

# Emmitsburg NEWS-JOURNAL

VOLUME 6, NO. 9 • WWW.EMMITSBURG.NET • WWW.MYTHURMONT.NET • WWW.MYFAIRFIELD.NET • SEPTEMBER 2014

## NEWS

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## Scotty's Ride readies to roll

Those who have been a part of Scotty's Ride take great pride in this motto, and those who have not yet experienced the event are encouraged to attend. The 9th Annual Scotty's Ride will take place on Saturday, Sept. 27, as hundreds of people gather to raise awareness and give support to families of children with life threatening illnesses, and ongoing medical financial struggles.

Kerry and Valerie started Scotty's Ride in 2006 in an effort to help offset the medical bills for their great nephew, Scotty Harbaugh, who was diagnosed with an inoperable brain tumor. The initial event became such a success that it is still occurring annually today.

After Scotty's passing in 2007, just one month before the second Scotty's Ride, it was decided that the organization would use the funds raised each year to support the numerous families within the surrounding communities that are overwhelmed with hefty medical bills for their children. "The donations we make are just a Band-Aid compared to the hundreds of thousands of dollars these parents

have to endure," said Kerry Shorb. "Our goal is to help as many children as we possibly can."

The event consists of a "Poker Run" motorcycle ride to raise money for these families. Hundreds of motorcyclists (although all types of vehicles are welcome to ride!) stop at five different locations and everyone draws a playing card at each place. Then three cash prizes are awarded to the 1st, 2nd and 3rd place poker hands.

The stops for 2014 include: Blue Ridge Sportsmen's Association, Mountain House, Gianni's Greenwood Tavern (formerly Bobby A's), Dave and Jane's Crab House, and finally, Kerry and Valerie's house for the after-party, at 11322 Harney Rd. Emmitsburg.

As in past years, the event will be rain or shine, because, as Shorb explained, "No matter what the weather, people show to support the cause."

Scotty's Ride has also been working closely with another charitable organization to raise \$1.8 million to help run St. Jude Children's Research Hospital for a day.

Shorb continued, "Seeing the fac-



Candidate for County Council at Large Bud Otis' infectious smile won the crowds over at the annual Rocky Ridge fair parade. Other candidates participating in the parade included Jan Gardner, Mark Long, Scott Rolle, Lisa Munyan, Teresa Bean and Chuck Jenkins.

es of these children and the parents and listening to their stories really makes the experience meaningful. We hope those who participate know how much they have helped through their support, and how much they're appreciated."

With each passing year, Scotty's Ride has become bigger and better. "It has gone from one child and a one-time event to 30 children and the ninth event, and to date over \$75,000 has been donated," said Shorb. This is living proof of their motto: "In the name of one child, we ride for many."

Riders can register at Jubilee Foods on Sept. 27 from 7:30am to 9:45am. Kickstands go up at 10am sharp, and after the ride, the after-party begins at Kerry and Valerie's house at 3pm sharp, where riders can expect a day filled with great food, music, prizes, and community.

For more information about Scotty's Ride and how to participate (pre-register), or to just make a donation, please visit their new website, [www.scottys-ride.org](http://www.scottys-ride.org).

Help them make the impact of Scotty's Ride grow by joining as a participant, donor, or volunteer.

## It's Pippenfest time again

Thousands are expected to attend the 34th Annual Pippenfest Festival held in Fairfield September 27 and 28, as other organizers prepare for the annual National Apple Harvest Festival to be held in October in Arendtsville.

Pippenfest, named after the pippin (also spelled pippin) apple, is held annually by Fairfield Borough during the last weekend of September, and is organized by the Fairfield Borough Pippenfest Committee.

Featured during Pippenfest weekend this year were yard sales, arts, crafts and antiques, music, automobile and tractor shows, raffles and numerous food vendors offering a wide array of treats and meals.

On Saturday, September 27, there will be a community-wide yard sale event. For those selling, or planning to, there is no permit required to sell.

There will also be "self-guided" walking tours, and free brochures will be available at the event information booth in front of the Fairfield Village Hall, 108 W Main Street. There will also be a quilt show and demonstration in Village Hall.

On Sunday, September 28, there will be crafts, entertainment and

food throughout the borough.

A "Cruise-In Car Show and Swap Meet" will begin at 9 a.m. until 4 p.m., rain or shine, to be held beside the Fairfield Fire Department on Steelman Street.

Entertainment will be provided by: Crystal Grove and Austin Poulson at the Fairfield Inn; by Rainbow Gymnastics, the Fairfield High School jazz band, the Fairfield High School show choir, Zumba demo with Katie, and Dance Dynamics at the fire hall; and by Mountain Air in the Metz's Hardware parking lot.

The "self-guided" walking tours will continue, as will the quilt show and demonstration in Village Hall. There will also be an apple dessert contest on Sunday.

For activity and event times and location information, visit the event web site at [pippinfest.com](http://pippinfest.com).

National Apple Harvest Festival, established in the 1940s, will be held October 4 and 5, and October 11 and 12 at the South Mountain Fairgrounds, 615 Narrows Road, Arendtsville, located ten miles northwest of Gettysburg on Route 234.

Special Attractions will include the apple auditorium and antique cars, steam engine displays, orchard



This year's Pippenfest will be brimming with arts and entertainment from all mediums—music, street performers, pottery, quilts, and crafting!

tours, a petting zoo, craftsman demonstrations, and appearances by Pennsylvania "Apple Queen."

A variety of entertainers have also been booked for the four days of the event. For additional information

regarding this event, including entertainment times, visit the National Apple Harvest Festival web site at [appleharvest.com](http://appleharvest.com).

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## NEWS

## Town considers cluster development

According to the Emmitsburg town, official's residential and commercial representatives have sown an increasing amount of interest in Emmitsburg, although growth is expected to continue to be slow.

Emmitsburg Town Planner Susan Cipperly told the town Board of Commissioners at their July 21 meeting, "There's some hope (regarding growth), and I do get people coming in, developer types sort of kicking the tires a little bit as to what we have available here as far as residential and commercial opportunities."

Regarding the pace of growth in general, Town Manager David Haller said, "It's (slow economic recovery) all over the country."

"Construction and development just isn't coming back that fast," he said. "It's not just here. It's everywhere." Cipperly added, "Some of the houses that have been foreclosed upon are being sold. So that's kind of a good indicator." The discussions of potential economic growth in the town (and through potential annexations) stemmed from a presentation by Cipperly concerning the status of work by

town staff on developing regulations that would foster cluster development.

Many municipal planners are encouraging cluster-type development because it concentrates the construction of housing units into a more consolidated portion of a developing tract of land, thus creating more open, green space. Another attribute often cited by planners is that clustering homes, rather than spreading them out throughout the proposed development, also reduced the amount of infrastructure (such as roads) needed to service the development.

## Emmitsburg to hold Election Sept. 30

Emmitsburg voters will be electing a mayor and one new commissioner on Sept. 30. Voting will take place at 22 East Main St.

The seats to be filled in the upcoming election will be that of the mayor, presently held by Don Briggs, and a seat on the board of commissioners, presently held by Chris Staiger.

Both seats represent three-year terms. Commission members are compensated \$4,000 annually. The mayoral position is compensated at \$8,000 annually.

To date, only incumbent Mayor Briggs has indicated he will run for reelection. According to town officials, no other candidates have filed as we go to press.

Two candidates, Joe Ritz, III and Patrick Joy, have filed to run for the town Board of Commissioners seat being vacated by Staiger. Staiger has indicated to the News-Journal that he will not run for reelection.

Briggs defeated then-incumbent Mayor Jim Hoover in a 'surprise upset' in the 2011 election, the same election that incumbent Staiger was

reelected to the board of commissioners.

Briggs ran on a platform of economic development in 2011, and upgrading the appearance of the town. During his tenure thus far, he has overseen the (continued) improvements of the Town Square, and has seen an increase of business interest in the community, one of the latest being proposed by Dollar General.

Regarding his decision to run for the commissioner's seat, Ritz stated, "If elected, my goal is to devote time and effort to on-going Emmitsburg issues, such as the unfortunate rise in drug use, especially among our youth."

"Additionally, I plan to address the flooding of development entrances/exits, particularly those with single ingress and egress. I think that other options must be considered for the safety of these residents - some who are elderly, chronically ill, and/or disabled veterans," he said.

Joy, who had won a seat of the board of commissioners in 2010, was

defeated in a bid to retain his seat on the board in 2013. (Joy filed a few hours before this paper went to press and we were unable to reach him for this story.)

Candidates wishing to run as write-ins have until noon on September 23 to file.

Voter turnout for elections tends to trend very low. During the past five years, voter turnout of Emmitsburg residents has ranged from a high of 26 percent of 1,500 registered voters in 2011, to a rather dismal low of less than four percent in 2012.

For more information regarding the upcoming election call the town office at 301-600-6300.

## Emmitsburg NEWS-JOURNAL

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## Emmitsburg area news briefs...

### Vigilant fire chief heads to Virginia

The Clarke County (Virginia) Board of Supervisors has named Allen F. Davis, Jr. as its first director of Fire & Emergency Medi-

cal Services (EMS) in an August 3 press release.

The County Board of Supervisors stated, "Mr. Davis was chosen from a very competitive field that produced 25 responses from candidates in 14 different states...He brings to Clarke County experience in developing a combination volunteer/career fire and EMS system, in managing strategic plans at the company and county levels, and in forming productive and successful teams among volunteer and career staff."

R. Wayne Powell, executive director of the National Fire Heritage Center, noted that Davis has served as a federal fire chief and also as a long-time volunteer fire chief at the Vigilant Hose Company, and that Davis has been "a strong supporter of the National Fire Heritage Center and the Frederick County Fire/Rescue Museum."

Davis will assume his new position in Clarke County on September 1.

### New principal installed at Mother Seton School

The 2014-2015 school year at the Mother Seton School will be under new leadership, as Sister Brenda Monahan takes over as the school's new principal.

The new principal will replace Sister JoAnne Goecke, who served as the school's principal for the past eight years. Goecke will begin a new mission in Wilmington, Delaware this fall.

Monahan was born in Cape May County, New Jersey, but has called Tallahassee, Alabama home since 1980. After graduating Tallahassee High School in 1982, she received a bachelor in science in elementary and early childhood education from the University of Montevallo in Montevallo, Alabama.

Monahan said she looks forward to getting to know the students, faculty, and parents and working "to form an alliance that enlightens hearts, creating a vibrant relationship with God and providing each child with an academic program that challenges students to strive for personal excellence."

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# Planners briefed on feral cat colonies

The Carroll Valley Borough Planning Commission were provided with an overview of the maintenance of feral cat colonies in the State of Pennsylvania at their August 5 meeting. The board had scheduled a discussion regarding a work group to be charged with considering “domesticated animals and animals running at-large” in the borough.

Adams County resident Douglas Laptook, who maintains a registered feral cat colony in Adams County, said he has been involved

in aiding feral cats for more than 20 years. The voluntary feline caregiver said he attended the meeting to discuss resources concerning feral cats, not as an adversary in this discussions.

Laptook told the board that his colony, which resides in and around a barn on his property, has in the past consisted of as many as 100 feral cats, although that number is now down to “about 30.” He provides medical care and neutering and spaying to all of the cats in the colony. In addition to work-

ing with an area veterinarian, Laptook also creates some of the medications the cats may be in need of. “My grandfather was a Cherokee medicine man,” he said. “I medicate them. I vet them.” Laptook said the oldest feline in the current colony is 19 years of age.

The colony manager noted that feral cats are considered state property under the law, and unpermitted trapping, attempted poisoning or killing will result in “you going to trial,” he stated, noting that the state views these violations the

same manner that they would if a deer was being shot out of season.

Maintaining a colony of any size, Laptook said, can be expensive. He has spent an average of \$800 a month on his colony. “If they (any area resident) are willing to take care of a (feral) cat colony, then they (will likely) need help... help the people helping the animals rather than make a law making them get rid of the colony.”

The feral cat problem he said begins with a people problem, those who receive kittens or cats as gifts

and don't want them, those who have an ailing cat they can't afford to take care of, or those relocating who cannot take their cats with them. Laptook said feral colony cats tend to stay within their home-base because they are fed and cared for. “My cats don't roam.”

As to complaints that feral cats kill birds, Laptook stated, “They do kill birds. It's nature's way. I didn't set the system up. The good Lord did.”

There was no formal action taken regarding the feral cat issue, but the discussions are slated to also be on the agenda for the next regular meeting of the planning commission.

# Iron Springs Plaza denied highway money

The State of Pennsylvania has reportedly denied a shopping center project, slated to be built in Hamiltonban Township, funding for road work proposed in conjunction with the project.

Township Solicitor, Matthew Battersby, told the township Board of Supervisors at their August 5 meeting that grants that had been applied for proposed road work at the future Iron Springs Plaza had been denied because the state said the grants sought could not be used on state roadways. The funding denied would have been ap-

plied to “traffic realignment improvements” at the Route 116 and Iron Springs Road intersection.

According to township officials, the project was estimated to cost around \$2.5 million, of which 70 percent of the price tag was being sought via a state Department of Transportation Multimodal Transportation Discretionary Grant and a state Department of Economic Development Multimodal Transportation Fund Grant.

The Hamiltonban Township Board of Supervisors had voted to approve seeking funding to help with road re-

alignment in conjunction with a proposed shopping center at their June 3 meeting. Realtor and developer David Sites, David L. Sites Realty Leasing & Management, Gettysburg, is proposing to construct the Iron Springs Plaza shopping center on a 17-acre tract located at the intersection of Iron Springs and Fairfield (Route 116) roads.

In other business, it was reported that a municipal maintenance building less than a year old had begun to leak at a number of locations in the roofing, as well as below the bay doors. The maintenance facility, and the associated fuel-

ing station and salt sheds, cost around \$1.5 million, according to township Supervisor Chairman Robert L. Gordon. The complex was the subject of a ribbon cutting in September of last year. The problematic building is located behind the current township offices on municipal property along Carrolls Tract Road, and houses township maintenance vehicles.

According to township Roadmaster, John Harbaugh, Jr., although water was getting into the building from beneath the bay doors, the most important leaks in need of repair were on

the roof. He said the leaks were mainly around where pipes and vents penetrated the roof. The structure houses the township vehicle bays, and represented the first phase of an envisioned multi-phase effort to consolidate all of the township services, including a recreation park and township offices, to one central location. Palmer Construction Company Inc., McConnellsburg, served as the general contractor on the facility project. Harbaugh told the News-Journal that the company was on-site on August 7 to initiate repairs to the roof.

# Fairfield area news briefs...

## Abrams resigns from planning

The Carroll Valley Borough Planning Commission lost one of its veteran members following his resignation was tendered August 4, and accepted by council on August 12.

The now-resigned Neil Abrams, who will remain a member of the borough Council, became a member of the planning commission in 2002, and held that seat until his resignation this month.

Abrams said his resignation was not the result of anger or any of the sometimes controversial issues the planning commission had faced, but rather was to “have new people in that position.”

“In the spirit of encouraging others in our community to formally participate in the decision made by the planning commission,” Abrams stated, “I think it's time for me to step aside to allow a new voice to be heard.”

Borough Mayor Ron Harris presented a certificate of appreciation to Abrams at the August 12 meeting after his resignation from the commission was officially accepted.

## Contractor to appraise borough land

The Carroll Valley Borough Council approved a contract August 12 meeting to determine the worth of land owned by the municipality.

The land to be accessed consists of that which presently serves as home to the borough office and the attached commons (park).

The contract to perform the appraisal was approved with Apex Valuation Services in the amount of \$3,200.

The appraisal is part of the process that needs to be undertaken to apply for grants and loans that may be needed to support the construction of a new

multi-use town office, which could cost around \$2 million.

The borough office, located at 5685 Fairfield Road, serves as home to the borough administrators and police department, and also houses the public meeting room.

A new office complex could also house a library and emergency man-

agement headquarters if approved, according to Mayor Ron Harris.

## \$20 million resort upgrade continues

Liberty Mountain Resort & Conference Center's efforts to overhaul and improve portions of its existing resorts is now working on aspects in-

volving a “snow pond” and the realignment of a road.

Carroll Valley Borough Mayor Ron Harris noted at the August 12 council meeting that, in addition to the pond work, the resort contractors have begun the realignment of Sander's Road.

According to the report, “traffic will be diverted from the existing Sanders Road on to a temporary roadway adjacent to where the new road is to be constructed. Once the new road is cut and

on-grade, traffic may be re-diverted on to the new (temporarily graveled) roadway.”


Eric Flynn, president and general manager of Liberty Mountain, told the council previously that the overhaul and upgrades are intended to “improve upon the reports year-round offerings, rather than focusing solely on winter activities” and to “produce a uniform look between the ski side and the golf side of the resort.”

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# NEWS

## Catoctin Mountain Park name to change

As the Federal National Park Service prepares to commemorate the centennial of its founding, some changes have been proposed which would affect the system in Frederick County.

Catoctin Mountain Park Superintendent Mel Poole told the Thurmont Board of Commissioners at their July 29 meeting, "The park service is seeking to change some unit designations across the (national) system, and one of those is

changing the name of Catoctin Mountain Park to Catoctin Mountain National Park... That's what's currently proposed."

Poole stated the proposed change is projected to contribute "significant marketing and economic benefits that we believe the name change can strengthen," and "reduce the confusion the public faces when trying to find recreational resources of the park, both ours and Cunningham's as well."

"As the main gateway community to the park," he said, "we're seeking your support for this initiative."

The park had previously approached the board regarding a name change. In 2005, the US Senate proposed a bill to designate Catoctin Mountain Park as the "Catoctin Mountain National Recreation Area." Ultimately, the proposal was not taken up by the House of Representatives, and thus failed adoption.

During the process, Thurmont was approached regarding the proposed designation of the park as a "recreation area." Referring to the previous effort, Commissioner Mary Burns stated, "historically, when you came to us before, and the board considered this, we thought it was just a 'Hey, what do you think?'... We didn't like (the proposed name) because it wasn't Catoctin Mountain National Park."

"I'm glad we held out because I certainly like Catoctin Mountain National Park much, much, better than Catoctin Mountain National Recreation Area, personally" Burns said. "I think it would be a great name change." The commissioners voted unanimously to support the proposed name change for the national park.

The National Park Service will be commemorating its centennial in 2016, having been created by an act signed by President Woodrow Wilson on August 25, 1916.

## Murals celebrating Thurmont history unveiled

Five murals created by local artist Yemi depicting the history of Thurmont were unveiled on August 23 at the Thurmont trolley substation, 125 East Main Street.

The trolley substation is located next to the entrance to the Guardian Hose Company carnival grounds.

The five new murals, created by Kenya-born, Emmitsburg area resident Yemi, join one of the artist's previous works entitled "Thurmont Rail History," which had been completed in 2013 and depicted the train and trolley history of the area.

The art project was taken on beginning in 2013 when the Thurmont Li-

ons Club approached the Town of Thurmont regarding the possibility of implementing a project that would "beautify the town," Nancy Dutterer, co-chair of Thurmont Lions Club Mural Project, told the News-Journal. The trolley substation was then suggested as a location.

Having gained the support of the town, several Lions members, along with co-chairs Dutterer, Joann Miller and Shirley Long, commissioned local artist Yemi to do the mural "Thurmont Rail History."

Following the unveiling of the train and trolley mural, Dutterer and Miller felt that the project "was not complete"

and jumped in and started working on the plans for additional murals for the substation, resulting in the creation of the five additional Yemi murals unveiled in August.

The five new murals that were unveiled August 23 are entitled, "Loy's Station Bridge," "Roddy Road Bridge," "Historic Buildings," "Area Attractions," and "Thurmont Established 1751."

"Truly all of the murals on the substation building are Thurmont's 'Crowning Jewels,'" Dutterer said. "A beautiful tourist destination is expected to come alive right on East Main Street in Thurmont."

The project co-chair said, "This project...got started when the Thurmont Lions Club was awarded grant monies by Project Manager Jenifer H. Almond of State Division of Neighborhood Revitalization. Thurmont Main Street Manager, Vicky Grindler wrote the application for grant monies for this project..."

Dutterer also explained that the Thurmont Acacia Masonic Lodge #155 "has been awesome with matching for the first \$5,000 raised by the community, not including grant monies."

"This project was also made possible by all the support of the Town of Thur-

mont personnel. Last but not least, the community support with many other generous donors made this Thurmont Lions Club Community project realistic," she said.

Co-chair Miller said, "The Town of Thurmont, along with area businesses, responded in an overwhelming way and the funding for the project was well underway. This truly is a community project reflecting the power of a partnership between two community service groups, private citizens, businesses and public government to create a legacy for the Town of Thurmont and visitors alike."

## Thurmont area news briefs...

### Civil War bike ride to be held

The Baltimore Bicycling Club will be holding its annual Civil War Century bike ride on September 6, and event which attracts more than a thousand visitors to Thurmont each year.

This year's ride represents the 14th year the event has been held by the club.

According to the Baltimore Bicycling Club, The Civil War Century bike ride represents "our most popular but very challenging route (which generally) vis-

its all three (Frederick County and Adams County) Civil War battlefields offering breathtaking mountain vistas along the way," although Antietam is off the list for this year due to bridge repairs.

The ride will kick-off in Thurmont, and will consist of a variety of bike routes offered to participants, including: the Gettysburg Three-quarter Century route (75 miles); the Gettysburg Metric Century route (64 miles);

the Gettysburg Half Century route (51 miles); and Covered Bridge Quarter Century route (25 miles).

The Baltimore Bicycling Club was established in 1967 and has a membership of over 1000 riders. The group "promotes, defends, and protects the rights of bicyclists for a safe road riding environment in our communities through advocacy and education."

For additional information on the upcoming event, visit the club's web site

at [civilwarcentury.com](http://civilwarcentury.com).

### School transformer to be replaced

A 2,000 KVA Catoctin High School transformer will be replaced by the Town of Thurmont at a cost of \$30,115.

The town Board of Commissioners voted unanimously at their August 12 meeting to purchase the transformer from Shepherd Electric of Frederick.

Mayor John Kinnaird said the school, which is undergoing a more than \$300,000 electrical system overhaul, would like to have the new transformer installed during the Christmas break.

Thurmont Chief Administrative Officer Jim Humerick told the board that \$188,000 worth of preparatory work has already been done at the school, and that the Frederick County Public Schools system has absorbed that cost. Additional, he said the county has also going to absorb \$132,753 worth of system preparation work need to be done to install the transformer.

Humerick said, "We have \$80,000 in the fiscal year 2015 budget for the transformer, so this comes in well under budget... I believe it came out a lot better than I had anticipated as far as the

costs was going to be."

An additional cost of \$25,000 to \$28,000 is anticipated in town costs associated with the project, which the administrative offer said was well within the allocated budget.

### Thurmont burglary arrests made

Thurmont police arrested a 62-year-old Essex man August 5 in conjunction with a burglary that occurred August 2 at a local restaurant.

According to police, arrested was David Warren Chilcote Sr., who was charged with second degree burglary, fourth degree burglary, theft of less than \$1,000, and destruction of property, as the result of an investigation into a burglary that occurred at Bollinger's Family Restaurant, 210 N Church St.

As of August 6, the suspect was being held on a \$40,000 bond.

Police are also continuing to investigate three other burglaries that occurred August 2 at Simply Asian Foods, Renovations Salon and Day Spa, and Amber Hill Physical Therapy, all three located within a small strip mall at 120 Frederick Road.

Police stated Forced entry was made into each business and cash was stolen.

**58th Annual Thurmont Emmitsburg Community Show**  
**September 5, 6 & 7, 2014**  
 Catoctin High School - 14745 Sabillasville Rd., Thurmont, MD 21788

**Bring your family to an educational and agricultural event with free admission and free parking.** Along with two auctions there are many activities and lots of food, along with 3,000 farm, garden and household exhibits. Visit [www.thurmontemmitsburgcommunityshow.webs.com](http://www.thurmontemmitsburgcommunityshow.webs.com), and click on Upcoming Events.

**Friday, September 5th** - 7:00pm Program & Flag Ceremony, 8:15pm Baked Goods Goods Auction, 9:00pm Champoin Baked Goods.

**Saturday, September 6th** - 4-H & FFA Show 8:00am - 2:00pm **Ag Center**, 10:00am **Pet Show**, & **K-9 Demonstration**, **Martial Arts Program** 4:00pm in old gym, 3:00pm - 7:00pm **Thurmont Grange Turkey & Country Ham Supper** served in the school cafeteria. 7:00pm - **AG Center 40th Annual 4-H & FFA SALE: 6 goats, 11 steers, 25 hogs, and 13 lambs, Buyers Welcome;** 7:00pm **The Gospel Travelers Band** in the auditorium, Free admission.

**Sunday, September 7th** - 9:00am - 12:00pm **Goat and Dairy Show**. **Chicken BBQ** by Catoctin Area FFA Alumni 12:00 noon in school cafeteria, 12:00 noon **Decorated Animal Contest**, 1:00pm **Horseshoe Pitching & Cross Cut Log Sawing**, **Martial Arts** 1:00pm - 2:00pm, **Taylor Brown Show** 1:00pm - 3:00pm in auditorium, **Catoctin The Band** 1:45pm in auditorium, Free admission.

**Call: Josh Ruby 301-748-2924; Mike Lewis 301-471-9470; Kevin Lewis 301-471-1121**

<p><b>Bud &amp; Bud Light</b>  <b>\$15<sup>99</sup></b> 20 PK Bottles</p>	<p>Raking Leaves Is Thirsty Work!</p> <p><b>Fall</b> into these thirst quenching <b>SPECIALS!</b></p>			<p><b>We Have A Wide Selection Of Fall Beers In House Now!</b></p>
<p><b>Special! Smirnoff Vodka</b> Root Beer Float 1.75 ML  <b>\$14<sup>99</sup></b></p>	<p><b>Club 190 Grain Alcohol</b></p>	<p><b>Tim Smith Climax Moonshine</b></p>	<p><b>Barefoot Refresh</b> 750 ML Bottle <b>\$6<sup>99</sup></b></p>	<p><b>Miller High Life</b> 18 PK 16 Oz. Cans <b>\$11<sup>99</sup></b></p>
<p>*** TUESDAY SAVINGS ***  <b>Wine or Liquor SAVE 10% ON PURCHASES OF \$40 OR MORE CASH ONLY</b>  <small>7% DISCOUNT ON CREDIT CARD PURCHASES</small></p>	<p><b>Paul's Pit Stop</b>                  DISCOUNT BEER, WINE &amp; LIQUOR                  150 South Seton Avenue, Emmitsburg, MD 21727  <b>301-447-6262</b>  <small>Monday-Thursday 9 am-10 pm, Friday &amp; Saturday 9 am-11 pm, Sunday 11-8 pm</small></p>			<p><b>Miller Light Coors Light</b>  <b>\$13<sup>99</sup></b> 18 PAK BOTTLES</p>



# One hundred years ago this month

## September 4

### Nearly Ready for Boosters Week

Ten days from today the booster week celebration to which everyone has been looking forward to will begin. It is being advertised far and a wide and the greatest interest is being manifested in which will prove one of the biggest events in the history of Emmitsburg.

That monster parade, scheduled for the first day, may be an effective and diversified as possible everyone who owns, or may procure a team, an automobile or a horse is asked to be in line. Floats, decorated vehicles and original, emblematic and grotesque creations will be most welcome. This will for an opportunity to advertise one's business or vocation.

As Boosters Week we will be a gala week it is naturally desirable that the town present a gala appearance. Everybody therefore is asked to display flags and bunting. Each building in Emmitsburg thus decorated will add to the effectiveness of the scene and the results will be splendid – it will show that the people here have the right spirit and that they believe in showing it by entering into the gaiety of the occasion. All are asked to decorate no later than Saturday, September 12.

### Fire Company Buys Lots

Lots number 130 and part of lot number 131 on Gettysburg St. belonging to the estate of the late Mrs. Mary Ehrenhart, were purchased at a public sale last Saturday by the Vigilant Hose Company for \$725. The contents of the drugstore were sold to Mr. Wingler, of Thurmont.

### Stolen Horse Recovered

Sunday night a fine dun horse weighing about 1,100 pounds was stolen from the field of Clifford Biser of Myersville. On Wednesday the deputy sheriff of Thurmont, traced the horse to Emmitsburg where it was recovered and the appropriator of the animal, said to be the brother of the owner, was apprehended.

### Quick Work by Telephone Men

The C&P telephone exchange which, since the advent of the company in Emmitsburg, 14 years ago, has been in the home, now owned by Mrs. Welty, was moved to the home of Mr. Felix last Monday night. It took nine days for a force of the company's expert mechanics to lay a new cable and make the necessary connections. It only took nine and a half minutes to move the switch board from Mrs. Welty's home to Mr. Felix's home, but it was nearly 30 minutes before all the lines were connected up. All the subscribers are notified early in the evening and no inconvenience was experienced. Misses. Nellie and Mary Felix will be the operators.

### High School to Remain

There is no truth whatever in the report that the Emmitsburg high school will be discontinued. Official notification has been received to the effect that: "it has been decided to retain the high school at Emmitsburg

with the same grades and conditions as last year."

## September 11

### Monster Parade

The big parade the big parade will start Monday morning at 10 o'clock sharp. The line will form at the West end of town, extending out Pennsylvania and Mountain Avenues. The route of the parade has been so arranged that all the streets of the town will be covered. Forming at the New Hotel Slagel at the extreme end of West. Main St. the parade would proceed East on Main St. to the East end, then North through the lots of Mr. Charles Guillen to Green Street, then West on Gettysburg St., then south to the public square and on down Frederick Street to the Frederick Street entrance to Fireman's Park.

The Star Spangle Banner feature other pageant will be beautifully and appropriately represented by the "Human Flag", this banner of our liberty being composed of about 100 young ladies attired in emblematic colors. This section will form a very distinctive and important part of the parade and cannot fail to be most effective.

Rumor has it that the members of the Former Boozers Association are pondering creating their own flag display out of used booze bottles, of which they reportedly have many.

### Electric Drive for Knitting Mill

The Union Manufacturing Companies knitting mill in this place has changed its motor power from gasoline to electricity and hereafter the cough of the engine will be missed along the shady sidewalks of Green Street. A three-phase motor of the latest type and good for 7 1/2 hp is doing at work now with electric power from Hagerstown. They tell us that the current jumps over the intervening 26 miles 60 times a second, does the work and jumps back to the plant and still is resting more than half the time. From all this it's action is perfectly smooth and regular and the company expects a material improvement in the amount and quality of its output from the use of electricity. With this new customer, the local electric company now has more than 20 hp of motors connected up and inquiries for more.

### Big Yields at Local Orchard

The orchards of Mr. John Hollinger who has the reputation of raising the finest apples in this vicinity, is a show-place at this season of the year. Every tree in both orchards is full to its capacity, some of them having as many as 15 props to hold the limbs up. Mr. Hollinger expects a yield of between seven 8,000 bushels. It will be remembered that some varieties of the many raised by this orchard had been bought and exhibited by other people at country fairs and taken various prizes.

## September 18

### Booster Festival a Big Success

Another "big-time in Emmitsburg" has gone down in history. The weather

was fine, the crowds were large, the arrangements excellent, the monster Parade splendid, the lectures far above the average in each and every feature up to a high standard.

On Friday the townsfolk started to decorate. Saturday this was continued until my evening nearly every business place in private growing was a glow with color. Monday the finishing touches were added and by the time the parade started Emmitsburg was one mass of bunting. In addition to this in window after window rare blossoms, growing plants and stately ferns lent their charm to the effectiveness of the scene. Balconies were transformed into miniature gardens, yellow, red and green predominating; Japanese lanterns hung in front of houses and here and there hanging baskets filled with asters added richness to the scene of all awing declaration.

The Monster Parade went off without a hitch with the exception of the Former Former Boozers' float. To the amazement of many onlookers, the Boozers' had managed to create an American flag made out of liquor bottles (rumor has it the clear bottles had been emptied by Boozers the night before). Members of the association took turns standing (or at least trying to stand) next to the to display to steady it as it moved down the street. At the square, someone (rumor has it is was a Sufferget) threw a firecracker near the feet of 'Old Luke,' who bolted, causing all the bottles to come crashing down and their contents spilled onto the street. There was not a dry eye to be seen on the face of any man in the crowd as the Boozers tried to sop up what they could with shirts and rags. Many a man turned away, unable to look at the carnage. The applauding of the women only added insult to injury. The Boozers have vowed revenge.

All the main attractions to place in a large waterproof tent erected on the eastern portion of Firemen's Field. In this tent was a commodious stage, comfortable chairs, adequate electric service and everything to contribute to the pleasure of the large audience present at every performance. There were many outside attractions, such as moving picture shows, merry-go-



We've had this photo in our Historical Society archives for years but never knew what it was about until this month. If you look closely, you will see it's a photo of the women of Emmitsburg's living flag in the Booster's Parade! The photo was taken by James Ledlie Gloninger.

round, duck ponds, dart boards, etc. and booths presided over by charming ladies were novelties and souvenirs and all kinds of refreshments were sold. At night when the last crowds gathered here, when all the lights were low and the band playing and everything was in "full blast" the Park resembled a miniature Coney Island with a populace on pleasure bent.

### New Policy of the Library

At the last meeting of the management of the public library it was decided to order at least 25 new books, hoping that by following the policy of adding at one time new volumes in greater numbers than heretofore the clientele of the library would be materially increased.

The call for new books is quite constant and it may be that many refrain from obtaining membership because many new books are not found on its shelves. In this connection the library committee said that is only too willing to order books in very large quantities whenever the funds at its disposal warrant such a course. The way, therefore to increase the supply of books is to increase the membership. The committee feels that this can be very easily done if the present membership would make a real effort to add new subscribers.

## September 25

### Taneytown Growing

"Taneytown," says the Carroll record, "is talking of big things these days, and it remains to be seen whether they will

be all dreams and visions. A silk mill, a trolley line, electric lights, a public park, a new cemetery, and a big lot of new buildings, are all the possibilities, if not probabilities. A little working up of local capital may help the general situation wonderfully."

### Edward Linn's Barn Struck by Lightning

A fire involving the loss of a barn, farming machinery, implements and harvested crops occurred on Wednesday night on the farm of Edward Linn. It was the result of a strike of lightning during a heavy storm which centered over Emmitsburg and the adjoining districts, lasting from about six and nine o'clock.

The blaze was very spectacular and attract a large number of townspeople who were quickly on the scene and by their heroic work were instrumental in saving much property that would have otherwise been destroyed.

### Emmitsburg High School to Close

Owing to the small enrollment of students in the ninth and tenth grades the Emmitsburg High School will be abolished. This was the determination of the Frederick County School Board which met in Frederick on Monday. The local school will have eight grades and we classified as a grammar school. The few students who entered for the two higher grades will be assigned to the Thurmont high school.

To read past editions of 100 Years Ago This Month visit the Historical Society section of Emmitsburg.net.



## Tony Little & Jane Moore

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## FROM THE DESK OF . . .

# Emmitsburg Mayor Don Briggs

Welcome Mount class of 2018. The word is out the Mount is a terrific University. 520 students will be in the new class. Over 6,200 applications were submitted for this class. This is the second largest incoming class. The student average is a 3.4 GPA and 1055 SAT score.

At the first town council meeting in September I will nominate Jenna Ott to fill the vacant election judge opening and Barbara Weedon to fill the vacant election judge alternate opening. Also Ron Lind and Richard Kapriva will be nominated to serve an additional term on the town Board of Appeals.

Two years ago a plan to set aside a fixed amount of funds to repair town roads as an automatic annual budget item was presented to and accepted by the town council. Last fall under this first time program North Alley was resurfaced. This spring Schoolhouse Lane and Creamery Road east of US 15 were resurfaced. This fall sections of Federal Avenue and St Joseph's Lane will be and several of the smaller alleys will be resurfaced. The town's electricity bills for fiscal year 2013 decreased 14% compared to fiscal year 2012. Increased savings are projected for this fiscal year.

Thank you to Marcus Bosche for interning this summer at the town office. You were the first and your time and assistance was greatly appreciated. Best to you in your sophomore year as Political Science major at the University of Maryland.

Thank you to Pastor John, Christ Community Church, for hosting the second, I hope annual, "Back to School" night in the Community Park. Lib and I along with Commissioner and Mrs. Sweeney both enjoyed working with you. Well over 300 were fed, given school supplies and enjoyed the activities, especially "dunk the deputy". Thank

you also to the businesses for your generous support that helped pay for the school supplies.

The three pool parties were successes. We were at capacity for the third one and unfortunately had to turn people away. Thank you to the town for the good music and to Jubilee, the Carriage House Inn and McDonalds for once again providing the food and drinks for the events.

Combating drug abuse: 1) I am going to request from the council that the town invest in a Prescription Drug Drop box. The cost is \$995. The County has purchase four boxes. Check your medicine cabinets

and clean them out. The box will be in a secured area at the town office. Prescription drugs are gateway drugs to heroin. 70% of abusers get these medication drugs from their homes. The discarded drugs will then be collected by the Sheriff's Deputies and be properly disposed; and, 2) Sheriff Deputies will soon be taking Narcan training to better prepare them for at the scene assistance of an overdose victims. These are additional steps to recent town action of identification and writing of a proposed nuisance ordinance.

There is so much to do for this wonderful place to live. Thank you for your support in my first term. I hope I can have it for a second term. Being mayor is about serving you.

# Joe Ritz, Candidate for Town Commissioner

Hello Emmitsburg! Please allow me to introduce myself. I am Joseph Ritz III (Joe) and I am running for the vacant Town Council seat in this year's election. For those of you who do not know me, I have been a proud Emmitsburg resident for over 31 years. I am a devoted husband to my beautiful wife, Jamie, and father to two wonderful boys – Garrett and Edwin. A graduate of Mother Seton, Catoctin High, and Mt. St. Mary's, I have recently served

as an election judge and I have also been a church organist at St. Joseph's for almost 20 years. My family has a long history of community involvement. My grandfather, Daniel Lind, Jr., was a Post Commander of VFW Post 6658, a member of American Legion Post 121, and also served as an election judge. Additionally, my father, Joseph Ritz, Jr., has served the town on several committees and is a member (and past President) of the Lions Club.

It is now my time to give back to the town that I am proud to call home. I would be honored to increase my community involvement and to listen to and address your concerns. Before I specifically outline what I hope to accomplish as Commissioner, I would like to take this opportunity to acknowledge the outstanding job of Commissioner Chris Staiger and to publicly thank him for his many years of service to our community.

If elected, my goal is to devote time and effort to on-going Emmitsburg issues such as the unfortunate rise in drug use, especially among our youth. While totally eradicating drug use from our community would be a daunting task, certainly confronting the issue to protect our children – our future – is crucial. Additionally, I plan to address the flooding of development entrances/exits, particularly those with single ingress and egress. I think that other options must be considered for the safety of these residents – some who are elderly, chronically ill, and/or disabled veterans. I also favor encouraging the growth of new busi-

ness in Emmitsburg. However, along with this new growth, I firmly believe in maintaining the livelihood of existing family-owned businesses and considering present infrastructure and natural resources, all without compromising the charm of our small town.

As Commissioner, I feel that my most important goal would be to effectively listen and respond to my constituents. If elected, I would welcome any comments you may have and I look forward to working with the current Board of Commissioners and Mayor in order to serve you. Thank you for your time and I ask for your vote on September 30th.

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- ✓ Controlled Spending
- ✓ Existing Residents First

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FOR Frederick County Executive

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Jan Gardner for Frederick County; Sharla Worley, Treasurer

**TOWN OF EMMITSBURG ELECTION DAY TUESDAY SEPTEMBER 30, 2014**  
22 EAST MAIN STREET • 7AM – 8PM

Last day to register to vote at Frederick County is September 9, 2014. Registration applications can be obtained at the Town Office located at 300A South Seton Avenue. Candidates must file written application for candidacy with the Town Clerk no later than 30 days prior to the date of election. All candidates will be posted on the Town bulletin board in the way in which is appears on the certificate. One Commissioner seat and the Mayor seat is open.

**Adrian McC. Remsberg**  
for Judge of the Orphans' Court

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*My long career in business, social and government service enables me to make the proper decisions.*

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**RE-ELECT Cleopatra Campbell**  
Orphan's Court  
For Frederick County



*Bringing Experience And Service To The Job!*

By Authority Of Mark R. Williams, Treasurer



# GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

## Blaine Young, Candidate for County Executive (R)

I want to try again. No matter how hard I try, the message does not seem to get through to certain media outlets in this county.

On September 26, 2010, candidates Kirby Delauter, Billy Shreve, Paul Smith and I published in The Frederick News-Post what we called "... our position on growth and development in Frederick County."

In that statement we said that property owners whose zoning or comprehensive plan designations had been taken from them by the Board of County Commissioners headed by Jan Gardner should have the right to petition the government to have their property rights restored. We also stated that we agreed with the comprehensive plan projections approved by the Gardner Board, which called for 1,500 homes to be built in Frederick County every year.

In 2010 we were still mired in a deep economic downturn. We were doing nowhere near 1,500 homes per year, and struggling to get to even half that number. To this day, we have not had a single full calendar year since 2010 in which we

even approached 1,500 new homes constructed in Frederick County.

Since the Young Board took office, we have restored the property rights of a number of property owners who petitioned us. The large projects that you have heard and read so much about uniformly are located in areas that previously had been planned for development. In some cases, those plans for new residential neighborhoods go back over 40 years.

Nothing that has been done by the current Board of County Commissioners is likely to increase the number of building permits issued for residential dwellings in Frederick County this year, next year, or in the foreseeable future. In fact, if anything, this board has taken action which likely will slow the pace of development, by raising the required infrastructure contributions and fees required of developers and builders before they can break ground on new homes.

Instead, what we have done is give certainty to our residents and our business people. The areas that have

long been planned for development will now be in a position to be developed when the market dictates. By approving projects to be built out in the future, we have accomplished a task which I think will be most beneficial for the new county executive and county council. We have taken land use and zoning off the table for the foreseeable future. The new council will not have to deal with rezoning issues as there is no need to zone any more land for residential growth.

The current board has spent an inordinate amount of time dealing with zoning and land use. It is time for the county to move on; and, with any luck with the tough decisions made by this board, we may one day approach the 1,500 homes per year approved by the Gardner Board in the 2010 Comprehensive Plan.

What we will not have in the foreseeable future is continued hand-wringing and complaining about development projects that were planned and placed on approved county maps years ago, some before I was even born. We can sit back; let the market take its rightful place as the arbi-

trary of when and where homes get built with the assurance that developers and builders are now paying considerably more for the privilege of building a house in Frederick County than ever before over \$40,000 plus thousand per building permit in impact and infrastructure fees upfront.

I, for one, am tired of all the hearings and discussions on land use and zoning. But it was necessary. And because of these tough decisions, the new county council and I as your county executive should be free to focus on the many other issues that will need to be confronted as we move forward as a county.

We just received the best bond ratings in the history of the county and we were ranked the 9th best county in the country by Movoto. You need to know what the next county executive is for not just what they are against.

My philosophy has been one of fiscal responsibility and living within our means. And we've found ways to reduce taxes, fees and regulations while maintaining the same level of service that residents expect and de-

serve. I want to serve as your first County Executive to continue to be a watchdog for the taxpayers of our county.

- Reducing taxes, fees and regulations wherever possible.
- Increasing property tax credits for our aging population.
- Streamlining government services and reducing waste.
- Ensuring Frederick is both family and business friendly.

My opponent is a clone of her former boss, Senator Barbara Mikulski... tax then spend, tax then spend and then tax you and me some more... we cannot afford four years of O'Malley, Brown and Gardner tax and spend policies.

You can't tax your way to prosperity. But that's exactly what Jan Gardner tried to do in the past with miserable results. And if she gets the chance, that's what she will do again mark my words.

To learn more about Blaine Young visit his campaign website at [www.blaineyoung.com](http://www.blaineyoung.com).

## Jan Gardner, Candidate for County Executive (D)

Relationships matter. Most of us know that our relationships with other people matter most. Whether it is the relationship we have with our parents and children, or with our neighbors and co-workers. Our relationships are a reflection of our values, our ability to work with others, and mutual love and respect.

I have been blessed in my life with a supportive family. My parents just celebrated their 64th wedding anniversary. They live in the same house in which I grew up. I have known for many years that my parents love me unconditionally. This love and stability have provided me with the strength to try new things, take risks, and be successful. I can still call my parents and ask for their advice. I still want my parents to be proud of me. As I watch my parents grow older, I feel a certain sense of sadness and am sometimes emotionally overwhelmed with how much I love them. They are truly the best people I will ever know.

Likewise, I have been blessed in marriage. I have been married to my husband John for 31 years. We are partners in life and in love. I know I can count on John to stand with me through thick and thin including political cam-

paigns. We have enjoyed raising three children together and are looking forward to grandchildren (though our children seem to want to make us wait for them). Like most families, it hasn't been perfect. We struggled when one of our children was sick for over half a year and when John's mother died of cancer. We are proud of our children. Our relationship will weather whatever storm lies ahead in this election cycle.

Relationships matter at work and in the community. We often get things done based on the relationships we have with other people. It is about knowing who to talk to and who can help solve a particular problem. It is about being part of a team. Sometimes it is about having a seat at the table where decisions are made and having the relationships to get invited to the meeting. Together, we achieve more than we can individually.

All good relationships are based on trust.

I have been honored to serve the Frederick County citizens as a county commissioner. Public service is the best job in the world. Every day is different, you get to meet and work with a lot of different people, and there is no better

way to make a difference in the community.

I am running to serve as Frederick County's first County Executive because I want Frederick County to be the best place to live, work and raise a family. My campaign is focused on restoring trust in government and securing a positive future for our community. I am committed to excellent schools, managing growth responsibly so we can preserve what we love about Frederick County, keep our communities safe, and control spending through strong financial management. These objectives are accomplished through our relationships and by working together. It is about maintaining the public trust, treating people with dignity and respect, balancing the legitimate needs of the community, and getting things done by working with others in an environment of mutual trust and respect.

To the office of County Executive, I bring unique relationships with county, state and federal officials to get results for Frederick County and to obtain our fair share of funding for schools, roads, senior services, and public safety.

I am committed to keeping the

promise to our senior citizens by honoring the covenants in the deed on the land at Montevue to keep our nursing homes and by restoring the cuts to Meals on Wheels so no senior goes hungry.

I am committed to keeping the promise to our children by working with our educators and other stakeholders to develop a financially responsible outcome based plan to make sure our children are prepared for the jobs of the future.

I am committed to listening to people and making decisions about growth that enhance our community and put existing residents first. Residential growth must happen in the right place and be timed with our ability to provide needed infrastructure and services. New development must pay its fair share of the public impacts it creates so existing taxpayers are not stuck with the bill. This is not hard. It is common sense.

Most important, I am committed to restore trust in government and trust in our elected officials. Working with the council, I will work to create an independent ethics commission not appointed by the county executive. And,

will work to restore strong ethics laws and the consequences for serious ethics violations that have been removed by the current administration.


I pledge to treat citizens with dignity and respect when they come to a public hearing. Citizens have a right to know what their government is doing and have a right to be heard. Citizens should be encouraged and welcomed to participate in the public process rather than being cut off mid-sentence, dismissed, or called names like whiners and refugees as we have seen in recent years. Citizens should never be bullied. This is simply unacceptable and violates the public trust.

This election is about restoring trust in government, electing leaders who will listen to people, treat people with dignity and respect, and balance all the legitimate competing views and needs of our community, and doing this in a financially responsible way. It is about relationships based on mutual respect and trust.

Vote for leadership you can trust.

To learn more about Jan Gardner visit her campaign website at [www.jangardner.com](http://www.jangardner.com).

**I'm asking you to please Re-Elect Me, "Sandra D"**



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Who has the **Experience**  
And a **Vision** for your Court

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Clerk of the Circuit Court

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Circle the 8 words listed below. Letters may be used more than once and in any direction.

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JURY  
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T	I	A	W	Q	P	P	N	D	A
O	A	S	Z	V	H	A	A	D	R
V	M	H	J	S	D	L	O	C	R
P	L	A	I	N	T	I	F	F	I
G	P	L	E	O	S	C	M	Y	A
G	O	F	N	O	V	D	R	M	G
T	E	K	C	O	D	U	E	L	E
D	O	D	S	O	J	F	O	E	P
R	R	W	W	L	R	D	L	A	D

AUTHORITY: JOANN M. HEVEY, CPA, PFS, TREASURER



## FROM THE DESK OF . . .

## Kirby Delauter, Candidate for County Council, Dis. 5 (R)

In last month's edition of the ENJ, my opponent Mark Long, the Democrat seeking election for District 5 made some comments in his article that I would like to have him clarify. As I stated before, I will not run a negative campaign even though Mark Long seems to be obsessed with bringing his own negativity to the race. I have simply stated what I have done as a Commissioner, I've left the negativity for the tabloids. Mark should be stating what he is going to do as a Councilman, but instead, he continues onto vagueness and anonymity in his articles that not only are false, but they give no concrete direction as to what he will do if elected. I think he owes it to the voters to be specific in his claims.

A few examples follow. He wrote in the August edition of the ENJ and stated that: "developers write the terms of approval, including ways in which the development will be subsidized by current residents and taxpayers of the county and you end up with the worst

kind of sprawl". Now, this all sounds great on the surface, but I will challenge Mark to be specific in this claim. Can he provide factual data showing where any developer has been allowed to write their terms of approval? Can he be specific and state what exactly he means when he says development will be subsidized and how we will end up with the worst kind of sprawl? Please Mark, be specific. These generic "talking point" claims are very vague and can confuse voters. Please explain this in great detail, I'll be anxious to see this in writing.

You state that: "Frederick County is going to grow, this is not about pro-growth or no growth, and there are many choices we can make about how and where and how fast that happens". Mark Long, I would like you to be specific when you say we have choices about how, where and how fast growth happens. Please be specific, I want to know your plan to attack this.

This current BoCC has stayed within the APFO guidelines, we've

made sure the majority of development approved is in-fill development, we've made sure developers are paying more than their share of costs such as the development at Woodbourne Manor in Jefferson. This developer is paying over \$2.5 Million in school impact fees even though the schools in that area are anywhere from 61% to 84% of capacity. They are paying over \$12 Million in improvements to infrastructure and roads. This is part of our plan Mark, please be specific as to what your plan is to deal with this and how would you specifically plan to have a developer fund upwards of \$12 Million in new infrastructure?

Mark, you mention my name when you state that: "I take a developer driven approach that isn't planning at all". How can that be Mark? Has this BoCC approved development without the Planning Commission recommendations? Did we do this under the cover of darkness without public input? The answer is No. I would like to hear your specific claims,

not generic, vague opinions with nice buzz words like "sprawl", and "the environment". Please be specific and let us all know how I have not planned.

You state that we ignored the 2010 comprehensive plan. That is an outright lie. We did not change the 2010 comprehensive plan, the only thing we did to was allow land owners who were illegally downzoned by the Jan Gardner BoCC, to re-apply to have their land rights reinstated. That is what we said we would do if we were elected in 2010, and that is what we did. So Mark, please be specific again when you state in your article that: "since taking office we have rezoned thousands of acres of farms and forests for many thousands of new homes, much of it where there is little or no existing infrastructure". Please be specific with subdivision names and locations of this land. I'll be waiting for this answer.

Lastly you state that there are significant differences between yourself and I. You state that one of them

is "that you will balance our competing interests and consider the real and long term consequences of our policy choices". Can you explain specifically, what that means? What are the competing interests and how exactly and specifically will you balance those?

I can be specific and state I have seen the consequences of bad policy choices such as our bond rating going from triple A stable to triple A negative under the Jan Gardner BoCC. There's a reason the bond rating have given this County the highest bond rating in the history of Frederick County during my tenure as Commissioner. It's because we brought fiscal sanity and a business friendly environment back to Frederick County, it's not because of any of the nonsense you speak of in your generic and vague Op-Ed. I will be anxiously awaiting your specific responses to this letter, as will the voters.

To learn more about Kirby Delauter visit his campaign website at [www.kirbydelauter.com](http://www.kirbydelauter.com).

## Bud Otis, Candidate for County Council at Large (R)

Developing and Growth continue to be very hot topics here in our County. Right now the big issue being discussed is the Firing Range in the southern part of the County.

A beautiful horse farm along Thurston Road near Urbana has been sold and the new owner wants to use for a

shooting range and retail store on the property. The farm is in the Sugar Loaf Mountain area of the County. The citizens of the surrounding area have ask the current County Commissioners and those of us who are running for the County Council and the candidates for County Executive to issue our

opinion on the issue coming before the Frederick County Board of Appeals. While knowing the area I thought I should take a look at the area before expressing an opinion.

I am a firm believer in the rights of our citizens to sell their land and I also believe that every land use application also meet the test has it relates to the question "is it in the proper location"?

With this in mind I wanted to see firsthand what the citizens in the Sugarloaf area concerns were. I have made many trips to Sugarloaf with my family through the years and always viewed the mountain as a place to be enjoyed by everyone. The peace and quiet one finds in the Sugarloaf area is something

to be treasured by everyone.

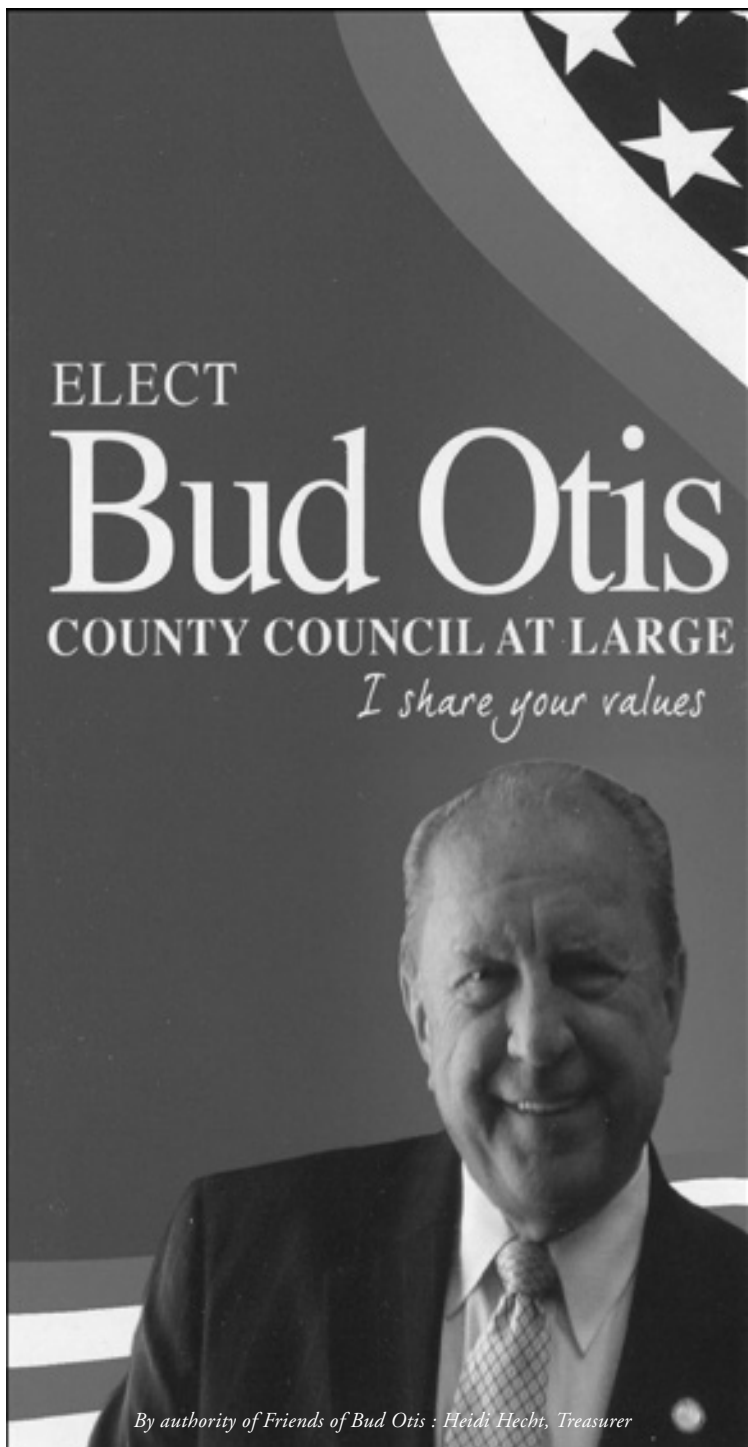
I stopped at a nearby horse farm and was amazed by the echoes I heard in the valley as the sounds bounced around the area where the Shooting Range is to be located. I can only image what it would sound like with the gun fire from several guns firing at the same time to those living in the area, let alone to the horses on the nearby horse farms.

I am torn as I want new business for the county and I also am a firm believer in the Second Amendment right to bear arms. I believe both goals can be achieved in our County, just not in the middle of horse farms and a recreational area like Sugarloaf Mountain.

So if I were voting, I would vote no on this request. If this location is turned down, those of you living in the Northern part of the County could be facing the same request in the months ahead.

If you want a say in what happens in your community be involved and stay alert and contact those of us who you elected in November and express your views as I can assure you, I for one, will be a County Council member who will listen to you as I am running for a County Council at Large seat which means I will be your Member and remember "this Bud is for you"!

To learn more about Bud Otis visit his campaign website at [www.budotis.com](http://www.budotis.com).



By authority of Friends of Bud Otis: Heidi Hecht, Treasurer

## Billy Shreve, Candidate for County Council at Large (R)

I have heard it said once that the whole purpose of education is to turn mirrors into windows. Allow me the opportunity to look into some of these windows and show you what I have done to improve the quality of education in Frederick County.

As a county commissioner, I along with fellow commissioners Kirby Delauter and Blaine Young have been diligent in meeting our educational needs. We have been as aggressive as any prior board in advancing school projects in the Capital Improvements Program (CIP). It has been a priority in making sure our school facility needs are met.

We have been active in funding systemic costs for our schools (maintenance of our aging buildings, repairing roofs, boilers, windows), and improving technology programs all while staying within our financial and budgetary means. I am proud to be a part of the Young Board which has funded Wi-Fi in all schools. Installation of this initiative has been completed.

We have more than doubled our

funding to aid our students in preparing for a better and more advanced future, and moved up funding for school projects. We have moved up in funding the new elementary school in Urbana, a new addition to Urbana Middle School and Frederick High School.

Additionally, our current system-wide capacity (school seats) is now below 90 percent. While we have more than doubled the systemics funding to care for our aging schools, our six year CIP also accommodates for all anticipated new student growth in Frederick County while ensuring that we will still not exceed our 90 percent system-wide capacity.

We have also created an Adequate Public Facilities Ordinance (APFO) School Mitigation Fee Ordinance to raise money for school construction and to give developers/builders an option to pay more for schools and create jobs.

According to the County's "Impacts on Growth Task Force Report" from January 2014, the APFO

Schools Mitigation Contributions updated through December 31, 2013, reflects the actual contribution number is \$2,013,398. The total estimated contribution, from projects that have been APFO tested remains at \$52,425,168, and the estimated contributions from projects that are pending (i.e. projects that have been submitted but not APFO tested) remain at \$16,912,860.

I have also lead several drug awareness programs with and in our schools and have aided in the distribution of drug drop boxes to get unused prescription medications out of our homes and away from our children.

With all the rhetoric out there, I wanted to make sure you understand that we are doing everything we can to strike a fair balance in providing necessary funding and improvements to keep our schools as the best they can be in Maryland while still looking out for the tax payers. If you honor me by electing me to the county council, I will continue that focus.



## GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

# Mark Long, Candidate for County Council, Dis. 5 (D)

Good governance requires leaders with integrity, leaders who respectfully consider the opinions of all residents, and with thoughtful consideration, seek to balance the various interests of our community so that we preserve what makes Frederick County a great place to live, work and raise families.

Frederick County voted in 2012 to change our form of government from a Commissioner based government to Charter government. The transition to this new Charter government gives us a rare opportunity to put in place the kind of government we, as citizens, want to see. As we make this transition, it's important that we elect wise leaders who will work together constructively to shape the future of Frederick County for the long term, and who will listen and be responsive to the citizens of our County.

While our leaders should have core values that guide their decisions, it's im-

portant that our newly elected Executive and Council members also be flexible and willing to work with others, and consider the opinions of others. Strict adherence to a rigid ideology or strict partisanship is not productive when it comes to serving the people of Frederick County. Our leaders need to be reasonable and sensible. Responsible leaders know when to compromise; they focus on one thing only—achieving the best results for the people they serve.

Good governance requires a government—and elected leaders—that strives to understand the needs and interests of all citizens, not just a few groups and not just a few narrow special interests. It should serve not only the wealthy and powerful, but also the poor and needy. It should consider the needs of the elderly who have contributed much to the community over the years, and our young people who deserve a good education and the tools to build a prosperous future. Govern-

ment should do everything it can to encourage businesses to continue forming the economic backbone of our community, while also looking out for the needs of the citizens who may be struggling and vulnerable. Our elected leaders should strive to find a balance among all the various interests.

Wise leaders consider the best course for the long term, not just what's expedient for today. For example, our county will continue to grow, but that growth should not shortchange the future of our children, our environment or our way of life. If residential growth is not guided in a balanced and responsible manner, it can lead to overcrowded schools, congested and dangerous roads and damage what is most precious about our county. Whatever the issue, whether it's growth, education, helping out those less fortunate, transportation, handling our waste, or public safety, our leaders must consider the long term consequences their decisions

will have on our community.

Leaders should be fiscally responsible, carefully using the funds they've been entrusted with by the taxpayers. When considering where to use funds, we should invest wisely and consider the long-term benefits of the services we fund. Irresponsibly cutting services may have long-term negative impacts on our community—impacts that may cost us more in the long run.

Privatizing services often costs more than if the government continued to run those services and we lose direct oversight of those services. Government isn't the enemy, but irresponsible government hurts us all. Good government represents all of us and reflects and serves the common interests of our whole community.

We expect our elected leaders to be civil and respectful—to citizens as well as with their colleagues. They should be able to show respect for all citizens, and consider and weigh all voices, even

when citizens passionately and forcefully disagree with their government. The ability of citizens to speak out freely on issues without threat of reprisal is a foundation of any effective and healthy democracy.

There are several things that I can promise I will do when I serve on the County Council. I will listen with respect to the opinions and views of all people. I will work with my colleagues to arrive at the best course for our county. I will strive to promote business in Frederick County, and to consider the needs of our vulnerable citizens. I will think long-term, and will not undermine the future of our county for short-term expediency. I will look out for the future of our children, our grandchildren and their children. I will be respectful and civil, and I will listen.

To learn more about Mark Long visit his campaign website at [www.marklong.us](http://www.marklong.us).

# Linda Norris, Candidate for County Council at Large (D)

In the 80s, when I was trained as "old fashioned" reporters are, we were taught to look for cases where government policy decisions are being made behind closed doors.

Two areas have fallen "out of the light" during the past four years that, more critically than ever, need to see the light of day: the county budget and the process of Tax Incremental Financing requests.

When I was a reporter covering Frederick County Government in the late 1980s, and while I was a county employee in the 90s, the development of the budget was done openly; proposed budgets were presented (and their appeals were argued) by department heads in open session. The reporters, representing the citizens, knew what items were

being argued for as important, and could question easily accessible department heads about them.

Under the current board of commissioners, a committee assembled by the president of the Board of Commissioners now examines budget requests and appeals, outside the open, documented and reported sessions that are public. This process needs to be reconsidered under Charter Government to return to the public access to understanding how and where their tax dollars are spent, and I plan to propose legislation addressing this process if elected.

Another policy area under the current commissioners involving millions of dollars is a troubling example of lack of open process: the current policy devised to evaluate Tax Incre-

mental Financing requests from developers (TIFs). These are the public financing tools that are designed to spur development in depressed areas. The TIF provides infrastructure financing by pledging the increased tax revenues from a successful newly developed area to paying back debt service on the infrastructure. This form of financing replaces what past county administrations required property owners and developers to pay themselves.

County policy calls for a TIF Review Committee (committee members include the County Manager, the Finance Director, the Financial Services Manager, the County Attorney, the Manager of the Department of Business Development and Retention

(DBDR), the Director of Public Works Division, and the Director of Community Development Division) to rate these applications based on specific criteria.

However, when I asked last spring to see minutes of the committee that made recommendations on recent applications, or to see the ratings on the 21 specific criteria for some recent TIF applications, I was advised that the "committee does not meet" (the criteria are rated by each committee member independently) and the ratings by each committee member are not available to the public. This policy was put in place under the current commissioner board.

This is unacceptable. The public is entitled to know the expert opinion that went into these recommenda-

tions, and to be able to hold accountable those who recommended TIFs if the increase in taxes does not come about as projected (which leaves taxpayers footing the bill).

Legislation must be enacted to protect the public's right to know when these kinds of decisions are under consideration.

Citizens can count on this former reporter, if elected, to find areas that need to have the light of public information shone upon them once again. Freedom of Information Act requests should not be necessary for the public to understand how our dollars are spent.

To learn more about Linda Norris visit her campaign website at [www.linda-norris.com](http://www.linda-norris.com).

# Susan Jesse, Candidate for County Council at Large (D)

Good paying jobs with family supporting wages is not just polished statement to make during an election year, it's a necessity of life! Frederick County has always been blessed with a diversified industrial base that has lasted for decades. Small businesses remain the backbone of America in creating more than 65 percent of our new jobs in the past 15 years. Unfortunately, in communities across the country even as the economy is improving, job growth is recovering at a slower rate as small and community-based businesses, and critical sources of employment lack access to the capital they need to create and sustain jobs. Providing the capital that community businesses need to grow will go a long way to address the nation's job crises.

I believe that business brings prosperity and Frederick County has fared well as compared to other regions throughout the state and US during the recent recession. It takes a lot of foresight and planning to create jobs but unless we become more proactive in going after family supporting jobs in the future, the long-term affect in the county could be

difficult to turn around and this would trickle down into every job category, in every region in this county. I know what it feels like to be laid off from company downsizing. I know what it feels like to make less money than I did 6 years ago. I know so many people who are unemployed or underemployed in Frederick County. I know so many college graduates that can't find a job. This is why we need to do more than we have done in the past several years to grow jobs and bring jobs back to Frederick County.

There are several economic engines that exist in Frederick County that if given the proper economic development resources could grow jobs locally and attract other companies to start up or move here. It has been discouraging to see the county dissolve the once very strong Business Development Advisory Council that included members of the local business community that were the eyes and ears in business community. It has been discouraging to see the county cut funding and deprioritize the once very strong Economic Development Department. It has been discouraging to see the county cut funding to

the Frederick Innovative Technology Center that had a great record of creating new jobs in Frederick County. As a county it's also extremely important to understand that each industry has different life cycles and challenges that they must face to move forward to the next discovery and become successful.

There are many ideas out there on how to create new jobs. Tweaking existing federal employment or tax policy so that it can be implemented at the state and local level, helping all small businesses generate more jobs by tax incentives/credits, and developing new jobs in emerging or resurgent sectors such as clean energy and manufacturing. This list touches on the major generators of job growth from private and public sectors, small business, new markets, public employment and tax policy.

Frederick is poised to become the major player in Maryland in biotech, cyber security, and other high-technology fields and beyond with all the engines in place and as a county we need to develop creative ways to support every aspect of these fields. Collaboration is everything and Frederick

County needs to continually support these economic engines, which will trickle down to job growth and business success in many other support or-

ganizations. Let's show Maryland that you don't have to be along the I-95 corridor to create great family supporting jobs!

**Open and Respectful Government**


- Restore ethics laws
- Listen to and serve people

**Responsible Growth**

- Pays its own way
- Preserves our farms and rural character

**Attract Strong Businesses**

- Good paying jobs



**MARK  
LONG**

*"For All the People of Frederick County!"*

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Visit me on Facebook at:  
**Mark Long for Frederick County Council District 5**

**COUNTY COUNCIL DISTRICT 5**  
Bill Long, Treasurer



## FROM THE DESK OF . . .

## Dan Rupli, Candidate for State Senate (D)

This year's race for District 4 State Senate boils down to a single question:

As a voter, do you want a Senator who has lived in the County since 1971 (Dan Rupli), who has a place at the political table in Annapolis, who can represent the things you care about, and get Frederick County its fair share of the State budget to meet the needs of our schools, road and transportation systems, and necessary first responder equipment? Or do you want a Senator (Michael Hough) who has not lived in the County for very long, is committed to "raising hell in Annapolis", who doesn't have the votes to pass legislation to help our District, who cannot block legislation that would harm our District, and who works full time for an organization (ALEC) of rich out of state corporations and fat cats who want to run our State to serve their selfish cor-

porate interests, and not our own?

I think that the question answers itself. My priorities in running for the Senate are very clear:

(1) I want to do all that I can to protect our green and beautiful County from the wrong kind of development, and to preserve our rich agricultural economy and "family farm" traditions.

(2) I want to invest in our County's future by providing the very best education opportunities to our kids. That means full funding for pre-Kindergarten programs, and the adoption of the Tennessee Promise here in Maryland. This is a program passed in Tennessee by Governor Haslam (Republican) which guarantees the first two years of trade school and State college or community college at State expense, to be funded by the State Lottery.

(3) I want to use existing public school facilities, or volunteered

church space for both day and evening college courses in the Northern end of our County by establishing an "annex" to Frederick Community College.

(4) I would work to address the growing problem of drug addiction in our Northern County with expanding facilities for drug education, drug intervention, and drug treatment programs.

(5) I will do all that I can to bring new employment opportunities to our District, relying on my experience as a Maryland Trade Representative to China. I remain committed to a "Buy American First" economic agenda, but believe that we should aggressively seek to sell our goods and services to an expanding Asian market, while significantly reducing Asian imports.

Our future in District 4 can be very bright with the right kind of County government, and an effec-



tive, practical, and independent State Senator representing your interests in Annapolis. I hope that you will provide me the opportuni-

ty to serve you in that capacity.

To learn more about Dan Rupli visit [www.danrupli.com](http://www.danrupli.com).

## State Delegate Kelly Schultz (R)

I have received a few questions lately regarding Congressman John Delaney's recent statement about Rural Maryland not being treated fairly in Annapolis. Many ask if I agree and how we can resolve the problem. Yes, I agree with the Congressman, and am pleased that federal officials are starting to take note. There is an obvious difference between Western Maryland, Central Maryland and points east. Resolving the issue will, in my opinion, take a change in leadership in Annapolis and a shift in ideology.

Having served in the legislature for 4 years, it has been disheartening how little the current leadership understands the value of rural counties. Not only do they not understand the value, but they continue to create legislation and regulation that have negative effects on our jurisdictions. One of the most egregious was the increase in the gas tax during the 2012 legisla-

tive session.

Many rural legislators, including myself, fought diligently against this proposal for many reasons, but mainly because of the inequity of those commuters that live in rural counties. Rural county residents commute further to work, school and shopping than residents in urban areas. I completely understand that this is a choice that is made by the resident. We each have the ability to choose our homes based on a series of costs and benefits.

The problem arises when rural residents contribute a larger percentage of revenues to the state Transportation Trust Fund and receive less in return. For example, in fiscal year 2014, there was a budget of \$228 million designated to highways. By comparison, transit services had a budget of \$965 million. Please note: only 8% of Maryland residents currently utilize public transportation. Thus, com-

muters that utilize the state's highway system are funding the mass transit across the state with little or no relief to the congestion and infrastructure problems in their areas.

When the obvious difference was discussed in Annapolis, there was no consideration or relief for rural residents. The gas tax was increased with the full intention of funding of the Silver Line, Purple Line, etc....not our declining infrastructure.

While the Governor's plan indexes mass transit fares to the CPI beginning in 2015, the revenues from that indexing are only \$14-\$20 million per year. The CPI increase for mass transit is also capped at 10 cents every two years—relief not extended to motorists. Given that the costs of the Red Line and Purple line are in the BILLIONS of dollars, it is clear that automobile drivers will still be subsidizing a system they do not use.

In response to some statewide out-

rage regarding the tax increase, the leaders in Annapolis FINALLY proposed a Constitutional Amendment to protect the Transportation Trust Fund. Every voter in Maryland will have the opportunity to vote on this proposal in November. Legislators have been advocating for this protection for years, but this legislation does not go far enough to protect the taxpayer. As proposed, the Governor would need a 3/5ths majority of a standing committee to raid the TTF in the case of a budget 'emergency'. The term emergency is loosely written and the politics of Annapolis could certainly come into play.

Transportation funding is, perhaps, the most dramatic issue that separates rural and urban counties, but it is not the only issue. Regulatory burdens placed on the agricultural community, lack of economic development dollars in 'non-technology' corridors, and a general oversight in the traditions of our surrounding communities does not fit into the marketing plan of "One Maryland".

I applaud Mr. Delaney for taking note that our region is not on the top of the Administration's agenda. I would also encourage him (as I have done in the past), to work with his colleagues in Pennsylvania, New Jersey, New York, Virginia and Delaware to explore opportunities for them to get involved in the protection of our great treasure—the Chesapeake Bay. After all, it was a federal agency (EPA) that mandated action by the entire Chesapeake Bay Region—not just Maryland. Studies show that our neighbors to the north contribute to the problem and should be held accountable. Maryland's rural taxpayers are not just getting neglected by Annapolis, they are being taken for granted by Washington DC. We need our Congressional delegation to make that point on their turf. They are our voice and they need to be loud.

To learn more about Kelly Schulz visit her official website at [www.delegate-schulz.com](http://www.delegate-schulz.com).

## Gene Stanton, Candidate for House of Delegates (D)

As a citizen of Frederick for the last decade, I have had numerous conversations on the best way to bring more business to Maryland. I have weighed arguments about tax rates, infrastructure, public education and other ways to incentivize businesses in Maryland. While I am a staunch advocate in areas like infrastructure development and public education, I believe there is room for utilizing our tax rates to entice high tech, high paying and environmentally friendly businesses to Maryland.

I believe larger companies need to be given incentives to build business in Maryland. I propose a three-year waiver of all corporate and property taxes to any business agreeing to develop in Maryland for a minimum of twenty-five years. After the three-year waiver, taxes would increase at a rate of 2% each year until they reach the state's corporate tax rate.

Companies taking advantage of

this program will be under strict guidelines. If a company chooses to back out of their end of the bargain, such as moving out of the state of Maryland, the company will have to pay back all the tax incentives they received.

I also favor a comprehensive corporate tax relief plan for small businesses. These businesses are the economic engine of our state. Businesses meeting certain employment growth targets should receive a reduction in the corporate tax rate.

The increase in employment across the state will strengthen economic activity creating a budget neutral incentive program investing in Maryland and Frederick's future.

States around the nation are successfully experimenting with innovative methods to attract business. Maryland could benefit from such innovation; but we must be smart about it. We should avoid across-

the-board corporate tax giveaways and incentives must be structured in a way that the public derives tangible benefits in return. As we invest in a better business climate, Maryland's return on that investment will come in the form of dollars and jobs, not just a "thank you" and a pat on the back.


There are many reasons why Maryland does so well economically. Among these is our proximity to the nation's capital and Maryland has one of the best educated populations in the United States. Businesses already see the value of being part of the prosperity of Maryland. As we craft incentives to add attraction for businesses to move to Maryland we need to keep a multi-layered approach, attacking the issue from a number of different avenues including tax incentives.

To learn more about Gene Stanton visit his campaign website at [www.stantonfordelegate.org](http://www.stantonfordelegate.org).

ELECT

# GENE STANTON

- Quality Education
- Better Roads & Highways
- Good Jobs
- No New Taxes



**4 Delegate District 4**

Authority of Stanton for Delegate, Tim Short Treasurer



## GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

### Karl Bickel, Candidate for Sherriff (D)

The management of our sheriff's office is critical to the quality of life we experience in Frederick County. It can affect all of us every day and in many ways—good or bad.

It impacts our wallet as taxpaying citizens. It impacts our safety and security. It impacts the quality of service we receive from our local government. It impacts the business environment. It impacts how others see our community and more.

The current management of our sheriff's office is showing up as a runaway increase in crime (up 23% in the last year) while neighboring communities are experiencing decreases, a slow response to the heroin epidemic that is taking more lives in our county than surrounding counties, a plethora of costly civil litigation including a Supreme Court ruling against our county, a Federal civil rights investigation, and a loss of jail accreditation. Tragically, we also see it in the unnecessary deaths of several of our citizens as the result of in-

adequate leadership. The list goes on.

That is the bad news. The good news is that we can turn it around. We have a sheriff's office staffed with talented personnel who have been deprived of the training, technical support, and leadership needed for them to live up to their full potential, the potential required of a 21st century sheriff's office.

As your sheriff, I will turn this around by improving fiscal management, introducing improvements in technology, enhancing and increasing training programs, developing collaborative partnerships throughout the community and providing the leadership to make our sheriff's office one of the very best.

Over the last nearly eight years, tens of millions of federal dollars -- your tax dollars-- have been left on the table for others to use, to be used in Montgomery County, to be used in Prince Georges County, to be used in Baltimore. This practice will stop after November.

As one example, did you know

that our former Congressman Roscoe Bartlett secured a \$500,000 appropriation for the sheriff's office but the current sheriff turned it down? A \$19 million upgrade to emergency communications was funded almost entirely with local tax dollars when federal funds could have paid for all of it. Millions of dollars in federal Justice Assistance grants have been left on the table for others to use. Under my leadership this will stop; we will take full advantage of federal, state and private foundation funding to save millions of local tax dollars every year.

That would be true savings instead of the current disingenuous practice of over-budgeting at the start of the fiscal year in order to turn back money at the end, and then claiming a savings. Under my administration every tax dollar requested will be justified up front and used for its intended purpose.

I will introduce a robust training program that coupled with reaccreditation of the jail and a top down review

of policies and procedures will reduce exposure to law suits. The out of control hemorrhaging of tax payer dollars to pay for law suits will be brought under control. As one step, I will develop a corrective action plan and present it to the Department of Justice as part of an effort to prevent costly litigation in federal court that otherwise would likely result from their current civil rights investigation.

As your sheriff, I will introduce improved technologies that will enhance the efficiencies of sheriff's office personnel and strengthen the quality of service to community members, so personnel can work smarter while saving taxpayer dollars.

Just one example of the kinds of 21st century methods of operation will be the introduction of online reporting coupled with a virtual sheriff's office substation.

Online reporting will permit a citizen wanting to report an incident or minor crime to do so via their com-

puter, lap top or cell phone if they choose. They will not have to wait around for a deputy to respond and take a report. This also frees up the deputy to do problem solving on other matters while the citizen is still sharing valuable information with the sheriff's office.

The virtual substation will be an internet web based substation where any business conducted at the sheriff's headquarters building will be able to be done on line. For example, the report made via computer, lap top or telephone will be downloadable from the web site. You will not have to use your valuable time to drive to the sheriff's headquarters and pay for a copy of a report.

We have reached a tipping point in the management of our sheriff's office. We can either remain on the same costly course or we can chart a new course of fiscal responsibility, better use of resources and improved efficiencies.

To learn more about Karl Bickel visit his campaign website at [www.frederickcountysheriff.com](http://www.frederickcountysheriff.com).

### Chad Weddle, Candidate for Register of Wills (D)

My qualifications for seeking this legal position include being an attorney and active member of the Frederick County legal community for twenty years. During these twenty years, I have served as Chair of the Frederick County Criminal Defense Bar and the Frederick County Criminal Justice Coordinating Commission, comprised of attorneys, citizens, community supervision employees, law enforcement agencies and judges.

In 2005 I was found "most fully qualified" to be appointed as a District Court Judge by a bi-partisan commission of citizens and fellow lawyers. I have taught Business Law, Wills & Estate Planning, Criminal Law, and Legal Research at Frederick Community College, Abbie Business Institute and Accutech Business School. I was previously employed as an attorney with the State of Maryland and am now a partner with William H. Poffenbarger at

Poffenbarger and Weddle.

Did you know that in October 2010 Maryland enacted a law that changed how banks and other institutions deal with "powers of attorney"? A power of attorney is a written document that grants authority to an agent to act in the place of a principal. In other words, the Power of Attorney allows you to let someone else act on your behalf. Here is an important point, if you are someone else's power of attorney then you are

that person's agent. An agent signing on behalf of a principal should sign as "Anne Agent, as power of attorney for Paul Principal" and NOT as just their regular name, such as "Anne Agent."

Powers of attorney should only be granted to persons whom you trust and who are able and willing to carry out your instructions. Powers of attorney should never be granted to strangers or to people with competing business or personal interests. If in doubt,

consult a family member, banker, attorney, certified public accountant or other financial planner.

The law in 2010 requires powers of attorneys to be notarized and witnessed by two individuals. Prior to 2010 the documents only needed to be notarized and NOT witnessed. Thus, if you have a power of attorney made prior to October 2010, you should review the document to see if it contains two witnesses.

### Lisa Munyan, Candidate for Clerk of Court (D)

Like you, I had long presumed that documents housed within the courthouse were well protected from harm by the most up-to-date technology available and a competent clerk. After all, the clerk's main responsibility is the safekeeping of all our important documents. However, my presumption appears to have been overly optimistic.

The main reason I am running for clerk of the circuit court is my growing concern for the safety of our most important documents. Before you glaze over and decide that this doesn't affect you, think again. It does affect you if the documents in which you have a vested interest, such as a judgment of divorce, a custody order, adoption or guardianship papers, a name change, or any number of other important documents, are under the care of the present clerk.

There are many types of harm that might befall a file or document at the courthouse, and so the protection afforded these documents must be multifaceted and of a consistently high caliber to guarantee protection from every imaginable risk.

Documents must be protected from the obvious, such as fire, flooding and wear and tear, but also from mishandling and malicious intent. They must also be stored in a way as to make their retrieval fast and efficient whilst simultaneously ensuring that sensitive documents are available only to those who

should view them.

The preferred method of protecting documents today is called Papervision. This software program allows the clerk to digitally scan documents that are then stored, indexed and accessed through existing courthouse computers. Today this data is backed up to a central external site each night so there is no danger of it being lost to an in-house hard-drive crash.

The beauty of this system is that it protects original paper documents from wear and tear and removes any chance of accidental or malicious damage. Pages cannot be removed or altered and the indexing system makes locating a particular document a breeze. In the event of a catastrophe, Papervision ensures that a scanned copy of all important documents would always exist.

This essential system has been available to all Maryland county clerks for a decade or more. The vast majority of county clerks embraced Papervision years ago and is now reaping the benefits of having done so. Washington County is a good example. Years ago its clerk recognized the security and cost-saving benefits of this system and Washington County now has one of the most extensive lists of scanned documents in our State.

So what about Frederick? Have our documents been scanned and stored? Did Frederick's clerk of the court understand the security benefits Papervision had to offer and leap at the chance

to scan our important documents into this system? Apart from being included in the State-implemented land records database, the answer is a resounding no.

Despite Frederick County having the 7th largest county population in the State, it is one of only three counties that have failed to take advantage of Papervision's secure and efficient system. Now ten years on, it will take a monumental amount of time and effort to go back and scan every paper document. It is doable, but at a cost. So until Frederick does get on board, many paper doc-

uments will continue to be at risk, continue to be subject to wear and tear, and continue to be open to the very real dangers of mishandling and malicious intent.

The clerk of the Frederick County Circuit Court has been in office for sixteen years, yet in all that time she has done nothing to improve the methods used to safeguard our documents and, perhaps, has even increased the risks. It is hard to fathom such a lack of foresight or willingness to step into the digital, 21st century. The bottom line is that we

will pay for her failure, either financially or by the permanent loss of important documents. The fact is that if there was a disaster at the courthouse today, many documents would be lost forever.

Frederick deserves better, much better. With your support I promise to do whatever necessary to bring cutting-edge protection to your most important documents.

To learn more about Lisa Munyan visit her campaign website at [www.LisaMunyan.com](http://www.LisaMunyan.com).

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## FROM THE DESK OF . . .

# Teresa Bean, Candidate for State's Attorney (D)

Why the State's Attorney's race is important to all Frederick County residents

What does the State's Attorney's Office do? Every county in Maryland has a State's Attorney's Office (SAO) that is responsible for handling all criminal cases that occur within its jurisdiction. The SAO handles misdemeanors and serious motor vehicle offenses in District Court, and felonies, which are deemed to be more serious crimes such as murders, rapes, robberies, child abuse, drug dealing, etc., in Circuit Court.

The decision whether or not to prosecute a case lies within the State's

Attorney's discretion. The State's Attorney must have an expertise in criminal law and procedure; know how to attract, train, and retain competent trial attorneys as prosecutors; hire a professional and experienced staff; provide advice to law enforcement; promote fairness and ensure equal access to justice for all; avoid even the appearance of impropriety in all dealings; keep the public safe by holding offenders accountable; and advocate for victims who cannot stand up for themselves.

Should the position of State's Attorney be political? And does "...the political nature of the position undoubtedly keep some highly quali-

fied lawyers out of the picture and off the ballot" as was suggested recently in an article by the Baltimore Sun. The State's Attorney is a public official who has to run for office every four years and has a responsibility to the electorate at all times; not just in an election year. However, the State's Attorney's position should be non-partisan. Public safety is not a Republican or a Democrat issue; it's everyone's issue. As a career prosecutor for nearly two decades, I enjoyed the reputation of being a tough but fair prosecutor, keeping victims safe and holding offenders accountable, and that should have nothing to do with party politics.

In making your decision on who to select as your next State's Attorney consider whether the crime rate is better or worse over the past 8 years?

There were 21 heroin related deaths in Frederick County last year (up from 10 deaths in 2012); restitution owed to crime victims was stolen for over a three year period by trusted staffer, hand-selected by the current State's Attorney, without any accountability or safeguards in place; the domestic violence unit was eliminated; and children are dying at the hands of their abusers. Crime is rising but the number of trials is falling yet the current State's Attorney believes that "life is

good here, let's keep it that way." The community disagrees!

As State's Attorney, I will restore the public's faith and trust in the SAO by being mission focused, prosecution driven, and accountable to the community. I will put prosecutors back in the courtroom. I will use Maryland's enhanced penalty laws for drug dealers. I will reinstate the domestic violence unit. I will establish and enforce best practices to ensure victims aren't re-victimized by the very office designed to protect them. Someone needs to be the voice of the children, families, and community! Vote Teresa Bean for State's Attorney.

# Charlie Smith, Candidate for State's Attorney (R)

The old adage "if it ain't broke, don't fix it" held true on the legal status of marijuana in Maryland... until decriminalization. This hastily passed legislation failed to account for its effect on schools, law enforcement and our public. I'm not stating that marijuana is at the top of the list of social evils, but this law was just pure politics. The original version of the bill created a Marijuana Task Force to fully vet decriminalization effects and was supported by

prosecutors. The current bill fails to incorporate numerous concerns offered as amendments that were rejected. In other words, proponents didn't care about such trivial matters as community "drug free zones", drugged driving, school property or smoking in public. Their response? "We'll figure that stuff out later". For Pete's sake, public use of marijuana is even illegal in Amsterdam and DC!

As President of the Maryland State's Attorneys Association, I am in Annap-

olis frequently attempting to beat back laws that either erode victim's rights, or negatively affect the quality of life of our citizens. Unfortunately, politicians in Annapolis jammed this one through.

One of the most frustrating things was their cowardly approach to decriminalization. They didn't have the guts to just say they just want the right to smoke marijuana. I certainly would have respected that somewhat libertarian position as opposed to perpetuating numerous marijuana "myths" blaming prosecutors and other law enforcement.

First myth: Our jails are full of marijuana smokers! Just not true. Every State's Attorney's Office in Maryland has a diversion program for first-time offenders. By completing an educational program and perhaps some community service, they are left with no prosecution, no conviction, no record and a better understanding of the health and other dangers of marijuana smoking, including drugged driving.

Second myth: Their records haunt them forever! I find it ironic that with so many supposedly "in favor" of marijuana use, a simple possession conviction somehow results in loss of employment. I guess all the employers of the world are marijuana opponents. Nevertheless, this too is a myth. As stated, first-timers leave with no record. Second timers almost always get a PBJ finding which is readily expunged. Usually, it's not until a third offense that you may be stuck with something on your record.

Third myth: The war on drugs is failing! Free up law enforcement! Again, statements made by the uninformed. Police from around the State converged on Annapolis to oppose decriminalization and set the record straight. One lone (retired) officer felt differently. Simple possession cases are almost always made via traffic stops and beat cops. Decriminalizing marijuana isn't going to "free them up" from doing a job that they will continue to do regardless. No prosecutor has ever approved a search warrant on a person for simple possession. We will continue our efforts to fight drug dealers and cartels, which by the way are often "poly-drug" organizations (they move marijuana along with heroin, cocaine, etc.). Bottom line: decriminalization will have little if any effect on "freeing up" our law enforcement resources.

Finally, regulate it and tax it!! When has the government ever done this successfully!? January in Colorado yielded about \$2 million in tax revenue. Yet it also spent \$1 million on ad campaigns to not use it! This number doesn't even account for the governmental expenses with regard to distribution and taxation, or expenses of increased government response to issues such as drugged driving, use by youth, and mental health. I guess tax reve-

nues can go towards law enforcement efforts to guard the marijuana farms of the politically connected (since according to the politicians, police will have so much time on their hands!).

Additionally, some think that black market and illegal distribution will rise due to decriminalization. Some analysts believe a 300% increase in marijuana consumption will only benefit the cartels which will operate "tax free". After all, do you really think smokers are going to buy that \$400 ounce from Uncle Sam when they can get it from the black market for \$200? Especially since it's not a crime to buy from the black market. Worst case studies show a 30% decline in cartel marijuana sales. But these brutal, violent cartels aren't being run by dopes. According to Denver HIDTA, cartel activity in Colorado is on the rise. Where? They are infiltrating legal distribution centers and have billions of dollars to do so.

Marijuana consumption is a cancer causing health hazard that impacts our youth. Studies show a dramatic increase in psychosis and other mental health concerns among regular users.

Medical marijuana aside, should we have decriminalized? Well, if you mean people shouldn't go to jail for simple possession, that was in essence the law, it wasn't broken, and politicians didn't need to "fix" it.

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# BLAINE YOUNG

## for County Executive

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Below are the questions that Jan Gardner has dodged and repeatedly refused to answer even when asked by the Frederick News Post.

- Does Jan Gardner support the Rain Tax?

**Jan Gardner** - No response

**Blaine Young** - The Young Board only charged a penny, as displayed on your tax bill, and only when forced to by the state. I pledge never to increase it past a penny.

- Does Jan Gardner support Sheriff Jenkins and the 287(g) Ice Program?

**Jan Gardner** - No response

**Blaine Young** - I do because illegals have impact on our local budget as well as the state and national budgets, especially those who commit crimes here in the county.

- Does Jan Gardner support the State's increase in the minimum wage?

**Jan Gardner** - No response

**Blaine Young** - I do not, because with Maryland having a higher minimum wage than our neighboring states, even more businesses and jobs will flee to Virginia and elsewhere. We will be hurt locally by this as income tax is the second largest source of county revenue, and we will lose out to out-of-state competition. In our transportation business we pay more than minimum wage, but that is our choice and should not be forced upon us.

- Does Jan Gardner support Governor Martin O'Malley's gun grabbing law?

**Jan Gardner** - No response

**Blaine Young** - I am adamantly against it as it will only create a rise in the local crime rate. This will impact our local budget as we fund the Sheriff's Department. I believe we should be a "shall issue" state not a "may issue" state.

- What policies/taxes of President Barack Obama, Sen. Barbara Mikulski and Gov. Martin O'Malley does Jan Gardner disagree with and did she ever speak out against any of them?

We have researched many many hours and cannot find any evidence of this ever happening.

**We can not afford 4 years of tax and spend policies of O'Malley, Brown and Gardner!**



The Young Board has cut or eliminated over 250 taxes and fees. Jan Gardner voted at least 32 times to raise taxes and fees, including property taxes and income taxes. Visit the [TaxandSpendJan.com](http://TaxandSpendJan.com) to see for yourself.

### TAXPAYER PROTECTION PLEDGE

I, Blaine R. Young PLEDGE TO THE TAXPAYERS OF Frederick County THAT I WILL OPPOSE AND VOTE AGAINST ANY AND ALL EFFORTS TO INCREASE TAXES.

*Blaine R. Young*  
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8/5/14  
Date

The Taxpayer Protection Pledge is a project of Americans for Tax Reform (ATR). ATR works with taxpayer groups and activists around the country to ask all candidates and elected officials to make this important commitment to taxpayers. The national list of signers can be accessed at [www.ATR.org](http://www.ATR.org).

I challenge my opponent to sign this; the citizens of Frederick County can not afford any more of her tax and spend policies.

Visit [Blaineyoung.com](http://Blaineyoung.com) for more information regarding my campaign and my vision for the future of Frederick County. Email me at [blaine@blaineyoung.com](mailto:blaine@blaineyoung.com) or reach me on my cell 301-748-3218.

# HONESTY + TEAMWORK = RESULTS!

By authority of Blaine Young for Maryland, Carol Young, Treasurer



## FROM THE DESK OF . . .

## Carroll Valley Mayor Ron Harris

On August 5th the 2014 National Night Out event was held at Carroll Valley Commons. The purpose was to strengthen the relationship between the citizens and first responders. Over 400 adults and children were in attendance. The Good Samaritan Lodge #336, Free and Accepted Masons of Pennsylvania of Gettysburg fingerprinted and videoed approximately 54 children as part of the Child Identification Program. Special thanks goes to our Carroll Valley Borough Police Secretary, Jo Ann Myers, our Police Chief Richard L. Hileman II, and the Carroll Valley Municipal Services.

I would like to thank the following who met with our residents: Representative Dan Moul, PA State Police, Adams County Constables Association, Adams County Sport Handgunners Association, Cub Scout Pack #76 who held the Bike Rodeo, the Battlefield Harley Own-

ers Group, PA Counseling Service Collaborating for Youth, Children's Advocacy Center, Safe Kids, RABBIT Transit Authority, and the Adams County Sheriff James Muller. Carroll Valley, through the Boy Scouts, handed out approximately 100 free hot dogs to children. Again this year the Adams Electric Cooperative gave a high voltage demonstration. Also, special thanks go to our first responders: Fairfield Fire & EMS, Fountaindale Fire Department, and the police departments of Carroll Valley Borough, and Liberty Township. If you are interested in seeing the pictures of the event, go to [www.ronspictures.net](http://www.ronspictures.net).

School has started which means school buses will be on the road again. Let us partner with the parents, teachers, administrators, and transportation personnel to keep our young residents safe when they are being transported to and from school. How do we do that? Fol-

low the law. According to the Pennsylvania's School Bus Stopping Law, when you meet or overtake a stopped school bus with red signal lights flashing and stop arm extended you must stop. When you approach an intersection where a school bus is stopped with red signal lights flashing and stop arm extended, you must stop. You must stop at least 10 feet away from the school bus. You must wait until the red lights have stopped flashing and the stop arm has been withdrawn before moving. And most important, do not move until the children have reached a place of safety.

September 11th is a time to reflect on the lives lost during a terrorist attack on our homeland during the morning of September 11, 2001. Nineteen militants hijacked four planes. Two planes hit the north and south towers of the World Trade Center in New York (2,606 victims). One plane hit

the Pentagon in Washington D.C. (125 victims). And, the fourth plane crashed in Shanksville, Pennsylvania (40 victims) because of the heroic efforts of the passengers. It was thought that the fourth plane's target was the Capitol Building in Washington D.C. I encourage you to take a moment on September 11th to reflect on this horrible event and say a prayer for the victims who died and their families, especially the children.

The "Medicine Take Back", a collaborative program between local law enforcement, adults, agencies and businesses, the Adams County Environmental Services, and Collaborating For Youth, will be returning to Fairfield (plus six other sites throughout the county) on Saturday, September 27th from 10:00 AM to 2:00 PM. Community members are encouraged to participate in the disposal of any expired, unused, and/or unwanted prescription medications (liquids, pills, powders) during the disposal hours. The disposal allows

community members to dispose of their medicines properly, reducing both the availability to youth and the contamination of water sources. Again this year, pet medications will be accepted at the disposal site. Please, note: NO needles or sharps can be accepted. The Fairfield "drop off" site will be at the Fairfield Fire & EMS Department, 106 Steelman Street, and on site to collect the drugs will be members of the Carroll Valley Borough and Liberty Township Police Departments. For more information about the "Medicine Take Back", including opportunities to volunteer, contact Eileen Grenell, CFY Substance Abuse Prevention Specialist, at 717-338-0300

Borough meetings to be held in September are: Planning Commission (Sept 2nd), Public Safety Committee (Sept 8th), Council Borough (Sept 9th), and Parks/ Recreation (Sept 24th). If you have any questions call me at (301) 606-2021 or email me at [Mayor-RonHarris@comcast.net](mailto:Mayor-RonHarris@comcast.net) (this is a new email address).

## State Representative Dan Moul

Each year, hundreds of constituents contact me at my offices in Gettysburg and at the state Capitol in Harrisburg for assistance on a variety of state-related issues. As your state representative, my legislative offices provide a number of services that can help you solve problems, find and apply for government programs to

address a particular need, or to answer questions you may have about state laws, regulations or services.

Residents of the 91st Legislative District may stop by my office at 30 West Middle Street in Gettysburg, weekdays between 9 a.m. and 4:30 p.m., or call 717-334-3010 for assistance.

Before you take the time to call or stop by my district office, I encourage you to visit my website at [www.RepMoul.com](http://www.RepMoul.com) for information, materials and links to a number of state government programs and services.

There you will find applications for a number of state programs including the Property Tax/Rent Rebate program, which benefits low-income Pennsylvanians age 65 and older, widows and widowers age 50 and older and people with disabilities who are at least age 18; the PACE and PACENET prescription drug program for senior citizens; and the Low-Income Home Energy Assistance Program, which helps eligible families pay their home heating bills, to name only a few. My staff also provides assistance, as needed, in filling out state forms for these and other programs.

On the left side of my home

page, you will see a listing of available links from which to choose. At the bottom of that list is "Government Links," which provides you with a menu of available state resources that you may access through my office, including birth and death certificates, motor vehicle services and tax forms, as well as unemployment benefit applications and Medicaid forms.

You will also find educational resources, including applications and information on federal student aid, the Stafford Loan program and student loans offered through the Pennsylvania Higher Education Assistance Agency as well as information and forms for military veterans and their families and resources for sportsmen.

As vice chairman of the House Tourism and Recreational Development Committee, it is an honor and privilege to promote tourism and recreational opportunities in the greater Gettysburg and Adams County area and throughout the Commonwealth. Besides offering legislation to en-

hance recreational and business opportunities in the tourism industry, I have ample supplies of Pennsylvania Outdoor Adventure Guides and Pennsylvania Fair Guides. Available in my district office and online, these guides contain a wealth of information on the many ways you can enjoy our great Commonwealth. If you like to fish, my website also provides trout stocking schedules for waterways throughout Pennsylvania.

My website is updated as necessary with the latest news from the state Capitol, including details on the state budget, monthly updates on Pennsylvania's economic growth and employment situation, and progress being made on my legislation as well as other major bills and initiatives before the state Legislature.

I hope you will take advantage of these resources, and please contact my office should you have questions or require assistance with any state-related matter.

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# GOVERNMENT—NORTH OF THE MASON-DIXON LINE

## County Commissioner Jim Martin

While serving as county commissioner I have become acutely aware of the importance of our various community organizations. Many of these organizations fulfill essential needs for our citizens and at the same time are actually relieving the county's financial burden.

A local organization known as Gettysburg C.A.R.E.S. is an excellent example. This organization provides emergency shelter from November to March and has established a resource center to complete their mission. The resource center provides a shower, a laundry, job application assistance and a base for those they serve to reestablish a productive future. This form of community support does relieve a burden from government when there is pressure to provide resources for such an operation. This project is definitely in hands much more appropriate than that of government. A special thanks to all who made this program a reality.

Another valuable grass-roots organization that reaches out to help our community is Mediation Services of Adams County. I feel that many of our residents are not aware of this service that is provided at minimal cost

avoiding expensive litigation and arbitration. Periodically, I receive calls from individuals not knowing who to turn to next in a genuine effort to resolve conflicts or legal issues. Mediation Services of Adams County has provided our department directors and myself a means of referring individual to a possible source of needed help.

The two examples above are not an exhaustive list of burden-lifting projects and programs in Adams County. I would be remiss if I did not mention the financial assistance provided by the Adams County Community Foundation that has made many Adams County projects and programs possible. The funds they provide are definite financial shock absorbers and relieve the fund raising burden from the recipients. Not only that, but the burden also does not fall on the taxpayers of Adams County.

That being said, there are other initiatives that, if handled differently, would also reduce the financial shock to the County Budget. The Civil War Trust's purchase of the Quality Inn and General Lee's Headquarters falls in this category. As we look toward this important task of preservation, at the same time let us

build an avenue to reduce the loss of real estate tax revenue once preserved property becomes tax exempt. The Civil War Trust becomes endowed with handsome donations made by those who are compassionate about Civil War preservation and have the financial ability to provide the funds. Consideration should be given to the impact this has on the tax base of the county and municipalities. From my general conversations with others of like mind, our question to the Trust is, "Why not designate a portion of your incoming funds (say 3%) for PILOT payments to the county and affected municipalities?" PILOT is the anachronism for Payment In Lieu of Taxes. In Boston many tax exempt institutions make substantial PILOT payments to the city to relieve the city's financial burden.

As a county we are maintaining a positive margin between revenues and expenses. That margin, however, has been diminishing. Last year's real estate tax revenue increases did not keep pace with the inflationary increase in expenses. Looking ahead we cannot sustain that trend in the long run. By receiving PILOT payments the situation becomes more manageable. Theoretically PILOTS could alleviate the pressure to in-

crease taxes. Looking for the classic win-win scenario-this can be the opportunity - the Trust provides PILOT payments while preservation continues and the county is provided financial relief.

On the other hand, everyone can be assured; the Board of Commissioners is regularly engaged in projects which help contain county expenses. We are presently embarking on a new project that other institutions have utilized which resulted in cost containment. This project involves a third party review of dependents on our employees' health insurance policies. Over the course of time, dependent status changes and those changes need to be accurately reflected in insurance premiums. Insurance experts regard this subject as one of the more difficult aspects to track. Historically, from this type of audit the industry reports errors ranging from 2-3% to 10+% regarding dependent eligibility. Regardless of the amount of potential savings that may be realized, it is a responsible management tool.

During the past two and a half years the County has been extremely pro-active in containing our rising health care costs and premiums. By being pro-active our county employees have become better health care consumers and are making good health care decisions that have reduced the shock of rising premiums. Two years ago we were overwhelmed by the enormous renewal premiums for employee health insurance. Refusing to accept these increases, we took a new path from business as usual. Through detailed profession analysis and competitive solicitation, we were able to trim premium increases. The total benefit of becoming better health care consumers and smarter rate shoppers, trimmed our premium increases in excess of \$2 million. The Board of Commissioners thanks everyone who cooperated in this effort to combat excessive increases in insurance premiums.

Best regards with anticipation of more positive reports, Commissioner Jim Martin.

## State Senator Rich Alloway

Taxpayer dollars and how they are spent are very important to me. Ever since taking office in 2009, I've made it a priority to streamline expenses and make tough cuts wherever applicable. Pennsylvanians are making difficult decisions during unstable economic times, and many citizens throughout the Commonwealth live paycheck to paycheck. I feel legislators should take heed, and lead by example.

The last several state budgets have included major cuts that required state agencies and service providers to do more with less. I am pleased that my colleagues in the Senate have demonstrated a willingness to lead by example by consolidating positions and cutting total costs to taxpayers.

Each position that is eliminated or each per diem refused will ultimately funnel more taxpayer dollars to the programs and services that improve the quality of life in our communities.

During my six years in office, I've advocated reducing expenses in my district and Capitol offices, and in the Senate Republican Caucus.

I also refuse to take per diems, something that I think all legislators should do. Staff members have taken on additional responsibilities in order to reduce the financial burden. I closed my Waynesboro office to further reduce expenses, leaving me with just three offices at the Capitol, Chambersburg and Gettysburg.

I have refused to take a state-owned vehicle, and did I mention that I don't take per diems?

Senate Republicans are leading the charge on reducing unnecessary staff positions. Since 2008, we have eliminated or declined to fill nearly 100 job openings. This is a cost-saving to you.

We do, after all, work for the taxpayer.

Even though Republicans have a majority in the Senate, Republican staffers account for just 41 percent of total Senate staff. Overall, since 2006, the Senate has reduced total appropriations by 10.66 percent. In fact, in 2013-2014 alone, we cut \$1.2 million. Since 2008, the number of Senate employees has been reduced from 985 to below 800, a 19.4 percent reduction. The Senate Republican Caucus trimmed its staff by 100 employees over that time period. There were 423 Senate Republican employees in 2008. Now, that total has been reduced to 334, a reduction of 21 percent.

Additionally, we offered a voluntary retirement incentive program to our staffers. Out of the 101 employees that were eligible for the program, 47 elected to participate. The program resulted in an overall savings of \$1.398 million. Again, constituents throughout the 33rd district and residents throughout Pennsylvania are making difficult choices with their budgets. I hold myself to the same standard.

For more information on the General Assembly's steps to cut costs and make state government spending more open and accountable to the public, please check out the "It's Your Money" link at [www.senatoralloway.com](http://www.senatoralloway.com).



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## COMMENTARY

## Words from Winterbilt

## The case for Jan Gardner

Shannon Bohrer

We have an election coming up for the position of County Executive, a first for Frederick County. For individuals that vote along party lines, the decision was made in the primaries. For the rest of us, we are doing our homework. There are elections that matter and this in one of them.

This article does not endorse either party, but it does endorse one candidate, Jan Gardner. Everything said in this article is true, from the writer's perspective. The writer's perspective is from what both candidates have offered in their election literature, what they did when in office and from research by the writer. The writer has not been offered any monies, gifts and/or anything of value for the purpose of recommending either party and/or candidates. If you have read my articles in the past you may understand that politics is a common theme, but you would also know that in five years I have never endorsed a single candidate - until now.

Examining the candidates Blaine Young and Jan Gardner for the position for the County Executive was not difficult. Both candidates have web sites and published articles with information about what they have accom-

plished and why they should be your choice. Additionally, both candidates have a history of being in public office, which is a record that can be examined independently.

While researching the article, I did have some unexpected findings, including similarities for both candidates. Both became the President of the Board of County Commissioners. Both candidates claim they are the fiscally responsible candidate and both candidates claim they were the president of the board when the county achieved its first AAA Bond rating. . . . Is that clear? As to the fiscal part, Young claims he created a 29 million dollar surplus in less than two years, while overcoming a 40 million dollar projected deficit for fiscal year 2013. When Jan Gardner left in 2010, she left a 12.3 Million dollar surplus for the Young board in 2011, the first year of the Young board. These opposing facts might seem a little confusing - and they are.

I visited the Blaine Young web site and examined the many accomplishments listed. At the top of the page there was a statement about the 202 taxes and fees that have been eliminated. The very first thing listed under that was the elimination of the pension program for the Board of Coun-

ty Commissioners, which sounds very good. I emailed the election site and requested information on the 202 taxes and fees that have been eliminated. I never received a response and the web site has since changed.

I then conducted a little research. The 202 taxes and fees that have been eliminated are targeted to business, not individuals. An example is the elimination of the admission and amusement tax. While it is nice that the tax was eliminated, it does not reduce the cost of government. How will the shortfall of funds affect us, do we need them? I wonder if the ticket price to see a movie is less.

Eliminating the pension program for the Board of County Commissioners sounded good, until you take a closer look. For a County Commissioner to be eligible to receive a pension, they must serve two terms. Four of the current County Commissioners, including Blaine Young, have only served one term. Since the governance will change in 2015, none of the four would have been able to serve a second term to receive a pension, under the old system. The only Commissioner that was eligible to receive a pension was David Gray, who was already receiving his pension. Eliminating the pension did not save anything. Maybe they counted the four ineligible pensions in the 202 taxes and fees. . . .well maybe not.

As to the first AAA Bond rating that goes to Jan Gardner since she was in office before Blaine Young. In Young's latest advertisement he no longer claims to have the first AAA, but he says "We have achieved the highest Bond ratings in the history of the county!" And it may be, but it was not the first AAA rating.

As to who is more fiscal responsible requires some additional numbers. During the 2008 recession, the Gardner Board increased spending by 4 million from 2008 to the 2009 budget. But they then reduced spending by 26 million in 2010 and another reduction of 11 million for the 2011 budget. The fact the Gardner board cut spending in 2010 and 2011, two years in a row and left a surplus, of 12.3 million is conservative.

If, as the Young campaign claims - the Young board created a \$29 million dollar surplus in just two years, do they get the full credit or does the 12.3 million dollar surplus left by the Gardner board get some of the credit? The Young campaign also claimed to have overcome a 40 million dollar deficit in 2013, the third year of the Young Board. This was the third year of the Young Board - who created the deficit?

Recent campaign ads say that the Young Board added 43 million into the general funds, from the fire tax, which was a separate fund at one time. This does sound reasonable. However, the general fund already contributed 13 million to the fire tax because

it was underfunded. If it was underfunded by 13 million, then 30 million was added, not 43 million.

In 2010, the last year of the Gardner board, the county's budget was 449 million and four years later, the fourth year of the Young board, 2014, the budget had grown to 516 million, an increase of 67 million. How does one espouse that they are a conservative and spend so much money. And at the same time tell us they are saving us money? The projected budget for 2015 is 525 million, or 87 million more than the 2011 budget, Young's first year. When asked about this Young said: "We are spending more money. But we're spending it in the right places to protect the taxpayers."

Recently, there have been dueling articles in the Frederick papers about who the fiscal conservative candidate is. It's Jan Gardner. Even the claim that Jan Gardner was politicking for a raise for herself while in office is misleading. The rules are simple, if the board receives a raise it starts with the next board - not the one in office.

This article is only a summary of the information I found. This is an important election, please do your own research and vote on facts. Beliefs are nice, but not always true, which is probably why you see advertisements and signs that read "Republicans for Gardner."

*To read past editions of Words from Winterbilt visit the Authors section of Emmitsburg.net.*

## Common Cents

## The true price of Russian oil

Ralph Murphy

Dependence on exports of liquefied fuels, such as oil and natural gas, has made economic powers out of what would otherwise be third world economies given their relevant resources. This is clearly true of most Organization of the Petroleum Exporting Countries (OPEC), including Russia and to a lesser extent Brazil, which coexist in the BRICS alliance of nations to include India, China and South Africa. The oil wealth is a blessing to those nations, but with effective sanctions given misgivings quickly reminds them of their tenuous nature of material wealth.

Iran and Russia are cases in point in which both rely heavily on oil and gas exports, and both are being punished for international law and treaty violations. The Iranians failed to comply with International Atomic Energy Agency (IAEA) requirements as regards verification of enrichment levels in their nuclear power programs. The levels are feared to be of weapons grade or could quickly reach the standard, and the United Nations has imposed sanctions from 2007 to present in an effort to encourage compliance.

Russia is another matter. President Vladimir Putin said, while negotiating in Geneva last March, that his nation sent armed forces to Ukraine's Crimea in extralegal support of an ultimately successful movement to join the region with that nation. If

Ukraine had acquiesced to the deployment, it would have been legal. The provisional government at the time was still waiting for May Presidential elections and could not coordinate an effective military action to reverse the invasion, and it was quickly absorbed into Russian territory.

Russia was euphoric at the success of the legal breach, but Ukraine with a population of almost 48 million, mostly Kiev looking ethnic nationals "picked themselves up" and fought back. A determined President Petro Poroshenko was elected and rallied international support for assistance in reversing the invaders who have also been proven to be providing materiel support such as tanks, armored personnel carriers, and even anti-aircraft systems as well as troops to minority separatists in East Ukraine near and on the Russians border. As of this writing they are attempting to join Russia as did Crimea. Russia provides over 25% of Europe's natural gas with 80% of that flowing through Ukraine pipelines. This provides Kiev considerable leverage over their belligerent neighbor, though they also purchase the gas, about \$4 billion is being retained pending related negotiations.

In 2012 Russia was the world's number three oil producer at 10.4 million barrels a day, behind Saudi Arabia and the United States which provided consumers 11.7 and 11.1 million barrels respectively. Russia was second in natural gas production

that year with 669.7 cubic meters. In 2013, over 30 percent of Russia's total economic activity stemmed from oil and gas production and reportedly paid 52% of the federal budget the previous year.

79% of Russia's crude oil went to Europe, 18% to Asian markets through Siberian sources. The Netherlands, Germany, and Italy among others were major importers and providers of hard currency. Gazprom sends 80% of its exports to Europe, and is now concerned about the bite of sanctions on the energy sector though the relationship is currently symbiotic. China is also a significant importer and in May signed a 30 year \$400 billion contract with Gazprom to provide gas. The Russians may need it more than they realize as it appears Iran and Moscow are headed for divergent futures.

Iran still appears to export to the Far East, but the Organization of Exporting Nations (OPEC) oil provider went from fourth in world production at over 4.1 million barrels a day to under a million per estimates amid sanctions. It would be a timely source to replace Russia which is struggling with international sanctions and potentially even more threatening internal divisions.

In 1989 the Soviets recognized the communist economic system couldn't begin to compete with the west's market system and was lapsing of its own inertia. The rulers created a Soviet Ministry of Gas as part of perestroika, a type of restruc-

turing introduced by then President Mikhail Gorbachev. When communism fell there in 1991, the concerns were vouchered out to citizens, opportunistic "oligarchs" who bought up that industry and other assets at below market value. Under President Boris Yeltsin, the practice was tolerated and the economy fell to over 30% below communist levels. Much like the nascent Latin American countries, the nation lacked social discipline and entrepreneurial savvy to efficiently produce.

The country was stagnant economically, but had invested enormous percentages of income in military capability, so it had to be taken seriously, especially the nuclear arsenal. Yeltsin was replaced by Vladimir Putin who took a stand against the oligarchs imprisoning Mikhail Khodorkhovsky, the nation's then richest man and owner of Yukos Oil Company. The imprisonment appeared staged, but was accompanied by an opening of the economy to western investment and market savvy. The old oligarchs were replaced with a new grouping, and the economy did stabilize with external oil demand and international marketing knowhow to the point of \$2.015 trillion revenue in 2012. Something then went wrong politically.

The Russians successfully invaded and dismembered parts of the Georgian Republic during a brief war in 2008. They went largely unpunished by the international community and continued exports as if little had transpired. Moscow did appear to view the Commonwealth of Independent States (CIS) as its area of impunity of intervention, and subse-

quent to hosting a warm but sunny Sochi Winter Olympic Games this February, attacked Crimea and other areas of Ukraine following the collapse of a minority government Moscow supported.

Internal divisions appear to have followed and the old oligarchs returned, if not entirely in body, certainly in an undisciplined mentality and sanctions followed atrocities. Russia's presumed and at this writing all but proven role in downing a Malaysian jet killing 298 innocent civilians over East Ukraine was one case in point, but galvanized world opinion against the marauders. Who would be next? Access to foreign cash has been curtailed along with individuals sanctioned and now it's affecting the blanket economy. They're in recession, lacking the discipline to sustain business, and 150 million people residing on over an eighth of the world's land mass can't realistically expect to move forward as a coherent entity.

Anyway, OPEC, the US, African and Latin American sources among others, combined for over 74 million barrels of oil a day primarily used for transport and industrial affairs. An additional 4.186 trillion cubic meters of gas is used to meet residential and electricity concerns. Russia failed to diversify its economy, Iran is trying and may emerge as a replacement near term depending on the Shia leaders and international actions. The west doesn't need the belligerent Russians. They need us.

*To read past editions of Common Cents visit the Authors section of Emmitsburg.net.*



# Pure OnSense

## Has ISIS put Syria in play?

Scott Zuke

Since its ambitious capture of Mosul and other towns in northern Iraq earlier this summer, the Islamic State, also known as ISIS, has had a meteoric rise in its profile. It now rivals al Qaeda in notoriety and has seen a surge in momentum that has cast a shadow over the whole region and made the Israeli-Palestinian conflict in Gaza and Russia's aggressions in Ukraine secondary concerns.

While the group's blitz into Iraq captured the world's attention, it appeared to stall once its territorial holdings reached Baghdad on its southern flank, and the well-defended Kurdish border in the east. The group rebranded itself as the Islamic State and declared itself a caliphate, seeming to turn toward the goal of establishing itself as a viable state with tax collection, public utilities and services, even post offices.

ISIS was always known to hold expansionist intentions, but its capacity to achieve them was downplayed until it scored a series of victories over the Kurdish armed forces, the peshmerga, and threatened the Kurdish capital of Erbil, where American diplomatic and military personnel were stationed. They also seized a strategic dam and engaged in ethnic cleansing, expelling Christians from Mosul and besieging thousands of minority Yazidis in the Sinjar mountains to the point of starvation.

With the combination of a humanitarian emergency, American resources at risk, and the United States being the only effective force left in the area, President Obama finally had to intervene—an incredible shift in policy after spending most of his presidency working to end the American military presence in Iraq after a decade of war. In August the United States used airstrikes to halt the Islamic State's advances and take back the Mosul Dam, and stepped up its material support for the peshmerga. Meanwhile, the Iraqi president nominated a replacement for Prime Minister Nouri al-Maliki, widely blamed for fomenting the sectarian tensions that had allowed ISIS to recruit Iraq's Sunnis to support its offensive into the country in the first place. Maliki stepped down a few days later, further opening the doors for US intervention since Obama had been reluctant to do anything that appeared to be propping up the unpopular prime minister.

As quickly as the American intervention was able to make an impact in Iraq, however, the Islamic State sent a grim reminder of its foothold in Syria with a video purportedly showing the beheading of James Foley, an American journalist captured by militants there in 2011. Following the horrific video there was a notable shift in rhetoric from the administration, military officials, and from Congress. The Islamic State is now being portrayed as a much

greater threat to the United States and the West, and it is being more readily acknowledged that a strategy to combat it cannot be limited to strikes in Iraq, but must extend into Syria as well.

This is a very important shift in tone that could finally hint at a break in the geopolitical stalemate that has stood in the way of intervention in the Syrian civil war for over three years. Syria has been off the public radar for some time, much to the frustration of those who have been following the mounting death toll. Body count politics were a constant discussion during the flare-up in Gaza, in which more than 2,000 Palestinians have been killed compared to just over 60 Israeli soldiers and only 2 Israeli civilians. The death toll in the Syrian conflict, however, is over 191,000, according to a conservative estimate recently released by the United Nations.

So why has Syria been out of the spotlight for so long, and why might that be about to change? It has a lot to do with Russia.

This time last year the Obama administration was seriously weighing military intervention in the Syrian conflict in response to reported use of chemical weapons by the Assad regime against civilians in rebel-held villages. Russia, a staunch ally of Bashar al-Assad, firmly blocked any action by the UN Security Council, and eventually took credit for mediating a settlement in which Syria would give up its chemical arms stockpiles for disposal. This did not in any way slow down the regime's brutal attacks on its citizens. On the contrary, the appearance of action gave the regime cover, and al-



lowed the international community to turn a blind eye to its atrocities, making the past year by far the most deadly yet.

But nothing will happen unless the impasse between Russia and the West is broken. The Islamic State might just be the catalyst that could upset the stalemate. The complex situation in Syria is often portrayed as a battle between the Assad regime on one side, and the rebel opposition and the United States on the other. ISIS, however, is a third and increasingly powerful force at war with both. If Russia feels that the Islamic State is becoming the greater threat to its interests in the country, it is possible that it could become more amenable to airstrikes and material support for the moderate rebel forces.

And although it would take a lot of factors coming together—from a quieting of the separate crisis in Ukraine to a significant shift in thinking by Syria's ruling elite in Damascus—it's possible that support for Assad could erode

and lead to a regime change. This is basically what happened in Iraq, where the once-unshakable Maliki was abandoned by the United States, his backers in Iran, and eventually his political support base in Baghdad.

The challenge will be to find a path forward that allows for a stable power transfer. For all of the evil he has committed upon Syria's civilians, Assad's military forces have been instrumental in keeping ISIS in check. The Islamic State has become a beacon for young jihadis, drawing them from all over the world. As horrifically bad as the situation in Syria is already, a political collapse there similar to what is currently happening in Libya would be an even worse calamity, and one that the international community must find a way to avoid in spite of their differences.

*To read past editions of Pure OnSense visit the Authors section of Emmitsburg.net.*

# Down Under

## A terrible aspect

Submitted by Lindsay!  
Melbourne, Australia

As I write this the 25th anniversary of the Tiananmen square massacre is making headlines.

They remind us of the savage brutality displayed by the Chinese authorities against those citizens who dared take a stand for a little democracy to temper the totalitarian regime in power. This blatant disregard for the life of its citizens sent waves of loathing and anger around the world, as never before had such a thing been done so openly and publicly. Such suppression was not new, of course, as history is littered with other examples, but this was the first time the authorities had been prepared to take no notice of a world watching and condemning.

The authorities appeared not to care what anyone else thought, nor what anyone else could do about it. They were not stupid, not boastful, but felt justified and indifferent to criticism. Certainly the closed society that had been the nature of the country for very many centuries may have formed a backdrop to their beliefs, but China was not as closed to the outside world as it once was. Trade and manufacturing had become dominant, ruthless methods were employed to ensure they succeeded, the supreme head

of the nation needed to be seen as a form of demigod, and total obedience equaling worship was expected.

Mao's long march over the old culture had arrived at its destination; we were all glad to see his coffin, and expected something closer to the values the west had put on life, liberty, and justice to emerge. How wrong we were. Human rights became the new oxymoron, tolerance a sarcastic joke, freedom to support and not criticize a necessity. The west threw its arms up in horror and disbelief, diplomats delivered stern messages, the media railed and pontificated, but in fact there was, and there still is, little give in the hierarchy.

This was a surprise to many, because China's new president, Xi Jinping, was just 13 when his father was abducted, tortured, forced to confess by the powers of the cultural revolution, then paraded with a wooden sign around his neck. After Mao's death the elder Xi returned to the ruling hierarchy where he advocated laws that would guard against unbridled power, as well as providing protection for those who spoke unwelcome truths. Other high profile reformers joined the push, and hope took root. Anxiety began to subside, but this attempt to create a more inclusive society came to an appalling end 25 years ago when

peacefully demonstrating students were gunned down. The proposed reforms were likewise killed, and Mao's ways were reinforced.

Most citizens went along with it — some delayed for a while, hoping for a sign of reform — but in the end they too cheered the tanks, condemned the protestors, and showed their loyalty — because to do otherwise is to invite state retaliation. There was still suppression of truth, information, and contrary opinion, but no more blatant murders; they, like Stalin's regime decades earlier, went underground.

One of the most amazing omissions in history was bearing fruit: The war on communism that never was. America was once the scourge of this ideology, bankrupting Russia, trying to stop dominoes falling in south east Asia, sanctioning North Korea, ignoring Minimar and so on, but never once even declaring that Chinese communism was wrong and had to be eliminated. Instead, trade was ramped up, cheap goods being preferable to costly remonstrance. Soon it was too late. China can no longer be dealt with in a way that would reduce human rights violations, allow the smokescreens to be more transparent, and dialogue on intentions to be productive. It is simply too big. Armed forces could not win, sanctions — the weapon of choice elsewhere — are quite meaningless, as would trying to unite the world in boycott or purpose.

The way forward has now become 'working together', a dubious scenario at the best of times, because their

idea of 'together' is 'join us or else'. Already official Chinese media is setting the stage, buying up local radio and print news, aiming the official tiger-smile lies at the Chinese who have escaped the straightjackets. Tiananmen is the signpost that must guide us in our dealings with them at all levels, yet we are also aware of the considerable opposition that remains within. The work of many high profile academics is having an effect, not on the leaders, but on the growing middle classes. The ripples of that massacre are still stirring resistance; the leaders are all too aware that this anniversary would bring protests anew, but are now unwilling to expose their butchery to the world, and are bringing troops to bar the way to the square, censorship all media, and keep the news bland.

This is a people that needs and deserves our support, and a nation that needs a warning that the days of Stalin must not be repeated, that territorial disputes must be dealt with openly and fairly, and that expansionist ideas will be opposed at every step. The enormous world population (with its limited resources) has a long way yet to go if it is to survive and even prosper. China, with its gigantic population, must be a part of that, must allow sovereign rights of all other countries to be preserved, and learn to share power and tolerate other cultures.

This is probably the greatest challenge of all time, but it has to be worth every effort. Forget imposing democracy, western ways, the pursuit

of happiness; let us try to lift repression, bring some peace, rub shoulders but not rub out.

Not that many people here in Australia seem interested or aware, but our trade with them is our lifeblood, our real estate, primary production and manufacturing is being taken over at record prices; there is no shortage of cash to buy a country — this one, and yours — and the bottom line is as close as the next day. No businessmen — or women — seem to consider the prospect of Chinese ownership as being bad for the country or the citizens, but it is fool's gold, or the proverbial mess of pottage, because they do not wish to look beyond tomorrow's dividend.

But some of us will surely fight all the way with you to ensure more than the most basic of human rights are cemented in place, the liberty so dearly fought for in the past is preserved, and the differences we have to bear to be as nothing to the difference a Chinese rule would bring.

Let me finish by quoting the words of Nobel Prize awarded Liu Xiaobo: "No matter what, we must not lose confidence in justice and human nature. We believe this will overwhelm the leviathan. Our aim is not to knock it over but to ensure a peaceful transition after its fall. Even when the ghost of communism evaporates, society still needs to move forward. We can't afford another revolution."

*To read past editions of Down Under visit the Authors section of Emmitsburg.net.*



## THE PASTOR'S DESK

# Hang in there

Pastor John Talcott  
Christ Community Church

The Declaration of Independence states that "All men are created equal." Now we may not all be created equal in terms of social status, ability, intelligence, or opportunity; but one of the ways in which we are created equal is that we all have access to the same amount of time every day of our lives. You, me, the President of the United States, we all have 1,440 minutes to invest every day. And so what we do with those 1,440 minutes determines much of what our lives will become.

This month as summer comes to a close and fall unfolds before us, what if we were to embrace every opportunity to make significant positive changes in our lives? What if you and I were to determine to walk wisely, taking control of our lives, one minute at a time? You see, the truth is, it's pointless to discuss today how we might have wasted yesterday, because yesterday is gone forever. As author Tom Clancy said, "Fix your eyes forward on what you can do... not back on what you cannot change." Therefore, the only meaningful thought for us at this moment is how we might make better use of our time today, tomorrow, and into the future.

The Bible, in the Apostle Paul's letter to the Ephesians, challenges us, "Look carefully then how you walk, not as unwise but as wise, making the best use of the time..." (Ephesians

5:15 ESV). And what that means, is that we're to make the most of every opportunity, building others up, forgiving others, changing our thoughts, changing the way we talk, and getting rid of worry; so that we can spend our time doing what matters the most. Now all of us, no doubt, have a lot to learn about how to better manage our time and I in no way intend to imply that I have mastered my schedule making the most efficient and productive use of my time. But here is what I am saying, our lives consist of individual days divided into hours and minutes, and when we spend those hours and minutes doing the wrong things, our lives take the wrong direction. When we do today what we should have done yesterday, that limits the possibilities that God can bring into our lives today. And since time equals life, using our time well means using our lives well. Using our time well dramatically increases the chance that our lives will become what we want them to become. And using our time well means that you have the opportunity to reach your God-given potential.

Microsoft Windows used to have an advertising campaign asking the question, "Where do you want to go today?" And we can ask ourselves a similar question: "Who do you want to be today?" You see, every day brings you the opportunity to change, but the fact is, changing your life is not easy. It's definitely not as simple as making a New Year's resolu-



tion, but making that decision is the first step toward the change you want to see in your life... a change that will make you a better person, a better Christian, a better parent, spouse, or employee. And so, the process of getting from the desire, to actually seeing true lasting change in your life, is the result of persistence, of making it your habit to keep trying and keep trying as long as it takes to get it done.

Unfortunately, most people don't keep trying; most people give up somewhere along the way, because they're not willing to invest the time. You see often when we make a resolution to improve a certain area of our lives, we may be good for a week or a month or two and then we discover that in spite of all the effort we've made to change, we're still dealing with the same old junk from the past. It's that residue of the past that often clouds our view of the present, preventing us from dreaming, reaching, and attaining our God-given potential tomorrow. And this is not some new mysterious phenomenon of our modern culture; it's the Law of the Harvest. The Bible teaches it in Galatians 6:7, "A man reaps what he sows." So we may change, but there were still some consequences to deal with. There's an old joke that some people spend all week sowing wild oats, then go to church on Sunday and pray for crop failure. But it just doesn't work that way.

"Good thoughts and actions can never produce bad results; bad thoughts and actions can never produce good results... nothing can come from corn but corn, nothing from nettles but nettles" (As a Man Thinketh; James Allen). This is important to understand, because your life today is the harvest of what you planted in the spring. You are, today, reaping what you have sown in the past. When you decide to make

changes in your life, there is a period of time during which you still have to deal with the junk from yesterday. But don't let the fact, that you may still have some consequences to face, become an excuse for giving up.

We need to accept the fact that change doesn't take place overnight. The Bible says, "Let us not become

wearied in doing good for at the proper time we will reap a harvest if we do not give up" (Galatians 6:9). It's just a matter of time. If you're sowing good seed, you'll eventually reap a good harvest. It works this way in your spiritual life, in your relationships, and in every other aspect of life. God is pleased with your desire to be a better spouse, parent, boss, employee, Christian, and so on. He's pleased with your desire to be more generous, more loving, more patient than you were before. As you move in this direction, you may not see results immediately, but you will see them eventually. It's just a matter of time. 1,440 minutes a day. You will reap a reward for your efforts, so don't become weary in doing good, don't give up, hang in there till the harvest comes in.

## Get to know the Holy Land

This summer Thurmont residents John Giffin and Rev. Sally Joyner-Giffin visited the Holy Land. The Giffins wanted to walk in the places Jesus walked to get a better understanding of his life and ministry and also to have a context for events described in both the Old and New Testament. The Giffins were part of a group of Christians from around the world who visited historic sites built by Herod the Great; sites where Elijah, Elisha and Moses listened to God; the site accepted as St. Peter's home; The Sea of Galilee and the sites of Jesus' birth death and burial.

Part of their reason for being there was to spend a lot of time in prayer so they prayed at the places Jesus was known to visit; at the Wailing Wall; at the Via Dolorosa (the path Jesus walked on the way to the crucifixion); at numerous churches and along the Jordan River.

While they were there the conflict between the Palestinians and Israel escalated and they found it ironic that as they visited places long considered to be



holy by both the Jews and the Muslims there were missiles being fired by both sides. Though they could see the missiles from their hotel room, the missiles were not what left a lasting impression on them. Having the Bible come alive is what they most appreciate.

They would like to share their experiences and their slide show on Thursday, Sept. 18th at 6:30p.m. at Harriet Chapel, Catoctin Episcopal Parish, 12625 Catoctin Furnace Road, Thurmont (across from the Catoctin Furnace). Light refreshments will be served. Call Harriet Chapel 301-271-4554 if you have questions.

*A new support group for coping with grief and sorrow is now forming in the Thurmont and Emmitsburg area. It will be called Mackenzie's Light: A Bereavement and Addiction Awareness Program. The first meeting will be held at the Thurmont Regional Library on Monday, September 29 at 6:30. The library is located at 76 East Moser Road in Thurmont. This meeting is open to all ages.*

*After the death of three grandchildren, Becky Freeze of Thurmont, felt a calling to begin this program to help others with similar losses and who may benefit from talking to others. Mackenzie's Light is named for Becky's granddaughter. The core of the program is to educate through discussion, guest speakers and educational materials.*

*The first meeting on September 29 will be a meet and greet and an opportunity to meet the committee members who will be planning future meetings. Refreshments will be served.*

*All interested persons should contact Becky Freeze for more information at 301-524-8064.*



# Emmitsburg

Community Bible Church

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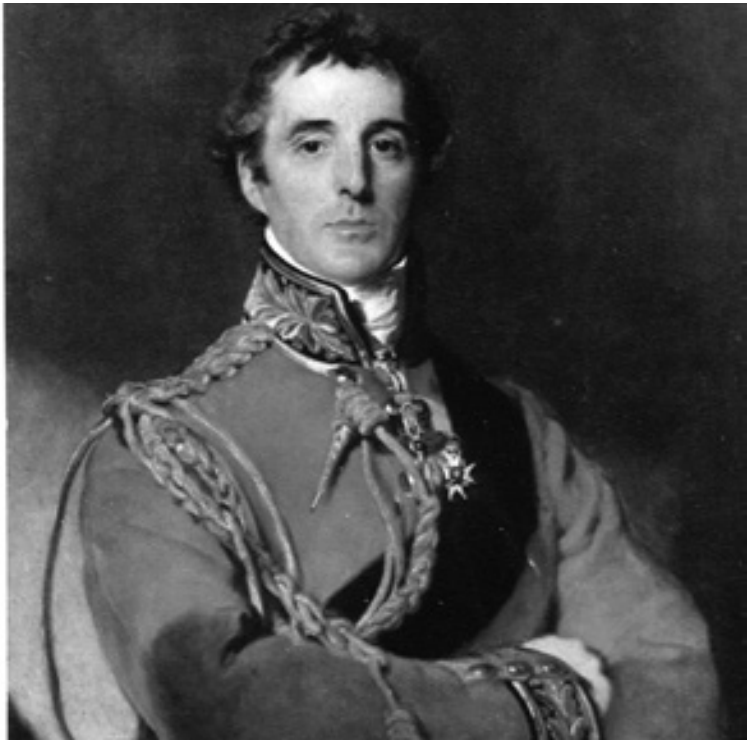
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# The Duke of Wellington



On the 14th of September 1852, died Arthur, Duke of Wellington, the most illustrious English-man of his time, at the age of eighty-three. He had performed the highest services to his country, and indeed to Europe, and the honours he had consequently received were such as would tire even a Spaniard. While so much honoured, the duke was a man of such simplicity of nature, that he never appeared in the slightest degree uplifted.

His leading idea in life was the duty he owed to his country and its government, and with the performance of that he always appeared perfectly satisfied. He was the trust of men, and even in the dispatches and bulletins which he had occasion to compose amidst the excitements of victory, there is never to be traced a feeling in the slightest degree allied to self-complacency. It was not in respect of stricken fields alone, that he proved himself the superior of Napoleon. He was his superior in every moral attribute.

The Duke was the younger son of an Irish peer remarkable only for his musical compositions. Arthur entered the army in 1787, as an ensign of foot. He passed through various regiments of foot and horse, and at four-and-twenty had attained the lieutenant-colonelcy of the 33d Regiment of infantry.

His first conspicuous appearance in our military history is as the chief of a little British army, which overthrew in 1803 a large Mahrattas force at Assaye by which the British power was established in that part of India. It is not required here that we should recite the series of campaigns in Spain and Portugal, extending between April 1809 and November 1813, by which he expelled the superior armies of Napoleon from the Peninsula, and enabled his troops to bivouac in unopposed triumph on the soil of France. Neither is it necessary here to repeat the particulars of his Belgian campaign of 1815, ending in his triumph over Napoleon in person at Waterloo. All of these transactions are already written deeply

in the hearts of his countrymen.

When Arthur Wellesley completed his military career in 1815, with the title of duke, and a multitude of other marks of the public gratitude, he was only forty-six years of age. Throughout the remainder of his long life, he devoted himself to the service of his country, as a member of the House of Peers and occasionally as a minister. It cannot be said that he shone as a politician, and his sagacity, for once, made a dismal failure in the estimate he formed of the necessity for parliamentary reform in 1830. Yet no one ever for a moment hesitated to admit, that the Duke was perfectly honest and unselfish in his political, as he had been in his military career.

The death of this eminently great man was the result of natural decay, taking finally the form of a fit of epilepsy. He was interred with the highest public honours in St. Paul's Cathedral.

## The Duke of Wellington at Walmer

The death of the Duke of Wellington was associated with much of that soldierly simplicity which marked his character generally. From 1829 till 1852, he was accustomed to pass two months of each autumn at Walmer Castle, away from the turmoil of parliamentary and official life in the metropolis. As Lord Warden of the Cinque Ports, Walmer was one of his official residences. Those ports have long survived the state of affairs which once gave them celebrity as a naval fraternity; but still the title of Lord Warden is kept up, with a few unimportant duties—Dover being the head-quarters, but Walmer the official residence.

The castle, built in the time of Henry VIII, is one of three which defend the low coast near Walmer and Deal; it has had alterations made in it from time to time, to adapt it as a domestic residence. Here the great duke, as we have said, passed a portion of each year. His apartments were furnished in the simplest possible way; especially his bedroom, which besides an

iron military bedstead and a coverlet, contained very few articles. The one window of that room looked out upon the sea; while a door, in an adjoining apartment, gave access to the ramparts of the castle, where the duke was accustomed to walk at an early hour every morning—a few guns around him, but a very lovely prospect in front.

His habits were as plain and simple as his rooms. From morning until night, every hour was apportioned with the utmost regularity. That faculty for order and organization, which had enabled him, in earlier years, to manage large armies, still remained with him till his death, when he was in his eighty-fourth year.

On Monday the 13th of September 1852, the duke rode and walked out as usual, dined as usual, and retired to rest at his usual hour. On Tuesday the 14th, his valet called him at the customary hour of six o'clock. Half an hour afterwards, hearing a kind of moaning, the valet entered the room, and found his master ill. The duke requested that his apothecary, should be sent for. When the apothecary arrived between eight and nine o'clock, the Duke was in an epileptic fit, something similar to one from which he had suffered a few years before. The apothecary went back to prepare some medicines; but while he was gone, the symptoms became worse.

As the day advanced, the urgency of the case led to the dispatching of telegrams to London, summoning any one of three eminent physicians. The veteran suffered much during the day; he spoke frequently, but his words could not be understood. At four o'clock on that same afternoon, he breathed his last. Thus the Duke of Wellington died, with nobody near him, among all his crowd of illustrious and distinguished friends, except one son, one daughter-in-law, a physician, an apothecary, and the ordinary domestics of the castle.

## The Duke's Coolness

Two striking instances of Lord Wellington's coolness are often noted: one, when in a fog in the morning, as he was pursuing the French, he found a division of his men, much exposed in advance, and nearly separated from the rest of the army, and the French in a village within a mile of where he was standing. He could

see nothing. But, on some prisoners being brought in, and being asked what French division, and how many men were in the village, they, to the dismay of every one except Wellington, said that the whole French army were there. All he said was, quite coolly: "Oh! they are all there, are they? Well, we must mind a little what we are about, then."

On another occasion, just before the siege of Rodrigo, when the proximity of the French army placed them in considerable danger by reason of the non-arrival of their flank divisions, a Spanish general was astonished to find the English commander lying on the ground in front of his troops, serenely and imperturbably awaiting the issue of the peril. "Well, general," said the Spaniard, "you are here with two weak divisions, and you seem to be quite at your ease; it is enough to put one in a fever." "I have done the best," the Duke replied, "that could be done according to my own judgment, and hence it is that I don't disturb myself, either about the enemy in my front, or about what they may say in England."

On several instances he very narrowly escaped being taken prisoner. Once at Talavera, in the midst of the action; once, just before the battle of Maya, being surprised by a party of French while looking at his maps. In the latter action, as he was carried away on the tide of a retreating body of young troops, the French lancers suddenly charged on its flank, and his only chance was in his horse's speed. "He arrived," Mr. Gleig writes, "hotly pursued, at the

edge of a ditch, within which the 92d Highlanders were lying, and the points of their bayonets bristled over the edge. He called out to them as he approached, "Lie down, men!" and the order was obeyed, whereupon he leaped his horse across the ditch, and immediately pulled up with a smile on his countenance."

The duke's success no doubt was largely owing to his special mastery of details. In camp and on the march, equally methodical, he relied for victory on the preparations he had made. From the smallest incident to the greatest, he made himself acquainted with all that could affect the organization of his army, and the comfort of his men individually. Even the cooking of mess-dinners was his constant care.

Upon the first publication of his dispatches, one of his friends said to him, on reading the records of his Indian campaigns: "It seems to me, duke, that your chief business in India was to procure rice and bullocks." "And so it was," replied Wellington "for if I had rice and bullocks, I had men, and if I had men, I knew I could beat the enemy." Like Napoleon, though with a vast difference in scale, his army was the work of his own hands.

This mental activity, of course, widened the range of his achievements. Like Caesar, who is said to have written an essay on Latin rhetoric as he was crossing the Alps, Wellington passed the night previous to one of his battles in devising a scheme for a Portuguese bank.

To read other selections from Robert Chambers' *The Book of Days* visit [www.thebookofdays.com](http://www.thebookofdays.com).

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# THE (retired) ECOLOGIST

## Memories of turkeys in the yard

Bill Meredith

*"Of my three-score years and ten, twenty will not come again."*

—A. E. Houseman, when contemplating cherry blossoms as a young man.

*"Of my four-score years and one, another autumn has begun."*

—B. Meredith, for no apparent reason.

In the "The Family Circus" comic strip last week, Grandma was bustling about the kitchen, and her little granddaughter remarked, "Grandma says she's seen it all, done it all, and heard it all. She just can't remember it all." I can sympathize with Grandma. You live a long time, you experience lots of things, and then when your eyes get dim and your ears don't work any more, it's easy to stop paying attention... especially if you think you've seen it all. So, at 7:25 A.M. on the 26th

of July, my mind was miles away, and if my wife hadn't been looking out of the kitchen window just then, we would have missed the turkeys.

There were seven of them... and adult female and six young poults... and they came out of the thicket at the west end of the yard, where the locust tree fell over the week before. The mother was nearly three feet tall when she stretched her neck. She was wary and alert, placing her feet carefully as she walked and bobbing her head backward and forward with each step, watching for danger both at ground level and above. The chicks were about half the size of chickens, and they scurried about as kids do everywhere, pecking at anything that might be edible or otherwise interesting. Their wing and tail feathers were visible but not yet big enough for flying; if they got too far away, the mother would cluck and they would come to her at top speed, flapping their wings

and occasionally getting a few inches off the ground. They stopped for a few minutes to peck at seeds under the bird feeder, and then wandered out of sight around the corner of the garage. They came again at the same time the next day, and one of the chicks actually came up onto the front porch and ate some fuchsia blossoms that had fallen from the hanging basket. Later, our granddaughter laid a trail of sunflower seeds down the walk from the birdfeeder to the porch, like Hansel and Gretel's bread crumbs, and we had high hopes that the entire flock would come onto the porch the next day. They did come back; but, alas, by the time they got there the chipmunks had stolen all of the sunflower seeds. Since then, they've come by nearly every day, sometimes in the evening as well as morning, and occasionally I hear them clucking in the Great Forest behind the house when I am working in the garden.

The six young ones are probably the survivors of a larger group. The average female turkey lays about a dozen eggs, and incubates them for 28 days; they would have hatched in late May or early June. The chicks can walk as soon as they are dry, and the mother would have taken them away from the nest as soon as possible, for the broken eggshells attract predators. The little ones peck instinctively at any small object that moves, and also recognize seeds as food. They recognize snakes, hawks and small mammals as enemies, but probably don't distinguish between raccoons, possums, foxes and feral cats. The ones in my yard ignored passing cars, but

ran away if people walked by on the street.

Watching the turkeys from the kitchen window, it would be easy to assume the mother is behaving as a human mother would with a group of unruly pre-schoolers... watching, teaching, caring, thinking ahead to avoid known hazards... but this is not the case. Most of their behavior is instinctive rather than learned. Their mother has guarded them successfully so far, as directed by the pre-wired neural connections in her brain; but there is nothing in her behavior that can be explained as maternal love or knowledge of the future. I learned this in an odd way over 50 years ago.

About the time I started graduate school at the University of Maryland, a biologist at the Beltsville Agricultural Center was studying hearing in birds, and had surgically deafened several turkeys for his experiments. When his study was finished, he had a group of perfectly healthy turkeys that were normal in every way except that they couldn't hear. A young German biologist named Wolfgang Schleidt had just arrived at the Center to study



A wild female turkey and her poults.

the behavior of baby turkeys; he needed some female turkeys to sit on eggs and hatch them, and he was happy to take the deaf turkeys for that purpose. He put them in nest boxes with fertile eggs, and they cooperated nicely for the required period of time; but, to his surprise and dismay, when the eggs hatched, the foster-mother turkeys immediately attacked the babies and pecked them to death. Being a good scientist, Schleidt asked the obvious question: why did this happen? He immediately designed several further experiments, and discovered that female turkeys do not automatically know what baby turkeys look like; they recognize them only when they hear them peeping. Baby turkeys begin peeping inside the eggs a few hours before they hatch; the mother hears them, and recognizes them. She is very protective at this time, and she assumes that any small moving object that doesn't peep is a potential predator... a rat, or perhaps a weasel... so she attacks it. This explained why the deaf turkeys had killed their hatchlings, and it made Dr. Schleidt internationally known among students of animal behavior.

I was fortunate enough to meet Dr. Schleidt; when I completed my thesis research, he was one of the professors who participated in my final oral exam. That event happened 47 years ago, but it still runs through my mind every time I see a turkey. In fact, the first time we saw this family in the yard, I remarked to my wife, "Well, at least we know the mother isn't deaf."

It has been nearly a month since they first appeared. The young ones are now teen-agers, already bigger than chickens and able to fly short distances. Their voices are changing, but they still peep to their mother, and she is still protective. It is tempting to think of them in human terms, like a kind parent patiently teaching her children how to get along in life; but I know better. So although "my" turkeys are endearing to watch, I cannot allow myself to become anthropomorphic about them. After all, Dr. Schleidt is still living; his photo stared sternly at me from his website when I entered his name in my computer. He would expect more than that from me.

To read past editions of the Retired Ecologist visit the Authors section of Emmitsburg.net.



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# IN THE COUNTRY

## Ready for a walk?

Ian Clarke  
Strawberry Hill  
Nature Preserve

In his essay "Walking," Henry David Thoreau suggests "we should go forth on the shortest walk . . . in the spirit of undying adventure." In that spirit I got up one mid-August morning to walk right here in the local area in the woods of Strawberry Hill Nature Preserve outside Fairfield, Pennsylvania.

Strawberry Hill encompasses 609 acres (almost exactly one square mile) off of Mount Hope Road about three miles west of Fairfield. It preserves the watershed of tiny Swamp Creek, a tributary to Middle Creek, and in turn Toms Creek, the Monocacy River, and the Chesapeake Bay. The preserve offers educational programs and membership opportunities, but my subject today is the ten miles of hiking trails that are free to the public throughout the year. Unusual for a nature preserve, they even allow pets, as long as they are on a leash and their owners clean up after them. The trails have colored blaze marks, and a brochure with a map is available online and at the trailhead. I wore hiking shoes, though most people will be happy enough with sneakers on these trails. My plan was to cover the low ground and the high ground by combining the Nature, Swamp Creek, and Baker's Knob trails.

I arrived on a cool morning with mist rising from the small pond and disintegrating into a breeze. A turtle-basking platform some distance from the bank was empty, and a few birds sang — titmouse, wood pewee, and crow. My trail began with the white-blazed Nature Trail just behind the log and pink-painted cabin that sits on the north side of Mount Hope Road. It dates to the 1700s. The trail headed into the shade of a forgotten evergreen plantation bordering the pond. Beyond the pines, the path emerged into a more familiar mid-Atlantic woodland. Spicebush, with the berries still green, bordered the trail, and the surrounding trees were mostly beech and oak, with a few hemlock and hornbeam mixed in. Before going a quarter mile, I came to Swamp Creek. As you'd expect in August, the water was low, but it was still flowing around rocks and between banks lined by ferns, moss, and exposed beech roots.

The main trails on the upstream side of Mount Hope Road are arranged in three expanding loops. From the shortest trail (Nature Trail) you can access the next larger (Swamp Creek Trail), and from Swamp Creek you can access the longest (Foothills Trail), which fits in a full five miles. Spur trails can take you to a hilltop (Baker's Knob) or an abandoned quarry. Not long after crossing Swamp Creek on a wooden bridge, I hopped onto the pink-blazed Swamp Creek Trail. At this point, the footway narrowed

to a single file track and meandered upstream along the creek. After just about a half mile, the pink trail crossed another trail and began to climb through an open area of blow-downs and snags, where I heard Pileated and Red-bellied Woodpeckers calling.

To really find the high ground at Strawberry Hill, you need to head up a tougher trail — the blue-blazed Baker's Knob. It's a fairly wide old woods road, tough only in the sense that it is steep. Local cross country teams train on this trail, and it's part of the annual Twisted Turkey trail race in November. With Thoreau in mind, I walked without a concern for finishing time. As I turned onto the blue trail and climbed up the slope on the east side of Swamp Creek, I could see the sun beginning to shine on the western side. The trees were changing too: fewer beeches, more Sweet Birch and Chestnut Oak. This last tree is one that thrives in the poor soil of rocky hilltops. The trail forked, but both blue-blazed paths joined again before the final climb to the summit. The high point is marked by a kiosk and a picnic table. I have seen turkeys here before, especially when alone, but not this day. The hilltop is forested and does not provide a big view, though when the leaves are down you may catch some glimpses of the countryside below from rocky outcrops nearby. A wood pewee and a nuthatch were the only birdsong. It was a good place to pause the adventure, rest, and take stock.

Taking a walk in the "spirit of un-

dying adventure" could mean a few things — finding new places, new things, new facets of yourself. New for me on this day were fungi. Maybe it was the cool days, or recent rains, but there seemed more than usual along the trail. I learned two new ones with bizarre shapes: Horn of Plenty, with its dark ragged trumpets; and Calocera viscosa, Yellow Stag's Horn. The example I found was bright orange, like a tiny coral reef on the forest floor.

After descending from Baker's Knob, I turned right to continue the Swamp Creek loop. Though mainly fed by runoff, Swamp Creek has a few small springs, one of which I passed. The trail soon passed under a stand of huge Tulip Poplars and then back toward the creek, which it crossed on a lovely new wooden bridge at just under 2.5 miles into the hike. Here I scared up four or five deer, too quick for a photo. A few racoon tracks marked the streambed. Then the trail widened and began to climb the western slope of the watershed. By this point the day had begun to warm up and the late summer cicada noise was growing. This trail only climbs the shoulder of the slope, and at just over three miles I descended to a wooden bridge and a trail hub where I rejoined the Nature Trail and continued toward my starting point. I passed a woman and a boy of six or seven exploring. She pronounced the Preserve "heavenly," so maybe she had read Thoreau as well.

Near the "pink cabin" I came back into the sunlight and walked over to the pond. I had covered



Strawberry Hill offers not only educational programs, but also miles of some of the most exceptional nature hiking trails in the area. It's an fun treat for kids of all ages—especially adults!

3.6 miles in two hours and twenty minutes at what I would call a "nature pace," a relaxed walk with many stops. An exercise walker would go faster; the Preserve's brochure says you'll go slower. Your results may vary. The Baker's Knob spur, by the way, added about a mile to my walk, and of course, a better sense of the varied terrain. This total was still only about a third of the trail mileage available at Strawberry Hill, to say nothing of the fact that the 2010 transfer of former private tree farm lands to the state means that one can hike from the Preserve parking lot right into Michaux State Forest. But those are hikes for another day.

On the pond, the morning mist was long gone. Dragonflies were

now cruising the banks, as robins and a Carolina Wren sang from nearby wood-edges. The turtle platform was no longer empty. Two Eastern Painted Turtles were basking. As I approached the bank, one slid off into the water. Perhaps I spooked it, or perhaps its leaving was simply part of a daylong cycle of basking for warmth and foraging for food. The other turtle stretched its head and looked my way. I was only one of many pond-watchers to walk by during its long life. The ever-changing landscape had shifted with the rising of the sun, and the forest waited to welcome the next traveler.

To learn more about Strawberry Hill Nature Preserve visit [www.strawberryhill.org](http://www.strawberryhill.org).

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Titus had lived inside the house for the last fourteen years and he never – never – got outside.

Until tonight. It was like a lightning flash, that's how quickly he darted out the open patio door. She didn't think the cat could move that fast anymore. One minute, Titus had been eyeing something outside in the yard and the next minute, his black tail with the white tip on top disappeared between the bushes.

Fear like she'd never known before chokes her and she's frozen in panic at the still open door.

Think, she demands of her locked brain. Think.

He's always responded to her voice, so she steps out to the bushes and calls for him. She canvasses the length of her yard – nothing. How could he have even gotten that far? How could he move that fast? Where could he be?

Twilight paints the sky a vivid blue and if she were in a better

frame of mind, she'd take a moment to appreciate it, but she's so wracked by fear for her boy that she can't comprehend much beyond the thumping of her heart saying find him find him find him.

The darker it gets, though, the tougher it is to see much of anything.

Her neighbor's watering his late summer annuals and he must notice something in her face because he puts the hose down and walks over, "Anna, what's wrong?"

She chokes out the story and he starts to help her look. They walk the length of the neighborhood block, collecting other concerned people as they go and by the time night has truly fallen, there's not a single sign of Titus.

It's literally gut wrenching.

Once she's back inside, her instinct is to call for Titus, which sends a sharp pain through her stomach. She's gotta get him back.

Standing in the middle of the kitchen without her feline companion, she feels her heart really start to thunder and she can't get her breathing under control.

She's seconds away from a full-blown panic attack when she tells herself this will not help Titus.

Using deep breathing exercises and reaching for a calm she doesn't feel, she heads to her computer to create a flyer. She needs to get his information out there to let people know to be on the lookout for him.

Going through his photos, seeing that green-eyed expression of mischief, and knowing he's out there somewhere alone in the dark compounds the worry and upset she feels. Still, she manages to get a flyer together and logs in to her Facebook account. She also prints out a handful for the neighborhood. When she's finished, she goes to bed.

But sleep eludes. The house is just too quiet. The bed seems far too big without Titus stealing all the room on her pillow. It's easily the toughest night she's had in a long while.

By morning, she ignores the tight feeling in her chest and sets out to make contacts. She pulls out the microchip information she has for Titus and makes sure every vet office has the flyer. She calls the Cumberland Valley Animal Shelter and in her fear and grief, the people there are so thoughtful and nice that she feels like crying all over again. They assure her they will put his information on their Facebook page as well in an effort to get him home.

Titus had become such an integral part of her life, she didn't realize it would be like missing a limb to not have him around.

She sets out again in the neighborhood, posting the flyers on telephone poles, and receives well-wishes and mentions of prayers from friends who live nearby.

By evening, she's dissolved into a quiet desperation. She hasn't eaten anything in almost 24 hours. Her stomach just can't take it. She hasn't filled Titus's water bowl or food bowl and it seems wrong, so in a pique of either insanity or some bizarre sentimentality, she fills both, hoping that his little meow will precede his presence in the kitchen.

Nothing happens.



An animal control officer scans a cat for a microchip at an animal shelter. If the cat is lucky enough to have a chip, it will soon be on its way home.

She's in tears, practically curled into a ball on her kitchen floor when her cell phone rings. She jolts almost like she'd been shot, but jumps for the table.

It's the shelter. They have Titus. A concerned community member found a black-and-white cat meandering pretty close to her neighborhood. They scanned him for a microchip and her number came up. She hasn't showered the whole day or brushed her teeth, but she's in the car within 30 seconds and on her way to CVAS.

Once there, Titus is brought out and responds to her voice and much to her chagrin, she starts sobbing and can't seem to stop. The people at the shelter are kind and gentle to her, but she feels a little melodramatic.

She's just so happy to have her boy back.

That night, they both sleep soundly, curled up together in bed and she thinks of her gratitude – for her neighbors who showed such concern, for the people who found Titus and brought him to the shelter and for the shelter staff who treated her so thoughtfully.

She knows there are good peo-

ple in the world and she's lucky that so many came together to help her and Titus.

She hopes they all realize what they have given her – she has her life back.

\* \* \*

Microchips work. Please consider having your pet microchipped in the terrible event that he or she gets away from you. Remember to keep the information (address and phone number) up-to-date with the company. CVAS has returned pets to their owners because of a microchip. Give yourself that peace of mind and invest in one today.

Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter and can be reached at [cvascomm@cvas-pets.org](mailto:cvascomm@cvas-pets.org). The shelter accepts both monetary and pet supply donations. For more information, call the shelter at 717-263-5791 or visit the website [www.cvas-pets.org](http://www.cvas-pets.org). CVAS also operates thrift stores in Chambersburg and Shippensburg. Help support the animals at the shelter by donating to or shopping at the stores.



Sherwood came to the shelter in a humane trap, believe it or not. Once we started talking to him, we definitely couldn't believe it. He purred and rubbed against the walls of the trap and once we got him out, we discovered he's neutered and declawed in his front feet! Even though he's 10 years old, we really believe someone can give this sweet, sweet guy a home in which to live out his golden years. We know once you meet Sherwood, you'll fall hard. To learn more about Sherwood contact the Cumberland Valley Animal Shelter at 717-263-5791.

Before humans die, they write their last Will & Testament, give their home & all they have, to those they leave behind. If, with my paws, I could do the same, this is what I'd ask...

To a poor and lonely stray I'd give:

- My happy home.
- My bowl & cozy bed, soft pillows and all my toys.
- The lap, which I loved so much.
- The hand that stroked my fur & the sweet voice which spoke my name.

I'd Will to the sad, scared shelter dog, the place I had in my human's loving heart, of which there seemed no bounds.

So, when I die, please do not say, "I will never have a pet again, for the loss and pain is more than I can stand."

Instead, go find an unloved dog, one whose life has held no joy or hope and give MY place to HIM.

This is the only thing I can give...  
The love I left behind.

-- Author Unknown

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# The West Nile Virus

Kimberly Brokaw, DVM

I'd been working for Mrs. Miller for only a year. She and her husband had recently retired and had decided that they would get a couple of horses. While the main purpose of the horses was to look pretty in their back yard, Mrs. Miller also planned to do a little bit of trail riding. She had ridden a lot when she was younger but hadn't sat on a horse in almost 30 years prior to purchasing her new horses.

Unfortunately the two horses that Mrs. Miller had acquired were unsuitable for her needs. The gelding, while flashy to look at, had navicular disease so badly that it was extremely unlikely that he would ever be sound enough to ride again. The mare she had purchased was pregnant. Mrs. Miller had just thought she was really fat but after examining her, I told Mrs. Miller that not only was her mare pregnant but that she was likely to foal within the next month.

My planned quick and easy farm visit for basic vaccinations was rap-

idly turning into a discussion on lameness and potential foaling complications. In our discussion I also informed Mrs. Miller that there are facilities that would monitor her mare for her and assist with the foaling if needed. As I left the farm I seriously hoped that she would elect to send her mare to a facility. While the Millers were very kind and caring, their horse breeding knowledge was very limited and I doubted that a month would be enough time for them to learn the ins and outs of foaling.

About 5 months later I received a call from Mrs. Miller. She said that one of her horses was colicing badly and she could barely keep her standing and that I needed to come right away. She advised me that she was not at her house but at a local training/lesson barn. When I got to the farm, I started to examine the horse. This was a new horse that I hadn't seen before. Mrs. Miller proceeded to tell me that while she had her mare at the facility to have her foal, she had started taking lessons on the new horse, River. She'd come to en-

joy riding River so much that she had bought her a month and a half ago. She also told me that her other mare delivered the foal uneventfully but that she had been very happy with my suggestions to have her monitored by a commercial barn rather than attempting to do it herself. The mare and foal are still at the training barn, as the training barn is well set up to care for them and do basic training of a youngster.

After my examination of River, I determined that she was not colicing. She was actually neurologic. River was uncoordinated and wobbly on her feet and had muscle fasciculations/tremors on her muzzle. I was very suspicious that the horse had West Nile Virus. While I had vaccinated Mrs. Miller's other horses for West Nile in the spring, I had not administered vaccine to this horse. Mrs. Miller assured me that the barn manager had given the horse "all the vaccines" prior to her purchase. The barn manager administered the vaccines herself so while there wasn't a receipt from a vet's office, there was the package insert from the administered vaccine. Unfortunately "all the vaccines" did not include West Nile Virus. The barn manager had purchased a vaccine that offered immunity to some of the other mosquito spread illnesses (such as Eastern and Western Equine Encephalitis) but failed to contain West Nile Virus. Fortunately, River's previous owner had gotten rabies vaccine for her last fall. I was very happy that rabies was not a part of my initial differential diagnosis. The thought of having River infected with an incurable disease as well as one that transmits to people was less than desirable.

I collected blood samples from River and told Mrs. Miller that West Nile Virus was the most likely cause of the clinical signs we were seeing. Mrs. Miller consented to treatment and I cautioned her that this was a serious illness yet I was hopeful we'd be able to pull her through.

The next day I went back to the farm to check on River. She was already feeling better. While not



Mosquitoes do more than pester you out on the trails; they also spread diseases such as the West Nile Virus that can affect horses and humans alike.

quite normal, she was much more stable on her feet and the muscle fasciculations had stopped. It appeared the anti-inflammatories were helping. I instructed Mrs. Miller to continue the medications throughout the weekend and give me an update on Monday. By Monday, River was back to normal.

River was extremely lucky in that West Nile Virus isn't always that easy to treat especially in a horse that hasn't been vaccinated for it. I know that lots of people like to save money by giving their own vaccines rather than having the vet administer them. If you choose to do that, make sure you are giving ones that are appropriate for your location as well as activity you use your horse

for. Make sure the vaccines have been properly stored and continuously kept cold in the time before they are administered. The AAEP offers a list of vaccines that they consider essential for all horses even if they are not traveling. This list of CORE vaccines includes West Nile Virus, Rabies, Tetanus, Eastern and Western Encephalitis. Other vaccines that are specific to either location or travel include Potomac Horse Fever, Flu, Rhino, and Strangles. Either research your options carefully to make sure you are giving your horse the appropriate protection or have your vet come out to vaccinate for you.

To read other articles by Kim, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net)



Oreo and Houdini

Oreo and Houdini are part of this year's litter of 'Kittens of Willow Hill'. The bother and sister pair were trapped in the park behind the Emmitsburg Post Office while hunting for food. They are four months old, in good health and litter box trained. Oreo is a lap cat that loves being handled. Houdini is shy but coming along, but she loves to engage in play. As the pair are bonded, they must be adopted together. If you interested in adopting this thoroughly enjoyable duo that will give you years of joy, please call the paper at 301-471-3306.

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# THE MASTER GARDENER

## Annual weeds in the garden

**Mary Ann Ryan**  
**Adams County Master Gardener**  
**Chair of the Department of Weed**  
**Identification, University of Harney**

I don't know about you, but crabgrass has been everywhere in my garden and lawn! Typically, I really don't care about my lawn. It's there to serve a purpose – that is provide a walking area to get from the vegetable garden to the chickens, to the perennial border, as well as providing that open area needed for the purple martins. However, the crabgrass is beginning to win a battle that I didn't know was raging.

This year has been a difficult one for me to keep up with the gardens. It seems as though my free time, which has been few and far between, is spent doing who knows what – which hasn't included gardening. So I finally made time to focus on the gardens. After pulling, and pulling, I have at least one garden area under control. But while on this weed pulling excursion, I've realized that the crabgrass is not just an issue in the turf, which really hasn't mattered to me, but has now become a real problem in the garden beds.

Crabgrass is a summer annual, which means it germinates, grows into maturity, sets seeds and dies within one growing season. For crabgrass, the growing season begins when the soil temperature reaches 55 degrees for four to five consecutive days. This typically happens when the forsythia is blooming.

After the seed germinates in April, the plants continue to grow and mature through the middle of summer, at which time they develop seeds. Here's the real problem: the plants not only grow quickly, sending out tillers that will root and begin new plants, but they happen to go to seed as well. One plant can have between 150 – 700 tillers – that's per plant! Then they produce up to 150,000 seeds per plant. That one plant doesn't die until frost, at which it has already dropped all 150,000 seeds just waiting till the ground warms up in April to start all over again.

So what's a gardener to do? Here's my take: first and foremost, do not allow the garden to get to the weedy mess as mine was in July and August. Keeping up with the weeding doesn't allow for the crabgrass to take control of the garden, dramatically reducing

the amount of seeds that would be dropped. Control the crabgrass in the lawn. As much as I hate to do it, I think next April the turf will be getting a dose of pre-emergent weed killer as well as the planting beds.

And what's a pre-emergent and how does it work? This type of herbicide actually creates a barrier on the soil that prevents the young seedling from growing. It does not prevent the seed from germinating. Those seeds will still germinate, growing a root and beginning leaves whether or not a pre-emergent is applied. However, if the pre-emergent is applied about the time the seeds germinate, the product will be ready to stop the young seedling from growing. Remember, the seeds of crabgrass germinate just about the time the forsythias are in full bloom, so the best time for application is when the you see the flower buds on the forsythia just starting to turn yellow.

Most pre-emergent herbicides require 1/2 - 1 inch of water after application. This allows for the leaves of the existing plants to be washed and the herbicide can then create the barrier at the soil level, where the little seedlings are emerging.

Keeping this in mind, recognize that over-seeding a lawn area before or after an application is not going to work. Since the herbicide inhibits the seedlings of the crabgrass to grow, it will also inhibit the turf grass to grow as well. Same thing goes for your planting beds. If you depend on perennials or annuals to re-seed in the garden, the pre-emergent will inhibit those young seedlings too.

Other things you can do is keep your turf healthy by mowing at the appropriate height (3" is recom-



One crabgrass plant can have between 150 – 700 tillers that will root and begin new plants. If that wasn't bad enough, one plant can produce up to 150,000 seeds!

mended) as well as insect and disease management and proper lime and fertilizer recommendations.

When determining what kind of product to use, always read the label so it's applied at the correct rate and time. Also be sure you understand any additional needs to make the product effective, like water.

In addition to the crabgrass, I have had the unfortunate pleasure to meet Japanese Stiltgrass in my beds this summer. This unlikely visitor to my garden beds is as much a problem in certain areas as the crabgrass.

Japanese stiltgrass is an annual weed that is native to Asia. It was first documented in Tennessee in 1919, probably through packing materi-

al. Unfortunately, this annual grass is taking over our native plants that may be found along wood's edges, waterways, and disturbed areas. It seems to prefer moist soils with low to average pH, and filtered sunlight. This particular grass produces 100 – 1000 seeds per plant, with the seeds remaining viable in the soil for more than 5 years. They germinate quickly and will take over an area.

I have no idea where the stiltgrass came from in my garden. It just suddenly appeared and with a spring and early summer of abandonment, it was smothering much wanted perennials and shrubs. I can easily see how this plant is a real problem in forested areas, where frequent weeding and control isn't done. This plant is easily pulled, so hopefully, I've gotten the best of it. Because the grass had smothered some of the perennials, I have quite a bit more open areas than last year, now that the nasty weed is gone. My next step is to lay newspaper down and cover those open areas with compost. Hopefully this will inhibit many of the seedlings from breaking through the soil.

In addition to pulling, mowing is another suggested means of control. Mowing would need to be done prior to the plant setting seed, which typically happens in late summer, so by early August it can be cut. Unfortunately, it can take a few years to truly control this invasive grass, due to the seed dispersal of this plant. But with diligence and patience, it can be controlled in localized areas.

Wild buckwheat has also become an issue. This vining plant can easily take control of a shrub or perennial in pretty short order. It's also an annual weed, like the two grasses mentioned above, and native to Eurasia – but now found in most parts of the world. It's typically a problem in agronomic crop and has been spread internationally through grain transportation.

My guess is I have the wild buckwheat because it was in bird seed, since my problem with the vine is in the area

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# THE MASTER GARDENER

## Small Town Gardener Gardening by habit

Marianne Wilburn

With the exception of three lovely evenings at yoga, it has been six months since I charged up my mp3 and headed off to the gym for an hour's endorphin rush. Sure I've kept active in the garden, and the warm weather inspires a few more walks with attached dogs than does bitter January; but considering the fact that my triceps have burned for two days since I decided to show off my prowess at push-ups to a laughing friend, it seems that trench digging is just not going to give those arms the conditioning they were used to during the winter. The point is, what with puppies and summer and one thing or another, I lost the habit months ago, and it's going to take an inordinate effort to get back on track.

Good or bad, habits structure our lives. From coffee in the morning to grabbing a quick snack when the television starts its siren call in the evening, we are quite comfortable setting the cruise control and letting routine take over. So, bearing in mind that once set, a habit is fairly easy to follow, it only makes sense to build good ones – and see that we don't lose our momentum when life posts inevitable detours.

A gardener benefits from good habits just as surely as anyone else.

Ten fleeting years ago, I began the work on my front garden, uprooting lawn and cement walkways for sunny borders and gravel paths. The soil was new, the plants were healthy and each morning before seven, I prepared one cup of exquisitely black coffee and wandered outside as I sipped. And as I meandered through my kingdom, I would pull up the odd bit of crabgrass, a lone pigweed, or a cluster of clover roots gripping soil with tenacious fingers.

By the time I had watered the pots on the deck and taken a few minutes to dead head a geranium or two,

the last sip was consumed and it was time to begin my day. This daily exercise in weeding and watering, coupled with the pleasure of observation, began each and every morning without fail. It made that cup of coffee a true experience, and kept those beds weed-free with minimal effort on my part.

This continued for several years until the fateful day that I bought a laptop to make my late night and early morning scribbling more convenient. Slowly, those weeding mornings took back seat to sitting on the deck checking the news, the weather and my email – and perhaps typing up a few thoughts on the state of my schleffera. The coffee remained a constant, but now I was inclined to consume it faster and found myself yearning

for a second cup where one had once been more than adequate.

My well-formed and well-worn habit began to change; and consequently, my garden grew weedier and I grew jumpier (when I say "black coffee" I mean "black coffee").

The intimacy that my garden and I had shared in the early hours diminished as I began to create a new, less active habit, complete with the feelings of guilt triggered when a breakfast-hungry child would invade my quiet space and find me exercising nothing more than my mind and my fingers.

One would think that it would immediately occur to me that standards were slipping – that something needed to change. But unlike good habits which fill you with happy righteousness that you just can't wait to share (or rather, boast over), bad habits tend to move just under the radar. By the time you've figured out what's happened, you're usually sunk – and it takes more than a day's salvage effort to get the ship righted again.

Let's just say that there was a very large hole in the bottom of this particular ship. It took a great deal of discipline to get the masts back up and the bow pointed in the right direction. It certainly took far more effort than it had to build the habit in the first place. Far more.

These days I am back in the garden in the early mornings, taking a few minutes here and there to tackle what could be hours worth of work if allowed to get out of hand. And, now that the afternoons have grown cooler, both triceps and biceps have been getting a moderately demanding workout – putting off the day when I must once again build the good habit of regular, strenuous exercise. I'll save that for the winter.

of the garden that we had a bird feeder. It likes cultivated ground and sun. Unfortunately for me, at the time that I pulled it, it was already in flower, so I'm sure it had some seeds that dropped. It also has climbed on many of the perennials and my beloved Sambucus 'Black Lace'. I know I didn't get all those plant parts untangled from the good plants! On the bright side, it can be controlled by a pre-emergent herbicide, the same thing that I'll use to control the crabgrass.

Hopefully with diligent attention:

newspaper, compost, then a follow up pre-emergent control in the early spring, I will be able to better control my annual weed issues in the beds. Unfortunately, I have to take it to the turf for good crabgrass control, but hopefully next year, I will not be swearing at these crazy annual weeds!

For more information on weed identification visit [www.extension.psu.edu/pests/weeds](http://www.extension.psu.edu/pests/weeds).

To read other gardening articles visit the Gardening section of [Emmitsburg.net](http://Emmitsburg.net).

### Adams County Master Gardener Fall Garden Design Series

Learn more about gardening by attending courses Wednesday evenings in September! Four class sessions, each \$8 will take place at the Agricultural and Natural Resource Center, 670 Old Harrisburg Road, Gettysburg. Call for more information or to register: 717-334-6271

Sept. 3, Perennial Design – now that the season is gearing down, we often look back at what changes we can make in a garden. This class will help you through some of the design elements in a perennial garden and help you in the next steps to creating a new garden or re-vamping your existing one.

Sept. 10, Plants for Wet Areas – Often times there are wet areas in your garden that plants may have difficulty growing, or the turf you are trying to mow doesn't do well. These areas can be a blessing if looked at from a different standpoint or they can be created with a little imagination. You will learn about plants that grow in these types of sites, as well as ideas for creating wet areas.

Sept. 17, Getting to Know Your Flowering Shrubs – Flowering shrubs, when used correctly, are some of the most beautiful plants you can have in your landscape. This class will teach you how to use and manage flowering shrubs as well as where they grow.

Sept. 24, Bees and Butterflies in the Garden - In this class, you will learn about why we are concerned about our pollinating insects and what you can do to attract them to your garden.



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## THE GREAT WORLD WAR

## September 1914

*Editor's note: While researching the September 1914 Emmitsburg Chronicles, I was surprised to see a total lack of reporting from the war front. Instead the Chronicle has some interesting 'sidebars' on the effect of the war on the price of oysters, on the threat Japan may play on attacking the Philippines after they conquered the German Far East territories, and the predicted cost of the war.*

*On my third read of the paper, I came across a note from the editor suggesting that, since events were unfolding so quickly in Europe, readers should stay up-to-date by reading the Frederick News or the Frederick Post. So we took his advice and obtained copies of both of these papers for the month of September 1914.*

*As history would record, September 1914 was a pivotal month in the war. It saw the defeat of the German attempt to take Paris and the beginning of trench warfare that has become synonymous with our perception of WWI. September also saw the Russian Empire as a force to be reckoned with – not the failed state as depicted in the classic movie Dr. Zhivago.*

*Every front page of every edition of every paper was filled with news from the front. Unfortunately, had we attempted to reproduce them all, we would have had to add 40 more pages to this edition, so instead, we will only reprint the highlights – just as the old Editor of the Chronicle did. But we will post all the front pages to our website for those interested in reading more.*

**September 1****Turkey preparing for war**

Turkey may declare war at any moment. It is now only a matter of a few days-possibly a few hours. All efforts of

the Allies to keep it out the have failed. The military party now in dominance in Constantinople has reached the conclusion that the present is the best time to secure the restoration of Macedonia and the Aegean islands to the Turkish Empire.

German officers and men have been poured into Constantinople to help the Turkish army and navy. Turkey apparently hopes that the Balkan states keep quarreling among themselves while Turkey fights Greece. Turkey's declaration of war against Greece will be regarded as a hostile act by the Triple Entente, which will send a fleet to dispose of all the Turkish and German ships. The British government has warned Turkey plainly that in starting any campaign at this time she signs her own death warrant. If Turkey declares war against Greece, Italy will declare war against Turkey.

**Austrians and Russians both claim victory in same battle**

The Austrian-Hungarian empire announced that their army had invaded Russian Poland and had defeated the Russians at Kraznik and thrown them back upon Lublin. The Austrians said they are pursuing the Russians, who fought with desperation. According to the Austrians, losses on both sides have been severe, but the Russians have suffered more than the Austrians.

According to the Russians however, Russian troops smashed through the Austrian army in Northern Galicia, and have routed them with enormous losses. The defeated Austrians are declared in the official Russian report to be panic stricken and fresh Russian

columns are being sent against them to prevent their union with fresh Austrian forces.

Russia also announced that its invasion of East Prussia continues with undiminished success. Heavy reinforcements have reached the German troops opposing their advance but have been unable to halt the Russian offensive.

**Paris threatened**

The German Army continues its advanced towards Paris, the Germans are now within 60 miles of the French capital. In spite of all efforts of the Allies they have been unable to check the steady advance of the Kaiser's troops. On the other hand, there is the greatest alarm in Berlin over the state of events of the Russians, who continued their march through Prussia to the German capital of Berlin.

**September 2**

A German victory, near Allenstine, in which three Russian Army corps were defeated and 70,000 prisoner, were taken, was reported by the German government. Meanwhile the Russian advance into Austro-Hungarian continued following a complete rout of the Austrian army by the Russians in a battle that lasted for eight days.

The French war office issued a statement that a German plane dropped two more bombs in the street of Paris. The German advance towards Paris continued and the Kaiser's forces are now reported only 38 miles from Paris.

**September 3**

German forces have now penetrated to within 22 miles of Paris, and martial law has been declared in the city. According to the French, they met the German force with such fierce resistance that it was almost a slaughter. Piles of German bodies are lying 3 feet high, according to refugees. A French sergeant stated that he saw a whole German division of 12,000 men wiped out by the French artillery. But by sheer weight of numbers the Germans are pushing forward to victory.

**September 4**

The Russian government has announced that it has captured Lemberg, the Austrian stronghold in Gal-

cia. A fierce battle is now raging over front of over 50 miles with over 1 1/2 million troops engaged. It is stated that the Austrian army has lost more than 100,000 men. The Russians also claimed continued success in their advanced into East Prussia. However their advance has been slowed as the Germans have shifted troops from the French front to protect Berlin.

An unconfirmed report from Athens says that the Turkish army is marching across a 75-mile wide strip of Bulgarian territory towards the Aegean Sea to invade Greece. It is believed that Turkey has an army of at least 600,000 men under arms under command of German officers. It is believed that Turkey will soon send three armies against her foes. One against Greece, another into the Caucasus to strike Russia, and a third into Egypt against the English.

Near Paris, the Allies' left wing has fallen back to the third line of defense. The Allies have now abandoned the entire valley of the Somme, 100 miles in length. The German army is now nearing the outer fortifications of Paris.

**September 5**

Turkey has reportedly mined the Dardanelles as a result the Russian Black Sea Fleet is effectively bottled up.

The three German army corps that had made such a sensational march towards the French capital have begun to show signs of fatigue. It is officially confirmed that the Germans are transporting troops posthaste back to the eastern frontier to meet the onrush of the Russians. French troops have been passing through Paris for the past three days headed towards the battle lines, which protect the capital from the German advance.

**September 7**

That Austria feels that she is unable to stem the tide of the Russian invasion is shown by captured documents in which the dual monarchy has reportedly appealed to Germany for aid. A dispatch from the Russian government says the main Russian force is now ready to move against Germany. Russia will have the use of 20 Army Corps, or 800,000 men for its next campaign.

On the Western front, it is claimed that the right wing of the Kaiser's war machine has been defeated by French and British forces and the German encircling movement around Paris, start-

ed two days ago, has been checked. More than 5,000 German troops were reported killed in one battle alone.

**September 9**

The Allies report that all their forces are now engaged in a general action northeast of Paris. The French, assisted by British forces, compelled the Germans to retire after two days of severe fighting, which ended last night.

The Russian army is engaged in a supreme effort to annihilate Austria's war powers. Its army has engaged the main Austrian army along a battle-front that extends almost 100 miles. The Russian army is attacking heavily entrenched Austrian forces while attempting a flanking movement to prevent German reinforcements reaching the scenes. It is certain that this battle will last for several days. Because of the danger of the Germans reinforcing the Austrians, the Russian general staff has decided to annihilate the Austrians at once.

**September 10**

The Russians claim they have defeated the Austrian army in a great battle at Rawa and that the Austrians are in retreat everywhere. Another Russian force is bombarding the last Austrian stronghold in Galicia, which if it falls, will open a highway to the interior of the Austrian Empire. So confident is the Russian government of their success that the Czar is making preparations to go to the front and lead his troops into Berlin.

On the Western front, the Allies continue to report success along the hundred-mile front. British forces have reportedly driven the German right wing back 25 miles and the French for the first time declared that the Republic's army is defeating the German center despite strong resistance by the invaders. It is apparent that the German circling movement has failed completely and that the German forces continue to retire.

**September 11**

On the Western front French officials report that during the past four days battle the allies have pushed back the Germans 37 miles and captured many prisoners and machine guns.

**September 12**

After five days of fighting the battle of the Marne has turned in favor of the Allies and the Germans are now retreating in disorder. Consider-

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# ONE HUNDRED YEARS AGO THIS MONTH



By September 1914, the battle lines were formed. Germany, Austria-Hungary, Bulgaria, and Turkey took on England, France, Russia, Serbia, and Japan in what was then known as the Great War.

able bodies of German infantry are being found hiding in the woods having been left behind owing to the rapid retirement of their forces. But the better part of the German army has succeeded in escaping and is regrouping North of the Marne.

#### September 14

The Russians are reported to have driven a wedge through the second Austrian line of defense in Galicia and the Austrian army retreating from South Poland is in a perilous situation. It stated that the Austrian soldiers are panic stricken and fleeing for safety. The Russians claim to have captured 120,000 Austrian troops. The Germans are again moving troops from east to west. On the French front the German armies continue to retreat.

#### September 15

170,000 to 300,000 Russian troops have landed in Belgium to reinforce the allied French and British forces in France. The arrival the Russians undoubtedly explains the rapid retreat of the German army.

On the Western front the allies have had the advantage so far in the second great battle in northern France that is raging along a 110 mile front. The Germans had delivered several counterattacks, which have been repulsed but heavy losses. Whether the German purpose is to fight to the finish under present line or plan merely to cover their retirement it's not yet clear, but the German commanders are showing the same skill in retreat and keeping their forces attacked as the Allies showed a fortnight ago. Reports from the front indicate that the Germans have begun to dig trenches.

#### September 17

The Austrian center still holds a broad front against the victorious Russians, but with the right wing smashed and the left wing crumbled up in Russian Poland, the Russians believe that the annihilation or surrender of the Austrian Army is imminent. Fighting has been continuous for 20 days along the center.

Near Mezleres, the captain of a German and French detachment fought a duel to determine which side should surrender. The officer stepped off at 15 paces and fired with their revolv-

ers. The German officer was killed; the Frenchman was uninjured. The Germans then surrendered to the French.

#### September 18

A dispatch from the Russian front says that the Austrian retreat has become a slaughter. All discipline has been lost and even the officers of the Austrian army are joining in the flight without making any attempt to rally their men.

80 Army Corps (320,000 men) that Germany sent east to repel the Russian attack in East Prussia and to strengthen the Austrian army had been withdrawn and are being rushed to the western theater of war. The Allies believe that Germany intends to use these forces for final blow to shatter the Allies' resistance against them in France.

The greatest artillery duel in history is now in progress along the river Alsace, where the German's are making a supreme effort to check the advance of the Allies. 5,000 guns are believed to be engaged. This fighting is only part of the battle, which has been raging for three days along the 110-mile front.

The losses of the Allies have been far heavier in the last two days than in any other period of the war. The German counter assaults have been determined, and have required frequent use of bayonets to check them.

#### September 19

Both sides claim to have the advantage in a great battle which is now raging in northern France. An official communiqué issue from Paris declares that the Allies are progressing on the left wing, but that there is no striking change in positions. An official German statement says the Germans are advancing slowly but surely.

#### September 21

The Russians claimed to have checked the German offensive in East Prussia. The relentless pursuit of the Austrian army by the Russian continues. Austria has not more than a half million men left to guard her Northern frontier against the Russian millions, but she has withdrawn them in order so she can rely on the help of the well-trained Germany Army that is coming to her rescue.

In the Pacific the Japanese attacked the Germans 30 miles north of Kiao

Chou, the German lease possession in China. The attack has caused much unrest in several Chinese provinces. Chinese rebels have also been active in the capital itself because of the financial and diplomatic difficulties of the Chinese government, and many arrest and executions have taken place.

On the French front, the battle of Amiens has now become a set of daily conflicts, in which each side wins minor successes, but have not been able to deliver a crushing blow.

#### September 22

It is reported that Russian armies are advancing into Austro-Hungarian proper where they have met the fiercest resistance yet found. The Austrians have been reinforced by 100,000 Germans and it is understood it is German strategy rather than Austrian with which the Russians will have to contend with. The Russians now face the elite corps of the Austrian armies rather than the raw peasant reservist that they have fought to date.

#### September 23

On the French front, both sides continue to dig in, with trenches lengthening by the day. Not a moment's reprieve has been given to entrenched German forces. The French and British on several occasions have exceeded in surprising and driving back the occupants of the German trenches, but only after the most stubborn fighting and after heavy losses for both the attacking and defending forces. In every instance the Allied troops retain the ground captured and immediately dug themselves in.

Further west, the Germans mounted a strong attack, but were beaten back with bayonets, only to return again and again to be finally driven off their original positions.

#### September 24

Russian forces have begun falling back in East Prussia before overwhelming German troops. The Russians lost a battle in East Prussia, 92,000 men were captured and 150,000 men killed.

An immense Russian force is rapidly nearing the German frontier on a line of advance 150 miles wide. A pitched battle is expected within the week. Be-

tween 1 million Germans and Austrians are concentrating on this line along with 1.5 million Russians.

On the French front, the Germans have brought forward heavy siege guns, which has proved a strong factor in the fighting. No change of movement has taken place in the last few days in spite of pitched battles between the trenches.

#### September 26

The battle of Amiens is now in its 14th day with both sides reinforced and fighting a most bloody war. Trenches now stretch almost 200 miles long, fighting continues in a dogged fashion all day long. The Allied troops are following the example set by the Germans and are digging themselves deeper trenches. The artillery of both armies keeps up an incessant fire while French and German aviators observe from above.

Chinese officials say the Japanese who are besieging the fortified German positions at Kiao Choldou lost heavily when the Germans exploded mines in the ground over which the Japanese were advancing.

#### September 28

Germany has been reinforcing its forces in East Prussia at a rate of one Army Corps a day. Along the whole line the German and Russian armies are in touch as they seek out each other's strengths and positions. The Austrian army is now split into four vaguely moving, incoherent masses, hungry and disheartened.

Paris was startled by a German aeroplane that dropped a bomb on the city. The airplane failed in its main purpose which appears to have

been to destroy the Eiffel Tower, or at least to cripple the wireless telegraph station atop the tower.

#### September 29

The Russian steamroller is progressing with amazing speed and that only a stiff defense of Kraków and along the line from their too West Prussia, can prevent the Russian armies from being well on their way to Berlin within a very short time. The Russian General Staff is rushing the army forward with all possible haste, hoping to avoid a winter campaign for the capture of the German capital.

The Battle of Four Rivers in northeastern France rages with undiminished violence, but still without a decisive turn. The Germans have steadily met each assault with a counter assault until the trenches of the opposing armies are only a few hundred feet apart. This has succeeded in pushing the Allied lines inside the range of the deadly heavy German guns and forced the enemy to hand-to-hand fighting.

#### September 30

The Germans have commenced an onslaught against the center of the Allies' line, which they claim will break the French defense and open another avenue for a march on Paris. Meanwhile the Allies are making a supreme effort to encircle the German army on the far right. The outcome of these two battles will mean either an almost irreparable disaster for Germany or the collapse of France. Every available man on both sides is being rushed to the front.



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## HISTORY

# The burning of Washington, 1814

John Miller  
Emmitsburg Historical Society

2014, marks a year of importance in American history. First, you have the 150th commemoration of the Civil War, which I have been writing about this year as it pertains to the 1864 Confederate Raid on Washington. This year also marks the 100th commemoration of the Great War, or World War One, which began on July 28, 1914. However, I want to concentrate on the year 1814. America had been at war for two years with Britain, which had been at war with France since 1803. Although the War of 1812 occurred during the Napoleonic Wars in Europe, America's war on Britain was not part of that war.

On June 1, 1812, President James Madison went before Congress asking for a declaration of war against England. President Madison stated that Britain had illegally boarded U.S. ships and pressed American men into British service. This was due to Britain's war with France causing manpower on board British Naval Ships to run low. The British declared it was to find navy deserters who may have taken a job with American merchants. In 1807, the British actually fired upon an American ship and boarded it, taking three Americans and one British deserter. This became known as the Chesapeake-Leopard Affair. Another reason was for the economy. Britain forbade neutral countries to trade with European countries at war with England, and the British Navy enforced this order. Britain blockaded U.S. ports. Last but not least, tension with the Native Americans on the Western Frontier with Britain began encouraging the violence. There were other issues, but these were the four biggest, and with a 19 to 13 vote, the Senate voted in favor of war on June 18, 1812.

As the war in France ended with Napoleon in 1814, the British decided to take a closer look at the war being waged against the United States. The decision

was made to send more troops to America. Up until 1814, most of the fighting had taken place on the Atlantic Ocean, along the border of Canada, and the western frontier with Native Americans. The British did control the Chesapeake Bay for almost a year, but without sufficient numbers, they were unable to launch a full scale attack. The U.S. began looking at their own defenses along the Chesapeake Bay, which resulted in some minor skirmishes.

Leading up to August 1814, attempts to defend Washington were shot down by the U.S. Congress, and the threats of the British of attacking Washington were not taken seriously. With the exception of a new military district being created and commanded by Brigadier General William H. Winder, not much went into fortifying Washington. U.S. Secretary of War John Armstrong did not believe that Washington would be targeted by the British simply because it was unimportant, both commercially and strategically. If the British were to attack any city near the Chesapeake Bay, Baltimore was a more likely target.

The British commanders, Vice Admiral Alexander Cochrane, Major General Robert Ross, and Rear Admiral George Cockburn all studied the maps of the Chesapeake Bay. Rear Admiral Cockburn was in favor of attacking Washington, whereas Ross was worried about the condition of his troops, since they had been confined on the ships for three months. But both commanders agreed, however Vice Admiral Cochrane had the final decision since he was in command of the Royal Navy American Station.

The attack on Washington was a three prong plan. While Vice Admiral Cochrane remained at Benedict, Maj. Gen. Ross would march by land, while Rear Admiral Cockburn sailed up the Patuxent River covering the British infantry's right flank. A small squadron of the British Navy had sailed into the mouth of the Potomac River to raid Al-

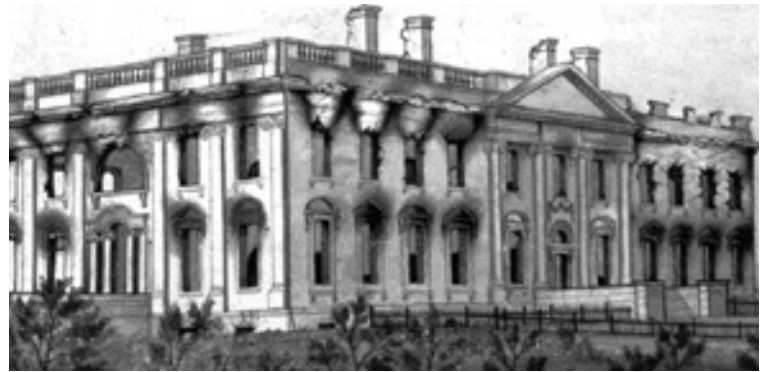
xandria, Virginia. U.S. Commodore Joshua Barney's flotilla, which was rumored to be in the area, needed to be found and destroyed. A diversion toward Baltimore would keep troops there rather than sending them to Washington.

On August 18, a massive British fleet had sailed into the Patuxent River. A day later, the British had landed at Benedict, Maryland. By August 21, Ross' troops had moved into Nottingham. Major General Ross wanted to keep marching until he reached Upper Marlboro, where he could threaten Baltimore or Washington, depending on the route he wanted to take.

On August 24, the route to Washington lay on two roads. The first would take the British by way of Woodyard, but if the bridges over the Potomac River were destroyed it could delay the British advance. The other way to Washington was to move east via Bladensburg. Major General Ross would start off south, by way of toward Woodyard, and then move to Bladensburg. The British force was estimated to about 4,500 men, three cannon, and sixty frames of the Congreve rockets.

By late morning, the American and British armies began their march to Bladensburg. The day was hot, and the temperature would max out at 100 degrees. Fatigue quickly sat in on the armies. Francis Scott Key and Brigadier General Walter Smith had arrived at Bladensburg ahead of the American army. There, they scouted out positions on a high piece of ground overlooking a ravine, Bladensburg, and the Eastern Branch.

Soon, the American army arrived and began taking up positions. They would eventually deploy into three lines as the British advanced from the south. Across the Eastern Branch laid a bridge, which no one destroyed. By the time that the American army would be fully concentrated, their numbers would be estimated at about 5,900 men, mostly militia,



On August 24, 1814, after eating a fine dinner in the White House, the British set fire to it. During the night, as Washington burned, a storm moved in, putting most of the fires out.

Marines, and Regulars. The Americans, too, had about twenty-two pieces of artillery that would be positioned along the Washington and Georgetown Roads. President James Madison arrived to watch the impending battle.

By noon, after seeing that Bladensburg was abandoned, Rear Admiral Cockburn and Maj. Gen. Ross debated the American defenses, and Ross quickly ordered the attack. The American battle lines appeared strong although they lacked supporting distance. With two other brigades about one to two miles behind, the British Light Infantry began to cross the Eastern Branch when the American artillery opened. The British, suffering many casualties, began to deploy their lines on the other side of the bridge and used the landscape to try and conceal themselves from the American artillery.

The British brought up the Congreve rockets and placed them into action. The sound would be enough to bring fear into the first line. President Madison even got a chance to hear these famous rockets fly through the air, although, they were not very accurate in hitting their intended target. Supported by the Congreve rockets, more British soldiers poured over the Eastern Branch from Bladensburg, causing the American front line to fall apart. Brig. Gen. Winder tried desperately to reform the battle line, but the sound of the rockets was enough to cause panic in the ranks.

As even more British troops arrived on the field, and began marching over the Eastern Branch, there, they would press the American flanks. It wasn't long before the second battle line collapsed. As the third line of defense formed and came under attack, Commodore Barney's artillery poured deadly fire into the British ranks. The British charged sev-

eral times, but the third line would not break. They kept pouring deadly fire from artillery into their ranks, as well as volley after volley of musketry. But with the other two battle lines gone, Commodore Barney and his Marines and sailors were forced to retreat once Brig. Gen. Winder gave the order.

The British army took the field of battle, but at a deadly cost. They lost 309 men killed, wounded, or captured. The American army lost 220 men killed, wounded, or missing. The British would rest their troops, then pick up the road, and march directly to Washington.

Back at Washington, civilians were already fleeing, grabbing what they could carry. First Lady Dolly Madison began packing things up that she could take with her, when at 3:00 p.m. she received a message "to quit the city." She left the Capital by 3:30 p.m. One of the items she managed to save was a portrait of George Washington. She would have burned it if she couldn't take it, to keep it from the British. So, she ordered one of the servants to take the painting.

Major General Ross allowed his fatigued army to rest for about two hours before moving to Washington. After seeing to the wounded, Maj. Gen. Ross formed up a brigade of able bodied men, and along with Rear Admiral Cockburn, marched for the capital six miles away. Marching at dusk, under moonlight, along Maryland Avenue, the British, under a white flag entered Washington. The advance of the British army was met by a volley of musketry, with one of the shots striking Maj. Gen. Ross' horse, the third horse of the day for Ross. After searching a nearby house, they found it emptied. The house was set on fire, as this is where the shots came from.

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# HISTORY

After waiting for an American official to come out to talk about the surrender of the capital, at about 8:20 p.m., Ross and Cockburn saw flames coming from the Naval Yard, which the Americans had burned. With no one to meet for the parley, as Washington, for the most part was abandoned, Ross and Cockburn discussed the next step. Rear Admiral Cockburn wanted to burn the entire city, but Maj. Gen. Ross settled for the destruction of firing the public buildings. The Capital building, Treasury Department, State Department, and the War Department were all set on fire. After eating a fine dinner in the White House, the British set fire to it. During the night, as Washington burned, a storm moved in, putting most of the fires out.

As the morning of August 25 dawned, Maj. Gen. Ross ordered the buildings to be re-fired. During the morning and early afternoon, the British took inventory of all the stores of supplies that were left behind. By late afternoon, another severe storm blew in. The storm battered the British army bivouacked on Capital Hill, causing many soldiers to run for cover in the near by houses. It poured for two hours. During the climax of the storm, the winds were strong enough to knock down buildings, lift roofs off, and move some houses off their foundation. The wind was violent, as one British officer recalled: "that two pieces of cannon which stood upon the eminence were fairly lifted from the ground and borne several yards to the rear." Some weather experts believe a tornado hit Washington during the British occupation.

With rumors of a large American force marching to Washington, Maj. Gen. Ross ordered the army to begin its withdrawal. During the night, the British kept the camp fires burning bright, and quietly marched off on the road to Bladensburg. Since his army was so fatigued from being aboard the ships that brought them to America, being exhausted from marching in the heat of summer, and fighting a battle at Bladensburg, Maj. Gen. Ross didn't want to take the chance of meeting the American army again.

The British reached Bladensburg around midnight on August 26, where Maj. Gen. Ross halted for an hour. The dead still littered the ground from the battlefield that occurred there two days prior. Major General Ross would leave the dead for the Americans to bury, and those wounded who were able to travel on carts and wagons were loaded up to move with the column. Those men who were critical would remain behind.

The British moved onward toward upper Marlboro and by 7:00 a.m., another halt was ordered. Back on the march, Upper Marlboro was reached by noon. The soldiers quickly broke ranks and rested. Some of others went about town plundering, and taking anything of value such as food that would fit into a knapsack. Doctor William Beans and some locals had placed a few British stragglers in jail when they moved through the town earlier on the march to Washington. The British learned about these arrests and went to Doctor Beans' house, and arrested him and two others.

While the British were in Upper Marlboro, the Presidential party returned to Washington. It was important for the President to begin the rebuilding

process of the town. But then an alarm was heard, cannonading coming from the direction of the Potomac River. At 6:00 p.m., a squadron of British vessels under the command of Captain James Gordon, was making its way up the Potomac River, to the community of Alexandria.

Approaching Fort Warburton (later

renamed Fort Washington), the British cannons opened fire, bombarding the fort for nearly two and a half hours before a massive explosion occurred, destroying the fort. The fort however was vacant. The Americans had over 3,000 pounds of black powder in the powder magazine with trails of black powder leading from it. When one of the Brit-

ish bombs landed near it, a spark set it ablaze and it blew.

The next morning, Maj. Gen. Ross marched out of Upper Marlboro, and would continue his movements until he reached Benedict at around noon on August 28, encamping there for the night. By August 30, Maj. Gen. Ross' soldiers had boarded their ships.

Meanwhile, on August 28, the Common Council of Alexandria greeted the British vessels on the Potomac River, after sailing down the Potomac River for about six miles. Captain Gordon offered no terms to the councilmen, but stated that as long as no harm came to his ships, no harm would come to the town. Meanwhile, back at Washington and at Georgetown, panic once again set in. But if they must fall under the British flag, they will follow Alexandria's example. After the British invasion, many communities would brand Alexandria as cowards.

By 10:00 a.m., on August 29, Alexandria was given terms of surrender by Captain Gordon. He gave the council one hour to review the terms ordering all supplies to be handed over such as armaments, merchandise and ships. After that

time, Alexandria surrendered. The British took 21 vessels, 15,000 barrels of flour, 800 hogshead of tobacco, and thousands of dollars of other merchandise.

On August 31, another British vessel arrived at Alexandria with orders for Gordon to withdrawal. The British vessel came under attack at various points along the way including a makeshift battery at White House Bluffs. Gordon sent two vessels ahead to attack the battery at the White House Bluffs, with hopes of dislodging the battery. For four days, the British bombarded the position while Gordon waited for the winds to change direction to hurry down the Potomac River.

On September 5, as Gordon's ships made their way back down the Potomac River, they attacked the American position of White House Bluffs. After slipping by with little damage, the British sailed toward Indian Head. They were again attacked, but sailed right on through with very little damage. By September 9, Gordon's Expedition had ended right where it had started at the Chesapeake Bay. From there, the British would turn to attack Baltimore, Maryland.

## Elizabeth (Bettie) Roby



Elizabeth (Bettie) Roby, a Signature Member of the Pennsylvania Watercolor Society, passed away peacefully on Saturday, Aug. 16, surrounded by her loving family. She was 82. She is survived by her husband, Charlie; her daughter, Mary Angela; her son, Bill and his wife Lynn, of Fairfield; and her daughter, Marcia and her husband Todd Gipstein of Groton, Conn.

Bettie was a delightful and caring spirit who embraced life to its fullest. She met and married Charlie Roby in 1953. She always said she thought he was so handsome. She devoted her life to her husband and raising her three kids, putting her love of art on hold while they were young. Bettie was a sweet, lively, classy lady without a bit of malice in her, a person who everybody liked.

With her children grown, Bettie just wanted to paint. And paint she did. A graduate of the Schuler School of Fine Arts, she was happiest when she was creating beautiful art. She taught her own art classes in her barn studio

in Fairfield to the delight of her students. They all loved her, and the group treasured their time together painting or taking field trips.

A very skilled artist, Bettie favored watercolors, though she also did oils and some sculptures. The subjects of her work were diverse, including still lifes, portraits and landscapes. She traveled, gardened, painted, and always approached life with the curiosity, wonder, and insight of an artist, whether or not she had a brush in her hand. For all the beauty and evocativeness of her lyrical paintings, Bettie's real masterpiece was her family and the love and compassion she showed for them and all her friends.

Bettie's was a life well lived by a woman much loved. She will be missed by many, but her spirit and love will live on in her art and in the hearts of those who called her family and friend. Donations may be made in her memory to the Elizabeth Ferciot Roby Memorial Art Scholarship at the Adams County Community Foundation ([www.AdamsCountyCF.org](http://www.AdamsCountyCF.org)). This scholarship will continue her love of art and teaching by helping a student pursue their dream of becoming an artist.

Please visit [www.MonahanFurneralHome.com](http://www.MonahanFurneralHome.com) to learn more about Bettie and to leave messages of remembrance and condolence.

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**\*\*NEW TOUR: Oct. 18 (Sat.) "EVITA" at the Kennedy Center.** Show is at 1:30 pm. PRICE: \$115 PP with a \$25 Deposit ASAP and final payment MUST BE IN MY HANDS BY SEPTEMBER 16. This is a Tony Award winning musical with music by Tim Rice and Andrew Lloyd Webber. Eva Peron used her beauty and charisma to rise from the slums of Argentina to the presidential mansion as First Lady. She became adored by her people as a champion for the poor. There is no meal included in the price. Lv Thurmont 11:15 am; Lv Frederick 11:45 am. Must Have 25 People!

**Sept. 3 (Wed.) Mame.** Spilling over with outlandish characters & charm, this is a story of the life of an unbelievable woman with everything but a family, until her 10 year old nephew shows up on her doorstep. The most touching musical about loving the people in your life. Lunch and show at the Allenberry. Price \$96. Lv Frederick 10:00 am. Lv Thurmont 10:20 am. Final payment due by Aug. 1st.

**Sept. 9 (Tues.) Choptank Riverboat Cruise.** We head to the Eastern shore, do some sightseeing and head on to Hurllock to board the Choptank Riverboat for a 2 hour cruise and a lunch which includes a crab cake & fried chicken combo! Price: \$96. Lv Thurmont 8:00 am. Lv Frederick 8:20 am.

**Oct. 13 - 16 Jamestown and Erie, PA Adventure.** Jamestown is the home of Lucille Ball. We'll travel NW and stop in DuBois, PA for lunch and then continue to Jamestown to visit the Desilu Studios and the Lucille Ball Museum. The following day we visit sites where Lucille Ball visited and then drive to Chautauqua to have lunch at the Athenaeum and then enjoy a guided or walking tour of the area. In the evening we'll do a sight-seeing Cruise on Chautauqua Lake while enjoying dinner. On day #3 we drive to Erie to visit the Maritime Museum and tour the Warner Theatre, have a guided tour of Presque Isle, and finally Historic Union Station where we have a buffet dinner. On Day #4 we visit the Zippo Center and the Kinzua Gorge. We take Route #6 east which is a very scenic drive, especially in the fall. Price: \$795 PP DBL, \$1,030 SGL, Deposit \$125, Final Payment Due August 28. ETR 8:00 PM.

**Oct. 23 - "Crazy For You".** This high-energy comedy of mistaken identities, plot twists, fabulous costumes, dances and Gershwin music is a classic. Memorable tunes include *I Got Rhythm*, *They Can't Take That Away From Me* and *Someone To Watch Over Me*. Lunch and show at Dutch Apple Dinner Theatre. Price: \$99. Lv Frederick 9:00 AM. Lv Thurmont 9:20 AM. Final Payment Due Sept. 23. ETR 6:30 PM.

Check your schedule or the website for details on two great Christmas overnight tours. Nov. 15-23 Branson & Dec. 9-13 Myrtle Beach. Early deposits recommended!

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## COLD WAR WARRIORS

# My life in Cold War submarines



Captain William Hicks, USN Ret.

### Conclusion - Changes I saw

#### Leadership and Operational Philosophy

When I reported to Sargo, the commander of the Pacific Submarine Force was RADM E. B. Fluckey who was awarded the Congressional Medal of Honor for exploits as a submarine commanding officer during WW II. His philosophy was to send the submarines to sea with goals and missions and depend on the crews to carry them out. When Sargo ran aground, his investigation focused on the tasking in locations with limited navigational aids, the priorities of the missions and he drew the conclusion that when a ship is assigned in those conditions, he was willing to accept unlikely events when no clear dere-

liction of duty was evident. He was also clearly focused on war fighting capability and when it was determined that many torpedoes onboard his submarines would not work due to an error in the torpedo shop, he was unforgiving in assigning responsibility and unrelenting in overseeing rapid corrections.

As the years passed, the memories of risk taking and stretching the envelope during WWII faded. In its place, potential political impact both domestic and within the context of the cold war with Russia from any event gained preeminence in the thinking of the leadership of the Submarine Force. Individual initiative was replaced by ever increasing rules. Rules were designed to avoid incidents but frequently inhibited or supplanted tactical initiative. Frequently mission success was gained by taking risks to skirt or ignore the rules. Success was celebrated, but any incident was judged within the rules which frequently made success unlikely. The improved technology discussed above made untoward events less unavoidable and thus more the result of command errors or ineffectiveness.

One of the most significant impacts on command independence and initiative was the improvement in communications from Sargo when one-way communications to the submarine was the norm until today when satellite capabilities, make secure two way communications with the submarine routine.



Admiral Rickover ruled the U.S. Nuclear Submarine world with an iron first, personally selecting every officer who served. However, his single-minded focus on ensuring the safety of the nuclear power plant came at the expense, in the minds of some senior admirals, of the operational—or tactical—ability of officers.

No initiative required or desired. Call home and ask!!

#### Admiral Rickover to Admiral McKee

When I entered the nuclear power program out of college, Admiral Rickover was in charge and had been since the birth of the program. He was a technical, managerial, and political force whose reputation for being a difficult leader frequently overshadows his genius in other areas. He had an incredible attention to detail with a span of managerial control that stretched across the entire program from research laboratories to training schools to building and overhaul shipyards to every nuclear ship in the fleet. His representative at each of these organizations wrote periodic letters to him which describe their activities. From these letters he was able to keep his finger on the pulse of the entire organization. He was not bashful about challenging any decision or infer-

ence that his standards were not being met or his representative was taking inappropriate action or decision in his name. He personally interviewed and accepted each officer candidate and revisited and approved each progression within the program to engineer, command and major command. He was a brilliant engineer with an incredible foresight which allowed him to set radiation and radioactive material limits that over time became industry standards.

Due to his always being one step ahead, the spotlight for radiological and nuclear issues always shown elsewhere. Compromise was not a word in his vocabulary which ultimately was his undoing. Once he accepted a technical or design decision, he was loathe to change it for the simple reason it was difficult to implement or maintain. I dealt with this on many occasions while on the squadron staffs as we tried to maintain the aging fleet. Identical replacement parts were

not always available. Operational commitments sometimes were in conflict with complete repairs. In all of these cases, we could move forward only with the approval from Naval Reactors and gaining that approval required both operational and technical justification.

Naval Reactors always required a technical approval from the design agency before granting approval. In each of these steps, the expectations and oversight of Admiral Rickover were always present. As a result, the technical integrity and safety design assumptions built into the nuclear plants were respected and maintained. If Admiral Rickover had a blind spot, it involved ship survivability in the face of major casualties such as major steam leaks or flooding. The major changes which occurred in propulsion plant operational and casualty procedures following the loss of Thresher were indications of weakness in this area. Admiral Rickover retired in 1982 and was

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# COLD WAR WARRIORS



**Admiral McKee embraced the policies that had been the foundation of the nuclear propulsion program, but at the same time, he shifted the focus of the submarine force back to supporting fleet "operations."**

replaced by Admiral K. R. McKee who had been my commanding officer on Dace.

Admiral McKee had a very different background from Admiral Rickover. He was an operator who exploits as Commanding Officer of Dace were celebrated and still classified. He had broad experience at senior policy and command positions until he was selected to replace Admiral Rickover. He embraced the policies and expectations that had been the foundation of the nuclear propulsion program from its beginning: The strong technical basis, the strict adherence to defined processes and procedures, and the personal involvement in the selection and training of the personnel in the program. However he also brought a much greater concern for operational safety in the face of casualty or war damage. He was in the force when Thresher sunk and commanded Dace which was the same class with little modification. He was more sensitive to battle damage and additional requirements to save the ship in the face of major casualties. He took action to modify procedures and to modify some ship design features to make the ship more survivable during major casualties.

He was also concerned to ensure the training pipeline was providing personnel who met the standards of performance which was expected in the fleet to the extent that when I was senior member of the NPEB, he requested we conduct an operational reactor safeguards examination of one of the prototype reactors for which he was responsible. He told me it was his goal to ensure the operational expectations at the prototype were at least as high as our expectations for operational excellence in the fleet. He was disappointed but not surprised when the results were only average. In summary, Admiral McKee retained the technical and managerial rigor engrained in the program by Admiral Rickover and added an operational emphasis on controlling and surviving significant casualties and battle damage. It was also my sense that the number of phone calls to individual commanding officers was less, but the written communications from across the complex re-

mained the same.

Observing and having the benefit from the improvements in operational and design philosophy and technology has been fun and enlightening. I am sure the advances continue as the newest classes of SSNs and SSBNs are designed and built. I guess I am a bit sorry that I am not in position to see these advances, but I have done my time and it is appropriate that someone else have the opportunity to have as great a challenge and as much enjoyment as I had in my Cold War Career.

Ain't America wonderful? A poor farm boy gets the challenges, thrills and opportunities that I have had and gets paid too. The nuclear navy was truly a challenging and satis-

fying experience and career: Never dull; Never an opportunity for complacency; always a personal and technical challenge; source of great friends and workmates.

The downside was the impact on the family: Always on the move; few roots; too little time to enjoy life together (I can count the number of true family vacations on the fingers of one hand). What will never be known is how things would have worked out had Sputnik not been launched in 1957. Would I still be on the farm and how would that have worked out?

From a broader view, I think the nuclear submarine force was critical in keeping the peace throughout the Cold War. We had the SSBN force (to which my only real connection was on the NPEB two days at a time) which was the truly survivable leg of the nuclear triad. The SSNs always placed the Soviet SSBNs in jeopardy and they knew it, which was critical in preventing an attack. The SSNs were an important contributor to the collection of intelligence upon which national political, diplomatic, and defense decisions were made. As the Cold War wound down and War on Terror ramped up, the SSNs were ready with surveillance and cruise missiles to play a key role.

A life and career truly defined by the Cold War.

*To read other Cold War articles visit the Historical Society section of Emmitsburg.net*

*Editor's Note: The US Navy's Nuclear Power School was, and still is, one of the most intensive and grueling 6 months of learning any individual could imagine. The curriculum includes courses in advanced mathematics, chemistry, thermodynamics, electrical engineering, metallurgy, nuclear theory, and reactor physics. Classes started at 8 am and ended at 5 pm, yet few left the school before 10p.m. as all the material was classified and could not be taken home to study. Weekends were spent studying. Students had no time for families or extracurricular activities. You were expected to study, and only study. At times, you felt like you were being asked to master the impossible. The four-hour final exam asked you to regurgitate all you had learned in the past six months. You passed or failed based upon this one exam. I have no idea who authored the humor piece below, but every nuclear trained officer agrees that it sums up our memory of the intensity of that final exam.*

**Final Exam - Naval Nuclear Power School**

Instructions: Read each question carefully. Answer all questions. Time limit: 4 hours. Begin immediately.

History: Describe the history of the papacy from its origins to the present day, concentrating especially, but not exclusively, on its social, political, economic, religious, and philosophical impact on Europe, Asia, America, and Africa. Be brief, concise, and specific.

Medicine: You have been provided with a razor blade, a piece of gauze and a bottle of scotch. Remove your appendix. Do not suture until your work has been inspected. You have fifteen minutes.

Public Speaking: 2500 riot-crazed aborigines are storming the classroom. Calm them. You may use any ancient language except Latin or Greek.

Biology: Create life. Estimate the differences in subsequent human culture if this form of life had developed 500 million years earlier, with special attention to its probable effect on the English parliamentary system. Prove your thesis.

Music: Write a piano concerto. Orchestrate and perform it with a flute and drum. You will find a piano under your seat.

Psychology: Based on your knowledge of their works, evaluate the emotional stability, degree of adjustment, and repressed frustrations of each of the following: Alexander of Aphrodisias, Rameses II, Gregory of Nicaia, Hammurabi. Support your evaluation with quotations from each man's work, making appropriate references. It is not necessary to translate.

Sociology: Estimate the sociological problems that might accompany the end of the world. Construct an experiment to test your theory.

Engineering: The disassembled parts of a high-powered rifle have been placed on your desk. You will also find an instruction manual, printed in Swahili. In 10 minutes a hungry Zombie will be admitted to the room. Take whatever action you feel appropriate. Be prepared to justify your decision.

Economics: Develop a realistic plan for refinancing the national debt. Trace the possible effects of your plan in the following areas: Cubism, the Donatist controversy, and the wave theory of light. Outline a method from all possible points of view, as demonstrated in your answer to the last question.

Political Science: There is a red telephone on the desk beside you. Start World War III. Report at length on its socio-political effects, if any.

Epistemology: Take a position for or against truth. Prove the validity of your stand.

Physics: Explain the nature of matter. Include in your answer an evaluation of the impact of the development of mathematics on science.

Philosophy: Sketch the development of human thought, estimate its significance. Compare with the development of any other kind of thought.

General Knowledge: Describe in detail. Be objective and specific.

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## SCHOOL & LIBRARY NEWS

# What's new at the library

Erin Dingle  
Frederick County  
Public Libraries

Teen clothing swap fun @ the Thurmont branch: Teens and Tweens will go green and glam at the first ever Teen Clothes Swap on Thursday, September 18 starting at 5 pm in the Thurmont Community Room. Clean out your closet and bring gently worn clothing, jewelry and accessories to swap for new-to-you items. And save lots of money because this is a totally free swap. And, because of the generosity of Seton Center, we guarantee that everyone, boys and girls, will go home with something hip and trendy to add to jazz up their wardrobe. A very cool craft table will also be part of the experience. And because it's a swap party, refreshments included. Everyone in grades 6-12 are invited to register by calling 301-600-7212. Don't miss out – register early.

New Storytime Sessions for Ages 0-5: Look for regular storytime programs to begin new sessions in September. Check out [www.fcpl.org](http://www.fcpl.org)

to find times that meet your schedule for Babies with Books, Transition to Two's, Time for Two's and Pre-School Story programs at both the Emmitsburg and Thurmont Libraries. Interactive, exciting programs for young children ages 0-5 are offered several times every single week. Although some of storytimes require registration, we invite you to stop in and visit a storytime with no obligation. If your child loves it (and they will!), you can register for the whole session. Is nighttime more convenient for you? At the Thurmont Branch, we host a regular weekly program called Starlight Storytime. This is a program for families on Tuesday nights and it always includes stories, a craft and fun surprises.

Computer basics series: This series is held at the Thurmont Library and is designed for adults who are beginners and want to discover simple strategies for using a computer. The fall series will be held in three parts on Wednesday nights. In clear, simple terms, you will learn about computer parts and terminology, effective searches, online

safety, setting up email, housekeeping a computer, using the library computers and printers and how to use a USB device.

North county community volunteer fair: The Emmitsburg and Thurmont libraries will be hosting a Community Volunteer Fair in the Thurmont Library Community Room on Thursday, October 2 from 4-6:30 and your organization is invited to participate. Last year, 18 groups participated and connections were made between potential volunteers and those groups. Key goals for the event include providing information to those seeking volunteer opportunities in the Northern Frederick County area, targeting young people (ages 14-22) who seek volunteer opportunities to build skills and improve their résumé and sharing information with 55+ residents who are retired and want to give back to the community. If you are interested in being part of this free event, please send contact information for you or your representative to [edingle@frederickcountymd.gov](mailto:edingle@frederickcountymd.gov). I will re-

serve your table and send you further information.

### Children's Programs at Emmitsburg Branch

Tiny Signs: Bring the baby to a very special 'Tiny Signs' storytime on Wednesday, September 3 at 10:15. You and baby will learn basic signs through stories, songs and rhymes. It will baby develop language and communication skills all while having fun. And parents will pick up some basic signing skills too.

Preschool science fair: Preschoolers are invited to a STEM extravaganza on Saturday, September 20 at 11:00am for a hands-on event that will also be is a fantastic way to experiment with basic scientific concepts using a variety of tools and materials. Kids will explore and learn as they travel through four science fair stations. And what's really fun is that kids should be prepared to get a little messy. Register early as space is limited! Call the branch or go online at [www.fcpl.org](http://www.fcpl.org).

Sunflower Delight: On Saturday, September 27 at 11:00am, registered

kids will learn about one of fall's favorite blooms as we explore its importance in nature and it's representation in art. Everyone gets to create their own sunflower masterpiece.

### Children's Programs at the Thurmont Regional Library

Let's explore the moon: Fun and learning mix it up together in this two-part after school program for kids ages 8-12. It will be a hands-on experience as kids learn all kinds of things about the moon, craters and more. This STEM workshop is on Monday September 22nd and September 29th at 4:30. Registration is a must and limited so sign up early.

Storyland and play date on the deck: Frederick County Infants & Toddlers Program and Frederick County Public Libraries partner to host a unique Storyland program at the Thurmont Library on the 2nd Friday of every month. Storyland introduces kids to music, books and new friends at 10:15; playgroup follows outside at 10:45. In the event of rain, playgroup is moved to the Community Room. Register for Storyland by calling 301-600-7212 or online at [www.fcpl.org](http://www.fcpl.org). Drop in visitors are welcomed for playgroup!

# Ken Kerr, Candidate for School Board

Frederick County teachers have received their first cost of living increase (COLA) in five years—a 1.1% increase that has not even come close to keeping up with inflation that is running at about 2.5% per year. So a new teacher who started at \$40,706 in 2008 will see his or her salary rise to \$45,004 this year. To simply keep up with inflation, that salary would be \$44,978.27 today, so it has barely kept up with inflation. When that teacher entered college with a teaching career in mind, the expectation was that a low starting salary would be steadily increased at a rate of a 3.5% step and a 1% COLA each year the teacher demonstrat-

ed effectiveness and continued professional growth. At year five, that teacher expected to be earning \$48,542—over \$3,500 more than what was done under maintenance of effort funding.

We often hear that teachers are overpaid. Depending on who you believe or what comparisons you consider valid, research will demonstrate that teachers are both overpaid, and grossly underpaid. So, it's not as simple as comparing teaching to a similar occupation because there is no similar occupation.

Teaching is a complex, demanding, and unforgiving profession. Teachers are held to a high stan-

dard in their professional and personal lives and are under a level of public scrutiny and comments that is unparalleled in the workplace. Teachers never get a chance to coast. They must continually increase their skills and credentials, improve their effectiveness in the classroom, face recertification requirements, adhere to constantly changing state and federal standards and regulations. And if they wish to see their salary continue to increase, new teachers are expected to complete an advanced degree (in their spare time) by the time they complete their 5th year. And as we have seen, those reasonable and customary salary increases in these past five years have been few and far between.

Speaking of spare time, let us consider the workday. A high school teacher will arrive well before the 7:30 a.m. start and remain until well after 4 p.m. Nine and ten hours days in the building are followed by 2-3 hours at home most evenings. Yet, somehow, a mas-

ter's degree gets completed, as expected, within those first five years. However, for the Frederick County teachers who held up their end of the bargain, the expected compensation has not been realized. The type of productivity and time commitment expected of teacher—especially new teachers finding some work-life balance—is something that can be maintained for only a few years without some type of reward and recognition.

In the American workplace, that reward and recognition is almost always in the form of a pay increase.

Consider the consequences of the job that teachers do—children who learn to read and grow socially, graduates ready for college and careers. We depend on teachers all of our children to successfully function in society. Yet, too often they are vilified and ridiculed as pawns in a game looking to prove some larger political purpose. Money is not the reason most teachers enter the profession, but it

is often the reason why they leave. So rather than claim that teachers are overpaid or underpaid, people should consider what it would take for they themselves to dedicate their lives to the classroom.

By many measures, we, as a nation, are not getting the best and the brightest university graduates to enter the teaching profession. Those with the highest SAT scores are not seeking a degree in education—it just doesn't pay enough, and the job is too difficult for many. As the two sit side-by-side in a college history class, the earning potential of a young finance major is nine times that of a young education major. Other studies show that the lack of respect keeps the most intellectually skilled from teaching.

Teachers don't deserve to be a public punching bag simply because they expect to be paid according to a long-established compensation model. Their expectations haven't changed; it's our commitment to them that has.

# Vote



Dr. Kenneth Kerr

An Educator for Board of Education

Authority: Friends of Ken Kerr, Helen Bozics Kerr, Treasurer

✓ A proven leader in education at the local, state, and national levels:

✓ Past president of the Developmental Education Association of Maryland, the Mid Atlantic College Reading Association, and current Secretary to the Maryland Higher Education Commission Faculty Advisory Council:

✓ And . . . a former FCPS teacher and bus driver.

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By authority of the candidate: Angela L. Gregory, treasurer



# SCHOOL NEWS

## Mother Seton School news

Lynn Tayler

Happy September! We have a brand new school year beginning at Mother Seton School, and the excitement over that has helped the students ease back into their structured routines after the always-too-short summer break. By now, you know that we have had some major personnel changes over here, including the installment of Sr. Brenda Monahan, D.C. as our new Principal. We'd like to welcome the other new additions to our staff and faculty: Sr. Joan Corcoran, D.C. as our new Assistant Principal; Karen MacZura, who will be our morning Pre-K teacher and afternoon Physical Education instructor; Sharon Beard, our new 5th-grade teacher; Christy LaBarbera, who will be assisting Pre-K; Sharon Bolch, who will be assisting in Kindergarten; and Rachel Bevard, who is joining our cafeteria team. In addition to the newest members of our little family, a few of our current staffers are making

some changes. Danielle Kirby will be teaching 1st-grade full-time now. And in the Middle School, Elizabeth Vines will be transitioning to 7th-grade Language Arts and Social Studies, while Claire Beccue will be adding 6th-grade Language Arts to her schedule in addition to 6th- and 7th-grade Religion and Technology.

Some wise rock-and-roll philosophers once said, "Changes aren't permanent, but change is." We are looking forward to the change happening in our school. Regardless of the many changes this year brings, one thing will remain for certain—Mother Seton School will continue to be faithful to the legacy of our Foundress and Patron Saint, Saint Elizabeth Ann Seton, in inspiring students to achieve academic excellence and to dedicate their lives in loving service of Christ. Sr. Brenda will see to that!

For those of you who haven't met Sr. Brenda yet, please allow me to take a moment to let you know a little bit about her. She was born in

New Jersey to Elizabeth and Michael Monahan. Her father, now deceased, was a proud Irishman. "St. Patrick's Day was like Christmas to him," she chuckled. Her mother now lives in Alabama, where her older sister, Trish Stabler, and her older brother, David, live. A younger brother, Bill, lives in Georgia. Sr. Brenda was missioned here by the Daughters of Charity from the Diocese of Birmingham, where she served as both a principal and as Director of Beacons of Hope, Inc., but is fortunate to now be near her niece, Shannon, who lives in Emmitsburg.

After receiving her B.S. in Elementary and Early Childhood Education from the University of Montevallo in Alabama, she was incorporated as a Daughter of Charity in 1991. She also went on to earn a Master's in Educational Leadership and Administration from the University of Dayton. She credits her 2nd-grade teacher with inspiring her to become an educator. "She was very child-centered and warm,"

Sr. Brenda recalls. "Long after I left her classroom, I used to come by to help her with things for her classroom. She sparked this underlying passion I have for working with children." That passion was further stoked after she served as a camp counselor working with underprivileged and special needs children. It was the joy she got from working with these children that not only encouraged her to pursue teaching, but to become a Daughter of Charity, where she could continue to serve others in need.

For her first year at Mother Seton School, Sr. Brenda plans to focus on getting to know the students, families, staff, and faculty that make up the MSS community and to identify any pressing needs. In this way, she hopes to build a "foundation for collaboration". "Teamwork is very important to me," she says. In fact, one of her favorite scripture passages speaks to that: And we know that God causes all things to work together for good to those who love

God, to those who are called according to His purpose. (Romans 8:28) "Whenever something gets me down or frustrated, or doesn't seem to be working out, this passage gives me comfort and reminds me that God is with me in this worry and that all of this is for His glory." She also wants to provide more professional development opportunities for teachers so they can continue to grow and be enriched, and to continue with technological upgrades for the school. "My dream goal is have a cart of iPads for the students to use to enhance their learning experience," she states. "Our purpose is to educate children, and everything we do will be done with that in mind."

With a love for cooking and baking, and eclectic taste in books and music, Sr. Brenda brings a new energy to the school. She is also an explorer who loves to travel and to discover the treasures that a place has to reveal. If you haven't had a chance to meet Sr. Brenda yet, be sure to take some time during one of our events this year to introduce yourself and suggest some places she might want to check out while she's here.

## Mike Ferrell, Candidate for School Board

As the new school year begins there are many reminders of new and old issues which will have long lasting impact to you as a taxpayer, our children and the teachers and staff of our schools. Several of these issues will require long term solutions and some may require hard choices to be made using research and work.

My 37 year military career has provided the skills, dedication, leadership, education and integrity to face these challenges to provide fair and reasonable solutions. I have completed two masters degrees designed to perfect research while demanding the ability to find the right answer using every possible means.

Our county will be faced with budget challenges requiring strong leadership and negotiations to ensure taxpayers money is responsibly spent and our students and schools have every

possible resource to provide top quality education. Remember 48 cents of every tax dollar goes to the Board of Education.

Our county schools will be impacted by the influx and relocation of children arriving from other countries who not speak English as their primary language. While there are many opinions concerning this issue we must remember children are the future of our country and world. What we do and the decisions we make will have a resounding impact on the future.

Educating children who speak other languages is not new and we must find the correct methods to ensure they succeed and become productive members of our community.

Our county is faced with a growing drug problem which many individuals expect to solved through the use

of Law Enforcement. Law Enforcement is only part of the solution. Instead the solution begins at home with informed parents who are actively engaged in their children's day to day activities, as well as, teachers and facilitators who provide excellent role models for children to follow. We must find avenues for parents and community leaders to dedicate time and actively interact with our children to provide this vitally needed leadership.

The requirements of our special needs children continues to grow. As a community we must step up and address how to provide these children with educational opportunities and teachers which will make Frederick County the signature program all will want to emulate. There are many emerging technologies, as well as, enthusiastic and caring teachers within

our area. We must take the time and make the effort to seek out the best of these for our children to ensure parents that Frederick County will set the standard for special needs education.

I am not a career politician and will never admit to having all of the answers. These are just a few of the issues which will take hard work and dedication to find the responsible solutions

which work for all involved. I have been personally endorsed by the Sheriff of Frederick County, Chuck Jenkins, as well as, numerous Frederick County teachers and advocate for fair and unbiased decisions leaving no room for special interest decision making.

I humbly ask for your support and your vote in November as a candidate for Board of Education.



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## FOUR YEARS AT THE MOUNT

*With each passing year, the Four Years at the Mount section evolves as students graduate, move up to leadership roles within the newspaper, or just begin their time at the Mount. As we start our search for the next freshman writer, we asked each of our current writers to take a unique approach to writing about the process that lies ahead. Since Leeanne will no longer be our freshman writer as she moves to her sophomore year at the Mount, she reflected on the experiences she has had throughout the past year, what she has learned, and what the new writer will gain from the position. Lydia wrote a creative piece reflecting on the process of hiring a new writer and the opportunities that lie ahead for the writer. As our senior columnist, Kyle discussed the inner workings of the Emmitsburg News-Journal to show what the new writer will learn from holding this position and the leadership opportunities they will encounter as a result.*

### Sophomore Year A learning experience

**Leeanne Leary**  
MSM Class of 2017

In just a few weeks I will no longer be the “freshman writer” for this column. The transition may seem simple and natural to our readers; a new year comes so we all move up a year and you gain a new voice. For some reason it’s not been easy for me to accept. To think that I will be a sophomore means a lot of things. It means that I might actually have to decide what I want to do with my life, I might have more than a few problems managing my time, and I might have classes that challenge me to learn more than I think is possible—okay, I definitely will. I also know that it means that I will get to continue to grow in my faith and friendships, and scholastically, in my classes and as a writer for this paper.

As I look forward to writing my twelfth article and starting my second year on the staff, I can’t help but reflect on my first year. I will admit, there were articles that went more smoothly than others. There

were some that were worked on for weeks but still were never right until Kyle fixed them. There were also some that made me so incredibly happy to write that it took only a couple of hours from start to finish. Then there were the ones that I just didn’t know what to do with, and had to email Kathryn for ideas. Through all of these articles, I think I learned a little.

For the articles that just didn’t seem right until my editor looked at them, I learned that teamwork really is vital in any production because our eyes see differently and we hear different things when we read the same words. I learned why there is an editing process, because even if I spent days on one article, it probably still wouldn’t be perfect. I also began to understand why there are so many people who look over every single thing that goes into the paper as we caught the very rare typo. It began to make sense why one person can’t simply catch all mistakes and fix everything; it takes a team of people with different views to work from every angle.

These articles that didn’t fall together perfectly may have been frustrating, but it was from these that I learned the most.

I learned that sometimes my first idea isn’t as great as I think it is, and not everything works on paper. I learned—well I’m still learning—that organization helps to keep a clear head and thoughts, although I haven’t mastered this yet. I learned that breaks are necessary and that it’s okay to start articles closer to when they’re assigned than to when they’re due. I learned that writing for the paper is similar to living life because things don’t always work out and some things take more time than others. Sometimes it takes two, three, or even four attempts for anything to make sense, and some of the best work comes from a long and difficult process. Also I found that sometimes a bowl of chocolate ice cream is really all you need.

For the articles that just clicked and the ones that were so much fun from start to finish, I learned that you don’t learn much if you don’t have any problems. From these I simply learned to appreciate the times where things just fall together, because it doesn’t always work that way. From my favorite article, and one that also went smoothly, I

learned that interviewing someone is perhaps one of the most interesting things one can do. To sit down with someone and simply be immersed in their past, their thoughts and opinions, their values, and their lifestyle, is fascinating. This also taught me that writing down someone else’s thoughts can be much more fun than writing down my own because it becomes a sort of story, instead of me just ranting about what I think and how I feel. These articles reminded me why I love to write and why I need to appreciate it more.

Each article I wrote, each article that I read, and each staff meeting taught me a little more, whether it be about my own writing, what good writing looks like, or the process of the paper production. I am happy to say that I spent my first year on the paper learning and I hope to spend the next few doing the same. While I continue to learn and grow, I want to welcome our new freshman writer with the same advice. To use each second as a learning experience because as a beginner, you will see growth each time you sit down to write. Everything I learned was positive and helped me grow in not just journalistic writing, but all sorts of writing that translated into my classes and

everyday life. If you keep an open mind and realize that not every article may be comfortable, but these are the ones that will teach you the most. Writing for this paper will teach you about yourself by forcing you to formulate real thoughts and put them onto paper.

It will teach you about how far you’ve come as a writer as you watch even the most difficult topics get a little easier to handle. It will also show you how far you’ve come as a person. When you’re moving on to your sophomore year and are able to go back and look at your very first articles, you will see in your own writing where your thoughts were and how you’ve matured and grown. It will show you what you like, what you don’t like, and how to enjoy both. You will get to learn from the best people around and see how a newspaper can really effect and bring together a community. And most importantly, you will learn as I did that without passion, even the best writer’s work will fall flat. So love what you do. Love the process. Love to write and share with Emmitsburg. Love the opportunity to reflect on your experiences, and it will show.

*To read other articles by Leeanne visit the Authors section of Emmitsburg.net.*

### Junior Year The freshman writer

**Lydia Olsen**  
MSM Class of 2016

It was only a month or so ago that Gabby had moved into her new home at Mount St. Mary’s University. She was a freshman and was still trying to get settled into college life. Gabby wasn’t quite sure what career she wanted to pursue or where she will be in ten years, but she believed that when the time is right she will figure it all out. Gabby came into college only knowing a few people. She had joined a few clubs and was really starting to find her passions, but something was missing. Until one weekday, late in the evening, she was checking her email and she saw something that caught her eye.

One of the multiple emails she received that day detailed a newspaper in the local community looking for a freshman writer for a column called “Four Years at the Mount.” Gabby was extremely interested but thought that she might not be good enough to fill the position. She sat at her desk and rocked back and forth in her chair as she contemplated. She could not make up her mind. “Typical,” she thought to herself, knowing she was indecisive nearly every minute of her day. “Just do it,” she convinced herself. “I believe in you.” And with that, Gabby moved the mouse of her computer to the top right and hit the reply button. She then wrote...

Dear Writers of the Emmitsburg News Journal,

My name is Gabby Peterson and I am a freshman here at the Mount. I am very interested in learning more about becoming the freshman writer for the column entitled, “Four Years at the Mount.” I have always loved to write and find it is a great way to express myself. I think that I could be a great addition to your team and would love to have your consideration. I have attached a sample of my writing that I wrote recently for one of my classes. Please let me know if you need anything else in addition. Thank you so much!

“There,” she thought. “I think that sounds good.” Yet, she stared at the page again and again making sure she did not make any silly errors. After moments of hesitation, Gabby finally found the courage to hit send.

At first she thought, “What have I done?” Gabby did not have much confidence in herself or in her writing. She believed that her writings were a true reflection of her and clearly projected her as a young woman. Gabby was afraid to be vulnerable and was nervous about letting others into her life by letting them read what she had written from the heart. She even had trouble handing in her papers in high school for fear that her teachers were going to judge her or what she wrote about. However, this

fear was always ridiculous because her teachers applauded her on many occasions and she was always told that writing was her strongest subject. Gabby was just still learning to believe in herself and to be confident in her talents.

A few days passed without an email response to Gabby’s interest in writing for the paper. Gabby was anxious but tried to not think about it. Then an email response came. Gabby eagerly opened it and read its contents.

Dear Gabby,

Thank you for your email and for your interest in writing for the Emmitsburg News-Journal. Our staff has read your sample piece and has decided to consider you for the position. We would like you to come to our next meeting to discuss the possibility. We will be meeting on Monday night at eight o’clock in the library. Please let me know if this works within your schedule. Thank you and hope to see you soon!

“Wow!” Gabby said out loud as a smile spread across her face. She could not contain her excitement.

Monday rolled around and Gabby could not wait to meet the staff members. She headed to the library and walked in before realizing that she had no idea who she was supposed to be meeting or where they would be sitting. Gabby stood in the front of the library for a few moments wondering what to do.

“Hi, are you Gabby?” she heard a voice beside her say as she turned and saw a young woman with dark

brown hair approach her and smile.

“Yes, are you with the Emmitsburg News-Journal?” Gabby responded, glad she did not have to stand alone any longer.

“Yes I am. My name is Kathryn. Would you like to come and sit with us? We are just waiting for a few more people.”

Gabby smiled and said, “Sure!” before heading over to the table and taking a seat.

The full staff from the Mount began to appear and each took a seat at the table. Everyone was talking, laughing and eager to discuss the previous month’s edition before brainstorming ideas for the next month’s theme. At the head of the table sat a man named Mike who spoke with excitement about animals and history while also quizzing the rest of the staff as if they were all playing trivia. He spoke to Gabby in between questions of Emmitsburg history and made sure that she was up for the position. Mike made sure Gabby was planning on sticking around at the Mount for all four years and told her that he was glad to have her as part of the team. He mentioned that he had really liked the sample piece she submitted, and Gabby’s smile could not have been larger.

As the meeting was ending, Gabby got to hear what the theme would be for her first piece in the Emmitsburg News-Journal and her mind flooded with ideas. She could not wait to get started and see her name and article in print for the first time.

Before each staff member headed back to their residence building, they

all hiked over to a parking lot that had only one little, red car in it. Mike opened up the trunk and handed each staff member a bundle of newspapers.

Gabby reached out and held her stack with her arms wrapped around it. Each person decided which building they were going to take their stack to and then shouted goodbyes to each other as they walked in different directions.

“We will be in contact,” Kathryn turned to Gabby and said. “I am so excited to have you as part of our team!”

“I am so glad to be here. I am really looking forward to working with you all!” Gabby responded earnestly. And with that, she headed off to deliver her stack of newspapers. Her feet could barely keep from running as she eagerly desired to get back to her dorm room and call her mother to tell her the good news. As Gabby swung open the door to her residence hall and plopped the stack of newspapers onto the front desk, she thought about all the opportunities this new position was to bring. That little thing that seemed to be missing a week or so ago was not missing anymore. Gabby had been given the chance to write for the community newspaper and she was beyond thrilled. She could not wait to grab her computer and let her fingers type the words her heart and mind wanted to say.

*To read other articles by Lydia visit the Authors section of Emmitsburg.net.*



# PRODUCING THIS PAPER

## Senior Year The importance of editing

Kyle Ott  
MSM Class of 2015

Throughout the years I've held more than a few positions around the wonderful world of the Mount St. Mary's campus. I've been blessed with the chance to be a leader and role model among our student communities as a Resident Assistant. I was able to flex my oratorical skills as the master of ceremonies for last year's SPARC festival, and last but certainly not least by any stretch of the imagination, I've been a writer for the Emmitsburg News-Journal. During these past few months, that role has been altered slightly and I've been fortunate to be able to move from working solely on my own article to helping other writers and the paper as a whole. It has certainly been an interesting path getting here, one that has taught me a great deal about what it takes to marry responsibility and creativity. While it is my normal modus operandi to weave everything together into a single story, I thought that in keeping with the precise nature of the job, we'd do a simple list of lessons learned.

What you put in is what you get out.

After receiving a draft of the paper during my first month as an editor, the first thing I did was isolate myself from every distraction, pull out my laptop, and get to work. After nine hours I was finally able to send the finished product off to my editors (and thus the grammatical cycle of life goes on, sans Lion King music). While my finished product was far from perfect, it let me learn a lot about how our paper goes about the arduous task of editing the collective works of a thriving town and university. Most importantly, I was able to take pride in the work that I had done and the process I had used to accomplish my task.

This lesson alone is worth a considerable amount more than several dozen of my paychecks combined. Taking pride in the work you do is often as rewarding, if not more so, than the exact work that you do. It's that attitude that lets you transform the mistakes you make into valuable lessons and then translate those lessons into success.

Little strokes fell mighty oaks. Speaking of the collective works of an entire town, have you ever taken a look at the Emmitsburg News-Journal? I mean really sat down and thought about the size font we use, the spacing between the lines of text, and the sheer number of pages. The truth is that the Emmitsburg News-Journal is an incredibly comprehensive newspaper, so much so that no one or two dedicated editors could do it all in the time that is required. Luckily for us, we have four dedicated editors and a surefire strategy. First, editors are split into two teams; next the paper is split into halves with each team member taking a section, switching halves once a revised version of the paper is received. The result is a fully realized grammatical clean sweep.

Although I'm positive you are all

enjoying this scintillating discussion of publishing tactics, the truth is that this does have a pretty distinct lesson in the real world. In life we face some incredibly daunting tasks. No matter who you are, I'm sure you face some serious tasks. Whether it's balancing your job and the family of small children you have, or trying to strike a perfect dichotomy between life as a student and life as a normal person. Regardless of the job you have to do, or its size, almost anything in life can be broken up into smaller sections. These easy to complete segments don't feel like much (and in truth they might not be), but after a period of time they add up to form something significant.

It's alright to get some air. One of the most important things a professional athlete will tell you is the effect that fatigue has on their performance. You can have the most muscles and the best form, but without any sort of endurance you'll never last long enough to finish the race. Despite the fact that we're not winning gold medals—although I continue to lobby for professional typing to be put into the summer Olympics—the same can be said for editors. After a while our brains get tired. Our eyes start to strain a little bit and things like, "Is that movie title going to get italicized or put in quotations?" or, "Can I underline this?" or my favorite, "What if I just underline the entire paragraph?" start running through our heads. When moments like this arise, we take a much needed break to grab something eat, stretch our legs and talk to someone (or something) other than a page for a little bit. Then, once our appetites for

food and human conversation are satiated, we can come back to editing, confident with the knowledge that no, underlining an entire paragraph is not a good plan.

The same holds true for real life. No one mentions this, but it's easy to get tired. In a world dominated by machines and products marketed for our convenience, there is somehow less time to do everything. In this world, taking a breather can seem counterintuitive, but believe me when I say that sometimes what you need to keep working like a maniac is five minutes of free breathing time.

Enjoy the fruits of your labor. At the end of the day, there is nothing quite like seeing your finished product go to press. One of the incredible parts of working in journalism is that once you're finished and something has officially been completed, you actually get to see and share the physical result of your work with other people. The amazing thing is that you get to lug around the stacks of paper. To say that you should not be able to take a step back and truly appreciate what you've made is to say that your work comes from nothing. Seriously folks, enjoy your work and take the time to appreciate the end result.

At the end of the day, the importance of editing is less about the actual work that is done on the page and more about the lessons that you can glean from it. Whether you're writing or editing, working or relaxing, I hope you take the time to appreciate and learn from the tasks you perform every day. And most importantly, take some time for a good piece of writing. I'm Kyle Ott. Won't you sit and read for a while?

To read other articles by Kyle visit the Authors section of Emmitsburg.net.



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## THE GRADUATE

# Lost: hobby. Found: renewed interest.

Nicole Jones  
MSM Class of 2014

When I was about ten I took piano lessons for a year. Once a week I went to a music shop, guitars hung from the walls and drums littered the floor, keyboards stood in corners and full size pianos sat in the back show room. I walked past the counter with my little bag filled with beginner piano books. I went down the short staircase to the basement where a narrow hallway led to several practice rooms. Sometimes a guitar student sat at the end strumming the same chords and practicing his fingering. I walked into the first classroom on the left and was greeted with the smiling face and gray hair of my piano teacher, whose name I have unfortunately forgotten. The room was barely large enough for the piano and the two of us, but it was all we really needed.

I sat on the black bench, back straight, feet flat on the floor, hands situated at C. Slowly I learned what each note and symbol meant: sharp, repeat, pause, staccato, and so on. I played simple tunes like "Happy Birthday" and "Lean on Me," then one day my teacher asked if I wanted to play in front of people. The idea made me nervous, and I don't remember my exact response, but I must have said yes. It wasn't long before I played at my first piano recital. Due to the piano's digital additions, we were able to add a little horse-gallop sound effect to the end of my piece. Dressed in a velvety black dress, I sat down in front of the room of parents, my piano teacher beside me, turning the pages as I went and pressing the button at the end that allowed the horses to gallop across the black and white keys. There was polite applause; I stood and gave a little bow. It was a good feeling.

Several more recitals followed that. Some I wore that velvety dress, one I dressed up as a kangaroo, all of them were attended by my teacher and parents. One such recital was approaching

quickly, and I had not been practicing my piece. I felt unprepared—because I was—and panicky. I tried to practice, but a certain key pattern tripped me every time. No one was placing pressure on me except for me, but let me tell you, I apply it tighter than a tourniquet. Eventually, it was so bad that I let my fear of failure better me, and instead of just saying I didn't want to perform at the recital, I quit piano altogether. Of course, my teacher and parents were confused.

"Is there something we can do? Did something happen?"

"No," I always said, "I just don't want to play anymore." What an outright lie. I was just too afraid to face up to my own failure. If I had simply practiced and not procrastinated, it would have all been fine. However, if I hadn't quit, I may have never started horseback riding, but that is an entirely different story for a different article.

Eight years passed.

My freshman year of undergrad I had a professor who liked us to keep a journal. She would assign a topic, we would write a paragraph or two and email it to her, and she would send us feedback. It was a way to connect to her students and to monitor how we were adjusting to college. One topic asked if we had ever played an instrument or which instrument we would play if we could. I told her a condensed version of my piano saga, leaving out the part where I chickened out of a recital, and said that I wouldn't mind taking it piano up again. When she wrote me back, she pointed out that the Mount offered piano lessons. I stored the information away, just in case I had the credits to squander.

Sophomore year my roommate started taking piano lessons through the school. She struggled to connect with the teacher, and found the homework very time consuming for a 1-credit course. She dropped the class, which lessened my interest in taking it should I have the chance.

Junior year I befriended a seminari-

an. One of our favorite talking points was music. We would swap band names and expand each other's iTunes playlists. He had a particular affinity for talented pianists like Philip Wesley, come to find out that he had been the pianist in his high school garage band. He would come home from school and practice for hours at a time, and, I can only assume, he became quite good at it. Unfortunately, I was never able to sneak a peek at any of his garage band footage before he left, but I digress.

That entire summer I debated whether or not buy an inexpensive keyboard. Sure, it wasn't the same as having the full 88 keys of a standard piano, but it was a good option for relearning the basics during my free time. I looked at models online and pored over their reviews till I found a keyboard I liked. I would go to work waitressing and come home with a pile of one dollar bills that could have easily bought the keyboard, yet I stashed it away for other purposes like school and a trip to Europe. The keyboard could wait a little longer.

Every now and then throughout my senior year I would peek at keyboard, but I never clicked "purchase." That year I became friends with a fellow Resident Assistant in my building named Matt. His mom was a piano teacher, and he liked to play guitar—though he would sooner die than let anyone hear him play. Eventually he found out that I wanted to relearn the piano, and it came up more and more frequently in our conversation.

After returning from Austria this summer, I decided it was finally time to buy that keyboard. I had waited a year, I was still interested, and there would always be more reasons not to buy it than to buy it. It was do or die. I told Matt I was finally going to click that "purchase" button.

"What? You don't want to try it out first? You're going to buy it online?" His response made me pause. To be honest, I hadn't really considered that.



I knew what I wanted and here it was in a bright high definition picture on my computer screen. Two clicks and it would be on its way to me, but I had already waited a year. What were a few more days if I could make it a bigger adventure and actually have the chance to feel the keys under my fingers before handing over my credit card?

One fateful Friday, Matt and I drove down to Frederick to an actual music store. We pulled up and right before we walked in... I suddenly and inexplicably became nervous. I took a second to pace the sidewalk and get the crazies out of my system before walking in and promptly asking the clerk what keyboards they had that were suitable for beginners.

The employee guided me to a corner of the small shop where several keyboards rested along the wall. Matt quietly shadowed me; this was all me now. The clerk explained the small difference between the keyboards, that one was touch sensitive—playing loudly or softly depending on how hard you played

the key—while the other was not. Both came with similar beginner songs and lessons and the same number of keys. He pointed out keyboard "survival kits" that came with the necessary accessories to get up and running and explained which keyboard stand was better suited for these smaller keyboards. He turned it on and gave me a minute to play with it. Of course, there wasn't much playing to be done as all I knew was "Hot Cross Buns."

"I'll take it." That must of have been that man's easiest sale to date. I wondered if he was paid on commission.

Several minutes later, Matt and I were strategically placing the oversized cardboard box in the trunk of his old Volkswagen only to unload it at my house several hours later. With boxes discarded and the stand assembled, I finally gazed upon my very own keyboard. I plugged in the headphones and pushed the "Lesson" button. The small LCD display highlighted the keys I should be playing and light, rhythmic tune played in my ears. When I pressed the right keys, new ones lit up, and so on, until I had played my first song. It was a simple tune with repeating patterns and notes that I couldn't even read yet, but I still felt so accomplished. I played the song over and over until I had it memorized and could play it without even thinking. I tried to play it with one hand, seeking out the left keys with my right hand. I played it in the different voices the piano offered—flutes, saxophones, drums, guitars—until I had heard every voice. I played it an octave higher, then an octave lower. It was so simple but so very exciting.

Looking to the future, I can't wait to buy several beginner books and relearn how to read music. Maybe I'll use the record function and make up a ditty of my own. One day, maybe I'll even be lucky enough to have a proper upright piano and play more complex tunes. Whatever may come of this little keyboard of mine, I am so excited to have found renewed interest in a long lost hobby.

To read others articles by Nicole Jones visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net)



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CREATIVE WRITING

# Beautiful endings

Alexandra Tyminski  
MSM Class of 2015

The dictionary defines education as “the act or process of imparting or acquiring general knowledge, developing the powers of reasoning and judgment, and generally of preparing oneself or others intellectually for mature life.”

We constantly hear that education is a debate in Congress. Where and how should money get divided up? We often hear it in homes when teaching kids. “Honey, this is how you ride your bike!” We hear it when parents are deciding where to send their kids to school. “Do you think that school would provide them with the best education?”

I know that education is important, and in fact, that is one of the most valuable lessons that my dad has taught me. Naturally, I have always associated the word education with school: elementary school, middle school, high school, and college. Although, with my senior year of college approaching, I’m starting to think that education does not end in a place with teachers, professors, and students.

Education, some say, is the key to getting a job. It is a necessity. It teaches more than just getting good grades, but rather it instills discipline, hard work, and perseverance to always do your best. This might be true for those who are passionate about learning, but not every student finds that type of motivation in that environment or feels that school is supposed to teach us more than a simple letter grade on a piece of white paper.

I told my editor I wanted to write an article on the importance of education. But, I want to present to you with something that can often be forgotten. This is a side that many people tend to look over, and it begins with those who never completed college. With all the talk about being a senior and the job hunting waiting for me in a few months, I got to thinking, is this the reason I go to college? To find a job and then that’s it? Is that the only way to have success in this world? Have we

ever stopped to think about the successful people in this country who did not even complete college?

How about the famous Mark Zuckerberg, who dropped out of Harvard University and started the world’s largest social networking site we know today as Facebook. Did you know that Matt Mullenweg dropped out of the University of Houston to start WordPress? Did you also know that it powers 16% of the web today? John Mackey, a college dropout of the University of Texas, founded Whole Foods, the organic grocery store we know and love today. Twenty-five years after Mackey started the store, it grew into an international company. We can’t forget about Bill Gates and Steve Jobs. Neither Gates, a co-founder of Microsoft, nor Jobs, co-founder of Apple Inc., graduated from college. Gates dropped out of Harvard University and Jobs dropped out of Reed College.

So what are all of these men showing us? That there are ways to succeed without the path of college? That there are more things to learn outside of a nice looking university building? These are both true. However, I’m not advocating that one path is better than the other. But, I do believe that these men who dropped out of college to found such successful organizations teach us that learning happens anywhere, and it does not necessarily have to include a college setting. You may be wondering why I’m bringing this up now, but it seems essential to dive into the concept of education as I take my next journey as a senior. Senior year is a time when we take our last year of school and embrace every moment of it. We are to enjoy the last year of college before the “real world” and gear up for all the responsibilities we are going to face in just one short year. It is where we finally get to throw the towel in and say, “Ah no more homework! No more classes!” I’m starting to understand and think that this might be the most false depiction of how to approach senior year. There will no longer be lesson plans and a professor standing in front of us, but this is just the beginning of the lessons of life.

As I have reached my final stage of

college, I’m learning the real importance of education. Those who attend college, learn their major. Those who didn’t could have mastered a trade or begun their own business. Everyone is different and education will mean something different to every person. To me, I think that education in life is the most important thing. I’m not just referring to the classroom, but rather the lessons we learn. The lessons we learn in life are similar to those from a classroom. Our positive and negative experiences are the teachers and professors pushing us to be better than we already were. The knowledge we gain from these experiences are the textbooks we read every year. The friends we make in life are much like the ones in our group projects, and we get frustrated with them when they don’t hold up their end of the relationship. The reflections we have on who we are and what we want to accomplish is our homework, and the feedback we get from our future bosses and peers are our grades. Every part of life’s classroom has a lesson for us to learn.

When I first starting writing this article, I asked myself why I like to learn. I said the answer I always say, “I like it because it teaches me something I need to know.” I then thought to myself, well do I really need to know about American history if I’m a business major? What about infectious diseases? Yes, I need to know it all. But why? So again I can succeed and be the best?

No. I need to know it because it gives us knowledge that is so precious in today’s world. I’m seeing now more than ever that learning isn’t always seemingly relevant. It may not be directly relevant to my major, but it is important to know. Just like I might not want to experience a painful situation in life, but I do because it is probably something I needed to learn. The “real world” holds a reality of lessons, but ones that I feel Mount St. Mary’s has prepared me to take on.

Facing the real world is scary when you think about paying bills, getting a “real job,” entering “reality.” However, I think that for us seniors (and those I have known), it is so easy to get lost in



a certain identity. That identity lies in different categories: the stressed senior, the “going to graduate school” senior, the “I have no idea what I’m doing” senior, the “I’ve already applied to 10 jobs” senior? But, I think that the authentic reality I’m going to document isn’t any one of these seniors. The senior we all want to know and cherish are our inner selves that yearn for adventure and soak up bittersweet memories, our senior selves.

I have spent many times dreading an assignment or questioning what I’m learning. Not this year. I won’t pass those opportunities up because I’m realizing that authentic reality in being a senior means revealing the “reality” to come, but also its genuineness. I want to remember my last year, but look forward to the lessons yet to come. I want to live in the present, but I want to understand that what is forward is like an ocean, never knowing how big the next wave will be. The future won’t always

be easy, but I also believe it can’t make an eager and willing-to-learn soul die young (or ever for that matter.)

In just a few weeks, my senior education will be on full-speed. There will be times this year when maybe somewhere deep within I’m begging to graduate, but there will also be the reality that I will never get these moments again. Being sentimental in September? Yes. For I believe this is the only way I will live out my year to the fullest and learn the most out of my college education. In that case, should every day be sentimental? As if it was my last? Living in the moment is important, I’m learning. I’m not sure if the genuine reality of the present or the future is more stressful, but I am sure that the authentic reality of my senior year lessons begins now. However, the future classroom awaits me.

To read other articles by Alex, visit the Authors section of Emmitsburg.net.

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# ARTS

## Art on the Mountain

Megan Warner

“Art on the Mountain” is an art show designed to display the skills and creativity of a few of our gifted local artists. The show features paintings, photographs, pottery, and books. Hosted by Hill Country Hunt Club of Fairfield, Pennsylvania and sponsored by Amazing Heart Farm (Orrtanna) and Ivy Moon Studio (Fairfield), the event takes place on September 13 from 5 p.m. to 8 p.m., and September 14 from 2 to 5 p.m. at 519 Gladhill Road Fairfield. It is free and open to the public.

Jessica James is the author of four historical fiction novels and the first two-time winner of the coveted John Esten Cooke Award for Southern Fiction. She won the prestigious literary award in 2011 for her Civil War novel, “Noble Cause,” and the second award for her inspirational novel, “Above and Beyond” in 2014.

Artist and graphic designer Kathleen Ann Renninger grew up in the small town of Alexandria, Pennsylvania. Her observations of the natural world and her affini-

ty for the beauty and mystery of nature have led her to keep sketch journals of the things she has observed since the 1980s. This has resulted in her compiling some of that material to create her first book, titled “Pages from a Nature-Lover’s Diary.”

Potter Valerie Parsons is the owner of Hornets Nest Studio, which is located in Myersville, Maryland. Her pottery usually begins as a wheel thrown piece and may include additional hand-built features. Additionally, she specializes in beautiful and functional stoneware.

Steve Burdette is a local artist who works in original oil, acrylic, pastel, watercolor, pencil, pen and ink works. Steve studied and did an apprenticeship in oils and is a self-taught watercolorist. He also enjoys working with Prismacolor pencils.

Amazing Heart Farm and Ivy Moon Studio both promote the art of local photographers. Featuring the ever-inspiring beauty of nature, the photographs are gorgeous candid featuring Mother Nature’s most awesome

illustrations.

Amazing Heart Farm is working to build community through healing work, healthy eating and sustainable agriculture. By harnessing the therapeutic benefits of creative and physical work, they aim to provide a safe space for members of the local community to engage in emotional work and healing, to gain access to community resources, and to learn to use personal and community supports while providing themselves, their families, and the local community with locally grown fresh food.

Ivy Moon Studio takes a holistic approach to wellness and life coaching. Nutrition, exercise, spirituality, and emotionality are just a few of the areas that are included in a session. Learning to “just be” in the present moment, acquiring relaxation techniques and ways to alleviate the stress in your life, and aging gracefully in today’s youth-conscious world are also areas coached at the studio. Ivy Moon works with all ages and with your cats and dogs as well.

Hill Country is one of the premiere sporting estates in the mid-Atlantic region. Operating for over 25 years, their wing shooting and hunting is available only through membership. A membership brochure is available online and you are encouraged to call or email with your questions or comments, or to check membership availability. Fine fly-fishing water is available, as well as a top-notch clay shooting range. Ask them about their newly established shooting membership. First-class



Attendees at the inaugural “Art on the Mountain” will enjoy wine, cheese, and the beautiful works of local artists.

lodging is available as well.

We are proud to announce that the featured artists are not only talented, but also generous. A percentage of all proceeds from sales at Art on the Mountain will be donated to the Lab-Rescue of Silver Spring, Maryland.

Lab Rescue of the Labrador Retriever Club of the Potomac (LRCP) is a volunteer driven, non-profit organization with a two-fold mission: they rescue, foster and place homeless, abused, and/or abandoned Labrador Retrievers, and they provide a referral service for owners seeking to place their Labradors in new homes. The labs they receive first are evaluated for temperament and then placed with foster families where they are loved, exercised and further evaluated as they await adoption. All

of their dogs are brought up to date on their shots and are given a heartworm test and, if possible, are spayed or neutered. Lab Rescue of the LRCP rescues and places dogs in Maryland, Virginia, Washington D.C., West Virginia, Pennsylvania, Delaware, and northeast North Carolina. In 2013, Lab Rescue found homes for more than 1,000 labs and as of August 16, they have saved over 600 labs already in 2014! You can learn more about Lab Rescue of the LRCP at [www.imis100us1.com/labs/](http://www.imis100us1.com/labs/).

So join us in September for Art on the Mountain! Enjoy some wine and cheese and the beautiful works of local artists, and make a difference in the life of a wonderful, down-on-his-luck dog. For more information on this event you may call 717-321-4255.

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18565R15	\$81.00	\$66.00	21560R16	\$93.00	\$78.00
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# Fairfield awaits Pippinfest 2014!

Caroline King  
MSM Class of 2015

Summer is filled with fun and adventure, but...it also is long. Let's be honest, at this point in the summer, moms and dads are usually counting down the days until school starts up again and the kids actually have something to do during the day. But school starting doesn't just mean the kids will be getting out of your hair; it also means the re-introduction of art classes into their lives! Art is essential for developing minds as it gives kids a wonderful outlet and area through which to express their creativity.

Now, school is a great way for your children to be exposed to the arts, but it's also important to foster a love of art in the home. However, it can be difficult to make sure the kids are getting the "daily dose" of art. But it's really not just kids who need to get in their fair share of arts and crafts. The adult mind, though it may not be in development the way a child's mind is, still reaps all the benefits of incorporating art into daily life! Art does amazing things for a brain of any age; it makes you happier, more creative, and more productive. So how do you make sure you get art in your life? Luckily, local festivals can add artistic enrichment to not only children but also adults as well! And towards the end of this September, there might be just the sort of festival you're looking for.

Pippinfest is a two-day festival held in Fairfield, Pennsylvania, spanning the last full weekend of September 27-28. The great part about it? Free admission and parking! Pippinfest also offers many great activities that picking the best part would be nearly impossible. Saturday features a large community yard sale—definitely worth checking out to find that perfect knick-knack or maybe even a rare vintage find. Saturday will also have some craft and food vendors as well as a children's craft area with a few rides for the youngsters.

Sunday, the main craft and entertainment day, will feature all sorts of amazing activities. The committee is expecting over 100 vendors (craft and food), several of which will be providing demonstrations of their particular craft. Children can get hands-on and active in a new craft area on Steelman Street that will provide crafts, games, and a play area for children accompanied by their parents. There will also be activities geared to the more adult side of our community. From 9 a.m. to 4 p.m. there will be a Cruise-in Car Show and Swap Meet (held rain or shine!). There will be all types of antique automobiles, hot rods, vintage race cars, muscle cars, rat rods, street rods, motorcycles, trucks, scooters, and trikes. If you know someone (or you yourself) who is interested in cars, this will not be a show to miss. If you have a car you'd like to enter, you can call Granted Antique Auto Restoration at 717-642-9082. The car show is also a great way to incorporate some art into your family's life; after all, art is in the eye of the beholder and many of these cars will be master-

pieces. There is no entry fee for the car show, but donations to support Pippinfest are accepted.

But it's not just art education to be found here. Pippinfest is a tradition filled with history as well. There will be self-guided and guided walking tours on both Saturday and Sunday. Come out for a lot of fun, and learn something too! On Sunday, Tim Smith and Althea Riely with the Adams County Historical Society will offer walking tours of the Village in addition to ACHS books and publications. The tours are based on extensive research done by Mr. Smith for the Battle of Fairfield's sesquicentennial in 2013. This is a great opportunity to learn about history you might have never been aware of, and maybe won't get the chance to learn about in such detail again. But the activities don't stop there! Musical entertainment will take place outside of Fairfield Inn, the Fire Hall on Steelman Street, and Metz's Hardware lot on Main Street. Some featured artists include Crystal Groves, Austin Poulson, Generations Duo, Mountain Air, and the Fairfield High School Jazz Band and Show Choir. As the lineup is finalized, you'll be able to find out more on the Pippinfest webpage (see the bottom of the article for that information). The festival will also feature a two-day quilt show and demonstration and a display of Pippinfest pottery, both forms of art that not everyone is very used to seeing. This event will be brimming with arts from all mediums—cars, music, pottery, quilts, and crafting! This will be a sure-fire way to expose your friends and family to all sorts of artistic endeavors and options, while having a bushel of fun.

Now, if you're anything like me, you're probably wondering, "Why Pippinfest? What does that word even mean?" I thought that was something worth looking up, and it turns out there's a lot of history in the name, actually. In 1980, David Thomas (former owner of Fairfield Inn) wanted to try to unite the community. It is believed that Fairfield was named after Fairfield, England, and since the earliest apple

tree brought from England was called the "Pippin apple tree," the name of the festival was born. There is actually a real live Pippin apple tree behind the Fairfield Inn, which was planted by Mr. Thomas to commemorate the anniversary of the Inn's founding in 1757. Believe it or not, the tree is still producing apples every fall! Pippinfest literally translates to "apple festival," which brings up a personal favorite of the annual festival—the apple dessert contest on Sunday! Crafts and apple pie, what could be better than that? A fun way to get out of the house and welcome the approaching fall, Pippinfest really is not an event to be missed.

If you're curious about Pippinfest and the vendors that will be available, the moderator of the Pippinfest Facebook page has been giving out sneak-peeks of some of the featured vendors! You can check out those sneak peeks at [www.facebook.com/pippinfest](http://www.facebook.com/pippinfest). (Here's a little sneak peek of our own though—Rinehart Studio's will be at Pippinfest. An amazing artist is yet another way to incorporate more art into your day!) The Pippinfest website ([www.pippinfest.com](http://www.pippinfest.com)) also has information about Pippinfest 2014, supporters, vendors, events, history, etc.

So, from car enthusiasts to quilt lovers, children to adults, pie people and apple advocates, Pippinfest is going to offer something for everyone. Their wide range of amazing artists and vendors is worth turning out to see, not to mention it's a great way to welcome the fall and celebrate in a fun and educational tradition. Art is important—and not just for the benefits, but also for the pure joy and fun of it! Family, friends, bring everyone to enjoy this awesome festival. You're bound to see, hear, and taste some incredible things.

Again, the 34th Annual Pippinfest will be held in Fairfield, Pennsylvania (detailed directions can be found on the Pippinfest website, [www.pippinfest.com](http://www.pippinfest.com)) on the last weekend of September, Saturday the 27th and Sunday the 28th. Sunday will be the main festival day and there will be free admission and parking, and the event will be held rain or shine from



This year's Pippinfest will be brimming with arts and entertainment from all mediums—music, street performers, pottery, quilts, and crafting!

9 a.m. to 4 p.m. Check the Pippinfest webpage for additional times for specific events and activities.

[www.pippinfest.com](http://www.pippinfest.com).

More information can be found at either: [www.facebook.com/Pippinfest](http://www.facebook.com/Pippinfest) or

To read past articles by Caroline King visit the Authors section of Emmitsburg.net.

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## COOKING WITH LOVE

# A few tomatoes

**Marlene Spinoza**  
Adams County Master Gardener

Many vegetable gardeners know well the thrill of growing tomatoes, but how many tomatoes do you really need? During the 1940s and continuing well into the 1960s and 1970s, home gardening became popular.

The Victory Gardens of the 1940s sowed the seeds of excitement in vegetable growing, especially tomatoes. Working men like my dad, uncles and many neighbors became obsessed with growing the earliest tomato, the largest beefsteak tomato and the best producing canning tomato. The garden plot was enriched with horse or cow manure, compost, lime, leaf mold and oth-

er amendments, then double shoveled or rototilled to make it ready to plant in spring.

Every summer the earliest tomato, the largest beefsteak and the most productive canner tomatoes were collected and dissected to get the seeds for next years tomatoes. Dried and stored in white envelopes in the cellar or someplace cool.

In my dad's garden plot I became a lover of those wonderful tomatoes. Many, seasons later, as a retired teacher and a Master Gardener living in PA, with a large vegetable garden, the tomato disease overtook me once again. If searching for any new heirloom, hybrid or unusual tomato sounds familiar to you this article may help you. Every season I make a resolution to limit

the amount of tomato plants in my garden, then I open catalogs, and visit plant nurseries and become seduced by the many new and exciting choices.

This spring I took a class from a tomato specialist with the hopes of narrowing my plant choices, however I just included some better types along with the rest. The growing tips were great, now I can look forward to a much larger harvest. Thanks' Steve. Harvest time rolls around I often have a few too many tomatoes, even after giving tomatoes to extended family, neighbors, postal drivers and visitors.

Bring in your baskets of tomatoes and herbs and admire them, their lovely colors, contours and sizes. I often view the baskets of tomatoes on my kitchen counter as Peale still life paintings.

To use the many tomatoes, I can tomatoes, tomato sauce, salsa, pizza sauce and barbeque sauce. I have developed a few quick, easy and delicious recipes to use those few extra tomatoes.

### Tomato Appetizer

1 loaf of French, Italian, or long bread of your choice

6 to 8 tomatoes, depending on size. I mix up reds, yellows, oranges or whatever I have

Olive oil or other oil

Fresh garlic, chopped very fine, or garlic salt or powder



Herbs such as basil, oregano, fennel, thyme, marjoram or mint, and salt and pepper

Heat oven to 375 degrees with rack in middle of the oven

Split bread in half lengthwise, using both halves, brush with olive oil, sprinkle with salt, pepper and garlic. Place on large oven sheet and bake until lightly golden and crispy.

Slice tomatoes 1/4" thick (depending on the size and shape of tomatoes you can decide how to slice) place on bread in one layer straight across, diagonally or anyway. I use different col-

ors, sometimes it looks like part of a rainbow. Add herbs fresh or dried, a very thin dribble of oil and slice into 2" to 3" slices. Serve as appetizer, luncheon or side dish. Delicious!

### Oven baked tomato sauce

Heat oven to 375 degrees

Line a large oven sheet with aluminum foil and spread 3 tablespoons of olive oil or vegetable oil on sheet.

Plum tomatoes, or small tomatoes with not a lot of seeds, cut in 2" pieces

Onions thinly sliced -- I use a large candy or Vidalia, or you can use any type you like

2 medium garlic gloves put through garlic press or chopped fine

Fresh or dried basil, oregano, parsley, but dried works well too.

Spread tomatoes, onions, garlic, herbs, salt and pepper on tray; toss well to cover with olive oil on bottom of pan (you can use more oil if you like). Place in oven and cook for 40 to 60 minutes until they are slightly caramelized.

Serve on pasta; I like thin spaghetti, capellini, or small penne. Also delicious over toasted English muffins, baked potatoes or couscous. You can make extra sauce and freeze for up to 3 months.

### Fruit salad

Fresh sliced tomatoes  
Fresh sliced watermelon, cantaloupe, or honeydew melon  
Fresh blueberries

Olive oil and balsamic vinegar  
Salt, fresh chopped mint or basil

Pine nuts (optional)

Mix fruit (you can use all or just one kind of melon) and nuts in bowl or layer on plate, combine olive oil, balsamic vinegar, herbs and spices. Pour over fruit or toss in bowl. Wonderful

I hope these recipes will be helpful. I love tomatoes.

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# High school sports are back!

As the summer comes to an end and with school starting up again, it can only mean one thing: high school sports are back! Our towns' athletes will be presenting how they have improved over the long off-season. Both Catocin and Fairfield, have football teams looking for something to prove and soccer teams looking to improve from their last season.

Catocin's Varsity Soccer team struggled last season. Their best result was a 1-1 draw with Smithsburg at home as the end of season was in sight. However, the team has hope as they only lost one game by more than two goals and was very competitive in most of their games. As this season gets underway, Catocin will be faced with some adversity. The team lost 7 seniors to graduation and will have to depend on unproven players from JV to play well at the Varsity level if they want to improve on last season's record.

They start the season playing at the Mount St. Mary's stadium against Walkersville. Walkersville beat the Cougars to start the season last year 2-0 which would send Catocin on a 14 game losing streak. After Walkersville, the Cougars will go on a three-game away trip to Linganore, North Carroll, and Clear Springs, which does not appear to be promising for the Cougars. The three teams beat Catocin with a total score of 8-1, with North Carroll handing Catocin their worst loss of the season with a score of 4-1.

Yet, Catocin will have chances to grab wins throughout the year, especially the last five games of the season. They play Brunswick at home this year, a team they were close to drawing with last season, followed by a game at Smithsburg, the only team they tied with the previous season. Then they play Boonsboro and Francis Scott Key at home. Both should be competitive games in which the Cougars can succeed. Then in the final game of the season, they will play South Hagerstown, a team they played well against last year but still lost to 2-1. In that five-game streak, the boys in blue and white should be able to pull off a few wins.

The Fairfield Knights performed a little better last season than the Cougars. They finished the season with 5 wins, 10 losses, and 3 draws with an impressive record of 3-3-3 at home. Nevertheless, they struggled on the road going 2-7. Fairfield's best result was playing against Hanover. They obliterated the team in Hanover's own house with a score of 12-0. However, the Knights didn't go through the season unscathed. They suffered a tough loss when they visited Littlestown, who crushed the Knights 8-0. Yet, the Knights' spirits couldn't be broken. Later in the season, they hosted Littlestown and this time the result was completely different. The Knights protected their castle, beating Littlestown 8-2. Fairfield's season finished

on a sour note when they lost to Waynesboro 2-0. This year they'll look for revenge.

The Knights will look to continue their protection of their stadium against Littlestown in the home opener on August 30. They'll also face other tough opponents like their two bouts against Delone Catholic. Last season, Delone had a one up on the Knights, beating Fairfield 3-2 in both of their matchups. However, this season the Knights are looking forward to the matchup, believing they'll have the upper hand on the opponent. Fairfield is also looking toward their match against Bermudian Springs, a team they had a draw with last season. The Knights finish the season against York Catholic on October 7. The goal for Fairfield is to inch closer to the .500 mark or possibly even surpass it this season.

Catocin Football kicks off on September 6 against the Oakdale Bears at 12:00pm. Last year the two teams fought in a heated battle at Oakdale in which the Bears won 36-33. The Cougars did well last season at home going 4-1, only losing to Tuscarora in the second week of the season. They protected their home well enough but they only had a .500 3-3 record on the road, a problem they have concentrated on improving. The Cougars offense was suitable last season. At the end of the season, the team had a positive 114 points for versus points against and is looking to keep that positive ratio throughout the upcoming season.

This upcoming season, Catocin looks promising. They'll start the season with a tough matchup against the Bears. Nonetheless, in its own house, Catocin should be able to hold Oakdale off for a start of season win. The next two games will be tough when they visit both Tuscarora and Walkersville. Then there will be another tough

matchup when they come back home against South Hagerstown. It'll be hard but the Cougars should aim for two wins over the three game stretch. As they get into the meat of their schedule, they have the ability to start a stretch of wins against Poolesville, Williamsport and North Hagerstown. If they do well over the three-game stretch, they could head into the back half of the season with confidence on their side and a strong schedule to boot. The Cougars could have a very good Varsity season if the players joining from the JV team bring their A game.

Fairfield started the season with the smashing of Carson Long Military Academy last season. They destroyed the military academy, running up the score to 72-14. They then went on to win the next two games as well against Biglerville and York Catholic. However, in the middle of the season the Knights struggled. Following the York Catholic game, they lost three of the next four games with a point difference of negative 30. Their biggest loss of the stretch came in the fourth game when they visited Bermudian Springs, losing 33-7. After two close wins, the Knights finished the season with two back-to-back losses. The last game for the Knights was in the playoffs against Steelton-Highspire, where they suffered their biggest loss of the season when they lost 53-6.

This upcoming season, Fairfield looks to improve upon their 6-5 record from last season. They kick off the season with a two-game away stand against Newport and James Buchanan. When they open up at home against Carson Long Military Academy, the Knights are confident that they will be able to beat the academy. They follow that game with a match against Biglerville, which is a team they beat 47-28 last season. However, the beginning of the season wasn't the problem with



September marks the beginning of yet another school year at Mount St. Mary's University, and whether an active participant or just a spectator, every student of the small community contributes to the unique tradition that is Mount Athletics. The fall semester features six men's and women's NCAA Division I programs, as well as numerous other club and intramural sports. No matter what the level of competition or commitment, every student is given the opportunity to display his or her talents while gaining the indelible experiences fostered through team-oriented environments. Fans may consult [www.mountathletics.com](http://www.mountathletics.com) to follow NCAA-affiliated sports during any given season. The website features full schedules and results, team rosters, the athletic directory, live stats, and more.

the Knights last season. It was the middle and end of the season that troubled Fairfield. The schedule isn't favorable over the last four games for the Knights. They play York Country Tech, @ Delone Catholic, York Catholic, and @ Littlestown. Against those four teams last season they won three of the four games, but all of the games were close and Fairfield will have to be on their game to keep that 3-1 record.

This coming school season will be a great one for both of the Cou-

gars and the Knights. They both have a ton of ambition and potential this season, and all four teams look promising. Catocin Soccer will no doubt improve upon last season. Plus, the Knights soccer team should be better than .500. The Knights football team will be great and should be able to make a longer run in the playoffs this season, and the same goes for the Cougars football team as they will look to make a deeper run. High school sports are back!

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## FITNESS AND HEALTH

# Complementary Corner

## Traditional Chinese Medicine's Understanding of Menopause

Renee Lehman

We have been moving from the season of summer into fall a little sooner than usual. August has been cooler, with much less heat and humidity. With fall comes the harvest. Nature's growing season is over, and it is time to reap what was sown in the spring. There is an abundance of fruits, vegetables, and grains. Also, nature is beginning to let go. Trees are losing their leaves, the air is crisp, and light and the sun's warmth is growing scarce. Can you see how nature's energy is moving downward and inward?

Some of the gifts of fall include letting go and pruning; acknowledging of nature's awe; and acknowledging the intrinsic value of everything of creation.

One thing that women "let go" of as they enter the "fall sea-

son" of their life is their menstrual cycle. Reproduction is no longer an option. Menopause is a natural part of every woman's life, just like fall follows summer.

### Traditional Chinese Medicine's understanding of menopause

I have to state that the word "menopause" is not in the Traditional Chinese Medicine's (TCM's) vocabulary. "In TCM, the array of symptoms that we in the West label menopausal symptoms are simply called 'menstrual cycle ending symptoms'" (Nan Lu, OMD). Menopause is a natural part of a woman's life! There are so many opportunities for a beautiful transformation at this time of a woman's life (just as the season of Fall gives us beauty as the leaves are changing colors).

As I have discussed in previous articles, TCM is the oldest continuously practiced medical system in the world, and focuses on prevention and wellness. TCM deals with balancing the flow of the natural vital energy, or Qi (pronounced "chee"), which flows through all living things. This Qi flows through the body on specific pathways called Meridians, and is essential for health.

When the Qi is balanced, moving smoothly, and in sufficient quality and quantity, health and wellness are promoted. When the Qi is unbalanced or blocked in any way, disease or disease will occur. This disease may show up as symptoms on a physical, mental/emotional, or spiritual level. It is important to realize that these symptoms are only the end result of an imbalance.

If a woman is healthy (Qi flows smoothly), her menstrual cycle will be regular, and free from problems. If there is disease, then she may have one or more of the following menstrual symptoms: period irregularity, painful periods, clotting, cramping, breast tenderness, low back pain, bloating, bowel changes, premenstrual syndrome (PMS), irritability, headaches, abnormal bleeding and flow, etc.

Women who have these menstrual symptoms are more likely to have menopausal symptoms when they reach the age when their menstrual cycle is slowing down and or stopping. These menopausal symptoms include: hot flashes, night and/or daytime sweating, forgetfulness, trouble focusing, mood changes, weight gain, insomnia, vaginal dryness, urinary problems, and osteoporosis, etc. These symptoms occur because the woman's Qi is out of balance, and their Qi is declining (naturally occurs because of aging).



The great news is that women can do something about this! Women can learn to rebalance and increase their Qi! How?

### TCM Practices for Menopausal Symptoms

Practice Qigong to build your Qi (see previous articles). Work with an acupuncturist to balance and rebuild your Qi. Eating healing foods, participating in healthy lifestyle practices, and managing stress levels also help round out a body-mind-spirit approach that gives women the best possible chance to smoothly transition into menopause.

Want to learn how to better manage your menopausal symptoms? I am teaching a one-hour TCM and Menopause workshop at the Gettyoga Studio (304 York Street, Gettysburg, PA) on Saturday, September 20, 2014 at 10:30 a.m. In this workshop you will learn how to use seven special acupoints or "energy gates," so you can gain more strength and Qi to better manage your menopausal symptoms.

Do you, your mother, sister(s), or female friends have any of the above listed symptoms of Qi imbalances dealing with your menstrual cycle or with menopause? If so, come to the workshop and give yourself this priceless gift of learning! This will give you an opportunity to have a smooth transition into menopause.

The cost of the workshop is

\$30.00 and is open for women who want to support their health through daily energetic self-care. So, tell a friend, sister, mother or wife today! Space is limited, so register today by e-mailing me at lehmanr@embarqmail.com or calling at 717-752-5728.

"TCM sees menopause as a deep energy shift that extends beyond physical changes. It's a natural and normal part of a woman's life, yet it has the power to affect her mind, emotions and spirit. Menopause is a unique chance for a woman to prepare her body, mind and spirit for a healthy, long life. It is a time when she can heal, strengthen herself, and balance and harmonize her energies. Menopause creates the opportunity for a transformation, a new beginning, as a woman becomes free to discover, pursue or complete her life's mission and touch her spirit – and the spirits of those around her – in a profound and meaningful way."

(Nan Lu, OMD, excerpt from the book Traditional Chinese Medicine: A Women's Guide to a Hormone-Free Menopause)

Renee Lehman is a licensed acupuncturist and physical therapist with over 25 years of health care experience. Her office is located at 249B York Street in Gettysburg, PA. She can be reached at 717-752-5728.



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# FITNESS AND HEALTH

## Keep Moving

A new school year, a new exercise routine!

**Linda Stultz**  
**Certified Fitness**  
**Trainer/Fitness Therapist**

Sometimes with the kids out of school for the summer, vacations and the many other activities of the summer, an exercise program can be put on hold. The start of school, sports practice, band practice and the many other demands that come with

the fall and winter can put a strain on your time but please be sure to find some time for yourself. Some schools have taken time away from gym class and recess for the children and you know kids need to run around and burn off that excess energy they seem to have. Finding something that the kids will enjoy along with you will give them a chance to burn their extra en-

ergy and will help you find some extra energy from your workout. I know it's a busy time because you have to get everyone back in the school and work routine so you get out the door on time in the mornings. Getting back into doing homework and having everyone ready for bed by a certain time also puts a strain on time in the evening but finding at least 30 minutes for exercise will be so beneficial. Taking a family walk in the evenings or on the weekend will give you a chance to connect with your children on what's happening with in their

lives. Having a break between school and doing homework may help reset your child's mind and may just be the key to getting their work done a little easier. They sit in school all day and really need to move around and get ready for the evening. Exercise can bring a family closer together. You can do anything from playing ball, taking a walk, bike or horseback riding, using the Wii in the house or any activity that gets you moving and gets your heart rate up for a period of time. Maybe if each person gets a turn to pick their favor-

ite exercise on a day of the week the kids may be more interested in participating. School's started and you should start doing something to improve your health and have fun with your family and friends. A new routine for the winter will hopefully include some time for you and for the family to get some physical activity for a sound mind and body.

If you have any questions, give me a call at 717-334-6009 and I will help get you started. Remember, KEEP MOVING, You'll be glad you did!

## Fitness Matters

**George Puvel**  
**Anytime Fitness Owner**

**Question:** I am someone who regularly skips meals and workouts, thanks to both a busy work schedule and family life. I'm wondering if you have any tips that might get me back on track?

**Answer:** Luckily, there are many people that lead busy lives while still finding the time for healthy meals and productive workouts—it can be done! You need to make sure that fitness and nutrition are priorities in your life. Once you make this commitment, doing the "right" thing will seem like a lot less work. Try taking an inventory of your week on Sunday night, figuring out which days are light and which ones are heavy in terms of work and family responsibilities. Then, you can schedule your workouts in your planner and resolve any meal planning issues as well. For example, maybe you need to pack more comprehensive snacks if you have a meeting during lunch, or maybe you need to create a reminder so you remember to take frozen meat out of the freezer the night before you cook it. These seem like small, almost trivial changes, but they make a world of difference when you're in a time crunch. We typically schedule things we don't want to forget, so why not schedule meals and workouts, too?

**Question:** Lately, my goal has been to eat healthier snacks during the day, since I'm a big fan of chips and candy bars. What do you guys recommend as alternatives?

**Answer:** We get asked this quite a bit, so we definitely have some favorites. If you want something similar to your candy bar, you could certainly go with a sports nutrition bar. The main difference is that the sports bars are a bit more balanced with additional protein and less fat. They also typically have more vitamins and minerals as well. As a result, they make for a better meal replacement than a traditional candy bar. If you want some "real foods," which we recommend, check out the short list below:

- Celery and carrots with low-fat dip
- Plain yogurt with granola and blueberries
- Whole grain crackers with hummus
- Cottage cheese with apple slices
- Trail mix with dried fruit and nuts
- String cheese and a banana
- ½ whole grain bagel with peanut butter
- Low-sodium beef jerky
- Rice cakes with lean ham or turkey
- Edamame (soybeans in the pod)

**Question:** Despite the focus on strength training in recent years, cardiovascular exercise still needs to be

part of my routine, right? Assuming I'm correct, how much should I incorporate into my workout program?

**Answer:** Cardiovascular exercise should definitely be front-and-center when it comes to exercise. After all, your heart is the single most important muscle in your entire body. There's really no reason to avoid cardio. In fact, the only reason to limit cardiovascular exercise is if you're a hard-gainer and your primary goal is to put on weight. Even in this scenario, you can do several sessions of low-intensity exercise per week, like walking or casual bike riding. For optimal health benefits, we can look to the 2008 Physical Activity Guidelines for Americans. Per the recommendations, adults should shoot for 150 minutes of moderate-intensity aerobic activity or 75 minutes of vigorous-intensity activity, ideally spread throughout an entire week. The guidelines go on to mention that doubling these numbers provides even greater health benefits. Regardless of these recommendations, what you really have to do is factor in personal variables, like your current fitness level and your schedule. Gradually work your way up to recommended levels, and don't forget to include strength training and flexibility as well.

*About the author: George Puvel is the Club Owner. To submit a question for future articles, please contact the author at [ThurmontMD@anytimefitness.com](mailto:ThurmontMD@anytimefitness.com).*

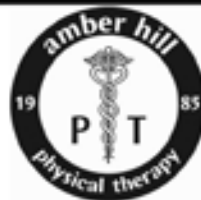
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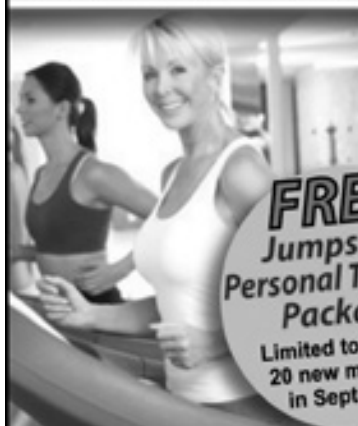
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## ASTRONOMY

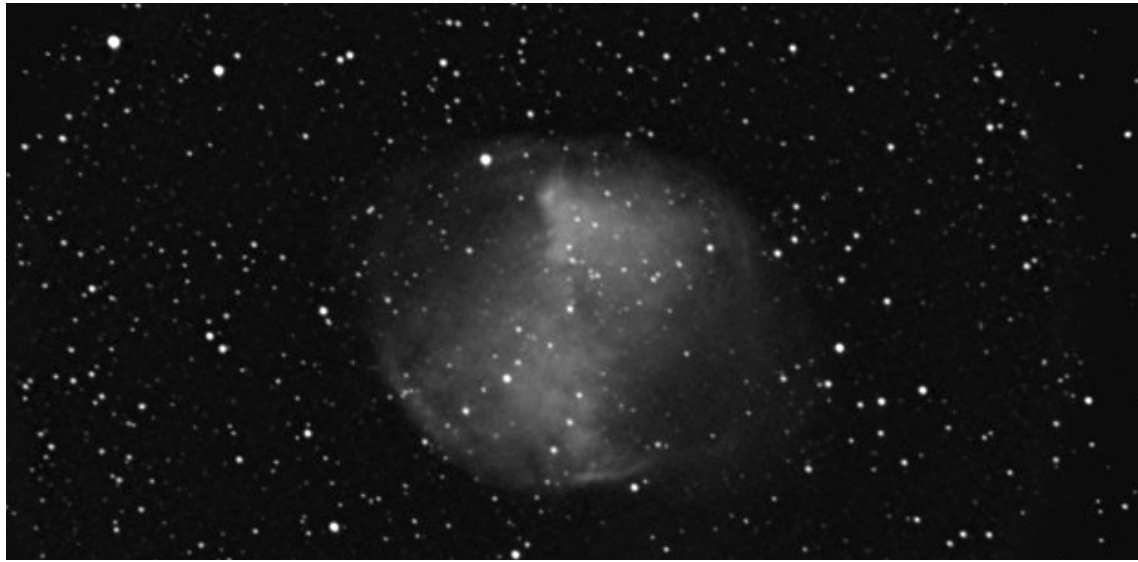
# The night sky of September

Professor Wayne Wooten

For September 2014, the Moon will be first quarter on September 2nd, and sits about 8 degrees north of red Antares in Scorpius. It passed just 4 degrees north of similarly bright and red Mars on the previous evening. Mars will overtake Antares at month's end of a spectacular red double star, only 3 degrees apart on September 28th. The Full Moon, the Harvest Moon, is on September 9th. The Moon is last quarter on September 16th. It passes five degrees south of Jupiter in the dawn sky on September 20th.

The autumnal equinox occurs at 9:29 PM CDT on September 22nd. The moon is new on September 24, which marks the following evening as the beginning of Rosh Hashanah, Jewish year 5775 AM. The crescent moon sits 2.5 degrees north of Spica, and four degrees north of Mercury on the evening of September 26th, but you may need binoculars to spot them low in twilight. The moon passes 1.2 degrees north of Saturn on September 28, and makes a fine alignment with Antares (on bottom) and Mars (in middle) on September 29th. Great photo op!

To the west, Mercury is briefly visible in evening twilight at month's end. Venus is vanishing on the far side of the sun, lost in his glare until reappearing in the evening sky in No-



This photo of the "Dumbbell Nebula" reveals the double lobes of gas expelled by the dying red giant star as its core collapses to a white dwarf.

ember. Mars and Saturn are both low in the SW twilight, and Saturn will be lost behind sun next month. Jupiter dominates the early morning skies during the autumn of 2014. He rises about 3 AM at month's end. He reaches opposition early next year, among the stars of Cancer.

The Big Dipper rides high in the NW at sunset, but falls lower each evening. Good scouts know to take its leading pointers north to Polaris, the famed Pole Star. For us, it sits 30 degrees (our latitude) high in the north, while the rotating earth beneath makes all the other celestial bodies spin around it from east to west. It is this time of year at an American Indian legend tells of the

Bear and three hunters. The bowl is the bear, the three handle stars of the dipper the hunters. The first carries a bow, and has shot the bear in its flanks. The second optimistically carries a bowl on his shoulder for bear stew; look closely, and you can see the pot (Mizar, horse in Arabic, and Alcor its rider more traditionally). The last hunter carries firewood for the feast. The wound is minor, and the bear has not lost a step, but in the fall, as the bear goes into hiding along the NW horizon, the wound opens slightly, and blood oozes out to fall on the tree leaves and paint them red this time of year.

From the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of Spring. Spike south to Spica, the hot blue star in Virgo. Saturn is just NW of Spica, a little brighter and more yellow in color. Note that Spica is now low in the SW, and by September's end, will be lost in the Sun's glare due to our annual revolution of the Sun making it appear to move one degree per day eastward. To the Greeks, Spica and Virgo were associated with Persephone, the daughter of Ceres, goddess of the harvest. In their version of "Judge Judy", the beautiful young daughter falls for the gruff, dark god of the underworld, Pluto. He elopes with her, much to the disapproval of mother Ceres, and they marry in his un-

derworld kingdom of Hades...a honeymoon in hell...really, he does love her as well, and the marriage itself works well. But it is the reaction of Ceres that creates alarm. Very despondent over the loss of her young daughter to a fate as bad as death, Ceres abandons the crops, which wither. Soon famine sets in, and humanity appeals to Jupiter to save us all. Calling all together, Jupiter hears that Ceres wants the marriage annulled, Persephone loves them both, and Pluto wants his mother in law to stop meddling. Solomon style, Jupiter decides to split her up, not literally, but in terms of time. In the compromise (aren't all marriages so?), when you can see Spica rising in the east in March, it means to plant your peas. For the next six months, she visits upstairs with as very happy mama, and the crops will prosper. But now, as Spica heads west (to the kingdom of death, in most ancient legends) for six months of conjugal bliss with Pluto, it is time to get your corn in the crib. This simple story, told in some form for as long as Noah's flood, was one of the ways our ancestors 7,000 years ago knew the solar calendar and when to plant and harvest. As you watch Spica fade, thank this star for agriculture, and in a certain sense, even our own culture.

To the south, Antares rises about

the same time in Scorpius. It appears reddish (its Greek name means rival of Ares or Mars to the Romans) because it is half as hot as our yellow Sun; it is bright because it is a bloated red supergiant, big enough to swallow up our solar system all the way out to Saturn's orbit! Near the tail of the Scorpion are two fine open clusters, faintly visible to the naked eye, and spectacular in binoculars. The clusters lie to the upper left of the bright double star that marks the stinger in the Scorpion's tail. The brighter, M-7, is also known as Ptolemy's Cluster, since he included it in his star catalog about 200 AD.

East of the Scorpion's tail is the teapot shape of Sagittarius, which marks the heart of our Milky Way galaxy. Looking like a cloud of steam coming out of the teapot's spout is the fine Lagoon Nebula, M-8, easily visible with the naked eye.

The brightest star of the northern hemisphere, Vega dominates the NE sky. Binoculars reveal the small star just to the NE of Vega, epsilon Lyrae, as a nice double. Larger telescopes at 150X reveal each of this pair is another close double, hence its nickname, the "double double"...a fine sight under steady sky conditions

To the northeast of Vega is Deneb, the brightest star of Cygnus the Swan. At the other end of the "northern Cross" that makes up the body of Cygnus is Alberio, the finest and most colorful double star in the sky. Its orange and blue members are well resolved at 20X by any small scope. To the south is Altair, the brightest star of Aquila the Eagle, the third member of the three bright stars that make the Summer Triangle so obvious in the NE these clear September evenings. Binoculars should be taken to the deep sky gazes to sweep the rich portion of the Galaxy now best placed overhead in this area. They will also reveal the easiest planetary nebula to see, M-27 in Vulpecula, just south of Alberio. This fine photo of the famed "Dumbbell Nebula" reveals the double lobes of gas expelled by the dying red giant star as its core collapses to a white dwarf.

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## Farmers' Almanac

**Mid-Atlantic Weather Watch:** Off-shore hurricane, rain mostly in the east (1, 2) turning fair and warm (3, 4, 5, 6, 7). Scattered storms (8, 9) with fair and humid weather (10, 11, 12, 13, 14). Atlantic hurricane with severe storms and heavy rain (15, 16, 17) turning warm and humid again (18, 19, 20, 21, 22, 23). Off-shore hurricane, rain mostly in the east (24, 25); more storm (26, 27) turning fair and cooler (28, 29, 30).

**Tornado Watch:** The Almanac sees some possible tornado activity in the Mid-Atlantic Region from 15th to the 18th of the month.

**Full Moon:** September's Full Moon is most famously known as the Harvest Moon. It is the Full Moon that

falls closest to the Autumnal Equinox. During this time, the moon would rise very soon after the sun would set on several successive days, giving the farmer a few extra hours of 'light' and a little more time to finish up their daily chores. In 2014, the Autumnal Equinox will occur on Monday, September 22nd. The Full Moon closest to that date occurs on Monday, September 8th and is therefore, the Harvest Moon for 2014.

**Holidays:** In 2014, Labor Day falls on the first Monday, September 1st and Citizenship Day is observed on Wednesday, September 17th. In 2014, Rosh Hashanah (the Jewish New Year) is celebrated on Wednesday, September 24th.

**The Garden:** Remember that fall is for planting! Plant cabbages, peas, fennel, cauliflower, lettuce, Swiss chard, onions, leeks, Chinese peas, and endive crops for late autumn harvest. Also, try beets, turnips, spinach, radishes, collards and broccoli but be sure to water them thoroughly after planting. Other fast-growing vegetables to consider are arugula and kale. Don't forget to consider what your flower garden might need. Plant spring-flowering bulbs such as daffodils, hyacinths, and tulips 6 to 8 weeks before the first frost. Plant pansies quickly so they can develop reliable roots before soil gets too cold (fall-planted pansies will survive winter!). Bring summer vacationing houseplants back indoors while the windows are still open. Inspect every plant very closely for any hitchhiking pests!



# COMPUTER Q&A

## Computer cleanup

### Why it is necessary

**Ayse Stenabaugh**  
Jester's Computer Tutor

Continued from last month

Many times computers will lock up, bog down, or just plain don't work right. Some people assume that they need a new computer without ever considering regular maintenance. We recommend a clean up once a year. Here at Jester's Computer Services we offer a clean-up special twice a year (spring & fall), to promote the importance of computer maintenance. Below is a list of what we do in a clean-up and why we do it to keep your computer running optimally.

#### Why are there so many updates and which ones do I need?

Most of us are aware of the little pop ups we get while on the computer asking us to make important updates. While they only take a few minutes to complete, many of us are guilty of postponing them or just ignoring them completely. But keeping up with these computer updates is actually very important when it comes to having a healthy computer. Here is a look at why computer updates are so important.

One of the biggest and most important reasons why keeping up with computer updates is so important is because they help to keep our computer secure. While they may not directly say so, a lot of these updates have to do with updating our security software and ensuring our computers are kept safe from any possible threats. Not updating or postponing these security updates can leave your computer vulnerable to things such as malware or computer viruses that can go in and steal important information.

#### We will download & install all program updates

Windows releases updates for your system every month. You should always update your operating system in order to prevent problems. Updates patch security holes within the operating system, fix bugs that can cause errors and system crashes, and update system drivers.

#### Why clean my registry files?

Windows registry is a database that stores crucial settings and options of the Microsoft Windows operating system. Registry entries are created for each application and driver installed on your computer. When running, programs may access the registry thousands of times per second.

Just like any other database, the registry becomes a real mess without proper maintenance. When you uninstall programs, invalid entries can be left behind and cause various conflicts between 3-rd party applications and the operating system. As the registry gets damaged and corrupt (this happens a lot), Windows will run much slower, especially during the booting stage resulting in your system becoming unstable and crashing.

#### Clean Registry

Many programs boast that they can increase the speed of your computer through registry cleaners. Unfortunately many of these programs do more harm than good. You can rely on us to successfully clean your registry without worrying about problems arising from the process. Cleaning your registry can: remove invalid entries related to programs that are uninstalled, which speeds up the system; Prevent some system errors; and find and correct invalid registry keys.

#### Why should I optimize my computer?

Your computer can pick up and store temporary files when you're looking at web pages and even when you're working on files in programs, such as Microsoft Word. Over time, these files slow your computer's performance.

As you add programs and files to your computer, it often breaks files side by side to increase the speed of access

and retrieval. However, as files are updated, your computer saves these updates on the largest space available on the hard drive, often found far away from the other adjacent sectors of the file.

The result is a fragmented file. Fragmented files cause slower performance because your computer must now search for all of the file's parts. In other words, your computer knows where all the pieces are, but putting them back together in the correct order—when you need them—can slow your computer down.

#### Optimize the operating system

Settings in your computer can be optimized so that it will run more efficiently. We can adjust these settings causing your computer to run more smoothly. Optimizing your system can: speed up system functions; enhance internet performance; and permanently remove unwanted files sent to recycle bin.

#### Defragment hard drive

Many people still believe that defragmenting your hard drive on a regular ba-

sis is necessary however; this is no longer the case. Windows now does a decent job of keeping your files more organized to prevent defragmentation therefore, defragmenting the hard drive should only be done once or twice a year depending on your usage. The defragmentation program included in windows is not effective as the third party software that we use to defragment your hard drive. defragmenting your hard drive will: save space on your hard drive; re-arrange files for faster accessibility; improve hard drives read/write time, and give us a health reading on your hard drive.

#### Dust out interior

Over time your computer will pull in dirt and dust that can collect on sensitive computer components. Failure to physically clean your computer can result in system failure. Never clean your computer with a vacuum. Always use canned or compressed air to dust the

inside of the computer out. By removing dust inside your computer it can help to prevent: increased temperatures that can cause premature failure to components and blocked ventilation which can lead to overheating.

Visit us here at Jester's Computer Services September 1st through September 30th to save \$ 20 off your computer clean-up. We recommend having your computer cleaned at least once a year. Heavy users sometimes require a clean-up more often. Save yourself some frustration and visit us today. We will also perform a free diagnostic to determine if you are in need of any hardware upgrades. No appointment is necessary for our clean-up. We generally complete work within one to two business days. If you have any questions please call us at (717) 642-6611 or send an e-mail to: customerservice@jesterscomputers.com. We are located at 5135 Fairfield Road Fairfield, PA 17320.

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# UPCOMING EVENTS

## September 1

St. Anthony's Shrine Annual Labor Day Festival at Our Lady of Mount Carmel Parish. Family Style Fried Chicken and Ham Dinner, live music by the Home Comfort Bluegrass Band, Bingo, large White Elephant Sale, Bake Sale and Raffle. Carry outs available. Enjoy a day with us! For more information visit [www.emmitsburg.net/sasolmc](http://www.emmitsburg.net/sasolmc).

## September 3

Adams County Master Gardener's Summer Garden Chat at the Ag Center Learn about the plants in their gardens. There is no fee for this event! Come enjoy our gardens and get ideas for your own garden! 670 Old Harrisburg Road, Gettysburg. For more information call 717-334-6271

## September 5, 6 & 7

Emmitsburg and Thurmont Community Show at Catoctin High School. See article on page 4 for more details.

## September 6& 7

All day 10th Annual Gettysburg Wine & Music Festival. Indulge the senses with great wine, great food and great music! Celebrate the grape harvest and enjoy a fantastic fall weekend in historic Adams County, while you savor the flavors of hundreds of Pennsylvania wines. The festival will feature fine wines from over 20 Pennsylvania wineries, great live music, spectacular food and vendors/artisans! One and two day passes are

available with a discount for advanced tickets. For more details call 717-334-8151 or visit [www.gettysburgwineandmusicfestival.com](http://www.gettysburgwineandmusicfestival.com).

## September 8, 15, 22, 29

Rebel Heart Irish Dancers Irish Dance classes at the Gettysburg Dance Center, 1685 Fairfield Road, Gettysburg. For additional information call 717-379-0446 or visit [www.rebelheartirishdancers.com](http://www.rebelheartirishdancers.com).

## September 12, 13 & 14

Gettysburg Community Theatre presents Charlotte's Web. Tickets \$11 reserved seating. Order online or at the theatre one hour before show if seats are available. 49 York Street in Gettysburg. For more information call 717-33402692 or visit [www.GettysburgCommunityTheatre.org](http://www.GettysburgCommunityTheatre.org).

## September 13

40th Annual East Berlin Colonial Day. Early shoppers fill the street and the hunt begins for special items made in 'the olde way' by juried vendors. Handforged iron, floorcloths, handloomed textiles, scherenschnitte, rag and hooked rugs, fine antique reproductions, watercolors, redware, metalwork including tin and copper, painted boxes, toleware, stoneware, dried flower arrangements, handwoven baskets, antiques and much more fill the booths. Free admission. For more information call 717-259-0822 or visit [www.ebhpspa.org](http://www.ebhpspa.org).

## September 13 & 14

Second annual Harney softball tournament. All neighboring fire departments, service clubs and local ball clubs are invited to participate in this Class low-D softball tournament at the Harney ballfield. Food and drinks will be available at a nominal price. All proceeds from the tournament will be given to a local family to help with medical bills of their child who is battling a serious illness. The family and the child will be present on Saturday, September 13th for the opening of the ceremonies. For more information call Frank Rauschenberg at 410-756-5444.

Seton Shrine's "Rooted in History" nature tour. During the tour guests will learn about the "Witness Trees" that have seen more than 200 years of history, as well as learn about the various species of trees on the grounds during this reflective walk. The tour will also discuss the Emerald Ash Borer pest that is affecting many of the trees. Partial funding of this program was secured through the Keep Maryland Beautiful program. The funds received enabled the Shrine to replace trees on the campus that had been affected by the Emerald Ash Borer pest. For more information call 301-447-8037 or visit [www.setonheritage.org](http://www.setonheritage.org).

## September 16

2014 Norma Schweitzer Wood Lecture in the Church of the Abiding Presence at 10:15. The lecture is free and open to the public. The Norma

Schweitzer Wood lecture is an occasional offering of Gettysburg Seminary, in honor of the Dean Emerita, on topics exploring social justice.

## Sept 19 - 21

**Taneytown Family Fun Days**  
The Taneytown Lions Club has been working hard planning for a second annual "Taneytown Family Fun Days". The event will be held in Taneytown's Memorial Park. There will be Carnival Rides and Amusements, Food, Entertainment, and activities planned for the entire family each day.

Friday evening between 5:30 and 6 pm, colorful hot air balloons will lift off taking those individuals who have made prior reservations, on 45 minute to one-hour flights over beautiful northwestern Carroll County. Folks are encouraged to come early to see the work and expertise that goes into a hot air balloon ascension. Advance reservations must be made well in advance by calling 410-751-1120.

Saturday will see a huge car show in the morning, a double-elimination 3 on 3 Basketball Tournament will add excitement to the day's activities. There will be arts and crafts displays, as well as flea market stalls in the park all day. Children will find plenty to do in the free kids play area and at the petting zoo. Entertainment will continue at intervals throughout the day and continuing during the evening including music by "Bird Daddies", a square dance exhibition by the Promenaders, and a dance performance by the Carroll County Cloggers.

Festivities on Sunday begin at 1 p.m. with food, rides, petting zoo, a dance performance by the Duffy School of Irish Dance, and live music by the "Brass Connection Band". A team from the Carroll County Sheriff's Office will be doing K-9 demonstrations at 2 and 4 P.M.

## Sept 23

Mission of Mercy's first "Evening of Healing & Hope" at the Gettysburg Hotel, 1 Lincoln Square, Gettysburg, from 6 - 8:30 p.m. Mission of Mercy, which pro-

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CRAFT VENDORS • CHILDREN'S ACTIVITIES  
HANDICAP ACCESSIBLE • NO PETS PLEASE • NO SMOKING

Rain or Shine ■ Free Parking  
Admission \$5 in advance, \$10 at the gate  
CHILDREN UNDER 2 FREE  
Includes all inclusive pass to Kidz Zone activities



# UPCOMING EVENTS

vides free healthcare, dental care and prescription medications at its clinics in Maryland and Pennsylvania, is celebrating 20 years of "Compassionate Care and Healing through Love." This event will include music, a silent auction and elegant hors d'oeuvres. Tickets are \$50 each or two for \$95. For more information visit [www.eveningofhealing-hope.eventbrite.com](http://www.eveningofhealing-hope.eventbrite.com), or [www.aMissionofMercy.org](http://www.aMissionofMercy.org), or call 301-682-5683.

visit [www.aMissionofMercy.org](http://www.aMissionofMercy.org) or call 301-682-5683.

**September 27 & 28**  
**Fairfield Pippinfest** - An annual, old-time country street festival featuring arts & crafts, apple products, live country music, antiques, vintage cars and great food! Main Street, Fairfield. For more information see article on page 1 or call 717-642-5640 or visit [www.pippinfest.com](http://www.pippinfest.com).

**September 27**  
 Mission of Mercy's Golf Tournament at the Meadow Brook Golf Course in Gettysburg Registration at 7:30 a.m. and a shot-gun start at 8:30 a.m. Tickets, which are \$65 for an individual or \$260 for a foursome, include lunch. Come on out and help support this exceptional organization that helps so many. For more information

Gettysburg Fall Outdoor Antique Show. This one-day event features 125 antique dealers from 13 states displaying their unique pieces on the sidewalks radiating from the historic Lincoln Square. Sponsored by the Gettysburg Area Retail Merchants Association. Downtown Gettysburg. For more information call 717-359-0776 or visit [www.gettysburgretailmerchants.com](http://www.gettysburgretailmerchants.com).



**Choose When You Want To Play!**

**THURSDAY NIGHTS**  
 Great Food! Huge Jackpot!  
 Doors Open @ 5:30 PM  
 Bingo Starts @ 6:45 PM

**TWILIGHT BINGO**  
 1st Friday Of Every Month!  
 Food! 3 Jackpots! Larger Payouts!  
 Doors open @ 5:30 PM  
 Bingo starts @ 8 PM

**Fairfield Fire & EMS**  
 Follow Rt. 116 To Fairfield  
 Turn Onto J. Harry Kane Blvd.

**TANEYTOWN FARMERS' MARKET**  
*Support Your Local Growers!*

Vegetables  
Flowers  
Honey  
Plants  
Herbs  
Fruits  
Eggs



**EVERY SATURDAY**  
**JUNE THROUGH SEPTEMBER!**  
**Taneytown Memorial Park - 9:00am - Noon**

Master Gardeners table available to answer your gardening questions  
 Sponsored by Taneytown Parks & Recreation and Taneytown Lions Club  
 For More Information or If Interested In Being One Of Our Vendors  
 Call LaVerne Sokolowski: 443-918-8100

Handmade Soaps  
Bakery  
Coffee  
Crafts  
Music  
Food



## Taneytown Celebrates! Harvest Fest 2014

Saturday, October 18<sup>th</sup> from 10AM to 4PM  
 At Memorial Park

**Registration Fee:**  
**\$35 Single | \$50 Double**

Join us as we fill Memorial Park with vendors for this "Rain or Shine" event!

Have you been a vendor or visitor in the past? We'd like your ideas and suggestions for making this event bigger and better!

We're looking for:

- Crafters
- Small Business Owners
- Gardeners/Landscapers
- Garden Exhibitors
- Artisan/Artists

Know someone interested in becoming a Harvest Fest vendor? New vendor forms are available at City Office, please contact Nancy McCormick 410-751-1100.

Registration Fee: \$35 Single | \$50 Double on "First-come, First-served" basis. Confirmations sent approx. 10 days before event.

Please return form/check to:

Nancy McCormick  
 City of Taneytown  
 17 E. Baltimore Street  
 Taneytown, MD 21787

Questions...?  
 Call Nancy at City Office 410-751-1100, or email her at: [nbccormick@taneytown.org](mailto:nbccormick@taneytown.org)

Check boxes below if "yes":

Do you require access to electricity?  
 Note: Electrical access is limited.

Do you need a large area?

Do you have a tent or canopy?  
 If yes, what size? \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: (\_\_\_\_) - \_\_\_\_ - \_\_\_\_\_

Email: \_\_\_\_\_

Vendor type: \_\_\_\_\_  
 (craft, garden, product, etc.) Please specify your product name or type of craft.

Application and space fee deadline is October 10; please make checks payable to "City of Taneytown/Main Street Fund".

It's Fall and that means....**BACK TO SCHOOL!**



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# MOUNT ST. MARY'S UNIVERSITY

## MOUNT WELCOMES SECOND LARGEST CLASS TO NEW ACADEMIC YEAR

Mount St. Mary's University welcomed more than 1,700 students to the opening of its new academic year—including the second largest freshmen class in Mount history.



President Powell formally inducted 520 members of the Class of 2018 into Mount St. Mary's University at the traditional Opening Convocation and the Mass of the Holy Spirit.

The Class of 2018 set two Mount St. Mary's admissions records with the largest number of applications (6,200) and percentage of domestic minority students in university history (33%). The entering class of minority students is an increase of eight percent from last year, and applications increased 27% from last year.

The freshmen class represents 26 different states, plus the District of Columbia with 53% of the students from Maryland. The most popular intended majors are business, biology, and education.

The Mount also welcomed 40 transfer students. More than 70% of the students hail from local community colleges, and 35% arrived with associates degrees. Almost a quarter of the transfers are members of the Phi Theta Kappa Honor Society.

Mount St. Mary's Seminary began the year with 37 new men. The Mount is the second-largest Catholic seminary in the country.

Several members of the Classes of 2015 and 2016 received special awards during the Convocation Ceremony including: Jennifer Smith, C'15, winner of the Thomas Merton Scholarship; Francesca E. Dawson, C'16, winner of the Patrick J. Golez Prize for Leadership; Paul D. Thorley, C'16, winner of the Thomas G. O'Hara Prize for Leadership; Vrunda R. Patel, C'16, winner of the Eugene M. Waldron, Jr. Prize for Leadership; and Alexandria M. Honsberger, C'15, winner of the John E. Coyne, III Prize for Leadership.

Join us Sunday, Sept. 28 and Nov. 2 for Fall Open House events. Learn more and register online at [www.msmary.edu/visit](http://www.msmary.edu/visit).

## CALENDAR OF EVENTS

### ART EXHIBITION BY NORA STURGES

Sept. 4–Oct. 9  
Williams Art Gallery, Delaplaine Fine Arts Center  
Artist Reception Thursday, Sept. 4, 5 p.m.

Nora Sturges's recent paintings depict the edges of human habitation—outposts in the wilderness of the Arctic and overlooked margins of densely populated areas nearer home. The familiar landscapes examine both the practical and unplanned ways we transform our visual environment, while the Arctic scenes offer evidence of our attempts to measure, tame, live in, understand, and improve our world, set against the unknowable vastness of nature itself. *Free and open to the public.*



### A NIGHT AT THE DELAPLAINE

Thursday, Sept. 4,  
7:30–8:30 p.m.  
Hornig Theater, Delaplaine  
Fine Arts Center

Join us as we open the academic year with an exciting concert by our music department, performing great works from their respective musical repertoires. *Free and open to the public.*

### SONGS OF LOVE: A CONCERT OF DUETS AND ARIAS

Sunday, Sept. 14, 3–4 p.m.  
Hornig Theater, Delaplaine Fine Arts Center

The Mount's voice instructor Leah Crowne joins Nicholas Simpson, one of the great up and coming dramatic tenors of the Mediterranean Opera Studio, for a concert of favorite duets from the great operas of the late romantic era. *Free and open to the public.*



### MUSIC IS THE BEST BRIDGE FOR ALL PEOPLE

Wednesday, Sept. 24, 7:30–8:30 p.m.  
Hornig Theater, Delaplaine Fine Arts Center  
Join us for a very special concert by Lithuanian violinist Borisas Traubas and pianist Elizabeth Borowsky—celebrating the arts as a link of worldwide understanding and compassion. The program also features American Virtuosi, a theater company exploring historical approaches to performance and fuses them with modern theatrical sensibilities. *Free and open to the public.*



### FOLLOW MOUNT ATHLETICS ON NEC FRONT ROW

All Mount home men's basketball competitions, plus all 18 league basketball games, can be seen at [www.NECFrontRow.com](http://www.NECFrontRow.com). You can also watch all home women's soccer, basketball, swimming, and men's and women's lacrosse events! NEC Front Row features a rich set of content, including live events, on-demand video, highlight packages, coaches shows, features, original programming and access to the league's extensive digital library, free of charge.

THE 20TH ANNUAL  
Corporate Social Responsibility  
SYMPOSIUM

## NFL Concussions

*Who's Responsible? Who Pays?*

September 30, 2014, 7 p.m.  
Knott Auditorium

Panel discussion including:

- **Tony Agnone, J.D., C'76**  
Sports Agent and President, Eastern Athletic Services
- **Kevin E. Crutchfield, M.D.**  
Neurosurgeon, Sinai Neurology Associates
- **David Cloutier, Ph.D.**  
Associate Professor, Theology
- **Arthur McAfee III, J.D.**, former Staff Counsel, National Football League Players Association (NFLPA); Professional and Collegiate Sports Attorney, The McAfee Group