mixer, beat eggs and granulated sugar on medium speed until thick. Add in vanilla and pumpkin, and beat until combined. Stir in flour mixture until

just combined. Spread evenly into prepared pan.

Bake for 13-15 minutes or until top of cake springs back when touched. While cake is baking, lay thin tea towel flat on the counter and dust generously with 10x sugar. When the cake is done, immediately loosen and turn cake over on to prepared towel. Carefully peel off paper. Roll up cake and towel together, starting with the narrow end. Cool on wire rack (or in fridge) completely.

When ready to add filling, carefully unroll cake and remove the towel. Spread cream cheese filling (recipe in step 5) evenly. Immediately re-roll cake. Wrap in plastic wrap. Slice to serve.

For cream cheese filling: In a large bowl using electric mixer, beat cream cheese, 10x sugar, butter, and vanilla extract until smooth.

Hollabaugh Brothers is located at 545 Carlisle Road, Biglerville, PA 17307. Visit [www.hollabaughbros.com](http://www.hollabaughbros.com) for a full listing of their upcoming events and classes or call 717-677-8412 for more information.



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# LIBRARY NEWS & EVENTS

## Blue Ridge Free Library

Monday - Story Tour starts tonight at 4:30 p.m.. It will be immediately followed by Legos and Wee Build Imagining until 5:30 PM.

Wednesday - Coffee club in the community room from 4 - 5:30 p.m.! Mingle with the gang for coffee, tea, puzzles, board games, coloring books, etc. Food donations appreciated.

Wednesday - VITT night. The community room is reserved for teen use from 6 -7:30p.m. Just hang out or play Wii, play board games, do puzzles, eat snacks, watch movies, make movies, etc.!

Saturday - Join us at 10:30 a.m. for Story and Craft Hour and all of its festivities! What could be better than a great book and a fun craft?

## Upcoming Special Events

It's Sherlock Holmes month at the Blue Ridge Summit Free Library! We will be showing the movie "Young Sherlock Holmes", rated PG-13, at 6 p.m. on Oct 1st for the first edition of Monday Movie Madness.

Scherenschnitte class returns with Bill Hammann from 6 - 7 p.m. on Oct 2nd. All ages are welcome. If you have participated before, please bring your knife and board.

American Craft Week is Oct. 7th-13th. Please join us on Oct. 10th,

11th, and 12th for make and take activities for all ages.

Monday Movie Madness at Blue Ridge Summit Free Library starts at 6 p.m. on Oct 15th. We will be showing "Sherlock Holmes."

The Summit Stitchers Quilt Club is meeting at 5:30 p.m. on Oct. 16th. New members and new projects are always welcome and any skill level may attend.

On Oct 18th the Dining Car Food Club will be meeting at 6 p.m. with food to sample in celebration of Oktoberfest!

Monday Movie Madness on Oct 22nd starts at 6 p.m. We will be showing the movie "The Seven-Per-Cent Solution."

The Doghouse Sessions are hosted by Zero the wonder therapy dog from 5:30 - 6:30 p.m. on Oct. 23rd. Zero loves to listen to a good story and is a guru of tranquility for a restless mind.

This Oct. 25th help break a world record at the Blue Ridge Summit Free Library. We will be "reading for the record" at 4:30 p.m. with a special story time.

We will be having a special family movie presentation in honor of Sherlock Holmes month on Oct 25th. The movie "The Great Mouse Detec-

tive", will be shown at 6 p.m. "Basil, the rodent Sherlock Holmes, investigates the kidnapping of a toy-maker and uncovers its link to his arch-enemy, Professor Ratigan."

The Train of Thought Book Club will meet at 6 p.m. on Oct. 25th. This month's topic is "Cats and Bats"..

For the last movie of the Monday Movie Madness Sherlock Holmes edition at we will be showing the movie "Mr. Holmes", on Oct. 29th. The movie starts at 6 p.m. "An aged, retired Sherlock Holmes deals with early dementia, as he tries to remember his final case, and a mysterious woman, whose memory haunts him.

It's a Monster Mash at the library on Oct 31st! Join us from 5 - 6:30 p.m. for an all ages costume parade, table of horrors, and a cupcake decorating contest. Please R.S.V.P. if you want to join the cupcake contest.

We are having a special movie showing of "Hocus Pocus", at 6:30 p.m. on Oct 31st. Happy Halloween!

## Frederick County Public Library

### Emmitsburg Programs

Afternoon Learning Group - October 2, 2 -3 p.m., 9/18: Fall Monoprnt, 10/2: Geology Lab, 10/16: Art Lab, 10/30: Dinosaur Dig.

Preserving Dairy Farm History - October 4, 6:30 - 7:45 p.m., Laurie Savage shares stories from Savage Acres Farm. Sponsored by American Dairy Association North East.

DIY Gingerbread Haunted House - October 20, 1 - 3 p.m., create a super-spooky haunted house in time for Halloween.

Maryland STEM Festival Dinosaur Dig - October 27, 11 to noon, participate in a dinosaur dig, create your own fossil, and more at this interactive dinosaur program.

## Thurmont Programs

Drama Club - October 4 & 18, 5 - 6 p.m, are you interested in theater and building your confidence? Bring your talents to a community drama club.

Couch to 5K Training with Cunningham Falls State Park - October 4, 11, 18 & 25, 5:30 - 6:30 p.m., from beginner to 5K finisher in just eight weeks! Meet at the library for a training run on the Trolley Trail led by a Cunningham Falls Ranger.

On-site at Catoctin Mountain Park: Storytime and Hike - October 5, 11 - noon, storytime followed by a short hike. Meet at Visitor Center, 14707 Park Central Rd, Thurmont.

Fortnite IRL - October 5, 1 - 2:30 p.m., compete in a live action scavenger hunt and Nerf challenge based on the popular game.

Outdoor Hangout - October 5, 3 - 4 p.m., meet at the library and then enjoy nature on the Trolley Trail.

Halloween Costume Swap - October 6, 10 a.m.-1 p.m., have you or your family outgrown your Halloween costume? Participate in our Halloween costume swap for all ages.

Thurmont Friends Book Club - October 15, 7 - 8:30 p.m., hosted by the Friends of the Thurmont Regional Library and open to adult readers in

the community who are interested in discussing books. Contact the Thurmont Regional Library at 301-600-7212 for information.

Ghostly Story and Craft - October 17- 31, 10:15 a.m. - 2 p.m., Read a ghostly story and make a paper ghost to take home.

Pumpkin People Scavenger Hunt - Wednesday thru Wednesday, October 17-31, 10:15 a.m. -5 p.m., find the 12 fall-o-ween costumes that Pumpkin is trying on in the children's room.

Frankentoy - October 17, 6 - 7 p.m., dismantle old toys and reuse the parts to build odd and creepy creations.

Catoctin Forrest Alliance Speaker Series - October 18, 7 - 9 p.m., this preservation program series focuses on topics related to natural resources and history in the local area.

Chess Club - October 20, 11 - noon, stop in to learn, play, or sharpen your skills.

Guardians of the Galaxy I and II Movie Marathon - October 20, 11:30 a.m. - 4:30 p.m., dress as your favorite character and follow trivia clues to find your ticket to the movies.

Curious Minds: Creating Portraits You Love - October 22, 2 - 3 p.m., Thurmont Portrait Photographer Rebecca LaChance shares what influences the creation of her portrait art. She'll provide tips to improve your own portrait photography.

Family Tunes and Tales: Symphony Storytime with Frederick Symphony Orchestra - October 23, 6:30 -7 :30 p.m., FSO musicians perform classical music to beloved stories, followed by a musical instrument petting zoo provided by Music and Arts.

Fright Night - October 25, 6 - 7 p.m., we welcome witches, wizards, warlocks...in fact, all teens, in costume or not! Food, games, music, and prizes.

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# Everything old is new again

Ken Kerr  
Frederick County School Board

What can we do about the high cost of college and post high-school career education? What about the kids who finish college with burdensome debt? Or the kids who don't finish college, but still have college debt? And what about the kids who finish college and can't find a job in their field?

In the summer of 2016, I began my research into possible solutions to these problems. I first looked at home: Texas, California, Florida, Massachusetts, New Jersey, and Chicago, Illinois. These are all big school systems recognized for doing some innovative stuff. They also have excellent universities and community colleges. But I found they are still asking the same questions with no good answers.

Next, I looked overseas to the best education systems in the world: Singapore, South Korea, Germany, Finland as well as Italy, France, and the Netherlands. Here I found some answers, but their systems are so different, that the solutions don't fit our problems. Their high schools do

rigid tracking, they don't have community colleges, and their universities are free.

Then I found the United Kingdom.

The UK has a secondary (high school) system quite similar to ours. In England, where university education was once free, students are now expected to pay fees similar to the cost of college in the US. They struggle with the same problems of teacher shortages, low teacher pay, underfunded schools, and teachers leaving the profession. There is college debt. Students are not completing their university education and can't find jobs. The UK also has trouble filling high-skilled jobs with qualified applicants. Their problems match ours. Their system resembles ours. So maybe their solutions can be our solutions.

I should point out that I wasn't looking to solve every problem for every student. I was looking for a way we can move the needle in the opposite direction. To find a way to help students avoid debt, finish their degree and certificate programs, and find professional employment. I

believe that solution is the Modern Apprenticeship.

You may be thinking—but we have always had apprenticeships. That's true. The skilled trades have had an apprentice system since the Middle Ages. But we have lost sight of that system. For the past two generations, we have been telling our children that if they do not get a college degree, they are somehow less successful than those who do. Still, these apprenticeships are available, and we need to help get interested students connected with interested employers.

Governor Larry Hogan and Labor Secretary, Kelly Schultz, are doing excellent work in this area. While still on a small scale, they are connecting apprentices with sponsor/employers and getting Marylanders good jobs with job security. I'm looking not only to expand these "traditional" apprenticeships, but to expand the scope to include careers that require a college degree.

My research tells me this can work. And we can start working on it in Frederick County and the State of Maryland. Last session the legislature passed the Community

College Promise scholarship. This scholarship, which starts next fall, pays in-state community college tuition to students who have graduated from Maryland high schools or completed a GED within the past two years and for families with income under \$150,000 a year.

We can leverage that scholarship to entice employers to take on a full-time apprentice and apprentice them through college at minimal cost. Part of the apprentice's work week (15 hours) is spent in the college classroom. The other 20-25 hours is spent working alongside an expert in the field. If we have sufficient interest and participation, I am hopeful the Legislature will pass a similar bill to provide the final two years of tuition for students who are Registered Apprentices and have completed the community college portion of their degree.

The completed apprenticeship will result in a fully trained and professionally prepared college graduate, with a four year apprenticeship (on-the-job) experience, who will be fully productive from the first day of post-apprenticeship work.

Estimates from the Center for

American Progress say it costs between \$20,000 and \$30,000 to recruit and train a high-skilled employee who already has a degree. It can also cost as much as \$67,000 to \$90,000 to relocate a new employee according to the Workforce Mobility Association. Furthermore, according to Training Industry Quarterly, it takes as much as two years for a new employee to be fully productive. At \$55,000 a year average professional starting salary, that's \$110,000 invested in a less-than-productive employee. This comes to an investment of about \$207,000 in a new employee who then needs to be retained, or all that investment is lost.

That is far above the cost of taking on an apprentice, customizing their college degree to meet the company's needs, establishing a loyal relationship between apprentice and sponsor, knowing this is a good fit for both, and having a commitment to stay with the sponsoring company for a negotiated period of years.

I still have a lot of details to work out, and I'll be making a full presentation to Frederick Community College and Frederick County Public School in December. I'm convinced this will work. Now I have to convince Frederick County employers.

# What the Board of Education does

Brad Young

With the upcoming election, I thought it would be good to share what a member of the Board of Education actually does before you cast your vote! Many voters are unsure of what are the Board's responsibilities. The Board has many duties but probably the top three are hiring and evaluating the Superintendent, setting the annual budget, and setting policies for the school system. Some typical misconceptions are that we decide bus routes or when school is cancelled for snow. We do not, they're the Superintendent and staff's responsibility!

Our Superintendent, Dr. Alban is responsible for day to day operations of the school system. She has a very tough job with 43,000 students, over 6,000 employees and 67 schools. It is tough to keep everyone happy all the time. The Superintendent has great responsibilities and the Board is responsible for hiring a Superintendent that can carry out the day to day operations and do so efficiently and in the best interest of our students. The Superintendent is usually given a 4-year contract of which Dr. Alban is currently in the 4th year of her second contract. The Board of Education members next year will decide if a third contract will be offered assuming the Superintendent desires another term. On an annual basis, the Board evaluates and reviews with the Superintendent their review and any recommendations.

Our Board is responsible for setting the Operating and Capital Budget for the school system. The operating budget is currently over \$600 million dollars. Approximately 90% of our operating budget is salary and bene-

fits for our most valuable resource, our employees. The other 10% is for operations of the system including supplies, utilities, gas, buses, technology and other items necessary to operate our facilities. Our budget is funded approximately 50% by the state and the other 50% by our local county government. The capital budget is where we pay for new facilities like the new Frederick High School and for important infrastructure projects like roofs, boilers, parking lots and replacing the lights at Catoctin High School. We look at all the needs of the school system and then advocate to the county and state to fund them. The county pays a higher percentage than the state on capital projects. Our school

system and our support staff are always given high praise statewide for their care and maintenance of our facilities!

The third area of responsibility for the Board is setting policies for the school system. Staff uses Board policies to run the school system daily. A policy that the Board recently reviewed was our dress code policy. In the review of this policy we solicited feedback from staff, students, parents, and the public before making revisions. We wanted to know what was working and what was not. We received a great deal of feedback and spent 3 meetings discussing it before changes were made. Typically, most policies are discussed at several meetings before they are final-

ized. We always value public input before making our decision.

There are many other responsibilities that Board members have but I just wanted to give you some insight in to several of the duties that are most important. I've enjoyed working hard

as a Board member these past 8 years. I take the job very seriously and I work hard for every student, parent, staff member and our community to make FCPS be a great school system. I hope that you will consider voting for me for a third term!



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## FOUR YEARS AT THE MOUNT

*This month we have asked our writers to reflect upon the recent abuse scandals in the Catholic Church, and their roles as laypeople in its healing.*

### Freshman Year

#### Back to the basics

Harry Scherer  
MSMU Class of 2022

For believers across the world, the Catholic Church is the Rock of Gibraltar. Since its very institution, the founder of the Church used identical symbolic language to emphasize the permanence of the Mystical Body of Christ on earth. "You are Peter, and on this rock I will build my Church, and the gates of hell will not prevail against it" (Matthew 16:18). Christ promised an indestructible Church, not a constantly stable Church.

It is impossible not to notice the scandals that surround the Rock and those who join him in the Magisterium. Disappointment in the ordained men, found worthy by their predecessors to be members of the diaconate, priesthood and episcopate, strongly lingers in the pews of churches across the world.

The essential thing to remember about these men is that they are not the beginning and end of the Catholic Church. All of them were given the serious responsibility to lead the flock of Christ toward the

heavenly banquet, and through the sins of lust and hypocrisy, some of them have failed. The failures of some, those in whom we put our trust, does not discount from the never-changing status of the Church being the bride of Christ.

With this complete confidence in Christ's revealed love and His unending desire to transfigure our souls, it is time for the Church to go back to the basics. The Church will not be purified and transformed by slamming unflattering photos of Cardinal emeriti on the front of magazine covers. It will not be enveloped in the love of Christ through gossip and endless discussion of the "what" of those tragic events, but on the "why" of those tragic events.

Rather, the Church will be purified by a willing submission of all the faithful to the Church that was founded by Christ. It is our mission to submit ourselves to the Church whose leaders have failed the faithful because they failed to submit themselves to the will of Christ. They did not allow Christ's grace to pervade every niche of their ministry. Instead, they let the lust of the flesh, the lust of the eyes and the pride of life to overcome the

vocation for which they were sent to this Earth.

The laity does not respond to evil with evil. Instead, we "turn over and spill the coins of the money changers and overturn their tables" (John 2:15). We must express our disappointment in some members of the clergy by asking why these events occurred, not allowing a single table of abuse of power to be upright. These were not isolated incidents. There was a systemic abuse crisis, and there is currently a systemic cover-up crisis.

The first "back to the basics tenet" that the clergy and laity must recognize is that we, the Church and her members, are in a constant spiritual battle with the devil. If we don't see that, we have already lost. The Church is in a state of "agony", a time of violent spiritual warfare, as was illustrated by Christ's agony in the garden.

The second is to teach and reteach the history of the Church to young people. If the only exposure that young people have to the Church is the nightly news headline, then we should continue to see a steady decline in participation in the Sacraments and a growing disinterest and animosity for the Church. If the understanding is that the Church is merely a human institution, what

beauty and transcendence lies in the Church's message?

An integral part of the Church's message can be better understood in the writings of the saints. We are not going to be told by the nightly news broadcast that our salvation lies in Christ and His Church; we will just be inundated with allegation after cover-up after abuse. The lives and writings of the saints broaden our view of the Church and the world. The more that we read of the fearlessness of St. Stephen, the intellect of St. Thomas Aquinas, the humility of St. Therese of Lisieux and the love of St. Theresa of Calcutta, the better the members of the Church will be able to comprehend and respond to the failings of our brothers in Christ.

Third, there should be a global mission in the Church to emphasize adoration of the Blessed Sacrament. Mother Theresa said: "People ask me, 'What will convert America and save the world?' My answer is prayer." Internal conversion of Church leadership and total faith that the Holy Spirit will aid that conversion is what is going to turn the Church around. We should be supremely confident that this crisis will be turned into good by the grace of God alone and that the Church will be able to look back at this scandal with revulsion.

In whom else should we put our total trust? The media and public relations committee of the Vatican and United States Conference of Catholic Bishops are not the Alpha and the Omega.

I do not have the qualifications to make judgements regarding how the Church should respond in the media, how priests should respond, and how the Vicar of Christ should respond. At the very least, acknowledgement and public and private practices of repentance are necessary. The "sackcloth and ash" era of the Church might have to be awoken from its medieval chamber, so that the clergy can most humbly express its sorrow for the victims and disappointment in the accused.

Our final hope is that "where sin increased, grace overflowed all the more" (Romans 5:20). We can be sure in the grace that Our Father will give to His Church and the world in purifying the minds and hearts of all those affected by the sin of his deacons, priests and bishops. It is the prayer of the laity that we might acknowledge our current state of agony and that the Church be eager to renew Her message as the Rock of Christ's Word.

*To read other articles by Harry, visit the Authors section of Emmitsburg.net.*

### Sophomore Year

#### As Catholics

Angela Tongohan  
MSMU Class of 2021

Earlier this September, I, along with thousands of other Catholics, was surprised to hear news of sexual assault allegations against multiple members of the Church's clergy. The allegations begin with ex-Cardinal McCarrick, and Archbishop Viganò's accusations that at least two dozen Vatican members were aware of the fact that McCarrick was harassing and sexually molesting minors, but instead of taking action, tried to cover it up, according to USA Today. The article also states that it is believed that Pope Benedict XVI was aware of the allegations and resigned McCarrick to a life full of prayer and rehabilitation, but when Pope Francis replaced Pope Benedict in 2013, he removed McCarrick's suspension and made him one of his most trusted advisors.

As a result, the church has become divided into those who support Pope Francis and what have been considered more liberal views and those who do not. Although the news is surprising, I do not think the Catholic Church should divide into the "liberal Catholics" against the "conservative Catholics". I believe that at a time as dire as this, the Church needs to unify and show support

towards the victims of assault, who have been largely overlooked by the controversy going on in the Church.

Through the dozens of articles I have read in order to inform myself of what is going on in the Church, I have read the names of guilty and accused priests multiple times, but have yet to read the name of a victim. I think this is unbelievable because according to the USA Today report, there are at least one thousand victims.

As a young person, news of sexual misconduct being exposed is nothing new, as it has been a trend lately, especially in Hollywood; however, if there is something that I have learned from reading about these allegations, it is that the focus should never be the abusers but the victims. It is not news that the youth are more open to participating in public rallies and marches. I think, as a young person, we can become more involved in bringing attention to the victims and the victims' stories. I think we can bring attention to the injustices of sexual abuse, not only within the Catholic Church, but everywhere. Whether that be by joining rallies, posting to our social media platforms, or even by giving our respect in our own Church communities, I believe any action to bring attention towards those who were oppressed is beneficial.

It is our responsibility to show

our support for those who were abused and exploited, as a people, as a community, and as a church. Whether we agree or disagree with the politics going on within the Church, we have the ethical responsibility to let the victims be heard and for justice to come to their transgressors.

To be Catholic, I think in its most basic premise, means to love. It means to love God and to love others, even if we may not know who they are. As God does for His kingdom, I believe we should strive for peace, unity, love and justice. This is not the time to get political. At a time like this, as a Catholic community, we need to show our support for the victims and those affected by the single actions of those who do not reflect our Catholic values.

I do not believe that action is reserved for young people. All people have the ability to do something to show their support. It can be anything. It can be as simple as giving the donations of the week to aid the rehabilitation of the victims who have been traumatized and are struggling to recover from the abuse. It can be as simple as praying for them and their recovery. For here at Mount St. Mary's, it could be as simple as organizing an event or a meeting time where we acknowledge those who were abused and discuss the dangers of sexual abuse, how to detect it, and what to do. We can spread the information and teach children and adolescents what to do if

they find themselves in such a horrific situation so that there are no more victims.

When I was younger, I often heard the stereotypical comments or jokes on television about young minors being abused by priests, but it is no longer a joke. It is now a very big reality. As Catholics, although I know that it is easy to point fingers and blame him or her for the problems of the Church, I think we need to recognize that it is not the fault of any single person, but rather our own fault as a whole.

As Catholics, we can no longer turn a blind eye. Because doing so is very anti-Catholic. Jesus taught us that our actions define what kind of person we are. Good actions will bring us to heaven while sinful actions are punished. He never stood by while injustice was happening. And he never left us when we were in times of need. And from his actions, we should understand what we need to do as well.

As a Catholic community we should try to uphold the same values and morals that Jesus Christ did. That means caring for those in our community and supporting those who have been victimized by sin. We should never be deterred by fear from the effects of our actions, especially when our actions are good ones. No matter how small, no matter how little we may be able to do for the victims of assault, any action to show our support, any actions to show that we, as Catholics, will not allow the victims inside our Church to be ignored, to be cast aside; to show that we, as Catholics, will not be distracted by the inner politics of our Church and realize who needs our support shows how much we love. And love, more than anything, is what the victims need.

*To read other articles by Angela, visit the Authors section of Emmitsburg.net.*



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# BEING CATHOLIC IN TODAY'S WORLD

## Junior Year

### To pave the future

Morgan Rooney  
MSMU Class of 2020

After spending my time reading about the abuse that has taken place in the Catholic Church, not just now but for decades and most definitely centuries, I struggle to even begin to describe the emotions that I feel, only imagining what the victims endured and are feeling to this very day and for the rest of their lives. After reading about this and hearing endlessly about it, I felt and still feel an overwhelming amount of disgust, furiousness, heartbrokenness and mostly an overwhelming feeling of disappointment in those who provoked the abuse that took place. For one, it was just a moment of bodily pleasure, yet for another it is an overwhelming event turned into a memory that, unfortunately, will never leave them; a burden that will weigh them down forever because their mind has lost its innocence.

As a child growing up, the Church is supposed to be a place

of peace and love. A child should learn love from their peers and their elders; whether that be other children, their teachers, parents or most certainly their religious leaders. As men of God, these religious leaders hold an important role in the Church: To be role models. Many do a great job and have a strong influence on the members of the Church and elsewhere, through charity, guidance, prayers and sacraments. In my eyes, and I'm sure the eyes of many others are seeing the very same: the men who have committed these crimes and grave sins are not men of God, but only cowards who are not living out the message of Christ's love that the Church teaches. They are only pretending in the eyes of the public, and are selfish behind the scenes, committing disgusting acts to fulfill their own sick desires. A true man or woman of God works not only for the good of themselves, but the good of others by trying to spread Christ's love through action, word and thought.

Of course, we all know that not one person is perfect on this Earth. We all make mistakes

and we all sin every day, including those who are put on in these leadership positions. As perfect as a character may appear to be, he or she will never be flawless, even though it is something we all strive to be. Now, it is our job to learn from these mistakes we have made and try to heal the wounds, no matter how deep, that we have created. As members of the Catholic Church, both young and old, man and woman, it is our job to make our best attempt to heal the deep wounds that were cast onto the most impressionable within the walls of the Church that has had a huge piece of all of our lives.

I certainly would not say that I am in a place to be angry with the Catholic Church as a whole in any way, as it has brought peace, love and comfort into many people's lives. Many individuals, however, have claimed to be of a holy nature, yet wore a mask the whole time, not owning up to any part they may have played in not bringing these cases to justice. Sometimes it is more important to bring injustice to attention to put us in a position to make the world a better place than to highlight the things that are already flourishing.

This is not something we can simply move on from. "Forgive

and forget" is not something that can be so easily said as this is not something that can be forgotten. We, however, can learn from these tragic events just as we learn from our own mistakes and the mistakes of others. That is the moral of many stories which we heard as children. There are so many examples I can think of just off the top of my head: "The Boy Who Cried Wolf", "Little Red Riding Hood", "The Tortoise and the Hare". These stories found their way into most of our childhoods because we learn something from them. We learn from the mistakes made by the characters in each of the stories so that we do not make those same mistakes. Although, most of us reading this are much older than an impressionable child, the stories and the moral messages they witness still apply.

Why do we still speak of old wars when they are filled with so much sorrow? Because we do not want the sorrows of these wars to be repeated in the future. It is important to know how we got to the point we are at now in order to avoid taking any steps backwards. From what we have learned, 50 years from now, these events will be, and should still be in our distant memory with the hope that

they will never happen again. What we want is to create a better world for the generations to come where these injustices do not happen. It does sound like a far-fetched idea at this point, yet it is a goal we all must strive for.

It is important to know that by speaking up against these actions, you likely could be preventing it from taking place in the future. Although I understand that many victims may prefer to stay anonymous, it is important to bring these issues to the attention of the public with the intention of preventing further trauma.

Lastly, we need to make sure to listen to those who have had the courage to come forward. The "Me Too" movement, made known by the media in the fall of 2017, showed the affect that support from community members has in bringing justice to the abusers and the victims. It is our task now to be that community of healing for the injured in our midst. The responsibility is in our hands to pave a better future free of sexual abuse and misconduct.

To read other articles by Morgan, visit the Author's section of Emmitsburg.net.

## Senior Year

### My burden and yours

Shea Rowell  
MSMU Class of 2019

As a young person and member in the Catholic Church, what is there to say? What could words do to heal the breach in trust that the sexual abuse scandals have caused? Many have responded with hope, rightly reassuring the laity that the offending priests and bishops do not represent the majority of loving clergymen who have not only lived without offense, but also work tirelessly to repair the damage done by others. Others emphasize that our faith does not depend on the holiness of priests, but on Christ as our hope and sustenance, to whom we direct ourselves in renewed prayer and devotion.

As a layperson, it is easy to point a finger at the guilty priests and bishops, expecting that the matter will be resolved when they are removed from their clerical offices. While this is a necessary step, we must go further to achieve true healing, acknowledging the responsibility we, laypeople, have for the welfare of our communities. True, the church is not comprised of that handful of priests and bishops who have hurt the vulnerable in their care and hidden their crimes; it is comprised of all of us. All of us, therefore, have failed.

In a homily just weeks after the allegations were exposed, a Norbertine priest in Western Pennsylvania shocked me by saying that each person in the church shares some part of the responsibility for

creating the culture in which such crimes can exist. My first thought was, "How could I be responsible for so much pain and sorrow?" As an individual, I am not; as a member of Christ's flock, however, it is my responsibility and yours to notice our companions when they go astray. The lost sheep, injured, hurt, and mourning, are my brothers and sisters, and I have been blind to their pain.

In the Gospels, Jesus criticizes the Pharisees, the Jewish leaders of the time, for the same failures we have fallen into. A Jew Himself, Jesus did not discredit their faith, their laws, or even the authority of Pharisees as leaders. Instead, Jesus criticizes their priorities: the Pharisees cared more about the appearance of holiness than holiness itself. In the Gospel of Luke, Jesus warns the Pharisees, "Oh you Pharisees! Although you cleanse the outside of the cup and the dish, inside you are filled with plunder and evil. You fools! Did not the maker of the outside also make the inside? But as to what is within, give alms, and behold, everything will be clean for you" (Luke 11:39-40).

This passage speaks to the situation we face today. Instead of caring for others with the true love of Christ, we have turned our focus on our reputations. By hiding the evils which we have committed, we have put forth an image of piety to the world, all the while allowing sin to consume us from the inside. As dark as this seems, there is hope. When Jesus cen-

sured the Pharisees, he gave them a second chance, the opportunity to change their ways. The criticism of Christ here is not a condemnation, but an invitation to accept the redemption of repentance and change.

This is the challenge all Catholics must embrace if the Church is to heal. We must direct our focus, more intensely than ever, to the sacraments that can heal: reconciliation and the Eucharist. Christ is calling us not only to wear our flaws, failures, and scars publicly, but to dedicate ourselves vigorously to repentance. Reconciliation will bear fruit in a variety of ways. First, it is a public admission of imperfection. While the words spoken in confession may never be repeated elsewhere by the priest, the simple act of walking into the confessional testifies to our fallen nature as human beings and the flaws we have chosen as individuals. Second, it is a message of hope. No one walks out of confession in despair, as the sacrament is a fountain of God's mercy and forgiveness. Such an experience unites us to God's love and gives us the grace and inspiration to resume the fight against sin, confident that Christ is beside us on the battlefield. Finally, it allows humility to spur our actions instead of pride. By receiving the sacrament of confession, we admit that the only way we can hope to unite ourselves with Christ is to do what He did: "For our sake he made him to be sin who did not know sin, so that we might become the righteousness of God in him" (2 Corinthians 5:21). We acknowledge our sin, unite it to Christ's redeeming sacrifice, and hope that, through forgiveness, we might spread His goodness.

For all Christians, Christ's teachings are the center of our lives, His life is an example for us to follow, and His death is our only hope to rise. In these times, when sin and evil surround us so openly, we must turn to Christ's precious Body and Blood as the source of our redemption. The sacrament of the Eucharist unites us to Christ and to the community of the faithful – there's a reason we call it "communion!" In Christ, we are united, and we give ourselves to Christ and to each other by receiving the incarnation of His love. Communion is where we go to meet each other in our joys and share the burdens of our sufferings. Communion is where we heal, and where we find

consolation in the pure and personal love Christ has for each of us.

As the members of Christ's Church, we cannot go on without looking at ourselves and acknowledging our own sin and failures. We cannot ignore the pain our brothers and sisters are suffering, and we have a responsibility to take part in their healing through loving friendship and prayer. Today, we are called to repentance; today, we are called to communion. Today, we call out to Christ, seeking now more than ever His healing love and mercy.

To read other articles by Shea, visit the Authors section of Emmitsburg.net.

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## FASHION

# My trendsetting twin sister

Valerie McPhail  
MSMU Class of 2015

It was one of our final nights in Barcelona: as my sister and I walked from dinner in the Gothic Quarter to our Airbnb lofted apartment we passed by a Zara that displayed a mannequin dressed in a bohemian, peasant styled cheetah print dress. In the storefront window it gleamed with electricity: bellying, long and free flowing, the dress stopped us in our path home. But it was a time of night where dreaming of the dress was the only solution to curving a fashion appetite. And as the street posts, dimly lit stores, and neon signs guided us home, we started to talk trend forecasting and then decided to come back to the store and return for that dress at another time.

Even before this experience there were indications of her fashion forward taste. It started with the Naked Wolfe platform shoe. A delivery to our desks at work brought excitement all over my sister's face. She quickly opened the box and walked around the office with her new shoes, showing off the vegan leather custom-made platforms with pride. My initial response believed the fashion to be a premature purchase, way before season appropriate. But now, after personal reflection, I am found wrong. As we enter into this fall fashion season I see more of her fashion favorites anchored in this season's trends.

While my mom speaks fashion to me through the colors of the season, and my youngest sister communicates by means of the up-in-coming yoga labels to engage my curiosity for athletic wear, in no way does my recent fashion considerations reflect that which captivates my identical twin's fashionable taste. But rather the more apparent my plant-based dietary habits weave within my lifestyle, my interest for leather alternatives and sustainable clothing design fascinate me. Besides the notorious Stella McCartney, or the recent, Everlane, there are few brands with grand attention.

Entirely vegan, and leading with passion for cruelty free products since 2007, handbag and footwear label Matt and Nat created their presence through their shop-able website and multi-brand boutiques in the United States, aside from their independent stores in Canada. With two bags ready for check-out in my online shopping cart I find myself gradually committing to like-minded brands that adhere to values that push for the protection of animal communities and practices that leave our Earth unharmed. For what feels like forever, vegan brands remained in the accessories of fashion: handbags and footwear. However, times are changing and the need for ethically charged fashion designs are in demand. In response, Stella McCartney launched a menswear line, and Rooney Mara partners with Sara Schloat and

Chrys Wong to create Hiraeth, an all-American, made in Los Angeles brand that crafts loafers, moto jackets and dresses without silk, leather and wool materials. Such brands that address topics of sustainability and alternative resources are building the future of fashion.

However, my sister and I do not share an identical perspective on fashion. Recent moments spent conversing over fashion with my sister has brought a revelation to how progressively political my perspective on clothing design is entirely opposite to how my identical sister accepts fashion. Her approach to dressing delivers a foundation of a Nike sneaker collection, bangle earrings, trousers and dresses discovered from her Rent the Runway membership. Despite our similarities, she embraces current trends of the season: curiosity for animal printed dresses, obsessions over platform shoes and the pursuit for the coziest shearling jacket all indicate a fashion forward force, although polar opposite, still dear to me.

## Animal prints

There is something undeniably classic about an animal printed fashion. In the visual history of fashion the design rarely changes: a dress shirt, pencil skirt or full-length dress, or even a peacoat made for the colder season. However, the formality of such designs silences polite gestures when paired to a cheetah print. In the world of womenswear the pattern screams with flirtation – the perfect party piece, especially when

worn as a dress, demands attention. When worn for athletic wear the print gives an energetic look to high performance leggings and screams confidence. This season, the cheetah print communicates loudly – boldly seeking attention, causing fashion fanatics to draw close, just as we responded that night in Spain's fashion plaza.

## Sky-high shoes

Recent fancies for the fall platform shoes involve two options: a knee-high leather boot with corked heel or the cowboy boot paired to a country paisley printed maxi dress. Magazine advertisements and fashion advise columns fill visual examples with such outfits. On the other side of the spectrum is a street culture of sneaker heads obsessed with platform sneakers reminiscent of space boots. These sneakers and boots create a dramatic illusion legendary to definitions of cool fashion explained by Instagram celebrities, models and musicians. The space shoes rocketing sky-high levels of height create a cool girl, sleek and sporty style.

## Grizzly bear jackets

More casual than the full faux fur winter coat, or the shearling-accented collar of a motorcycle jacket, a full shearling fleece simulates the coziness of wearing a blanket or resting in a bear hug. The relief of comfort felt when wearing this style is not only easy to pair with different fall trends, but it is an easy fix to completing a fall outfit. Simple to incorporate into everyday fashion, the shearling jacket is the most



A Fall trend: the cheetah printed dress designed by Zara similar to the piece spotted in Barcelona.

approachable high fashion trend of the season.

As we move into a new season this October, I find myself considering a fresh perspective on fashion, and that is how one seeks fashion determines how they receive fashion. In some discovery one may find favor with styles in vain for the season's current trends, while others find admiration for a brand's political agenda. Wherever you find yourself, the important lesson learned about fashion is its power to inspire personal expression.

In personal reflection over moments from conversations with my sister – spent searching the racks at Rent the Runway for a dress to work the next day, or seeing her smile cheek-to-cheek when wearing her platform shoes — her relationship to fashion is completely different than my relationship to clothing. This season she has found resonance with the fall trends: cheetah prints, platform shoes and a shearling jacket and I realize that conversations leading me into fashion week brought me to see that my sister has a trend setting hold on fashion. She caught sight of the trends before they were advised as fall fashion in October's chilly weather. My lingering response has caused me to enjoy how others approach fashion differently than my own personal expression. And although my sister has not fashioned each trend into an outfit together, I imagine the look would create the sight of an over-styled fashion blogger – the three pieces: cheetah printed dress, platform sneakers and a shearling fleece cohesively express who she is.

To read other articles by Valerie, visit the Authors section of Emmitsburg.net.

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COMMUNITY NOTES

# Breast Cancer prevention & treatment

**Kelsey Shupe**  
Frederick Memorial Hospital

If you or a loved one has been diagnosed with breast cancer, it's important to understand how it happens and what steps should be taken. Even if you are cancer-free, it's vital to know how to monitor your breast health and what lifestyle choices can prevent breast cancer. Frederick Regional Health System offers many services to those diagnosed with cancer, those recovering from the disease, and those who want to take preventative measures against it.

**Facts about Breast Cancer**

Unfortunately, breast cancer is a common disease for women in the U.S., second after skin cancer. The term "breast cancer" refers to a malignant tumor that has developed from cells in the breast. Commonly, this type of cancer begins in the cells of the lobules, which are milk-producing glands, or the ducts that drain milk from the lobules to the nipple. Less commonly, cancer can begin in the stromal tissues, which include the fatty and fibrous connective tissues in the breast.

Over time, cancer cells can invade healthy breast tissue and travel to underarm lymph nodes. Lymph nodes are responsible for filtering out foreign substances in the body, and if cancer cells get to the lymph nodes, they have a pathway into other parts of the body.

Breast cancer is an all-encompassing term for cancer of the breast, but there are many types of breast cancer. Additionally, women are not the only ones who are at risk. Men can get breast cancer, too.

Stages of breast cancer are determined by how far the cancer cells have spread beyond the original tumor. Non-invasive breast cancers are classified as Stage 0, where there is no evidence of cancer cells breaking out of the breast where they started. Stage I describes invasive breast cancer, where cells are breaking through to normal surrounding breast tissue. In contrast, Stage IV describes invasive cancer that has spread beyond the breast and lymph nodes into other organs, such as lungs, skin, bones, liver, or brain.

This type of cancer is caused by a genetic abnormality, but not necessarily an inherited abnormality. 80-90% Of breast cancers are caused by genetic abnormalities that occur because of the natural aging process.

**Prevention**

There are steps every person can take to help their body stay as healthy as possible, including:

- Eating a balanced diet
- Maintaining a healthy weight
- Not smoking, or quitting smoking
- Limiting alcohol consumption
- Exercising regularly

While these steps can have an impact on your breast cancer risk, they cannot eliminate the risk.

**Detection: Signs and Symptoms**

According to breastcancer.org, symptoms vary widely or there may be no symptoms at all. This is why it is important to incorporate a breast self-exam into your monthly healthcare routine. Additionally, you should visit your doctor if you experience changes to your breasts.

Sometimes, concerning changes to your breast can turn out to be a non-cancerous condition such as an infection or a cyst. When in doubt, you should always visit your doctor. According to the National Cancer Institute, there are many symptoms associated with breast cancer, including:

- Breast changes. (Change in size or shape of your breast, as well as a change in texture.)
- Nipple discharge. (Discharge can include blood.)
- Weight loss or gain with no known reason.
- Feeling weak or unusually tired.
- A thickening or lump on or under the skin.

While these symptoms may be an indicator of cancer, they can be symptoms of other health conditions. If you have symptoms that last for a couple weeks, it is important to visit your doctor for further testing.

**Demographics**

All women are at risk for breast cancer, and the risk increases as you age. It is estimated that 1 in 8 women will be diagnosed with invasive breast cancer at some point in their lives. The average woman has a 12 to 13 percent risk in developing breast cancer. The National Cancer Institute (NCI) has an interactive breast cancer risk assessment tool that can help you and your doctor find out your risk of breast cancer.

Here are some common risks:

- Age. Breast cancer risk increases with age, and the majority of cases occur in women over 50.

- Age of first menstrual period. Women who had their first period before age 12 have a slightly increased risk of breast cancer due to their longer lifetime exposure to estrogen.
- Family history. Having one or more first-degree relatives who have had breast cancer increases your risk.
- According to NIH, the number of new cases of breast cancer in women was approximately 125 per 100,000 women per year. The number of deaths was approximately 21 per 100,000 women per year. These statistics are based on the 2010-2014 cases. From 2007-2013, 89.7% of women diagnosed with breast cancer survived at least 5 years.

**Treatment and Support: Local Services Available**

The Monocacy Health Partners Center for Breast Care, located at FMH Crestwood, offers many services for people with breast cancer, benign breast disease, and those who are at high risk for developing breast cancer. The team consists of two fellowship-trained breast surgeons, nurse practitioners, nurse navigators, genetic counselors, and social workers who are all dedicated to patient needs and support for the patient's loved ones.

At the Center for Breast Care, all services are located in a single facility, which maximizes convenience and minimizes stress. To learn more, visit [MonocacyHealthPartners.org/breastcare](http://MonocacyHealthPartners.org/breastcare).



**Get ready to Turn Your Pink On!**  
Thurmont's 5th Annual Gateway to the Cure!

Turn on your outside Pink Light every night in October from 6-8 p.m. to support Breast Cancer Awareness and Treatment at Frederick Memorial Hospital via the Patty Hurwitz Fund!

Get your Pink Light Bulbs at:  
Cousins Ace Hardware (215 North Church Street),  
Hobbs Hardware (15 East Main Street), &  
Thurmont Municipal Offices (615 East Main Street).

**PINK LIGHT BULBS ON SALE NOW!**

Proceeds from light bulbs are contributed to the Patty Hurwitz Breast Cancer Fund at FMH/James Stockman Cancer Institute.

**WAYS YOU CAN MAKE A DIFFERENCE FOR BREAST CANCER TREATMENT, RESEARCH & SUPPORT FREDERICK COUNTY**

1. Buy a Pink Light Bulb.
2. Visit the Thurmont municipal offices to purchase Gateway to the Cure t-shirts, pinwheels & tote bags. This year's new item - Gateway to the Cure water bottles!
3. Please visit all of the generous businesses offering promotions. Donations during the month of October go to Gateway to the Cure!

Visit [Facebook.com/ThurmontFirst](http://Facebook.com/ThurmontFirst) and [thurmontmainstreet.com](http://thurmontmainstreet.com) to view all participating businesses and be sure to stop in & help the cause!

**Gateway to the Cure EVENING BENEFIT**  
PRESENTED BY  
*Timeless Trends*  
— « BOUTIQUE » —

Come with a friend and get pampered for the evening! Enjoy delicious food from the Shamrock, and award winning wine provided by Catoctin Breeze Vineyard! Sit back and relax at a reflexology session, enjoy manicures and hand massages, simple skin care, beauty products and essential oils. There will be many free samples on hand as well as door prizes and other Timeless Trends Boutique specials! **Proceeds from ticket sales go to the Gateway to the Cure Fundraiser.**

**FRI, OCT 19TH**  
5:00 PM - 8:00 PM  
**TICKETS \$25**

CATERED BY- SHAMROCK  
WINE TASTINGS- CATOCTIN BREEZE VINEYARD

Purchase your tickets by October 16th from Timeless Trends Boutique or Shamrock.

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**Thurmont 5th Annual Gateway to the Cure**  
Shamrock Pink Tee Shirts\*, our own Pink Coconut Cake\* and Special Pink Cocktails\*

We will also be providing the food at the Timeless Trends Boutique Evening Benefit for the Cure 10/19/18\*.

**Fried Fresh Oysters**  
Dinners & Sandwiches  
Served All Day

\*Portions of the proceeds will be donated to the cause.

ARTS

# Way Off Broadway celebrates 25th season

The Way Off Broadway Dinner Theatre, Frederick's only year-round producing theatre, will celebrate its 25th Silver Anniversary Season with its upcoming 2018/2019 line-up of shows. Kicking off the season will be the family favorite Annie.

With equal measures of pluck and positivity, little orphan Annie charms everyone's hearts despite a next-to-nothing start in 1930s New York City. The little redhead is determined to find the parents who abandoned her years ago on the doorstep of an orphanage that is run by the cruel, embittered Miss Hannigan. With the help of

the other girls in the orphanage, Annie escapes to the wondrous world of NYC. In adventure after fun-filled adventure, Annie foils Miss Hannigan's evil machinations and even befriends President Franklin Roosevelt! She finds a new home and family with billionaire, Oliver Warbucks, his personal secretary, Grace Farrell, and a lovable mutt named Sandy.

The musical is based on the comic strip Little Orphan Annie created by Harold Gray and first published in the New York Daily News on August 5, 1924. Fifty-two years and five days later, Annie and Daddy Warbucks

appeared on stage for the very first time in a pre-Broadway tryout of the new musical at the Goodspeed Opera House in Connecticut. Starring as the street-smart orphan in the premiere production was Kristen Vigard.

After six successful years and 2,377 performances, Annie's Broadway run came to an end on January 2, 1983, taking with it seven Tony Awards including one for Best Musical. Since its premiere, Broadway has seen two revivals of the show -- the first in 1997 entitled Annie, the 20th Anniversary followed by the 35th Anniversary pro-

duction in 2012.

Like Broadway, 2018's staging will be the third time Annie has appeared at Way Off Broadway. The first was in 1997 and then again in 2003. As the most popular family-friendly musical to ever take the WOB stage, it was only fitting for Annie to be a part of the theatre's 25th Silver Anniversary Season.

Way Off Broadway's production of Annie runs through November 3, with performances every Friday and Saturday evening, and matinees on the 1st, 3rd, and 5th Sunday of each month. For evening performances, guests arrive for

dinner at 6 p.m. with the show beginning at 8 p.m. For matinees, doors open at 12:30 p.m. for lunch with the show beginning at 2:15 p.m.. Tickets may be purchased by calling the Box Office at 301-662-6600.

Following Annie in Way Off Broadway's 25th Anniversary Season are productions of Silver Bells, Gilligan's Island – The Musical, Lerner and Loewe's classic My Fair Lady, and the international sensation Mamma Mia!

To learn more about The Way Off Broadway Dinner Theatre or any of its productions, visit [www.wayoffbroadway.com](http://www.wayoffbroadway.com)

# Majestic presents 50 years of Rock & Roll

Jean Grubsek

On Friday, October 19 at 7:30 p.m., Neil Berg will be returning to the Majestic Theater in Gettysburg, PA to present his outstanding show, "50 Years of Rock and Roll"! From the birth of rock 'n roll in the 1940s, through the glory years of the '50s, '60s, and '70s, up until MTV in the early '80s, Neil Berg's 50 Years of Rock & Roll uses fascinating stories and groundbreaking music, with tributes to such important and iconic rock stars/groups/genres as Chuck

Berry, Little Richard, Elvis Presley, Ray Charles, Buddy Holly, Bob Dylan, Frankie Valli, The Beatles, Beach Boys, Motown, Aretha Franklin, The Who, Janis Joplin, Woodstock, Simon & Garfunkel, Carole King, Led Zeppelin, Elton John, Stevie Wonder, Billy Joel, Aerosmith, Linda Ronstadt, Bruce Springsteen, Eagles, Fleetwood Mac, Disco, New Wave, Journey, and others!

Tickets (\$42-\$57) can be purchased at [gettysburgmajestic.org](http://gettysburgmajestic.org), by calling 717-337-8200, or at the Box Office, 25 Carlisle Street, Gettysburg. The Box

Office is open Monday through Saturday, 12-7 p.m. and Sunday, 1-5 p.m. Free parking and roundtrip shuttle service for each performance is available from Gettysburg College's Constitution Parking Lot. Shuttle starts one hour before each performance and is ADA accessible. Metered parking is available at the Gettysburg Borough Parking Garage in Race Horse Alley as well as along Carlisle Street.

The Majestic Theater is owned and operated by Gettysburg College as a cultural treasure for its campus and the community.



If you are a lover of classic Rock & Roll, you will not want to miss Neile Berg's show at the Majestic.

# Gettysburg Dance Center

Dance isn't about the number of pirouettes you can do; it's about moving an audience. And that's what the instructors at Gettysburg Dance Center instill in each of their students as they learn not only the dance moves, but also the performance and art behind them. The dance center, founded in 1997, serves students in Adams County, northern Maryland, and surrounding areas

in a wide variety of dance styles – from classical ballet and pointe to hip hop and modern.

Rachel Smith has owned the center since 2010, but has been a part of its tradition of excellence long before that as a student then teacher. While attending college for dance she taught master classes and worked summers at the center. Later, after a stint in acclaimed Danco II, a division of

Philadanco, a Philadelphia-based modern contemporary dance company that tours national and internationally, she returned to the center as artistic director in 2009. "I realized my love of teaching in college and wanted to come back and share what I learned with my community," said Smith. "Gettysburg Dance Center is exactly where I wanted to be, sharing my experience and teaching current and future generations of dancers. I love what I do."

Smith is joined by a dedicated team of instructors, who have more than 65 years of combined teaching experience. They encourage students – whether attending for fun or preparing for a dance career – to aspire to excel-



Students of Gettysburg Dance Center perform at their annual student production.



For Tickets Call:  
**717-337-8200**  
Visit our website at  
[www.gettysburgmajestic.org](http://www.gettysburgmajestic.org)

## Jessica Lang Dance

Wednesday  
November 14 7:30 p.m.



New York based Jessica Lang Dance's repertoire is rich with stunning movement, compelling visuals and beautiful cinematic composition that will leave you breathless.  
There will also be a post-performance Q&A.  
**Tickets starting at \$32**  
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lence. "Our instruction focuses on technique, performance quality and purity of the art form," said Smith. "We teach our students about the art in dance and how to appreciate it." Students learn in the center's two dance studios, their main location in Gettysburg and a new location in Fairfield borough. They perform in yearly student recitals and at community events, like the annual Halloween and Christmas parades. "Our goal is to help dancers blossom and find their own lifelong love for dancing and the arts."

# Music, Theatre and Art... oh my!

Chloe Corwin  
MSMU Class of 2020

Mount St. Mary's University's fall semester is at its half-way mark which means the Visual and Performing Arts department is in full gear.

Typically October is a preparation period for end of the year showcases and events. Students spend this month working on music, rehearsals, and art pieces anticipating presenting their artistry at the end of the semester. Fortunately, there are still exciting events coming to the Delaplaine Fine Arts Center this month to keep in mind.

The first event coming this month is a costume sale hosted by the theatre subject area on Friday, Oct. 19 from 3:00-5:00 p.m. and Saturday, Oct. 20 from 1:00- 3:00 p.m. right outside the Delaplaine Fine Arts Center to support their productions.

The theatre has acquired so many costume pieces over the years; the costume room is bursting at the seams. Due to last year's success, they are coming back for another sale. The costume sale is sure to include many casual every day clothes along with fun and statement pieces just in time to celebrate Halloween. This is definitely a worthwhile stop for a quick, cheap, and easy Halloween costume.

The second event for October features the art subject area with another exciting art exhibit.

Professor John Nicholas Hutchings will be featuring his collection What We Know in Part in the Williams Art Gallery at the Delaplaine Fine Arts Center starting October 25. The reception for this event will be held from 5:00 -7:00 p.m. that same day with light food and refreshment.

Professor Hutchings describes the exhibit as such, "this new body of work explores the poetic symbolism of writings of Haftarah (prophetic writings) and the revelations given through prayer. This work aims to contextualize a space for an aesthetic experience that reflects the ephemerality of Materia and the permanence of spirit and aims to leave an indelible mark in the memory of one who experiences it."

His artistic style, as he states, "...is a synthesized perception, engraved of into the discourse of art, which allows the viewer's perception to emerge and grants a conscious space for being present in relation to the artwork."

Professor Hutchings has been working carefully on this collection, and students are excited to see what is in store. Opportunities such as these are great for students to connect with a professor they admire and view as a mentor, especially to the young art majors.

The music subject area has no events for this month, but is dil-

igently working on their upcoming events in November and December.

The Wind Ensemble is tackling the remarkable Percy Grainger's Lincolnshire Posy. This includes a six part folksong collection inspired by Grainger's journey listening to folk music in Lincolnshire, England. This collection is said to bring together the best elements of folk music into one place. The event will include two other works, as well as Second Suite in F by Gustav Holst. The Wind Ensemble's performance will be held November 3 at 7:30 p.m.

On November 4 the Mount St. Mary's Chorale, led by Dr. Andrew Rosenfeld, will present Franz Schubert's Mass in G Major, along with Giuseppe Verdi's Pater Noster. Students are working very hard to tackle such iconic pieces and are excited to showcase their hard work.

On December 8, the Chorale and the Wind Ensemble will perform an Advent concert, though the repertoire has not yet been determined.

Finally, the Lab Band led by Dr. Mark Carlson is also working hard to bring together the White Album by the Beatles. The 30 track album from 1968 is challenging, but they are persevering nonetheless.

Senior and three-year lab band member Patrick Collins commented, "Working with eight people to get "Beatles quality" songs is a challenge... one that we are totally up for! The White Album is 30 intense songs (cut down to 20 for our show), and it's a great next step after 2016's Sergeant Pepper's Lonely Hearts Club Band. We are stepping up to the plate and have learned about half the album now. We are super pumped to let people hear what we've been working on! We are all pouring our heart and soul into this, for most of us playing more than two instruments so we are spread all around the album to make it sound great!"

The Lab Band concert is to be held in mid-November, more details to come soon.

Upon reviewing the upcoming events of the department, it

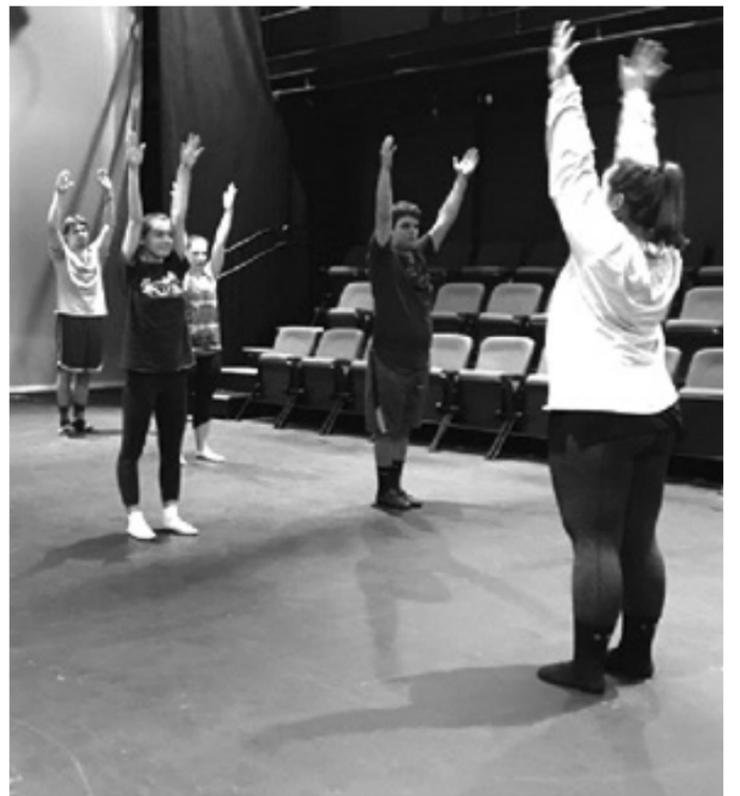
is obvious how much time and effort goes into them. Be sure to attend the above events in the coming months, as they are all great opportunities to experience art while supporting the Mount St. Mary's University's Visual and Performing Arts program and community.

What the Mount's arts program has already accomplished this year has been fantastic. Each subject area had successful events; examples for each are highlighted below.

The theatre subject area hosted Kelsy Rupp for a Jazz Dance Master Class on September 22. Kelsy's presence on campus provides a great opportunity for students, especially those not active in the department. Her credentials include, "...graduate of The Radford University Department of Dance B.F.A program, is a teaching artist, choreographer, and dancer located in Williamsport, Maryland. Kelsy is currently adjunct faculty with the Hagerstown Community College Dance Department and Mid-Maryland Performing Arts Center in Frederick, MD. She is currently a company member with DanceWorks" located in Baltimore, MD.

This was her second event on Mount St. Mary's campus; last semester she taught a similar master class in the style of contemporary dance. Students were so pleased with the event, they requested another, and Kelsy provided. Ms. Rupp is a great asset to the Mount's campus and her events unite the campus in a beautiful and exciting way.

Next, the art subject area's Professor Elizabeth Holtry's art exhibit was on display. She captured her audience with the sparkle of the salt images and relaxing color scheme of grays, blues, and whites. Professor Holtry's exhibit included oil on linen and panel pieces, as well as found items that were encrusted in halite. Her artist statement reads, "Holtry's paintings focus on the landscape's [Bonneville Salt Flats in Northwestern Utah] ethereal visual effects... Her aim is to foster environmental awareness and express her fascination with a landscape



Professor Elizabeth Holtry's exhibit in the Williams Art Gallery.

that is harsh, beautiful, and vulnerable." Her exhibit is open until October 4.

Finally, the music subject area had the final event of September with the Heartland Baroque concert titled The Winged Lion and the Unremembered Sea on September 25. The group is comprised of two baroque violinists, Martie Perry and David Wilson, along with declinist Keith Collins, baroque cellist Barbara Krumdieck, and on theorbo, Billy Simms. The group was joined by soprano Molly Quinn at the free concert open to the public in the Horning Theatre. They presented "The Winged Lion and the Unremembered Sea, a program telling the story of Venice with sounds

of its most renowned 17th-Century musical masters, and in the words of famed humorist Mark Twain," according to their concert description. These talented musicians provided an amazing and exquisite experience for everyone who attended.

The Mount St. Mary's University Department of Visual and Performing Arts is located in The Delaplaine Fine Arts Center and can be contacted by phone at 301-447-5308. Like our Facebook page @msmuvpa for more updates, photos, and videos. For more information about the department in general, search for Visual and Performing Arts on the Mount St. Mary's University official website [www.msmary.edu](http://www.msmary.edu).

## Adams County Arts Council Events & Classes

### Special Events

Taste of Germany Dinner & Wine Pairing 10/23/18  
Costume Party 10/26/18

### Month of Lunches – Taste of America w/wine

October 1 – Taste of the Northwest – \$15  
October 8 – Taste of California – \$15  
October 15 – Taste of the Midwest – \$15  
October 22 – Taste of New England – \$15  
October 29 – Taste of Creole – \$20

For more information visit [adamsarts.org](http://adamsarts.org)

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*Stroll*  
**FRIDAY,  
Nov. 9<sup>th</sup>  
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[thurmontmainstreet.com](http://thurmontmainstreet.com)

## LOCAL SPORTS

# Catoctin volleyball season kicks off

Grace Kovalcik

Since the beginning of the fall season, both of Catoctin's junior varsity and varsity volleyball teams have been constantly practicing their technique in preparation for the competition they will face throughout the year. Having already played three well-fought matches, the results have left the girls proud and optimistic for the rest of their season. The teams' determination displayed both on and off the court will take the girls far in their high school athletic careers, and hopefully in the playoffs, too.

The Cougars played their first match of the year at home against Tuscarora. During the beginning of the JV's first set, the girls played hesitantly, because for most of them it was their first high school volleyball game. Nonetheless, as the score increased, so did their confidence and performance. In addition, the girls' communication progressively got better. When the score reached 24-17, Tuscarora only needed one more point to win, but the Cougars scored five points in a row to bring the score up to 24-22. Tuscarora then scored the final point to bring the outcome of the first set to 25-22. During the second set, the Titans put the first four points on the leaderboard. When the score reached 12-14 with Tuscarora in the lead, a timeout was called. Whatever Catoctin's JV coaches Wes Fream and Dave Gadra used to encourage the girls worked, as they came back to immediately score two more points, which tied up the score 14-14. The Cougars fought hard for the rest of the game, never letting Tuscarora pull too far ahead, though the set ended once again with the Titans besting Catoctin 25-22. Despite having lost the match, the girls and coaches were particularly pleased with both the performance and positive attitudes displayed on the court.

Catoctin's varsity volleyball team also played their best game against Tuscarora. The girls experienced

some minor miscommunications at first, however, they worked to improve as a team throughout the rest of the match. In the first set, Tuscarora was the first to score, immediately followed by Catoctin. For the first half of the set, the two teams went back and forth between possession of the ball. Eventually, Tuscarora pulled ahead to win the set 25-17. In the second set, Tuscarora ended up victorious yet again with a score of 25-11. The third set, being Catoctin's most impressive performance of the night, ended with a score of 25-18, leaving Tuscarora winning all three sets. Although the evening match left both of Catoctin's volleyball teams with a loss, the girls went home more motivated than ever to improve their technique.

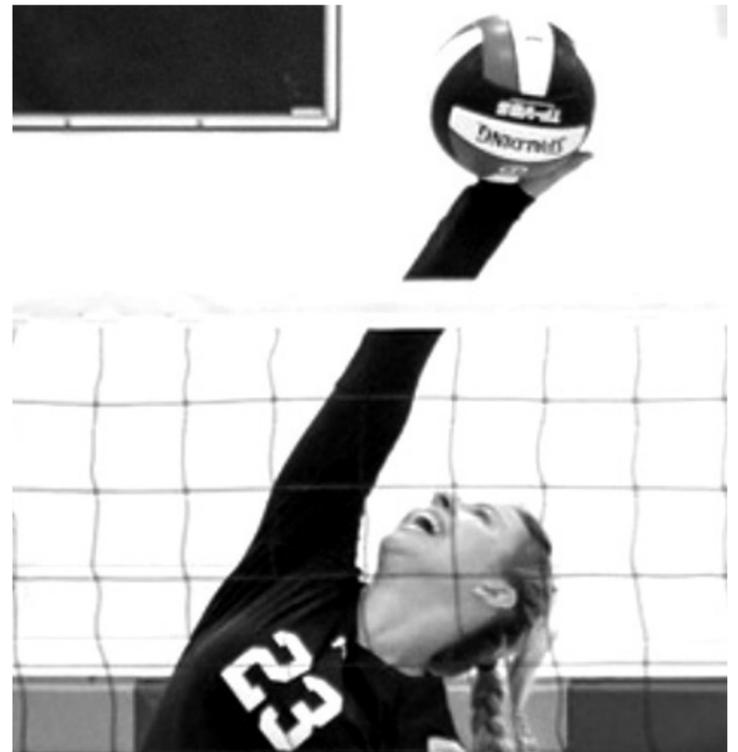
The Cougars' second match of the season took place September 13, at Boonsboro high school. The JV team's first set ended relatively quickly, Boonsboro overcoming Catoctin 25-10. However, after the brief interval that followed the first set, the girls came back onto the court with twice the intensity as before. The competing teams went back and forth for the majority of the game, each determined to win the next point. The set concluded with Boonsboro scoring their twenty-sixth point, as a result of needing a two point advantage. The final set score was 26-24, leaving the overall score 2-0, Boonsboro for the JV match.

Since their last game, the varsity team has been persistently practicing in hopes that their hard work would lead them to triumph. With all of the encouragement and positivity they had been receiving, the girls showed up to Boonsboro confident and hungry for a win. As they had hoped, the team won their first set with a score of 25-13. This first victory led them to win their second set 25-19. During the final set, Boonsboro took the lead with a score of 18-10, leaving Catoctin trailing by 8 points. Nonetheless,

being determined to take home a win, the Cougars managed to catch up and defeat the warriors 25-22. Varsity's first victory of 3-0 sent the girls and coaches home with their heads held high.

Volleyball's third match took place against the Williamsport Wildcats, a team that is very evenly matched against Catoctin. Junior varsity was the first to face the Wildcats, never giving up throughout the entire match. Although they put up a tough fight, Williamsport defeated them overall 2-0. Varsity also played an impressive match against their competitors. Their first set was an extremely close game. Both the Cougars and the Wildcats persisted until the very end where the two teams had been tied up 25-25. Needing a two point advantage to win, the Cougars secured the first set with a score of 27-25. During the second set, Williamsport had the upper hand at first, as Catoctin trailed 12-17. The Cougars then had a 5 point run to tie the score 17-17. By the end of the set, Williamsport won 25-22. The third set was another intense game. When the score reached 24-20, Williamsport being one point away from winning, Catoctin had a four point run, causing a game-changing tie. Despite Catoctin's greatest efforts, Williamsport bested them yet again with a score of 26-24. In the fourth and final set of the match, Catoctin gave their best attempts, but were beat 25-18, with a final score of 3-1, Williamsport.

Despite having lost their first three matches, junior varsity's captains Mee Rae Harding, Aedan Myles, and Merima Mrkanovic, are especially proud of the team's per-



Senior captain Tori Bryant goes to spike the volleyball on the opposing team.

formance. After their first match against Tuscarora, the three sophomores expressed their admiration for their teammates, who they said have really stepped it up. "We were down but we were able to come back, and we almost won both sets," Harding commented, "we definitely have made improvements from last season to this season." The previous season, the JV team had lost to Tuscarora by a significantly larger amount. Having already noticed development within the team, the girls are expecting positive results from future matches. "We're going to have a good season," Myles stated, "once we correct our minor errors, we're going to have a really good team." The girls' main focus in practice, in addition to working

on fundamentals and technique, is encouraging their teammates. "Cheering each other on just gets your adrenaline pumping in practice," Mrkanovic expressed, "that's always what it's going to be like in a game." Through practice and concentration, Catoctin's junior varsity volleyball team believes they should have a successful season.

Overall, the potential that Catoctin's volleyball teams have could lead to greater things for the girls. As they continue to develop individually and as a whole, the victorious future in store for the Cougars becomes more and more likely. Hopefully, Catoctin volleyball will have the successful ending to this season, and future seasons, that they deserve.

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# Fall sports preview

Collin Riviello  
MSMU Class of 2021

The men's basketball team releases their 2018-2019 schedule, men's soccer struggles in their first season back since 2012-2013, and men's and women's golf begin their trek to the NEC tournament. Let's delve into the Mount's sporting news for October!

Back in August, the men's basketball team released the upcoming season's schedule and it features daunting matchups against Big Ten schools Maryland and Minnesota, Big East member St. John's University and ACC member NC-State.

The team comprised of nine freshmen, seven sophomores and one graduate student, will be led by head coach Dan Engelstad who is set to make his first appearance as a Mount head coach in November.

Engelstad, who was the former men's basketball head coach of Southern Vermont College from 2013-2018, is the 22nd men's head coach in Mount history. While at SVC, Engelstad took a program that went 1-24 the season prior and led them to a 16-10 record. Throughout his time there, he led the school to two undefeated conference seasons, two NCAA Division III tournament appearances, two New England Collegiate Conference titles and one Eastern College Athletic Conference Division III New England Tournament championship.

"With our schedule, we want to challenge ourselves year in and year out," said Engelstad. "This year's schedule allows us to compete against some of the top teams around the nation and gives our young and talented group the chance to grow throughout the year. We can't wait to get in front of the Knott Arena crowd to display our brand of basketball."

The team will start off November at home with an exhibition match against Hood College for the fourth time in a row. Afterwards, the Mount will embark on a treacherous four-game road trip against NC-State, Hofstra, Marshall and Maryland on November 6, 9, 14 and 18 respectively.

Last season, NC-State qualified for the NCAA Tournament, while Maryland went to the dance in 2017. The Mount's current record reads 0-8 against the Terrapins.

The home opener will be on November 21 against North Carolina A&T where the Mount has won 71 percent of their season openers since the 2009-2010 season.

On November 25 the Mount will travel to Morgan State and then head to Loyola for the annual rival game the Mount has dubbed "Catholic Clash" on December 1. The Mount holds a 100-73 all-time edge over Loyola and this will be the 174th time both teams have faced off. On December 5, the Mount will travel to St. John's University for their first faceoff since Friday, Feb-

ruary 10, 1928.

The Mount will then host two games starting with Lehigh on December 8. Lehigh beat the Mount 69-63 last season at Knott Arena. Wilson College will come to Emmitsburg on December 15 for their first ever match-up with the Mount, and then the Mount will hit the road to face American on December 18.

The Mount will return to Emmitsburg to host a game against Engelstad's alma mater, St. Mary's College (Md.) on December 22. The last non-conference game will be at the University of Minnesota on December 30.

The Mount will travel to St. Francis (Pa.) on January 3 to start conference play in a repeat of the 2017 NEC Championship game which the Mount won. They will then stay in Pennsylvania to take on Robert Morris on January 5. In last season's NEC Tournament quarterfinals, the No. 7 Colonials upset No. 2 Mount 60-56. Bryant will visit Knott Arena on January 10 and Central Connecticut will visit on January 12.

The Mount will take a two-game road trip to play Wagner and Fairleigh Dickinson on January 19 and 21 respectively. Then on January 24, defending NEC champions LIU Brooklyn will visit the Mount to kick off a four-game homestand: St. Francis Brooklyn, Sacred Heart and Saint Francis (Pa.). Several games later, Robert Morris will visit the Mount for a Valentines Day match. The Mount will end their

regular season with a game at St. Francis Brooklyn on March 2.

In Cross Country news, in the Mount 5K Duals held on August 31, senior Nicholas Fransham finished in third-place overall and first for the Mount with a 15:52.98 time. For the women, junior Madeline Kole outkicked another runner at the finish line for fourth-place overall and first for the Mount with a time of 18:51.56.

The men finished the day 2-2, beating Johns Hopkins 27-28 and Franklin Pierce 17-44, but losing to UMBC 28-29 and George Washington 25-30. The women topped Franklin Pierce 19-39 for their lone win of the day, falling to UMBC 26-33, Maryland 25-33, George Washington 18-44 and Johns Hopkins 18-45.

Both teams will run at the Gettysburg Invitational on October 13 and the Lebanon Valley Last Chance Run Fast Invitational on October 19 before gearing up for the NEC championships at Bryant on October 27.

For the men's soccer team, victory has not come easily. In their first six games, the team has gone 0-4-2. They lost their season opener against Bucknell 2-0 and were blanketed by Rutgers 2-0, but bounced back to earn a 1-1 tie at American. On September 12, the Mount tied for a second consecutive game against Howard, 1-1. A 2-0 loss at home against Army West Point, the alma mater of school president Dr. Tim Trainor, during Family



The new Division I Men's Soccer Team fights hard in its family weekend match against West Point.

Weekend on Sept. 15 dropped the Mount to 0-4-2.

Head coach Bryan Cunningham believes that his team is "doing all the right things, we just have to find the back of the net." Remaining home games will be against Sacred Heart on October 5, Bryant on October 19 and Robert Morris on October 26.

The women's soccer team is unfortunately not faring much better, playing to a 1-5-1 record through seven games. Their lone win came on August 31 against Howard with freshman Maddie Tchou scoring both goals. Like the men's soccer team, the women's team is being led by a new head coach, Tori Krause. The women have three home games in October: Robert Morris on the 5, Sacred Heart on the 14 and Bryant on the 28. The top four teams in the conference will make the post-season.

The men's and women's golf

teams began competition in August and despite the women's team not being able to compete as a team (five members are needed to score as a team, and the Mount has four members), that hasn't stopped them from playing!

The men placed 17th out of 18 teams at the Turning Stone-Tiger Intercollegiate in Missouri in their first tournament since the 2012-2013 season. They shot 81-over for a combined 945.

The women finished competition at the three-day William & Mary Invitational on September 10 with sophomore Olivia Gardenour leading the Mount with a 59th-place finish and a score of 247. Freshman Michaila Chung finished with a score of 262 and sophomore Nicole Voci, who only played rounds one and three, finished with a 214. Both teams will host the Mount St. Mary's Fundraiser Tournament from October 7-9.

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## COMPLEMENTARY CORNER

# Foundations of Chinese Medicine

Renee Lehman

Traditional Chinese Medicine (TCM) is a healing art that originated over 3000 years ago in Asia. It is the oldest continuously practiced medical system in the world. It helps balance your Body/Mind/Spirit. It reawakens your ability to HEAL yourself and has a strong foundational belief that the best cure for sickness is prevention.

In the Nei Jing (an ancient Chinese Medicine text) it is written:

*"Maintaining order rather than correcting disorders is the ultimate principle of wisdom. To cure disease after it has appeared is like digging a well when one already feels thirsty, or forging weapons after the war has already begun."*

—Nei Jing (2nd century B.C.)

At the heart of TCM is the Universal LifeForce, also known as natural vital energy, or Qi (pronounced "chee"). In TCM, it is said that "Everything is Qi (energy), all Qi (energy) has consciousness, and all consciousness has purpose." Therefore, all Qi has purpose.

This Universal LifeForce, or Qi, has several important qualities:

- It is an invisible force like the air around us,
- It has its own movement,
- It moves other things, and
- It carries a special message.

An example of the special message that Qi carries would be how Zinnias know it's time to bloom during the summer. Another example of the special message that Qi carries would be how your body feels when the seasons change from one to another and the body adjusts its internal rhythm. Finally, another example using some

of today's technology would be: a computer is analogous to your body, and the software that is downloaded onto the computer is analogous to the Qi. Yes, you can plug the computer in to a power source, and turn the computer on; however, without the software, you would not be able to write a Word document or create a PowerPoint presentation. The computer needs the "special messages" of the software to produce anything of value!

So, Qi gives your body life! Qi flows through all living things. This Qi flows through the body on specific pathways called Meridians and is essential for health. The Meridians are an invisible network of pathways that connects to each of your organs, and every part of the body. Having difficulty understanding these pathways? Have you ever used a subway system in a city? The subway tracks would be analogous to the Meridians (they are often underground where you cannot see them and connect one place to another). The subway trains that move on these tracks would be analogous to the Qi.

In the Ling Shu (another ancient Chinese Medicine text) it is written:

*"The meridians are described as receiving subtle information from the environment: from stars, planets, from the energy fields of the land and its trees and plants, and from the Qi of other living things."*

—Ling Shu (2nd century B.C.)

When the Qi is balanced, moving smoothly, and in sufficient quality and quantity, health and wellness are promoted (the subway trains running on time). When the Qi is unbalanced or blocked in any way, disease or disease, will occur (the subway trains are running late or are stopped on the tracks). This

disease may show up as symptoms on a physical, mental/emotional, or spiritual level. For example, on a physical level, aches or pains could occur; on the mental/emotional level, someone could experience obsessiveness, indecisiveness, lack of self-esteem, or have a challenging time concentrating. Finally, on a spiritual level, someone could be resentful, live with constant sadness or fear, or have the inability to experience joy. It is important to realize that these symptoms are only the result of an imbalance, and not the illness itself.

*"The twelve meridians control human life, yet they are also the place where disease can live. If disease starts in the meridians, the physician can use the meridians to treat the root cause of the disease."*

—Nei Jing (2nd century B.C.)

Pain and impaired function are signals from the body, mind, and spirit that there is something on the invisible level (the energetic level) within us that needs to be attended to. So, the whole person needs to be addressed and not just the symptoms. The underlying root of disease is addressed rather than just treating the symptoms.

How can the meridian system, the invisible energy network that connects every cell in the body to each other, be used to help an individual remember their own innate



Watch a few online videos of people doing qigong, then watch a cat play 'bat a bird.' Cats are born qigong masters, which may explain why they are always happy.

healing ability? Acupuncture, medical qigong (MQ), qigong meridian therapy (QMT), and a qigong practice can be used to stimulate the meridian system. All of these practices are therapeutic forms of energetic bodywork that have been used for thousands of years. They all address the root cause of a person's complaints. Plus, because the body, mind, and spirit are one, individuals receiving acupuncture, MQ, QMT, or involved in a daily qigong practice often experience a heightened sense of relaxation and well-being.

If you are interested in receiving acupuncture, MQ, or learning qigong, contact Renee Lehman (see contact information below). If you are interested in receiving QMT, contact Michelle Clowe, a Qigong Meridian Therapy Practitioner and a licensed Massage Therapist

with over seventeen years of experience. She sees clients at the Boonsboro Wellness Center and in private practice. Michelle can be reached at 301-523-1238 and clowegirl9@yahoo.com.

*"The whole purpose of Qigong practice is to help you open up, to use your 'Inner-net,' to connect to the unlimited power and the unlimited wisdom of the universe that is called life force."*

—Grand Master Nan Lu

Renee Lehman is a licensed acupuncturist, physical therapist, a LifeForce: Tao of Medical Qigong practitioner, and a Certified Dragon's Way instructor with over 30 years of health care experience. Her office is located at 249B York Street in Gettysburg, PA. She can be reached at 717-752-5728.



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# FITNESS AND HEALTH

## Prep time made easy

Linda Stultz  
Certified Fitness Trainer

Sometimes deciding what to have for dinner is harder than actually fixing the meal. Forgetting to get the meat out of the freezer can add time to getting the meal on the table and we are all busy at the end of the day. Preparing meals on the weekend or a night that you have extra time may help you stick to your healthy eating plan and help ease the stress of making a good healthy meal on a week-night. Preparing the meat and even vegetables on the grill will add flavor and save time by fixing several different kinds at one time and portioning them out for several meals during the week. Having the meals in containers will make it easier to make healthy choices when you really don't feel like cooking dinner. You can pop them into the microwave or the oven and have dinner in no time.

Bagging veggies or fruit ahead of time will also save your healthy eating plan. Having portioned sized bags in the frig will make it easy to grab them on your way out the door to the kids sports practice or game. This way you will not be as tempted to get a snack from the concession stand.

Mornings are a busy time for everyone trying to get out the door on time. Snacks are important to control blood sugar, keep up energy and keep us from eating sugary things that we should avoid. A bag for your favorite fruit or veggies will be just the thing to get you through the afternoon craving and not add inches to your waistline.

I enjoy cooking but sometimes I just want a good meal but don't really feel like fixing it. I prepare what I can and put it in the freezer so it is ready on those busy or just lazy nights. I know garden season is getting over for this year but there are still some cold weather veggies that you could fix in your favorite recipes and put in the freezer. Fresh vegetables are great to use but you can also use frozen ones. Just prepare and cook the meal as you normally would, portion out in containers and freeze. The meal will only need heated up and you are ready to go.

Portioning out all kinds of snacks is a convenient way to help you make healthy choices and saves time in the long run. Look for one day a week when you can cook, bake or put together meals and snacks. It may take you a few hours that day but you will see how much time it saves during the busy week ahead.

I'm always looking for good recipes that I can try and new ways to prepare meals. Today there are so many ideas on social media. Sharing what you like is a good way to get together with family and friends. Maybe cooking together while sharing your ideas would be a good way to connect with the people you would like to spend time with. Have a cooking party once a month and discover new recipes while sharing important quality time with others may keep us closer to those we love.

Share your ideas with me and I will include them in future articles. You can contact me at 717-334-6009 with recipes or time saving ideas. Remember to Keep Moving!



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## ASTRONOMY

# The night sky of October

Professor Wayne Wooten

For October 2018, the moon is last quarter on October 2nd, rising at midnight. The new moon is on October 8th. Right after sunset on October 9th, try to catch a neat string of the crescent moon, Mercury, and rapidly disappearing Venus along the SW horizon; binocs will help for Mercury. The waxing crescent passes north of Jupiter on October 11th, and then close to Saturn on October 14th. First quarter moon is October 16th, and the waxing gibbous moon passes north of Mars on October 18th. The full moon, the Hunter's Moon, in October 24th, but Halloween this year will feature a waning gibbous moon rising about midnight, a little late to treat young stargazers to, alas.

We can see all five naked eye planets in the evening sky early in October, but look fast! Mercury starts appearing low in SW about October 10th, and is just 3.2 degrees south of much brighter Jupiter on October 28th. But the real show is the dramatic changes in Venus's size and phase, as it rapidly passes six degrees south of the Sun into the morning sky on October 26th. As October begins, look for Venus is twilight in SW as a 16% lit crescent, the phase easily noted in hand held binoculars! As she retrogrades between us and the Sun, the planet grows larger, but becomes a thin-



One never fully appreciates what is in the night sky until one looks through the lense of a telescope ...

ner crescent daily. Our featured shot for this month is by EAAA member Gary Wiseman, which shows how the slender crescent will appear in a scope about October 10th in the daytime sky; catching it in the evening will get harder and harder daily, and by month's end, it rises before the Sun in the dawn!

Jupiter in Libra is also getting lost in the sun's glare in the SW twilight, but does have that neat conjunction with Mercury at month's end. It will be lost in sun's glare in November. Saturn is still out in Sagittarius in the SW, but also will be gone by Christmas. Even Mars is fading in the SE in Capricornus, but it will remain in the evening sky well into 2019.

The Big Dipper falls lower each evening. By the end of October, it will be only the three stars in the handle of Dipper still visible in the northwestern twilight. By contrast, the Little Dipper, while much fainter, is always above our northern horizon here along the Gulf Coast.

To the southwest, Antares and Scorpius also set soon after twilight, and will be gone by month's end. East of the Scorpion's tail is the teapot shape of Sagittarius, which marks the heart of our Milky Way galaxy. Saturn lies above of the pour spout now. Looking like a cloud of steam coming out of the teapot's spout is the fine Lagoon Nebula, M-8, easily visible with the naked eye. This stellar nursery is ablaze with new stars and streams of gas and dust blown about in

their energetic births. In the same binocular field just north of the Lagoon is M-20, the Trifid Nebula. Many other clusters visible in binoculars as you sweep northward along the Milky Way, and are plotted on the sky map for the month.

The brightest star of the northern hemisphere, Vega dominates the sky overhead. To the northeast of Vega is Deneb, the brightest star of Cygnus the Swan. To the south is Altair, the brightest star of Aquila the Eagle, the third member of the three bright stars that make the Summer Triangle so obvious in the NE these clear autumn evenings. To the east of Altair lies tiny Delphinus, a rare case of a constellation that does look like its namesake.

To the east, the square of Pegasus is a beacon of fall. South of it lies the only bright star of Fall, Fomalhaut. If the southern skies of Fall look sparse, it is because we are looking away from our Galaxy into the depths of intergalactic space. The constellation Cassiopeia makes a striking W, rising in the NE as the Big Dipper sets in the NW. Polaris lies about midway between them. She contains many nice star clusters for binocular users in her outer arm of our Milky Way, extending to the NE now. Her daughter, Andromeda, starts with the NE corner star of Pegasus" Square, and goes NE with two more bright stars in a row. It is from the middle star, beta Andromeda, that we proceed about a quarter the way to the top star in the W of Cassiopeia,

and look for a faint blur with the naked eye. M-31, the Andromeda Galaxy, is the most distant object visible with the naked eye, lying about 2.5 million light years distant. It is a bigger version of our own Galaxy, which it may collide with about three billion years from now.

Below Andromeda is her hero, Perseus. In his hand is a star most appropriate for Halloween, Algol. This star "winks" at us for six out of every 70 hours, which Arabic astronomers centuries ago found spooky, hence naming it "the ghoul". We know today it is an eclipsing binary system, with the larger, cooler orange star covering 80% of its smaller, hotter neighbor during the "wink". At the foot of Perseus, the hero of "Clash of the Titans" is the fine Pleiades star cluster, the "seven sisters" that reveal hundreds of cluster members in large binoculars. This might be the best object in the sky for binocular users.

Winter will be coming soon, and in the NE we see yellow Capella rising. It is the brightest star of Auriga the Charioteer, and pair of giant stars the same temperature as our sun, but at least 100X more luminous and about 10X larger than our sun. It lies about 43 light years distant. A little farther south, below the Pleiades, orange Aldebaran rises. It is the eye of Taurus the bull, with the V shaped Hyades star cluster around it making the head of the bull. This colorful giant star is only 2/3 as hot as our yellow sun, but 44X times larger and at 65 light years distant, one of the closest of these monster stars.

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## Farmers' Almanac

"The trees are in their autumn beauty,  
The woodland paths are dry,  
Under the October twilight  
the water  
Mirrors a still sky."  
—William Butler  
Yeats (1865-1939)

**Mid-Atlantic Weather Watch:** Fair and mild (1, 2) with heavy rain, storms in the southern part of the region (3, 4, 5); fair and cool (6, 7, 8) with more showers mainly in the south (9, 10). Fair and cool again (11, 12, 13, 14, 15, 16) with yet more showers in the south (17, 18, 19). Cloudy, cool (20, 21, 22, 23) with rain and possibly snow in the north (24, 25, 26); fair and colder (27, 28, 29) with more rain and some snow in the north (30, 31).

**Full Moon:** October's Full Moon with occur on Wednesday, October 24th. The name traditionally given to October's Full Moon is Hunter's Moon because of the extra light it provided many Native Americans who were able to extend their hunt for food into the early evening. It was also referred to as Moon of Falling Leaves and Yellow Leaf Moon and by the Cree Tribe because many of the trees lose the last of their leaves during the month and because of

the many leaves turning that color during October. It also been known the BIG FEAST MOON because of the bountiful harvests and Fall celebrations going on at this time.

**Special Notes:** The 2019 edition of The Hagerstown Town and Country Almanack is now available and can be purchased at many local retail locations throughout the region. For a complete list of where you can buy our 223rd issue, go to [www.almanack.com](http://www.almanack.com) and under Talk to The Almanack, click on Where To Buy Us or you can order online and have your copy shipped right to your door! You should consider becoming a Friend of the Almanack (FOTA) and get immediate access to our online digital version and, as an annual FOTA member, get access to next year's edition as well! A great deal for a great almanac!

Take advantage of the many autumn celebrations across the Mid-Atlantic Region. Check local newspaper for ones to be held nearest you and make plans to attend with the whole family. Many have contests for the best scarecrow or Jack O' Lantern carving. This is a great opportunity to spend quality time with your children and help develop their imagi-

nations and express their creativity (and your own, too!). National Fire Prevention Week in 2019 is October 7-13. Make sure all basic items such as flashlights, fire extinguishers, smoke detectors, and escape ladders are functional and ready to go if needed. Remember to get your flu shots early this year!

**Holidays:** Columbus Day falls on Monday, October 8th and United Nations Day is celebrated on Wednesday, the 24th. Halloween falls on Wednesday, October 31st.

**The Garden:** One last effort at weeding will help to improve the appearance of your garden throughout the winter. Any weed that you can eliminate from the garden this Fall will possibly prevent thousands of weed seeds from sprouting in the garden next Spring! Mulching Fall planted perennials will keep the soil warmer longer, allowing root growth to continue. The longer your house plants were allowed to remain outside in the Fall, the more shock they will go through when they are finally moved indoors. If you haven't brought them in yet, do it now!

### J. Gruber's Thought For Today's Living

"Keeping one's eyes, ears, and mind open but mouth closed often leads to a more thorough understanding of life's problem."

COMPUTER Q&A

# Computers - cost vs. value

Aysë Stenabaugh  
Jester's Computer

At Jester's Computer Services we get asked what people should look for in a new computer when shopping around. We've put together a list of our recommended specifications and brands as well as what to avoid (which can be found on our website [www.jesterscomputers.com](http://www.jesterscomputers.com)) but, the list doesn't give the bigger picture. There is a lot more to consider than just the bells and whistles when it comes to technology.

If your buying for features or the latest and greatest, expect to pay a pretty penny and don't be surprised if your device has some compatibility issues with old hardware and/or software. In a perfect Utopian world everything would work together right out of the box but, with a new computer proper setup and configuration and take some time and patience. Don't be ashamed to call on your local tech for support, we all struggle with new devices!

Is new really the best? We've had customers do all the right research before purchasing their product to try to make sure they were buying a device that was going to last. The problem is though, there is no real way to know how "new" devices will stand against time. All the research in the world won't tell you if a new product is going to have a high failure rate after a year. Unfortunately, it's not uncommon for people to buy a laptop without an extended warranty only to have it fail a month or two out of warranty. Therefore, we can't stress buying an extended warranty enough for devices that come pre-built.

Should I get an extended warranty? A warranty is like an insurance policy, if you buy a new car, you insure your car so that in the event of an accident it can be repaired or replaced. Many stores now offer extended warranties with some of them even covering accidental damage for up to 3 years. Walmart seems to have the best competitively priced warranties for computers with a 3-year warranty being under \$100. Think about it like this, if your going to spend \$600-\$1000 on a computer, would you rather replace that device in a year if something goes wrong or pay an extra \$100 to make sure you are going to get at least 3 years of use out of your device.

Do you really need a laptop? If you're not going to need to move your device around, your better off investing in a desktop than a laptop. Laptop computers have gotten thinner and thinner, some of the newest laptops don't even have removable hard drives or memory chips. That means if one small part of your computer fails you can't replace it you have to replace the entire device or spend

hundreds to have the manufacturers repair your device. If portability is not your primary concern, you can get a whole lot more life out of a well-built desktop than any laptop.

Store bought or custom built? All computers are not created equal! Have you ever wondered why buying a custom desktop is more expensive than the pre-built machines in the store? It's not because of the volume licensing discount that manufacturers get for Windows (although it helps). Your paying less because the quality of the parts inside a pre-built machine tend to be the lowest priced parts that could be found. For example, many times we have replaced hard drives in computers only to find that the slowest poorest quality brand hard drive was installed to begin with. When buying a custom-built machine from a reputable computer repair shop, you should find that the builder had the experience to know what parts work well and last long-term.

If you need help with purchas-



There are two good reasons for a custom built computer - performance and reliability!

ing a new computer visit our website [www.jesterscomputers.com](http://www.jesterscomputers.com) and click on the "computer recommendation" link on the bottom right of the homepage. If you are interested in a fast, reliable custom desktop, at Jester's Computers we can built a machine to meet your needs. Visit us at 5135 Fairfield Road Fairfield, pa. 17320 or give us a call at 717-642-6611 we would be happy to answer your questions!

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# UPCOMING EVENTS

**October 4**

Blessing of the Animals at Mother Seton School, 100 Creamery Rd, Emmitsburg. In honor of St. Francis and his love for animals, we invite you to bring your furry, feathery, scaly, and stuffed friends to be blessed. The ceremony will begin with a brief opening prayer followed by the blessing. All creatures great and small welcome! Visit [www.mothersetonschool.org](http://www.mothersetonschool.org) for more information.

**October 5**

11th Annual "Angels Above" Alumni Golf Tournament at Mountain View Golf Club, 4099 Bullfrog Rd., Fairfield. Whether you're an avid golfer or like to play just for fun, come out and support the annual golf tournament to benefit the Jack and Shirley Little Scholarship Fund for Mother Seton School. Ticket includes lunch, greens fees, cart fee, and dinner. To register for the event, visit [littlemore@littlemore.com](mailto:littlemore@littlemore.com).

Music, Gettysburg! Presents Marilyn Keiser, Organist in sacred music. For more information call 717-339-1334 or visit [www.musicgettysburg.org](http://www.musicgettysburg.org).

**October 6, 7, 13 & 14**

Annual Adams County Apple Festival - See article on page 29 for more details.

**October 6 & 7**

Frederick County Farm Museum Association's Annual Fall Festival. Come out to enjoy home-style food, music, craft vendors, hayrides, tractor pull, and more! For more information call 301-600-1650 or visit [www.recreater.com/31/Events](http://www.recreater.com/31/Events).

37th Annual National Fallen Firefighters Memorial Weekend. The official national tribute to all firefighters who died in the line of duty during the previous year.

**October 7**

Annual Pilgrimage for the Sea Services at the Seton Shrine at the National Shrine of Saint Elizabeth Ann Seton. If you would like to attend, please call 301-447-6037 or email [Rob.Judge@setonshrine.org](mailto:Rob.Judge@setonshrine.org).

**October 8**

The Seton Center invites all employers and job seekers to the 2018 Job Fair of Northern Frederick County at Mother Seton School, 100 Creamery Road, Emmitsburg. Employers wishing to attend may go to [www.eventbrite.com/e/2018-emmitsburg-job-fair-registration-44610350760](http://www.eventbrite.com/e/2018-emmitsburg-job-fair-registration-44610350760) to register. Deadline for employer registration is 12 noon, October 4. For job seekers, this is an open-door event and registration is not required. For more information, please call 301-447-6102 ext 18. Hope to see you there!

**October 11**

Mother Seton School Fall Fun Pre-K Program. Free, ages 2-5. Join us for a morning of fun activities and colorful crafts at our school, 100 Creamery Rd., Emmitsburg. For more information call 301-447-3162.

**October 13**

Frederick County Master Gardeners present "Winter Clean-Up." What's the best way to start next spring's garden? Winter clean-up! To register call 301-600-1595.

Emmitsburg Volunteer Community Clean Up Day. We are meeting at Memorial Park just behind the Post Office at 8:15 for a light breakfast, clean up begins at 9 a.m. until noon. We are planning to pick up and dispose of loose trash and litter from the parks, roads, and alleys in the downtown area. Plastic bags, gloves, and garbage pokers will be provided. This is simple hands-on work that needs to be done to help keep Emmitsburg

a beautiful community. We deeply appreciate everyone's involvement in helping us clean up our Town. If you have a passion for your community and a little extra time, please join us for our Fourth Emmitsburg Volunteer Community Clean-Up Day.

**October 13, 19, 20, 26, 27**

Back from the Dead Cemetery Walk. This Cemetery Walk is an engaging and inspiring dramatization in which martyrs, saints and others "come to life", telling their stories of faith, hope and charity. It takes place in St. Joseph's Cemetery at The National Shrine of Saint Elizabeth Ann Seton. The event is held rain or shine; please dress for an evening outdoors. The walk lasts for about 30-40 minutes.

**October 13 & 14**

Catoctin Furnace Historical Society Fall Festival - For over 50 years, northern Frederick County has shared the glorious autumn colors of its mountains with visitors. Join us for Fallfest in Catoctin Furnace - we will have apple cider pressing on Friday and apple butter boiling, as well as hands-on sand-casting for kids, on Saturday. For more information visit [www.catoctinfurnace.org](http://www.catoctinfurnace.org).

Mt. Tabor Church of Rocky Ridge's Ridgefest at Mt. Tabor Park. There

will be an Apple Butter Boiling demonstration (Sat. only), Food Stands featuring good home-cooked food both days, and Flea Markets.

**October 19**

Grace United Church of Christ Basket, Bags & Cash Bingo Fundraiser. Attendees who bring one canned good for the Taneytown Food Bank will receive a free Senior Jackpot Card. The Bingo will be at the Taneytown Firemen's Activities Building located at 49 Memorial Drive in Taneytown. There is limited seating so please reserve by calling 410-756-2898 or 410-756-2043.

**October 20**

The Adams County Land Conservancy's 20th anniversary Road Rally. The theme is "Super Stops for Super Heroes." Costumes are highly encouraged. The rally features a meandering drive through rural Adams County, highlighting vistas and scenic roads that showcase our beautiful countryside—and leaving participants with a newfound appreciation for the landscape around us. For more information call 717-334-2828 or visit [www.adamscounty.us](http://www.adamscounty.us).

Catoctin Furnaces Spirits of the Furnace - A guided night tour through

the historic Catoctin Iron Furnace and Village, with stops in historic structures and along the landscape. Refreshments will be available at the 1820 Collier's Log house.. 12607 Catoctin Furnace Road, Thurmont. For more information visit [www.catoctinfurnace.org](http://www.catoctinfurnace.org).

Ft. Richie's Annual Fall Craft Bazaar. Visit [www.thefrcc.org](http://www.thefrcc.org) for more information.

Ft. Richie's Speakers' Series - "Inside Camp David". Visit [www.thefrcc.org](http://www.thefrcc.org) for more information.

**October 20 & 21**

Maryland International Collectors Club's 10th Annual Fall Harvest. Enjoy a wonderful day and watch corn harvested with machines from the '40's and '50's, tractor games for tractor owners of all ages, and a Kiddie Pedal Pull on Saturday day, The Cake Auction in on on Sunday, proceeds will go to support Mason Mathews, a local child injured in an accident that is still requiring medical and physical rehabilitation. Come see it all happening at Murphy's Farm 11502 Browningsville Rd. Ijamsville, MD 21754. For more info call Jerry at 301-418-0635 or Joe at 240-440-4403.

**October 22**

Mother Seton School HSA Spaghetti Dinner at Rocky's Pizza in Thurmont. Tickets include unlimited spaghetti, salad, and drinks. For more information call 301-447-2171.

**October 26**

The Adams County Arts Council 2018 Costume Party at the Gettysburg Hotel. The party will feature dance music by the Josh Squared Band, songs from the Rocky Horror Show performed by Gettysburg Community Theatre. For more information visit [adamsarts.org](http://adamsarts.org) or call 717-334-5006 or visit the Arts Education Center, 125 South Washington St., Gettysburg.

**October 27**

11th Annual Harvest Day & Parade takes place "On the Square" in New Oxford, with events that include: craft & food vendors, free kid's activities. Kid's activities will include face painting, pumpkin painting, a bounce house and more! For more information call 717-624-2800.

**ROCKY RIDGE VOLUNTEER FIRE COMPANY**  
 **COUNTRY BUTCHERING & PANCAKE BREAKFAST**  
**Saturday, Nov. 17, 2018**  
**6:00 am - 10:00 am**  
*(In The Activities Building)*  
**Orders Must Be Placed By November 9, 2018**  
**Orders Must Be Picked Up Nov. 17 From 6 - 10 am**  
**To Place An Order Call: Paulette 301-271-4252**  
**Cindy 301-271-4057 Gertie 301-271-4253 Helen 410-775-2758**

**Catoctin Furnace Village**  
**FALL FEST**  
**Fri. & Sat., Oct. 12 & 13**  
**10 a.m. - 4 p.m.**  
 Apple butter boiling, blacksmithing, traditional food, tours and children's activities  
**FOR MORE INFO CALL: 443-463-6437**  
**SPIRITS OF THE FURNACE**  
**Sat., Oct. 20 - 6:30 - 9 p.m.**  
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**For more information contact The Vigilant Hose Co. at:**  
**301-447-2728** or visit [www.VHC6.com](http://www.VHC6.com)




# UPCOMING EVENTS

“Let it Shine Extravaganza” Variety Show - Adults with and without disabilities are the featured performers in this Variety Show. St. John Regional School, 8428 Opposumtown Pike, Frederick. For more information, call 301-433-4304.

**October 27 & 28**

Gettysburg Community Theatre presents - The Rocky Horror Show. Let's Do The Time Warp again! Back by popular demand, our LIVE stage production of the cult classic rock musical that inspired the film The Rocky Horror Picture Show. This show is for mature audiences only and is a BYOB event. Enter if you dare! For more information call 717-334-2692 or visit [www.gettysburgcommunitytheatre.org/](http://www.gettysburgcommunitytheatre.org/).

**Events at Hollabaugh Bros.**

**October 6 & 7, 13 & 14**

Annual Adams County Apple Festival - While the main festival takes place at the South Mountain Fairgrounds just a few miles from the farm, no trip to Adams County would be complete without a stop at the market to stock up on all things apple before heading back home! Enjoy the weekends of the National Apple Harvest Festival, then stop by Hollabaugh's for apple variety sampling, gallons of delicious apple cider, fresh apple baked goods (baked in-house), Fall decorations (mums, pumpkins and more) and our NEW Orchard Scavenger Hunt!

**October 18**

Apples, adult cooking class. To say that we are known for our apples is possibly an understatement! We love apples and at this cooking class, we will share some of our favorite apple recipes and teach you about the wide variety of apples that we have here.

**October 19**

Timeless Trends Boutique's Gateway for the Cure Evening Benefit - Come with a friend and get pampered for the evening!! Enjoy deli-

cious food from the Shamrock! Sit back and relax at a reflexology session, enjoy mini manicures and hand message; sample skin care, beauty products and essential oils. There will be many free samples on hand as well as door prizes and other Timeless Trends Boutique's specials. All tickets are \$25 and can be purchased at Timeless Trends Boutique or the Shamrock. Proceeds will go to the Gateway for The Cure Fundraiser. All tickets must be purchased by October 16! For more informa-

tion call Virginia LaRoche at 240-288-8226.

**October 20**

Fall colors wagon rides. Come out to enjoy the crisp autumn air with your family, aboard the Hollabaugh's wagon. You will be able to view the gorgeous fall foliage, while our guided wagon tour winds through Hollabaugh's beautiful farm and surrounding orchards. When you're done, be sure to stop into our farm market for apples, fresh baked goods and all of the fall decorations needed to make your home beautiful!

**October 27**

Halloween Fun at Hollabaugh's. Join us for family friendly Halloween fun. Featuring Halloween games, wagon rides\*, and crafts, slip into those Halloween costumes and come visit us. Also be sure to join us for a Halloween contest for the kids at 11 a.m. and a parade through the market. No registration required. This event is free. For more information about any of the events at Hollabaugh Bros, call 717-677-8412 or visit [www.hollabaugh-bros.com](http://www.hollabaugh-bros.com).

**FALL FEST CAFE**  
**October 13th - 12 to 5 p.m.**  
 EAT IN or CARRY OUT - St. John's Lutheran Church Parish Hall  
 Menu:  
 Chicken Slippery Pot Pie,  
 Soups: Chicken Corn, Vegetable, Bean  
 Sandwiches: Chicken Salad, Hot Dogs  
 Homemade Pepper Slaw, Baked Goods, Sweet Tea & Coffee  
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**OCTOBER 5th DEADLINE FOR CARRY OUT ORDERS**  
**St. John's Lutheran Church 301-898-5167**  
 8619 Black's Mill Rd., Creagerstown Or Visit Us At: [www.emmitsburg.net/sjc](http://www.emmitsburg.net/sjc)  
 (Take 15 N. or S., get off at Thurmont exit and follow Rt. 550 to Creagerstown.)  
 (Take 194 N. or S., turn onto Rt. 550 at Woodsboro to Creagerstown.)

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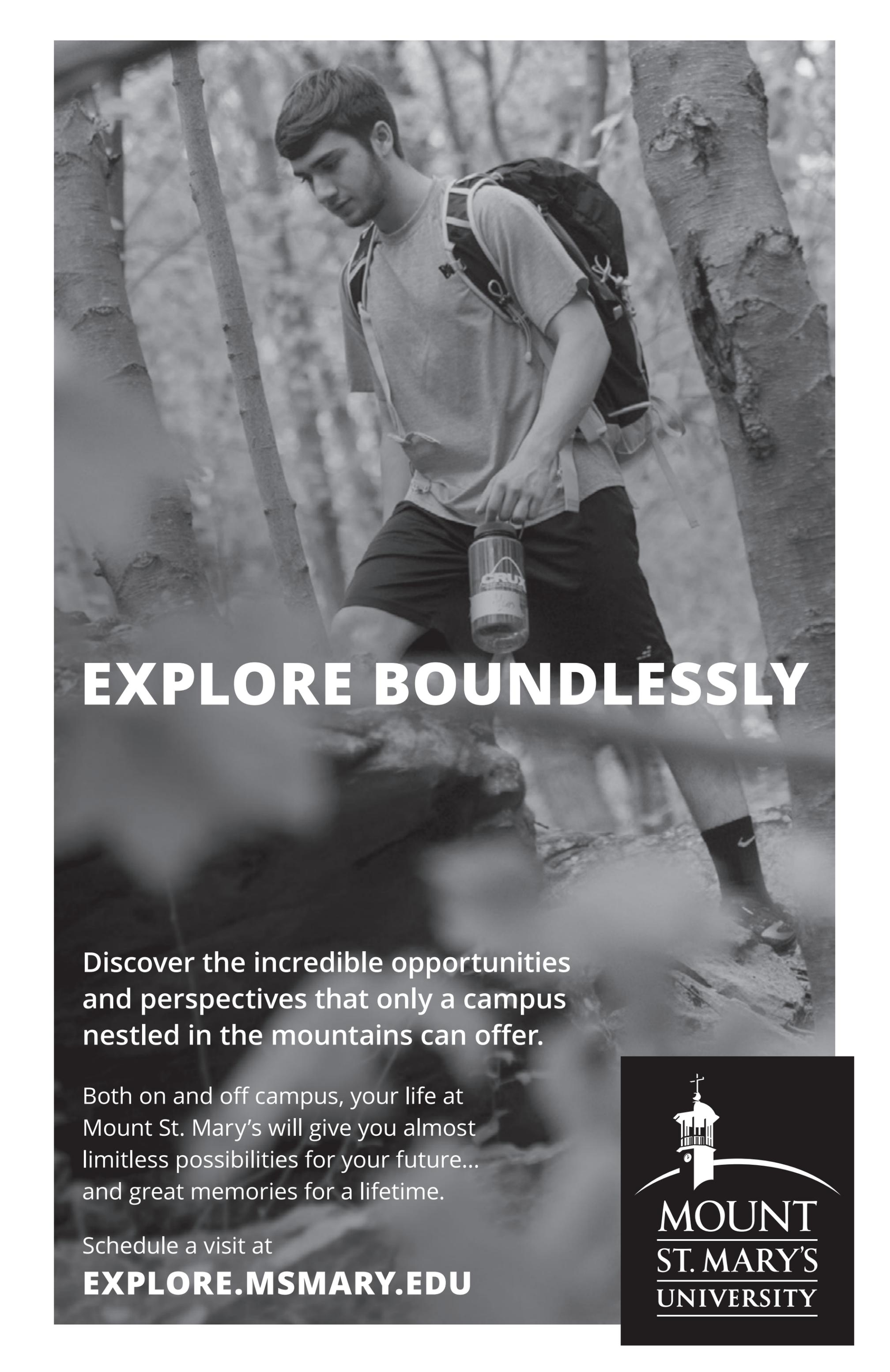
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A black and white photograph of a young man hiking on a trail. He is wearing a light-colored t-shirt, dark shorts, and a backpack. He is holding a water bottle in his right hand and looking down at the ground. The background shows trees and a dirt path.

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